

BUGGLE



The best activities guide around!

JULY 2012



One Day Individual Stroke Play – 7th
CZCC Comedy Showcase – 12th
Country Western Line Dance Jamboree – 14th
Community Night – 20th
Triathlon – 28th

Date: 14 July 2012

Time: 1200pm - 1700pm

Cost: \$20.00 or ¥2,000

Place: CZCC Firelight Lounge

Delicious Southern Style
Hors d'oeuvres
Live Country Band & DJ



Country Western Line Dance Jamboree



CAMP ZAMA COMMUNITY CLUB 263-4545



The U.S. Army Garrison Japan (USAG-J), DFMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



THIS MONTH'S COVER

One of USA's major annual events, the Independence Day Celebration, will be held on Saturday, 30 June, 1500 - 2110, at Dewey Park. For those new to the area, you may be surprised on the emphasis placed overseas to celebrate one of the significant periods in our history. Being overseas, our ties to the "homeland" increases even more with our sense of pride and "Proud to be an American" spirit. This spirit will be reflected in the programs planned for 30 June. What is a traditional American celebration without traditional American food? There will be hamburgers, hot dogs and non-alcoholic beverages available starting at 3 pm. And, the best part it's all FREE. Food will be served until it's all gone. All typical Independence Day Celebrations have games for youth. There will be sack races, three-legged races, wheel barrel races, egg walk, plus there are pony rides, the always popular face painting and you can get a temporary tattoo. And, the one major tradition that will provide a perfect ending to the day are fireworks for 30 minutes starting at 2040. PLEASE NOTE: In the event of inclement weather on the 30th, the Celebration will be held on Wednesday, 4 July, at Dewey Park, 1500 - 1900 (no fireworks). Also, in the event of inclement weather on the 4th activities will be held at the Camp Zama Community Club, 1500 - 1900.

Cover photos composition by Hideko McKeta.

"See the Bugle for the advertisement".

See inside back page for MWR facilities and additional activities.

MWR MARKETING

Phone: 263-4721/8994
046-407-4721/8994

Address: The U.S. Army Garrison Japan
Unit 45006
Attn: IMJN-MWN-M
APO AP 96343-5006
Official Business

Fax: 046-407-5487
Fax DSN: 263-5487

Location: Camp Zama, Bldg. 102 B100 (Northeast Corner)
July Bugle Editor: Hideko McKeta

Bon Odori Nichibei Golf Outing

Saturday, 4th August
Shotgun Start at 0730 Hours

\$25 for SOFA status golfers
\$39 for SOFA status non-members
Fee includes breakfast, lunch and door prizes.
Handicaps are not required!
Field is limited to 144 players.
Contact Ernie Harada at 263-4225 to sign up.



ZAMA Community BUGLE

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Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



T

trivia Night.
Every Thursday,
5 - 6:30 pm. Put that trivia
knowledge to good use!
Join the fun every week
and win a \$25 CZCC Gift
Card.

“Social Hour”

When: Friday's, 5 - 7 pm

Where: Firelite Lounge

1st Friday: “Aloha

Fridays”

2nd Friday: “Bring Your
Boss Night”

3rd Friday: No Social Hour
on Community Night

4th Friday: Ichi Dan Night
“One Team”

FREE Hors d'oeuvres.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• **Hip Hop Music w/DJ**
On Friday Night, 6, 20 and 27 July,
“Hip Hop music w/DJ” in the Firelite
playing your favorite Hip Hop artist
songs from 10 pm - 3 am.

• **Country Music with DJ**
On Saturday night, 7 and 14 July,
8 pm - 2:30 am, hear your fa-
vorite country
artist songs.
Every 2nd and
4th Wednes-
day FREE Line
Dance instruc-
tion from 6:30
- 7:30 pm.

• **Mainstream Dance Music with DJ
in the Firelight**

Friday, 13 July, 9 pm - 3 am.

• **Old School Night**
Saturday, 21 July, 8 pm - 2:30 am,
enjoy the best sounds from the 60's,
70's, 80's and 90's.

• **Latino Night**
Saturday, 28 July, 9 pm - 2:30 am.
Dance to the sounds of Latino music
from the best Latino DJ's in Japan.



LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95
Youths 8 - 12: \$7.95
Youths 4 - 7: \$4.95
3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu
Don and vegetable of the day)

3 Cajun Chicken Cutlet
w/Salsa

10 Chicken Curry

17 Veal Parmesan

24 Chicken Fried Steak

31 Baked Mayo Chicken
w/Sundried Tomatoes
Pesto Cream Sauce

Wednesday: (Rotisserie Chicken,
Chicken Don and vegetable of the
day)

4 Closed (Independence Day)

11 Mock Fillet

w/Mushroom Demiglaze

18 Baked Lasagna Casserole

25 Pork Cutlet Parmesan

Thursday: (Rotisserie Chicken and
vegetable of the day)

5 Yu rin Chee

• Shrimp Penne Au Gratin
Casserole

LUNCH

12 • Sweet Sour Pork
• Buttered Milk Chicken
w/Country Gravy

19 • Chicken Florentine
• Sliced Roast Beef

26 • Penne Amatriciana
• Italian Sausage and
Peppers

Friday “Lunch Buffet” (soup and
vegetable of the day, \$7.95)

6 • Southern Fried Chicken
• BBQ Spare Ribs
• Red Beans and Rice
• Collard Green
• Black Eye Peas

13 • Beef Taco w/Flour Tortilla
• Chicken Fajitas
• Burritos
• Mexican Rice and Corn

20 • Fried Catfish
• Chicken Creole
• Jambalaya
• Hush Puppies
• Buttered Spinach

27 • New England
Boiled Dinner
• Irish Stew
• Mashed Potatoes
• Macaroni Cheese

DINNER INFORMATION

Sunday (limited menu) 5 - 9 pm
“2 for 1 Steak Night”
(no take out)

Includes w/soup and tossed green
salad, hot vegetable of the day and
your choice of baked potato, rice,
or mashed potatoes. Modified menu
will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 Family Night Special
and limited menu. Theme menu,
such as American, Chinese, Japanese,
Korean, Mexican, Italian etc. Menu
will change every week. Included
w/soup and tossed green salad, hot
vegetable of the day and your choice
of baked potato, rice, or mashed po-
tatoes. Modified menu will be offered
(no take out).

Wednesday (5 - 9 pm, no take out)
• Mongolian BBQ (\$0.75 oz)
• Limited menu

Reservations: Please call 263-4547
before 3 pm.

Thursday (5 - 9 pm)

• “All You Can Eat Pizza,
Pasta, Soup and

DINNER INFORMATION

Salad Bar” (5 and 19 July)
(no take out)

Adults: \$10.95
Youths 4 - 12: \$5.95
Under 3 years old: Free

• **Mexican Buffet**
(12 and 26 July)
(no take out)

Adults: \$19.95

Youths 4 - 12: \$9.95

Under 3 years old: Free

• Regular menu

Friday “Chef's Special” (5 - 9 pm)
Enjoy a meal specially chosen by our
Chef. Menu will vary. Dining is closed
on Community Nights.

• Regular Menu

13 Bunco Night

20 Community Night

Saturday (5 - 9 pm)

• Regular Menu

• Prime Rib Dinner

• Prime Rib and

Shrimp Scampi

21 Texas Hold'em

Our regular menu will be
offered in addition to the above
specials on Saturday night.

CZCC COMEDY SHOWCASE






Frantz Casseus Daran Howard Gilbert Esquivel

★ Thursday, 12 July CZCC Ballroom Showtime 7 pm ★
Tickets: \$15 advance/ \$20 at the door

FOR MORE INFORMATION, PLEASE CALL 263-4547

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



STARBUCKS COFFEE

CZCC Proudly Brewing
Starbucks Coffee



13 July, 6:30 pm, at CZCC
Ballroom (right wing)

- \$100 Most Buncos
- \$100 Most Mini Buncos
- \$100 Most Wins
- \$100 Most Losses

Must have a minimum of 12 players
to host this event.

Pizza & Pasta July 5th & 19th

ALL YOU CAN EAT PASTA,
PIZZA, SOUP AND SALAD BAR
Adults \$10.95/Children ages 4-12 \$5.95/Under 3 Free

Thursday Night Special Mexican Buffet

July 12th & 26th
ALL YOU CAN EAT BUFFET

Adults \$19.95/Children ages 4-12 \$9.95/Under 3 Free

FOR MORE INFORMATION, PLEASE CALL 263-4547

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CAMP ZAMA
Community Night
FRIDAY 20 JULY 2012
5:00 - 8:00 PM CZCC BALLROOM
Theme **Fearful food factor**

Free event open to the entire USARJ community!
For more information, please call 263-4547

MWR CZCC

CAMP ZAMA COMMUNITY CLUB

TEXAS HOLD'EM TOURNAMENT

Saturday, 21 July 2:00 pm
CZCC BALLROOM

Tickets purchased by
17 July \$40, After 17 July \$50

Includes Non-alcoholic drinks and prizes
Grand Prize will be based on the number of players
Sign up at the Cashier's Window
or Call 263-4547 for more information

MWR CZCC

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Zama Bowling Center • 263-4780/4760

- **Discounted Bowling**
Independence Day (Wednesday, 4th of July), 1100 - 2000, discount bowling only \$1.00.
 - **No Tap Tournament**
Sunday, 15 July, 1300 - 1500
 - **Special Rates Bowling**
Saturday, 28 July.
Bowl between the following hours for special rates:
1100 - 1400 \$0.50 per game
1401 - 1700 \$1 per game
1701 - 1900 \$1.50 per game
1901 - 2200 \$7 unlimited bowling
- Get out of the heat and come to the Zama Bowling Center.

ZAMA BOWLING CENTER
SUMMER TIME DISCOUNTS
Until ~ 31 August

Mad Mondays (1-6 pm)
Your score is your game fee.
Roll 75 - pay \$0.75
Roll 123 - pay \$1.25
Roll 200 - pay \$2.00
Roll anything over 200 - pay \$1.00

Crazy "8" Wednesday (1-10 pm)
Any game total with an "8" in the score pays only \$0.80 for that game.

Family Time Thursdays 3-10 pm
FREE Bowling

Bargain Tuesdays (1-6 pm)
Two games for the price of one.

Freaky Fridays (4-10 pm)
Spin the Wheel for your game fee prior to bowling.

*For more information, please call 263-4780.

■ Sagami Lounge • 268-4954/4847 / Orders: 268-4142

LUNCHES

MONDAY

- 2 Hamburger Steak and Fried Shrimp
- 9 Yakisoba, Fried Rice and Karaage
- 16 Chicken Cutlet (Lounge Special)
- 23 Roast Chicken
- 30 Chicken Cutlet w/Hot Sauce

TUESDAY

- 3 Cajun Chicken
- 10 Fried Shrimp Curry
- 17 Teriyaki Hamburger Steak
- 24 Taco Rice and Enchiladas
- 31 Steak Don

WEDNESDAY

- 4 Closed
- 11 Chinese Pork Stir Fry
- 18 Seafood Rice Gratin
- 25 Spaghetti w/Meat Sauce w/Pork Cutlet

THURSDAY (All-U-Can Eat)

- 5 Italian Buffet
- 12 Mexican Buffet
- 19 American Buffet
- 26 Oriental Buffet

FRIDAY

- 6 Mixed Grilled Plate
- 13 Salmon en croute
- 20 Pork Cutlet and Jambalaya
- 27 Seafood Platter

LUNCHES

LUNCH SPECIAL PUNCH CARD

Do you have your "Lunch Special Card" already? Get one stamp for every lunch special that you buy; when you get ten stamps you will get one lunch special for free.



For more information, phone 268-4954 / 4847 Orders: 268-4142

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)

- 3 Chinese Dinner
- 10 Mexican Dinner
- 17 Pizza and Pasta Dinner
- 24 Regular Dinner Menu
- 31 Regular Dinner Menu

WEDNESDAY NIGHT

Choose your discount and free bowling! 11, 18 and 25 July regular dinner menu.

- 4 Closed (Independence Day)

THURSDAY NIGHT (CHEF'S SPECIAL DINNER)

- 5 Italian Dinner (\$15.95)
- 12 French Dinner (\$15.95)
- 19 Japanese Dinner (\$15.95)
- 26 Regular Dinner Menu

FRIDAY NIGHT

- 13 Mongolian BBQ
- 20 Prime Rib (\$20)
- 27 Mongolian BBQ

SATURDAY NIGHT

Regular menu.

Every Wednesday, 5 - 8 pm
FAMILY NIGHT FREE BOWLING
Sagami Lounge

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

T

he Zama Golf Course announces "Trade-Ins." You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>.

Jr. Golf Session #2 starts 9 July. Please see page 23 for more detailed information.



■ Camp Zama Golf Club • 263-3694

<http://www.mwrjapan.army.mil/business/golf/>

JULY SCHEDULE AT-A-GLANCE	
Individual Stroke Play	7 July
Jr. Golf Session #2	9 - 12 July
Jr. Golf Tournament	20 July
Nichibei Tournament	24 July

TOMODACHI DAYS ARE AS FOLLOWS:

- 13 July - Friday
- 20 July - Friday
- 27 July - Friday
- 31 July - Tuesday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 24 July, shotgun start at 9:30 am. Contact Ernie Harada at

263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for non members.

TEE TIME INFORMATION

• Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

MARK YOUR CALENDARS

- Payday Scramble - - - - - 3 August
- 2 Person Best Ball - - - - - 18 August
- Club Championship - - - - 22 & 23 September
- Zama Open - - - - - 20 & 21 October



INTRODUCE A FRIEND TO GOLF!

Give us five days and we'll give them a sport for a lifetime.

5 LESSONS ONLY \$99

Session #4: July 19th, 26th and August 2nd, 9th and 16th
Session #5: September 6th, 13th, 20th, 27th and October 4th

For more information, contact Dale Jorgenson, Director Of Golf, at 263-3694 email dale.n.jorgenson.naf@mail.mil.

Join the Get Golf Ready program and be ready to play in 5 days. For more information, visit PlayGolfAmerica.com/GGR

PAYDAY SCRAMBLE

Red Bull

FRIDAY, 3 AUGUST
(11 am Shotgun Start)

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

LUNCH

- Monday**
- 2 Fried Rice w/Chicken Ankake
 - 9 Spring Roll w/Steam Rice and Vegetable
 - 16 Fried Chicken w/Yourinchin Sauce, Steam Rice and Vegetable
 - 23 Beef Broccoli w/Steam Rice and Soup
 - 30 Chinese Mixed Plate
- Tuesday**
- 3 Oyakodan
 - 10 Katsudon
 - 17 Fishdon
 - 24 Japanese Mixed Plate
 - 31 Chicken Katsudon
- Wednesday** (rice and vegetable of the day)
- 4 Teriyaki Pork
 - 11 BBQ Combination
 - 18 Teriyaki Beef
 - 25 Pork Ginger
- Thursday**
- 5 Chicken Pilaf w/Soup
 - 12 Salmon Pilaf w/Soup
 - 19 Roast Pork w/Herb Stuffing
 - 26 Chicken Brochette w/Steamed Rice

LUNCH

- and Vegetable
- Friday**
- 6 Taco Salad
 - 13 Pasta w/Meat Sauce and Garlic Bread
 - 20 Pasta w/Meat Ball, Cream Sauce and Garlic Bread
 - 27 Pasta Napolitana w/Garlic Bread
- Saturday**
- 7 Roast Beef Sandwich
 - 14 Special Sandwich Plate

LUNCH

- 21 Herb Flavor Karaage w/Rice and Vegetable
 - 28 Mix Seafood Deep Fried w/Rice and Vegetable
- Sunday**
- 1 Curry w/Rice and Chicken
 - 8 Japanese Style Fried Chicken w/rice and Vegetable
 - 15 Curry w/Rice and Pork
 - 22 Japanese Style Fried Chicken w/Rice and Vegetable
 - 29 Beef Curry w/Rice

ZAMA GOLF CLUB

JR. GOLF Instruction

with Mike Sul, PGA Mondays 4 - 5 pm \$10 per lesson

For more information, please contact Mike Sul, PGA Assistant Golf Professional DSN: 263-4975 Email: michael.sul@us.army.mil

One Day Individual Stroke Play

Saturday, 7 July, Tee Times Start at 6 am

Check-in 15 minutes prior!

This is a one day individual stroke play event with a \$20 entry fee. Current USGA handicaps are required. The field will be divided into flights of 12 based on USGA handicap index. Gift certificates will be awarded to the top 4 net finishers in each flight. Does not include carts or lunch. Deadline for application is 6 pm on Tuesday, 3 July. Payout as follows (assuming a full field). Payout may vary based on size of the field. (1st: \$100, 2nd: \$75, 3rd: \$40 and 4th: \$25)

For more information contact Dale Jorgenson, Director of Golf, at 263-3694 or email: dale.n.jorgenson.naf@mail.mil.

ZAMA I T T
PLAN YOUR SUMMER TRAVEL NOW!
 Our goal is to help you to find your perfect hassle free vacation!
 We are your one-stop, on-base agency to meet all your travel needs.

- Airline Tickets
- Train Reservations
- Tour Packages
- Hotel Reservations
- Narita Commercial Bus Reservations
- Rent-A-Car Reservations
- Bring Your Family To Visit You
- Visa Processing
- Much More!

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION

• Military PHONE : 263-5273
 • Commercial PHONE : (046) 254-8896
 • E-Mail : travel@zamaitt.com
 • Commercial FAX : (046) 255-0356
 • Website : http://zamaitt.com

WE ARE NOW ON FACEBOOK AT
<http://www.facebook.com/pages/zama-itt-international-tours-office/224117894269665>

Paid Advertisements

“See the Bugle for the advertisement”.

■ Community Activity Center • 263-3939/5712/8892

The 2012 U.S. Army “Soldier Show” will be on 1 and 2 August starting at 1800 at the Music and Theater Workshop. For more detailed information, please see the back page.

CLASSES

- **Ballroom Dance Class**
* Tuesday, 1730 - 1825
Intermediate class, (four classes for ¥6,000) for 50 minutes

Advanced Class, (four classes for ¥4,000) for 50 minutes
 * Thursday, 1730 - 1825
 Beginning Class, (four classes for ¥4,000) for 50 minutes

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
 Wednesday - Friday: 1130 - 1930
 Saturday - Sunday: 1000 - 1800

CLASSES

- **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**
Saturdays: 10 am, no fee.

• Frame Shop Orientation

2nd and 4th Thursday, 5 pm, \$10 a class; supplies are included.
 Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- **Washi-Paper Craft Workshop**
\$10 a class; supplies are available at the sales store (by appointment)
- **Ikebana Class** (fresh flower arrangement), 1st, 2nd and 3rd Thursdays, 2 pm. Please call to find out the monthly theme. Cost is \$20 per class

... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: washi paper craft, digital photograph, pottery, balloon art, Ikebana.

and ¥1,000 for flowers.

- **Shodo** (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

NOTE: All classes require advance registration; also, schedules are subject to change. For more information, call 263-4412.

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

- **Orientation for Mt. Fuji Climb at CAC**
* Friday, 6 July, 1700 - 1800
* Wednesday, 18 July, 1700 - 1800
* Wednesday, 1 August, 1700 - 1800
* Wednesday, 15 August, 1700 - 1800
- **Evening Hiking and Beer Garden**
Tuesday, 3 July, 1600 - 2230
- **Tokyo Disneyland/DisneySea**
Wednesday, 4 July, 0700 - 2300
- **Surfing for Beginners**
Saturday, 7 July, 0400 - 1700
- **Tokyo Summerland**
Saturday, 7 July, 0800 - 1730
- **Hiratsuka Star Festival**
Sunday, 8 July, 1000 - 1600
- **Deep Sea Fishing (Mahi Mahi)**
Saturday, 14 July, 0400 - 1530
- **Matsumoto Castle and Zenkoji Temple**
Saturday, 14 July, 0400 - 2130
- **Hello Kitty Land**
Sunday, 15 July, 0900 - 1600
- **Oze Overnight Trekking**
Saturday 21 July, 0400 and Sunday,

22 July, 1830

- **Hakone Sightseeing**
Saturday, 21 July, 0700 - 1800
- **Mt. Fuji Climbing (Fujiyoshidaguchi Trail)**
Saturday, 21 July, 0400 - 2100
- **Dinosaur Kingdom 2012**
Sunday, 22 July, 0800 - 1600

- **Deep Sea Fishing (Mahi Mahi)**
Saturday, 28 July, 0400 - 1530
- **Aloha Yokohama 2012**
Saturday, 28 July, 0930 - 1800
- **Bolishoi Circus**
Sunday, 29 July, 1130 - 1730
- **Fuji Area Excursion**
Sunday, 29 July, 0700 - 1830

OUTDOOR RECREATION

BULLSEYE PAINTBALL
 MLC/IHAの皆様もご参加下さい。
 We provide the GEAR!

Open play on weekend.
 • Admission: \$5.00
 • Air - \$5.00 (all day)
 • Air Tank - \$5.00
 • Marker - \$15.00 (Tippmann 98 Rental)
 • Helmet - \$2.00
 • Vest - \$2.00
 • Package Deal - \$20.00 (All of the above, no paintballs)
 • Paintballs - \$14.00 (500 balls)
 • We also accept YEN!

Camp Zama's Bullseye Paintball is located at Sagami Depot, across the street from the Sagami Lounge. We house two speedball fields (an urban warfare environment & a larger field for a wider range of play).
 Every Sunday of each month we hold a special event:
 1st Sunday: **Ladies Day** - all female players receive 50% off their paint.
 2nd Sunday: **Youth Players Day** - ages 12-18 receive 50% off their paint.
 3rd Sunday: **Friendship Day** - bring 2 friends and get 1 box of paint for FREE!
 4th Sunday: **Prize Day** - team up with players & win great prizes.

For more info, please call 263-4671.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

SHA Pool will be closed this year. The new SHA Aquatics Facility is scheduled to open in the summer of 2013.



■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS (263-7980)

• Zama Book of Records

Every third Saturday of the month (21 July) at the Yano Fitness Center. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of

Records. "YOU TOO CAN BECOME A LIVING LEGEND."

FITNESS (263-5656)

• Personal Training Program Consultations (Free)

Limited days and times by appointment only. Consultations are Tuesdays, 0900 - 1130, and Wednesdays, 1400 - 1630.

POC: Jane Kupkowski, Fitness Coordinator; Jane.e.kupkowski.naf@mail.mil or 263-5656.

• Super Circuit Class (Free)

Friday: 1730 - 1800

• Aikido

Monday - Friday, 1145 - 1245; Tuesday - Thursday, 1700 - 1900; and Saturday, 1000 - 1200

• Yoga

Thursdays, 1200 - 1245

• Step-n-Abs

Mondays, 1730 - 1830

• Tight-n-Tone Body Conditioning

Wednesdays, 1730 - 1830

• Brazilian Jujitsu

Monday and Wednesday, 1645 - 1800

• MMA Fitness

Monday and Wednesday, 1830 - 1930

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

FREE

SPIN BIKE CLASSES

Monday: 1200-1245
Tuesday: 1200-1245 1730-1830
Wednesday: 1200-1245
Thursday: 1630-1730
No Saturday Class

For more information, 263-4664/5656.

YANO FITNESS CENTER

TRIATHLON

300 METER SWIMMING • 10 MILE BIKING • 4 MILE RUN

8 AM • SATURDAY, 28 JULY
 *Register by 9 pm, Friday, 20 July.

*Open to all (18 years of age or older & not in high school and part of the Zama community).

*For more information, please call 263-4664.

AQUATICS (263-3348)

• Water Aerobics Classes

Mondays, Wednesdays, and Fridays:

0900 - 1000

Wednesday evening classes:

1800 - 1900

Tuesdays and Thursdays:

1730 - 1830

• Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request. We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, and Water Exercise.

YANO FITNESS CENTER

HOMERUN Derby

Men & Women Division

6 pm - Women
6:30 - Men
Wednesday, 25 July
Rambler Field
 *Registration deadline is 9 pm, Tuesday, 24 July.

- No Fee
- Open to all in the Camp Zama community. (18 years of age & older not in high school)
- Commander's Cup points are awarded.

*For more information, please call 263-4664.

• Age Policy for Swimming Pool

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pool without parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CYS, the schools, or

other authorized youth organizations may participate under designated adult supervision.

• Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the issue counter at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

YANO FITNESS CENTER

BILLIARDS TOURNEY

SATURDAY • 14 JULY

*This event will be held at the Camp Zama Community Club.
 *Registration deadline for both tournaments are 9 pm, 12 July.

*Right after the Dart Tourney.

*For more information, please call 263-4664.

FOR BOTH TOURNEYS:

- No fee • Mens & Womens Division
- Open to all in Camp Zama Community. (18 years of age & not in high school)
- Commander's Cup points are awarded.

DARTS TOURNEY

6 PM • SATURDAY • 14 JULY

SERVICES AND CONTRACTORS (263-4664)

The Yano Fitness Center staff is seeking interested applicants for contracting in the following areas: Aerobics, Zumba, Yoga, Pilates, Personal Training, etc. Interested applicants, please call 263-5656.

CONTRACTED FITNESS CLASSES

NOTE: Payments are made in US dollars using the current exchange rate.

- **Zumba (\$3 per class)**
* Instructor: Abigail Cafee
Monday, Wednesday and Friday:
0900 - 1000
- **Aqua Zumba**
Tuesday: 0900 - 1000
- **Zumba (\$3 per class)**
* Instructor: Ms. Hitomi
Thursday: 1730
- **Zumba (\$3 per class)**
* Instructor: Ms. Tasiana Martinez
Wednesday: 1830 - 1930
Saturday: 1100 - 1200

NOTE: For Zumba classes and the exact times and fees, please see the Yano monthly schedule or call the Yano Fitness Center at 263-4664/5656 (times and schedule subject to change depending on

YANO FITNESS CENTER

Got Japan!

What is it? Swim Around Japan Challenge

Swim 34,000 km to receive a t-shirt using our formula! 1 km = 1 meter, totaling 680 laps at the Yano Fitness Center Pool. Challengers will have up to one year to complete this task. * For more information, please call 263-4664/3348.

* **NEW: Multiple time finishers will get special KM Fish Emblems.**

community needs.)

- **Tai Chi**
* Instructor: Kazuhisa Kato
Monday: 1800 - 1900
\$6 per class, \$20 (4 sessions)

MASSAGE

• **Massage Cancellation Policy:**
Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding

this policy.

- **Aqua Massage**
Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes (must be at least age 18.)
- **Yukari's Soft-Chiropractic Massage**
Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800

YANO FITNESS CENTER POOL

American Red Cross

Learn-to-Swim Programs

YOUTH & ADULT CLASSES

- Throughout the month of July.
- Classes will be held Monday, Wednesday & Friday.
- Weekend classes are also available.
- See flyer for specific details.
- Some dates may change or vary.

*For more information, please call 263-4664/5656.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

(first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (must be at least age 21).

NOTE: Massage gift certificate is good for 90 days from the day you purchase. If you have a gift certificate and you are not sure of the expiration date, please call the issue counter at 263-4664.

• **Tanning Booth**

Yano Fitness Center has two tanning booths. The hours are:

- Monday - Friday: 0530 - 2030
- Weekends: 0800 - 1730

Purchase a one session card for \$3, ten sessions for \$25 and twenty sessions for \$40 (must be 18 years old.) For more information, call 263-4664.

YANO FITNESS CENTER

Accredited Certification to become a Personal Trainer

ACE
AMERICAN COUNCIL ON EXERCISE

If you are interested in becoming a personal trainer and desire a career dedicated to motivating and helping others in the industry of fitness sign up today! Participants will study on their own and MWR will provide the location and material for an accredited certification exam.

*For more information, please call 263-4664/5656.
POC: Jane Kupkowski, Fitness Coordinator

■ **Community Libraries • 263-3517**

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *Apocalypse* by Denning, Troy
- *Drift* by Maddow, Rachel (Best Seller)
- *Expats* by Pavone, Chris
- *Imagine* by Lehrer, Jonah (Best Seller)
- *Soldier Dogs* by Goodavage, Maria
- *Thief* by Cussler, Clive (Best Seller)
- *Bringing Up Bebe* by Druckerman, Pamela
- *Once Upon a Secret* by Alford, Mimi
- *Taken* by Crais, Robert (Best Seller)

NEW BLU-RAY DVDS

- Act of Valor
- Baraka
- Breaking Bad: Season 4
- Chronicle
- Coriolanus
- George Harrison: Living in the Material World
- The Grey
- John Carter

- Safe House
- The Secret World of Arrietty

NOTE: Check out our web site: <http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

SUMMER Reading Program

June ~ August

ZAMA & SHA LIBRARIES

Registration began 1 June!

Party (Magic Show & Refreshments)

10:30 am • Thursday • 23 August
Children's Room • Zama Library

*For more information, call 263-3517.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

N

OTE: The Auto Skills Center will be moving to a new building this summer, and due to the tunnel construction under part of Camp Zama off post overall completion will not be done for another two years. There may be a few services that cannot be offered and we apologize for the inconvenience. Normal services offered will be limited prior to and during the move.

■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday:
 1130 - 2000
 Saturday and Sunday:
 0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Car Wash

The Car Wash has been relocated across the street from the MWR marquee. As soon as the car wash becomes operational it will be announced in the Bugle Magazine, the Rising Sun Newspaper, MWR Channel (Channel 12) and on the marquee.

• Used Vehicle Courtesy Inspection

The Zama Auto Skills Center offers a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointment only.

NOTE: Detailing work orders are conducted by appointment only.

ZAMA Automotive Skills Center

TOWING SERVICE AND ROADSIDE ASSISTANCE
 We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center.

Some preset towing fees for base to base are:	
Within Camp Zama	\$25
SHA - Camp Zama	\$30
Sagami Depot - Camp Zama	\$35
NAF Atsugi - Camp Zama	\$40

For more information and rates for towing from other bases or anywhere off post please give us a call.

NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and/or supplies for class.

CLASSES START AT 5:30 PM

- Understanding tire wear: 12 and 26 July
- How to change your tire using a machine: 19 July

Camp Zama Automotive Skills Center

CLASSES

USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- CD player, stateside tuner starting at - - - \$35 ea
- Safety flares - - - \$2
- Various aluminum rims starting at - - - \$40 set
- Beginner Driver (Wakaba) Magnet - - - - \$2 pair

We also have used tires; just stop by with your car and see if they are on the rack.

QBC Army Community Service
Quarters Beautification Competition

JUNE WINNERS

Camp Zama
1st Place: Mr. & Mrs. Garcia

Sagami Family Housing Area
1st Place: SFC B. Reeder

Sagami General Depot
1st Place:
Mr. & Mrs. Hernandez-Castillo

Photo credit: Mr. Kiyoshi Tokeshi, 78th Signal Bn, VID

- Judging for the QBC for August will be conducted during the period 18 - 22 July at the Zama, Depot and Sagami Family Housing Areas.
- Awards will be presented for first, second and third place and will be presented on site in each of the three areas the first week in August (time and date TBD).
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas in October (exact date, time and place to be announced).

For additional information, please phone the Housing Office at 263-3441.

MWR COMMERCIAL SPONSORSHIP and the Army Community Service Staff appreciate the support of RED BULL, OUTBACK and the CAMP ZAMA EXCHANGE for supporting this five month program for the benefit of our community members.



Bon Odori Festival 盆踊り

Saturday, 4 August, 1030 - 2130

● ● ● Sequence of Events ● ● ●

- 1100 Bilateral Adult Basketball Game
- 1200 Bilateral Youth Basketball Game
- 1230 DJ Begins
- 1300 Live Entertainment Begins
- 1840 Bon Odori Begins
- 2030 Fireworks

● ● ● Shuttle Bus Schedule ● ● ●

Pick-up	SHA Narita Bus Stop	1000	1600	1900
Drop-off	Music and Theater Workshop			
Pick-up	SGD B# 90-S10	1000	1600	1900
Drop-off	Music and Theater Workshop			
Pick-up	Music and Theater Workshop	2145		
Drop-off	SHA Narita Bus Stop			
Pick-up	Music and Theater Workshop	2145		
Drop-off	SGD B#90-S10			

● ● ● Bon Dance Lesson Schedule ● ● ●

Bon Dance lessons will be held at the Community Activity Center from 1700 - 1930, Tuesdays and Thursdays, on 17, 19, 24, 26 and 31 July, and 2 August.

COMMERCIAL SPONSORSHIP

THANKS to our Sponsors for supporting the Bon Odori Festival and the Zama Community.

Sanyo Travel Service, Inc.

IPHI COMPANY

TEMPLE UNIVERSITY
Japan Campus

East Japan CAT

Coca-Cola

auSHOP
ZAMA

DyDo
BYDO INKCO. INC.



Dates, times, programs and events are subject to change due to circumstances beyond our control. Please call for more information, 263-5712 / 8892

(Sponsorship does not imply endorsement by the U.S. GOVT.)

THANKS to the Zama Community for choosing Zama MWR as your "First Choice"

BEST OF THE PACIFIC

- Camp Zama Lodging
Best On-Base Lodging
- Best MWR/ Support Services
- Best Outdoor Recreation
- Best Golf Course
- Camp Zama Community Club
Best Date Night Restaurant
Best Place for a Family Dinner
Best Sunday Brunch
- Camp Zama Bowling Center
Best place to grab a quick lunch
- Camp Zama ITT
Best Travel Agency



CONGRATULATIONS

to Camp Zama MWR and the following programs for being voted "Best in the Pacific" for 2012:



Chapel Activities • 263-4898

CATHOLIC SERVICES

Monday - Thursday, noon, daily Mass, Blessed Sacrament, Chapel
Sunday, 9 am, Mass, Zama Chapel
2nd and 3rd Sundays, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel

CAMP ZAMA PROTESTANT SERVICES

Sunday, 11 am, Worship Service, Zama Chapel
(Childcare service is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of services.)
Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sunday, 9:30 am, Sunday School, Sagamihara Chapel.
Sunday, 11 am, Worship Service, Sagamihara Chapel.
(Childcare service is provided for children up to kindergarten at the Sagamihara Chapel during the time of services.)
Wednesday, 6:30 pm, Bible Study, Sagamihara Chapel.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesday, 7 pm, Youth Activity, Sagamihara Chapel.
If you would like to attend an off post service, please contact Ron Greenwood at (H) 801-649-1394

or (C) 080-3204-4510, or Matthew Westhoff at (H) 801-649-1011 (C) 080-4655-2112 or Jared Elison at (C) 080-4191-8700.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or email: duncan.adams@us.army.mil.

BUDDHIST SERVICES

"Soka Gakkai International (SGI) group is holding English meetings periodically in the Zama / Atsugi area. Please contact: sgigoldengroup@gmail.com for more information"

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Donald Williams at 263-5677 or donald.williams38@us.army.mil for more information.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor auditorium), Yokosuka. For more information, please contact Chaplain Swanson at 243-6931 or email: john.swanson@fe.navy.mil. If interested in confirmation instruction, please let us know.

KOREAN BIBLE STUDY

Tuesday, 11:30 am - 2 pm, Room 11, Religious Education Center. Bible Study is offered in Korean language. For more information, contact Chaplain Park at 090-6185-5502 (cell

phone), or email: younsoo.park@us.army.mil.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 am - 9 am, at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

MEN OF VALOR BIBLE STUDY

Tuesday, 11:30 am, For more information, contact Mr. McGrew at 080-3211-9067.

LUNCH BOX BIBLE STUDY

Wednesday, 11:45 am - 12:45 pm, Religious Education Center. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

CHAPEL YOUTH PROGRAM (EPIC, Experience Power in Christ)

Wednesday, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliussen at 263-4689 or james.corneliussen@us.army.mil.

USAG-J religious support services and programs offer many spiritual fitness opportunities for you and your family. If you desire more information, please call the Garrison Chaplain's office at 263-4898. The Garrison Chaplain's office only advertises religious support activities under its auspices.

For All Upcoming MWR Events, Event Photos, Discussions, and the Most Up-to-Date Community Information.



Find Us, Add Us, Like Us on...

facebook

<http://www.facebook.com/armymwrjapan>

Passport to **Manhood** is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. For information, please contact Mr. Quinton at quinton.smith4@us.army.mil.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION	
Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed
* Hours may change due to scheduled programs.	

YOUTH CENTER

• Atsugi Pool

Tuesday, 3 July, noon - 5 pm.

Bored? Need something to do? Ride with the youth center staff as we take a trip to Atsugi to cool off at their outdoor pool.

Transportation is free. Youth pay pool fee of \$1.00.

• Yokosuka Marina

Wednesday, 11 July, 9 am - 5 pm.

Cost: \$35 (after 29 June)

Need a way to cool off? Join the youth center for a day of fun and excitement as we head down to the Yokosuka Marina. Enjoy a day of tubing, kayaking, canoeing, and snorkeling. Finally, finish off the day with some shopping with a trip to the Yokosuka NEX!

• Big Bang

Monday, 16 July, 6 am - 9 pm.

Cost: \$15 (on / before 11 July)

\$25 (after 11 July)

Bored? Need something fun to do this summer? Join us for a day of trying your skill in the batting cages, arcade games, and go-kart racing!

Cost includes: transportation only. What you need: closed toe shoes, extra yen for arcade games, batting cages, and go-carts.

• Summerland

Friday, 20 July, 9 am - 8 pm.

Summerland explodes with thrills

and spills. Come enjoy the splash of exciting water and thrill rides at Tokyo Summerland.

Cost includes: transportation and admission to all rides.

What you need: sunscreen, swimsuit, extra yen for lunch and souvenirs.

JOIN THE CLUB

• Keystone club

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, email robert.chance@us.army.mil.

• DJ Club

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center staff has a program for YOU! This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Dylan Black at 263-4500.

• Torch Club

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation.

Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, email quinton.smith4@us.army.mil.

IZU BEACH

Enjoy a day in the sun on the beautiful white sand beaches at Izu peninsula. Grab your boogie boards and snorkel gears. Sign up now!

16 AND 30 JULY, 0600 - 2100
 COST: \$5 (transportation only)
 20 spaces
 For more information, phone 263-4500.



MIKURA ISLAND SUMMER TRIP

Monday - Thursday (23 - 26 July)
\$150

Take a trip to Mikura Island to go swimming with Dolphins! This will be a 3 day trip! This trip is for those in 8th - 12th grades only.

Cost includes: transportation, ferry ride, food, swimming with dolphins and lodging.

For more information, phone 263-4500



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Fuji Q Highland

The Camp Zama Youth Center

6 July, 0700 - 1900
Only \$40



This amusement park has one of the tallest and fastest roller coasters in the world. It also has a 40 minute extremely scary haunted house! This park has many other attractions that you will want to try! For more information, phone 263-4500

SMART Girls

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Ms. Vonghom at mary.vonghom@us.army.mil.

UNIVERSAL STUDIOS

11 JULY, 0300 - 2300
COST: \$45
 Includes transportation, meal coupon, and admission
 For more information, 263-4500



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

FITNESS WEEK HIKING CAMP

9 - 13 July, 0800 - 1700



Youth ages 8 - 18 may sign up to participate in this week long camp. We will go out each day to hike at nearby rivers, parks and mountains. Campers will be taught how to use a GPS device, read a map and compass, how to pack for hiking and how to enjoy the great outdoors.

British Football Academy

**DEVELOP YOUR SKILLS BRITISH STYLE!
ENGLISH F.A. QUALIFIED COACHES
USING F.A. COACHING METHODS!**

**FREE BALL &
OFFICIAL CAMP T-SHIRT!!
(FOR 5-DAY CAMPERS)**

Technical drills Small-sided games
Tactical practices Coached scrimmages



SUMMER SOCCER @ CAMP ZAMA

SIGN UP ENDS JULY 13th!
Spaces Limited to **FIRST 36 campers!!**

For all kids, co-ed, all abilities, ages 5-18.

July 16 - 20th (5-days)
5-8 year olds: 14:00-16:00
9-18 year olds: 17:00-20:00
(Yano Soccer Field)

Transportation to and from any CYSS facility will be provided.

- Signup: PARENT CENTRAL SERVICES office: 263-4125
- Must have a current sports physical on file before you can sign up
- Cost: \$90.00 for five days
- For more information contact: Youth Sports & Fitness office: 263-5437

BE THE BEST YOU CAN!!

SUMMER LEAGUE BASKETBALL AND SOCCER

The games are held on Saturdays and end 28 July.

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches---people just like you. We need you in order to provide a great experience for the youth in our community. If you are interested, please contact us at 263-5437. In addition, more information and an application are at our website: www.zamayouthsports.org. As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth. All coaches must be CPR and First Aid Certified. A course will be offered for coaches who are not certified.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

**Session No. 2
2012 JUNIOR GOLF**

JUNIOR CLINIC

Clinic No.2 Mon-Thurs 9-12 July 0900 - 1030 (All Ages)

SESSION PLAY

Session No.2	Fri	13 July	1600 - 1730
	Wed	18 July	1600 - 1730
Junior Championship			
		Friday	20 July 0730 - 1600

Contact

Youth Sports: Robert Santana, 263-5437
robert.santana@us.army.mil

Golf: Dale Jorgenson, 263-3694
dale.jorgenson@us.army.mil



SCHOOL AGE CARE OFFERED

- Before / After School Care
- Full day care during no school days
- Spring / Summer / Winter camp

OPEN RECREATION PROGRAM

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided. To conduct this program, there must be at least 10 children enrolled the Wednesday prior to the event.

INTERNATIONAL OUTREACH PROGRAM

This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

NOTE: Must have five (5) children enrolled to conduct this program

U.S. Army Child, Youth & School Services

School Age Care

267-6013

Week 3:	Monday,	2	July	Star Spangled Spirt Spectacular
Week 4:	Monday,	9	July	Secret Agents (Spies and Private Eyes)
Week 5:	Monday,	16	July	Super Cool (Penguins and Polar Bears)
Week 6:	Monday,	23	July	Magical Myths and Ancient Adventures
Week 7:	Monday,	30	July	Wacky Wild West Showdown

Swimming Every Monday at Yano Fitness Center
Leave SAC at 1230 - Leave Yano Fitness Center at 1630

Tuesday, 3 July, 0730 - 1700 Fuji-Q Highland

Themed Activities at SAC (10, 17, 24 and 31 July)

Field Trip (0800 - 1630)

Yokohama Science Museum (11 July)
Ueno Zoo (18 July)
National Museum of Nature and Science (25 July)

Themed Activities at SAC (5, 12, 19 and 26 July)

Bowling Every Friday at Zama Bowling Center
Leave SAC at 0900 - Leave Bowling Center at 1130



Your children are our children.



CHILD DEVELOPMENT CENTER

ZAMA CDC, 263-4992

- **Water Play Day**
Monday, 2, 9, 16, 23 and 30 July, 0930 - 1030
- **Zumba**
Tuesday, 3 and 17 July, 0930 - 1030
- **Independence Day**
Closed
- **Start Smart**
Friday, 6, 13, 20 and 27 July, 0930 - 1030
- **Tanabata Day**
Friday, 6 July, all day
- **National Sugar Cookie Day**
Monday, 9 July, 1400 - 1500, decorate cookies
- **Teddy Bear Day**
Tuesday, 10 July, all day
- **Story Time**
Tuesday, 10 and 24 July, 0930 - 1030
- **Field Trip to Zama Post Office**
Wednesday, 11 July, 0930 - 1030
- **Field Trip to Aikawa (Hatori Farms)**
Wednesday, 18 July, 0930 - 1530
- **Donuts for Dad**
Thursday, 19 July, all day
- **PAC Meeting**
Friday, 20 July, 1130 - 1230, CZCC
- **Field Trip to Yokohama (blueberry picking)**
Wednesday, 25 July, 0930 - 1200
- **Ice Cream Social**
Friday, 27 July, 1400 - 1500

U.S. Army Child, Youth & School Services

SHA CDC, 267-6348

- **Independence Day (Closed)**
- **Teddy Bear Picnic Day**
Tuesday, 10 July, 1030 - 1200. Children are asked to bring their special furry friend during lunch time.
- **Wear Purple for Peace Day**
Friday, 13 July, all day. Children and staff are asked to wear their purple shirt.
- **PAC Meeting (Parent Advisory Committee)**
Thursday, 19 July, 1630 - 1730
- **Arts and Crafts Day**
Friday, 20 July, 1500 - 1630. Parents are invited to join with their child
- **Parent's Appreciation Day**
Saturday, 21 July, 1100 - 1300. SHA CDC will host a parent barbecue
- **Vanilla Ice Cream Day**
Monday, 23 July, 1430 - 1530. Come on out for a cool sweet treat
- **Parent Japanese Cooking Class**
Thursday, 26 July, 0900 - 1000
- **Water Play Day**
Thursday, 31 July



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youth of military and DoD civilians. Classes are designed to compliment and support the experiences children and youth have in Army CYSS and in schools. Children and youth may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

Violin Lessons (Ms. Sumi)
Tuesday
1100 - 2000

Piano Lessons (Ms. Miho)
Monday or Friday
1100 - 2000

Piano Lessons (Ms. Sekita)
Tuesday or Wednesday
1100 - 2000

Piano Lessons (Ms. Mayumi)
Tuesday and Wednesday
1100 - 2000

Cost ¥7,000 (4 classes per month - 30 minutes one on one sessions)



Hawaiian Hula Lessons

Wednesdays (4 classes per month)
Beginners Class: 1600 - 1645 (\$20.00)
Intermediate Class: 1655 - 1755 (\$30.00)
Advanced Class: 1800 - 1900 (\$40.00)

Hip Hop Class. Krumpin, Poppin, Breaking and more.

Tuesdays (4 classes per month)

Teen Squad (ages 12 - 18):	1500 - 1600	¥6,000
Jr. Squad (ages 9 - 11):	1615 - 1715	¥6,000
"Shorty" Z (ages 5 - 8)	1730 - 1815	¥5,000



TAEKWONDO Mondays & Thursdays

With Master Kang and Sensei Takeo
1730 - 1900
Cost ¥5,000 per month



Ballet & Dance

With Ms. Minori

Wednesdays
Intermediate Ballet (Ages 10+)
1500 - 1630 \$60
Pre-Elementary (Ages 4 - 6)
1630 - 1715 \$40
Elementary Ballet (Ages 6+)
1720 - 1830 \$60

Thursdays
Pre-K Ballet (ages 3 - 4):
1515 - 1600 \$40
Contemporary Dance (ages 7+):
1600 - 1730 \$60

• Registration for classes are 2 weeks prior to the 1st of the month (all new students begin the 1st week of each month; if you register on or after the 1st of the month you will have to wait until the next month to begin classes). * Please call for class availability.

Payments are made in US dollars with the current exchange rate • For more information, 263-5441.

INSTRUCTORS WANTED

Child Youth and School Services SKIESUnlimited Program is looking for certified instructors to teach the following classes; filmmaking, dance, guitar, martial arts, gymnastics, boxing, drivers education and digital arts. SKIES is also looking for either certified or volunteer instructors for art, photography, bowling, cooking, babysitting and academic support. If interested, please contact Nicholas Andrews, SKIESUnlimited Director, at 263-5441.



Army Community Service
Bldg. 402 263-8327

What is ACS?

The Army Community Service Mission: Army Community Service is an empowered team that provides comprehensive, coordinated, and responsive advocacy and prevention, information and referral, outreach, financial, employment, Soldier and Family Readiness, Exceptional Family Member and relocation assistance services that support the readiness and well-being of Soldiers and their Families, civilian employees, and retirees.

Army Community Service (ACS). "The Choice" for all your service needs.

Army Emergency Relief (AER) - AER provides emergency financial assistance in the form of no-interest loans or grants. AER also provides scholarships to children and spouses of active duty and retirees as well as financial support to widows and Wounded Warriors. Call for more info or assistance at 263-8091.

Army Family Action Plan (AFAP) - solicits input from Soldiers and Families, seeks to find solutions, and, when appropriate, forwards issues up the chain of command. Call for more info or assistance at 263-8087.

Army Family Team Building (AFTB) - is a training/awareness program designed to increase the self-sufficiency and self-reliance of military family members. Call for more info or assistance at 263-8087.

Army Volunteer Corp (AVC) - The AVC program embraces existing volunteer programs, unites all volunteers who support Soldiers and Families, including the active force, National Guard and Army Reserve, and formalizes the Army's commitment to volunteerism. Volunteers contribute a broad range of services that enhance and expand the capabilities of Army programs and services. Working as teams, paid and volunteer staff provide real-life solutions for successful military living. For more information, call DSN 263-8087.

Employment Readiness - Provides assistance to the Total Army Family in obtaining employment information on job websites, classes on resume writing, job-interviews and dressing for success. For more information, call DSN 263-8091.

Dress for Success at ACS	13 July	1400 - 1530	Pre-registration is required.
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Exceptional Family Member Program (EFMP) - is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to Families with special needs. For more information, call DSN 263-4572.

EFMP Support Group	17 July	1200 - 1300
Monthly Autism Support Group	19 July	1600 - 1700
Communicating with your Teacher Workshop	23 July	1200 - 1300

Family Advocacy Program- The Family Advocacy Program (FAP) is the Army's program designed with the mission of education to prevent spouse and child abuse, to encourage the reporting of all instances of abuse, and to treat all family members affected by or involved in abuse so that those families can be restored to a healthy state. FAP is a command-directed program under the authority of AR 608-18.

Financial Readiness-All first term personnel who have not attended the mandatory 8 hours Financial Readiness Class must attend per AR608-1 and DoDI 1342.27. Units may request this class for newcomers. For more information, call DSN 263-8091.

Financial Readiness Class Schedule for July:

Successful Money Management at ACS	9 July	1400 - 1530
Build Wealth, Not Debt at ACS	23 July	1400 - 1530
1st Term Financial Training at ACS	30 July	0900 - 1600

Information and Referral/Outreach Services- Information and Referral maintains an integrated resource file of sources of service to which personnel may be referred. Referral procedures are used when it is not possible to provide immediate direct assistance. Follow-up procedures are provided to ensure that needs have been met. For more information, call DSN 263-2382.

Coffee & Coping	Wednesdays	0900 - 1000
Foodies Unite Cooking Class	15 July	1000 - 1200

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Army Community Service • 263-8327

RELOCATION READINESS PROGRAM, 263-HELP (4357)

- **Loan Closet Available**
Monday - Wednesday and Friday, 1 - 4 pm. Thursdays, 1 - 4 pm.
- **Conversational English Class**
Wednesdays, 5:30 - 7 pm. No pre-registration necessary.
- **Japanese Class**
Every Wednesday, 5:30 - 6:30 pm. Taught by a native Japanese speaker.

MASTER RESILIENCY TRAINING

- Understanding Resilience:
5 July, 1300 - 1400
 - Identifying Activating Events:
12 July, 1300 - 1300
- POC: Hilary Valdez, 263-8327 or hilary.i.valdez.civ@mail.mil

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

- **Pre/Post deployment Readiness Training**

Reunion Briefing, Family Readiness Group (FRG) Training, and Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required.) For more information or to schedule training, email: gary.r.woods.civ@mail.mil or phone 263-8089.

- **Pre/Post Deployment Support and Operation R.E.A.D.Y. Training**
Thursdays, 1330 - 1600.

• **Deployed Spouse Program**
If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities. For more information, please contact: gary.r.woods.civ@mail.mil or 263-8089

COMMUNITY LIFE OFFICE, DSN: 263-8087

- **Army Volunteer Corps (AVC)**
Volunteers play an integral role in the life of Soldiers and their Families,

and are found throughout our great military community. The Volunteer Management Information System (VMIS) assists the Army Volunteer Corps manage these dedicated volunteers, and allows volunteers a way to track their hours, awards, training and certificates.

For information, contact ACS at 263-8091.

WELCOME TO CAMP ZAMA NEWCOMER'S ORIENTATION

NEWCOMER'S ORIENTATION PART I: Wednesday, 18 July, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by "SoftBank." The orientation is **mandatory for military and civilian personnel**. Adult Family members may also attend. Free hourly child care available for attendees. **Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.**

NEWCOMER'S ORIENTATION PART II: Thursday, 19 July, 8 am - noon, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is **mandatory for military and civilian personnel** to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. **Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.**

MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **SoftBank**, for supporting the Newcomer's Orientation Program and the Zama community.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

The Volunteer Management Information System (VMIS) provides tools to manage the awesome Volunteer Force in our military community. VMIS provides:

- * Online recruitment
- * Storage of volunteer records (hours, positions, awards, training)
- * Roll-up of volunteer hours
- * Easy and efficient communication with volunteers and volunteer managers, Portal to Everyone Ready (a volunteer staff development plan), and much more!

“Volunteers are the lifeblood of our schools and shelters, hospitals and hotlines, and faith-based and community groups. From mentoring at-risk youth and caring for older Americans to supporting our veterans and military Families and rebuilding after disasters, these every day heroes make a real and lasting impact on the lives of millions of women and men across the globe.” President Barack Obama (taken from <https://www.myarmyonesouce.com/familyprogramsandservices/volunteering/vmis/vmishome.aspx>). For training and more details, contact your Community Life Officer at 263-8087.



SURVIVOR

Outreach Services (SOS)

Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402



NPSP

NEW PARENT SUPPORT PROGRAM

- The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.
- **Breast Feeding Support Group** hold the first Wednesday of every month from 9:30 - 10:30 am at ACS and third Monday, 9:30 - 10:30 am at SHA CDC.
- **Baby Bundles** *Information and supplies for new and expectant parents and electric breast pumps are available by calling 263-4572 or emailing: cheryl.rendon.civ@mail.mil.
- **Play Group** is an interactive play group for parents and children aged birth- 6 years. Held every Tuesday, 10 am - 11:30 am EDIS (Army Elementary School) and every Thursday at Chapel Daycare, Bldg. 502, 1 - 2:30 pm.

Family Advocacy Program

Prevention and Education Classes

Victim Advocacy is a free service for all personnel in the military community. Reports of Domestic Abuse may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the installation Victim Advocate at 080-5968-3188, a health care provider, chaplain, or the Family Advocacy Program Manager, 263-4782. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information, please contact the FAP at DSN 263-4853 or 080-5968-3188

Lunchtime Series (11:30 am - 1 pm)		
Learning to Speak Love	10	July
Words of Affirmation	17	July
Quality Time	24	July
Receiving Gifts	31	July
Acts of Service	7	August
Physical Touch	14	August
Growing in Love	21	August

(Bldg 402, ACS Conference Room), 263-4853

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

GUIDE TO SUPERVISE YOUR CHILD

*** Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.*



HOME ALONE?

- Age (Birth - 6 yrs) - NEVER
- Age (7 - 9 yrs) - NEVER
- Age (10 - 12 yrs) - Up to 4 hours with access to adult supervision. NEVER overnight (2230 hrs - 0530 hrs).
- Age (13 - 15 yrs) - Up to 6 hours. Requires sponsor in local area and access to designated caregiver supervision.
- Age (16 - 18 yrs) - May be left overnight. Requires caregiver in immediate area with POA and Military Police notification.



BABY SITTING? (Red Cross certification recommended!)

- Age (Birth - 6 yrs) - NEVER
- Age (7 - 9 yrs) - NEVER
- Age (10 - 12 yrs) - NEVER
- Age (13 - 15 yrs) - Up to 6 hours with access to designated caregiver supervision and/or up to 0000 hrs if baby-sitting.
- Age (16 - 18 yrs) - Yes. Requires access to a designated caregiver.



UNATTENDED IN VEHICLE?

- Age (Birth - 6 yrs) - NEVER
- Age (7 - 9 yrs) - Caregiver age 13 years or older also in vehicle, vehicle not in operation, keys removed from vehicle, & handbrake applied if caregiver is unlicensed.
- Age (10 - 12 yrs) - Vehicle not in operation, keys removed and handbrake applied.
- Age (13 - 15 yrs) - Vehicle not in operation.
- Age (16 - 18 yrs) - Yes (vehicle in operation if licensed; vehicle not in operation if unlicensed).



UNATTENDED OUTSIDE?

- Age (Birth - 6 yrs) - NEVER
- Age (7 - 9 yrs) - For up to 1 hour (2000 curfew) with periodic checks by designated caregiver.
- Age (10 - 12 yrs) - Up to 4 hours (2000 curfew) with periodic checks by designated caregiver.
- Age (13 - 15 yrs) - Up to 6 hours (2000 curfew) with periodic checks by designated caregiver.
- Age (16 - 18 yrs) - Up to 2230 curfew on nights preceding a school day; other days 0000 curfew.

*** Children ages 7 to 9 attending a Japanese school must be escorted in and out of the installation gate by a caregiver age 13 years or older. Children 7 - 12 may walk or ride a bicycle to or from a DoDDS, CYS Services facility, a friend's home, or other locations within the same immediate installation unattended.*

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

“See the Bugle for the advertisement”.

Directory of DFMWR Facilities & Additional Activities

DIRECTORATE OF FAMILY MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

■ DIRECTOR 263-8057
 ■ Army Community Services 263-4357
 Mon - Wed 0730-1630
 Thu 1300-1630
 Fri 0730-1630
 US Holidays Closed

Business Division

■ DIRECTOR 263-4452
 ADMINISTRATIVE OFFICE 263-7935

■ DIRECTOR OF GOLF 263-3694
 ADMINISTRATIVE OFFICE 263-4966
 (All the following golf activities are open during lunch).

Course/Starter 263-4975
 Mon-Fri 0700-1700
 Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
 Mon, Tue, Thu, Fri 0630-1900
 Wed 0630-1900
 Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
 Mon-Fri 0645-1700
 Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
 Mon - Fri Sunrise-2200
 Saturday Sunrise-1930
 Sun 1600-2200

Chip Inn & Snack Stand 263-5834
 Mon-Fri 0800-1600
 Weekends & Hol. 0700-1500

■ BOWLING CENTER ZAMA 263-4780
 Mon-Wed, Sat-Sun 1100-2200
 Thu & Fri 1100-2230
 Holidays Closed

■ ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE 263-4133

Lunch
 Tue-Fri 1045-1315
 Sunday Brunch 1000-1330

Cashier 263-4547
 Sun-Thu 1000-2300
 Fri 1000-0230
 Sat 1000-0200

Catering 263-4204
 Tue, Thu & Fri 0930-1730
 Wed (Appts Only)

Game Time Sports Bar & Grill
 Sun, Tue & Wed 1100-2300
 Thu 1100-2200
 Fri & Sat 1100-2300
 No food service after 2200 hours

Cornerstone Game Room (no bar)
 Tue-Thu & Sun 1000-2300
 Fri 1000-0300
 Sat 1000-0230

Firelite Lounge
 Sun-Tue & Wed Closed
 Thu Closed
 Fri 1800-0300
 Sat 1900-0230

USA Dining Room
 Tue, Thu & Sun 1700-2100
 Wed Closed
 Fri-Sat 1700-2200

■ HOB NOB INN 267-6097
 Lounge & Game Room
 Sun - Thu Closed
 Fri 1600 - 0100
 Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
 Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
 Dinner (Tue-Sat) 1700-2000

Bar
 Tue-Thu 1100-2000
 Fri 1100-2400
 Sat 1630-2300
 Bowling Center 268-4954/4606
 Fri 1700 - 2400
 Sun - Mon Closed

■ ZAMA LODGING ADMINISTRATIVE OFFICE 263-3293
 Reservation Desk 263-2775
 Front Desk 263-3830
 Open 24 hours/7 days a week

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
 ADMINISTRATIVE OFFICE 263-5614
 ■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
 Wed-Fri 1130-1930
 Sat & Sun 1000-1800

■ AUTOMOTIVE SKILLS CENTER 263-3615
 Mon-Tue Closed
 Wed-Fri 1130-2000
 Sat-Sun 0930-1800

■ COMMUNITY ACTIVITY CENTER 263-3939
 Mon-Fri 0800-1900
 Sat, Sun & Hol Closed
 Open during lunch

■ HARDY BARRACKS LODGING 229-3270
 ■ INTERNATIONAL TOURS 263-5273
 Mon-Fri 1000-1800
 Open during lunch

■ LIBRARY Zama 263-3517
 Mon-Thu 1000-2030
 Fri - Sun 1000-1800
 Open during lunch
 U.S. Holidays Closed

Sagamihara 267-6603
 Tue-Thu 1000-1900
 Fri-Sat 0900-1800
 Sun, Mon & Hol Closed
 Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671
 Leisure Travel Services & Vehicle Rental
 Mon-Fri 0900-1730
 Sat-Sun 0800-1600
 Open during lunch
 US Holidays Closed

Animal Boarding Kennels 263-5915
 Mon-Fri 1000-1700
 Sat-Sun 1000-1600
 Closed for lunch 1230-1330

Bullseye Paintball 263-4671
 Sat - Sun 1000-1600
 Mon - Fri Reservations Only

■ POOLS YANO 263-3348
 263-5037
 Mon-Fri 0530-1930
 Sat-Sun, Holidays 1000-1800
 SHA (Summer) 263-5656/267-6122
 Wed - Sat 1030-1800
 Sun 1200-1800
 Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664
 Zama 263-3954
 Mon-Fri 0500-2100
 Sat-Sun, Holidays 0800-1800
 Sagamihara 263-3954/267-6762
 Mon-Sun Open 24 hrs

Depot 268-4729
 Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-5572
 ADMINISTRATIVE OFFICE 263-5962

Child, Youth & School Services

■ DIRECTOR 263-8086
 (All the following CDC facilities are open during lunch.)

■ Parent Central Services 263-4125
 263-4743
 Mon-Wed 0800-1700
 Thu 1000-1700
 Fri 0800-1700

■ Family Child Care 263-4743
 263-4125
 267-6564

■ Sagamihara CDC 263-4125
 267-6564
 Mon-Fri 0530-1800

■ Zama CDC 263-4992
 Mon-Fri 0530-1800

■ YOUTH SERVICES Zama Youth Center 263-4500
 Mon-Thu 1430-2000
 Fri 1430-2200
 Sat 1300-2200
 Sun Closed

School Age Care (SHA) 267-6013
 Mon-Fri 0530-1800

Youth Sports 263-5437
 Mon-Sat 0900-1800
 Open during lunch

School Liaison Office 263-3241

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
 ADMINISTRATIVE OFFICE 644-4270
 ■ ARMY COMMUNITY SERVICE

Director 644-4110
 Relocation Coordinator 644-4385
 Mob-Dep/IVC 644-4116
 Financial Readiness/AER 644-4378
 Family Advocacy Program 644-5919
 Victim Advocate/SARC 644-4908
 AFTB/AFAP Program 644-4743
 EFMP Program 644-4106
 ACS FAX 644-5918
 School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
 Lobby 644-4706

■ AUTOMOTIVE SKILLS CENTER 644-5612
 ■ CORAL COVE COMMUNITY CLUB

Business Manager 644-4256
 Lounge 644-4306
 Cashier Cage 644-4426

■ LIBRARY 644-4468
 Staff Room 644-5335

■ MARKETING 644-4495
 Commercial Sponsorship 644-4665
 Graphic/Illustration

■ SPORTS / FITNESS 644-4334
 644-4389
 Sports / Fitness
 Aquatics

■ OUTDOOR RECREATION 644-4795
 Scuba Locker 644-4290
 Retail Sales 644-4263
 Equipment Issue 644-4659
 Beach Rental Office 644-4659
 Cabin Reservation 644-4659

011-81-611-744-4659

Kure Harbor MWR

■ MWR Office 256-2580
 256-2581
 0800-1630

■ Outdoor Recreation 256-2575
 0900/1700

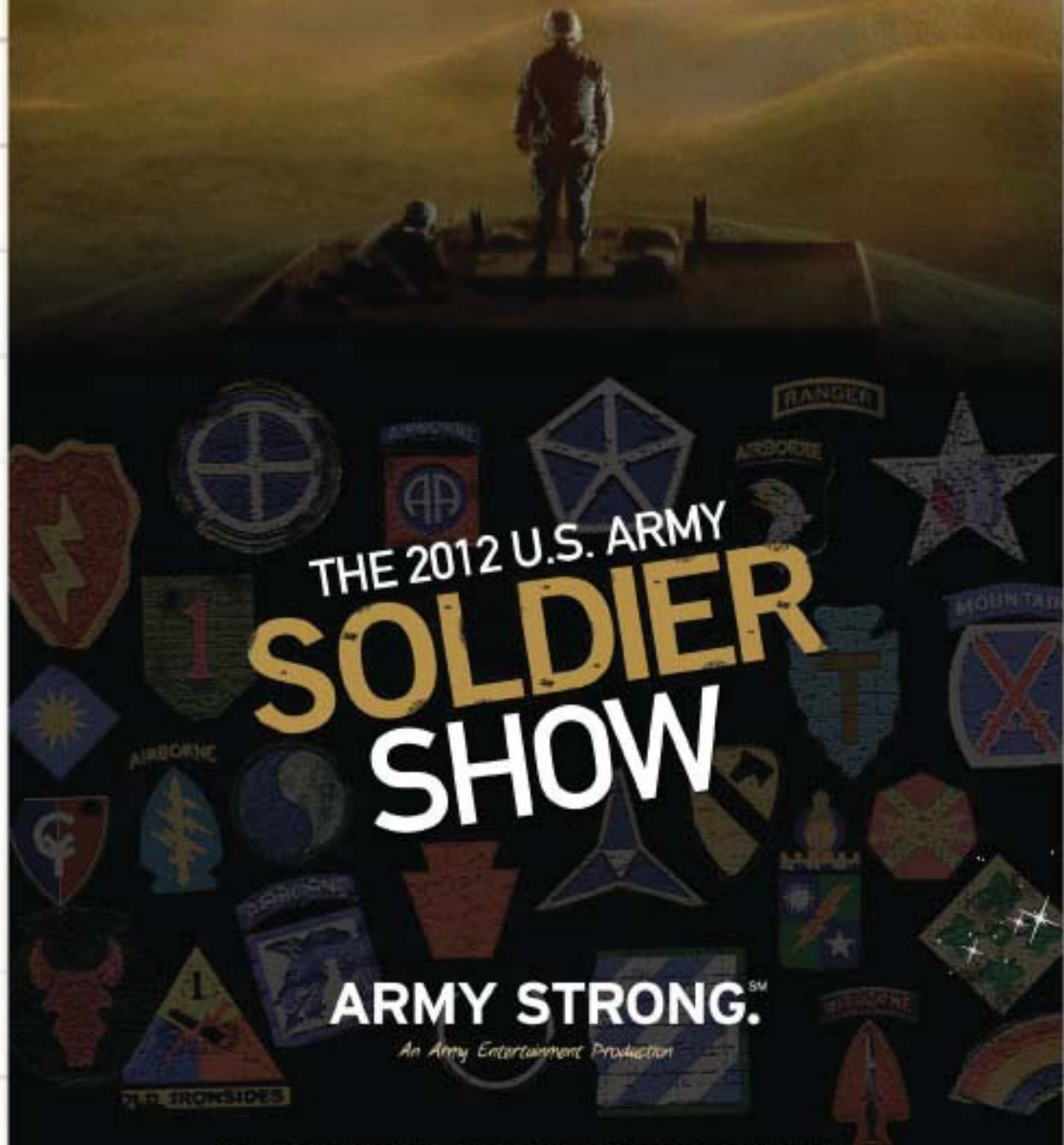
■ Dining Room
 Mon-Fri (Breakfast) 0700-0830
 Mon-Fri (Lunch) 1130-1300
 Tue-Sat (Dinner) 1630-2000

■ Bar
 Mon 1630-2000
 Tue-Sat 1630-2200

■ Lodging 256-2580
 ■ PX / CLASS VI
 Mon-Fri 0900-1730
 Sat 1130-1530

“See the Bugle for the advertisement”.

The U.S. Army Installation Management Command presents



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An Army Entertainment Production

PLACE: MUSIC AND THEATER WORKSHOP

DATE: 1 AND 2 AUGUST

TIME: 1800

FOR MORE INFORMATION, 263-3939



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