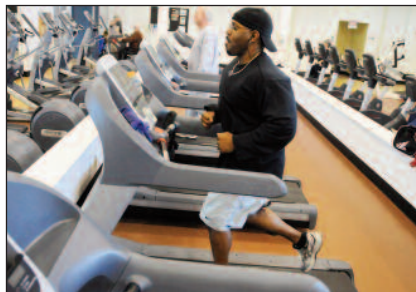


The 402nd Electronics Maintenance Group operates the largest Electronics Repair Facility in the Defense Department. It spans more than 700,000 square feet and houses more than 1,300 employees.

Health and Fitness tip



PAGE 7

5th MOB at Sather



PAGE 8

ROBINS REV-UP

October 28, 2011 Vol. 56 No.43

NEWS

YOU CAN USE



CFC update

This year's six-week Combined Federal Campaign has reached a total of \$1,029,407 as of Oct. 25. "50 Years of Caring" is the theme of this year's campaign.

The Middle Georgia CFC, which covers 17 counties, has a goal of \$1.5 million. This includes Robins' goal of \$1.4 million.

In 2010, Robins employees gave more than \$1.6 million. Of that amount, more than \$650,000 was awarded to local organizations.

Robins has exceeded its goal every year during the last 10 years.

Robins Trick or Treat hours

Robins Air Force Base will observe Halloween Oct. 31 from 6 to 8 p.m.

Vehicle operators must slow down during these hours for trick-or-treaters.

Residents who are participating need to ensure an exterior light is on during these hours, while those not participating should leave exterior lights off.

The security forces squadron will increase safety and security measures in the housing areas through its annual Halloween Pumpkin Patrol.

Anyone with questions about trick-or-treating this year should contact 2nd Lt. Andrea DeMelo at DSN 472-8133 or commercial 222-8133.

The Base Exchange will also host a "Trick or Trunk" in its parking lot from 4 to 7 p.m.

People are asked to park their Halloween decorated vehicle trunks in the Church's Chicken Parking Lot, where trick-or-treating will be done at the cars. Prizes will be awarded to the top three best decorated trunks. Judging will be at 6:30.

Other events will include musical chairs for ages 4 to 7 from 4 to 4:30 p.m.; Pin the pumpkin from 4:30 to 5 p.m. and a costume contest from 5 to 5:30 p.m.

Construction projects

►Due to a collapsed storm sewer pipe, Richard Ray Boulevard – between Warner Robins Street and Hannah Road – will remain closed to all traffic. Completion of the repair is scheduled for Dec. 31.

►Robins Parkway, from the Richard Ray Boulevard intersection to the elevated crosswalk on the east end of First Street, will be partially closed Nov. 9 through 13 for the milling and overlaying of asphalt. The work will be phased so two-way traffic can use one side of Robins Parkway while the other side is being worked on.

After the area is milled all four lanes will be allowed to travel slowly through the 2-inch deep area. Signs will be posted warning drivers of a bump ahead.

The area is scheduled to be repaved Nov. 11, and restriped Nov. 12 and 13. Some curb, gutter and sidewalk work will be done prior to those dates. Improvements to the edge of the road will require the outside lane to be closed where the work is being performed.

JSTARS, Northrop Grumman team win DoD award

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

The Joint Surveillance Target Attack Radar System (JSTARS) Total System Support Responsibility Team and Northrop Grumman – Command & Control, Intelligence, Surveillance and Reconnaissance Division are the recipients of the 2011 Secretary of Defense Performance Based Logistics System Level Beck Award.

The award recognizes government and industry teams which have demonstrated outstanding achievements providing warfighters with exceptional operational capability.

The original contract, awarded in 2000, is a 22-year contract with a potential value of \$7 billion. According to Robert Colvin, JSTARS deputy branch chief, \$1.7 billion has been expended to date.

In today's environment, a contract that includes a 22-year life cycle is unheard of, said Colvin.

For this type of performance to be recognized surrounding this exclusive fleet of 17 aircraft, is a huge honor, he added.

"Being selected as the 2011 Secretary of Defense performance based logistics award winner is a great honor for the Joint STARS program," said Lt. Col. Douglas Asher, JSTARS branch chief. "This is a team award, and can be attributed to the solidarity

and professionalism of those who work to support the men and women of the 116th and 461st Air Control Wings spread across the globe, performing real world missions."

The award acknowledges the efforts of the JSTARS program management team and Northrop Grumman contractors who integrate and execute a complex product support strategy for the JSTARS' 17 E-8C weapons systems.

The TSSR contract provides for programmed depot maintenance, supply chain management and software.

For example, Northrop Grumman has responsibilities for JSTARS equipment and

► see JSTARS, 6



U.S. Air Force photos by SUE SAPP

Back to Basics

Above, Team Robins members take part in the annual fall cleanup.

Left, Master Sgt. Matthew Ozment, 78th Air Base Wing, picks up trash and tree branches around Bldg. 905 Oct. 13 as part of the cleanup. For more on the efforts, see page 8.

Robins' Facebook offers something to 'Like'

BY KENDAHL JOHNSON

kendahl.johnson@robins.af.mil

While those with an interest in Robins can get information via traditional means, such as the base newspaper and its public website, Robins' Facebook page has joined the ranks as an invaluable source.

The base launched its Facebook page in late July as another way of spreading command messages. It has since grown to include articles, photos, events and other information. As subscribers to the page, fans receive regular updates, and have access to post their own comments, links, photos and videos pertaining to Robins.

The page reached a minor milestone this week, surpassing the 500 mark in "Likes," but with Facebook boasting more than 500 million users and may reach 700 million within the next year, it's not unreasonable to expect Robins' "Likes" to be much larger. Team Robins members are encouraged to not only view the page, but also interact with it by commenting on posts and providing content.

Senior leaders on base, including Col. Mitchel Butikofer, 78th Air Base Wing commander, have taken an interest in the page, recognizing it as a useful tool in disseminating information as well as boosting morale.

While operational security is a concern, it's not a new one for the Robins Public Affairs Office, which manages the official Facebook page. The site is continually monitored and posts that might compromise security are promptly removed. Questionable or offensive posts are also removed, as are posts from users

► see FACEBOOK, 6

Retiree office holds annual appreciation day

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Retiree Appreciation Day is the largest event conducted each year by the Robins Retiree Activities Office.

This year's RAD drew a crowd of 130 people who learned about base services, and legal and medical issues during the all-day affair Saturday at the Heritage Club.

"A lot of information comes out of these events," said Emie Munson, RAO director.

The day began with breakfast at Wynn Dining Hall, followed by lunch, door prize drawings, and an opportunity in the afternoon to chat with about 20 vendors from across Robins.

Representatives from

the commissary, legal office, Health and Wellness Center and more were available to answer questions. Retirees were also able to update their ID cards.

Browsing a table of gift baskets, Zohra Khan pointed out she learned updated news from pharmacy and TriCare representatives as a result of attending.

"I get a lot of good information when I come here," said Khan, who retired after 24 years in the Air Force Reserve. "It's fun to come once a year for a whole day and enjoy the camaraderie."

Munson, who retired as a chief master sergeant after 29 years of service, said the RAO has enjoyed tremendous support from Robins



U.S. Air Force photo by RAYMOND CRAYTON

Michelle Banks-Gainer, a Federal Government Programs marketing representative, explains the Delta Dental program to a retiree.

leadership.

"This is probably the best turnout we've had in a long time," he said.

Munson added, however, that only a small percentage of the estimated 3,000 to 4,000 retirees in the area actually made it out to the

day's festivities. He acknowledged that communication can be challenging when trying to reach this segment of the population.

He noted that retirees receive a national retiree

► see RETIREE, 6

THINK SAFETY

Days without a DUI: 48
Last DUI: 78th LRS

AADD

To request a ride, call
222-0013.

— courtesy 78th Security Forces

TWO-MINUTEREV

Safety slogan for the week of Oct. 30 through Nov. 5:
"Working without Safety is a Dead-End Job."

Using personal protective equipment is often essential, but it is generally the last line of defense after engineering controls, work practices, and administrative controls.



Robins Air Force Base on Facebook, Twitter

Check out Robins on Facebook or follow the base on Twitter. Get regular news updates and other base information. Visit www.robins.af.mil and click on the Facebook and Twitter links.

Page Two

UNIT PROFILE: Office of Small Business Programs

What it does

The Office of Small Business Programs works to enhance acquisition opportunities for small companies in support of the Air Force mission.

It serves as the initial point of contact for business representatives seeking contracts with the Warner Robins Air Logistics Center.

Why it matters

The small businesses which support the Air Force and the center play an important role in terms of job creation, innovations and technology, and are proven drivers of competition.



U.S. Air Force photo by SUE SAPP

Fred Anderson, Small Business specialist, discusses socio-economic parity in federal acquisitions with office personnel.

By the numbers

1,150 Contractual actions coordinated in fiscal 2011.

4 Small business advocates.

\$411 Millions awarded to small businesses in fiscal 2011.

599 Market Research Report assistances accomplished.

443 Contractors counseled in person on doing business with Robins.

What they say



Debbie Jackson
Small business director

"We have a positive impact for the acquisitions available for small businesses to support the mission. We help small businesses help themselves, and we get to see the end product. The job is very fulfilling."



Ken Burke
Source development specialist

"As Robins' only source development specialist, I strive to help our engineers and acquisition teams seek out new sources for our requirements, and new goods and services to fulfill our warfighter needs."

In the Spotlight



Airman 1st Class Sabrina Valentine

Unit: 78th ABW/DSE

TIME IN SERVICE: 2 years, 10 months

HOMETOWN: Memphis, Tenn.

CCAF DEGREE TITLE: Information Management

In order to promote the Year of Community College of the Air Force and Robins' Fall CCAF Graduation scheduled Nov. 28 at 1 p.m. in the Base Theater, the Robins Rev-up will be highlighting some of our local graduates.

How did you go about pursuing your CCAF degree?

CLEP and DANTES testing, previous college credits from Rust College in Mississippi, and online classes at Kaplan University.

What are your educational plans now that you have completed your CCAF degree?

I plan on continuing my education through Kaplan University to earn my Bachelor of Arts degree in Health Science and become an officer in the health profession.

ENERGY AND YOU ...UNPLUG IT!

BASE ENERGY OFFICE

You can help save millions of dollars with a few simple steps in your workplace and at home.

First, two facts:

Fact #1:

Equipment and other "plug-in" devices consume about 17 percent of the electricity at most universities, according to the U.S. Department of Energy.

Fact #2:

According to a Vanderbilt University Environmental Health and Safety fact sheet, for electronic devices that have remote control (or "stand-by" capability), 40 percent



of the energy used by these electronic devices during their lifetime is consumed when the item is in "stand-by" mode.

Put those two bits of information together and you learn electricity is being consumed all around you by items that are not in use.

By reducing the number of items you plug into electrical

outlets, you can save nearly one-fifth of the total cost ... on Robins that translates to nearly \$4 million dollars a year in potential savings.

Think about any rarely – or barely – used office equipment (your radio you use as a clock, a coffee maker after it's done in the morning, and unplug it.)

While Robins seeks to find ways to conserve electricity, each step you take to make a smaller electrical footprint translates into cost savings for Robins' monthly electrical bill.

Keep helping out ... it makes a big difference.

Ongoing tool testing shows promising results

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

A right-angle shrouded sander has been undergoing testing to evaluate workforce exposure to hexavalent chromium in Bldg. 350.

If the tests are successful, what it could mean is that instead of using containment bags, shrouded tools with Hepa vacuum alone could be used in the future.

Air sample test results have thus far been low, based on findings conducted in September by an industrial hygienist from Robins' Workplace Safety and Health Team.

As far as the concentration of bad contaminants from the sanding operation, the low results are encouraging, said Charles Armstrong, 402nd Commodities Maintenance Group process engineer.

The tests also show the shroud on the tool was working well, pulling contaminants out and sending them to the Hepa filter, said Armstrong.

The handtool, which helps with sanding and grinding painted and depainted parts, has a sanding pad with a shroud and a hose that is connected to a Hepa vacuum.

During testing, a containment bag was placed around the tool to contain any dust generated by the use of the shrouded tool.

Containment bags are used to control dust particles generated by operators during sanding activities.

While the tool is in use inside the bag, air quality samples are taken.

C-5 fleet reaches historic milestone during recent 'surge'

BY 1ST LT.
MARSHEL SLATER
618th Air and Space Operations
Center Public Affairs

SCOTT AIR FORCE BASE, Ill. – Aircraft from 12 separate total force bases went “full throttle” to move cargo and passengers across the globe during a historic surge of Air Mobility Command’s C-5 Galaxy fleet from Oct. 17-21.

The Warner Robins Air Logistics Center’s C-5 program office is the Air Force focal point for managing and sustaining the Air Force C-5 fleet.

On average each day, about 18 C-5s fly strategic airlift missions across the globe in support of combatant commander requirements.

The week of Oct. 17 to 21 was far from normal as Air Forces Transportation, the air component to U.S. Transportation Command, successfully “surged” more than double that number – 43 active duty, Air National Guard, and Air Force Reserve C-5 aircraft.

The surge tested the capability of the global mobility enterprise to rapidly increase the capacity and throughput of strategic airlift in response to a large-scale crisis or contingency.

Prior to the surge, the highest C-5 daily utilization was 35 C-5s flown without mobilization of the air reserve component.

“Originally, we looked at using 36 aircraft,” said USTRANSCOM’s Marine Corps Maj. Sidney Welch, leader of the joint planning



U.S. Air Force file photo by SUE SAPP

Hubert Watford prepares a C-5 for weighing following Programmed Depot Maintenance.

team for the surge. “However, this whole process was designed to help us better understand the quantity, capacity and limitations associated with surging without mobilizing the reserve component.”

“By increasing the stress on the enterprise we were able to get a better picture of what we’d face in the event of a short notice; large-scale real-world situation.”

The missions accomplished during the surge were in accordance with priorities set by the Joint Chiefs of Staff and had no impact on the operations of civilian contract carriers.

Missions were validated by USTRANSCOM and planned, scheduled, tasked, controlled and executed by AFTRANS’ hub for global operations, the 618th Air and Space

Operations Center Tanker Airlift Control Center.

“The TACC commands and controls more than 450 flights every day, but maintaining 43 C-5s in the system was a significant challenge,” said Brig. Gen. David Allvin, 618th AOC, TACC vice commander. “C-5s are a critical element of rapid global mobility, but keeping such a large, aging aircraft moving at such a demanding pace was not a simple thing.”

“I think the success of this surge is in large part due to the close coordination between the dedicated total force Airmen involved in AFTRANS planning and unit execution,” he added.

As one of the largest aircraft in the world and the largest airlifter in the Air Force’s inventory, the C-5 is able to carry fully-

equipped military units, including all of the Army’s air-transportable combat equipment, to any point in the world on short notice.

The Galaxy can carry up to 270,000 pounds of cargo, can fly more than 6,000 miles without refueling, and can take off or land in relatively short distances.

“Today’s contingency and humanitarian operations require us to maintain a tremendous degree of flexibility,” said Lt. Gen. Mark Ramsay, 18th Air Force commander. “Operations like the surge help us ensure that by providing the information and tools to enhance the readiness and agility of our global mobility enterprise.”

An operational assessment team is evaluating data taken from each mission and the overall results of the surge.

Based on that analysis, they will develop a set of “lessons learned” to help the entire enterprise determine ways to more effectively and efficiently ensure rapid global mobility in response to crisis and contingency situations.

“Our job is to safeguard America’s national defense by providing the ability to reach out anywhere in the world within hours to deliver hope, fuel the fight, and save lives,” said Gen. Ray Johns, commander of Air Mobility Command and AFTRANS.

“This surge provided us with a valuable opportunity to exercise and evaluate that ability – and ultimately to enhance it,” he said.

Leadership Academy kicks off in November

BY JENNY GORDON
jenny.gordon.ctr@robins.af.mil

A new Leadership Academy will be introduced in November which will enable all Robins military leaders and civilian supervisors an opportunity to learn from current leaders here.

In keeping with the Center’s vision of being a World-Class Center of Acquisition and Sustainment Excellence, a series of leadership sessions was formed to develop leaders of the future.

“Once you are a leader, everything that is accomplished is by and through other people,” said Deryl Israel, the Center’s Executive Director.

“We are going to ask our senior leaders from across the Center to provide classes – which are mentoring and coaching sessions – that relay part of their own personal journeys in developing as a leader so that others may learn from them,” he explained.

“Everyone has to develop a leadership style of some kind when they moved into a position,” he added. “Our leaders are out front coaching and teaching other leaders. That’s what the Leadership Academy is about.”

Israel will kick off the

new classes with an overview of the leadership framework, including vision, mission, goals and objectives; communication; positioning and empowering the organization for success; and measuring and reviewing progress.

The first session will be Nov. 7 from 9 to 11 a.m. in the Aircraft Maintenance Group’s large conference room in Bldg. 125.

Ongoing weekly classes will be offered on various topics within the leadership framework to include core and fundamental competencies, and lean principles, and will be presented in an informal setting by O-6 and GS-15 leaders. All current supervisors are welcome and highly encouraged to attend.

There are more than 1,000 supervisors across the center, noted Israel.

“With 1,400 active leaders, you want them to act uniformly and consistently so that their approach to a challenge in one place is the same as in another,” he said.

Leaders lead and supervise employees, managing resources under them, Israel said.

“What we want to do is create an environment where they understand what is expected of them leadership-wise,” he explained.

Leadership Advisory Notes, which address leadership coaching and teaching situations, are also currently emailed to supervisors, who are encouraged to read the monthly newsletter.



Israel

ViewPoints

“Morality, like art, means drawing a line someplace.”
– *Oscar Wilde*

WR-ALC VISION

A “World-Class” Center of Acquisition and Sustainment Excellence

WR-ALC FOCUS

- ▶ Exceed Warfighter and Customer Expectations
- ▶ Lead DoD in Cost Management
- ▶ Re-energize and Sustain Continuous Process Improvement

HOW TO CONTACT US

Robins Office of Public Affairs
620 Ninth Street, Bldg. 905
Robins AFB, GA 31098
468-2137
Fax 468-9597

EDITORIAL STAFF

COMMANDER
Col. Mitchel Butikofer

PUBLIC AFFAIRS DIRECTOR

Rick Brewer

INTERNAL INFORMATION CHIEF

Geoff Janes

EDITOR

Lanorris Askew

lanorris.askew@robins.af.mil
472-0806

STAFF WRITER

Jenny Gordon

jenny.gordon.ctr@robins.af.mil
472-0807

PHOTOGRAPHER

Sue Sapp

sue.sapp@robins.af.mil
472-0805

Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

‘Buy in’ – Do you have it?

BY CHIEF MASTER SGT.

ROBERT CARTER

62nd Aerial Port Squadron

JOINT BASE LEWIS-MCCHORD, Wash. – “Buy in.” Is it a buzz word for the not quite committed?

Today’s continuously changing military environment requires people who can adapt to change, think on their feet, make decisions and think through problems and issues, all for mission accomplishment.

So, what does this have to do with buy in? If you, as a military member, don’t have a buy in at different levels, you’ll fail to maximize your success. These levels are with your people, job and the Air Force.

As a chief master sergeant, I didn’t adopt the idea until I was a young NCO, but it progressively grew from there. My first real experience was when a close friend overheard a conversation between two Airmen

in the dormitories talking about potentially creating some turmoil. She told them, “Not in my Air Force!” I thought to myself, “Wow, that’s real ownership.” She’s a stakeholder in this great Air Force (and that’s how I want to be).

First, as a young NCO, you are a trainer of younger Airmen, and the knowledge, skills and attitudes you display to those you train must be honest, accurate and provide growth. As one grows in rank, that same honest, accurate mentoring is shared with peers, senior enlisted leaders, and junior and senior officers alike.

Second, to take care of your people on all levels must always be first in your mind. When they’re late, find out where they are. When they’re sick, ensure they receive medical care. When they do things well, be sure they’re acknowledged. The phrase, “We are entrusted with the care of our country’s sons and daughters” doesn’t just relate to senior

leaders or commanders. We all must care for those under our control and, at times, even those who aren’t.

Lastly, our core values really drive home the keystone of how we act, react and operate in our military microcosm. Do you really think integrity is just a buzz word? Try operating in a combat environment without it. You fail. In a flightline or operational environment without it, you fail. In a customer service environment without it, you fail.

Would settling for mediocrity on the battlefield allow for success? The other services expect and receive excellence each and every time when they call upon the Air Force in joint operations. Your buy in at all levels – your people, your job and in your Air Force – allows us to be the most feared and respected air and space force in the world.

Own your piece of the mission. Have you bought in?

Commander’s Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander’s Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit

<https://wwwmil.robins.af.mil/actionline.htm>.

To contact the Commander’s Action Line, call **468-2886** or e-mail action.line@robins.af.mil.

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineers	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281



STRAIGHT TALK HOT LINE

Up-to-date information
during base emergencies
222-0815

On the Fly

Upcoming

The **Armed Services Blood Program** will conduct a **blood drive** today from 8:30 a.m. to 4 p.m. at the Fitness Center Annex.

The American Red Cross will also conduct a blood drive today from 8:30 a.m. to 2:30 p.m. in Bldg. 210 and from 7:30 a.m. to 1:30 p.m. in Bldg. 640.

The ASBP provides blood products for service members and their families in both peace and war.

The American Red Cross collects blood in support of civilian agencies and national disasters.

For more information, call 2nd Lt. Kristen MacBride at 497-5262.

The **Robins Chapel** will sponsor a **Fall Festival** Wednesday from 5:30 to 7:30 p.m. at Robins Park.

The event is free and base ID card holders are invited.

Activities will include face painting, and pony and hay rides. For more information, call the chapel at 926-2821.

The Robins Chiefs Group will host a **Chief Master Sergeant Celebration** Thursday at

3:30 p.m. at the Heritage Club to congratulate the newest top 1 percent of the Enlisted force. For more information, call Chief Master Sgt. Patrick McCam at 472-5291.

The 78th Air Base Wing and the **Native American Heritage Organizing Committee** will host a **5K Fun Run and Walk** Nov. 4 to kickoff the Robins Native American Heritage observance.

The event will begin at 7 a.m. at the Fitness Center. For more information, call Staff Sgt. Edher Gaitan at 468-3244.

In conjunction with the Federal Employees' Health Benefits Open Season, the Civilian Personnel Flight Employee Section will host a **health benefits information seminar** in the Base Restaurant, Bldg. 166, Nov. 8 and 9, from 10 a.m. to 2 p.m. each day. Representatives from various federal health plans will provide 2012 updates on coverage and information for their respective plans.

Workload permitting, supervisors may excuse employees for no more than one hour to allow

attendance and return to work. Additional time will be charged to annual leave.

Questions regarding leave usage may be addressed to your servicing Employee Relations Specialist through the Customer Service Office at 472-0601 or 472-0602.

There will be a **Team JSTARS Family Day Celebration** Nov. 19 from 11 a.m. to 4 p.m. at the Air National Guard hangars on the west ramp. During the event, members of the 116th and 461st Air Control Wings will receive information from the Health and Wellness Center and other organizations.

During the celebration, there will also be a 5K run, a 10K biking event, face painting, a rock wall and more.

In order to account for those who attend, visitors are asked to purchase a \$1 ticket for each person in his or her party. Children 5 and under are free.

Proceeds from ticket sales will go toward the cost of food and door prizes. Members of both units can get tickets from their first sergeants or flight chiefs.



U.S. Air Force photo by SUE SAPP

Technology Expo

Jeff Goddard of The O'Gara Group lets Airman 1st Class Brandon Gale, 54th Combat Communications Squadron, try out a sensor system for combat identification beacons at the 5th Combat Communications Wing's Tactical Technology Showcase.

Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	(478) 922-4281
Unplanned Pregnancy	Houston Healthcare	(478) 922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946
Crime Victim Advocacy	Victim Witness Assistance Program	497-4584

AFMC Wellness Support Center — www.afmcwellness.com

Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

Big changes coming to BX

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Starting January 2, major renovations will begin at the base exchange.

Those changes will include new dining options and an Army and Air Force Exchange Service-wide rebranding campaign which includes a name change. It will simply be called the ‘Exchange,’ with a large ‘X’ displayed above the new name. Completion is slated for early July.

The redesign, which will occur in 12 phases, will split the store into lifestyle centers. It will have a ‘V’ shaped walkway, where shoppers can browse through fitness, home, active lifestyle and fashion centers.

It will be a center with little shops inside one big store, according to Anthony Ventura, Robins AAFES general manager.

For example, in the fitness area, athletic shoes will merge with sporting goods.

Furniture selections will also be brought to the main store. Currently, furniture is located in another building, which will close due to low foot traffic. Stock will be reduced and moved to the main store to create another lifestyle area, which will include linens and home dining items.

Fashion, a third lifestyle area, will include cosmetics, stationary, electronics, and new computer items.

The floor will also be replaced with low-maintenance, polished, concrete flooring. Lighting will also be enhanced in some areas in a more decorative style.

Another change will be the addition of firearms sales geared toward hunting and sports next summer. Those items will be located at the back of the store where customer service is currently positioned. Customer service will move to the front of the store, near the registers.

The redesign will also extend to the front entrance. This area will have a new Hall of Honor, with murals and pillars depicting wars and conflicts.

As for the mall area and food court:

■ Dunkin’ Donuts is slated to move into the current GNC location in April. GNC will move next to the dry cleaners.

■ Subway is scheduled to occupy the space where Cinnabon is in June.

■ Popeyes Louisiana Kitchen will occupy what is now Robin Hood and Baskin-Robbins in June.

■ Taco John’s, Charley’s Grilled Subs and Anthony’s Pizza will remain where they are, and all storefronts will receive facelifts as part of the branding campaign.

Tinker Air Force Base’s Exchange was the first to undergo the new design in September 2010.

“We are one of the top 10 that will be getting the new branding in AAFES worldwide,” said Ventura.

Shopping hours and days will remain the same. Much of the work will take place at night. Partitions will be put up as renovations are made.

To help the curious, marketing boards will be placed outside the entrance to allow shoppers to see the renovation plans.

RETIREE

Continued from 1

newsletter mailing, which includes the Robins RAO number, but he wants to let people know his staff is available to help.

The RAO staff is made up of four part-time volunteers, including the

director’s position.

Munson said his office assists from 200 to 300 retirees each year who make contact via phone calls and office visits.

Each time the staff meets someone new, his or her contact information is entered into a database. Munson currently sends out close to 3,000 emails

to retirees.

Opportunities like the annual Appreciation Day allow word to get out about what the office does.

The RAO, in Bldg. 767, is open Mondays, Wednesdays and Fridays from noon to 3 p.m. For more information, call 327-4707.

JSTARS

Continued from 1

vendor tasks, depot performance under a work-share agreement, and management of items that are unique to the weapon system.

Software maintenance activities are performed by both Robins, and Northrop Grumman in Melbourne, Fla., including depot-level repair work, prime mission equipment repair, and additional responsibilities with back-shop, chemical

lab, and precision measurement equipment laboratory support.

The award recognized materiel availability, with 96 percent readiness spares package fill rates, and reliability performance, at 99.7 percent, under the TSSR that have been superior. These, in turn, have allowed JSTARS to support numerous operations with a high-mission effectiveness rate at 96 percent.

Having a team in one location, which includes the contractor, makes for a great partnership, said

Carol Waits, deputy TSSR program manager. Issues can be identified and meetings can happen quickly.

“We’re also very fortunate from the program management office to have our customer right across the runway,” Waits added, referring to the 116th and 461st Air Control Wings.

The award was presented earlier this week during the Aerospace Industries Association’s Product Support Fall Conference in Hilton Head Island, S.C.

FACEBOOK

Continued from 1

endorsing or promoting commercial enterprises.

In addition to Facebook, Robins is

pursuing additional social media venues as a way to reach the community, including Twitter.

Links to the Robins Facebook and Twitter pages can be found at the top of the base public website at www.robins.af.mil.

HAWC fitness tip

Is it time to change your cardio workouts?

Some people go to the gym and work on the same cardio machine, at the same intensity, day after day. If this sounds like you, it's time to switch it up.

If you're a little hesitant or need to move in to things slowly, try changing it up just one day a week to start. You can try a different piece of cardio equipment or take a group exercise class, for example.

If you are unwilling to stray from your favorite piece of cardio equipment, at least rotate through some different programs that will either increase the resistance or pace.

Remember, the goal is to continually stress and challenge your body so it needs to adapt and improve. Take care, have fun, and keep moving. – *Robins Health and Wellness Center*



U.S. Air Force photo by **SUE SAPP**
Antony Staggers works out on a treadmill at the fitness center.

Base cleanup



Bob Comerford, HQ Air Force Reserve Command, cleans the flower beds around Bldg. 210. Each week an average of 190 tons of trash are collected throughout the base. During the base cleanup week, the 78th Civil Engineer Group picked up an additional 10 to 15 tons of trash.



Efrain Rivera, 402nd Electronics Maintenance Group, picks up trash around the Bldg. 640/645 complex. About 175 bags of yard debris were collected during the cleanup.

U.S. Air Force photos by SUE SAPP



Lt. Col. Ijeffery Rice, DLA Distribution, cleans up around Bldg 385. Recyclable items increased 30 to 40 percent during the cleanup.



Lloyd Dowd, 402nd Electronics Maintenance Group, uses a trash grabber to put trash in a bag.



Staff Sgt. Neal Thompson and Senior Airman Gregory Crawford, 78th Air Base Wing, clean near Bldg. 988.

med c's message

What you should know about whooping cough

Pertussis, whooping cough, is a very contagious respiratory disease caused by a bacterium called *Bordetella pertussis*.

It's a serious disease in infants and children, with more than half of infants who get the disease requiring hospitalization.

Pertussis is sometimes known as the "100-day cough" because coughing fits can last up to 10 weeks or more.

The symptoms start like the common cold – runny nose or congestion, sneezing, and maybe mild cough or fever. After one to two weeks, severe coughing begins.

Infants and children with the disease cough violently and rapidly, until the air is gone from their lungs and they are forced to inhale with a loud "whooping" sound.

Pertussis is spread by coughing or sneezing while in close contact with others, who then breathe in the bacteria. Many infants are infected by older siblings or adults who may not know they have the disease.

The United States has seen a steady increase in cases of pertussis over the last several years.

In 2010, 27,550 cases were reported; many more go undiagnosed or are not reported. Georgia, although below the national average for the disease, has seen an increase during 2010; it has reported 117 cases this year.

The good news is pertussis is a vaccine-preventable disease. In the U.S. the recommended pertussis vaccine for children is called DTaP. This is a combination vaccine which protects children

against three diseases: diphtheria, tetanus and pertussis.

For maximum protection against pertussis, children need five DTaP shots. The first three shots are given at 2, 4 and 6 months of age. The fourth shot is given between 15 and 18 months, and a fifth shot is given when a child enters school, at 4 to 6 years of age.

Vaccine protection for pertussis can fade with time. There are boosters for adolescents and adults that contain tetanus, diphtheria, and pertussis (called Tdap). Pre-teens going to the doctor for their regular check-ups at age 11 or 12 should get a dose of Tdap.

Adults who didn't get Tdap as a pre-teen or teen should get one dose of Tdap instead of the Tdap booster. Most pregnant women who were not previously vaccinated with Tdap should get one dose of Tdap postpartum before leaving the hospital or birthing center.

Parents can also help protect infants by keeping them away from anyone who has cold symptoms or is coughing.

It is important that anyone who has contact with infants get vaccinated against pertussis.

Individuals should contact their healthcare provider or local health department to inquire about pertussis vaccination.

For more information on pertussis, go to www.cdc.gov/pertussis.

– Capt. Melanie Muldrow,
78th Medical Group
Public Health Flight

In the trenches

5th CCG members help prepare for Iraqi transition

U.S. Air Force photos by STAFF SGT. MIKE MEARES

Left, Capt. David Cox, 5th Combat Communications Group, finishes digging a trench to install grounding rods for a tactical communications satellite terminal at Sather Air Base, Iraq. The terminal is part of a tactical communications network set up to help the U.S. military as it transitions from the country.



Master Sgt. Shannon Herring, 5th Combat Communications Group, uses his hands to clean dirt and rocks from inside the trench.



Tech. Sgt. Turvon Casey, 5th Combat Communications Group, operates a trencher to help with the installation of the grounding rods for a tactical communications satellite terminal.

HAPPENINGS

ON TAP

Texas Hold 'Em

Saturday
Sign up at 1:30 p.m.
Games start at 2 p.m.
Heritage Club Lounge
\$10 for club members
\$15 for guests
For details, call 472-7864.

Mongolian BBQ

Monday through Nov. 4
10 a.m. to 2 p.m.
Golf Course, Bldg. 595
For details, call 926-4103.

Holidays on a Shoestring Budget

Tuesday
2 to 3 p.m.
A&FRC, Bldg. 794
For details, call 468-1256.

UPCOMING

Complimentary Crafting Class

Drop in and make a poppy in honor of veterans.
Thursday and Nov. 8
10 a.m. to 6 p.m.
Arts & Crafts Center
For details, call 468-5282.

Pre-Separation Briefings

Thursday, Nov. 10 and 17
12:30 to 4 p.m.
Bldg. 794
For details, call 468-1256.

First Friday

Nov. 4
5 to 6 p.m.
Dinner at 6 p.m.
Horizons
For details, call 468-2670.

Give Parents A Break

Nov. 4
6 to 10 p.m.
Youth Center and CDC East
For details, call 468-5805.

Club Closure

Horizons and the Heritage Club will be closed Nov. 5 in order to facilitate Marine Ball events. The Heritage Club Lounge will reopen Nov. 6 at noon for Football Frenzy Nov. 6.
For details, call 468-2670.

Museum of Arts & Sciences

Tusks! Ice Age Mammoths & Mastodons
Nov. 5
Noon to 5 p.m.
\$10, limited seating
Youth Center
For details, call 468-2110.

Late Vet Clinic Days

Nov. 7, 14, 21 and 28
9 a.m. to 5 p.m.
Bldg. 703
For details, call 497-8448.

ONGOING

Mission Audition

Tops In Blue
Looking for talented active duty Airmen
Apply online at topsinblue.com
Deadline Nov. 15

Mickey's Very Merry Christmas Party

Magic Kingdom
Theme Park
Nov. 8, 9, 11, 13, 15, 29 & 30
Tickets purchased at ITT and park window
For details, call 468-2945.

Veteran's Day

Red Head Pin Bowl
Nov. 11
1 to 4 p.m.
Bowl a strike when red pin is in No.1 position – game is complimentary
For details, call 926-2112.

Texas Hold 'Em

Heritage Club Lounge

Nov. 12 and 19
Sign-up 1:30 p.m.
Games starts 2 p.m.
Members \$10, Guests \$15
For details, call 472-7864.

Runaway Bar Bingo

Nov. 16
6 p.m.
Heritage Club Bingo Room
For details, call 468-4515.

Customer Appreciation Thanksgiving Meal

Nov. 17
11 a.m. to 1 p.m.
Cost \$2.50
Base Restaurant
For details, call 926-6972.

It Pays To Club Club Drive

Now through Dec. 31
Three months membership free and a scratch off card worth up to \$100
For details, call 468-2670.

Fitness Center Lighting Renovation

Bldgs. 826 & 827
Through Nov. 21.
Schedule:
Bldg. 826 – Racquetball Court (Monday for five days)
Bldg. 826 – Track (Nov. 7 for five days)
Bldg. 826 - Cardio/Weight Room (Nov. 14 for five days)
Bldg. 826 – Pool (Nov. 21 for three days)
For details, call 468-2128.

