



The best activities guide around!

JANUARY 2012



Newcomers Orientation – 18th
CZCC Community Night – 20th
CZCC Texas Hold'em – 21st



Monday, 6 February, 4:30 - 5:45 pm at Zama Youth Center

CAROLINA PANTHERS CHEERLEADERS CLINIC

FOR WHOM: This is open to everyone - you do NOT have to be a cheerleader to attend. All interested youths (and parents are welcome.)

EXTRA: After the clinic, get an autographed photo of the cheerleaders or take your own photo.



For information, phone **Commercial Sponsorship at 263-5995**

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

<http://www.mwrjapan.jp.pac.army.mil/news/> • Z A M A B U G L E , J A N U A R Y 1 , 2 0 1 2



The U.S. Army Garrison Japan (USAG-J), DFMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



ZAMA Community **BUGLE**

Contents

Army Community Service	21,22,23,24
Arts and Crafts	29
Automotive Skills Center	31
Bowling Center.....	14
Camp Zama Community Club	11,12,15,16,17,18,34
Camp Zama Golf Club.....	9,10
Chapel Activities	32
Child Development Center.....	6
Child, Youth and School Services ..	3,4
Community Activity Center.....	30
Community Libraries	30
Directory of MWR Facilities	33
Directory of Program Managers	2
Outdoor Recreation.....	30
Sagami Lounge	14
School Age Care	5
SkiesUnlimited.....	8
Sports, Fitness and Aquatics.....	25,26,27,34
Youth Sports and Fitness	7



THIS MONTH'S COVER

Are you looking to host a party or special event for your unit, Family or friends? The Camp Zama Community Club has a full service "Catering Department" that can meet all of the needs you may have for your next event / function. From appetizers to the main course, from small functions to large events, the CZCC Catering Department has what you need. Our cake service staff will decorate a large or small cake to meet your smallest detail. We have numerous party rooms to choose from and can accommodate functions up to 400 people, or as small as 15 people. This month's cover features three members of our Catering "Team": Ms. Rika Ueda, Catering Manager; Ms. Azusa Takahashi and Mami Kinoshita, Wait Staff Supervisors. Please come by the CZCC to book your next event. Our Catering Department is open from Tuesday thru Saturday, 9 am - 5 pm. Wednesday is by appointment only. Please call 263-4204 for more information about CZCC Catering.

Photo by Mr. Randy Benton, Camp Zama Community Club General Manager.



"See the Bugle for the advertisement".

See inside back page for MWR facilities and additional activities.

MWR MARKETING

Phone:
263-4721/8994
046-407-4721/8994

Fax: 046-407-5487
Fax DSN: 263-5487

Address:
The U.S. Army Garrison Japan
Unit 45006
Attn: IMPC-JA-MWN-M
APO AP 96343-5006
Official Business

Location: Camp Zama, Bldg. 102 B100 (Northeast Corner)
January Bugle Editor: Hideko McKeta

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

H

appy
New Year to all. The
CYSS staff looks
forward to working
with you in the
new year.



■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• Closed

Youth center will be closed on the following days:

2 January (New Year's holiday) and 16 January (Martin Luther King's Birthday.)

• 6th Grade Happening

Friday, 20 January, 6 - 9 pm. Start your New Year with a "6th Grade Happening" at the youth center. Cost

is \$2. Transportation is provided. Buses depart the SHA Narita bus stop at 5:30 pm and Atsugi Theatre at 5:15 pm to the youth center. Return bus departs the youth center at 9 pm.

• Book of Records

Resumes March 2012. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record shooting free throws, 3 point shooting, hula hoop spins, pogo stick jumps, fastest rubic's cube or Wii home runs. This monthly event is open to all registered members in grades 6 - 12.

• PAC (Parent Advisory Committee)

Our monthly PAC meeting at the Zama Youth Center will start at 5:30 pm, 19 January. We believe you're an important part in helping us with your input regarding youth center

SMART Girls

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Ms. Vonghom at mary.vonghom@us.army.mil.

SKI & SNOWBOARDING

ONLY \$70

- Hakuba 47 Ski Park (\$70): Depart 14 January, 4 am • Return 16 January, 9 pm
- Iwappara Ski Resort (\$70): Depart 27 January, 4 am • Return 9 pm

Enjoy an exciting day of skiing and snowboarding at Hakuba 47 Ski Park (overnight) and Iwappara Ski Park. The cost includes free ski or snowboard rental, transportation and free instruction from a trained professional. You must go to Outdoor Recreation for free equipment rental seven (7) days prior to the trip. Sign up at Parent Central Services, Bldg 533, directly behind the PX.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

programs as well as establishing or changing youth center procedures.

• **Tech Club and ZTN Crew**

Be a part of a youth run news show! Club members in grades 6th - 12th will learn how to film, edit and produce their own news show which

will be shown on the youth center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youth may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are

involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Ervin Lawrence at ervinlawrence@us.army.mil.



PASSPORT TO MANHOOD

"Passport to Manhood" is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibilities, reinforce positive behavior and develop character in adolescent males.

For more information about this program or if you are interested in becoming a volunteer, please contact Mr. Quinton at quinton.smith4@us.army.mil.

COOKING CLUB

Join the Club
Tuesdays and Thursdays: 3 pm, grades 6 - 12.

For more information, please call Ms. Mary Vonghom, 263-4500



BOYS & GIRLS CLUB

Join the club

DJ Club

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU! This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Dylan Black at 263-4500.



Torch Club

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, email quinton.smith4@us.army.mil.

Keystone Club

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, email robert.chance@us.army.mil.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ School Age Care • 267-6013

Are you looking for a place where your children can join other children in a fun learning environment? Come join the School Age Care "Before / After School Program."



••• SAC Program Hours •••	
Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

Six graders attending the School Age Care program can participate free during afternoon hours.

SCHOOL AGE CARE OFFERED

- Before / After School Care
- Full day care during no school days
- Spring / Summer / Winter camp

OPEN RECREATION PROGRAM

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided. To conduct this program, there must be at least 10 children enrolled the Wednesday prior to the event.

INTERNATIONAL OUTREACH PROGRAM

This program is designed for SOFA status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

NOTE: Must have five (5) children enrolled to conduct this program.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club (CZCC) and meet with the School Age Director and provide your valuable input as we continue to improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the date and time for January. Hope to see you there!

Garden Room: 19 January, noon - 1 pm, at CZCC.

••• SAC JANUARY EVENTS •••		
• Super Saturday	7	1300 - 1800
• Training Holiday	13	Closed
• Federal Holiday (Martin Luther King Jr.)	16	Closed
• Pac Meeting	19	1200 - 1300
• Winter Olympics	26	1300 - 1600
• Field Trip to ZooRasia	27	0700 - 1700




CHILD, YOUTH & SCHOOL SERVICES (CYSS)

Groundhog Job Shadow Day

Thursday, 2 February 2012

MWR Needs YOU to volunteer to host a 6th grade student from Arnn Elementary School for a visit to your worksite, to "shadow" an employee for at least two hours, and to participate in workplace activities.

If you're interested, please contact the School Liaison Office at 263-3241 or email: charles.cofield@us.army.mil

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

- **Closed**
- * 2 January (New Year's Holiday)
- * 13 January (CYSS In-Service Training)
- * 16 January (Martin Luther King's Birthday)
- **Bigz and Lilz**
Friday, 6 and 20 January, 1500 - 1600
- **Start Smart Program**
Friday, 6 and 20 January, 0930 - 1030, Zama Youth Center
- **Zumba at Youth Center**
Monday, 9 and 23 January, 1430 - 1530
- **Library Time (Zama Library)**
Tuesday, 10 and 24 January, 0930 - 1030
- **Hagoita Badminton**
Thursday, 12 January, all day
- **Crazy Hat Day**
Wednesday, 18 January, all day

Zama and Sagami-hara Child Development Center
Army Child, Youth & School Services

Strong Beginnings  **Pre-K**

FY 2011-2012
Children must be eligible for the 2012-2013 Ann Elementary School kindergarten class to enroll.

Please register at Parent Central Services or for more information, call 263-4743/4125.

- **PAC Meeting (Brown Bag Training)**
Thursday, 19 January, 1130 - 1230
- **Field Trip (Zama Bowling Center)**
Thursday, 26 January, 0900 - 1100
- **Field Trip (Yokohama Anpanman Children's Museum)**
Friday, 27 January, 0930 - 1530
- **Dress Backwards Day**
Tuesday, 31 December, all day

SHA CHILD DEVELOPMENT CENTER, 267-6348

- **Closed**
- * 2 January (New Year's Holiday)
- * 16 January (Martin Luther King's Birthday)

- **National Bird Day**
Thursday, 5 January
- **Hagoita Badminton**
Friday, 6 January, all day
- **Opposite Day**
Tuesday, 10 January, all day
- **Hot Cocoa and Pajama Day**
Thursday, 12 January
- **National Book Week**
17 - 20 January
- **Health Awareness Week**
24 - 27 January
- **Classical Music Day (Mozart's Birthday)**
Friday, 27 January
- **Puzzle Day**
Monday, 30 January, all day

Paid Advertisements

“See the Bugle for the advertisement”.

If you have questions or recommendations concerning our programs, please call 263-5437/4066 or visit our website at www.zamayouthsports.org.



DODGEBALL

Games are every Saturday,
7 January - 4 February, at
the Zama Youth Center.



BASKETBALL REGISTRATION

You can sign up for basketball until 13 January for youths ages 7 - 15. Games are 18 February - 31 March.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533., Camp Zama (behind the Exchange). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure

your child's sports physical is current before you register.

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches---people just like you. We need you in order to provide a great experience for the youth in our community. If you are interested, please contact us at 263-5437. In addition, more information and an application are at our website: www.zamayouthsports.org. As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach for youth. Upcoming sports that coaches are needed for are: dodgeball, ages 7 - 10 and 11 - 15 groups, and basketball, 9 - 10, 11 - 12, 13 - 15 boys and 9 - 11 and 12 - 15 girls.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

SWIM TEAM

REGISTRATION



Registration is ongoing until filled. To be on the swim team, you need to have a pool pass and a level 4 Red Cross certification or equivalent unless you can demonstrate that you know how to swim the basic strokes such as breast, back, fly and crawl strokes. In all cases, it will be up to the coaches to decide if you can be on the swim team. Please make an appointment to try out for the team.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youths of military and DoD civilians. Classes are designed to complement and support the experiences children and youth have in Army CYSS and in schools.

Children and youth may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

CLASSES

• **Hip Hop Dance Class**

Want to join a dance crew? Well, don't stop, get into Hip Hop and join the New SKIESUnlimited Hip Hop Class, Krumpin, Poppin, Breaking and more.

- Tuesdays (4 classes per month)
- Teen Squad (age 12 - 18): ¥6,000
1500 - 1600
- Jr. Squad (ages 9 - 11): ¥6,000
1615 - 1715
- "Shorty' z" (ages 5 - 8): ¥5,000
1730 - 1815

• **Piano Lessons (1500 - 2000)**

- * Instructor: Ms. Miho
Monday or Friday
- * Instructor: Ms. Sekita
Tuesday or Wednesday
- * Instructor: Ms. Mayumi
Tuesday

• **Violin Lessons**

- * Instructor: Mr. Sumi
Monday 1500 - 2000
- Piano and Violin lessons classes are ¥7,000 (4 classes per month - 30 minute one on one sessions)

• **Ballet and Dance (Ms. Minori)**

- Wednesdays
- Intermediate Ballet (ages 10+):
\$60 1500 - 1630

Pre-Elementary (ages 4 - 6): \$40
1630 - 1715

Elementary Ballet (ages 6+): \$60
1720 - 1830

Thursdays

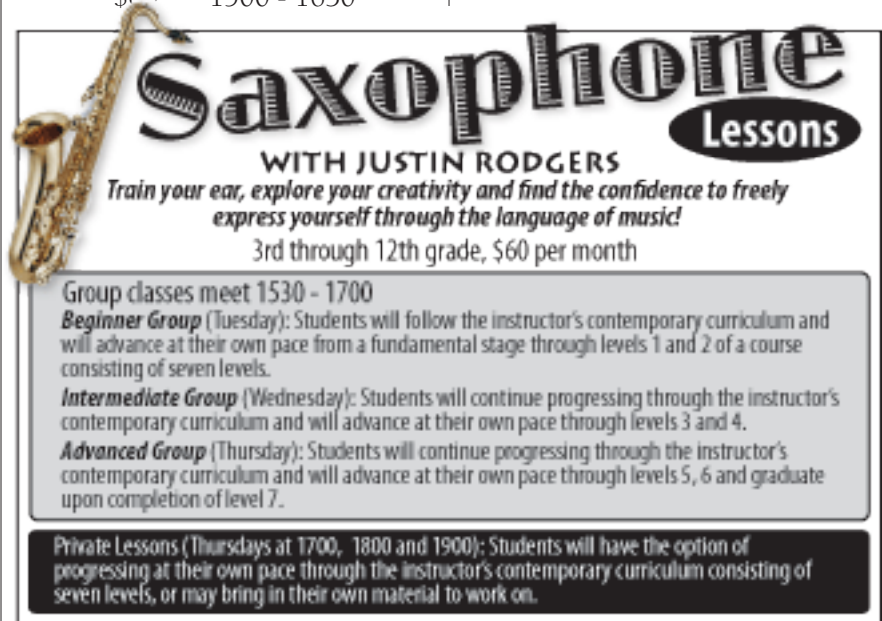
Pre-K Ballet (ages 3 - 4): \$40
1515 - 1600

Contemporary Dance (ages 7+):
\$60 1600 - 1730

NOTE: Payments are made in US dollars with the current exchange rate.

REGISTRATION

Register 2 weeks prior to the 1st of the month...all new students begin the 1st week of the month.



Saxophone Lessons
WITH JUSTIN RODGERS
Train your ear, explore your creativity and find the confidence to freely express yourself through the language of music!
3rd through 12th grade, \$60 per month

Group classes meet 1530 - 1700
Beginner Group (Tuesday): Students will follow the instructor's contemporary curriculum and will advance at their own pace from a fundamental stage through levels 1 and 2 of a course consisting of seven levels.
Intermediate Group (Wednesday): Students will continue progressing through the instructor's contemporary curriculum and will advance at their own pace through levels 3 and 4.
Advanced Group (Thursday): Students will continue progressing through the instructor's contemporary curriculum and will advance at their own pace through levels 5, 6 and graduate upon completion of level 7.

Private Lessons (Thursdays at 1700, 1800 and 1900): Students will have the option of progressing at their own pace through the instructor's contemporary curriculum consisting of seven levels, or may bring in their own material to work on.



TAEKWONDO
With Master Kang and Sensei Takeo
Mondays & Thursdays
1730 - 1900
Ages 4 - 18
Cost ¥5,000 per month

In this class your child will learn not only physical training and discipline but mental training as well. Available to both youths and adults, this class embraces a family friendly atmosphere with safety being a top priority.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

R

eminder:

The golf course is closed on New Year's Day.

■ Camp Zama Golf Club • 263-3694
<http://www.usarj.army.mil/information/mwr/business/golf/>

TOMODACHI DAYS ARE AS FOLLOWS:

- 6 January - Friday
- 13 January - Friday
- 20 January - Friday
- 27 January - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 24 January, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TEE TIME INFORMATION

- **Weekday tee times**
Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.
 - **Weekend / US holiday**
Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.
- NOTE:** All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

PRO SHOP

The Zama Golf Course Pro Shop offers a full selection of the latest clubs, clothing, golf bags, shoes, gloves, hats and many other accessories. You can find "Ping, Nike, Titleist, Mizuno and Callaway clubs (club fitting available.)



ATTENTION GHIN Subscribers.
It is now time to renew your GHIN membership for 2012. All subscribers have been deactivated. Please pay the \$22 fee in the golf shop to activate your GHIN membership. The Junior fee for 2012 is \$14 (17 and under).

Trade-Ins

Get new clubs for less. Trade-In your used clubs.

Camp Zama Golf Course announces "Trade-Ins". You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>



PGA TRADE-IN NETWORK



PGA TRADE-IN NETWORK AUTHORIZED FACILITY

REVOLUTIONARY NEW GOLF INSTRUCTION

Zama Golf Club announces a new lesson package. Receive one hour of individual instruction utilizing Computer Swing Analysis and MEGSA (a revolutionary new golf training tool). Cost is \$50 for one lesson or take a series of 4 lessons for \$175 and save \$25 over the individual lesson price. Call Dale Jorgenson at 263-3694 to schedule your lesson.



Computer Swing Analysis **MEGSA Swing Trainer**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

Monday

- 2 US Holiday
- 9 Hamburger Steak and Swiss
Cheese w/Brown Gravy
- 16 US Holiday
- 23 Meat Loaf
- 30 Beef Macaroni and Cheese
Casserole

Tuesday

- 3 Giavanti (Scallops and
Shrimp)
- 10 Spicy Seafood Pasta
- 17 Garlic Shrimp Pasta
- 24 Carbonara
- 31 Lasagna Served
w/Garlic Bread

Wednesday

- 4 Chinese BBQ Ribs
- 11 Kung-Pao Chicken
- 18 Beef Mongolian
- 25 Chicken Mongolian

Thursday

- 5 Chicken Enchiladas
- 12 Beef Fajitas
- 19 Mega Burrito De Carne
Asada

LUNCH

- 26 Chicken Fajitas
- Friday**

- 6 Panko Fish
- 13 Chicken Teriyaki
- 20 Curry Rice w/Fried Pork
- 27 Margarita Chicken

Saturday

LUNCH

7, 14, 21 and 28 January, fried chicken served w/mashed potatoes and biscuits.

Sunday

8, 15, 22 and 29 January, fried chicken served w/mashed potatoes and biscuits.



Gift Card
NOW AVAILABLE

The Zama Golf Club presents
Joe Golfer
with a
\$100 Gift Card

Cert# 13 Expires 09/23/11

"Looking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and beverage)."

PAYDAY SCRAMBLE
Red Bull



Friday, 3 February
(11 am shotgun start)

FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ community and their family members. Fun, food and prizes!

COMMERCIAL SPONSORSHIP
and the ZAMA GOLF COURSE
STAFF thank our sponsor, **RED BULL**, for supporting our community and this event.



ANNOUNCING
"Velocity PureLaunch" launch monitor
for personalized Club fittings.

\$50



Want to know your spin rate, launch angle, distance etc...? No more guess work. Launch monitor with two integrated Doppler-radar transceivers; patented technology; made in USA.

Outputs: ball velocity, club head speed, carry distance, power transfer ratio %, launch angle, total spin, deviation, angle of descent, angle of attack, side spin, club face angle, angle of descent, trajectory graphics, shot simulation, club acceleration and deceleration, data and reports. Call Dale Jorgenson at 263-3694 to schedule your personalized club fitting session.

Velocity

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

H

ave
you visited the
"Sports Bar & Grill"
located in the Zama
Community Club?
If not, stop by and
we think you will be
pleasantly surprised
at the decor, the
atmosphere, an
excellent selection
of food, numerous
televisions to watch
your favorite team,
and a great place to
meet your friends.
We look
forward
to seeing
you.



■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Hip Hop Music w/DJ**

On Friday Night, 6, 20 and 27 January, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

- **Country Music with DJ**

On Saturday night, 7 and 14 January, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. Every 2nd and 4th Wednesday FREE Line Dance instruction from 6:30 - 7:30 pm.

- **Main Stream Dance Music with DJ in the Firelite**

Friday, 13 January, 9 pm - 3 am.

- **Old School Night**

Saturday, 21 January, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

- **Latino Night**

Saturday, 28 January, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJs in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95
Youths 8 - 12: \$7.95
Youths 4 - 7: \$4.95
3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

3 No Lunch
10 Chicken Fried Steak w/Gravy
17 Chicken Gordon Bleu
24 Chicken Nanban w/Tartar Sauce
31 Cream Cheeve Stuffed Chicken w/Red Bell Pepper Sauce

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

4 Veal Parmesan
11 Stuffed Cabbage Roll w/Tomato Sauce
18 Keema Curry on the Rice
25 Beef and Pork Hamburger Steak w/Oroshi Sauce



Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.



STARBUCKS COFFEE

CZCC Proudly Brewing Starbucks Coffee

The CZCC is now serving Starbucks Brand Ground House Coffee as our basic coffee. This coffee is available at all dining events to include lunch operations and Sunday Brunch. Providing the world's best coffee for the "World's Best Customers."



SOCIAL HOUR

COME OUT FOR CAMARADERIE AND TEAM BUILDING



FREE HORS D'OEUVRES

FRIDAYS, 5-7 PM @ FIRELITE LOUNGE

1st Friday: "Aloha Fridays"
2nd Friday: "Bring Your Boss Night"
3rd Friday: No Social Hour On Community Nights
4th Friday: Ichi Dan Night "One Team"

* RIGHT ARM NIGHT ONCE A QUARTER

WE SUPPORT THE DESIGNATED DRIVER PROGRAM
Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL 263-4547
CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

Thursday: (Rotisserie Chicken and vegetable of the day)

- 5 • Beef Pot Pie
- Pork Stroganoff
- 12 • Chicken Pot Pie
- Ton Pou Rou
- 19 • Chicken Diablo
- Spaghetti w/Meat Sauce
- 26 • Taco Rice
- Shrimp and Penne Au Gratin Casserole

Friday "Lunch Buffet" (soup and vegetable of the day, \$7.95)

- 6 • Teriyaki Chicken
- Sweet Sour Pork
- Fried Rice
- 13 • Chicken Fujitas
- Burritos
- Mexican Rice and Corn
- 20 • Karaage Chicken
- Pork Chop Suey
- Nikujaga
- Takikomi Gohan
- 27 • Sliced Roasted Turkey
- Beef Stew
- Wild Rice / White Rice
- Mashed Potatoes w/Gravy

Bunco TIME! Gals... and guys too!

6 January, 6:30 pm, at CZCC Ballroom (right wing)

CAMP ZAMA COMMUNITY CLUB

Cake Catering Service

CAKES FOR ALL OCCASIONS

TO ORDER CALL 263-4204

(TUESDAY-FRIDAY 9:30 AM-5:30 PM)

* CAKE MUST BE ORDERED 48 HOURS IN ADVANCE

* CONTRACT REQUIRED

DINNER MENU

Sunday (limited menu) 5 - 9 pm
 "2 for 1 Steak Night"
 (no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered (no take out).

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547

DINNER MENU

before 3 pm.

Thursday (5 - 9 pm)

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

Friday "Chef's Special" (5 - 9 pm)

Regular Menu

20 Community Night

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

21 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

CAMP ZAMA COMMUNITY CLUB

The Camp Zama Community Club
Gift Card

100

THE ULTIMATE GIFT CARD IS HERE!
 A great gift for an employee, friend or family member. Can be used for any services that CZCC offers such as food, beverages, catering and cakes!
 Purchase your CZCC Gift Card at the cashier's window. For more information, please call 263-4547.

Give a gift that counts...

CZCC Gift Card

Restrictions valid only at the CZCC. This card will expire 6 months from the purchase date. Card cannot be used for the slot machines or exchanged for cash. Lost cards are not the responsibility of CZCC. Please present this card prior to payment.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

■ Zama Bowling Center • 263-4780

- **No Tap Tournament**
Sunday, 15 January, 1 - 3 pm. Sign-up now.
- **One Dollar Day (\$1 per game)**
2 - 3 January, bowling fee is \$1.00

LUNCH

Monday

- 2 Closed
- 9 Ground Beef Curry Over Rice
- 16 Regular Menu
- 23 Lasagna w/Garlic Bread
- 30 Spaghetti w/Meat Balls, Garlic Bread

Tuesday

- 3 Regular Menu
- 10 Hawaiian Beef Stew w/Corn Bread or Rice

per day and \$1.00 for rental shoes.

- **All You Can Eat Pizza with Bowling**
2nd Tuesday of the month, \$10 for

LUNCH

- 17 Smothered Chicken w/Mashed Potatoes and Steamed Vegetables
- 24 Chicken Cutlet w/Gravy, Rice and Fried Corn
- 31 Seafood Alfredo w/Garlic Bread

Wednesday

- 4 Chicken Adobo w/Rice and Leche Flan
- 11 Pork Sinigang w/Rice and Biko

3 games, rental shoes, and All the Pizza You Can Eat, 5 - 9 pm.

- **Family Time**
Every Thursday, 3 - 10 pm, is "Family Time." Free bowling plus free rental shoes.

LUNCH

- 18 Ginger Pork over Rice w/Miso Soup and Pickled Radish
- 25 Beef Bulgoki w/Rice

Thursday

- 5 BLT w/Corn Chowder Soup
- 12 Grilled Ham Sandwich w/Vegetable Soup
- 19 Chicken Gumbo w/Rice and Crackers
- 26 Turkey Wrap w/Avocado Dressing and Fries

Friday (No Special)

Regular Menu

■ Sagami Lounge • 268-4954/4847 / Orders: 268-4142

LUNCHES

**Sagami Lounge will be closed on the following days:
1, 2, 3 and 16 January.**

MONDAY

- 2 Closed
- 9 Steak Don
- 16 Closed
- 23 Pork Cutlet and Jambalaya
- 30 Hamburger Steak and Curry Sauce

TUESDAY

- 3 Closed
- 10 Chicken Cutlet (Lounge Special)
- 17 Fried Shrimp Curry
- 24 Taco Rice and Enchiladas
- 31 BBQ Pork

WEDNESDAY

- 4 Hamburger Steak and Fried Shrimp
- 11 Lasagna w/Garlic Bread
- 18 Cabbage Rolls
- 25 Italian Spaghetti w/Meat Balls

THURSDAY (All-U-Can Eat)

- 5 Italian Buffet

LUNCHES

- 12 Mexican Buffet
- 19 French Buffet
- 26 Oriental Buffet

FRIDAY

- 6 Mixed Grilled Plate
- 13 Shrimp Pilaf and Salmon Saute w/Soy Butter Sauce
- 20 Mixed Croquettes
- 27 Seafood Platter

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$8.50)

- 10 Chinese Dinner
- 17 Mexican Dinner
- 24 Pizza and Pasta Dinner
- 31 BBQ Dinner

WEDNESDAY NIGHT

4, 11, 18 and 25 January, regular dinner menu.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 5 Italian Dinner (\$15.95)
- 12 French Dinner (\$15.95)
- 19 Prime Rib (\$20)

DINNER SPECIALS

- 26 Japanese Dinner (\$15.95)

FRIDAY NIGHT

Mongolian BBQ on 13 and 27 January; enjoy the best Mongolian BBQ in town!!! Also, on 6 and 20 January, we offer the regular dinner menu.

SATURDAY NIGHT

7, 14, 21 and 28 January, regular menu.

DEPOT BURGER CHALLENGE

Depot Burger Challenge is now at 11 potties.

ANYONE EXCEEDING THE CURRENT AMOUNT GETS THEIR CHALLENGE MEAL FOR FREE AND IS POSTED ON THE "HALL OF FAME"



SAGAMI DEPOT LOUNGE 268-4954

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

GRIDIRON CHALLENGE

The 4th Annual "Gridiron Challenge" every Thursday, 5 - 7 pm, with the "Football Frenzy" and "College Games Challenge"



Gridiron Challenge Wk #9 Winner
Ms. Lisa Anderson



Gridiron Challenge Wk #10 Winner
Mr. Zachary Zeigler



Gridiron Challenge Wk #11 Winner
Mr. Mark Willington



Gridiron Challenge Wk #12 Winner
Mr. Krista Breda



College Games Wk #9 Winner
Mr. Curtis Williams



College Games Wk #10 Winner
Mr. Rob Brochu



College Games Wk #11 Winner
Mr. Curtis Williams



College Games Wk #12 Winner
Mr. Terry Lyons



College Games Wk #13 Winner
Mr. Wesley Owen

January schedule: Thursday, 5, 12, and 19 January 2012.

Come out to the Camp Zama Community Club Sports Bar every Thursday, 5 - 7 pm, for a chance to win some great prizes and to talk FOOTBALL!

Prizes

Week 17: Panasonic video camera and ¥5,000 food coupon (from Outback)

*** NOTE: Each winner also receives a 4-pack energy sport drink (from Red Bull) and an "appetizer coupon" (from Outback Steakhouse).

For more information, please call 263-4547 / 5995.

MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



The Budweiser and Miller Lite Companies Support "Responsible Drinking". Sponsorship does not imply endorsement by the U.S. Government.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

~~CAMP ZAMA~~ Community Night

FRIDAY 20 JANUARY
5-8 PM

CZCC BALLROOM

FREE EVENT!

HORS D'OEUVRES, PRIZES AND
ENTERTAINMENT

EVERYONE IS WELCOME

FOR MORE INFORMATION,
PLEASE CALL 263-4547

C A M P Z A M A C O M M U N I T Y C L U B



C A M P Z A M A C O M M U N I T Y C L U B

Tickets purchased by
17 January \$40, After 17 January \$50
Includes non-alcoholic drinks and prizes
Grand prize will be based on the number of players
Sign up at the Cashier's Window

For more info, please call 263-4547

SAT 21 JANUARY CZCC BALLROOM 2 PM

TEXAS HOLD'EM

T O U R N A M E N T



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

The Camp Zama Community Club

Cat



Wedding Cakes

What better way to add that special touch to your special day then with a custom made Wedding Cake. Our baker will design a cake especially for you!

take her to dinner...take her to dinner...take her to dinner.

The Camp Zama Community Club offers a variety of menu items and special setups. Stop by to see us to help plan your special event. The General's Cherry Blossom and Bonanza menus are available to host your event. Please contact us for center pieces to enhance the appearance of your event. We have the "perfect" table arrangements to. We are here to serve the Soldiers and their families. Catering operating hours: Tuesday - Friday, 10:00am - 6:00pm. Email: rika.ueda@zama.army.mil.



Catering Service

Article and photo by: Mr. Randy Benton, Community Club General Manager

Community Club is the premier catering facility within the Kanto Plain. We cater to parties from 10 to 300 guests, offering a wide variety of options and have us arrange your hail and farewell, reception, dining out, birthday party or any other special event. Come in and see for yourself. Some of our recognizable highlights are the USARJ Army and Holiday Balls, Change of Command Receptions, Commanding Officers' Receptions as well as numerous private and unit parties. The Ballroom, Garden Room, Eda's Room and Firelight Lounge all offer a wide selection of table arrangements to suit your event requirements. We have a selection of flowers and centerpieces to choose from. Live flowers can also be purchased upon your request. Whether your event is formal or casual, we can cater just for you. Our Catering Department has just the color that you need to make your event shine the way you want it to. Families and civilians of Camp Zama. Our goal is to provide the best service possible to "The Best Customers in the World". We are open Saturday, 9 am - 5 pm, and Wednesday by appointment only. Our Catering Manager is Ms. Rika Ueda, phone 263-4204 or



Z A M A I T T

Happy New Year 2012

May health & happiness be yours in all the seasons



63rd Sapporo Snow Festival



Odori Site

* Pre Snow Festival Tour: February 4-6

* Snow Festival Tour: February 5-7

Individual Arrangement
Free Plans are Available

First come, first served.
Spaces are limited.



Spring Escapade Tours



Beijing (Tiananmen Square)

Spring Escapade Tours
April 7-15 will be on sale
on the 15th of January

Predesigned vacation plans with tours,
airfare, hotel, sightseeing and
other miscellaneous fees included.



We can arrange a Wagamama Tour
to any destination on the dates you desire.

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION



• Military PHONE : 263-5273
263-4059

• E-Mail : travel@zamaitt.com

• Commercial PHONE : (046) 254-8896

• Commercial FAX : (046) 255-0356

• Website : <http://zamaitt.com>



WE ARE NOW ON FACEBOOK AT

<http://www.facebook.com/pages/zama-itt-international-tours-office/224117894269665>

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

D

id you know that you could earn promotion points from AFTB classes? If you are a Soldier (SGT or below) and need promotion points, AFTB is for you. For more information or to register, please phone 263-8087.

■ Army Community Service • 263-8327

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

Please contact Mr. Gary R. Woods at 263-8089 to schedule your unit Pre/Post Deployment Readiness Training, Reunion Briefing, Family Readiness Group (FRG) Training, and Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

• *Pre/Post deployment Support and Operation R.E.A.D.Y. Training*
This training is designed to assist

all mobilizing, deploying, and re-deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Sessions are conducted every Thursday of each month, 1:30 - 4 pm, at ACS, Bldg 402, in the Outreach Room.

• *Deployed Spouse Program*

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

LOAN CLOSET
Army Community Service

Monday, Tuesday & Friday:
7:30 am - 4:30 pm

Thursday:
1 - 4:30 pm, at ACS, Bldg 402

FOR DETAILED INFORMATION, CALL 263-4357

AER/FINANCIAL/EMPLOYMENT, 263-HELP, 263-8091

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the

NEWCOMERS ORIENTATION

For information, contact ACS at 263-8091.

NEWCOMERS ORIENTATION PART I: Wednesday, 18 January, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: Thursday, 19 January, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

SHOPPING ON THE ECONOMY: Thursday, 19 January, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

use of sound money management. Units and FRGs may request classes; request by email: mark.daybell@us.army.mil, two weeks in advance minimum. For more information, phone 263-8091.

• **Scheduled Financial Classes:**

All classes are held at ACS.

* Budget (2 - 3:30 pm)

Monday 9 January

* Debt Management

(2 - 3:30 pm)

Monday 23 January

* First Term Soldier Training

(8 am - 4 pm)

Monday 30 January

First Term Soldiers on their initial duty shall complete all four classes during in-processing to meet the requirement of the mandatory 8 hour Financial Readiness Training requirement per AR608-1 DoDI 1342.27.

• **AER Emergency Leave**

Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site and other financial emergencies. Contact Mark Daybell at 263-8091 or email: mark.daybell@us.army.mil.

• **Employment Readiness**

Provides assistance with resumes and job search by appointment. The following classes are offered by the Employment Readiness Program Manager:

* Resume and Cover Letters

13 January, 2 - 3 pm

* Interview Techniques

20 January, 2 - 3:30 pm

Dressing for Success

27 January, 2 - 3:30 pm

Please contact Mark Daybell at



DoD Safe Helpline
Sexual Assault Support for the DoD Community

Live 1-on-1 Help Confidential Worldwide 24/7

After a sexual assault you may want expert advice from a real person, not a machine.

Contact Safe Helpline to connect with a trained professional and get needed support

Click www.SafeHelpline.org

Call 877-995-5247

Text* 55-247 (INSIDE THE U.S.)
202-470-5546 (OUTSIDE THE U.S.)

*Test your location for the correct SARC.

Family Advocacy Program

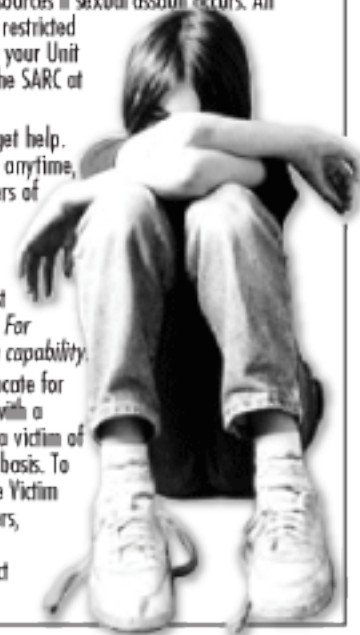


Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-4782 / 4853. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

• **Sexual Assault Prevention and Response Program (SAPRP)** - Hot line from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4782 / 4853 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4782 / 4853 or 090-9395-8909.

• **Safe Helpline** - Safe Helpline provides three ways for DoD community members affected by sexual assault to get help. These services are anonymous, secure, and available 24/7 worldwide - providing victims with the help they need, anytime, anywhere. The Online helpline provides confidential crisis intervention, support and information to service members of the DoD community who have been sexually assaulted. In addition to providing help online, Safe-Helpline is also available by phone worldwide: 877-995-5247. The phone number is the same inside the US or via the Defense Switched Network (DSN). DSN users can dial US toll-free numbers by simply dialing 94 + the 10-digit toll-free number. Do you want to contact the Sexual Assault Response Coordinator (SARC) on your installation or base? Just text your zip code or installation or base name to: 55-247 (inside the US) 202-470-5546 (outside the US). *NOTE: For international texting, users must enter a country code (e.g., 001) and cell phones must have international texting capability.*

• **Victim Advocacy:** Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782 / 4853, or 080-5968-3188.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Army Community Service • 263-8327

263-8091 or email: mark.daybell@us.army.mil for additional information and advance registration.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• **Army Volunteer Corps (AVC)**
Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Call your Community Life Officer at 263-8087.

ARMY FAMILY ACTION PLAN (AFAP), 263-8087

“AFAP is a year round process!”
To submit an AFAP issue, log onto www.myarmyonesource.com. Visit the Family Programs tab to submit an issue. Issues can be submitted anonymously.

INFORMATION AND REFERRAL, 263-2382

I and R provides maps and directions to the local area and for military installations throughout Japan, as well

Volunteer Positions

*ACS is an awesome place to work, an even better place to Volunteer!!
It's easy to get started at www.myarmyonesource.com*

Step 1. Register/Join

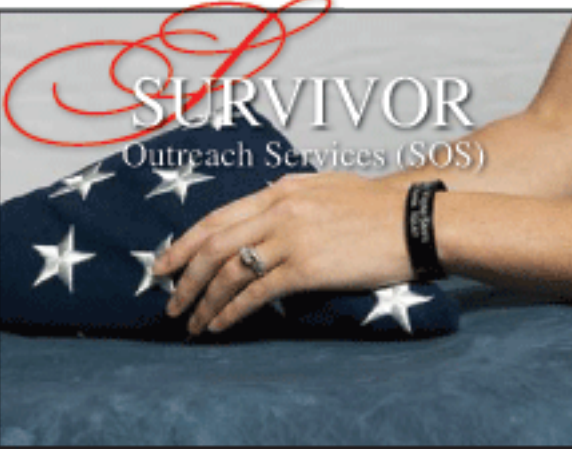
Step 2. Select Volunteer Tools and check out what's available.

Community Mayors (Camp Zama and Off-Post Mayors needed)

Assist the Housing Office with the Quarters Beautification and Holiday Home and Card Decorating Program; assist with distribution of community publications and publicity of community events, attend monthly Community Information Exchange (CIE); be the positive eyes, ears and voice of your designated community area. (This is a volunteer position).

ACS / Army Family Team Building (AFTB) Master Trainer

Mentors, trains, guides, and supports AFTB volunteers. Serves on the advisory / steering council and is a positive spokesperson for ACS and AFTB. (This is a volunteer position).



SURVIVOR
Outreach Services (SOS)

Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under “Army Community Service”. Other services include: confidential client intakes, crisis inter-

vention, referral to other programs and assistance for Japanese school registration and parent meetings.

- **Adult Evening English Class**
Every Wednesday, 5:30 - 7 pm. No pre-registration necessary (class cancelled, 3 January.)
- **Adult Japanese Class** (Every Wednesday)
* Advanced Class: 10 - 11 am.
* Basic Class: 11 am - noon (class cancelled 4 January)

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

- “EFMP Workshop”:
23 January, noon - 1 pm, at ACS.
- Monthly Autism Support Group Meets:
3rd Monday of each month at ACS



The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month (17 January) at ACS from noon - 1 pm.

The Army offers EFMP Respite Care for Families that have one or more members with **Moderate to severe special needs**. Respite Care provides an opportunity for the Family member caregiver to take time away from care responsibilities to meet personal or other Family obligations. Please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572 for more information.

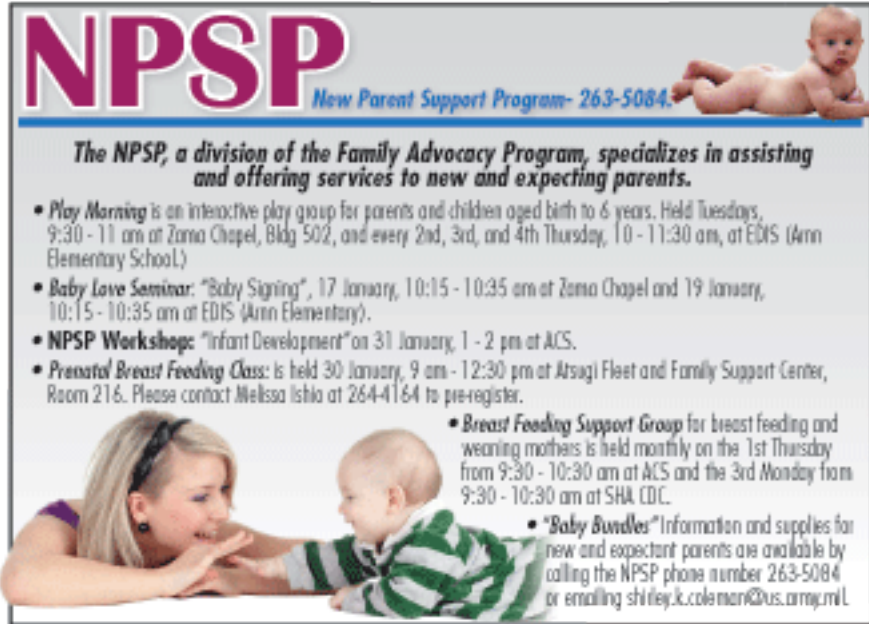
Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

• **Business Japanese Class**
Every Wednesday, 5 - 6 pm, ACS Community Room, Bldg 402. No pre-registration required (class cancelled, 4 January.)

• **Foreign Born Spouse Support Group**
Whether your question concerns immigration and naturalization learning, the English language or how to take

local transportation, Army Community Service provides assistance, weekly classes, and referrals. The support group meets the third Wednesday of the month from 1 - 2:30 pm at the ACS Outreach Room. Pre-registration required.

• **American Cooking Class**
10 am - noon, 24 January. Call Ms. Janine Dorsey or Ms. Megumi Saito at 263-4357 for more information.



NPSP
New Parent Support Program- 263-5084

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School)
- **Baby Love Seminar: "Baby Signing"**, 17 January, 10:15 - 10:35 am at Zama Chapel and 19 January, 10:15 - 10:35 am at EDIS (Ann Elementary).
- **NPSP Workshop: "Infant Development"** on 31 January, 1 - 2 pm at ACS.
- **Prenatal Breast Feeding Class:** is held 30 January, 9 am - 12:30 pm at Atsugi Fleet and Family Support Center, Room 216. Please contact Melissa Ishio at 264-4164 to pre-register.
- **Breast Feeding Support Group** for breast feeding and weaning mothers is held monthly on the 1st Thursday from 9:30 - 10:30 am at ACS and the 3rd Monday from 9:30 - 10:30 am at SHA CDL.
- **"Baby Bundles"** Information and supplies for new and expectant parents are available by calling the NPSP phone number 263-5084 or emailing shiley.k.coleman@us.army.mil



*The Army
Community
Service
staff wish
you and your
Family a
very happy
New Year.*

“See the Bugle for the advertisement”.

Paid Advertisements

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

T

he Zama
Book of Records
will resume March
2012.



■ Sports, Fitness and Aquatics

263-3954 / 4664

SPIN BIKE CLASSES

FREE

Tuesday: 1730 • Thursday: 1600

For more information, 263-4664/5656.



SPORTS (263-7980)

- *Zama Book of Records* Resumes March 2012.

FITNESS (263-5656)

- *Personal Training Program Consultations (Free)*

Limited days and times by appointment only. Consultations are Tuesdays 0900 - 1130 and Wednesdays 1400 - 1630.

POC: Jane Kupkowski, Fitness Coordinator; Jane.kupkowski@us.army.mil or 263-5656.

- *Super Circuit Class (Free)*

Monday, Wednesday: 1200 - 1230
Friday: 1730 - 1800

- *Yoga:*

Thursdays, 1200

- *Tight-n-Tone*

* Instructor: Tanya Simmons
Wednesdays, 1730

- *Step-n-Abs*

* Instructor: Tanya Simmons
Mondays, 1730

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

AQUATICS (263-3348)

- *Water Aerobics Classes*

* Mondays, Wednesdays and
Fridays: 0900 - 1000

* Wednesday Evening Class:
1800 - 1900

* Tuesdays and Thursdays:

YANO FITNESS CENTER



INTRAMURAL BASKETBALL

STARTS

9 JANUARY 2012

*Entry deadline is
3:30 pm, 5 January 2012.

*For more information, please call 263-4664.

YANO FITNESS CENTER

Saturday & Sunday • 28 & 29 January

- Mens Division only.
- Open to all.
(18 years of age and older and not in high school)
- Type of competition determined by the number of teams entered.
- Entry deadline is 5 pm, Tuesday, 17 January.
- Entry fee is \$200 per team.
- For more information, please call 263-4664/7980.



CAMP ZAMA BASKETBALL INVITATIONAL

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

1730 - 1830

See flyer for specific details and cost.

• **Jacuzzi, Steam Room, Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• **Training Reservations for Swimming Pool**

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request. We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, and Water Exercise.

• **Age Policy for Swimming Pool**
Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or

YANO FITNESS CENTER
SATURDAY, 14 JANUARY
MEN & WOMEN DIVISIONS

FREE THROW CONTEST
STARTING TIME: WOMEN-9 AM · MEN-9:45 AM
*REGISTER BY 9 PM, FRIDAY, 13 JANUARY

3 POINT SHOOT OUT
STARTING TIME: WOMEN-11 AM · MEN-11:45 AM
*REGISTER BY 9 PM, FRIDAY, 13 JANUARY

- Open to all (18 years of age or older & not in high school).
- **No Fee**
- Awards to First & Second Place Finishers.
- Commanders Cup Points are awarded.
- For more information, please call 263-4664/7980.



adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the

issue counter at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

Yano Fitness Center is seeking interested applicants for contracting in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, Yoga



Dodgeball

Tournament

9 am · Saturday · 11 February

- Unit level competition.
- Open to all.
(18 years of age and older and not in high school)
- Entry deadline is 9 pm, Thursday, 9 February.
- Awards to 1st and 2nd place teams.
- Commanders Cup points are awarded for this event.
- For more information, please call 263-4664/7980.

Yano Fitness Center

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

and other group exercise. For more information, call 263-5656.

AEROBICS

• *Zumba and AquaZumba (pool)*

* Instructor: Abigail Cafee

• *Zumba*

* Instructor: Ms. Hitomi

NOTE: For Zumba and Aqua-Zumba classes and the exact times and fees, please see the Yano monthly schedule or call the Yano Fitness Center at 263-4664/5656 (times and schedule subject to change depending on community needs.)

• *Martial Arts (Taekwondo Classes)*

* Instructor: Kang Hyum Soon
Monday: 1800

Ages 4 to adult: 1730 - 1900
Cost: \$6 per class, \$20 (4 session card) (depending on yen rate)

* Instructor: Kato Kazuhisa

Tuesday - Friday

Ages 4 - 6: 1700 - 1000

Ages 7 - adult: 1800 - 1900

Cost: \$45 per month (depending on yen rate)

YANO FITNESS CENTER

Got Japan!

Swim Around Japan Challenge
* For more information, please call 263-4664/3348.

What is it? "Swim Around Japan" Challenge participants will swim laps according to the distance around Japan (34,000 km). After registering with one of the Aquatic staff, each of the participants laps will be officially logged (by a staff member). Receive an event T-Shirt when you've finished the challenge!

NOTE: All Taekwondo participants ages 18 and older pay at the Yano Fitness Center issue counter, and ages 17 and under pay at Parent Central Services, Bldg #533.

MASSAGE

• *Massage Cancellation Policy:* Must be made 24 hours in advance from the time the original

appointment was made. Please be sure to ask the staff for information regarding this policy.

• *Aqua Massage*

Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes (must be at least age 18.)

• *Yukari's Soft-Chiropractic Massage*

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (must be at least age 21).

NOTE: Massage gift certificate is good for 90 days from the day you purchase. If you have a gift certificate and you are not sure of the expiration date, please call the issue counter at 263-4664.

• *Tanning Booth*

Yano Fitness Center has two tanning booths. The hours are:

Monday - Friday: 0530 - 2025

Weekends: 0800 - 1725

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35 (must be 18 years old.)

WINTER YANO FITNESS CENTER POOL

Learn-to-Swim
Something for Everyone!

*For more information, please call 263-4664/3348.

- Throughout the month of February.
- Classes are Monday, Wednesday and Friday
- Weekend classes are Saturday and Sunday
- Registration: 18 January - 1 February at Yano Fitness Center.
- See flyer for specific details (some dates may change or vary).

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

R

ed
Tag Sale. A variety of craft supplies are on sale now starting from \$1.



■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday: 1130 - 1930
Saturday - Sunday: 1000 - 1800

CLASSES

• **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).

• **Wood Shop Orientation for DA 3031.**

Saturdays: 10 am, no fee.

• **Frame Shop Orientation**

2nd and 4th Thursday, 5 pm, \$10 a class; supplies are included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

• **Washi-Paper Craft Workshop**

\$10 a class; supplies are available at the sales store (by appointment)

• **Ikebana Class** (fresh flower arrangement), 1st, 2nd and 3rd Thursdays, 2 pm. Please call to find out the monthly theme. Cost is \$20 per class and ¥1,000 for flowers.

• **Shodo** (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

NOTE: All classes require advance registration. Schedules are subject to change.

NEW YEAR'S RESOLUTION!

ARTS & CRAFTS CENTER

Kakizome

Try Japanese Calligraphy!

11 am ~ 1 pm • Sunday, 8 January at the CZCC.

New Year's Flower Arrangement

with the Ikebana Instructor

2 ~ 5 pm • Thursday, 26 January

*Sign up by Sunday, 15 January
First 30 entries will be accepted

at the Arts & Crafts Center.

*For more information,
please call 263-4412.

Events are

FREE!

••• WANTED •••

Zama Arts and Crafts Center is now looking for instructors in the following areas: washi paper craft, digital photograph, pottery, balloon art, Ikebana.



Welcome to The United States Army Suggestion Program

The Army Suggestion Program (previously known as the Army Ideas for Excellence Program) has gone online.

The new suggestion processing program was unveiled on Army Knowledge Online (AKO). Anyone with an AKO user name and password can now submit suggestions electronically. Detailed guidance is provided on the web page at <https://armysuggestions.army.mil>.

There are several advantages to this program; the biggest plus being that anyone with access to the Web can make a suggestion from any where that they are. There is no longer a need to wait until you return to your home station to write-up and submit your idea.

Once submitted, the suggestion is processed entirely on-line.

For further information, contact the program administrator, Mr. Keith Simon, keith.simon@us.army.mil, DSN 263-5129 or Mr. Masao Naito, masao.naito@us.army.mil, DSN 263-55634, Plans, Analysis and Integration Office (USAG-J), US Army Garrison, Japan.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Community Activity Center • 263-3939/5712/8892

UPCOMING EVENTS

• **Tamagawa University E.T.C.**
 Tamagawa University E.T.C. will perform "Legally Blonde" the musical on 25 - 26 February.

CLASSES

• **Ballroom Dance Class**
 * Tuesday, 1730 - 1825
 Intermediate class, (four classes for ¥6,000) for 50 minutes

Advanced Class, (four classes for ¥4,000) for 50 minutes
 * Thursday, 1730 - 1825
 Beginning Class, (four classes for ¥4,000) for 50 minutes

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

• Best of Me by Sparks, Nicholas (Best Seller)
 • Boomerang by Lewis, Michael (Best Seller)
 • Dark Predator by Feehan, Christine
 • I Never Thought I'd See the Day! by Jeremiah, David
 • Killing Lincoln by O'Reilly, Bill (Best Seller)

• Prey: a Novel by Howard, Linda
 • Race by Cussler, Clive (Best Seller)
 • Seriously...I'm Kidding by DeGeneres, Ellen (Best Seller)
 • Steve Jobs by Isaacson, Walter (Best Seller)
 • That Used to Be Us by Friedman, Thomas L. (Best Seller)

• Dazed and Confused
 • The Four Feathers (1939)
 • My Life as a Dog
 • Orpheus
 • Paths of Glory
 • Secret Sunshine
 • The Thin Red Line
 • Walkabout

NEW BLU-RAY DVDS

• The Battle of Algiers
 • Carios

ON-LINE CATALOG

• Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>.

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

• **Ski Class at Iwappara**
 Saturday, 7 January, 0400 - 2100
 • **Trout Derby at Duwey Pound**
 Saturday, 7 January, 0900 - 1100
 • **ZooRasia**
 Sunday, 8 January, 0900 - 1530
 • **Ski and Snowboard at Naeba**
 Saturday, 14 January, 0400 - 2300
 • **Tsumekizaki Hiking**
 Saturday, 14 January, 0600 - 1930
 • **Tokyo Auto Salon 2012 with NAPAC**
 Saturday, 14 January, 0900 - 1800
 • **Grimpa Land**
 Sunday, 15 January, 0730 - 1830
 • **Setagaya Boroichi**
 Sunday, 15 January, 1300 - 2000
 • **Hotel Mikazuki Ryugu Spa**
 Monday, 16 January, 0830 - 1830
 • **Snowmobiling at Tangram**
 Saturday, 21 January, 0330 - 2200
 • **Ski and Snowboard at Tangram**
 Saturday, 21 January, 0330 - 2200
 • **Lake Kawaguchi Winter Fireworks and Akafuji Wine Factory**
 Saturday, 21 January, 1200 - 2330
 • **Ice Skating**
 Sunday, 22 January, 0930 - 1600

• **Ski and Snowboard at Tanbara**
 Saturday, 28 January, 0400 - 2100
 • **Deep Sea Fishing**
 Saturday, 28 January, 0500 - 1630

• **Yokohama Lunch Cruise and Minato Mirai Free Time.**
 Sunday, 29 January, 0900 - 1800

OUTDOOR RECREATION
BULLSEYE PAINTBALL
 MLC/IHAの皆様もご参加下さい。
 We provide the GEAR!

For more info, please call 263-4671.

Camp Zama's Bullseye Paintball is located at Sagami Depot, across the street from the Sagami Lounge. We house two speedball fields (an urban warfare environment & a larger field for a wider range of play).

Every Sunday of each month we hold a special event:
 1st Sunday: **Ladies Day** - all female players receive 50% off their paint.
 2nd Sunday: **Youth Players Day** - ages 12-18 receive 50% off their paint.
 3rd Sunday: **Friendship Day** - bring 2 friends and get 1 box of paint for FREE!
 4th Sunday: **Prize Day** - team up with players & win great prizes.

- Admission: \$5.00
- Air - \$5.00 (all day)
- Air Tank - \$5.00
- Marker - \$15.00 (Tippmann 98 Rental)
- Helmet - \$2.00
- Vest - \$2.00
- Package Deal! - \$20.00 (all of the above, no paintballs)
- Paintballs - \$13.75 (500 balls)
- We also accept YEM!

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

W

e have some used parts for sale: 6x9 speaker, CD player, safety flares, various aluminum rims and beginner driver (Wakaba) magnet. We also have used tires; just stop by with your car and see if they are on the rack.

■ Automotive Skills Center • 263-3615

TIP Now that winter is here it is time to prepare for the morning freeze. If the forecast calls for really low to freezing temperatures or even snow that evening or in the morning, if possible have the wipers on your car in the "up" position so they do not stick to the windshield. This will save the wipers blades and once the windshield warms up enough you can put them down and use them to wipe off the rest of the frost.

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday:
 1130 - 2000
 Saturday and Sunday:
 0930 - 1800

PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to

use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Zama Car Wash Operational Hours:

Monday - Tuesday: 0800 - 1630
 Wednesday - Friday:
 0800 - 2000
 Saturday - Sunday: 0900 - 1800

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center.

* Some preset towing fees for base to base are:

Within Camp Zama	\$25
SHA - Camp Zama	\$30
Sagami Depot - Camp Zama	\$35
NAF Atsugi - Camp Zama	\$40

For more information and rates for towing from other bases or anywhere off post please give us a call.

• Used Vehicle Courtesy Inspection

The Auto Skills Center offers a 20 point courtesy inspection for Soldiers and eligible Camp Zama personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.



DETAILING SERVICE

Our detailing service consists of a basic wash and wax of the outside only with tire waxing included. If you want the interior cleaned also, there is an additional cost. Prices are as follows:


- Starting from \$35 for sedans / hatchbacks
- Starting from \$50 for vans / SUV's

Cleaning of the interior

- Starting from \$15 for sedans / hatchbacks
- Starting from \$20 for vans / SUV's

- Cleaning of trunks for sedans; additional \$5

NOTE: Detailing work orders are conducted by appointment only.



CLASSES START AT 5:30 PM

- Basics on stereo installation: 12 and 26 January
- Basics on suspension: 19 January

Camp Zama Automotive Skills Center

CLASSES

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

CATHOLIC SERVICES

Monday - Friday, noon, daily Mass, Blessed Sacrament, Chapel

Sunday, 9 am, Mass, Music and Theater Workshop.

Sunday, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sunday, 10:45 am, Catholic Religious Education Class, Religious Education Center.

1st Saturday, 9 am, 2000 Hail Marys, Zama Chapel.

CAMP ZAMA PROTESTANT SERVICES

Sunday, 9:30 am, Protestant Religious Education Class, Religious Education Center.

Sunday, 11 am, Worship Service, Music and Theater Workshop.

(Childcare service is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of services.)

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sunday, 9:30 am, Sunday School, Sagamihara Chapel.

Sunday, 11 am, Worship Service, Sagamihara Chapel.

(Childcare services is provided for children up to kindergarten at the Sagamihara Chapel during the time of services.)

Wednesday, 6:30 pm, Bible Study, Sagamihara Chapel.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesday, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend off post service, please contact Richard Smith at 264-5203 or 090-8559-5549, or Yokey Araki at 801-649-1393 or 080-5896-3259.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact

Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor Auditorium), Yokosuka.

For more information, please contact Chaplain Swanson at 243-6931 or email john.swanson@fe.navy.mil. If interested in confirmation instruction, please let us know.

KOREAN BIBLE STUDY

Thursday, 1 - 2 pm at Camp Zama Chapel. Bible Study is offered in Korean language. For more information, contact Chaplain Park at 090-6185-5502 (cell phone), or at younsoo.park@us.army.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursday, 9:30 - 11:30 am, Protestant Women of the Chapel (PWOC) Weekly Program at the Religious Education Center. Watch care is provided. Homeschoolers are welcomed. POC: pwocatcampzama@yahoo.com.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the

month, 8 am - 9 am at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

WOMEN'S PRAISE BREAK

Wednesday, noon - 1 pm, Camp Zama Chapel. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

CHAPEL YOUTH PROGRAM

(EPIC, Experience Power in Christ)

Wednesday, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliusen at 263-4689 or james.corneliusen@us.army.mil.

JANUARY 2012 SERVICES AND EVENTS

Sunday, 1 January, 9 am, New Year's Day Mass, Music and Theater Workshop.

Saturday, 14 January, 10 am - 1 pm, Women's Fellowship / Bible Study, SHA Chapel.

Saturday, 14 and 21 January, 8 - 10 am, Men's Fellowship / Bible Study, SHA Chapel.

Saturday, 28 January, 2 -- 6 pm, Gospel Music Workshop, SHA Chapel.

USAG-J religious support services and programs offer many spiritual fitness opportunities for you and your Family. If you desire more information, please call the Garrison Chaplain's office at 263-4898. The Garrison chaplain's office only advertises religious support activities under its auspices.

Interactive Customer Evaluation

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

We are listening!

Good or Bad, we'd like to know!

<http://ice.disa.mil/index.cfm>

Please give us your

ADVICE

Interactive Customer Evaluation

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Directory of DFMWR Facilities & Additional Activities

DIRECTORATE OF FAMILY MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

DIRECTOR 263-8057
Army Community Services 263-4357
 Mon - Wed 0730-1630
 Thu 1300-1630
 Fri 0730-1630
 US Holidays Closed

Business Division

DIRECTOR 263-4452
ADMINISTRATIVE OFFICE 263-7935

DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975

Mon-Fri 0700-1700
 Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665

Mon, Tue, Thu, Fri 0630-1900
 Wed 0630-1900
 Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284

Mon-Fri 0645-1700
 Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)

Mon - Fri Sunrise-2200
 Saturday Sunrise-1930
 Sun 1600-2200

Chip Inn & Snack Stand 263-5834

Mon-Fri 0800-1600
 Weekends & Hol. 0700-1500

BOWLING CENTER ZAMA 263-4780

Mon-Wed, Sat-Sun 1100-2200
 Thu & Fri 1100-2230
 Holidays Closed

ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE 263-4133

Lunch

Tue-Fri 1045-1315
 Sunday Brunch 1000-1330

Cashier 263-4547

Sun-Thu 1000-2300
 Fri 1000-0230
 Sat 1000-0200

Catering 263-4204

Tue, Thu & Fri 0930-1730
 Wed (Appts Only)

Game Time Sports Bar & Grill

Sun, Tue & Wed 1100-2300
 Thu 1100-2200
 Fri & Sat 1100-2300
 No food service after 2200 hours

Cornerstone Game Room (no bar)

Tue-Thu & Sun 1000-2300
 Fri 1000-0300
 Sat 1000-0230

Firelite Lounge

Sun-Tue & Wed Closed
 Thu Closed
 Fri 1800-0300
 Sat 1900-0230

USA Dining Room

Tue, Thu & Sun 1700-2100
 Wed Closed
 Fri-Sat 1700-2200

HOB NOB INN 267-6097

Lounge & Game Room

Sun, Mon, Tue Closed
 Wed 1630 - 2300
 Thu 1630 - 2100
 Fri 1630 - 0100
 Sat 1900 - 0100

SAGAMI LOUNGE 268-4954

Take Out 268-4142

Lunch (Mon-Fri) 1100-1300

Dinner (Tue-Sat) 1700-2000

Bar

Tue-Thu 1100-2000

Fri 1100-2400

Sat 1630-2300

Bowling Center 268-4954/4606

Fri 1700 - 2400

Sun - Mon Closed

ZAMA LODGING

ADMINISTRATIVE OFFICE 263-3293

Reservation Desk 263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

Recreation Division

CHIEF RECREATION OFFICE 263-3479

ADMINISTRATIVE OFFICE 263-5614

ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed

Wed-Fri 1130-1930

Sat & Sun 1000-1800

AUTOMOTIVE SKILLS CENTER 263-3615

Mon-Tue Closed

Wed-Fri 1130-2000

Sat-Sun 0930-1800

COMMUNITY ACTIVITY CENTER 263-3939

Mon-Fri 0800-2100

Sat, Sun & Hol Closed

Open during lunch

HARDY BARRACKS LODGING 229-3270

INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800

Open during lunch

LIBRARY

Zama 263-3517

Mon-Thu 1000-2030

Fri - Sun 1000-1800

Open during lunch

U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

OUTDOOR RECREATION 263-4671

US Holidays Closed

Leisure Travel Services & Vehicle Rental

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

POOLS 263-3348

YANO 263-5037

Mon-Fri 0530-1930

Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122

Wed - Sat 1030-1800

Sun 1200-1800

Mon, Tue Closed

DEPOT (Closed)

SPORTS/FITNESS CENTER 263-4664

Zama 263-3954

Mon-Fri 0500-2100

Sat-Sun, Holidays 0800-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Sun, Holidays 0930-1830

Support Services Division

DIRECTOR 263-5572

ADMINISTRATIVE OFFICE 263-5962

Child, Youth & School Services

DIRECTOR 263-8086

(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125

263-4743

Mon-Wed 0800-1700

Thu 1000-1700

Fri 0800-1700

Family Child Care 263-4743

263-4125

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

YOUTH SERVICES

Zama Youth Center 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1300-2200

Sun Closed

School Age Care (SHA) 267-6013

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

USAG-J Okinawa MWR

MWR OFFICE 644-5396

ADMINISTRATIVE OFFICE 644-4270

ARMY COMMUNITY SERVICE

Director 644-4110

Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116

Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919

Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743

EFMP Program 644-4106

ACS FAX 644-5918

School Liaison Office 644-4703

ARTS & CRAFT CENTER 644-4303

Lobby 644-4706

AUTOMOTIVE SKILLS CENTER 644-5612

CORAL COVE COMMUNITY CLUB

Business Manager 644-4256

Lounge 644-4306

Cashier Cage 644-4426

LIBRARY 644-4468

Staff Room 644-5335

MARKETING

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

SPORTS / FITNESS

Sports / Fitness 644-4334

Aquatics 644-4389

OUTDOOR RECREATION

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

011-81-611-744-4659

Kure Harbor MWR

MWR Office 256-2580

256-2581

0800-1630

Outdoor Recreation 256-2575

0900/1700

Dining Room

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

Bar Mon 1630-2000

Tue-Sat 1630-2200

Lodging 256-2580

PX / CLASS VI

Mon-Fri 0900-1730

Sat 1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Valentine's Day GOURMET DINNER

TUESDAY, FEBRUARY 14, 6-9 PM
CZCC EDA'S DINING ROOM

ENJOY A 6 COURSE GOURMET MEAL
LIMITED SEATING
COST: \$55 PER PERSON, \$105 FOR COUPLE



FOR RESERVATIONS, PLEASE CALL 263-4547

THE BIGGEST LOSER

YANO FITNESS CENTER
***Sign Up Now!**

**8 Week
Transformation
Program**

12 January ~ 8 March

**Registration deadline is Thursday, 5 January.*



**For more information, please call 263-4664/5656.*

6 FEB '12 (Mon) • Doors Open at 6:30 am – Kickoff at 8:15 am • Zama Community Club

SUPER BOWL PARTY

XLVI "ADULTS ONLY"

SPECIAL APPEARANCE BY THE "CAROLINA PANTHERS" CHEERLEADERS

IT'S ALL FREE including a fantastic breakfast buffet starting at 7 am and delicious mid-morning snacks courtesy of the Camp Zama Community Club.

"COME EARLY"!!! FOUR (4) DOOR PRIZES WILL BE GIVEN AWAY PRIOR TO KICKOFF.

Also, the first 200 people in line will receive an **OUTBACK STEAKHOUSE** appetizer coupon.

**** The entertaining **"CAROLINA PANTHERS CHEERLEADERS"** will dance prior to kickoff and also at halftime. **BRING YOUR CAMERA**----the cheerleaders will be autographing their pictures and will also be available for photos.

SPECIAL DRAWING FOR MILITARY PERSONNEL

** Two drawings will be held --- one for a "Queen" of the 2nd quarter, and one for a "King" of the 4th quarter. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive four(4) special prizes.

PLUS, WIN GREAT DOOR PRIZES: (YOU "MUST" BE PRESENT TO WIN)

- ** Two (2) digital cameras (courtesy of DyDo)
- ** Two (2) Blackberrys (courtesy of Research In Motion)
- ** 3-night stay at the Pacific Islands Club spectacular resort in Saipan (courtesy of PIC)
- ** 46" Panasonic Plasma Full HD television (courtesy of Navy Federal Credit Union)
- ** Two (2) pairs of Tokyo Disney tickets (courtesy of the Walt Disney Company)
- ** ¥5,000 food coupons (courtesy of OUTBACK)
- ** Golf package: golf bag, putter, cap, towel, shoe bag and dozen of golf balls (courtesy of YES Golf)
- ** Table top refrigerator and ice chest w/Radio and ipod connection (courtesy of Budweiser)

Each door prize winner will receive a 4-pack of Red Bull sports drink.

GRAND PRIZE DRAWING:

Two (2) roundtrip airline tickets to the USA (courtesy of United Airlines)

For additional information, please phone 263-5995



MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.



The Budweiser and Coors Companies support responsible drinking.

Sponsorship does not imply endorsement by the U.S. Government.