



High Velocity Maintenance is working. The 402nd Maintenance Wing just released an MC-130W nine days ahead of schedule.

## First-time speeders could lose driving privileges

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

It doesn't necessarily take an accumulation of tickets for motorists to lose their base driving privileges.

It can happen in an instant when drivers are showing a serious lack of caution. Two Airmen learned the hard way recently when they were charged with reckless driving and speeding for taking the S-curve on Richard Ray Boulevard too fast.



Over the course of a single weekend one was clocked going 47 mph and the other 48 mph in the 15 mph zone. The

► see **SPEEDING, 2A**

# ROBINS REV-UP

August 6, 2010 Vol. 55 No 31

## Green Street Gate to close for improvements

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

Green Street Gate, or Gate 1, will close Aug. 16 for approximately two months so certain security improvements can be made to the entrance.

When it is closed, drivers who normally use the Green Street Gate are asked to use the National Guard, Watson Boulevard or

Martin Luther King gates to enter and exit the base.

The National Guard Gate will be open Monday through Friday from 5 a.m. to 6 p.m.

The Watson Boulevard Gate will be open 24 hours a day.

The Martin Luther King Gate will be open Monday through Friday from 5 a.m. to 6 p.m. for inbound traffic and noon to 6 p.m. for outbound traffic.



U.S. Air Force photo by TOMMIE HORTON

The Green Street Gate will be closed for about two months beginning Aug. 16 for security improvements.

### GATE HOURS Effective Aug. 16

GATE 1 Green Street	CLOSED
GATE 3 Watson Blvd.	<b>OPEN 24/7</b> Inbound - 3 lanes: 5:30 to 8 a.m. Outbound - 2 lanes: 10 a.m. to 5 p.m.
GATE 5 Martin Luther King Jr. Blvd.	<b>Mon-Fri:</b> (except holidays) 5 a.m. to 6 p.m. Inbound - 3 lanes 5:30 to 8 a.m. Outbound - 3 lanes noon to 6 p.m.
GATE 14 Russell Parkway	<b>Mon-Fri:</b> 4:30 a.m. to midnight <b>Sat-Sun, Holidays:</b> 5 a.m. to midnight
GATE 15 Air National Guard	<b>Mon-Fri:</b> (except holidays) 5 a.m. to 6 p.m.

Lanes may be increased or decreased due to traffic flows

### Gate 38 temporarily relocated

A detour is now in place for east-bound traffic on part of First Street near the relocated Gate 38 entrance to the flightline. The detour will also be in place until mid-October.

The detour closes the east-bound lanes between Cochran and Milledgeville streets and directs traffic to Richard Ray

Boulevard. It was put in place because tests indicated potential for accidents and congestion with two-way traffic near the relocated gate.

Gate 38 was relocated because of the construction of a new building in the area and it will remain relocated for the next two years.

## Major gets Bronze

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

Maj. Wade Cornelius made his first extended deployment to Afghanistan count.

Cornelius, 402nd Maintenance Wing executive officer, was awarded the Bronze Star last week by Brig. Gen. Lee Levy, the wing's commander.

The major received the honor for his year of service in Afghanistan starting in February 2009. He had been there previously while stationed in Germany, but

this was his first extended deployment there.

He led a team of three U.S. military personnel, two Ukrainian contractors and two Afghan interpreters. They were tasked to assess, train, advise and equip 40 Afghan Army Air Corps aircraft maintenance personnel, including the squadron commander.

He spearheaded a \$290 million acquisition effort to acquire 18 C-27 airframes for the Afghans, coordinating with program managers around the world to ensure sustainment of the



U.S. Air Force photo by TOMMIE HORTON

Maj. Wade Cornelius, right, and Brig. Gen. Lee Levy stand at attention at an award ceremony where the major received the Bronze Star.

aircraft through 2016.

He was credited with numerous other accomplishments, including ini-

tiating a massive effort to inventory 20,000 aircraft

► see **AWARD, 7A**

## Robins alternative for MC-12 program

BY WAYNE CRENSHAW  
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The Air Force last week designated Beale Air Force Base, Calif. as the preferred location for the MC-12W.

Robins, meanwhile, was designated one of two "reasonable alternative" locations for the aircraft.

A final decision on the MC-12W basing is expected in the spring.

Earlier this year, Air Force site survey teams evaluated several bases, including Robins, for "feasibility, cost, and timing to meet initial operational capa-

bility." As a result of those surveys, the range of reasonable alternatives was reduced to three bases: Beale, Robins, and Whiteman AFB, Mo.

Beale was designated the preferred alternative "... given its access to training opportunities, synergy with existing Intelligence Surveillance and Reconnaissance flying missions, and co-location with the Distributed Ground Station mission," said Kathleen Ferguson, deputy assistant secretary for installations.

The MC-12W is a medium-to low-altitude, twin-engine turboprop aircraft.

## Base makes strides in energy efforts

BY TECH. SGT. VANN MILLER  
vannie.miller@robins.af.mil

For more than a year, the Energy Office on Robins has tried to make people smart on ways to curb energy usage on the base. The team has done this not only with Robins in mind, but a desire to help the Air Force and the United States become more energy independent.

The Air Force has historically been the largest user of energy in the federal government. In 2008, the Air Force spent \$9 billion on fuel and electricity. Meanwhile, the U.S. federal government is the greatest consumer of energy-related prod-



ucts in the world.

Beyond the energy campaign, how does an individual help the base, the Air Force and the U.S. reach their energy goals?

Many members of Team Robins are making a difference and employees should be commended for their efforts in ener-

gy reduction. In one major holiday last year, Robins used 362,875 fewer kilowatt hours compared to the same holiday two years prior. But the leaders here understand major changes are required to reach the goals we've set.

So far, Robins has made some interesting strides toward energy reduction. In finding alternative sources, the base has already implemented both solar power and hydrogen alternatives into its operations.

For example, the solar panel, on demonstration here for one year, is capable of producing 25

► see **ENERGY, 7A**

## Military spouses to tour Robins

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

Spouses new to military life are encouraged to sign up for the upcoming quarterly Heart Link class and Spouse Immersion Tour set for Aug. 13.

Organized by the Airman & Family Readiness Center, the expanded day-long event introduces military spouses to the Air Force and to the many helping agencies on the base.

The introduction and briefing begins at 8:30 a.m. at the A&FRC, Bldg. 794. After a table talk with various support agencies from around the installation, spouses will experience some flight kitchen

cuisine and then will go on a community tour.

The tour will include visits to the C-5 and F-15 areas on the flight line and showcase Team Robins contributions to airpower. Next, spouses will be taken off base for a tour of Warner Robins, beginning with a stop at City Hall where Warner Robins Mayor Chuck Shaheen and Col. Carl Buhler, 78th Air Base Wing commander, will speak to the group and provide their perspectives on the importance of community and base support to military families. From there, the spouses will be taken to various other points of interest and

► see **SPOUSE, 7A**



### THINK SAFETY

Days without a DUI: 21  
Last DUI: 54th CBCS  
— courtesy 78th Security Forces

### AADD

To request a ride, call 222-0013.

### TWO-MINUTEREV

#### Blood drives

The Red Cross and Armed Services Blood Program will be at Robins Aug. 13, conducting blood drives. The ASBP collects blood to directly support military operations and hospitals around the world. The Red Cross supports our civic hospitals including Houston Medical Center.

Collection areas: Bldg. 210, 8:30 a.m. to 2:30 p.m.; Bldg. 640, 7 a.m. to 1 p.m.; Bldg. 827, 8:30 a.m. to 4 p.m.; and Bldg. 301, 8:30 a.m. to 4 p.m.

### INSIDE

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# Page Two

## Engineer leads way in dispute resolution

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

When Robins began a mediation program several years ago to try to head off expensive and time-consuming grievance procedures, John Lockett was one of the first to volunteer.

Seeing an opportunity to really make a difference, he went beyond his duties as a union representative. He now has mediated more than 300 cases, the most of anyone in the Alternative Dispute Resolution program.

"I always felt being able to find common ground when two people are having a disagreement is an area in which I am pretty blessed," he said.

He was honored for his efforts with the Foster

Leadership in People Award, which is given to those who work to improve labor management relations.

Lockett, an engineering technician in the 402nd Maintenance Wing, said the mediation process has improved labor management relationships.

"I feel that it has helped 100 percent. When I came to Robins, the only way to go was through a grievance process, but when ADR came along, it saved money and time," he said.

Lockett estimates over 80 percent of the cases he mediates are resolved without a



John Lockett

grievance procedure.

He focuses on trying to get the employee and the supervisor to see the issue from the other's point of view, even engaging them in a role-playing exercise in which they must reverse roles. The technique has proved effective.

"Normally the light comes on and they see they could have a different approach," he said. "Nine times out of ten you can get a settlement."

Robert Caviness, base ADR champion, said Lockett has the perfect personality to be a mediator.

"John is one of those rare individuals who can put that neutral hat on," he said. "He has that quality all mediators have to have in terms of neutrality."

## Airman's Attic in search of volunteers

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

The Airman's Attic has a new home with considerably more room, but now it could use a few volunteers.

The facility is supposed to be open Monday mornings and Wednesday afternoons but sometimes isn't due to lack of volunteers, said Master Sgt. Dave Stewart, who oversees the operation.

Volunteers are also needed to help process donated items. Uniforms and other donated clothes must be washed and folded or hung, and other items need to be cleaned and prepared for display.

Those not able to volunteer during operational hours can come in at other times to help with these tasks.

Anyone who wants to volunteer should e-mail [robins.airmn.attic@robins.af.mil](mailto:robins.airmn.attic@robins.af.mil).

The Airman's Attic is located in the former commissary, Bldg. 660 on Macon



U.S. Air Force photo by SUE SAPP

**The Airman's Attic has a new home in Bldg. 660, but is now in need of volunteers.**

Street. It offers items for free to Airmen up to staff sergeant, as well as first and second lieutenants.

A donation area is set up under an overhang outside so people can drop off donations at any time.

Stewart, who is first sergeant in the 78th Security Forces Squadron, asks people to put items in the designated area and only drop off items in reasonably good condition. Clothes and household items are those most needed.



U.S. Air Force photo by TECH. SGT. VANN MILLER

**Senior Airman Jonathon Leon, 78th Security Forces, clocks cars on base. Speeders could potentially lose driving privileges on base, even first-time offenders.**

## SPEEDING

Continued from 1A

two citations for each driver met the threshold of 12-points in 12 months for losing base driving privileges for a year, said Capt. Jonathon Murray, 78th Security Forces operations officer.

"It's not just losing your base driving privileges," Murray said. "The most important thing is that you can hurt someone."

The curve in the area between the fuel tank complex and the waste-water

treatment plant is marked as a 15 mph zone, including flashing yellow lights. Yet drivers often fail to slow and the area has seen some accidents serious enough that cars had to be towed away.

Traffic engineer David Noel said the speed limit is low in the area because of the S-curves and because trucks and other vehicles entering the roadway are at risk from motorists coming through too fast. He said the signs in the area comply with Georgia Department of Transportation standards for posting speed limits.

## Fairways Grille

10 a.m. - 2 p.m. 923-1717

### Of the Pine Oaks Golf Course

**Mongolian BBQ**  
(the first week of every month)  
70¢ oz. total weight. Choose from  
• Shrimp • Beef • Chicken  
• Assortment of Vegetables  
& Sauces

**Ol' Smokey BBQ**  
(Mondays & Wednesdays)  
• Pulled Pork • Jerk Chicken  
• BBQ Rib-eye  
• Burgers & Sausages



Includes  
2 sides  
& drink

# SnapShots



U.S. Air Force photo by MASTER SGT. TERRY ATWELL  
Firefighters battle a roaring fire while participating in a live fire-response exercise at the Combat Readiness Training Center in Alpena, Mich.



U.S. Air Force photo by AIRMAN 1ST CLASS COREY HOOK  
Airman 1st Class Jordan Linial, a weapons loader with the 28th Munitions Squadron, tightens a strap on a GBU-31 July 21, 2010, during the phase II operational readiness exercise at Ellsworth Air Force Base, S.D.



U.S. Air Force photo by STAFF SGT. BENNIE DAVIS  
Members of the United States Air Force Honor Guard Drill Team sign autographs and pose for photos after their performance during a visit to Rosa Parks Middle School, Sacramento, Calif.



U.S. Air Force photo by SENIOR AIRMAN NATHANEAL CALLON  
First Lt. Georganne Hassell, an information operations officer with Provincial Reconstruction Team Zabul, walks down a street during a presence patrol in Qalat City, Afghanistan.



# ViewPoints

“A journey is a person in itself; no two are alike. And all plans, safeguards, policing, and coercion are fruitless. We find that after years of struggle that we do not take a trip; a trip takes us.”

– **John Steinbeck**

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## SUBMISSION GUIDELINES

Submissions must be received by noon the Monday prior to the requested Friday publication. They should be e-mailed to [78ABW.PARevUp@robins.af.mil](mailto:78ABW.PARevUp@robins.af.mil). Submissions must be in a Word document. They may not exceed two pages, double spaced. They must be typed in Times New Roman font, 12-point type, with 1-inch margins. All submissions will be edited to conform to Associated Press style. Submission does not guarantee publication. cation. Submissions must be received by 4 p.m. the Friday prior to the requested Friday publication. They should be e-mailed to [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil).

## Team takes VPP seriously

For many new employees, their first introduction to the Air Logistics Center's Voluntary Protection Program efforts is during their initial newcomer's training in Bldg 799, which was recently recognized as a gold level safe site. The facility emphasizes safety and health from its front to back doors. Signs are posted indicating emergency routes and shelter in place procedures. Emergency procedures are also briefed at the beginning of each new employee orientation.



Yellow and black tape on platform edges provide extra awareness of potential workplace dangers; safety and health is definitely

spoken here. Internally, the building occupants, Directorate of Personnel Training, developed a Safe Site scorecard which allows them to continually rate their Safe Site Program, including identifying weaknesses and targeting areas for improvement.

It is an understatement to say the team is doing a great job with its Commander's Safe Site Challenge and VPP efforts. It is doing a golden job!

– *Courtesy Robins VPP office*

## Integrity first

A number of years ago, while interviewing for a flying assignment, I was asked a simple question, “Which Air Force core value do you consider the most important?” I immediately thought to myself: “Finally, an easy question.”

Then I answered with a simple “Integrity first.”

That interview was approximately 12 years ago, but my response today would be exactly the same.

Why integrity first? While I

expanded my answer during the interview, I simply pointed out a few different examples which all revolved around being able to trust the word of those around you without having to question whether or not what is said is true.

For example, a simple question to the crew chief asking, “How's the jet?” and getting a response, “Good to go, sir.” Is it? I sure hope the maintainer has integrity when he tells me this as my life and those on board with me are counting on him

and the rest of the maintenance team each and every time we take off.

Integrity goes well beyond answering simple questions honestly though. Your personal “integrity meter” should have absolutely nothing to do with whether or not you get caught. If it is wrong, it is wrong — period. Is the Article 15 and \$1,500 fine worth the \$65 cab ride you supposedly “lost” the receipt for? I think not, but integrity issues go well beyond monetary figures. Once

you have lost the trust of those around you, you may never gain it back.

As your integrity and reputation are built over time, they can also be destroyed in an instance of weakness. Never allow this to happen. It always takes less time to do the right thing than it does to have to explain why you chose something wrong.

– *Commentary by Lt. Col. Randy Huiss, Joint Base Charleston, S.C.*

## Commander's Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit <https://wwwmil.robins.af.mil/actionline.htm>. To contact the Commander's Action Line, call **926-2886** or e-mail [action.line@robins.af.mil](mailto:action.line@robins.af.mil).

▶ Security Forces	926-2187
▶ FSS (Services)	926-5491
▶ Equal Opportunity	926-2131
▶ Employee Relations	327-8253
▶ Military Pay	926-4022
▶ Civil Engineering	926-5657
▶ Public Affairs	926-2137
▶ Safety Office	926-6271
▶ Fraud, Waste & Abuse	926-2393
▶ Housing Office	926-3776
▶ Chaplain	926-2821
▶ IDEA	327-7281

## SANITATION ISSUES

I am a civilian who works in Bldg. 301. In a recent post, I addressed the sanitation conditions of the unattended trash bins on the east side docks. The collections bins have been removed, but now the conditions of the dumpster area is just as bad, or worse.

The two dumpsters on the north end are enclosed by a concrete wall. They have plastic lids on them. Because the lids are closed, many of the building occupants began throwing their trash on top. Because they have been warned repeatedly about this

practice, they have begun simply pitching the trash inside the enclosure. It appears the waste removal firm was collecting this excess for a while, but now they no longer do it when they empty the containers. The amount of trash on the ground, outside the dumpsters, at times equals what is inside.

Something needs to be done about this. Many of the bags of trash are too large to be from a single person. Entire offices are consolidating their refuse and then tossing it into the enclosure. If people refuse to walk around,

open the door and put their garbage inside, they need a chute leading into the dumpster.

For the good of all, we need to be more considerate. Once the trash area is overrun by bugs, rodents and snakes, even conscientious employees will refuse to open the doors and place their trash inside. This is unacceptable.

## COL. BUHLER RESPONDS:

Thank you for your note. I contacted the 78th Civil Engineer Squadron for some additional insight to the cause of the problem.

Their surveillance noted the refuse contractor is performing its duties in accordance with the contract. Unfortunately, as you pointed out, some individuals are throwing their trash outside of the dumpsters, rather than opening the lids and placing the trash inside.

To help mitigate the problem, the 78th CES developed and distributed an educational e-mail that was sent to base facility managers to advise personnel of proper trash disposal methods. We need the help of all Robins personnel to keep our base beautiful.

# On the Fly

## Name change

DRMO, or the Defense Reutilization and Marketing Office, has a new name.

The office is now called DLA Disposition Services. It will provide the same service and support to warfighters and other customers in the disposition of excess property and management of hazardous waste. There are no changes in operating hours or services.

## Inspection

The 78th Medical Group will undergo a thorough accreditation survey and inspection Aug. 16-20 to evaluate and improve the quality of health care delivered to the Robins community.

The 78th Medical Group clinic and satellite functions will continue normal operations with no interruptions to operating hours.

All patient care services will be available during the survey.

Any member of the Robins community who believes he or she has pertinent and valid information about the 78th MDG's provision of health care delivery or compliance with standards should contact Maj. Stephenie McCue at 327-7727 or at stephe-

nie.mccue@robins.af.mil.

## Finance service

The 78th Comptroller Squadron and the 78th Force Support Squadron have teamed together to enhance customer service support for military members at Robins by positioning two finance personnel in the Smith Center.

This move is aimed at reducing customer drive time when there is a personnel/finance pay issue which requires immediate attention by either organization.

The following services will be available Monday through Friday from 9 a.m. to 3 p.m., excluding holidays and family days:

►Accession & PCS In-processing actions – brief and complete PCS arrival actions.

►Awards & Decorations – print/request voucher and order for award/decoration validation.

►Bonus & Reenlistments – receive bonus and leave sell back forms; verify dates.

►Case Management System – assist FSS in resolving cases.

►MyPay – provide PIN resets; assist with inquiries.

►Separations & Retirements – provide SepRet

packet; verify pay data.

No travel voucher submissions will be accepted and no research will be conducted at the Smith Center; customers must contact 78th CPTS customer service for assistance.

Some actions will still require a scheduled appointment and/or trip to the 78th CPTS customer service.

## Upcoming

The Robins Officers' Spouses' Club **Robins Thrift Shop** reopens today.

The normal hours of operation are Wednesdays from 10 a.m. to 1 p.m., and 3 to 6 p.m. and Fridays from 10 a.m. to 1 p.m.

The Thrift Shop is located in Bldg. 945 on Macon Street.

The **78th Air Base Wing Exercise Office** reminds everyone August is an exercise month; particularly, the week of Aug. 9-13 will be brimming with activity.

Accordingly, people may experience disruptions in services, limited access to facilities, or changes in base traffic.

The exercise office asks everyone to be professional and courteous when dealing with those who are participating in exercises. Through such exercises we are able to

sharpen skills and provide a more secure and safe working environment.

Bill Kirkland, manager of the **Georgia Troops to Teachers program**, will conduct a 90-minute "Transition to Teaching" class today at 10 a.m. in Bldg. 905, Room 244, for those interested in becoming a public school teacher.

The program provides eligible servicemembers up to \$10,000 to help with their transition and in obtaining a teacher certification.

For more information on the program, visit [www.proudtoserveagain.com](http://www.proudtoserveagain.com) or send an e-mail to [bill.kirkland@gapsc.com](mailto:bill.kirkland@gapsc.com).

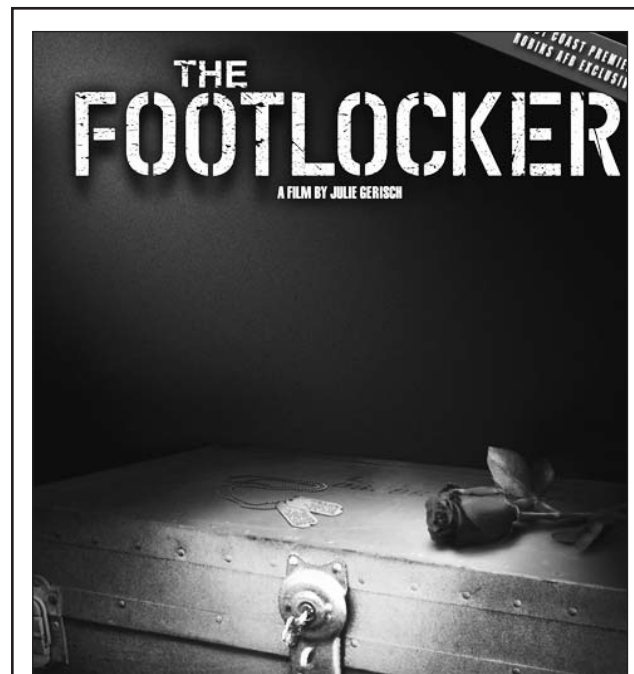
## Voluntary Leave Transfer Program

To have the name of an approved leave recipient printed in the Rev-Up, e-mail Lanorris Askew at: [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil).

Submissions will run for two weeks.

## AFPAAS

The Air Force Personnel Accountability and Assessment System standardizes a



## Premiere

Robins will host the East Coast premiere of the military movie "The Footlocker." The one-hour feature film will be shown at the Base Theater on Aug. 13 at 3 and 7 p.m. Admission is free.

The film documents the life and death of 1st Lt. Fred Kleps, who served as a B-17 navigator in the Army Air Corps during World War II. The closing scene of the film was shot at Robins and features a group of Airmen from the 5th Combat Communications Squadron.

method for the Air Force to account, manage, and monitor the recovery and reconstitution process for personnel and their families affected by a wide-spread catastrophic event.

AFPAAS provides valuable information to all levels of the Air Force chain of

command, allowing commanders to make strategic decisions which facilitate a return to stability.

AFPAAS allows Air Force personnel to do the following: report accounting status, update contact information and view reference information.

## SPOUSE

Continued from 1A

the tour ends back at the A&FRC at about 4:20 p.m.

Tony Pope, A&FRC community readiness technician, said Heart Link is one of the center's most popular classes.

"Everyone we've ever had has always given it rave reviews," he said.

Although Heart Link has been done for years, the tour is a recent addition to provide Team Robin's spouses a more close-up view of base operations and the community.

Pope said all new military spouses, including those of the new Marine unit at Robins, are encouraged to attend and can sign up by Monday by calling the Airman & Family Readiness Center at 926-1256.

Chief Master Sgt. Margarita Overton, acting installation command chief, said an all day event may create daycare challenges, but encourages supervisors to give the military member time off so that his or her spouse can participate in this event, or call the Family Child Care office at 926-6741 to find out whether they qualify for any of the Air Force Aid Society sponsored programs.

Overton attributed the success of the class and tour to the collaborative efforts of members from the A&FRC, 402nd Maintenance Wing, 78th ABW, and community partners such as the Museum of Aviation, Marsha Buzzell of the Warner Robins Convention & Visitors Bureau, and Mary Therese Tebbe of the 21st Century Partnership.

"It's our way of saying welcome to our Air Force family, and we appreciate you," Overton said.

## AWARD

Continued from 1A

parts valued at \$17 million.

"It was an awesome experience just to be a part history in helping the Afghans become more efficient and stable with their military force so they can protect themselves," he said in an interview prior to the ceremony.

Levy told Cornelius' family and co-workers gathered for the ceremony that a Bronze Star is a significant achievement. In fact, Levy pointed out that it was the first time he had presented the medal.

"Wade has done some pretty amazing things not only for our country but for the Afghans," he said.

RECYCLE

## ENERGY

Continued from 1A

kilowatts of electricity and is mostly used to power the hydrogen fuel station.

Also, the new hydrogen station is a test project within the Department of Defense to develop an alternative fuel source. Currently, there are some vehicles using the new hydrogen fuel cell, but there is a plan in to use hydrogen in approximately 100 vehicles assigned to the Defense Distribution Depot here.

And in 2009, the base signed a partnership with Georgia Power to buy 40 percent of the alternative energy the company produces. This agreement allows Robins to meet its goal of obtaining 5 percent of its energy from renewable sources.

(Since then, Georgia Power has increased its renewable energy production; but, Robins still purchases the largest volume of green energy in Georgia.)

Team Robins members know it will take a change in culture to reach energy independence and with the efforts under way; it would seem as though the base is heading in the right direction.

To learn more, including how you may help, call the Energy Office at 327-8663 or email [commanderkillawatt@robins.af.mil](mailto:commanderkillawatt@robins.af.mil).

## 78th FSS BRIEFS

**ON TAP**  
**First Friday Bash**  
Build-A-Boat  
Today  
4:30 p.m.  
Heritage Club  
Members free; Guests \$5  
For details, call 926-2105.

8:30 a.m.  
Bldg. 794  
For details, call 926-1256.

**Become A Flying Ace**  
Through Aug. 13  
Aero Club, Bldg. 186  
For details, call 926-4867.

**First Friday Bash Dinner**  
Today  
6 p.m.  
Horizons  
Cod and shrimp platter or  
grilled skewered shrimp  
For details, call 926-2670.

**Aviation art show;  
burger & hot dog burn**  
Aug. 14  
10 a.m. to 1:30 p.m.  
Aero Club, Bldg. 186  
For details, call 926-4867.

**Movies At The Pool**  
Horton Hears A Who  
Today at dark  
Heritage Pool  
\$1 per person  
For details, call 926-4001.

**Getting Out of Debt**  
Aug. 19  
1 to 3 p.m.  
Bldg. 794  
For details, call 926-1256.

**Yard Sale**  
Saturday  
8 a.m. to noon  
Heritage Club  
\$7 per table  
For details, call 926-2105.

**Back To School BINGO**  
Aug. 19  
Heritage Club  
For details, call 926-4515.

**UFC Pay-Per-View Live**  
Saturday  
10 p.m.  
Wellston, Bldg. 543  
Members free; Guests \$5  
For details, call 926-7625.

**Beat the Heat 5-4-5**  
Through Aug. 31  
Monday through Friday  
Play 5 holes of golf after  
4 p.m. for \$5 with cart  
For details, call 926-4103.

**Sunday Brunch**  
10 a.m. to 1 p.m.  
Horizons  
Members \$12/Guests \$15  
Children \$7.95 (6-10 years)  
For details, call 926-2670.

**Golf August Special**  
Sunday through Friday  
18 holes after 1 p.m. for  
\$21  
For details, call 926-4103.

**Karaoke**  
Thursday  
8 to 11 p.m.  
Wellston, Bldg. 543  
For details, call 926-7625.

**Football Frenzy**  
Begins Sept. 9  
Wellston, Bldg. 542  
For details, call 926-7625.

**UPCOMING**  
**Heart Link Tour**  
Aug. 13

**End of Summer Bash**  
Sept. 25  
4 to 8 p.m.  
Robins Park  
For details, call 926-2105.

**ONGOING**  
**Fall Bowling Leagues**  
Sign up today

Bowling Center, Bldg. 908.  
For details, call 926-2112

**Glow-in-the-Dark Bowling**  
Fridays and Saturdays  
9 to 11 p.m.  
For details, call 926-2112.

**Heritage Club Lounge**  
Renovation is ongoing.  
Activities temporarily locat-  
ed at Wellston, Bldg. 543.  
For details, call 926-7625.

**Private Pool Parties**  
Register now  
\$50 for pool and  
\$10 per lifeguard per hour  
For details, call 926-4001.

**Golf Punch Cards**  
20 nine-hole rounds  
\$120, \$220 with cart  
25 range tokens, \$60  
For details, call 926-4103.

**Golf Lessons**  
Pine Oaks Golf Course  
Prices vary  
For details, call 926-4103.



U.S. Air Force photo by TECH. SGT. VANN MILLER

## New scoreboards

Workers at the Bowling Center install new LCD monitors Tuesday. The center is preparing for an open house Aug. 28 at 11 a.m., which will include a train ride, face painting, door prizes, free food and free bowling.

## NOW PLAYING

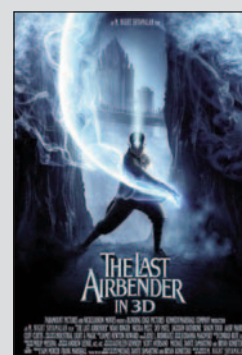
Tickets - \$4 adult; \$2 children (up to 11 years)  
For details, call 926-2919.



FRIDAY  
7 P.M.  
KNIGHT AND DAY  
PG-13



SATURDAY  
3 P.M.  
TWILIGHT SAGA:  
ECLIPSE  
PG-13



SATURDAY  
6:30 P.M.  
THE LAST AIRBENDER  
PG

## 78th FSS DIRECTORY

- ▶ FSS Administration .....926-3193
- ▶ Community Center .....926-2105
- ▶ Outdoor Rec .....926-4001
- ▶ Chapel .....926-2821
- ▶ Arts & Crafts .....926-5282
- ▶ Horizons .....926-2670
- ▶ Heritage Club .....926-2670
- ▶ Library .....327-8761
- ▶ HAWC .....327-8480
- ▶ Fitness Center .....926-2128
- ▶ Fitness Center Annex .....222-5350
- ▶ Youth Center .....926-2110
- ▶ ITT .....926-2945
- ▶ Bowling Center .....926-2112
- ▶ Pine Oaks G.C. ....926-4103
- ▶ Pizza Depot .....926-0188

Arts & Crafts Center • Bldg. 984 • 926-5282

★ Month of August! ★

**EXPLOSIVE DEALS**  
**INVENTORY CLOSE OUT**  
**75% OFF**  
All Arts & Crafts Supplies  
(seasonal gift items)

**COMING Sept. 13 - 17!**

**Artist Craftsman & Photography Gallery Program**

Get your tools, paints, brushes, clay, glass and cameras out and make something creative.

Entries accepted: Sept. 13 & 14  
Judging: Sept. 15 & 16  
Recognition & Awards: Friday, Sept. 17 at 4:30

Age Divisions:  
Group I Adult (18-yrs)  
Group II Youth (6-12 yrs)  
Group III Youth (13-17 yrs)

Categories: (limit to 3 per category entry)

**Arts & Crafts**  
A. Fine Art: Any original piece of art in any medium  
• Military Life • People • Landscapes • Still-Life  
• Animals • Abstract • Computer Generated/Graphic Art  
B. Textile Art: Original art  
C. Industrial Art: Original work  
D. Multi Crafts/Patterned Art/Patterned Woodworking

**Photography: Film or digital**  
A. Military Life  
B. People  
C. Landscapes  
D. Still-Life  
E. Animals  
F. Computer imaging enhancement

For details and entry forms visit or call the Arts & Crafts Center 926-5282

**HERITAGE BARBER SHOP 923-9593**  
Monday - Friday 8 a.m. - 5 p.m. • Saturday 9 a.m. - 4 p.m.

Open normal hours during  
Heritage Lounge renovation

**Horizons Barber Shop**  
(478) 918-0775  
Monday - Friday  
8:30 a.m. - 5:30 p.m.  
closed for lunch 1:30 - 2:30 p.m.

Cuts starting at  
**\$7.25**  
walk-ins welcome!

Specializing in men, women & children's cuts & hair care!

**2009 BUILD-A-BOAT WINNERS!**

**SHIPS AHOY MATE!**

**BUILD-A-BOAT & FRIDAY BASH**

**CONTEST**

Aug. 6 • 4:30 p.m.  
Heritage Club Ballroom & Pool

4:30-6:30 PM  
Contestants Build Boats

5-6 PM  
Tropical Drink & Beer Specials at portable bar  
Sea Rations  
Basket of Fish & Chips

6 PM  
Pirates & Parrots Costume Contest (or your favorite nautical character)  
Plus cast your vote for the Employee with the Best Costume

6:05 PM  
X Marks the Spot  
Club Members Dig for Treasures

Free to club members  
\$5 fee for guests & nonmembers  
Join the club to wave the fee and get a chance to participate in the Dig for Treasure

7 PM  
Launch Boat Race

7:30 PM  
Award the Seaworthy

Sign up for Build-A-Boat by Tuesday, Aug. 3 @ the community center, Bldg. 956

CC community center  
CLUBS

Big Mike & the Booty Papas!

Sponsored in part by  
**Robins Federal CREDIT UNION**  
A Credit Union for Everyone  
No Federal Endorsement of Sponsors Intended.

Movies at the Heritage Pool after the Boat Race!  
**Horton Hears A Who!**  
\$1 per person

For more information, call 926-2105 or 926-2670

# Keep our Pipes Fat-Free

Pipe Blocked by Grease Build-Up

Grease is a byproduct of cooking. It comes from meat, lard, oil, shortening, butter, margarine, food scraps, baking goods, sauces and dairy products.

When grease is poured down the sink, it sticks to the insides of the pipes that connect your home to the Robins AFB sewer system.

Eventually, grease builds up until it completely blocks sewer pipes. This creates difficult and expensive maintenance problems for the Base.

Blocked sewer pipes can cause raw sewage to back up into your home, or cause sewer overflows into yards, streets, or nearby waterways.

Don't believe the myth that running hot water after pouring grease down the drain works - it doesn't! The grease eventually cools, when coats the sewer pipes.

### How You Can Help

- ✓ Never pouring grease down the sink, toilet or other drain.
- ✓ Pour grease into a metal can and let it sit and harden for disposal in the trash.
- ✓ Scraping grease and food scraps into the trash can.
- ✓ Using strainers in sinks to catch food scraps and emptying the strainers in the trash.
- ✓ Minimizing use of garbage disposals.
- ✓ Talking to your friends and neighbors to increase community awareness.

### What Not to Flush

Grease in sewer pipes is a big problem, but there are other things that should not be placed in the sewer because they can also block pipes, cause mechanical problems at pump stations or treatment facilities, and pollute the environment.

Sewers are designed only for human waste and toilet paper. Here's a reminder of things to keep out of the toilet:

- ✗ Disposable diapers
- ✗ Paper towels
- ✗ Personal hygiene products
- ✗ Cotton balls and swabs
- ✗ Unused medications
- ✗ Condoms
- ✗ Cleaning wipes of any kind
- ✗ Bandages and bandage wrappings
- ✗ Disposable toilet brushes

**To Report a Sewage Spill:**  
Call 78 Civil Engineer Group Service Desk at 926-5657 (24 hours a day) to report any sewer manhole or pump station overflow, objectionable odors in a waterway, or other visible signs of a sewer overflow.

# Fitness gurus aim to stay perfect in PT testing

BY WAYNE CRENSHAW

wayne.crenshaw.ctr@robins.af.mil

On the running track outside the Fitness Center one recent morning, dozens of Airmen were moving at a variety of speeds.

Some were walking, others were jogging slowly, and a few were clipping along at a brisk pace.

Two, however, stood out above the rest, and not just because they weren't in the standard physical training uniform.

1st Lt. Franklin Elliott and 2nd Lt. Kyle Larson were gliding along much faster than the others, but it looked almost effortless. Together they probably make up the best fitness tandem at Robins, and could be the poster boys for the Air Force's efforts to raise fitness standards.

Both have registered perfect scores in every Air Force fitness test they have taken, with three for Elliott and two for Larson. Although neither has taken the test under the new standards, they don't figure to have much trouble keeping their streak going.

Elliott is an avid weightlifter and was a college wrestler at the Citadel. He recently placed third in a body-building competition in Macon.

He can do the 1.5-mile run at about the base record, which is 8:18. He hasn't taken the test, however, since the records started being kept in May after the new Fitness Test Cell stood up.

In Elliott's age group, a 9:06 would be good for the max score in the run, which is 60-percent of the total. He also has highs of 72 pushups in a minute and 76 sit-ups in a minute, both well above what he would need for the max score.

Larson has done the 1.5-mile run in 7:17, though he hasn't taken it since the records started being kept. Previously, testing was done within each unit, so no one was keeping base records. Larson's personal record for sit-ups is 69 and for pushups it's 70.

Larson was a cross country runner at Florida State and will represent Air Force Materiel Command in the Air Force Marathon in

September. They both said having an "accountability partner" at a similar fitness level and with similar goals is key to Airmen reaching their fitness potential.

"Accountability is huge because I don't want to let him down," Elliott said. "If I have a day where I don't feel like coming out here I know have to because he's going to be here."

Larson said the biggest mistake he sees Airmen make is incorrect pacing of the run portion of the test. He is one of the fastest runners in the Air Force, but when he does the 1.5-mile run with other Airmen, some will always sprint ahead of him at the start only to run out of steam by the end.

Larson worked with Elliott on pacing and that reduced his run time by close to a minute.

"If a top runner can improve that much, just imagine what someone who runs it in 12 minutes can do," he said.

They have been on the winning four-man team in the first two First Sergeants Fitness Challenges, which is basically an amped-up fit-

ness test. The next challenge is planned for later this year.

In his preparation for the marathon, Larson aims to put in 80 miles of running per week, although he has found it difficult to meet that goal with the summer heat and the duties of his job as executive officer in the Aerospace Sustainment Directorate. His goal for the marathon is to run the entire 26.2 miles at the same pace it would take to get a perfect score on the fitness test. That would give him a time of 2:45, which should be good enough to put him among the top finishers.

Outside of the run, they figure to have some work to do to set any records in the other fitness test categories, as Airmen have put up some impressive numbers, but they both fully intend to keep their perfect score streak going when they take the test under the new standards.



U.S. Air Force photo by WAYNE CRENSHAW

2nd Lt. Kyle Larson, left, and 1st Lt. Franklin Elliott have notched a perfect score in each of their fitness tests since joining the Air Force. They aim to keep those streaks alive, even with the new testing standards.

# 116th MXS wins intramural title

BY WAYNE CRENSHAW

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The 116th Maintenance Squadron won the base Intramural softball championship Monday in convincing fashion.

Having already lost in the double elimination tournament, the 116th MXS needed to beat the 5th Combat Communications Group twice to take the title. They won both games on the mercy rule.

They went down 9-0 in the first inning of the second game, but came back with 8 runs in their half of the inning and went on to a 22-12 win for the title.

"It was totally a team effort," said Chief

Master Sgt. Billy Messer, the team's coach. "Like every other team we were battling around deployments and leave but everybody on the roster contributed throughout the year."

It wasn't exactly an underdog story. The 116th MXS is the defending champion of the Georgia Air National Guard Softball tournament for both the open division and the 35-and-up age group. Also, during the Robins intramural season this year, they scored an average of 19 runs while giving up 5.

Messer said many of the team members have been playing together for years.

"We are not only a team, we are family," he said.

