



The best activities guide around!

MAY 2012



Gourmet Dinner – 4th
Cinco De Mayo Party – 5th
Mother's Day Brunch – 13th
Polynesian Luau – 19th
\$5,000 Bingo Night – 20th

WELCOME TO CAMP ZAMA

Camp Zama Army Community Service

NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 16 May, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by "auSHOP ZAMA." The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: Thursday, 17 May, 8 am - noon, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

For information, contact ACS at 263-8091.



auSHOP ZAMA

MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **au shop Zama**, for supporting the Newcomer's Orientation Program and the Zama community.

"See the Bugle for the advertisement".



The U.S. Army Garrison Japan (USAG-J), DFMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

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THIS MONTH'S COVER

"The White Plume Award was established in 1982 by the Adjutant General of the Army to recognize outstanding service and contribution to MWR and Family programs. It is the Army's highest medal for achievement in support of Army MWR. Winners of the White Plume represent true service to the Soldier, the Army, and the Nation. Mr. Jeffrey A. Wertz, Director, Family and Morale, Welfare and Recreation, US Army Garrison Japan, was presented this award on 12 March 2012 for many years of outstanding service, and for continually improving the quality of life for Soldiers and Families through his extensive experience and knowledge of Family and Morale, Welfare and Recreation Programs." On the front cover, COL Eric D. Tilley, Commander, US Army Garrison Japan, presents the award to Mr. Wertz.

Photo by Mr. Tetsuo Nakahara, Command Information, USAG-J Public Affairs, Rising Sun Newspaper.



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| SCHOOL AGE CARE | MR. MEDINA | 267-6066 |
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| SKIESUNLIMITED | MR. ANDREWS | 263-5441 |
| SPECIAL EVENTS COORDINATOR | MR. MCNEILL | 263-5712 |
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| SUPPORT SERVICES DIVISION | MR. WEBER | 263-5572 |
| YOUTH CENTER | MR. JOHNSON | 263-8574 |
| YOUTH SPORTS AND FITNESS | MR. SANTANA | 263-5437 |

| | | |
|------------------------|--------------|----------|
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| MWR PROGRAM MANAGER | MR. EVERS | 644-5396 |
| SCHOOL LIAISON OFFICER | VACANT | 644-4703 |
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| CPAC | MS. ALDERSON | 263-8443 |
| CPAC NAF UNIT | MS. BATES | 263-4383 |

See inside back page for MWR facilities and additional activities.

MWR MARKETING

Phone: 263-4721/8994
046-407-4721/8994

Address: The U.S. Army Garrison Japan
Unit 45006
Attn: IMPC-JA-MWN-M
APO AP 96343-5006
Official Business

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T

he youth center will be closed on the following days:

- Friday, 25 May (Training Holiday), and
- Monday, 28 May (Memorial Day.)



Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

| HOURS OF OPERATION | |
|---------------------|-------------|
| Monday - Thursday | 1430 - 2000 |
| Friday | 1430 - 2200 |
| Saturday | 1300 - 2200 |
| Sunday and Holidays | Closed |

* Hours may change due to scheduled programs.

YOUTH CENTER

• **6th Grade Happening**
Friday, 18 May, 7 - 10 pm. We would like to welcome all ARNN Elementary and Shirley Lanham Elementary 6th graders to come spend the evening at the youth center and enjoy games, food, and a good time.

• Book of Records

Want to see your name in the Zama Youth Book of Records? Every 3rd

Thursday (17 May) of the month at the Zama Youth Center there will be different events for you to challenge. At the end of the year, your record, as well as your picture, will grace the first glossy Zama Book of Records. Various challenges include 3 point shoot out, consecutive free throws, football toss, 40 yard dash, hula hoop spins, and Wii Homerun. This monthly event is open to all registered members in grades 6 - 12. Program starts at 3 pm.

TECH LAB

• ZTN

Be part of your local youth news cast on Zama. We are a club that reports local news, upcoming events, commercials, skits, and all things important to being a teen! Learn to work an industry standard video camera, edit professional videos and news clips, direct, and write scripts. Did someone say Green Screen? We

SMART Girls

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Ms. Vonghom at mary.vonghom@us.army.mil.

hired!

Are you between 15 - 18 years of age?
Do you want to have a job on base?
This is your opportunity!!!

Army Child, Youth & School Services

HIRER!

HIRER! Apprenticeship Program is a study and work program for teens between 15 - 18 years of age. It consists of four 12-week terms created annually. Apprentices are able to participate in a maximum of two terms per year for three consecutive years. HIRER! provides us with meaningful, professional-managed career-exploration opportunities in MWR operations. HIRER! offers valuable paid work experience (upon successful completion of the Term, the Apprentice is eligible for a cash award) and training to better equip each apprentice with the skills needed for the highly competitive job market. To find out more about this program and how to participate, contact Ms. Whitney Wilder at 263-4500 or e-mail: whitney.a.wilder.naf@mail.mil.

meet every Thursday at 3 pm in the computer lab and film every Monday. Adult volunteers to help with script writing, editing, and filming are needed! Please email us at ztn@zamateentech.org or call 263-4500 or 263-8573 for more information.

• Tech Club

Meets every Wednesday at 3:30 pm at the Camp Zama Youth Center. Explore educational and recreational activities involving technology.

• Game Day

Every Friday challenge your friends

and enjoy playing some of the best computer games available.

• Photo Fun

Throughout the month, youth will take photos and learn photo editing. Make your pictures look any way you want. It's all in fun!!!

COOKING CLUB

Join the Club
Tuesdays and Thursdays: 3 pm, grades 6 - 12.

For more information, please call Ms. Mary Vonghom, 263-4500

PASSPORT TO MANHOOD

"Passport to Manhood" is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibilities, reinforce positive behavior and develop character in adolescent males. For more information about this program or if you are interested in becoming a volunteer, please contact Mr. Quinton at quinton.smith4@us.army.mil.

BOYS & GIRLS CLUB

Join the club

DJ Club
Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU! This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Dylan Black at 263-4500.

Torch Club
A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, email quinton.smith4@us.army.mil.

Keystone Club
A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, email robert.chance@us.army.mil.

KEYSTONE
The Ultimate Teen Program

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Sixth graders attending the School Age Care program can participate free during afternoon hours.



■ School Age Care • 267-6013

| ••• SAC Program Hours ••• | |
|---------------------------------|-----------------------------|
| Half Day School | 0530 - 0800 and 1200 - 1800 |
| No School Day | 0530 - 1800 |
| Before / After Program Hours | 0530 - 0800 and 1430 - 1800 |
| Early Release | 0530 - 0800 and 1130 - 1800 |
| Zama Drop Off and Pick up Point | 0700 - 0730 and 1745 - 1800 |

SCHOOL AGE CARE OFFERED

- Before / After School Care
- Full day care during no school days
- Spring / Summer / Winter camp

OPEN RECREATION PROGRAM

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided. To conduct this program, there must be at least 10 children enrolled the Wednesday prior to the event.

INTERNATIONAL OUTREACH PROGRAM

This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

NOTE: Must have five (5) children enrolled to conduct this program.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club (CZCC) and meet with the School Age Director and provide your valuable input as we continue to improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the date and time for May.

Garden Room: 17 May, noon - 1 pm, at CZCC.

••• SAC MAY EVENTS •••

| | | |
|-----------------------------|----|-------------|
| • Open Recreation | 5 | |
| • Cinco De Mayo Celebration | 5 | 1000 - 1300 |
| • Mother's Day Dinner | 10 | 1600 - 1800 |
| • PAC Meeting at CZCC | 17 | 1200 - 1300 |
| • K9 Police Demonstration | 18 | |
| • Open Recreation | 19 | 1500 - 1800 |
| • Memorial Day Celebration | 24 | 1445 - 1700 |
| • In Service Training | 25 | Closed |
| • Memorial Day | 29 | Closed |

SAC PROGRAMS

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

School Age Care (SAC) offers care for Before and After School with options for before school only or after school only.



- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a No School Day
- Half a day escapade for a Half Day School
- Japanese Outreach Full Day Program
- Super Saturday Program
- Creative play-Occasional Hourly Care

"Funastic Adventure Day": School Age Care will provide a day of adventure for your children on school out days from 8 am - 5 pm.
 "Half a Day Escapade": School Age Care will provide care for your children on early release days from 11:15 am - 6 pm.
 "International Outreach Full Day Program": This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.
 "Super-Saturdays": Free Open Recreation activities every fourth Saturday for the community from 1 - 5 pm. All events guarantee fun for your children.

"Creative Play" (occasional/hourly care): SAC will provide 5 hours of hourly care per week. Reservations must be made in advance. Cost is \$4 per hour, part time: \$16 (4 hours per day), daily: \$30 (4 hours or more).

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

■ Child Development Center • 263-4992 / 267-6348

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

- Closed
- * Friday, 25 May, CYSS In-Service Training
- * Monday, 28 May (Memorial Day)
- **Mother Goose Nursery Rhyme Parade**
Tuesday, 1 May, 3 - 4 pm
- **Hawaiian Lei Day**
Wednesday, 2 May, all day
- **Cinco de Mayo Activities**
Friday, 4 May, 2:30 - 3:30 pm
- **Boy's Day**
Friday, 4 May, all day
- **Zumba at Youth Center**
Tuesday, 8 and 22 May, 9:30 - 10:30 am
- **Bigz and Lilz**
Friday, 11 May, 3 - 4 pm
- **Muddina doe Mom**
Monday, 14 May, all day
- **Miniature Golf Day**
Thursday, 17 May, 9:30 - 10:30 am, all day
- **PAC Meeting (Brown Bag Training for Parents)**
Friday, 18 May, 11:30 am - 12:30 pm

SHA CHILD DEVELOPMENT CENTER, 267-6348

- Closed
- * Friday, 25 May, CYSS In-Service Training
- * Monday, 28 May (Memorial Day)
- **May Day**
Tuesday, 1 May, all day
- **Baby Day**
Wednesday, 2 May, all day
- **Cinco de Mayo**
Friday, 4 May, all day

- **National Nurses Day**
Monday, 7 May, all day
- **Teacher Appreciation Week**
Monday - Friday, 7 - 11 May, all day
- **Mother's Day Dinner**
Friday, 11 May, 4 - 5:30 pm
- **National Chocolate Chip Day**
Tuesday, 15 May, all day
- **Wear Purple for Peace Day**
Wednesday, 16 May, all day
- **Armed Forces Day**
Friday, 18 May, all day



ZAMA Child Development Center

storytime

**Tuesday,
1, 15 and 29 May,
9:30 - 10:30 am, at Zama
Library.**

For more information,
263-6348/6564

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Baseball games are ongoing every Saturday until 2 June. Please come out and support our youth.



ARMED FORCES KID'S RUN
 Saturday, 19 May, 9 am **FREE**
 Youth ages 5 - 18 may participate in this event which is held at many military bases worldwide.
 Please register at Parent Central Services 1 - 18 May.

■ Youth Sports and Fitness • 263-5437/4066

SUMMER LEAGUE BASKETBALL

Registration for ages 13 - 15 are 2 May - 9 June. The season is 30 June - 28 July.

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches---people just like you. We need you in order to provide a great experience for the youth in our community. If you are interested, please contact us at 263-5437. In addition, more information and an application are at our website: www.zamayouthsports.org. As soon as we

receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth. All coaches must be CPR and First Aid Certified. A course will be offered for coaches who are not certified.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

Paid Advertisements

“See the Bugle for the advertisement”.

■ SkiesUnlimited • 263-5441

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youths of military and DoD civilians. Classes are designed to complement and support the experiences children and youth have in Army CYSS and in schools.

Children and youth may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

CLASSES

• **Hip Hop Dance Class**

Want to join a dance crew? Well, don't stop, get into Hip Hop and join the New SKIESUnlimited Hip Hop Class, Krumpin, Poppin, Breaking and more.

- Tuesdays (4 classes per month)
- Teen Squad (age 12 - 18): ¥6,000
1500 - 1600
- Jr. Squad (ages 9 - 11): ¥6,000
1615 - 1715
- “Shorty” z” (ages 5 - 8): ¥5,000
1730 - 1815

- **Ballet and Dance** (Ms. Minori)
Wednesdays
Intermediate Ballet (ages 10+): \$60 1500 - 1630
Pre-Elementary (ages 4 - 6): \$40 1630 - 1715
Elementary Ballet (ages 6+): \$60 1720 - 1830
- **Hawaiian Hula Lessons**
Discover the graceful art form of Hula, the essence of Hawaii, expressed in music and motion. Students will learn the basic hand movements, motions, steps, and choreographed routines of this ancient Polynesian dance. Students will also have a chance to perform in future events.
Wednesdays (4 classes per month)
Beginners Class: \$20

- 1600 - 1645
Intermediate Class: \$30
1655 - 1755
Advanced Class: \$40
1800 - 1900

All classes will be held at the Community Activity Center. For more information, please phone 263-5441.

NOTE: Payments are made in US dollars using the current exchange rate.

REGISTRATION

* To register youth, please contact Parent Central Services at 263-4743.

* Register 2 weeks prior to the 1st of the month. All new students begin the 1st week of the month.

Violin Lessons
 * Instructor: Ms. Sumi
 Monday and Tuesday
 1100 - 2000

Piano Lessons
 * Instructor: Ms. Miho
 Monday or Friday (1100 - 2000)
 * Instructor: Ms. Sekita
 Tuesday or Wednesday (1100 - 2000)
 * Instructor: Ms. Mayumi
 Tuesday and Wednesday (1100 - 2000)

Piano and Violin lessons classes are ¥7,000 (4 classes per month - 30 minute one on one sessions).

TAEKWONDO
 With Master Kang and SenseiTakeo
Mondays & Thursdays
 1730 - 1900
 Ages 5 - 18
 Cost ¥5,000 per month

In this class your child will learn not only physical training and discipline but mental training as well. Available to both youths and adults, this class embraces a family friendly atmosphere with safety being a top priority.

T

he Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

Purchase your CZCC Gift Card at the cashier's window. For more information, please call 263-4547.

11 May, 6:30 pm, at CZCC Ballroom (right wing)

- \$100 Most Bunco's
- \$100 Most Mini Bunco's
- \$100 Most Wins
- \$100 Most Losses

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Hip Hop Music w/DJ**
On Friday Night, 4, 18 and 25 May, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Cinco De Mayo Party**
On Saturday night 5 May, 9 pm - 2:30 am, in the Firelite Lounge.
- **Country Music with DJ**
On Saturday night, 12 May, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. Every 2nd and 4th Wednesday FREE Line Dance instruction from 6:30 - 7:30 pm.
- **Mainstream Dance Music with DJ in the Firelight**
Friday, 11 May, 9 pm - 3 am.
- **Old School Night**
Saturday, 19 May, 8 pm - 2:30 am, enjoy the best sounds from the 60's, 70's, 80's and 90's.
- **Latino Night**
Saturday, 26 May, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.



LUNCH

- Sunday Brunch (10 am - 1:30 pm):**
Adults: \$14.95
Youths 8 - 12: \$7.95
Youths 4 - 7: \$4.95
3 and under: Free
- Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)
1 Chicken Fried Steak w/Country Gravy
8 Spanish Chicken
15 Veal Parmesan
22 Chicken w/Red Wine Vinegar Sauce
29 Chicken Nanbann w/Tar Tar Sauce
- Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)
2 Sliced BBQ Pork w/Cole Slaw
9 8 oz Mock Filet w/Mushroom Demiglaze
16 Baked Lasagna Casserole
23 Stuffed Cabbage Rolls w/ Tomato Sauce
30 Fried Menchi Cutlet
- Thursday:** (Rotisserie Chicken and vegetable of the day)
3 • Beef Stroganoff on Fettuccine

LUNCH

- Beef Bulgoki
 - 10 • BBQ Spare Ribs
 - Ton Pou Rou
 - 17 • Chicken Diablo
 - Sliced Roast Beef
 - 24 • Penne Pasta w/ Putanesca Sauce
 - Chicken Chimichuri
 - 31 • Beef Pot Pie
 - Buttered Milk Fried Chicken w/Country Gravy
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
4 • Chicken Cacciatore
• Spaghetti w/Meat Sauce
• Rice / Garlic Toast
- 11 • Taco Beef w/Flour Tortilla
 - Chicken Enchiladas
 - Burritos
 - Mexican Rice and Corn
 - 18 • Baked Meat Loaf
 - Herbed Baked Chicken
 - Rice and Mashed Potatoes
 - 25 • BBQ Chicken
 - Beef Stew
 - Wild Rice and Mashed Potatoes w/Gravy

DINNER INFORMATION

- Sunday** (limited menu) 5 - 9 pm
"2 for 1 Steak Night" (no take out)
Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potatoes. Modified menu will be offered on Sunday nights.
13 Mother's Day Brunch
20 \$5,000 Bingo Night
- Monday** - Closed
- Tuesday** (5 - 9 pm)
2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potatoes. Modified menu will be offered (no take out).
Wednesday (5 - 9 pm)
• Mongolian BBQ (\$0.75 oz)
• Limited menu
Reservations: Please call 263-4547 before 3 pm.

DINNER INFORMATION

- Thursday** (5 - 9 pm)
• "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out)
Adults: \$10.95
Youths 4 - 12: \$5.95
Under 3 years old: Free
• Regular menu
3 The Comedy Showcase
- Friday "Chef's Special"** (5 - 9 pm)
Regular Menu
4 Gourmet Dinner
11 Bunco Night
18 Community Night
- Saturday** (5 - 9 pm)
• Regular Menu
• Prime Rib Dinner
• Prime Rib and Shrimp Scampi
5 Cinco De Mayo Party
19 Polynesian Luau
19 Texas Hold'em
- Our regular menu will be offered in addition to the above specials on Saturday night.

CAMP ZAMA Community Night

FRIDAY 18 MAY
5-8 PM
CZCC BALLROOM
FREE EVENT!
HORS D'OEUVRES, PRIZES & ENTERTAINMENT
EVERYONE IS WELCOME!
FOR MORE INFORMATION, PLEASE CALL 263-4547
CAMP ZAMA COMMUNITY CLUB

RIGHT ARM NIGHT TGIF

Light Snacks Available
Social Hour Drink Prices

Friday 11 May 1600 - 1800 Hrs.
CZCC Ballroom

Bring your "right arm" and show them how much you appreciate all that they do for you and your organization!

CINCO DE MAYO! PARTY TIME!

Mexican Light Snacks
Contest & Games
Drink Specials

Saturday, 5 May, 2012
2100 - 0500
CZCC Firelight Lounge

For more information: 263-4547

Fiesta 2012

camp zama community club

comedy showcase

with K-Dubb

• Adults Only
• Cost: \$25

6 pm • Thursday • 3 May



featuring Joe Torry



• For more information, please call 263-4547.

laugh!
laugh!
laugh!

Paid Advertisements

“See the Bugle for the advertisement”.

C A M P Z A M A B O W L I N G C E N T E R



ZAMA BOWL
1ST ANNUAL

MEMORIAL MASTERS

USBC Certified Adult Handicap Tournament

SATURDAY~SUNDAY • 26~27 MAY



- Open for SOFA personnel only.
- Register by Saturday, 5 May.
- For more info, please call 263-4780 or visit www.facebook.com/armymwrjapan

\$10,000.00 Prize

for a “perfect” game.
*Only in the singles event.

*Money Prize will be “shared” if more than one winner.

- \$1,000.00 - for all events (total pins)
- Singles • Doubles • Team (prizes based on entries)

Zama Bowling Center May Programs

- King of the Hill Tournament
Sunday, 6 May, 11 am - 7 pm.
- No Tap Tournament
Sunday, 20 May, 1 - 4 pm. Fun and different.
- Memorial Day Specials
Monday, 28 May, 11 am - 8 pm. \$1 per game, \$1 shoe rental.

Looking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and beverages.)



Camp Zama Golf Club • 263-3694
<http://www.usarj.army.mil/information/mwr/business/golf/>

| MAY SCHEDULE AT-A-GLANCE | | |
|--------------------------|-------|-------------------|
| Payday Scramble | ----- | 4 May |
| Match Play Qualifier | ----- | 12 May -- Page 15 |
| Nichibei Tournament | ----- | 15 May |
| Individual Stroke Play | ----- | 19 May -- Page 15 |

TOMODACHI DAYS ARE AS FOLLOWS:

11 May - Friday
 18 May - Friday
 25 May - Friday
 29 May - Tuesday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 15 May, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for non members

TEETIME INFORMATION

• Weekday tee times
 Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday
 Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

PRO SHOP

The Zama Golf Course Pro Shop offers a full selection of the latest clubs, clothing, golf bags, shoes, gloves, hats and many other accessories. You can find "Ping, Nike, Titleist, Mizuno and Callaway clubs (club fitting available.)

MARK YOUR CALENDARS

| | | |
|---------------------------|-------|-------------------|
| Payday Scramble | ----- | 1 & 29 June |
| 2 Person Best Ball | ----- | 9 June |
| Nichibei Tournament | ----- | 12 June |
| NCAA All-Star Ladies Golf | ----- | 24 June |
| Club Championship | ----- | 22 & 23 September |
| Zama Open | ----- | 20 & 21 October |



The Month of May is PGA Free Lesson Month

Discover all the ways to get more golf into your life

Throughout the month of May PGA Professionals nationwide are giving free 10 minute lessons to help you improve your game, or get you started in the game for a lifetime. It's really easy. You can sign up for a free lesson by 6 May in the golf shop.

Call to schedule your free 10 minute lesson
 Dale Jorgenson, Director of Golf
 263-3694
 Email: dale.jorgenson@zama.army.mil
 or
 Mike Sul, PGA Professional
 263-4975
 Email: michael.sul@zama.army.mil

Trade-Ins
 Get new clubs for less. Trade-In your used clubs.

Camp Zama Golf Course announces "Trade-Ins". You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

PGA TRADE-IN NETWORK AUTHORIZED FACILITY

LUNCH

- Monday**
 7 Jar Jar Fried Rice w/Soup
 14 Marbo Tofu w/Rice
 21 Fried Chicken w/Yurinchi Sauce, Rice and Vegetable
 28 Tilapia w/Vegetable Ankake Sauce and Rice
- Tuesday**
 1 Pasta w/Chicken and Alfredo Sauce
 8 Pasta w/ Pork and Cabbage
 15 Pasta w/Meat Sauce
 22 Pasta w/Cream Chicken Sauce
 29 Pasta Napolitano
- Wednesday**
 2 Sliced Roast Beef w/Rice and Vegetables
 9 Oyako Don
 16 Teriyaki Pork w/Rice and Vegetables
 23 Tofu Steak w/Rice and Vegetables
 30 Pork Cutlet w/Rice and Vegetable
- Thursday** (rice and vegetable of the day)
 3 BBQ Pork
 10 Pork Ginger
 17 Karaage
 24 BBQ Beef
 31 BBQ Mixed Plate

PAYDAY SCRAMBLE

Red Bull

FRIDAY, 4 MAY
 (11 am Shotgun Start)

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

LUNCH

- Friday**
 4 Fried Rice w/Seafood Ankake Sauce
 11 Seafood Springrolls w/Rice and Vegetables
 18 Tofu w/Seafood Sauce w/Rice and Vegetables
 25 Seafood Mixed Fried w/Rice and Vegetables
- Saturday** (rice and vegetable of the

LUNCH

- day)
 5 Japanese Style Fried Chicken
 12 Cajin Chicken
 19 Japanese Style Fried Chicken
 26 Chicken Guambo
- Sunday**
 6 Pork Curry
 13 Chicken Curry
 20 Beef Curry
 27 Vegetable Curry

ZAMA GOLF CLUB

JR. GOLF Instruction

with Mike Sul, PGA

Mondays 4 - 5 pm
 \$10 per lesson

For more information, please contact Mike Sul, PGA Assistant Golf Professional
 DSN: 263-4975
 Email: michael.sul@us.army.mil

INTRODUCE A FRIEND TO GOLF!

5 LESSONS ONLY \$99

Give us five days and we'll give them a sport for a lifetime.

Session #2: May 3rd, 10th and 17th
 Session #3: Jun 7th, 14th, 21st, 28th and July 5th
 Session #4: July 19th, 26th and August 2nd, 9th and 16th
 Session #5: September 6th, 13th, 20th, 27th and October 4th

For more information, contact Dale Jorgenson, Director Of Golf at 263-3694
 email dale.jorgenson@us.army.mil

Join the Get Golf Ready program and be ready to play in 5 days. For more information, visit PlayGolfAmerica.com/GGR



One Day Individual Stroke Play

Saturday, 19 May, Tee Times Start at 6 am
 Check-in 15 minutes prior!

- This is a one day individual stroke play event with a \$20 entry fee.
- Current USGA handicaps are required.
- The field will be divided into flights of 12 based on USGA handicap index.
- Gift certificates will be awarded to the top 4 net finishers in each flight.
- Does not include carts or lunch.
- Deadline for application is 6 pm on Tuesday, 15 May.
- Payout as follows (assuming a full field). Payout may vary based on size of the field. (1st: \$100, 2nd: \$75, 3rd: \$40 and 4th: \$25)

For more information contact Dale Jorgenson, Director of Golf, at 263-3694 or email: dale.jorgenson@zama.army.mil

YANO FITNESS CENTER

BIG KAHUNA

OPEN BENCH PRESS COMPETITION



CAMP ZAMA • JAPAN

5 PM • THURSDAY • 17 MAY

MEN & WOMEN DIVISIONS

ENTRY DEADLINE IS 4:30 PM, THURSDAY, 17 MAY.

*FOR MORE INFO, CALL 263-4664.




MATCH PLAY




QUALIFIER TOURNAMENT

Saturday, 12 May, Zama Golf Course
 Regular Tee Times

This event will be conducted throughout the summer culminating with an 18 hole final in August (you must have a current USGA Handicap Index).
 Fee \$15

Contact Dale Jorgenson, Director of Golf, at 263-3694 or email: dale.jorgenson@zama.army.mil




Learn golf fast...fun... FREE

Free Golf Clinics in May

Attend one clinic or all four--each one covers a short introduction and a new topic each time. We'll teach beginners the basics while novice golfers will improve their game.

Clinics are open to all authorized patrons with special priority sign up for active duty military.

Learn golf today, enjoy it for life!



Every Saturday in May from 0900 - 1000.
 5th, 12th, 19th and 26th May.

For more information, 263-3694




Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

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Camp Zama Community Club, Eda's

Gourmet

DINNER

Friday, 4 May, 6 - 9 pm

Couple: \$110
Single: \$55

- *Hors d'oeuvres*
Chef's Choice
- *Soup*
Hard-Shell Clam Ushio-jiru
- *Salad*
Salad de Homard et de Saint-Jacques au Vinaigre de Champagne
- Poisson
Homard Thermidor
- Vandes*
Poele de Filet Mignon
Steak Sauce Madera
- *Dessert*
Mille-feuille de auxfraises



CAMP ZAMA COMMUNITY CLUB

\$5,000 BINGO

Sunday • 20 May

EARLY BIRD GAME
starts at 7 pm

- Card sales at 5 pm
- Regular Game starts at 7:15 pm

- Bingo Packet (\$55) for all the games.
- CZCC Jackpot covers all bingo games. *Additional packets: \$35

COMMUNITY ACTIVITY CENTER

MWR COMMUNITY BBOQ

3 ~ 7 pm • Saturday • 26 May
Dewey Park

FREE HAMBURGERS & HOT DOGS • MUSIC • KIDS GAMES
FREE OUTDOOR EQUIPMENT RENTALS

*FOR MORE INFORMATION, PLEASE CALL 263-3939.



“GRAND OPENING”!!!

The new club located in the SagamiHara Housing Area is tentatively scheduled to open on 25 May. The club will be known as the “SHA Club.” The dining room will be called the “Pacific Rim”, and the bar area “Blue Moon.” Within the same building as the club are the new library and new movie theater. This community activities center facility is located across the street from the SagamiHara Housing Area (SHA) Commissary.



ZAMA ITT  **Book your Travel Arrangements**
 NOW for May travel within Japan or to International destinations!

Memorial Day Special Tours *Take this chance to see new places!*
 • Kyoto • Hiroshima etc.

PLAN YOUR SUMMER TRAVEL NOW! 
 Our goal is to help you to find your perfect hassle free vacation!
 We are your one-stop, on-base agency to meet all your travel needs.

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION

• Military PHONE : 263-5273 • Commercial PHONE : (046) 254-8896
 • E-Mail : travel@zama.itt.com • Website : http://zama.itt.com
 • Commercial FAX : (046) 255-0356

WE ARE NOW ON FACEBOOK AT
<http://www.facebook.com/pages/zama-itt-international-tours-office/224117894269665>

CAMP ZAMA COMMUNITY BAZAAR 

JUNE 2012 SATURDAY, 2 (9 AM - 5 PM)
SUNDAY, 3 (10 AM - 4 PM)

CAMP ZAMA COMMUNITY CLUB

For more information : ☎ 263-5316 

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES | **LUNCHES** | **DINNER SPECIALS**

LUNCH SPECIAL PUNCH CARD
 Do you have your "Lunch Special Card" already? Get one stamp for every lunch special that you buy; when you get ten stamps you will get one lunch special for free. 

For more information, phone 268-4954 / 4847
 Orders: 268-4142

MONDAY
 7 Chicken Cutlet (Lounge Special)
 14 Yakisoba, Fried Rice and Karaage
 21 Pork Cutlet and Jambalaya
 28 Closed

TUESDAY
 1 Hamburger Steak w/Fried Shrimp
 8 Taco Rice and Enchiladas
 15 Steak Don
 22 Chicken Cutlet w/Kochijan Sauce
 29 Hamburger Steak w/Curry Sauce

WEDNESDAY
 2 Twice Cooked Pork
 9 Fried Shrimp Curry
 16 Spaghetti w/Meat Sauce and Hamburger
 23 Lasagna w/Garlic Bread
 30 Cajun Grilled Chicken

THURSDAY (All-U-Can Eat)
 3 Italian Buffet
 10 American Buffet
 17 Mexican Buffet
 24 Oriental Buffet
 31 French Buffet

FRIDAY
 4 Mixed Grilled Plate
 11 Salmon Encroot
 18 Roast Chicken
 25 Seafood Platter

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)
 1 Chinese Dinner
 8 Mexican Dinner
 15 Pizza and Pasta Dinner
 22 Regular Dinner Menu
 29 Regular Dinner Menu

WEDNESDAY NIGHT
 Choose your discount and free bowling! 2, 9, 16, 23 and 30 May, regular dinner menu.

THURSDAY NIGHT (CHEF'S SPECIAL DINNER)
 3 Italian Dinner (\$15.95)
 10 French Dinner (\$15.95)
 17 Japanese Dinner (\$15.95)
 24 Regular Dinner Menu
 31 Regular Dinner Menu

FRIDAY NIGHT
 11 Mongolian BBQ
 18 Prime Rib (\$20)
 25 Mongolian BBQ

SATURDAY NIGHT
 Regular menu.

Every Wednesday, 5 - 8 pm
FAMILY NIGHT FREE BOWLING   Sagami Lounge

CAMP ZAMA COMMUNITY CLUB TEXAS HOLD'EM TOURNAMENT 

SAT 19 May CZCC BALLROOM 2 PM

Tickets purchased by 15 May \$40, After 15 May \$50.
 Includes non-alcoholic drinks and prizes.
 Grand prize will be based on the number of players.
 Sign up at the Cashier's Window
 For more information, please call 263-4547

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

A rmy

**Community Service (ACS).
"The Choice" for all
your service needs. For
information and assistance,
call using the Defense
Switch Network (DSN)
263-HELP (4357).**

**This month's Newcomers
Orientation is on page 1. For
more detailed information,
please see page 1.**

■ Army Community Service • 263-8327

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

• *Pre/Post deployment Readiness Training*

Reunion Briefing, Family Readiness Group (FRG) Training, and Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required.) For more information or to schedule training, email: gary.r.woods.civ@mail.mil or phone 263-8089.

• *Pre/Post Deployment Support and Operation R.E.A.D.Y. Training*

This training is designed to assist all mobilizing, deploying, and re-deploying Soldiers, DoD civilians,

and their Families prepare for a less stressful and more successful deployment. Sessions are conducted every Thursday, 1:30 - 4 pm, at ACS, Bldg 402, in the Outreach Room. For more information or to schedule training, email: gary.r.woods.civ@mail.mil or phone 263-8089.

• *Deployed Spouse Program*

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

FAMILY ADVOCACY PROGRAM (FAP), 263-HELP (4357)

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in

appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-4782.

• *The Reporting of Contact (RPOC)* for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

• *Sexual Assault Prevention and Response Program (SAPRP)* Sexual Assault Hotline from a DSN: 882# or 090-9395-8909.

This is a commander's program designed to help prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may

report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4853 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4853 or 090-9395-8909.

• *Safe Helpline*

Safe Helpline provides three ways for DoD community members affected by sexual assault to get help. These services are anonymous, secure, and available 24/7 worldwide ---providing victims with the help they need, anytime, anywhere. The Online Helpline provides confidential crisis intervention, support and information to service members of the DoD community who have been sexually assaulted. In addition to providing help online, Safe Helpline is also available by phone world-

wide: 877-995-5247. The phone number is the same inside the US or via the DSN. When calling from DSN, there are four toll-free area codes (800, 888, 866, and 877) as DSN area codes to enable a direct dialing capability. DSN users can dial US toll-free numbers by simply dialing 94 + the 10-digit toll-free number. Do you want to contact the SARC on your installation or base? Just text your zip code or installation or base name to:

55-247 (inside the US)

202-470-5546 (outside the US)

NOTE: For international texting, users must enter a country code (e.g., 001) and cell phones must have international texting capability.

• *Victim Advocacy*

Victim Advocacy is a free service for all personal in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come



SURVIVOR
Outreach Services (SOS)

Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402



LOAN CLOSET
Army Community Service

Monday, Tuesday, Wednesday & Friday:
7:30 am - 4:30 pm

Thursday:
1 - 4:30 pm, at ACS, Bldg 402

Provides Soldiers and Families undergoing transitions, whether inbound or outbound, with counseling and relocation planning assistance.

- Personal Relocation Counseling Welcome packets (online)
- Local maps and phone books
- Sponsorship training
- Information on your next duty station

FOR DETAILED INFORMATION, CALL 263-4357




DoD Safe Helpline
Sexual Assault Support for the DoD Community

Live 1-on-1 Help Confidential Worldwide 24/7

After a sexual assault you may want expert advice from a real person, not a machine.

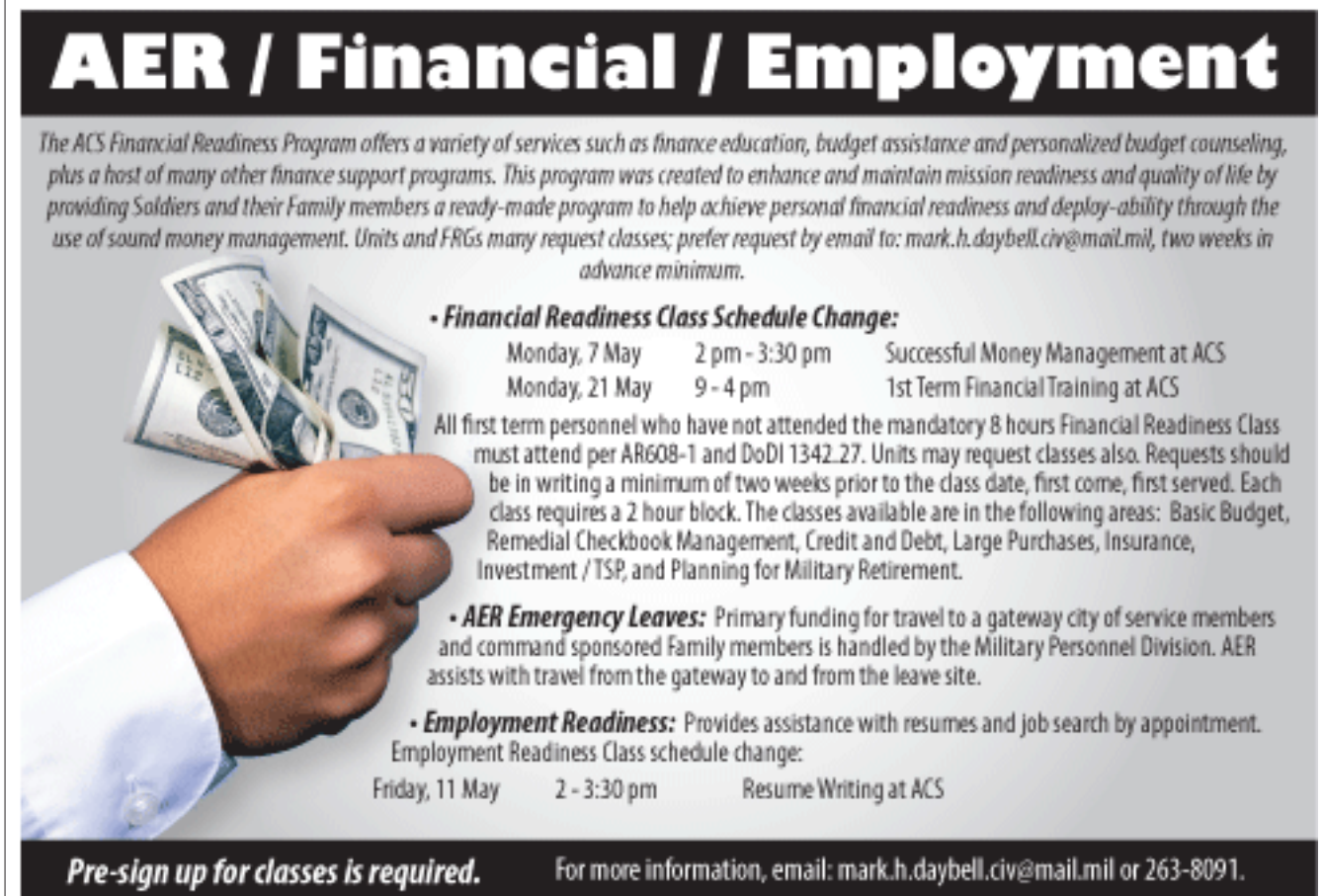
Contact Safe Helpline to connect with a trained professional and get needed support

Click www.SafeHelpline.org

Call 877-995-5247

Text* 55-247 (INSIDE THE U.S.)
202-470-5546 (OUTSIDE THE U.S.)

*Text your location for the nearest SARC.



AER / Financial / Employment

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness and deploy-ability through the use of sound money management. Units and FRGs may request classes; prefer request by email to: mark.h.daybell.civ@mail.mil, two weeks in advance minimum.

Financial Readiness Class Schedule Change:

| | | |
|----------------|----------------|------------------------------------|
| Monday, 7 May | 2 pm - 3:30 pm | Successful Money Management at ACS |
| Monday, 21 May | 9 - 4 pm | 1st Term Financial Training at ACS |

All first term personnel who have not attended the mandatory 8 hours Financial Readiness Class must attend per AR608-1 and DoDI 1342.27. Units may request classes also. Requests should be in writing a minimum of two weeks prior to the class date, first come, first served. Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Checkbook Management, Credit and Debt, Large Purchases, Insurance, Investment / TSP, and Planning for Military Retirement.

AER Emergency Leaves: Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

Employment Readiness: Provides assistance with resumes and job search by appointment.

Employment Readiness Class schedule change:

| | | |
|----------------|-------------|-----------------------|
| Friday, 11 May | 2 - 3:30 pm | Resume Writing at ACS |
|----------------|-------------|-----------------------|

Pre-sign up for classes is required. For more information, email: mark.h.daybell.civ@mail.mil or 263-8091.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 080-5968-3188. A victim may also report to a health care provider or the Victim Advocate's supervisor to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4853 or 080-5968-3188.

COMMUNITY LIFE OFFICE, DSN: 263-8087

• **Army Volunteer Corps (AVC)**
Volunteers play an integral role in the life of Soldiers and their Families, and are found throughout our great military community. The Volunteer Management Information System

NPSP
New Parent Support Program - 263-5084

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Group** is an interactive play group for parents and children aged birth to 6 years. Held every Tuesday, 10 - 11 am at EDIS (Army Elementary School) and on every Thursday at Army Community Service (ACS), Bldg. 402 in the Community Room at 1 - 2:30 pm
- **Breast Feeding Support Group** held 1st Wednesday 2 May, 9:30 - 10:30 am at ACS and 3rd Monday, 21 May, 9:30 - 10:30 am at SHA CDC
- **Baby Love Seminar:** for this month will be "Infant Massage", held during SHA/EDIS Play Morning on 15 May from 10:15 - 10:30 am and at the ACS Play Group on 24 May from 1:30 - 1:45 pm.
- **NPSP Workshop:** "Perimeter Shopping", an NPSP community workshop, held from 12:30 - 1:30 pm at ACS on 22 May.
- **"Baby Bundles"** - information and supplies for new and expecting parents, and electric breast pumps are available by calling DSN: 263-5084 or you may email: cheryl.rendon.civ@army.mil.

(VMIS) assists the Army Volunteer Corps manage these dedicated volunteers, and allows volunteers a way to track their hours, awards, training and certificates.

The Volunteer Management Information System (VMIS) provides tools to manage the awesome Volunteer Force in our military community. VMIS provides:

- * Online recruitment
- * Storage of volunteer records

(hours, positions, awards, training)
* Roll-up of volunteer hours
* Easy and efficient communication with volunteers and volunteer managers, Portal to Everyone Ready (a volunteer staff development plan), and much more!

"Volunteers are the lifeblood of our schools and shelters, hospitals and hotlines, and faith-based and community groups. From mentoring at-risk youth and caring for

older Americans to supporting our veterans and military Families and rebuilding after disasters, these everyday heroes make a real and lasting impact on the lives of millions of women and men across the globe."

* President Barack Obama (Taken from <https://www.myarmyonesouce.com/familyprogramsandservices/volunteering/vmis/vmishome.aspx>). For training and more details, contact your Community Life Officer at 263-8087.

• **Army Family Team Building (AFTB)**

The Key to your Army Journey and Passport to Power!

The key to your Army Journey and Passport to Power! Join us for our next AFTB class! AFTB classes are offered in English and Japanese. For more details and class dates, contact your Community Life Officer at 263-8087.

• **Army Family Action Plan (AFAP), 263-8087**

"AFAP is a year round process!"

To submit an AFAP issue, log onto <http://www.mwrjapan.army.mil/acs/> and "Submit an AFAP Community Idea/Concern." Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND REFERRAL/OUTREACH SERVICES (I&R), DSN: 263-2382

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral

to other programs and assistance for Japanese school registration and parent meetings.

• **Adult Evening English Class**

Every Wednesday, 5:30 - 7 pm. No pre-registration necessary

• **Business Japanese Class**

Every Wednesday, 5 - 6 pm, ACS Community Room, Bldg 402. No pre-registration required

• **American Cooking Class**

There will be no class in May.

• **Foreign Born Spouse Support Group**

Whether your question concerns immigration and naturalization, learning the English or Japanese language, or how to take local transportation, ACS provides assistance, weekly classes, and referrals. The Foreign Born Spouses Support group meets on the third Wednesday of the month from 1 - 2:30 pm in the ACS Outreach Room. Pre-registration required.

Exceptional Family Member Program (EFMP), 263-HELP (4357)

The Camp Zama EFMP is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first.

Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

Monthly Autism Support Group meets at Zama CDC from 4 - 5 pm every 3rd Thursday of each month. Free child care will be available. Children must be registered for Child, Youth and School Services at Parent Central Services prior to attending the monthly meeting. To attend the Autism Support Group, a parent must also preregister at ACS by the 2nd Thursday of every month for child care slots. The Army offers EFMP Respite Care for Families that have one or more members with moderate to severe special needs. Respite Care provides an opportunity for the Family member caregiver to take time away from care responsibilities to meet personal or other Family obligations. Please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572 for more information.

WORKSHOP

An EFMP Workshop: "The Importance of Maintaining EFMP Enrollment" is scheduled for 21 May, noon - 1 pm, at ACS.

For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.

"See the Bugle for the advertisement".

SHA Pool will be closed this year. The new SHA Aquatics Facility is scheduled to open in the summer of 2013.



■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS (263-7980)

• Zama Book of Records

Every third Saturday of the month (19 May) at the Yano Fitness Center. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book

of Records. "You too can become a living legend."

FITNESS (263-5656)

• Personal Training Program Consultations (Free)

Limited days and times by appointment only. Consultations are Tuesdays, 0900 - 1130, and Wednesdays, 1400 - 1630.

POC: Jane Kupkowski, Fitness Coordinator; Jane.e.kupkowski.naf@mail.mil or 263-5656.

• Super Circuit Class (Free)

Friday: 1730 - 1800

• Aikido

Monday - Friday, 1145 - 1245; Tuesday - Thursday, 1700 - 1900; and Saturday, 1000 - 1200

• Yoga

Thursdays, 1200 - 1245

• Step-n-Abs

Mondays, 1730 - 1830

• Tight-n-Tone Body Conditioning

Wednesdays, 1730 - 1830

• Brazilian Jujitsu

Monday and Wednesday, 1645 - 1800

• MMA Fitness

Monday and Wednesday, 1830 - 1930

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

FREE

Monday-Wednesday: 1200

Tuesday: 1730

Thursday: 1600

1st and 3rd Saturday: 0800

SPIN BIKE CLASSES

For more information, 263-4664/5656.

YANO FITNESS CENTER

SINGLES

TENNIS TOURNAMENT

MEN'S & WOMEN'S DIVISIONS

9 am • Saturday • 12 May • *Registration deadline is 9 pm, Thursday, 10 May. • For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

AQUATICS (263-3348)

• Water Aerobics Classes

Mondays, Wednesdays, and Fridays:

0900 - 1000

Wednesday evening classes: 1800 - 1900

Tuesdays and Thursdays: 1730 - 1830

• Swim Around Japan Challenge

Swim 34,000 km to receive a t-shirt using our formula! 1 km = 1 meter, totaling 680 laps at the Yano Fitness Center pool. Challengers will have up to one year to complete this task.

• Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the

YANO FITNESS CENTER

SEASON 2012 INTRAMURAL SOFTBALL

Games starts on/around 11 June.

• Entry Deadline: 3:30 pm, Thursday, 31 May.

**Individuals wishing to participate and not assigned or attached to/from a unit not fielding a team may enter the player's pool.*

***For more information, please call 263-4664.**

reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request. We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, and Water Exercise.

• **Age Policy for Swimming Pool** Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and

older have access to the pool without parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CY5, the schools, or other authorized youth organizations may participate under designated adult supervision.

• Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the issue counter at Yano Fitness Center.

YANO FITNESS CENTER

COMMANDERS CUP

GOLF TOURNAMENT

CAMP ZAMA GOLF COURSE

7:30 am, Saturday, 26 May

• Type of Play: To be determined by the number of team entries

• Each team will consist of 4 players

• No fee for tournament. * Participants will pay for carts

• Awards: first & second place team awards

• Entry deadline to register is 5 pm, Friday, 25 May

Please register at the Yano Fitness Center issue counter

• Commanders Cup points are awarded

***For more info, please call 263-4664.**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

The Yano Fitness Center staff is seeking interested applicants for contracting in the following areas: Aerobics, Zumba, Yoga, Pilates, Personal Training etc. Interested applicants, please call 263-5656.

CONTRACTED FITNESS CLASSES

NOTE: Payments are made in US dollars using the current exchange rate.

- **Zumba (\$3 per class)**
* Instructor: Abigail Cafee
Monday, Wednesday and Friday: 0900 - 1000
Tuesday: 1830 - 1930
- **Zumba (\$3 per class)**
* Instructor: Ms. Hitomi
Thursday: 1730
- **Zumba (\$3 per class)**
* Instructor: Ms. Tasiana Martinez
Wednesday: 1830 - 1930
Saturday: 1100 - 1200

NOTE: For Zumba classes and the exact times and fees, please see the Yano monthly schedule or call the Yano Fitness Center at 263-4664/5656 (times and schedule

subject to change depending on community needs.)

- **Tai Chi**
* Instructor: Kazuhisa Kato
Monday: 1800 - 1900
\$6 per class, \$20 (4 sessions)
- **Martial Arts (Taekwondo)**
* Instructor: Kang Hyum Soon
Monday, Thursday: 1730 - 1930
\$56.20 per month

All participants must be ages 17 and under and pay at Parent Central Services (263-3397).

MASSAGE

- **Massage Cancellation Policy:**
Must be made 24 hours in advance

from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

- **Aqua Massage**
Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes (must be at least age 18.)
- **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the

front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (must be at least age 21).

NOTE: Massage gift certificate is good for 90 days from the day you purchase. If you have a gift certificate and you are not sure of the expiration date, please call the issue counter at 263-4664.

• **Tanning Booth**
Yano Fitness Center has two tanning booths. The hours are:

- Monday - Friday: 0530 - 2030
- Weekends: 0800 - 1730

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35 (must be 18 years old.) For more information, call 263-4664.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- 77 Shadow Street by Koontz, Dean R.
- American Sniper by Kyle, Chris Contrib (Best Seller)
- Ameritopia: The Unmaking of America by Levi, Mark R. (Best Seller)
- Believing the Lie by George, Elizabeth (Best Seller)
- Better Angels of Our Nature by Pinker, Steven

- Copper Beach by Krentz, Jayne Ann
- Death Come to Pemberly by James, P. D. (Best Seller)
- Love in a Nutshell by Evanovich, Janet (Best Seller)
- Private, #1 Suspect by Patterson, James (Best Seller)
- Red Mist by Cornwell, Patricia Daniels (Best Seller)

NEW BLU-RAY DVDS

- The Adventures of Tintin

- A Dangerous Method
- The Descendants
- Extremely Loud and Incredibly Close
- The Girl with the Dragon Tattoo
- The Iron Lady
- Letter Never Sent
- Mission Impossible; Ghost Protocol
- The Muppets
- We Bought a Zoo

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

- **Yokohama Oktoberfest 2012**
Saturday, 5 May, 1400 - 2200
- **Take Beautiful Photos of Mt. Fuji**
Saturday, 5 May, 0500 - 1700
- **Hello Kitty Land**
Sunday, 6 May, 0830 - 1630
- **Kusatsu Sightseeing**
Saturday, 12 May, 0400 - 2200
- **Deep Sea Fishing (Shimagatsuo)**
Saturday, 12 May, 0430 - 1530
- **Fuji Safari Park**
Sunday, 13 May, 0800 - 1700

- **Tea Leaf Picking, Numazu Fish Port and Imperial Villa**
Sunday, 13 May, 0630 - 1830
- **Nikko Edo Mura**
Saturday, 19 May, 0600 - 2000
- **Kamikochi Hiking**
Saturday, 19 May, 0300 - 2000
- **White Water Rafting (BOSS)**
Saturday, 8 May, 0330 - 1800
- **Beer Making**
Sunday, 20 May, 0700 - 2000

- **Discover World Heritage / Shirakawago and Hida Takayama (BOSS)**
Saturday, 26 May, 0400 - 2330
- **3 Days Seaside Camping at Izu**
26 - 28 May, 0700 - 1700
- **Comorant Fishing (Ukai) on the Nagaragawa River**
Sunday, 27 May, 1230 - 0300
- **Mito Kairakuen Park and Fukuroda Waterfalls**
Monday, 28 May, 0500 - 2030

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Are you a newcomer to Japan? Have you visited the Arts and Crafts facility? We offer many programs which are unique to the Pacific area such as Ikebana and calligraphy. During your tour, you have an excellent opportunity to experience many culturally-diversified programs and events, and we hope you take advantage of this one-in-a-lifetime opportunity. Please call us if you need assistance or more information. The Arts and Crafts staff looks forward to serving you.

... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: washi paper craft, digital photograph, pottery, balloon art, Ikebana.

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
 Wednesday - Friday: 1130 - 1930
 Saturday - Sunday: 1000 - 1800

CLASSES

- **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**
Saturdays: 10 am, no fee.
- **Frame Shop Orientation**
2nd and 4th Thursday, 5 pm,

\$10 a class; supplies are included.
 Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- **Washi-Paper Craft Workshop**
\$10 a class; supplies are available at the sales store (by appointment)
- **Ikebana Class** (fresh flower arrangement), 1st, 2nd and 3rd Thursdays, 2 pm. Please call to find out the monthly theme. Cost is \$20 per class and ¥1,000 for flowers.
- **Shodo** (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

■ Community Activity Center • 263-3939/5712/8892

CLASSES

- **Ballroom Dance Class**
* Tuesday, 1730 - 1825
Intermediate class, (four classes

for ¥6,000) for 50 minutes
 Advanced Class, (four classes for ¥4,000) for 50 minutes

* Thursday, 1730 - 1825
 Beginning Class, (four classes for ¥4,000) for 50 minutes

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Paid Advertisements • 263-8994

“See the Bugle for the advertisement”.

NOTE: The Auto Skills Center will be moving to a new building this summer. Normal services offered will be limited prior to and during the move.

We have some used parts for sale. Please call 263-3615 for more information.

Automotive Skills Center • 263-3615

TIP Are the insides of your windows dirty from cigarette smoking? Try some oolong tea to clean them up. Not only does the tea NOT smell like ammonia or the typical hazardous cleaners but the tea does not leave streaks either.

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday:
 1130 - 2000
 Saturday and Sunday:
 0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center.

* Some preset towing fees for base to base are:

| | |
|--------------------------|------|
| Within Camp Zama | \$25 |
| SHA - Camp Zama | \$30 |
| Sagami Depot - Camp Zama | \$35 |
| NAF Atsugi - Camp Zama | \$40 |

For more information and rates for towing from other bases or anywhere off post please give us a call.

• Used Vehicle Courtesy Inspection

The Zama Auto Skills Center offers a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointment only.

NOTE: Detailing work orders are conducted by appointment only.

CAR WASH

The Zama Car wash can be accessed:

Monday - Tuesday: 0800 - 1630
 Wednesday - Friday: 0800 - 1930
 Saturday - Sunday: 0900 - 1730

The Sagamihara Housing Area car wash is closed indefinitely due to damage.

CLASSES START AT 5:30 PM

- How to do a basic mechanical check of your vehicle:
10 and 24 May
- What to look for when buying a used car:
17 and 31 May

NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and or supplies for class.

Camp Zama Automotive Skills Center

CLASSES

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Chapel Activities • 263-4898

CATHOLIC SERVICES

Monday - Friday, noon, daily Mass, Blessed Sacrament, Chapel

Sunday, 9 am, Mass, Zama Chapel
 Sunday, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sunday, 10:45 am, Catholic Religious Education Class, Religious Education Center.

CAMP ZAMA PROTESTANT SERVICES

Sunday, 9:30 am, Protestant Religious Education Class, Religious Education Center.

Sunday, 11 am, Worship Service, Zama Chapel

(Childcare service is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of services.)

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sunday, 9:30 am, Sunday School, Sagamihara Chapel.

Sunday, 11 am, Worship Service, Sagamihara Chapel.

(Childcare service is provided for children up to kindergarten at the Sagamihara Chapel during the time of services.)

Wednesday, 6:30 pm, Bible Study, Sagamihara Chapel.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesday, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend an off post service, please contact Ron Greenwood at 801-649-1394 or 080-3204-4510, or Matthew Westhoff at 080-4655-2112.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor Auditorium), Yokosuka. For more information, please contact Chaplain Swanson at 243-6931 or

email: john.swanson@fe.navy.mil. If interested in confirmation instruction, please let us know.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or email: duncan.adams@us.army.mil.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.) Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Donald Williams at 263-5677 or donald.williams38@us.army.mil for more information.

KOREAN BIBLE STUDY

Tuesday, 1 - 2 pm at Camp Zama Chapel. Bible Study is offered in Korean language. For more information, contact Chaplain Park at 090-6185-5502 (cell phone), or email: younsoo.park@us.army.mil.

LUNCH BOX BIBLE STUDY

Wednesday, 11:45 am - 12:45 pm, Religious Education Center. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursday, 9:30 - 11:30 am, Protestant Women of the Chapel (PWOC) Bible Study at the Religious Education Center. Watch care provided up to kindergarten. Infants and home schoolers welcome! POC: pwocat-campzama@yahoo.com.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 am - 9 am, at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

MEN OF VALOR BIBLE STUDY

Tuesday, 11:30 am, For more information, contact Mr. McGrew at 080-3211-9067.

WOMEN'S PRAISE BREAK

Wednesday, noon - 1 pm, Religious Education Center. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

CHAPEL YOUTH PROGRAM (EPIC, Experience Power in Christ)

Wednesday, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliusen at 263-4689 or james.corneliusen@us.army.mil.

MAY SERVICES AND EVENTS

Thursday, 3 May, 7 am, National Prayer Breakfast, Camp Zama Community Club. For more information, contact the Garrison Chaplain's Office at 263-4898.

Saturday, 19 May, noon - 5 pm, "Gospel in the Park," at Yano Field. The SHA Gospel Service will host an afternoon of praise with Japanese and American Gospel choirs from around the Kanto Plain. Admission is Free. For more information, contact Chaplain Browne at 263-5973 or Sharon.browneburrel@us.army.mil.

Sunday, 20 May, 10:45 am. Last Religious Education Class. Closing and Appreciation Party.

Interactive Customer Evaluation

ICE

We are listening!

Good or Bad, we'd like to know!

<http://ice.disa.mil/index.cfm>

Please give us your **ADVICE**

Interactive Customer Evaluation

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Directory of DFMWR Facilities & Additional Activities

DIRECTORATE OF FAMILY MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

| | |
|---------------------------|-----------|
| ■ DIRECTOR | 263-8057 |
| ■ Army Community Services | 263-4357 |
| Mon - Wed | 0730-1630 |
| Thu | 1300-1630 |
| Fri | 0730-1630 |
| US Holidays | Closed |

Business Division

| | |
|-----------------------|----------|
| ■ DIRECTOR | 263-4452 |
| ADMINISTRATIVE OFFICE | 263-7935 |

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|-----------------------|----------|
| ■ DIRECTOR OF GOLF | 263-3694 |
| ADMINISTRATIVE OFFICE | 263-4966 |

(All the following golf activities are open during lunch).

| | |
|-----------------------------------|--------------|
| Course/Starter | 263-4975 |
| Mon-Fri | 0700-1700 |
| Weekends & US / Japanese Holidays | 0600-1700 |
| Restaurant | 263-7665 |
| Mon, Tue, Thu, Fri | 0630-1900 |
| Wed | 0630-1900 |
| Weekends & US / Japanese Holidays | 0530-1900 |
| Pro Shop | 263-5284 |
| Mon-Fri | 0645-1700 |
| Weekends & US / Japanese Holidays | 0545-1700 |
| Driving Range (Unattended) | |
| Mon - Fri | Sunrise-2200 |
| Saturday | Sunrise-1930 |
| Sun | 1600-2200 |
| Chip Inn & Snack Stand | 263-5834 |
| Mon-Fri | 0800-1600 |
| Weekends & Hol. | 0700-1500 |

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|-----------------------|-----------|
| ■ BOWLING CENTER ZAMA | 263-4780 |
| Mon-Wed, Sat-Sun | 1100-2200 |
| Thu & Fri | 1100-2230 |
| Holidays | Closed |

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|-----------------------|----------|
| ■ ZAMA COMMUNITY CLUB | |
| ADMINISTRATIVE OFFICE | 263-4133 |

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|---------------|-----------|
| Lunch | |
| Tue-Fri | 1045-1315 |
| Sunday Brunch | 1000-1330 |
| Cashier | 263-4547 |
| Sun-Thu | 1000-2300 |
| Fri | 1000-0230 |
| Sat | 1000-0200 |

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|------------------|-----------|
| Catering | 263-4204 |
| Tue, Thu & Fri | 0930-1730 |
| Wed (Appts Only) | |

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|----------------------------------|-----------|
| Game Time Sports Bar & Grill | |
| Sun, Tue & Wed | 1100-2300 |
| Thu | 1100-2200 |
| Fri & Sat | 1100-2300 |
| No food service after 2200 hours | |

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|--------------------------------|-----------|
| Cornerstone Game Room (no bar) | |
| Tue-Thu & Sun | 1000-2300 |
| Fri | 1000-0300 |
| Sat | 1000-0230 |

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|-----------------|-----------|
| Firelite Lounge | |
| Sun-Tue & Wed | Closed |
| Thu | Closed |
| Fri | 1800-0300 |
| Sat | 1900-0230 |

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|-----------------|-----------|
| USA Dining Room | |
| Tue, Thu & Sun | 1700-2100 |
| Wed | Closed |
| Fri-Sat | 1700-2200 |

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|--------------------|-------------|
| ■ HOB NOB INN | 267-6097 |
| Lounge & Game Room | |
| Sun - Thu | Closed |
| Fri | 1600 - 0100 |
| Sat | 1900 - 0100 |

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|-----------------|----------|
| ■ SAGAMI LOUNGE | 268-4954 |
| Take Out | 268-4142 |

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|------------------|---------------|
| Lunch (Mon-Fri) | 1100-1300 |
| Dinner (Tue-Sat) | 1700-2000 |
| Bar | |
| Tue-Thu | 1100-2000 |
| Fri | 1100-2400 |
| Sat | 1630-2300 |
| Bowling Center | 268-4954/4606 |
| Fri | 1700 - 2400 |
| Sun - Mon | Closed |

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|-----------------------------|----------|
| ■ ZAMA LODGING | |
| ADMINISTRATIVE OFFICE | 263-3293 |
| Reservation Desk | 263-2775 |
| Front Desk | 263-3830 |
| Open 24 hours/7 days a week | |

Recreation Division

| | |
|---------------------------|----------|
| ■ CHIEF RECREATION OFFICE | 263-3479 |
| ADMINISTRATIVE OFFICE | 263-5614 |
| ■ ARTS & CRAFTS CENTER | 263-4412 |

| | |
|-----------|-----------|
| Mon-Tue | Closed |
| Wed-Fri | 1130-1930 |
| Sat & Sun | 1000-1800 |

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|----------------------------|-----------|
| ■ AUTOMOTIVE SKILLS CENTER | 263-3615 |
| Mon-Tue | Closed |
| Wed-Fri | 1130-2000 |
| Sat-Sun | 0930-1800 |

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|-----------------------------|-----------|
| ■ COMMUNITY ACTIVITY CENTER | 263-3939 |
| Mon-Fri | 0800-2100 |
| Sat, Sun & Hol | Closed |
| Open during lunch | |

| | |
|--------------------------|-----------|
| ■ HARDY BARRACKS LODGING | 229-3270 |
| ■ INTERNATIONAL TOURS | 263-5273 |
| Mon-Fri | 1000-1800 |
| Open during lunch | |

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|-------------------|-----------|
| ■ LIBRARY | |
| Zama | 263-3517 |
| Mon-Thu | 1000-2030 |
| Fri - Sun | 1000-1800 |
| Open during lunch | |
| U.S. Holidays | Closed |

| | |
|------------------|-----------|
| Sagamihara | 267-6603 |
| Tue-Thu | 1000-1900 |
| Fri-Sat | 0900-1800 |
| Sun, Mon & Hol | Closed |
| Closed for lunch | 1400-1500 |

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|--|-----------|
| ■ OUTDOOR RECREATION | 263-4671 |
| US Holidays | Closed |
| Leisure Travel Services & Vehicle Rental | |
| Mon-Fri | 0900-1730 |
| Sat-Sun | 0800-1600 |
| Open during lunch | |

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|-------------------------|-----------|
| Animal Boarding Kennels | 263-5915 |
| Mon-Fri | 1000-1700 |
| Sat-Sun | 1000-1600 |
| Closed for lunch | 1230-1330 |

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|-------------------|-----------|
| ■ POOLS | 263-3348 |
| YANO | 263-5037 |
| Mon-Fri | 0530-1930 |
| Sat-Sun, Holidays | 1000-1800 |

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|--------------|-------------------|
| SHA (Summer) | 263-5656/267-6122 |
| Wed - Sat | 1030-1800 |
| Sun | 1200-1800 |
| Mon, Tue | Closed |

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| DEPOT (Closed) | |
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|-------------------------|-----------|
| ■ SPORTS/FITNESS CENTER | 263-4664 |
| Zama | 263-3954 |
| Mon-Fri | 0500-2100 |
| Sat-Sun, Holidays | 0800-1800 |

| | |
|-------------------|-------------------|
| Sagamihara | 263-3954/267-6762 |
| Mon-Sun | Open 24 hrs |
| Depot | 268-4729 |
| Mon-Sun, Holidays | 0930-1830 |

Support Services Division

| | |
|-----------------------|----------|
| ■ DIRECTOR | 263-5572 |
| ADMINISTRATIVE OFFICE | 263-5962 |

Child, Youth & School Services

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|---|----------|
| ■ DIRECTOR | 263-8086 |
| (All the following CDC facilities are open during lunch.) | |

| | |
|---------------------------|----------|
| ■ Parent Central Services | 263-4125 |
| | 263-4743 |

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|---------|-----------|
| Mon-Wed | 0800-1700 |
| Thu | 1000-1700 |
| Fri | 0800-1700 |

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|---------------------|----------|
| ■ Family Child Care | 263-4743 |
| | 263-4125 |

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|------------------|-----------|
| ■ Sagamihara CDC | 267-6564 |
| Mon-Fri | 0530-1800 |

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|------------|-----------|
| ■ Zama CDC | 263-4992 |
| Mon-Fri | 0530-1800 |

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|-------------------|-----------|
| ■ YOUTH SERVICES | |
| Zama Youth Center | 263-4500 |
| Mon-Thu | 1430-2000 |
| Fri | 1430-2200 |
| Sat | 1300-2200 |
| Sun | Closed |

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|-----------------------|-----------|
| School Age Care (SHA) | 267-6013 |
| Mon-Fri | 0530-1800 |

| | |
|-------------------|-----------|
| Youth Sports | 263-5437 |
| Mon-Sat | 0900-1800 |
| Open during lunch | |

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|-----------------------|----------|
| School Liaison Office | 263-3241 |
|-----------------------|----------|

USAG-J Okinawa MWR

| | |
|-----------------------|----------|
| ■ MWR OFFICE | 644-5396 |
| ADMINISTRATIVE OFFICE | 644-4270 |

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|--------------------------|----------|
| ■ ARMY COMMUNITY SERVICE | |
| Director | 644-4110 |
| Relocation Coordinator | 644-4385 |
| Mob-Dep/IVC | 644-4116 |
| Financial Readiness/AER | 644-4378 |
| Family Advocacy Program | 644-5919 |
| Victim Advocate/SARC | 644-4908 |
| AFTB/AFAP Program | 644-4743 |
| EFMP Program | 644-4106 |
| ACS FAX | 644-5918 |
| School Liaison Office | 644-4703 |

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|----------------------------|----------|
| ■ ARTS & CRAFT CENTER | 644-4303 |
| Lobby | 644-4706 |
| ■ AUTOMOTIVE SKILLS CENTER | 644-5612 |

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|-----------------------------|----------|
| ■ CORAL COVE COMMUNITY CLUB | |
| Business Manager | 644-4256 |
| Lounge | 644-4306 |
| Cashier Cage | 644-4426 |
| LIBRARY | 644-4468 |
| Staff Room | 644-5335 |

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|------------------------|----------|
| ■ MARKETING | |
| Commercial Sponsorship | 644-4495 |
| Graphic/Illustration | 644-4665 |

| | |
|--------------------|----------|
| ■ SPORTS / FITNESS | |
| Sports / Fitness | 644-4334 |
| Aquatics | 644-4389 |

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|----------------------|----------|
| ■ OUTDOOR RECREATION | |
| Scuba Locker | 644-4795 |
| Retail Sales | 644-4290 |
| Equipment Issue | 644-4263 |
| Beach Rental Office | 644-4659 |
| Cabin Reservation | 644-4659 |

| | |
|---------------------|--|
| 011-81-611-744-4659 | |
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Kure Harbor MWR

| | |
|--------------|----------|
| ■ MWR Office | 256-2580 |
| | 256-2581 |

| | |
|--------------------|-----------|
| Outdoor Recreation | 0800-1630 |
| | 256-2575 |
| | 0900/1700 |

| | |
|---------------------|-----------|
| ■ Dining Room | |
| Mon-Fri (Breakfast) | 0700-0830 |
| Mon-Fri (Lunch) | 1130-1300 |
| Tue-Sat (Dinner) | 1630-2000 |

| | |
|---------|-----------|
| ■ Bar | |
| Mon | 1630-2000 |
| Tue-Sat | 1630-2200 |

| | |
|-----------|----------|
| ■ Lodging | 256-2580 |
|-----------|----------|

| | |
|-----------------|-----------|
| ■ PX / CLASS VI | |
| Mon-Fri | 0900-1730 |
| Sat | 1130-1530 |

QBC Army Community Service Quarters Beautification Competition

- Judging for the QBC for June will be conducted during the period 20 - 26 May at the Zama, Depot and Saganihara Housing Areas.
- Awards will be presented for first, second and third place and will be presented on site in each of the three areas the first week in June (time and date TBD).
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas in October (exact date, time and place to be announced).



For additional information, please phone the Housing Office at 263-3441.

MWR COMMERCIAL SPONSORSHIP and the Army Community Service Staff appreciate the support of RED BULL, OUTBACK AND CAMP ZAMA EXCHANGE for supporting this five month program for the benefit of our community members.

Polynesian Luau

camp zama community club parking lot

1 PM • SATURDAY • 19 MAY

*In celebration of Asian Pacific Islander Month



- o polynesian style food (for purchase)
- o live music & entertainment
- o door prizes

- Featuring:
- Islands of Da Hearts
 - Hula Halāu O' Aloha Ku'u Moku
 - Da AKM Hawaiian Kine Band
 - Otea Kia Mana
 - Lei O Nā Hoaloha

*for more info, please call 263-4547.



MOTHER'S DAY Brunch Buffet

10:30 am ~ 2:30 pm
Sunday • 13 May



Happy Mother's Day

Omelet Station

Your favorite omelet, cooked to order

Breakfast Station

Bacon
Sausage
Breakfast Potatoes
Eggs Benedict
French Toast and Maple Syrup

Soup

Lobster Bisque Soup

Carving Station

Roasted Top Round of Beef
w/Aujus and Horseradish
Roasted Glazed Ham w/Pineapple Sauce

Chilled Food Station

Assorted Salad Bar and Fruit

Hot Food Station

- Chicken w/Cream Mustard Sauce
- Sauteed Lamb w/Wine Vinegar Sauce
 - Seafood Newburg
 - Cajun Crab Cakes
 - Buttered Corn
- Mashed Potatoes w/Gravy
 - Paella Valenciana
- Assorted Bread and Rolls

Dessert Station

Chef's selection of delicious and decadent treats.

Adults: \$19.95

Ages 8-12: \$10.95

Ages 4-7: \$8.95

3 & Under: FREE • \$2 more at the door.

For more information, 263-4547.