



WELCOME HOME
AND
THANK YOU
FOR YOUR
SERVICE

The Department of Veterans Affairs (VA) and the Department of Defense are working together to meet the needs of our newest Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) veterans. Any active duty service member, reservist or National Guard member who served in theater after Nov. 11, 1998 and has an honorable discharge is eligible for co-pay free care for 5 years post discharge date.

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Program Manager for Returning Veterans
781.687.3067

TROY TOWNSEND, LCSW
Clinical Case Manager for Returning Veterans
781.983.3553

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OPERATION ENDURING FREEDOM
(OEF) VETERANS
&
OPERATION IRAQI FREEDOM
(OIF) VETERANS



ENRM VETERANS HOSPITAL
200 SPRINGS RD
BEDFORD, MA 01730

YOU ARE ENTITLED TO

One full dental exam/evaluation within **180 days** of discharge.

No co-payments for any combat related injury or illness as well as primary care services for **5 yrs** after their discharge from active duty.

Even after the **five** years you still may be eligible for health care benefits!

Please call Elizabeth Price 781.687.3067
Admissions 781.687.2275

TO ENROLL

Visit the admissions office in building 78 on the 1st floor. (781.687.2275)

Apply on line at www.va.gov

Additional Outpatient Clinics:
Haverhill, Gloucester, Lynn, and
Fitchburg

HOSPITAL SERVICES

Primary Care	Infectious Disease
Dental Services	Women's Health
Mental Health	Substance Abuse Treatment
Social Work Services	Compensated Work Therapy Program
Veterans Business Owners Initiative	Veterans Peer Support Program
Rehab Medicine Pharmacy	

PROGRAM SERVICES

Assistance with navigation through the VA system

Individual counseling services

Returning Veterans Groups which provide a place to get together with other Veterans to discuss concerns/issues about transitioning home

Couples and family counseling

Consultation with psychiatrist

Case Management

OEF OIF Peer Support/mentoring
(Call Chris Maddeford 781-983-0447)

VET CENTER INFO

Vet Centers are a separate nationwide division of the Department of Veterans Affairs that assists combat veterans experiencing readjustment problems. Many veterans experience difficulty in adjusting to civilian life after having served in combat because of unresolved issues related to their war experiences. Vet Centers are community based and provide a broad range of *free* counseling, outreach and referral services to eligible veterans and their families.

The closest Vet Center to the Bedford VA is the Lowell, MA Vet Center 978.453.1151.

To find the Vet Center located closest to you, call 800.905.4675.

HAVE YOU EXPERIENCED?

Trouble sleeping	Jumpiness
Difficulty concentrating	Bothersome memories of war
Irritability or short temper	Feeling anxious in crowded places
Difficulty getting along with others	Drinking too much

RE-ADJUSTMENT TO CIVILIAN LIFE

Re-adjustment from the war zone to civilian life can be challenging. If you have experienced any of the problems listed above or other difficulties with the transition home, you are not alone.

For more information contact:
Elizabeth Price LICSW - 781.687.3067
Troy Townsend LCSW - 781.983.3553
www.oefoif.va.gov

If you are in distress and need immediate assistance, call the National Crisis Hotline 1.800.273.TALK (8255)

