

01 February 2013



Netzaberg News



Calendar Items

- **January - May:** Cold Weather! Dress for the Bavarian winter!
- **Friday, 8 February** - Fasching Parade, 1300
- **Friday, 15 February** - CSI Day, No School for Students
- **Monday, 18 February** - No School — Presidents' Day

School Hours:

0800-1435

It's the responsibility of the parent/guardian to report student absences to the front office before 9:00 AM.

Email:

NetzabergES.Attendan@eu.dodea.edu

Or call 09645-917-9183/9184

Attachments:

- [Lunch Menus](#)
- [Sight Words](#)
- [Fasching Events](#)
- [Yearbook Flyer](#)
- [Save the Date—5k Shamrock Shuffle](#)



World Savvy 4th Grader Wins 4th Annual NES Geography Bee

Knowing that Lake Clark National Park and Preserve, home to abundant wildlife, is located in Alaska was what 4th grader Alyssa needed to know in order to win the 4th Annual Netzaberg Elementary School Geography Bee in January. The competition began with 185 confident fourth and fifth graders attempting to correctly answer questions about US and world physical and cultural geography. Among many other geographic facts, they knew South Carolina grows more peanuts than Colorado, that the Baltic Sea borders Europe, and that you would be visiting Russia if you wanted to ride the Trans-Siberian Railway.

Alyssa has lived in Germany since she was in kindergarten, giving her and her family lots of opportunities to travel. She has always been interested in geography. She shared that her dad helped her study and she knew the answer to the winning question about Alaska from what she read in a Geronimo Stilton book.

Runner-up, 4th grader Ethan, was very nervous about participating in his first Geography Bee but felt that his vast knowledge of geography would help him do well in the Bee. He felt that the combination of learning about geography in school, lots of studying, and being in a family that likes to travel and explore helped him to do so well in the Bee.

Between the two of these students, they have travelled to more than a dozen European countries including Spain, Austria, England, Italy, and the Czech Republic, experiences that were bound to help them shine at this year's Bee.

As winner of the school-level Bee, Alyssa will proudly represent Netzaberg Elementary School as she advances to the next level of the National Geographic Bee, a written test that will determine the state competitors and a chance at a \$25,000 college scholarship.



February is Dental Month

Personnel from the Vilseck Dental Clinic will be providing presentations on oral health instruction here at NES. Their program includes a dental experiment and dental educational books and videos.

Below are links to dental related activities.

Fun Activity Sheets for Kids: <http://www.ada.org/2934.aspx#sheets>

Dental Word Search:

http://www.ada.org/sections/publicResources/pdfs/game_wordsearch.pdf



Host Nation News:

What is Fasching?

Fasching is Germany's carnival season. It starts on the 11th day of November at exactly 11 minutes after 11am and ends at the stroke of midnight on Shrove Tuesday - often referred to as Fat Tuesday (the Tuesday before Ash Wednesday).

In this magic hour, the "Council of Eleven" comes together to plan the events for the upcoming festivities. The official hats of the councils' members: Colorful fool's caps with little bells.

Fasching (also known as Karneval) is a time of festivity and merry making - a time to break the rules, poke fun at those who make them and then to make your own new rules.

The actual celebrations of the German carnival take place 40 days before Easter. Rose Monday always starts with a big street parade. On Shrove Tuesday, costume balls are held all over Germany, followed by quiet Ash Wednesday which marks the end of the frenzied fun and the beginning of Lent, but don't miss the parties and costume balls on the weekend before.

Thousands of dressed-up Germans are flocking the streets every year to watch this spectacle.

Nearly every town has its own festivities and it is celebrated in homes across the country with the same enthusiasm in which we celebrate Halloween. The Karnevals vary from area to area, but no matter where the celebrations are held, there is fun, happiness, laughter and a certain nostalgia

Carnival dates vary every year. This year Fasching will be held: 12 February.



We are on the web!

<http://www.netz-es.eu.dodea.edu>



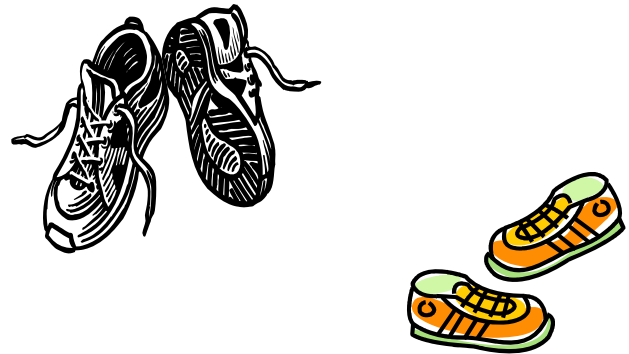
PCSing this Summer?



Please let our register know if your family is PCSing this summer OR if you will not be here next school year. We are already planning for next school year. Accelerated withdrawal date is 15 May. Students must be present all day to receive credit for early withdrawal due to PCS/ETS only. Thank you for your assistance.

Gym Shoe Drive

Shoe drive! The PE Department needs sports shoes of all sizes for students that forget their shoes on gym day. So if you have a decent pair of clean sports shoes we could really use them.



End of Day Interruptions

In order to maximize daily learning, **please do not** pick-up your child between **1400-1435**. The last 35 minutes of the day bring closure to a successful day of learning. Parents picking up their children from school are requested to wait outside. The congestion of adults and strollers make the hallways a chaotic and unsafe area.



Netzaberg Elementary School
Unit 28130, APO AE 09114
Phone: DSN 472-9184/9185 / Comm. 09645-917-9184
Email: Netzaberg.ES.Principal@eu.dodea.edu

Bavaria District Superintendent's Office
Unit 28614, APO AE 09177
Phone: DSN: 468-7429 / 0981-183-429



Help for Parents



What are Sight Words?

Believe it or not, 50% of all reading texts are made up of the same 100 words! The most frequently used and repeated words in the English language are known as sight words. This list of words includes the, a, is, of, to, in, and, I, you, and that. Think about the number of times that you have seen these words in a piece of reading material. It's probably too many times to count.

Sight words are critical to reading not only because they are used so frequently, but also because many of them cannot easily be sounded out or illustrated. Imagine what reading would be like if you attempted to sound out walk every time you encountered it in your reading. Then imagine that you do not know the word the. You cannot use the pictures accompanying a text to help you decipher this word because it cannot be illustrated. Using phonics or picture reading skills for words like these is useless and fruitless for readers, especially those who are in the early stages of developing their decoding skills.

Because they are used so often it is important that readers be able to recognize these words on sight (hence the term "sight words"). When a reader masters sight words she is able to understand at least half of the words in a particular text. By eliminating the need to decode these words, the reader is able to focus on those that are more difficult and less familiar. Beyond this, sight words offer important clues about the meaning of a sentence. For example, when a reader is able to identify and understand the word and in a sentence, he knows that there will be multiple figures, actions or descriptors in the sentence. Similarly, if the reader sees the word into in the sentence, she knows there is movement from one location or idea to another.

Submitted by Mr. Jordan

(2011, November 17). Teaching sight words-effective strategies for reading success. Retrieved from Reading Instruction Resources For Teachers & Parents website: <http://www.k12reader.com/sight-word-teaching-strategies/>



Fasching Events

Weiberfasching, Thursday, 07 February 8 p.m. - 2 a.m., in 92249 Vilseck, at the Burg Dagestein castle, Schlossgasse 6 - 10; Zehentkasten (tithe barn). Please park on Marktplatz and walk the short distance to the castle. It's all about the girls today! But guys can participate too.

Thursday, 07 - Tuesday, 12 Feb.: Fasching Party "Six Crazy Days = Sechs tolle Tage" in 95448 Bayreuth, on Marktplatz along Maximilianstraße. Carnival madness all around Bayreuth's historical city center! Why not dress up in a costume yourself and join the fun? Plenty of booths offer food and drinks. Highlight is a Fasching parade on Sunday, 10 Feb. Best location to park is in the parking block at the Rotmain-Center (shopping center) on Hohenzollernring 58. Cross the road via the little bridge to access the Rotmain-Center, pass through it (also gives you some great shopping opportunities), exit at the main entrance and cross the road to enter the Altstadt. Or just follow the crowds.

Fasching Party: Lumpenball, 9 p.m., in 92637 Weiden, at the Mehrzweckhalle, Am Langen Steg (where the flea markets are being held, near the hospital). Don your crazy Fasching costumes and join the party! Admission is 8.- (only GE). Doors open at 7:30 p.m. No admission for anyone younger than 16! Please have identification on you, they will be checked.

Sunday, 10 Feb.:

- Parade, 2 p.m., in 92242 Hirschau, Hauptstraße (ca. 14 km / 9 miles SE of Vilseck).

- Party, 6 p.m. - 2 a.m., in 92249 Vilseck, at the Sportheim (sports club), Am Sportplatz 8. Put on your best costume and join in the crazy season! Live music with the band "Keine Ahnung".

Sunday - Tuesday, 10 - 12 Feb.: Fasching Party: "München Narrisch" in 80331 München / Munich, around the pedestrian zone and at the Viktualienmarkt (food / produce market, link in EN), Viktualienmarkt 6. Music, masked folks, costumes and dancing - the fun can hardly get any bigger than at this party. You might also find quite a few restaurants in the pedestrian zone that offer a special "Weisswurst-Frühstück" (Weisswurst breakfast) on Monday, 20 Feb., between 9 a.m. and midday - for only 1 Euro! The best highlight will be the "Tanz der Marktfrauen" (Dance of the Merchant Women) on Tuesday at 11 a.m., see there for details.

Monday, 11 Feb. - Friday, 15 Feb.: Winter break for German schools in Bavaria.

Tuesday, 12 Feb.: Faschingsdienstag = Pancake / Fat / Shrove Tuesday, and Mardi Gras.

- Party, 1:45 p.m., in 92637 Weiden, all around the Altstadt = old city.

- Parade, 2 p.m., in 92287 Schmidmühlen (ca. 20 km / 12.5 miles NE of Hohenfels). Followed by a big party and "Kehraus" celebrations (end of Fasching).



NES 2012-13

YEARBOOK ORDER FORM

Netzaberg Elementary School Yearbooks are on sale NOW!

Order Now through March 22nd for only \$20.

After March 23rd, the price will go up to \$25.

~Only 250 yearbooks will be available~

PLEASE RETURN THIS FORM W/ PAYMENT TO THE OLDEST CHILD'S TEACHER.

Student Name: _____	Student Name: _____	Student Name: _____
Return form to this Teacher: _____	Teacher: _____	Teacher: _____
Grade: _____	Grade: _____	Grade: _____

Quantity Needed: _____

Amount Included*: _____

Parent's Email: _____

Phone Number: _____

*All returned checks will be charged a return check fee.

All questions can be emailed to: dragonsdenbooster@gmail.com

For Office Use Only: Check # _____ Cash: _____
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If you move before yearbooks are delivered, we'll mail it to you. Just provide your forwarding address.



February is Heart Month! The American Heart Association reminds us to take good care of our heart by eating a healthy diet, getting regular exercise, and not smoking. Have an extra serving of fruits and vegetables and go outside and play!

In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.



*items served together

- Milk Served Daily -

Italicized items only served to Grades 2-5

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This was the origin of the expression "to wear your heart on your sleeve."

BBQ Pork Riblets* 4
 *Whole Grain Dinner Roll
 Baked Beans
 Garden Salad
 Orange Wedges
 Pineapple

Broccoli Cheese Minis (V) 5
 Snap Peas
 Carrot Sticks
 Apple Slices
 Pears
 Chocolate Chip Cookie

Sausage Patty* 6
 *Mini Blueberry Pancakes
 Deli Roasters
 Broccoli
 Grapes
 Mandarin Oranges

Hot Dog 7
 Steamed Carrots
 Green Beans
 Banana
 Applesauce
 Fruit Swirl Cup

Chicken Parmesan 1
 Peas
 Green Beans
 Fresh Fruit
 Peaches
 Fruit Swirl Cup

Chicken Bites* 8
 *Mashed Potatoes/Dinner Roll
 Broccoli, Cauliflower & Carrots
 Fresh Fruit
 Fruit Cocktail

Meatball Sub 11
 Peas
 Cucumber & Carrot Sticks
 Orange Wedges
 Pineapple
 Banana Bread

Chicken Parmesan 12
 Black Beans
 Green Beans
 Apple Slices
 Peaches

Chicken Fryz 13
 Garden Salad
 Sweet Potato Crinkles
 Grapes
 Mandarin Oranges
 Carrot Bread

Hamburger 14
 Baked Beans
 Steamed Carrots
 Banana
 Applesauce
 Oatmeal Raisin Cookie

Cheese Pizza (V) 15
 Broccoli
 Tomato & Cucumber Salad
 Fresh Fruit
 Peaches
 Fruit Swirl Cup

President's Day 18
No School

Macaroni & Cheese (V) 19
 Green Beans
 Sweet Potato Crinkles
 Apple Slices
 Peaches
 Fruit Swirl Cup

Chicken Fiesta Wrap 20
 Tomato & Cucumber Salad
 Black Beans
 Grapes
 Mandarin Oranges

Pasta Pockets (V) & Meatballs 21
 Fresh Veggie Bowl
 Corn
 Banana
 Applesauce

Lasagna* 22
 Garlic Toast*
 Peas
 Carrot Sticks
 Fresh Fruit
 Fruit Cocktail

Cheese Pizza (V) 25
 Garden Salad
 Broccoli, Cauliflower & Carrots
 Orange Wedges
 Pineapple

Chicken Bites* 26
 *Whole Grain Dinner Roll
 Cucumber & Tomato Salad
 Corn
 Apple Slices
 Pears
 Carrot Bread

Mozzarella Sticks (V) 27
 Carrot Sticks
 Snap Peas
 Grapes
 Mandarin Oranges
 Fruit Swirl Cup

Chicken Quesadillas 28
 Corn & Black Bean Salad
 Broccoli
 Banana
 Applesauce
 Chocolate Chip Cookie



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BBQ Pork Riblets* 4
*Baked Chicken**
Bean & Rice Burrito (V)
*Whole Grain Dinner Roll
Baked Beans
Garden Salad
Orange Wedges
Pineapple

Broccoli Cheese Minis (V) 5
Corn Dog
Tuna Wrap
Snap Peas
Carrot Sticks
Apple Slices
Pears
Chocolate Chip Cookie

Cheese Omelet or Sausage Patty* 6
*Mini Blueberry Pancakes or French Toast Sticks
Veggie Wrap (V)
Deli Roasters
Broccoli
Grapes
Mandarin Oranges

Hot Dog 7
Mozzarella Sticks (V)
Fajita Chicken Salad
Steamed Carrots
Green Beans
Banana
Applesauce
Fruit Swirl Cup

Chicken Parmesan 1
Orange Ginger Chicken Bowl
Veggie Burger (V)
Peas
Green Beans
Fresh Fruit
Peaches
Fruit Swirl Cup

Buffalo Chicken Bites* 8
*Chicken Bites**
Ham Salad
Chik'N Nuggets (V)
*Mashed Potatoes/Dinner Roll
Fresh Veggie Bowl
Broccoli, Cauliflower & Carrots
Fresh Fruit
Fruit Cocktail

Meatball Sub 11
Chicken & Vegetable (V)
Alfredo
Turkey Salad
Peas
Cucumber & Carrot Sticks
Orange Wedges
Pineapple
Banana Bread

Chicken Parmesan 12
Mexican Chicken Salad
Beef or Black Bean (V) Tacos
Black Beans
Green Beans
Apple Slices
Peaches

Chicken Fryz 13
Buffalo Chicken Wrap
Cheese Salad (V)
Garden Salad
Sweet Potato Crinkles
Grapes
Mandarin Oranges
Carrot Bread

Hamburger 14
Chicken or Chik'n (V) Patty
Sandwich
Craisin Turkey Apple Salad
Baked Beans
Steamed Carrots
Banana
Applesauce
Oatmeal Raisin Cookie

Cheese Pizza (V) 15
Pepperoni Pizza
Chicken & Mini Dumplings
Ham Salad
Broccoli
Tomato & Cucumber Salad
Fresh Fruit
Peaches
Fruit Swirl Cup

President's Day 18
No School

Macaroni & Cheese (V) 19
Ham & Cheese Sub
Turkey Salad
Green Beans
Sweet Potato Crinkles
Apple Slices
Peaches
Fruit Swirl Cup

Chicken or Black Bean (V) Fiesta Wrap 20
Meat Nachos
Chef Salad
Tomato & Cucumber Salad
Black Beans
Grapes
Mandarin Oranges

Pasta Pockets (V) & Meatballs (optional) 21
Baked Chicken & Roll
Tuna Salad Sandwich
Fresh Veggie Bowl
Corn
Banana
Applesauce

Lasagna* 22
*Fish Sticks**
Baked Potato & Cheese (V)
Garlic Toast*
Peas
Carrot Sticks
Fresh Fruit
Fruit Cocktail

Cheese Pizza (V) 25
Pepperoni Pizza
Tuna Tetrazzini
Chef Salad
Garden Salad
Broccoli, Cauliflower & Carrots
Orange Wedges
Pineapple

BBO Chicken Bites* 26
*Chicken Bites**
Hummus Veggie Wrap (V)
*Whole Grain Dinner Roll
Cucumber & Tomato Salad
Corn
Apple Slices
Pears
Carrot Bread

Mozzarella Sticks (V) 27
Chicken Egg Roll & Rice
Asian Chopped Salad
Carrot Sticks
Snap Peas
Grapes
Mandarin Oranges
Fruit Swirl Cup

Chicken or Black Bean (V) Quesadillas 28
Beef & Broccoli Bowl
Mexican Chicken Salad
Corn & Black Bean Salad
Broccoli
Banana
Applesauce
Chocolate Chip Cookie



It is that time of year again to
get your green on!!! Join us
Saturday March 16
@ the Graf Fitness Center for our
2nd annual Shamrock Shuffle 5K!



*There will be
Finisher medals
for all , festive
face painting
and photo
opportunities!*

- 0800– 0900 REGISTRATION & Basket raffle 4 Wounded Warriors
- 0915 400m Shamrock Sprint kids under 6
- 0930 1 mile Shamrock Shuffle kids 6 & up
- 1000 5K Run for the Gold
- 1100 TOTAL FIT Family Fun



Our Community Focus is the
WOUNDED WARRIORS



EVERY participant is encouraged to bring
a \$\$ donation for this service project &
to wear green from head to toe! ☺



Fun Run sponsors: Child Youth Services & NMS PTSA

Fun Run supporters: NMS Student Leaders & Graf PFC.

It's time to get Shamr*cked!