

# BUGLE





The best activities guide around!

**APRIL 2012** 



"See the Bugle for the advertisement".



The U.S. Army Garrison Japan (USAG-J), DFMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DFMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



Army Community Service
21,22,23,24,34
Arts and Crafts
Automotive Skills Center31
Bowling Center
Camp Zama Community Club
11,12,13,19,20
Camp Zama Golf Club 9,10,14,19
Chapel Activities
Child Development Center 6
Child, Youth and School Services 3,4
Community Activity Center 28
Community Libraries
Directory of MWR Facilities 33
Directory of Program Managers 2
Month of the Military Child 15,16
Outdoor Recreation
Sagami Lounge
School Age Care 5
SkiesUnlimited8
Sports, Fitness and Aquatics
Youth Sports and Fitness 7



### THIS MONTH'S COVER

The annual Camp Zama Cherry Blossom Festival will be held on Saturday, 7 April, starting at 10:30 am. Two major changes have been made to the 2012 program: in the past, the festival has ended at 6 pm, but this year has been extended to 9 pm, plus fireworks have been added to the program for the first time and they will begin at 8:30 pm. The Cherry Blossom Festival is one of the major events held throughout Japan annually, and we are fortunate to be able to partner with our neighbors so that the military community can enjoy the event on the installation. This is an excellent opportunity to join our neighbors and post friends to jointly enjoy the blossoms, sports events, and Japanese and western entertainment and music. There will be a large number of food booths offering a variety of tasty international food (get to your favorite booth early before the long lines start forming.) For those of you who are experiencing your "first" festival don't miss the entertaining and energetic taiko drum performance. Our special guests from AFN radio will be doing a live on the air broadcast, so stop by and welcome them. Finally, this is one of those Far East "memory moments" you'll want to remember well into the future. Don't forget to bring your camera to capture your unique experience. See center page for the festival program schedule.

Photos by Mr. Kiyoshi Tokeshi and Mr. Yuichi Imada. 78th Signal Bn, VID. Cover photo composition by Hideko McKeta.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

"See the Bugle for the advertisement".

See inside back page for MWR facilities and additional activities.

# **MWR MARKETING**

Phone: 263-4721/8994 046-407-4721/8994

Fax: 046-407-5487 Fax DSN: 263-5487 Address:
The U.S.Army Garrison Japan
Unit 45006
Attn: IMPC-JA-MWN-M

Attn: IMPC-JA-MWN-I APO AP 96343-5006 Official Business

Location: Camp Zama, Bldg.102 B100 (Northeast Corner)

April Bugle Editor: Hideko McKeta

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ZAMA BUGLE, APRIL 1, 2012 • http://www.mwrjapan.jp.pac.army.mil/news/

celebrating all the youth volunteers in the Camp Zama community. If you would like to recognize one of your youth volunteers please call 263-4500 by 3 April to get them added to our list of great youth. We will be having dinner at the club on 17 April, 1800 - 2000.

# ■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION	
Monday - Thursday	1430 - 2000
Friday	
Saturday	1300 - 2200
Sunday and Holidays	Closed
* Hours may change due to scheduled prog	rams.

# YOUTH CENTER

• 6th Grade Happening

Friday, 20 April, 7 - 10 pm. We would like to welcome all ARNN Elementary and Shirley Lanham | the Zama Youth Center, we will have Elementary 6th graders to come spend the evening at the youth center and enjoy games, food, and a good time.

# • Book of Records

Want to see your name in the Zama Youth Book of Records? Every 3rd Thursday (19 April) of the month at different events for you to challenge. At the end of the year your record, as well as your picture, will grace the first glossy Zama Book of Records, with Yano Fitness Center's Book of Records. Various challenges include 3 point shoot out, consecutive free throws, football toss, 40 yard dash, hula hoop spins, and Wii Homerun. This monthly event is open to all registered members in grades 6 - 12. Program starts at 3 pm.

# TECH LAB

• 4H National Science Experiment "Wired for Wind"

10 - 12 April, 2 - 4 pm. During the 4H National Youth Science Day, young people from across the nation will become scientists for the day. In this year's experiment, "Wired





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http://www.mwrjapan.jp.pac.army.mil/news/ • ZAMA BUGLE, APRIL 1, 2012

for Wind", youth will engage in the | • DJ Club engineering design process of renewable wind energy technology.

In this three-part experiment, youth will design and build their own wind turbines, play with blade pitch variables, and map a potential wind farm site in their own state. Youth will navigate the discussions on energy consumption as they discover ways we can reduce our dependence on traditional energy sources.

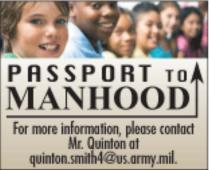
# **IOIN THE CLUB**

• Torch Club

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community: education: health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, please phone, 263-4500.

### • Kevstone Club

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, please call, 263-4500



Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center | Black at 263-4500.

has a program for YOU! This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Dylan





ixth graders attending the School Age Care program can participate free during afternoon hours.



# ■ School Age Care • 267-6013

• SAC Program	Hours •••
	0530 - 0800 and 1200 - 1800
	0530 - 1800
ogram Hours	0530 - 0800 and 1430 - 1800
	0530 - 0800 and 1130 - 1800
nd Pick up Point	0700 - 0730 and 1745 - 1800

# **SCHOOL AGE CARE OFFERED**

Half Day School

No School Day

Before / After Pr

Zama Drop Off

Early Release

- Before / After School Care
- Full day care during no school
- Spring / Summer / Winter camp

# **OPEN RECREATION PROGRAM**

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided.

To conduct this program, there must be at least 10 children enrolled the Wednesday prior to the event.

# **INTERNATIONAL OUTREACH PROGRAM**

This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

NOTE: Must have five (5) children enrolled to conduct this program.

# **PARENT'S ADVISORY** COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club (CZCC) and meet with the School Age Director and provide your valuable input as we continue to improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the date and time for April.

Garden Room: 19 April, noon - 1 pm, at CZCC.

### ••• SAC APRIL EVENTS ••• CDC / SAC Parade 1530 - 1600 Spring Olympics 1300 - 1600 1000 - 1300 Open Recreation Bowling 11 0900 - 1130 4H Country Fair at SHA Community Field 13 (see page 15) 1000 - 1600 1200 - 1300 19 PAC Meeting at CZCC Earth Day Project with Boy Scouts 20 25 Parent Child Ice Cream Social 1445 - 1600 Month of the Military Child Spring Ball 27 1900 - 2300 (see page 16) 28 1500 - 1800 Open Recreation Kimono Photographer 30 1430 - 1800

# Tuesday, 17 April, 1800 - 2000 at the Camp Zama Community Club

Please join us as we recognize our youth who have unselfishly dedicated their time to make our community a better place to live and play. For additional information, please phone 263-4500

# LUNTEER RECOGNITION CEREMONY

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

# ■ Child Development Center • 263-4992 / 267-6348

# **ZAMA CHILD DEVELOP-** | Monday, 9 April, all day **MENT CENTER. 263-4992**

- Patriotic T-Shirt Day Monday, 2 April, all day
- Zumba at Youth Center Tuesday, 3 April, 0930 - 1030
- Ice Cream Social
- Wednesday, 4 April, 1400 1500
- Cherry Blossom Nature Walk Thursday, 5 April, 0930 - 1030 and 1500 - 1600
- Start Smart at Youth Center Friday, 6 and 27 April, 0930 - 1030
- Scavenger Hunt Friday, 6 April 1500 - 1600
- Flag Day
- Monday, 9 April, all day
- Field Trip (Fantasy Land) Tuesday, 10 April, 0930 - 1530
- Craft Day with Girl Scouts Wednesday, 11 April, 1500 - 1600 • Field Trip (Flight Line)
- Thursday, 12 April, 0900 1030
- 4H Carnival at SHA Elementary School Park (see page 15) Friday, 13 April, 1000 - 1600
- Bubble Day
- Monday, 16 April, all day
- Zumba at Youth Center Tuesday, 17 April, 0930 - 1030
- Cupcake Social
- Wednesday, 18 April, 1400 1500 • PAC Meeting (Brown Bag Train-
- ing for Parents)
- Thursday, 19 April, 1130 1230
- Family BBQ
- Friday, 20 April, 1100 1400
- Family Gardening
- Monday Friday, 23 27 April
- Spring Ball (see page 16) Friday, 27 April, 1800 - 2200
- Movie Day
- Monday, 30 April, 1500 1600

# SHA CHILD DEVELOP-**MENT CENTER. 267-6348**

- CDC Bike Rodeo Tuesday, 3 April, 0930 - 1030
- Parent Read to Me Day Wednesday, 4 April, all day
- Pajama Day
- Friday, 6 April, all day
- Continental Parent Breakfast Monday, 9 April, 0730 - 0930
- Military or Silly Hat Day

- Make and Take it Day Tuesday, 10 April, all day
- Ice Cream Social with Parents and Friends
- Wednesday, 11 April, 1430 1500
- SHA Family Portraits Thursday, 12 April, 1130 - 1230
- PAC Meeting Thursday, 12 April, 1130 - 1230
- Parent Volunteer Day Monday, 16 April, all day
- Fire Truck Visit Tuesday, 17 April, 0900
- Gross Motor Fun Day

- Tuesday, 17 April, 1000 1600
- Parent Read to me Day Wednesday, 18 April, all day
- Child Safety Day
- Thursday, 19 April, 1530. Finger prints, photo tags, kits
- CDC Bike Rodeo
- Monday, 23 April, 0930 1300
- Parent Read to me Day Tuesday, 24 April, all day
- Make Your Own Ice Cream Sandwich Social (SHA CDC)
- Wednesday, 25 April
- Movie Night (SHA CDC) Thursday, 26 April, 1800 - 2000

# Sagamihara Housing Area pril Star Events

- Month of the Military Child Kick Off Parade, Monday, 2 April, 1530 1630. This will be the opening activity for the start of Month of the Military Child. How better to celebrate than with a Kick off Parade in the SHA Community? Our parade will be lead by the SHA Fire Station. All children and staff will wear their SHA CDC t-shirts. All classrooms will display their Month of the Military Child banners and posters. SHA SAChas also been invited to attend.
- Family Lunchtime Picnic, Thursday, 5 April, 1030 - 1200: The picnic will be held in the grassy area on the side of SHA CDC. The menu will be the following:

Parents Children

Baked Boneless Chicken Ribs

Corn on the Cob Rice Green Beans

Rolls Balls Fresh Fruit Fresh Fruit



- Old Fashion Egg Hunt: Friday, 13 April, 1500 1530, Focusing on our graphing, counting colors and shapes recognition. Egg hunt will be held in the grassy area on the side of SHA CDC.
- Recycle for a Clean Earth Day: Friday, 20 April, Starting time TBA. Planting our gardens. This activity will be a joint activity with the Camp Zama Boy Scouts.
- Month of the Military Child Family Celebration Extravaganza: Monday, 30 April, 1000 1600. Various games, jumping castles, face painting, food, music, cotton candy and fun. All friends, families are invited to attend. Fun for all.

See page 15 and 16 for the Month of the Military Child activities.



amily Day Olympics, 14 April, 9 am - noon. Youth registered with CYSS will compete for their facility (Zama CDC, SHA CDC, SAC and Zama Youth Center). Parents will be able to join and help their facility go for the GOLD (fun, athletic games.) Please register with your facility by 13 April.



# ■ Youth Sports and Fitness • 263-5437/4066

# MONTH OF THE MILITARY **CHILD**

Cherry Blossom 3K Fun Run / Walk, 7 April, ages 5 - 18, and still in high school.

# **REGISTRATION**

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central | AR 608-10 requires all youths par-Services located in Bldg 533., Camp provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

# **VOLUNTEER COACHES**

The #1 priority in providing a great youth sports program is our volunteer coaches---people just like you. We need you in order to provide a great experience for the youth in our community. If you are interested, please contact us at 263-5437. In addition, more information and an application are at our website: www. zamayouthsports.org. As soon as we receive your application, we will | or visit our website at www.zamayprocess all required documents and outhsports.org.

schedule you for a coach's class to be certified to coach youth. Upcoming sports that coaches are needed for are: dodgeball, ages 7 - 10 and 11 - 15, and basketball, 9 - 10, 11 - 12, 13 - 15 (boys) and 9 - 11 and 12 - 15 (girls.)

## **SPORTS PHYSICAL**

ticipating in youth sports programs Zama (behind the Exchange). They'll | to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

> If you have questions or recommendations concerning our programs, please call 263-5437/4066

# BASEBALL & SOFTBALL OPENING DAY 2 1 April, 9 am Baseball sign-ups end 6 April. Games start 21 April and end 2 June. The programs are: tee ball, ages 5 - 6; coach-pitch baseball, ages 7 - 8; baseball, ages 9 - 15; girls only softball, ages 9 - 11 and 12 - 15. On 21 April, 9 am, at Rambler Field, all baseball and softball teams will meet on the infield while special guests make short speeches and throw out the first pitches of the season. For more information, please phone 263-4066

# ■ SkiesUnlimited • 263-5441

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youths of military and DoD civilians. Classes are designed to complement and support the experiences children and youth have in Army CYSS and in schools.

Children and youth may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center

### **CLASSES**

- Taekwondo (ages 5 18), ¥5,000 Mondays and Thursdays 1730 - 1900
- \* Master Kang and Sensei Takeo In this class, your child will learn not only physical training and discipline but mental training as well. Available to youth ages 5 to 18, this class embraces a Family friendly atmosphere with safety being a top priority.
- Piano Lessons (1100 2000)
- \* Instructor: Ms. Miho Monday or Friday
- \* Instructor: Ms. Sekita Tuesday or Wednesday

\* Instructor: Ms. Mayumi Tuesday and Wednesday

## • Violin Lessons

\* Instructor: Mr. Sumi Monday and Tuesday 1100 - 2000

Piano and Violin lessons classes are ¥7,000 (4 classes per month - 30 minute one on one sessions)

• *Ballet and Dance* (Ms. Minori) Wednesdays

Intermediate Ballet (ages 10+): \$60 1500 - 1630 Pre-Elementary (ages 4 - 6): \$40 1630 - 1715

Elementary Ballet (ages 6+): \$60 1720 - 1830

Thursdays

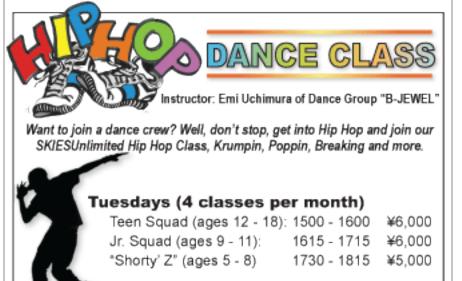
Pre-K Ballet (ages 3 - 4): \$40 1515 - 1600

Contemporary Dance (ages 7+): \$60 1600 - 1730

NOTE: Payments are made in US dollars using the current exchange rate.

## **REGISTRATION**

Register 2 weeks prior to the 1st of the month. All new students begin the 1st week of the month.



COMING SOON: Zumbatomi (Zumba for youth)

For more information, 263-5441.



# SKIESUnlimited Classes

Wednesdays (4 classes per month) Beginners Class: 1600 - 1645 (\$20.00) Intermediate Class: 1655 - 1755 (\$30.00) Advanced Class: 1800 - 1900 (\$40.00)

Discover the graceful art form of Hula, the essence of Hawaii expressed in music and motion. Students will learn the basic hand movements, motions, steps, and choreographed routines of this ancient Polynesian dance. Students will also have a chance to perform in future events.

- To register youth, please contact Parent Central Services at 263-4743.
- All classes will be held at the Community Activity Center. For more information, please phone at 263-5441.

# ■ Camp Zama Golf Club • 263-3694 http://www.usarj.army.mil/information/mwr/business/golf/

ooking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and

beverages.)

### Major Tournament Schedule for 2012 Zama Masters - - -21 - 22 April Match Play Qualifier -Club Championship -- - - 22 - 23 September Zama Open - - - - - - - 20 - 21 October

# TOMODACHI DAYS ARE **AS FOLLOWS:**

- 13 April Friday
- 20 April Friday 24 April - Tuesday
- 27 April Friday

Your Japanese guests (max 3 guests per person) can play with you for the

low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11.000. Check with starters for available tee times.

# **NICHIBEI FRIENDSHIP TOURNAMENT**

Tuesday, 17 April, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for non members

# **TEETIME INFORMATION**

# • Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

# • Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

**NOTE:** All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

# **PRO SHOP**

The Zama Golf Course Pro Shop offers a full selection of the latest clubs, clothing, golf bags, shoes, gloves, hats and many other accessories. You can find "Ping, Nike, Titleist, Mizuno and Callaway clubs (club fitting available.)

# Trade-Ins Get new clubs for less. Trade-In your used clubs

Camp Zama Golf Course announces "Trade-Ins". You can trade-in your old clubs for "*instant*" credit towards the purchase of new clubs. Find out how much your clubs are worth at http://valueguide.pga.com/



ERNIE HARADA 263-4225

AUTHORIZED FACILITY



# LUNCH

## Monday

- 2 Jar Jar Fried Rice w/Lumpia
- 9 Chili Shrimp w/Grits (Chinese Style)
- 16 Hoikouro w/Fried Rice and Soup
- 23 Fried Rice w/Chicken Ankake & Soup
- 30 Chinese Special

# Tuesday

- 3 Meat Balls w/Cream Sauce
- 10 Chicken Alfredo Pasta
- 17 Pasta w/Meat Sauce
- 24 Italian Mixed Plate

# Wednesday

- 4 Omelet Rice w/Home Made Demiglaze Sauce
- 11 Chicken Karaage w/Rice and Vegetables
- 18 Teriyaki Pork
- w/Rice and Vegetables 25 Oyako Don

# Thursday

- 5 BBQ Combination w/Baked Beans
- 12 Chicken Diablo w/Pasta
- 19 Ham and Turkey Plate
- 26 Beef Lyonaise w/Rice and Vegetables

# Friday

6 Seafood Croquettes w/Rice and Vegetables



# LUNCH

- 13 Seafood Soup Pasta
- 20 Seafood Mixed Stir-fry w/Rice and Vegetables
- 27 Seafood Gumbo w/Rice

### Saturday

- 7 Japanese Style Fried Chicken
- 14 Japanese Style Fried Chicken

# LUNCH

- 21 Japanese Style Fried Chicken
- 28 Japanese Style Fried Chicken Sunday
- 1 Beef Curry
- 8 Beef Curry
- 15 Beef Curry
- 22 Beef Curry





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Field is limited to 144 players.

he CZCC

is now serving
Starbucks Brand
Ground House
Coffee as our basic
coffee. Coffee is
available at all dining
events to include
lunch operations
and Sunday Brunch.
Providing the world's
best coffee for
the "World's Best
Customers."

Purchase your Gift Card at CZCC.



# ■ Camp Zama Community Club • 263-4547

# FIRELITE LOUNGE

# • Hip Hop Music w/DJ

On Friday Night, 6, 20 and 27 April, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

# • Country Music with DJ

On Saturday night, 7 and 14 April, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. Every 2nd and 4th Wednesday FREE Line Dance instruction from 6:30 - 7:30 pm.

# • Mainstream Dance Music with DJ in the Firelight

Friday, 13 April, 9 pm - 3 am.

# • Old School Night

Saturday, 21 April, 8 pm - 2:30 am, enjoy the best sounds from the 60's, 70's, 80's and 90's.

# • Latino Night

Saturday, 28 April, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

### LUNCH

# Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95 Youths 4 - 7: \$4.95

3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 3 Chicken Fried Steak w/Country Gravy
- 10 Grilled Chicken Chimichurri
- 17 Veal Parmesan
- 24 Chicken Nanban w/Tar Tar Sauce

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 4 Stuffed Cabbage Rolls Cream Stew
- 11 Fried Menchi Cutlet
- 18 Baked Lasagna Casserole
- 25 Beef Pot Pie

**Thursday**: (Rotisserie Chicken and vegetable of the day)

5 • Chicken Tenderloin Picata







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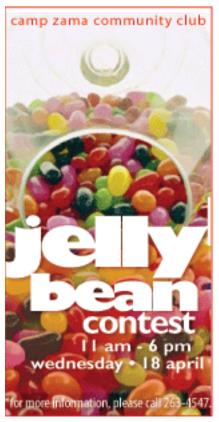
## **LUNCH**

w/Roasted Bell Pepper Sauce

- Beef Bulgoki
- 12 Coq Au Vin
  - Ton Pou Rou
- 19 Chicken Diablo
- Sliced Roast Beef
- 26 Bibin Bup
  - Chicken and Penne Au Gratin

Friday "Lunch Buffet" (soup and vegetable of the day, \$7.95)

- 6 Beef Curry
  - Spaghetti w/Meat Sauce
  - White Rice / Garlic Toast
- 13 Beef Tacos
  - Chicken Enchiladas
  - Burritos
  - Mexican Rice and Corn
- 20 Baked Meat Loaf
  - Herbed Baked Chicken
  - White Rice
  - Mashed Potatoes
- 27 BBQ Chicken
  - Beef and Peppers
  - Wild Rice
  - Mashed Potatoes w/Gravy



## **DINNER MENU**

Sunday (limited menu) 5 - 9 pm "2 for 1 Steak Night"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potatoes. Modified menu will be offered on Sunday nights.

8 Easter Brunch Buffet

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potatoes. Modified menu will be offered (no take out).

# Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 | specials on Saturday night.

# **DINNER MENU**

before 3 pm.

25 Admin Assistance Day Lunch **Thursday** (5 - 9 pm)

• "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out) Adults: \$10.95 Youths 4 - 12: \$5.95 Under 3 years old: Free

• Regular menu

Friday "Chef's Special" (5 - 9 pm) Regular Menu

- 13 Bunco Night
- 20 Community Night

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 21 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



# aturday, 7 April, we will be in the Bowling Center parking area selling BBQ ribs, chicken, hotdogs and burgers.

# ■ Zama Bowling Center • 263-4780/4760

- King of the Hill Tournament Sunday, 1 April, 11 am - 7 pm
- All You Can Eat Pizza
  Wednesday, 11 April. For \$10, bowl 3
  games with free shoe rental and eat all
  the pizza you can while bowling.
- *No Tap Tournament* with a Sunday, 15 April, 1 4 pm. Fun prizes.

and different

- *Autism Awareness Event*Thursday, 19 April, 3 7 pm. Free bowling and free food.
- Youth / Adult Fun Tournament Sunday, 29 April, 1 - 4 pm. Partner with a young adult and win cool prizes.







2 pm • Saturday • 28 April Location: Eda's

\*For more iinformation, please call 263-4547.

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# ■ Sagami Lounge • 268-4954/4847 / Orders: 268-4142

## **LUNCHES**

# **MONDAY**

- 2 Chicken Cutlet (Lounge Special)
- Yakisoba, Fried Rice and Karaage
- 16 Spaghetti w/Meat Sauce w/Hamburger
- 23 Hamburger Steak w/Curry Sauce
- 30 Pork Cutlet and Jambalaya

### **TUESDAY**

- 3 Hamburger Steak w/Fried Shrimp
- 10 Taco Rice and Enchiladas
- 17 Steak Don
- 24 Grilled Chicken w/Garlic Sauce

### WEDNESDAY

- 4 Twice Cooked Pork
- 11 Fried Shrimp Curry
- 18 Pork Saute
  - w/Kochuan Sauce

Friday, 6 April, 4 - 7 pm

25 Lasagna w/Garlic Bread

# **THURSDAY** (All-U-Can Eat)

- 5 Italian Buffet
- 12 American Buffet19 Mexican Buffet

# **LUNCHES**

# 26 Oriental Buffet

- FRIDAY
- 6 Mixed Grilled Plate 13 Salmon Encroot
- 13 Salmon Encroot 20 Roast Chicken
- 27 Seafood Platter

# **DINNER SPECIALS**

# **TUESDAY NIGHT** (LIMITED MENU/DINNER SPECIAL - \$8.50)

- 3 Chinese Dinner
- 10 Mexican Dinner
- 17 Pizza and Pasta Dinner
- 24 Regular Dinner Menu

# WEDNESDAY NIGHT

4, 11, 18 and 25 April, regular dinner menu.

**DINNER SPECIALS** 

### THURSDAY NIGHT

# (CHEF'S SPECIAL DINNER)

- 5 Italian Dinner (\$15.95)
- 12 French Dinner (\$15.95)
- 19 Japanese Dinner (\$15.95)
- 26 Regular Dinner Menu

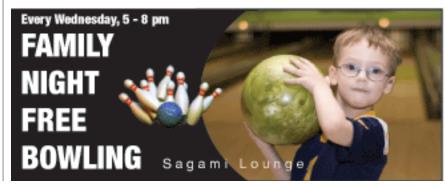
# FRIDAY NIGHT

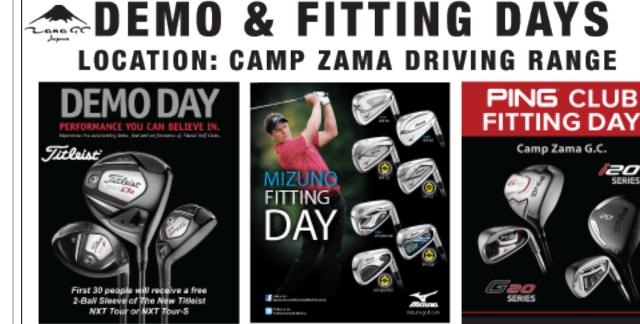
- 13 Mongolian BBQ
- 20 Prime Rib (\$20)
- 27 Mongolian BBQ

Friday, 6 April, 4 - 7 pm

# SATURDAY NIGHT

Regular menu.





Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

FOR MORE INFORMATION, PLEASE PHONE 263-3694

Friday, 13 April, 4 - 7 pm

# "April is the month of the military child"

# U.S. Army Child, Youth & School Services

# The Strength of Our Future - The Army is committed to Military Youth, ARMY FAMILY COVENANT: Keeping the Promise

Parent Education Class Stress Management / Conflict Resolution	Wednesday	4 April	1130 - 1300	CZCC Garden Rm	
CYS Services Fine Arts Show Children and youth from infant to 12th grade will Refreshments at 1700.				CZCC Garden Rm artistic talents.	

Scavenger Egg Hunt	Friday	6 April	1500 - 1700	Dewey Park
Youth 3K Run and 3K Walk	Saturday	7 April	0830	Front of Yano
Parent Education College Applications, Tutoring and FAFSA	Tuesday	10 April	1200 - 1300	CZCC Garden Rm
Parent Education Class Child Abuse / Neglect - Preventive Measures	Wednesday	11 April	1130 - 1300	CZCC Garden Rm
4H Country Fair This event is open to the community, free food, petting Age programs in the Kanto Plain and Host Nation Scho		urse and mu	1000 - 1600 sch more. All the l	SHA Community Field ocal Military School

Age programs in the Kanto Plain and Host Nation Scho	ols will celebrate	e with us.		
Parent Education Class Combating Bullying / Cyber Bullying	Wednesday	18 April	1130 - 1300	CZCC Garden Rm
Parent Education Class EDIS, IEP'S and Childfind	Thursday	19 April	1200 - 1300	CZCC Garden Rm
Parent Education Class Communication with Teens	Wednesday	25 April	1130 - 1300	CZCC Garden Rm
Parent Education Class Home School Support (Requirements and CYSS Assista	Thursday nce)	26 April	1200 - 1300	CZCC Garden Rm

**Evening with skies** 





Evening with SKIES at the Community Activity Center. This event will feature SKIESUnlimited students in various programs:

> Musical Performances in Piano, and Violin Contemporary Dance Performances Ballet Dancers

Hula Dancers

Hip Hop Dancers Tackwondo Demonstration

For more information, please phone 263-5441

Refreshments will be provided after th

Child, Youth and School (CYS) Services

· · · · Child, Youth and School Services · · · · Sunday, 8 April, 2 - 4 pm

This year's event will be held at the SHA Community Field near Arnn Elementary School We will provide fun activities for the young and old. Over 5,000 eggs will be hidden. Activities will include craft projects, face painting, parent child relay races and much more. Door prize drawings for boys and girls. Thanks to our sponsors USO, Mattel, and Coca-Cola.

MWR COMMERCIAL SPONSORSHIP AND CHILD, YOUTH AND SCHOOL SERVICES THANK OUR SPONSORS FOR SUPPORTING THIS EVENT FOR OUR COMMUNITY.









ARIDAY 27 APRIL 1900-2500 CZCC BAULROOM

THIS YEAR'S THEME: Hollywood Dress: Hollywood Style Red Carpet

Entertainment: Steve Marshall the Illusionist Dinner.

Dancing, Professional Photographer and Door Prizes.

For more information, please phone 263-4125/5723/4743

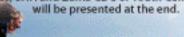




# Saturday, 14 April, 9 am - noon

Community Field near Arnn Elementary School

Families will pair up with other Families in the program to compete for their program's Olympic Gold, Silver, Bronze awards. Olympic events such as running, relays, ball toss, etc. Sign up at one of the following CYSS facilities; SHA and Zama CDC or Youth Center . Awards







http://www.mwrjapan.jp.pac.army.mil/news/ • ZAMA BUGLE, APRIL 1, 2012

# Glossom Hestival

Sports Events

0830 Youth 3K Run and Walk Adult 7K Run and 3K Walk 1000

parking lot In case of inclement weather, all entertainment will move to the Community Activity Center, Bldg 267.

Activities for youth will be in the JED

Flea Market

1100 - 1730 JED Parking Area

# **Entertainment Stage**

0945	Youth 3K Run and Walk Award Ceremony	1600 - 1645	<b>USARJ Rock Band</b>
1030	DJ	1710 - 1755	My Life Story
1145	Adult 3K Walk and 7K Run Award Ceremony	1755 - 1820	DJ
1330 - 1400	DJ	1820 - 1905	<b>USARJ Latin Band</b>
1400 - 1430	"Jewel" Youth Hip Hop Dance	1905 - 1930	DJ
1430 - 1500	DJ	1930 - 2015	My Life Story
1500 - 1530	Sagami Ryu-O Taiko Performance	2015 - 2030	DJ
1530 - 1600	DJ	2030	Fireworks

# Other Entertainment

Street Performances 1300 - 1730

SCA Display and Batto-Do, European Fencing and Armored Combat Demonstration

This year fireworks have been added to the program for the first time and they will begin at 8:30 pm.



ENTRY - \$20.00 FOR SOFA YOUTH DOOR PRIZES (all participants are eligible):

- **Electronic Merchandise**
- Assorted Barbie Merchandise
- Mattel "hot car" Prizes
- Lego Games
- DVD's
- Tickets to Fujikyu and Summerland



ADULTS

(Front of Yano FC)

7K Run & 3K Wall starts at 1000 (Front of Yano FC)

> **ENTRY FEE:** \$20.00 FOR SOFA





7186

- Outback Food Coupons and Merchandise
- Electronic Merchandise
- Ice Chests
- Folding Sports Chair

# **COMMERCIAL SPONSORSHIP**



THANKS to our Sponsors for supporting the Cherry Blossom Festival and the Zama Community.

DYDO DRINK COMPANY- special thanks to DYDO for providing sport drinks for all youth and adult walkers and runners, for the beverage gift packages for the 1st, 2nd and 3rd place finishers in all age groups, and for the two 360 X-Boxes (Kinect) to support the youth walk and run event.

UNITED Airlines - special thanks to United Airlines for providing the major door prize, two(2) round-trip airline tickets to the USA, to support this major event.











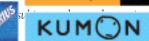






















(Sponsorehip does not imply endorsement by the U.S. 90VE.





Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Final Four Challenge
Friday, 6 April, 1700 - 1900
FOR MORE INFORMATION,
CALL 263-7666

Pick the winners of the Final Four Men's and Women's
games and win some great prizes!

"See the Bugle for the advertisement".

20

# ■ Army Community Service • 263-8327

**Community Service** (ACS). "The Choice" for all your service needs. For information and assistance call using the Defense Switch Network (DSN) 263-HELP (4357).

# **MOBILIZATION AND DE-** | all mobilizing, deploying, and re-263-8089

Please contact Mr. Garv R. Woods at 263-8089 to schedule your unit Pre/Post Deployment Readiness Training, Reunion Briefing, Family Readiness Group (FRG) Training, and Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required). For more information or to schedule training, contact: gary.r.woods@us.army.mil.

• Pre/Post deployment Support and Operation R.E.A.D.Y. Training

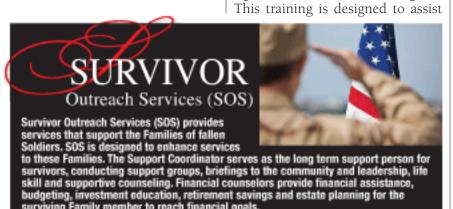
**PLOYMENT PROGRAMS.** deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Sessions are conducted every Thursday of each month, 1:30 - 4 pm, at ACS, Bldg 402, in the Outreach Room. For more information or to schedule training, contact: garv.r.woods@us.armv.mil.

• Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

# **ARMY EMERGENCY RELIEF** (AER) / FINANCIAL / **EMPLOYMENT, 263-8091**

ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made



For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

surviving Family member to reach financial goals.



program to help achieve personal financial readiness through the use of sound money management. For more information, contact ACS at DSN: 263-5550/4357

# • Financial Readiness Class Schedule Change (at ACS):

- \* Successful Money Management
  - 2 April 2 - 3:30 pm
  - \* Army Emergency Relief Campaign Kick off at the Community Information Exchange
  - 3 April 1 - 3 pm \* Thrift Savings Plan
- 23 April 2 - 3:30 pm \* 1st Term Soldier Financial Readiness: 30 April 9 am - 4 pm

All first term, first duty station personnel are required to attend the mandatory 8 hour Financial Readiness Class before it will be signed off on the in-processing check-in sheet per AR608-1 and DoDI 1342.27. Units may request classes also; requests should be in writing a minimum of two weeks prior to the class date first come, first served. Each | Schedule (Provides assistance with class requires a 2 hour block. The classes available are in the following | ment.)

"AFAP ISSUE MANAGEMENT SYSTEM"

# **ARMY FAMILY ACTION PLAN (AFAP)**

Supporting AFAP is easy as 1, 2, 3.

- Step 1. Visit www.myarmyonesource.com
- Step 2. On the left side of the screen under the US. Army Star Logo, select Family Programs and Services

Step 3. Select AFAP Issue Management System

- a. See if an issue you want to raise is already being addressed by clicking Search AFAP Issues
- Make a difference, be a part of the process. Submit a new

You can also submit an issue by visiting http://www.mwrjapan.army.mil/acs click "Submit and AFAP Community Idea/Concern<sup>b</sup>

Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard.

# For more information, please phone 263-8087

areas: basic budget, remedial checkbook management, credit and debt, large purchases, insurance, investment/TSP, and planning for military retirement. For more information. email: mark.h.daybell.civ@mail.mil or DSN: 263-8091.

• Employment Readiness Class resumes, and job search by appoint\* Dress for Success at ACS 13 April 2 - 3:30 pm

# **AER EMERGENCY LEAVES**

Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.





Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

http://www.mwrjapan.jp.pac.army.mil/news/ • ZAMA BUGLE, APRIL 1, 2012

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

and the Zama community.

# ■ Army Community Service • 263-8327

# **FAMILY ADVOCACY** PROGRAM (FAP), 263-HELP

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing. contact 263-4782/4853.

• The Reporting of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

# • Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4782 / 4853 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4782 / 4853 or 090-9395-8909.

### • Victim Advocacy

Victim Advocacy is a free service for all personal in the military community. The Victim Advocate for Camp Zama is located in Building #402 | Presentation (please see page 35.)



with Army Community Service. Victims are encouraged to come Advocate and inquire about available services. The Victim Advocate a victim of domestic violence or sexual assault. Reports of Domestic restricted or unrestricted basis. To domestic abuse incident, a victim Advocate at 080-5968-3188. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted | The Key to your Army Journey and report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782 / 4853, or 080-5968-3188.

# COMMUNITY LIFE OFFICE. **DSN: 263-8087**

• Army Volunteer Corps (AVC) The Camp Zama Annual Volunteer Recognition Ceremony and Award

• Volunteer Program Manager

CAMP ZAMA NEEDS YOU! The and speak with a trained Victim | AFTB Program is looking for an enthusiastic, dedicated and committed volunteer who would like works with those who have been the opportunity to use and develop their leadership and training skills. This outstanding individual will Violence (DV) may be made on a serve to mentor, guide and support volunteers, while working with Famfile a restricted report related to a lily Readiness Groups, Spouses and others. If you are looking for a great may contact the USAG-I Victim | personal and professional development opportunity, then ACS has the perfect position for you! Contact Yolanda Hingel at 263-8087 for more information and get started today!!!

# • Army Family Team Building (AFTB)

Passport to Power!

Did you know that you could earn promotion points taking AFTB courses? If you are a SGT or below and need promotion points, AFTB is a great source and an awesome tool that you can use throughout your military career. Visit www.myarmyonesource.com for Levels I, II and III. For more great information, contact your Camp Zama Community Life Officer, 263-8087

• Family Member Resiliency Training (contact Yolanda Hingel at 5127.)

Would you like to better understand the dynamics of Comprehensive Soldier Fitness, increase resilience and enhance performance by developing | **INFORMATION AND** the five dimensions of strength such as the physical, emotional, social, spiritual and Family growth? What about learning more about the six resilient competencies to include self-awareness, self-regulation, optimism, mental agility, strength of character, and connection?

Getting started is fun and easy.

To get started, you need to establish an Army Knowledge Online (AKO) account at www.us.army.mil. Then proceed to take the Global Assessment Tool (GAT) at www.armv.mil/ esf and the VIA Survey of Character Strength that measures the 24 character strengths at www.authentichappiness.sas.upenn.edu/Default.aspx. After completing, contact Yolanda Hingel at 263-4357 for details and registration and parent meetings.

263-8087 or Hilary Valdez at 263- | to register for the upcoming Family Resiliency class. Vouchers for child care are available for hourly care to those interested in attending.

# REFERRAL/OUTREACH SER-**VICES (I&R), DSN: 263-2382**

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at https://intranet. zama.army.mil. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan. army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school

• Adult Evening English Class Every Wednesday, 5:30 - 7 pm. No pre-registration necessary

• Business Japanese Class

Every Wednesday, 5 - 6 pm, ACS Community Room, Bldg 402. No pre-registration required

# Cooking Class

10 am - noon, 20 April. Pre registration is required.

Call Ms. Janine Dorsey or Ms. Megumi Saito at 263-4357 for more information.

# • Foreign Born Spouse Support Group

Whether your question concerns immigration and naturalization, learning the English or Japanese language, or how to take local transportation, ACS provides assistance, weekly classes, and referrals. The Foreign Born Spouses Support group meets on the third Wednesday of the month from 1 - 2:30 pm in the ACS Outreach Room. Pre-registration required.

# Exceptional Family Member Program (EFMP), 263-HELP (4357)

The Camp Zama EFMP is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enrall their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Came out and network with other parents when you join the EFMP Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm.

Monthly Autism Support Group meets at Zama CDC from 4 - 5 pm every 3rd Thursday of each month. Free child care will be available. Children must be registered for Child, Youth and School Services at Parent Central Services prior to attending the monthly meeting. To attend the Autism Support Group, a parent must also pre-register at ACS by the 2nd Thursday of every month for child care slots.

In celebration of the Month of the Military Child, ACS is sponsoring a "Scavenger Hunt during the CYSS County Fair" on 13 April, 10. am - 4 pm, at Arnn Elementary School (see page 16 for more information.)

The Army offers EFMP Respite Care for Families that have one or more members with moderate to severe special needs. Respite Core provides an apportunity for the Family member caregiver to take time away from care responsibilities to meet personal or other Family obligations. Please contact Cheryl Rendon, ACS EFMP Coordingtor, at 263-4572 for more information.

An EFMP Workshop: "The Importance of Maintaining EFMP Enrollment" is scheduled for 23 April, noon - 1 pm, at ACS.

For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572



19 April, 3 - 7 pm, at the Zama Bowling Center

There will be free bowling and free food during this event. Door prizes for children ages 2 and up.

MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

herry Blossom

"Fun Run / Walk" will be on 7 April starting at 10 am in front of the Yano Fitness Center. See center page for more information.

The Yano Pool annual maintenance shut-down is scheduled until 19 April 2012.

YANO FITNESS CENTER

# ■ Sports, Fitness and Aquatics 263-3954 / 4664

# **SPORTS (263-7980)**

• Zama Book of Records

Every third Saturday of the month (21 sultations (Free) April) at the Yano Fitness Center. Events kick board, football throw (accuracy), 1400 - 1630. and 40 yard dash. Call the Yano Fit- | POC: Jane Kupkowski, Fitness event times. It is fun; challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year winners will get a chance to win fabulous prizes, as for details. well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too can become a living legend."

# **FITNESS (263-5656)**

• Personal Training Program Con-

Limited days and times by appointinclude: free-throws, 3-point shoot out, ment only. Consultations are Tuesbench-press, swim fastest lap, 50 meter days, 0900 - 1130, and Wednesdays,

ness Center at 263-4664 for specific | Coordinator; Jane.e.kupkowski. naf@mail.mil or 263-5656.

- Army 10 Miler Team in Training For more information, please call 263-5656 or stop by the front desk
- Super Circuit Class (Free) Friday: 1730 - 1800
- Aikido

Monday - Friday, 1145 - 1245; Tuesday - Thursday, 1700 - 1900; and Saturday, 1000 - 1200

- Yoga:
- Thursdays, 1200 1245
- Step-n-Abs
- Mondays, 1730 1830
- Tight-n-Tone Body Conditioning Wednesdays, 1730 - 1830
- Brazilian Jujitsu Monday and Wednesday, 1645 - 1800
- MMA Fitness Monday and Wednesday, 1830 - 1930

**NOTE:** All fitness classes / services



9 am • Saturday, 28 April

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

are subject to change. Please see the monthly flier for accurate times.

# **AQUATICS (263-3348)**

• Water Aerobics Classes Mondays, Wednesdays, and Fridays:

0900 - 1000 Wednesday evening classes: 1800 - 1900 Tuesdays and Thursdays:

# 1730 - 1830 • Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

# • Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the



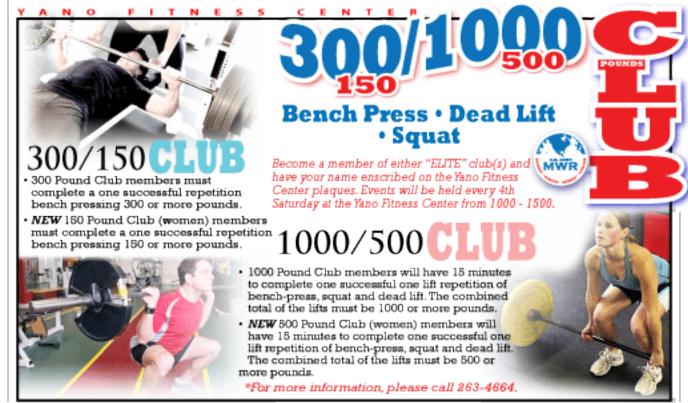
can be e-mailed upon request. We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, and Water Exercise.

• Age Policy for Swimming Pool Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or reservation request no less than | adult guardian. Children 13 and three (3) weeks in advance. Forms | older have access to the pool without | counter at Yano Fitness Center.

parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

### • Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the issue



# ■ Sports, Fitness and Aquatics • 263-3954 / 4664

Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

# **SERVICES AND CONTRACTORS (263-4664)**

Yano Fitness Center is seeking interested applicants for contracting in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, Yoga and other group exercises. For more information, call 263-5656.

# **CONTRACTED FITNESS** CLASSES

- Zumba (\$3 per class)
- \* Instructor: Abigail Cafee Monday, Wednesday and Friday: 0900 - 1000
- Tuesday: 1830 1930 • Zumba (\$3 per class)
- \* Instructor: Ms. Hitomi Thursday: 1730
- Zumba
- \* Instructor: Ms. Taciana Saturday: 1100 - 1200

Wednesday: 1830 - 1930

the exact times and fees, please see the Yano monthly schedule or call the Yano Fitness Center at 263-4664/5656 (times and schedule subject to change depending on community needs.)

• Tai Chi

\* Instructor: Kazuhisa Kato Monday: 1800 - 1900 \$6 per class, \$20 (4 sessions)

## **MASSAGE**

# • Massage Cancellation Policy:

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

# • Aqua Massage

Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes (must be at least age 18.)

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, **NOTE**: For Zumba classes and 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (must be at least age 21).

NOTE: Massage gift certificate is good for 90 days from the day you purchase. If you have a gift certificate and you are not sure of the expiration date, please call the issue counter at 263-4664.

# • Tanning Booth

Yano Fitness Center has two tanning booths. The hours are:

Monday - Friday: 0530 - 2030 Weekends: 0800 - 1730

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35 (must be 18 years old.) For more information, call 263-4664.

"See the Bugle for the advertisement".

# ■ Outdoor Recreation • 263-4671

## **TOURS AND EVENTS**

- Urayasu Mangekyo Hot Spa Sunday, 1 April, 0800 - 1900
- Kawasaki Fertility Festival Sunday, 1 April, 0900 - 1700
- Chiyoda Cherry Blossom Viewing and Sumo Exhibition
- Friday, 6 April, 0830 1630 • Deep Sea Fishing (Shimagatsuo)

Saturday, 7 April, 0430 - 1530

- Steam Locomotive, Yaizu Fish Center and Iwamotoyama Park Sunday, 8 April, 0630 - 2030
- Tokyo Disneyland / DisneySea

Thursday, 12 April, 0700 - 2300

- Scuba Diving Dry Suit Training Saturday, 14 April, 0530 - 1800
- Ghibli Museum and Inogashira Park Free Time

Saturday, 14 April, 0800 - 1600

• Kamakura Horse Back Archery **Festival** 

Sunday, 15 April, 0900 - 1700

• Zenkoji Temple and Nagano Takato Castle Ruins Park Sunday, 15 April, 0400 - 2130

• Snow Canyon Walking

Saturday, 21 April, 0300 - 2200

# • Nikko Excursion

Saturday, 21 April, 0500 - 2100

• Tama Zoo

Sunday, 22 April, 0930 - 1630

• Nagatoro River Cruise and Hitsujiyama Park

Sunday, 22 April, 0700 - 1930

• Mt. Jimba Hiking

Saturday, 28 April 0600 - 1430

• Yomiuri Land

Saturday, 28 April, 0830 - 1700

• Mooneys Street Car National at Odaiba

Sunday, 29 April, 0800 - 1700

# ■ Community Libraries • 263-3517

http://www.usarj.army.mil/information/zama/mwr/library/index.htm

# **NEW MCNAUGHTON BOOKS**

- Being George Washington by Beck, Glenn (Best Seller)
- Catherine the Great by Massie, Robert K. (Best Seller)
- Is Everyone Hanging Out Without Me? by Kaling, Mindy (Best Seller)
- Jack Kennedy by Matthews, Christopher (Best Seller)
- Kill Alex Cross by Patterson,

- Micro by Crichton, Michael (Best
- No Higher Honor by Rice, Condoleezza
- Thinking, Fast and Slow by Kahneman, Daniel (Best Seller)
- Time of Our Lives by Brokaw. Tom (Best Seller)
- V is for Vengeance by Grafton, Sue (Best Seller)

# **NEW BLU-RAY DVDS**

- Game of Thrones: Season One
- Hugo
- Immortals
- J. Edgar
- The Lorax
- My Week with Marilyn
- Puss in Boots
- The Rum Diary
- Tower Heist
- Three Outlaw Samurai

# ■ Community Activity Center • 263-3939/5712/8892

# **CLASSES**

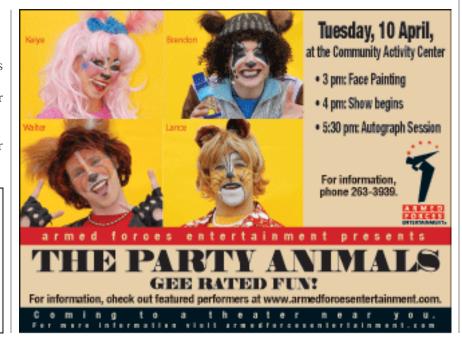
• Ballroom Dance Class

¥4,000) for 50 minutes

\* Tuesday, 1730 - 1825 Intermediate class. (four classes for ¥6,000) for 50 minutes

Advanced Class, (four classes for ¥4,000) for 50 minutes \* Thursday, 1730 - 1825 Beginning Class, (four classes for

We are listening! Good or Bad, we'd like to know! http://ice.disa.mil/index.cfm ADV C Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

http://www.mwrjapan.jp.pac.army.mil/news/ • ZAMA BUGLE, APRIL 1, 2012

# ■ Arts and Crafts • 263-4412

re you a newcomer to Japan? Have you visited the Arts and Crafts facility? We offer many programs which are unique to the Pacific area such as Ikebana and calligraphy. **During your tour, you have** an excellent opportunity to experience many culturallydiversified programs and events, and we hope you take advantage of this one-in-a lifetime opportunity. Please call us if you need assistance or more information. The **Arts and Crafts staff looks** forward to serving you.

# · · · WANTED · · ·

Zama Arts and Crafts Center is now looking for instructors in the following areas: washi paper craft, digital photograph, pottery, balloon art, Ikebana.

# **HOURS OF OPERATION**

Monday - Tuesday: Closed Wednesday - Friday:

1130 - 1930

Saturday - Sunday:

1000 - 1800

### **CLASSES**

- Silk Screen Work Shop \$15 for a class, includes one free t-shirt (appointment only).
- Wood Shop Orientation for DA 3031.
- Saturdays: 10 am, no fee.
- Frame Shop Orientation 2nd and 4th Thursday, 5 pm,

\$10 a class; supplies are included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- Washi-Paper Craft Workshop \$10 a class; supplies are available at the sales store (by appointment)
- Ikebana Class (fresh flower arrangement), 1st, 2nd and 3rd Thursdays, 2 pm. Please call to find out the monthly theme. Cost is \$20 per class and ¥1,000 for flowers.
- *Shodo* (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.



Enter your best work in the annual competition.

- Ceramics • Digital Art Fibers & Textiles
- Metals & Jewelry
- Mixed Media Paintings

Submission Period: 1 May - 30 June

Complete entry forms and submit figital images of work online at the contest website

https://apps.imcom.army.mil/APPT

For more information, please call Arts and Crafts Center 263-4412.









Memorial Day Special Tours Take this chance to see new places!



# CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION



Military PHONE: 263-5273

263-4059 : travel@zamaitt.com • Website

 Commercial PHONE: (046) 254-8896 Commercial FAX



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Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

"See the Bugle for the advertisement".

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Paid Advertisements • 263-8994

The Auto Skills Center will be moving to a new building this summer. **Normal services** offered will be limited prior to and during the move.

We have some used parts for sale. Please call 263-3615 for more information.

# ■ Automotive Skills Center • 263-3615

Do you want to save money and gas while you are driving? Make sure your tires are inflated properly. Thousands of dollars are wasted due to low or improper tire pressure. The vehicle manufacturer will have a sticker / placard in one of the door sills, normally on the driver's side or in the owner's manual. If your vehicle does not have one and you cannot find it in the owner's manual or online, the rule of thumb is 32 psi. This is an average of all passenger vehicle tire pressure recommendations. NOTE: SUV's and trucks usually require a highest fire pressure. Assign leak at the door sill as a ways meanual or online. require a higher tire pressure. Again, look at the door sill or owner manual or online.

### **HOURS OF OPERATION:**

Monday and Tuesday: CLOSED Wednesday - Friday: 1130 - 2000 Saturday and Sunday: 0930 - 1800

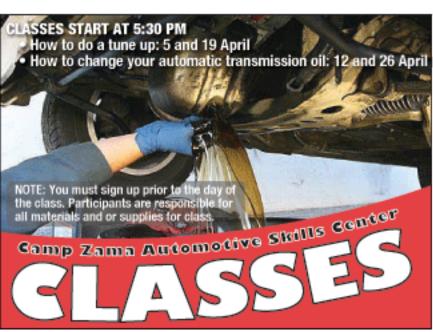
### PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

# **SAFETY ORIENTATION**

DA-3031-1 Qualifications Card to





use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

### **SERVICES**

# • Engine Flush and Fuel System

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

# • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center.

\* Some preset towing fees for base to base are:

Within Camp Zama SHA - Camp Zama Sagami Depot - Camp Zama \$35 NAF Atsugi - Camp Zama \$40 For more information and rates for towing from other bases or anywhere off post please give us a call.

# • Used Vehicle Courtesy Inspection

The Zama Auto Skills Center offers a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointment only.

**NOTE**: Detailing work orders are conducted by appointment only.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

# ■ Chapel Activities • 263-4898

### **CATHOLIC SERVICES**

Monday - Friday, noon, daily Mass, Blessed Sacrament, Chapel

Sunday, 9 am, Mass, Zama Chapel Sunday, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sunday, 10:45 am, Catholic Religious Education Class, Religious Education Center.

# **CAMP ZAMA PROTESTANT SERVICES**

Sunday, 9:30 am, Protestant Religious Education Class, Religious Education Center.

Zama Chapel

(Childcare service is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of services.)

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

# SAGAMIHARA PROTES-**TANT GOSPEL SERVICES**

Sunday, 9:30 am, Sunday School. Sagamihara Chapel.

Sunday, 11 am, Worship Service, Sagamihara Chapel.

(Childcare service is provided for children up to kindergarten at the Sagamihara Chapel during the time of services.)

Wednesday, 6:30 pm, Bible Study, Sagamihara Chapel.

# THE CHURCH OF JESUS **CHRIST OF LATTER DAY** SAINTS (LDS)

Tuesday, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend an off post service, please contact Ron Greenwood at 801-649-1394 or 080-3204-4510, or Matthew Westhoff at 080-4655-2112.

# **JEWISH SERVICES**

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or email: duncan.adams@us.army.mil.

# **BUDDHIST SERVICES**

(Soka Gakkai International - U.S.) Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@ forrisfulford.com.

# **SEVENTH DAY ADVENTIST SERVICES**

Contact Mr. Donald Williams at 263-5677 or donald.williams38@ us.army.mil for more information.

## **LUTHERAN SERVICE**

Sunday, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor Auditorium), Yokosuka. Sunday, 11 am, Worship Service, For more information, please contact Chaplain Swanson at 243-6931 or email: john.swanson@fe.navy.mil. If interested in confirmation instruction, please let us know.

# **KOREAN BIBLE STUDY**

Tuesday, 1 - 2 pm at Camp Zama Chapel. Bible Study is offered in Korean language. For more information, contact Chaplain Park at 090-6185-5502 (cell phone), or email: younsoo.park@us.army.mil.

## LUNCH BOX BIBLE STUDY

Wednesday, 11:45 am - 12:45 pm, Religious Education Center. For more information, contact Chaplain Browne at 263-5973 or sharon. browneburrel@us.army.mil.

# PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursday, 9:30 - 11:30 am, Protestant Women of the Chapel (PWOC) Bible Study at the Religious Education Center. Watch care provided up to Kindergarten. Infants and home schoolers welcome! POC: pwocatcampzama@yahoo.com.

### MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month. 8 am - 9 am at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

# **MEN OF VALOR BIBLE STUDY**

Tuesday, 11:30 am, For more information, contact Mr. McGrew at 080-3211-9067.

## **WOMEN'S PRAISE BREAK**

Wednesday, noon - 1 pm, Religious Education Center. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@ us.army.mil.

# CHAPELYOUTH PROGRAM

(EPIC, Experience Power in Christ) Wednesday, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliussen at 263-4689 or james. corneliussen@us.army.mil.

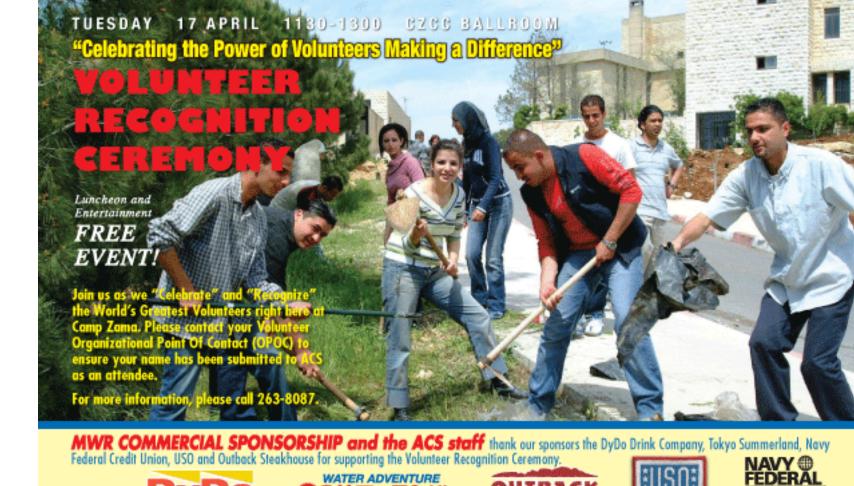


# ■ Directory of DFMWR Facilities & Additional Activities

DIRECTORATE OF FAMILY MO		Lunch (Mon-Fri)	1100-1300	■ Parent Central Services	263-412
RECREATION	263-7611/3690	Dinner (Tue-Sat) Bar	1700-2000	Mon-Wed	263-474 0800-1700
Army Community Se	ervices	Tue-Thu	1100-2000	Thu	1000-1700
■ DIRECTOR	263-8057	Fri Sat	1100-2400 1630-2300	Fri  Family Child Care	0800-1700 <b>263-474</b>
■ Army Community Service	es 263-4357	Bowling Center	268-4954/4606	,	263-412
Mon - Wed Thu	0730-1630 1300-1630	Fri Sun - Mon	1700 - 2400 Closed	■ Sagamihara CDC Mon-Fri	<b>267-656</b> 0530-1800
Fri	0730-1630	■ ZAMA LODGING	Closed	Zama CDC	263-499
US Holidays	Closed	ADMINISTRATIVEOFFICE		Mon-Fri ■ YOUTH SERVICES	0530-1800
Business Di	ivision	Reservation Desk Front Desk	263-2775	Zama Youth Center	263-450
DIRECTOR	263-4452	Open 24 hours/7 days a	<b>263-3830</b> week	Mon-Thu Fri	1430-2000 1430-2200
ADMINISTRATIVE OFF		Recreation	Division	Sat	1300-2200
■ DIRECTOR OF GOLF	263-3694	Recreation	Division	Sun School Age Care (SHA	Closed 267-601
ADMINISTRATIVE OFF		CHIEF RECREATION (		Mon-Fri	0530-1800
(All the following golf activ	ities are open during	ADMINISTRATIVE OF ■ ARTS & CRAFTS CEN		Youth Sports	263-543
lunch). Course/Starter	263-4975	Mon-Tue	Closed	Mon-Sat Open during lunch	0900-1800
Mon-Fri	0700-1700	Wed-Fri Sat & Sun	1130-1930 1000-1800	School Liaison Office	263-324
Weekends & US/J	apanese Holidays 0600-1700	■ AUTOMOTIVE SKILLS	CENTER 263-3615		
Restaurant	263-7665	Mon-Tue Wed-Fri	Closed 1130-2000	USAG-J Okina	wa MWR
Mon, Tue, Thu, Fri Wed	0630-1900 0630-1900	Sat-Sun	0930-1800	■ MWR OFFICE	644-539
Weekends & US / J	apanese Holidays	Mon-Fri	TY CENTER 263-3939 0800-2100	ADMINISTRATIVE OFF	TICE 644-427
Pro Shop	0530-1900 <b>263-5284</b>	Sat, Sun & Hol	Closed	■ ARMY COMMUNITY SE Director	ERVICE 644-411
Mon-Fri	0645-1700	Open during lunc		Relocation Coordinator	644-438
Weekends & US / J	apanese Holidays 0545-1700	■ HARDY BARRACKS LO ■ INTERNATIONAL TOU	JRS 263-5273		644-411 R 644-437
Driving Range (Unatte		Mon-Fri	1000-1800	Family Advocacy Progra	
Mon - Fri	Sunrise-2200	Open during lunc	11	Victim Advocate/SARC	644-490
Saturday Sun	Sunrise-1930 1600-2200	Zama	263-3517	AFTB/AFAP Program EFMP Program	644-474 644-410
		Mon-Thu Fri- Sun	1000-2030 1000-1800	ACS FAX	644-591
Chip Inn & Snack Star Mon-Fri	nd 263-5834 0800-1600	Open during lunc	h	School Liaison Office  ARTS & CRAFT CENTE	644-470 ER 644-430
Weekends & Hol.	0700-1500	U.S. Holidays Sagamihara	Closed <b>267-6603</b>	Lobby	644-470
■ BOWLING CENTER ZA	MA 263-4780	Tue-Thu	1000-1900	■ AUTOMOTIVE SKILLS ■ CORAL COVE COMMU	
Mon-Wed, Sat-Sun	1100-2200	Fri-Sat Sun, Mon & Hol	0900-1800 Closed	Business Manager	644-425
Thu & Fri Holidays	1100-2230				
		Closed for lunch	1400-1500	Lounge Cashier Cage	644-430 644-442
•	Closed	■ OUTDOOR RECREATION	1400-1500 ON 263-4671	Cashier Cage ■ LIBRARY	644-442 644-446
ZAMA COMMUNITY CI	Closed L <b>UB</b>	US Holidays Leisure Travel Service	1400-1500 ON 263-4671 Closed es & Vechicle Rental	Cashier Cage  LIBRARY  Staff Room	644-442
ZAMA COMMUNITY CI ADMINISTRATIVE OFF Lunch	Closed LUB ICE 263-4133	US Holidays Leisure Travel Service Mon-Fri	1400-1500 ON 263-4671 Closed es & Vechicle Rental 0900-1730	Cashier Cage  LIBRARY  Staff Room  MARKETING  Commercial Sponsorshi	644-442 644-446 644-533
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ZAMA COMMUNITY CI ADMINISTRATIVE OFF Lunch Tue-Fri Sunday Brunch Cashier Sun-Thu Fri Sat Catering Tue, Thu & Fri Wed (Appts Only)	Closed  LUB ICE 263-4133  1045-1315 1000-1330 263-4547 1000-2300 1000-0230 1000-0200 263-4204 0930-1730	US Holidays Leisure Travel Service Mon-Fri Sat-Sun Open during lunc Animal Boarding Ker Mon-Fri Sat-Sun Closed for lunch POOLS YANO Mon-Fri	1400-1500 ON 263-4671 Closed es & Vechicle Rental 0900-1730 0800-1600 h mels 263-5915 1000-1700 1000-1600 1230-1330 263-3348 263-5037 0530-1930	Cashier Cage  LIBRARY  Staff Room  MARKETING  Commercial Sponsorshi Graphic/Illustration  SPORTS / FITNESS  Sports / Fitness  Aquatics  OUTDOOR RECREATION  Scuba Locker	644-442 644-446 644-533 644-466 644-433 644-438 0N 644-479 644-426 644-426
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Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

33



"See the Bugle for the advertisement".

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ZAMA BUGLE, APRIL 1, 2012 • http://www.mwrjapan.jp.pac.army.mil/news/





SATURDAY, 7 APRIL 2012 · 1030 - 2130 (No Rain Date)

- The festival will open until 2130. Fireworks start at 2030.
- We will host a Flea Market from 1100 to 1700.

PLUS ... • ETHNIC FOODS • ENTERTAINMENT • GAMES • U.S. ARMY JAPAN BAND • BEAUTIFUL CHERRY BLOSSOM TREES

For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards, bicycles, push scooters, pets, alcoholic beverages and glass containers are prohibited

\* Please expect entry delays "FORM OF PHOTO IDENTIFICATION" MAY BE RANDOMLY CHECKED

# 2012年4月7日(土曜日) • 10:30 - 21:30 (荒天中止) • 一般開放日

- 今年の桜まつりは、21:30まで開催されます。20:30からは、花火が上がります。
- フリーマーケットは、11:00から17:00まで、開催されます。

その他 ... • フードブース • エンターテイメント • ゲーム • 在日米楚軍軍楽隊 • お 花見 がお楽しみ頂けます。









For more information (Festival), please call / 桜まつりお問合せ: ・DSN: 263-4177 ・TEL: 046-407-4177

For inclement weather, please call the above number after 0600, Sat., 7 Apr. 高天・荒天の場合は、4月7日(土)・6:00以降に、上記の電話番号にてご確認ください。

www.mwriapan.armv.mil/events or www.facebook.com/armvmwriapan







- ADULTS (7K RUN & 3K WALK)
   YOUTHS (3K RUN & 3K WALK) RUN & WALK will be held prior to Cherry Blossom Festival regardless of rain.
- 大人(7Kラン&3Kウォーク)&子ども(3Kラン&3Kウォーク) 榎まつり開催前に、ラン & ウォーク大会が行われます (両天決行)。

For more information (Run & Walk), please call / ラン & ウォーク お問合せ: ・DSN: 263-7979 ・TEL: 046-407-7979 (NON-SOFAの受付はすでに終了しています。 ご了承ください。)

Access to Camp Zama: Odakyu Line, SOUBUDAI-MAE Station (North Exit), 10-minute walk from the station キャンプ座間までのアクセス方法:小田急線・相武台前駅下車(北口)、徒歩約10分





THANKS TO OUR SPONSORS

桜まつり スポンサー



































East Japan (MAT