

VPP: BECOMING A GOLD SITE

page 6A

Heritage bar area to close for renovations

Renovations are scheduled to start Tuesday on the bar area of the Heritage Club.

Bar activities will temporarily relocate to the Wellston Center behind Horizons. The renovations will not interfere with Pizza Depot, the barber shop, and other activities in the building.

The four-month, \$240,000 project will give the bar area a more upscale appearance and allow it to be used during the day, when the bar is closed, for other functions, said Linda Hinkle, 78th Force Support Services marketing director.

Patty Ray, 78th FSS contract service specialist, said Heritage Club patrons will notice a big difference.

"It's going to be a nice, well-lighted area," she said.



ROBINS REV-UP

April 2, 2010 Vol. 55 No 13

Chief of Staff announces force reduction efforts

Fellow Airmen:

Secretary Donley and I are proud of the tremendous contributions you make every day to secure our nation. We recognize and appreciate the sacrifices that are asked of you and your family. Now, the Secretary and I must make a difficult decision for the health of the Air Force family.

Air Force retention is at a 15-year high, despite an incredibly robust operations tempo. We are nearly 5,000 Airmen above our authorized, funded end strength ceiling. Career fields are overmanned in certain year groups, while at the same time, we have critical manning shortages in some of our most stressed career fields and mission areas. We must correct these overages and skill imbalances by sizing and shaping our force within our authorized, funded ceiling.

As you know, in November 2009 we offered a variety of voluntary measures aimed at reducing personnel numbers. Unfortunately, not enough people took advantage of those programs. Thus we had to make the tough decision to move forward on a plan to shrink the active duty force by almost three percent. Although it will be a challenging time, our goal is to minimize the impact on Airmen currently



Gen. Norton Schwartz
Air Force Chief of Staff

serving. We are reducing accessions for both officers and enlisted Airmen while expanding voluntary separation and retirement programs to try and protect those currently serving. Where possible, we will cross-flow Airmen from overmanned career fields into those that are undermanned, and, where appropriate, we will implement involuntary measures.

More information on this multi-tiered force management effort is available on the Air Force Personnel Center website. Voluntary programs will allow personnel to leave the service immediately; non-voluntary programs will start this summer with departures targeted for no later than April 2011. I encourage all of you to go to the AFPC website and review the programs that may impact you and your families.

Please know the Secretary and I have carefully considered every option, but in the end, arrived at the conclusion that these force management initiatives are necessary. We must operate within our means. Our commitment - and the commitment of leadership at all levels - is that we will do everything we can to assist those transitioning to the next phase of their careers.

NORTON A. SCHWARTZ
General, USAF
Chief of Staff

What it means for Robins Airmen

Air Force Materiel Command will experience an approximate two percent reduction in its military workforce as the result of the Air Force-wide force shaping initiative announced last week.

If the two percent is applied to the 6,500 active duty Airmen at Robins, it would mean as many as 130 Airmen here could be affected.

AFMC says it will try to reach the reduction goal by advertising voluntary reduction programs and expanding separation and retirement programs. If that doesn't work, involuntary programs will begin this summer with separations likely to begin before April 2011.

Affected Airmen can get information about applying for government jobs at www.usajobs.com or by contacting the Airman & Family Readiness Center.

— staff report

ALC hands over last MC-130W

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

The final MC-130W Combat Spear to be completed at Robins is headed to the warfighter.

In a ceremony Tuesday, Maj. Gen. Polly Peyer, commander of the Warner Robins Air Logistics Center, officially turned the plane over to Lt. Gen. Donald Wurster, commander of Air Force Special Operations Command.

Approximately 250 people attended the event, including many of the Team Robins members who worked on the \$380 million program which modified 12 C-130H2s for use in a number of roles, including resupplying special operations forces and refueling helicopters.

The program was completed under budget and ahead of

schedule, said John Luppino, president of L-3 TCS, which provided engineering for the program.

Wurster took the opportunity to remind Team Robins members the importance of getting planes back

in action as soon as possible. "Aircraft are critically needed on the battlefield," he said. "When you guys get back to the floor, we need your help to push them through."

Brig. Gen. Lee Levy, commander of the 402nd



U.S. Air Force photo by SUE SAPP

The last of 12 C-130H2s modified by the Warner Robins Air Logistics Center was turned over in a ceremony Tuesday.

Maintenance Wing, urged the AFSOC crew at the ceremony to "take good care" of the MC-130W.

"It's a great airplane with a lot of love and sweat and passion put into it by the men and women you see in this hangar," he said.

New commander gets first salute

BY KENDAHL JOHNSON
78th Air Base Wing Public Affairs

Col. Howard "Chris" Davis became the new commander of the 330th Aircraft Sustainment Wing and 542nd Combat Sustainment Wing March 26 in a ceremony at the Museum of Aviation's Century of Flight Hangar.

Prior to this assignment, Davis served as commander of the 538th Aircraft Sustainment Group and A-10 systems program manager at Hill Air Force Base, Utah. He replaces former 330th ASW commander Col. Tim Freeman.



U.S. Air Force photo by SUE SAPP

"I am very proud to join Team Robins," Davis said. "My goal is to continue to build on the Air Force's identity and add to its proud heritage, a heritage that was created, in part, by the dedicated men and women of Robins Air Force Base."

Maj. Gen. Polly Peyer, Warner Robins Air Logistics Center commander, officiated at the ceremony.

"We are very pleased to have Colonel Davis here," Peyer said, addressing the nearly 500 people in attendance. "No doubt he comes with the right experience and right credentials."

For an incoming commander, the first salute from his new unit is a tradition in change of command ceremonies. Col. Howard Davis received his on March 26.

P3I: HVM key factor in improving ALC's processes

You can't talk about the Warner Robins Air Logistics Center's "Process" focus area without mentioning High Velocity Maintenance.

HVM is all about putting in place standard repeatable processes to dramatically reduce maintenance downtime for C-130s and eventually other aircraft. To date,

the HVM team here has validated a number of those processes on three C-130s which have since been released to their units.

HVM is based on four tenets.



The first tenet is to know the condition of the aircraft before it arrives for service.

The second tenet is supportability, or insuring all resources (tools, parts, etc.) to accomplish the work are available when they're needed.

The third tenet is having "standard work" and "properly sequenced and choreographed" schedules.

The fourth tenet is engaging a high daily "burn rate" of manpower on aircraft. The high burn rate is the key to decreasing the maintenance time over the life of an aircraft.

Work on the first three C-130s has been concentrated on the fuselage, the first of four areas on the aircraft which will be "maintained" in 18-month intervals. The other areas are the wings, empennage and paint/flight controls.

The next validation aircraft is scheduled to arrive

sometime this summer.

Doug Keene, the HVM Product Team Lead, said there has been dramatic improvement in the process with each validation. The team is also learning valuable lessons which the Center will apply to its first production aircraft, he said.

— staff report

THINK SAFETY

Days without a DUI: 20
Last DUI: 78th SFS
— courtesy 78th Security Forces

AADD

To request a ride, call 222-0013.

Hot water outage

There will be a hot water outage at the Base Gym from 2 to 4 p.m. on April 12.

TWO-MINUTEREV

INSIDE

Page Two 2A
Snapshots 3A
Viewpoints 4A
On the Fly 6A
Get Out 8A



Page Two

Airmen aid medical support mission in Chile

BY 2ND LT. KAITLYN ROES
5th Combat Communications Group

Two Robins Airmen deployed to Angol, Chile, in support of relief efforts after the Chilean earthquake in late February.

Staff Sgt. William Kidd and Senior Airman Patrick Walters from the 52nd Combat Communications Squadron set up communications to support an 83-member Expeditionary Medical Support team and a field hospital.

The field hospital could house 10 patients. The town's 200-bed hospital was ravaged by the earthquake and was only able to support 16 patients.

The Airmen also helped build tents and operate the command post, where per-



U.S. Air Force photo by SENIOR AIRMAN TIFFANY TROJCA

Senior Airman Patrick Walters (left) and Staff Sgt. William Kidd build servers while supporting an Expeditionary Medical Support team in Angol, Chile, following an earthquake.

sonnel could make morale calls and connect to the Internet.

Once the command post was established, the two configured servers, which enabled a network-based medical tracking program to function.

They also devised a way to use land mobile radios, in conjunction with the equipment supplied by EMEDS to set up a public address system for the field hospital.

The Airmen eventually helped make the hospital fully operational by moving communications to the Medical Control Center.

Later that night, the hospital accepted its first patient and two days later, the hospital performed its first surgery.

ABW gets new vice commander



Col. Southernland
78th Air Base Wing
Vice Commander

The 78th Air Base Wing welcomes Col. David Southernland as its new vice commander.

He entered the Air Force in 1981 as an enlisted member and was commissioned through officer training school in 1986.

Southerland previously served as director of manpower and personnel at the Air Force Academy. Prior to that assignment, he served in the Pentagon as chief of the Joint Manpower Resources Branch and deputy chief of the Joint Manpower Division of the Joint Chiefs of Staff.

As vice commander of the 78th ABW, he will train and deploy more than 6,500 Airmen in support of Air Expeditionary Force requirements, and provide facilities and equipment support for 36 hosted units, including a major command headquarters and six wings.

AF campaign touts benefits of privatized housing

With an average of more than 500 new or renovated homes entering the privatized housing inventory each month, the Air Force goal of creating quality homes and thriving communities for Airmen and their families is well under way.

In 2007, Robins signed a contract to complete the privatization of housing on and off base. Robins currently has 259 privatized home on base and 670 homes off base have been privatized. Only the Airmen dormitories are still operated by the Air Force.

Officials at the Air Force

Center for Engineering and the Environment are now launching an information campaign to showcase how privatized housing is creating thriving Air Force communities.

The "Home of the Blue" campaign is a Year of the Air Force Family initiative to showcase the successes and benefits of the housing privatization program.

"Providing families the tools they need to make informed decisions is in the best interest of the Airmen, their families and the Air Force," said Dennis Firman, AFCEE director. "The 'Home of

the Blue' campaign will help Airmen understand the program and address many of the questions they may have about housing privatization."

Air Force officials began privatizing housing in 1998. At the time, the Air Force had 104,000 military housing units in its inventory, most of them built between 1948 and 1975. More than 40,000 units were considered inadequate.

Under the housing privatization initiative, approximately 38,000 units have been privatized at 44 bases. The Air Force goal is to contract the remaining projects

by the end of fiscal year 2010 and close them by the end of fiscal year 2011.

"With their access to resources, private developers can deliver a high quality product at a lower cost to the Air Force," said Kathleen Ferguson, deputy assistant secretary of the Air Force for installations, environment and logistics. "Private developers have invested nearly \$6.5 billion in developing quality homes and communities for Airmen and their families. Together we are creating a 'Home of the Blue' that our families will be proud to call home."



Snap Shots



U.S. Air Force photo by AIRMAN 1ST CLASS BENJAMIN WISEMAN



Courtesy photo

ABOVE: 2nd Lt. Jonathan Laughrun, project manager for the 116th Civil Engineer Squadron, 116th Air Control Wing, spends time with a Haitian child. Laughrun is in the country helping with the ongoing disaster relief effort.

LEFT: The first of two HH-60G Pave Hawks from the 41st Rescue Squadron prepares to refuel near Moody Air Force Base. Both were refueled by a HC-130P/N Combat King during the flight training mission.

ViewPoints

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved."

— Helen Keller

WR-ALC VISION STATEMENT

Be recognized as a world class leader for development and sustainment of warfighting capability.

WR-ALC MISSION STATEMENT

Deliver and sustain combat-ready air power ... anytime, anywhere.

Commander's Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching you,

so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed. Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit

<https://wwwmil.robins.af.mil/actionline.htm>.

To contact the Commander's Action Line, call 926-2886 or e-mail action.line@robins.af.mil.

▶ Security Forces	926-2187
▶ FSS (Services)	926-5491
▶ Equal Opportunity	926-2131
▶ Employee Relations	327-8253
▶ Military Pay	926-4022
▶ Civil Engineering	926-5657
▶ Public Affairs	926-2137
▶ Safety Office	926-6271
▶ Fraud, Waste & Abuse	926-2393
▶ Housing Office	926-3776
▶ Chaplain	926-2821
▶ IDEA	327-7281

Run for fitness, not for a test

Your Air Force fitness test is simply a check-up. If all you're doing is training for your test, you are doomed to fail eventually.

The Air Force Fitness Program isn't a test. The program is what you do day in and day out to improve and maintain a high level of cardiovascular and muscular fitness.

Consistency is the bottom line. The key isn't to exercise for a month or two so you can be average on your test day. The key is to be consistent and make exercise a part of your lifestyle, your daily schedule, so you can excel at any time.

Following are some general tips to help you stay consistent and improve your running fitness:

▶Don't do too much too soon. The biggest mistake you can make is deciding you are going to run five days a week. Running is a very high impact exercise. If you haven't been running consistently for the past eight to 12 weeks, start off by running twice a week and do non-impact exercises like cycling, swimming or elliptical training on at least two other

days. After you have been consistently running for at least eight weeks, increase to three times per week, but no more than that. Your body needs adequate time to recover in between runs.

▶Wear proper shoes. All running shoes aren't the same, and they should be regularly replaced. Contact your squadron physical training leader for more guidance on finding the right shoes.

▶Run on the right surface. Because of its cushion, 'tracks' often are great places to run. Running on streets can be more exciting, but most street surfaces are harder on your joints.

▶Vary your training surfaces. Spice it up a little — sometimes at the track, sometimes on the running paths, and sometimes on a treadmill. This will help you avoid excessive repetitive impact, and it'll help break the monotony of your program.

▶Don't stop at 1.5 miles. If you never run more than that, you'll never get faster. You must push your body past what it's accustomed to. You need to work up to running at least 30

minutes or three miles without stopping. Once you get there, then you can work on speed. Work intervals into your running program once a week. Some sample interval workouts:

(1) Use telephone poles as markers. Jog from one telephone pole to the next, then sprint to the next pole, then jog to the next one, and so on. Try to fit about six to 12 of these intervals into your 30-minute run.

(2) On the track, in the middle of your 30-minute run, sprint the straight away, then jog the corners. Again, try to fit about six to 12 of these into your run.

(3) Using a stopwatch, run as fast as you can for two minutes and then slow down and jog for one minute. Repeat. Try to do about five to 10 of these during your normal run.

So remember, don't do too much too soon. Make sure you have the right shoes and that you run on the right surfaces. And, don't focus on 1.5 miles as an end distance — make that your minimum goal. Most important, be consistent!

— *Commentary by Bill Goins, 8th Fighter Wing, Kunsan Air Base, South Korea*

LETTER TO THE EDITOR:

Three years ago, I spent several hours with my friend in a children's hospital. Before he passed, we had a casual discussion about the limited amount of activities there were for children and how hard it was to keep their "morale" high.

That conversation ended with a promise to him to come back and volunteer my time at children's hospitals.

I fulfilled that promise by creating a volunteer organization called **Airmen for Children**. The organization is aimed at providing an escape for sick children who are confined to children's hospitals. It started at Scott Air Force Base, IL, and since then it has spread to three other military bases.

Two or three times a month, we organize volunteers and visit local children's hospitals to spend time with children, helping take their minds off of whatever illnesses they are dealing with. We provide non-medical therapy, which plays a small role in getting these children out of the hospitals and back home with their loved ones. The possibilities are endless when it comes to entertaining children.

My current mission is to expand **Airmen for Children** Air Force-wide and impact as many children's lives as I possibly can. The local area around Robins Air Force Base has a children's hospital and is ripe with opportunity to touch the lives of children.

If you are interested in this cause locally, please contact me at jewell.hicks@beale.af.mil or airmenforchildren@gmail.com.

Staff Sgt. Jewell Hicks
13th Intelligence Squadron, Beale AFB, CA

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ADVERTISING

For advertising information, call The Telegraph advertising department at (478) 923-6432. To place a classified ad, call (478) 744-4234.



U.S. Air Force photo by SUE SAPP

Pamela Rankin, center, instructs Latrenia Bryant (left) and Christina Weeks on the finer points of self defense. More self defense training classes will take place April 15 and April 26 as part of Sexual Assault Awareness Month.

Activities continue to bring awareness to sexual assault

Robins continues to promote awareness of sexual assault and its prevention, with a full slate of events in conjunction with Sexual Assault Awareness Month.

Today at 6 p.m., speakers will offer information on sexual assault awareness at Take Back The Night event at Hodac on Watson Boulevard.

Other scheduled events include:

►A Shoot for the Hoops NBA Basketball Challenge, April 9 at 2 p.m. at the Fitness Center in Bldg. 826.

►Self-defense classes, April 15 at noon at the Fitness Center in Bldg. 826, and April 26 at noon at the Fitness Center Annex in Bay H of Bldg. 301.

►A Sexual Assault Awareness Month Walk on April 9 at 11 a.m. Participants are asked to meet between Bldgs. 300 and 301.

►A 2010 Traveling Line of Courage will be at various locations on base from April 19-23. T-shirts decorated by persons affected by violence will be hung on clotheslines to illustrate the problem of

sexual assault.

Cindy Graver, sexual assault response coordinator, said the Sexual Assault Prevention and Response Office here has a 24-hour number which victims can call and receive immediate assistance. The number is 327-7272.

She also said the campaign is not just for women.

“There is not a male on this base who doesn’t have a female important to him,” she said.

— staff report

ES&H Fair 2010

Warner Robins Air Logistics Center
Environmental, Safety and Health Fair

May 11, 2010
Museum of Aviation Century of Flight Hangar
9 a.m. to 4 p.m.

Refreshments Available for Purchase

Environmental, safety and health exhibits will provide information on workplace, home and vehicle safety; environmental protection; fitness; and health and wellness.

POC: Melanie Clearman
926-0824

Easter Sunday Brunch

10 a.m. - 2 p.m.
April 4
Horizons
All you care to enjoy

Breakfast & Easter Dinner Favorites
omelet station ~ carving station
salad bar ~ dessert & ice cream bar
beverages & more

Members \$12.95 Guests \$15.95
Children \$8.95 (6 - 10 years old)
5 & younger Free

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We can help you quit smoking or chewing.
Do it for yourself. And everyone who cares about you.
Visit www.ucanquit2.org

National Library Week

April 11 - 17

Communities Thrive @ your library

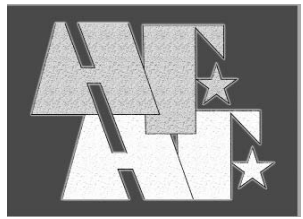
A “Library Throwdown” challenge will be held April 11-17 for all library customers who use the stationary bicycle. The person or squadron with most miles ridden, most pages read or most minutes listening to an audio book wins. Combine fitness with learning, building body and brain simultaneously!

Library Worker's Day
April 13
Open House • 1 - 3 p.m.

Library Hours
Monday - Thursday • 10 a.m. - 9 p.m. • Friday - Saturday • 10 a.m. - 5 p.m.
Sunday • Noon - 5 p.m. • Closed Federal Holidays

327- 8761

On the Fly



Two weeks remain in AFAF campaign

The 2010 Air Force Assistance Fund Campaign is off to a stellar start.

To date, including the nearly \$1,000 raised through the sale of Krispy Kreme donuts last week, Robins has raised nearly \$10,000. Robins' goal is to raise \$77,204.

The campaigning runs through April 16.

There are four AFAF organizations to choose from when donating: The Air Force Aid Society, the Curtis E. LeMay Foundation, and the Air Force Enlisted Village Indigent Widow's Funds in Fort Walton Beach, Fla., and San Antonio. The organizations help active duty, reserve, guard and retired Air Force members and their families.

Those interested in contributing should contact their unit project officer.

For more information about the AFAF, visit www.afassistancefund.org.

ROBINS AFAF PROJECT OFFICERS:

78th ABW —
Maj. Naquita Manning
SMSgt. Gregory Brown
330th ASW —
2nd Lt. Randy Rogers
542nd CSW —
2nd Lt. Yancy Tang
402nd MXW —
Master Sgt. David Knight
116th ACW —
1st Lt. Brian Stewart
689th CCW —
2nd Lt. Nicholas Cooper
AFRC —
Master Sgt. Jannessa Force
WR-ALC —
Staff Sgt. Jaime Lacy
AFGLSC —
1st Lt. Derick Perry

For more information about the Robins campaign, contact Tech. Sgt. Jeffrey Caraway at 222-4497 or Capt. Perlina Fortinberry at 222-2684.

Donate your leave

Leave recipients approved through the Voluntary Leave Transfer Program:

— **Michael O'Neal** of the 78th ABW/SCOSC. POC is employee relations specialist at 926-5307 or 926-5802.

— **Christopher Wozniak** of the 580th Software Maintenance Squadron Flight A. POC is Randy Ford at 926-0485.

— **Lori Hill** of the 78th Aerospace Medical Squadron. POC is Lee Langley at 327-7520.

— **Karen Murphy** of the 78th Medical Support Squadron. POC is Maj. Michael Cartwright at 327-8164.

To have the name of an approved leave recipient printed in the Rev-Up, e-mail Lanorris Askew at: lanorris.askew@robins.af.mil. Submissions run for two weeks.

Robins 2K users may access the current VLTP listing, reference materials, forms and names of recipients who did not receive a sufficient amount of donations to cover their period of absence by visiting <https://org.eis.afmc.af.mil/sites/FOWRALC/dp>.

Et cetera

The Hearts to Heroes program has a new home, thanks to donated space at the MacAulay-Brown Building at 104 Borders Way in Warner Robins. Hearts to Heroes is located in Suite 900.

The Museum of Aviation will be closed to the public Easter Sunday. The museum is open seven days a week each year except on Easter, Thanksgiving, Christmas and New Year's Day.

The Warner Robins Air Logistics Center will host an **Environmental, Safety and Health Fair** on May 11 at the Museum of Aviation's Century of Flight Hangar.

Exhibits will provide information on workplace,

home and vehicle safety; environmental protection; fitness; and health and wellness.

The fair will run from 9 a.m. to 4 p.m. Refreshments will be available for purchase.

My Biz, a self-service module in the Defense Civilian Personnel Data System, allows civilian employees to become active participants in the management of their official personnel records.

The resource provides employees with the ability to update education, training, licenses and certificates in their personnel records. Changes made using the My Biz tool are updated into the employees' personnel records immediately and appear on the Civilian Career Brief the following day.

Civilian employees with a CAC card can access MyBiz through the DCPDS portal at <https://compodcpds.cpms.osd.mil>. After logging into the portal, an employee should select the My Biz module. Under the tab "Update My Information," select the area to be updated.

Once in the area, all completed education or training will be displayed. Most education, training, certificates and licenses can be self-certified. If the information requires verification by civilian personnel, you will be notified.

To learn more about this resource, visit <https://gum.afpc.randolph.af.mil> and type "MyBiz" in the Knowledge Base search tool.

For help accessing MyBiz, contact the customer service desk at 327-7304, 327-3402 or 327-7310.

The Robins Air Force Base Chapel is seeking a Protestant religious education coordinator.

For a statement of work and interview schedule, stop by the chapel at 655 Ninth Street. Deadline to submit a resume is today, with interviews from 9 a.m. to noon.

For more information, call Staff Sgt. Derek Johnson at 926-2821.



U.S. Air Force photo by SUE SAPP

Joe Martin displays a bulletin board showing photographs of workers' loved ones. The board helps remind workers of reasons to stay safe in the workplace.

VPP: One unit's journey to become a Gold Site

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

See page 11A for a complete list of Robins Gold Sites

A dozen people recently showed up at the visitor's center in front of the 402nd Electronics Maintenance Group complex.

They were there to put the 300-member 568th Electronics Maintenance Squadron, which works on avionics for the F-15 Eagle, through a rigorous examination to see if it was worthy of being labeled a Gold Site in the WR-ALC Commander's Safe Site Challenge.

Since the challenge began, 63 units have earned gold, which means they've met requirements to become a Star Site in the Occupational Health and Safety Administration's Voluntary Protection Program.

In the initial briefing to the evaluators, squadron director Jim Russell noted he has been impressed with his unit's efforts to improve safety.

"You will see this squadron has embraced

longed discussion. In fact, it took nearly two hours.

While the evaluators were impressed with many of the squadron's "above and beyond" initiatives, some felt the unit still had room for improvement in some areas.

Ultimately, however, the team voted to award the unit the Gold Site designation.

"I don't think anything is going to be 100-percent perfect," Melanie Clearman, program manager for the Center's VPP Office, told the group before voting. "I think when OSHA comes in, they don't expect perfection."

Mike Watson, a member of the evaluation team, said the lively discussion illustrated the evaluators have high standards for handing out Gold Site recognition, and those standards are continually being raised.

"Every time you go on an evaluation you see someone who is doing something a little better," he said.

VPP," he said.

Several members of the unit's VPP team also spoke at the briefing, highlighting their initiatives to improve safety, including a campaign to have first responder training for employees and the use of medical badges by employees to alert others to their medical conditions.

They also noted how employees have carried safety into their homes, explaining they're using safety glasses and ear plugs when engaging in potentially hazardous activities away from the workplace.

After the briefing, the evaluators visited the production floor, and each evaluator spoke to four of five employees each about their jobs and safety habits.

Following that, it was time for the jury to deliberate, which turned out to be quite a vigorous and pro-

YOU, THE HERO

Air Force Assistance Fund
A legacy in your hands

To give, contact your unit representative

RECYCLE THIS NEWSPAPER

78th FSS BRIEFS

ON TAP

Texas Hold 'Em
Saturday
Sign up at 1:30 p.m.
Games begin at 2 p.m.
Heritage Club
Members \$15, Guests \$20
For details, call 926-7625.

Easter Brunch
Sunday
10 a.m. to 2 p.m.
Horizons
Members \$12.95.
Guests \$15.95, children 6 to 10 years \$9.95.
For details, call 926-2670.

Year of the Air Force Family Video Contest
Through Sunday
For details, visit www.myairstorcelife.com.

Airman & Family Readiness Center
Reopens in Bldg. 794
Monday
For details, call 926-1256.

Air Force Space Camp
Application deadline is Monday.
Camp is July 25-30.
For details, call Ron Hayes at 327-6836.

Heritage Club renovations
Begin on Tuesday.
Many activities will relocate to Bldg. 543, behind Horizons.
For details, call 926-7625.

Air Force Chess Tournament
Wednesday
5 p.m.
Heritage Club
For details, call 926-2105.

U Got Talent Contest
Thursday
6 to 8 p.m.
Heritage Club
Free Admission.
For details, call 926-2105.

Summer Camp Registration
Through April 16
Lottery drawing April 20.
For details, call 926-2110.

UPCOMING AF Teen Leadership Camp Applications
April 9
Camp dates, July 12-16.
San Antonio, Texas
Eligible applicants include teen dependants of AF active duty, retired, civilian employees, or activated ANG, or AF Reserve at CONUS installations only. Priority will be given to dependants with deployed sponsors.
For details, call Ron Hayes at 327-6836.

Link Up 2 Golf Classes
Through April
Pine Oaks Golf Course
\$99 for adults and \$89 for children 18 and younger.
For details, call 926-4103.

Monster Motor Mayhem Car Show & Competition
May 15
Register by April 15.
For details, call 926-5282.

Get Connected Club Drive
Through May 10
Three months of free membership.

For details, call 926-2670.

Pizza Depot Birthday Celebration
June 1
11 a.m. to 1 p.m.
Heritage Club, Bldg. 956
For details, call 926-0188.

Walt Disney World Armed Forces Passes
On sale through July 31
Four-day tickets \$99 - \$151.
For details, call 926-2945.

ONGOING Air Force Hoops
Chance to win \$10,000
Available at Heritage Club, On Spot Café and Fairways Grille.
For details, visit www.afhoops.com.

Pine Oaks Lodging
Open 24 hours, 7 days.
Space is available and reservations are made up to 120 days in advance.
For more information, call 926-2100.

Afterburner
Monday through Friday
5 a.m. to 1 p.m.
Bldg. 186
(inside Base Restaurant)
For details, call 222-7827.

Vet Clinic
Monday through Friday
8 a.m. to 4 p.m.
Open to active duty military, retirees and family members.
For details, call 327-8448.

Karate Classes
Mondays & Wednesdays
5 to 6:30 p.m.
\$45 per month.
For details, call 926-2110.



U.S. Air Force photo TECH. SGT. VANN MILLER

Recommended Reading

Library aide Wendy Ressen organizes the shelves at the Base Library in Bldg. 905. In addition to thousands of research periodicals and best-selling titles, the library offers Internet-accessible computers and free wireless network connections. For a detailed list of programs or activities featured at the library, call 327-8762.

\$10 for all ages.
For details, call 926-2112.

Lunch Buffet
Tuesday through Friday
11 a.m. to 1 p.m.
Horizons
Open to all ranks & grades.
For details, call 926-2670.

Glow-in-the-Dark Bowling
Fridays
9 to 11 p.m.
\$5 for 12 years and younger and \$10 for 13 years and older.
Saturdays
9 to 11 p.m.

Cheerleading Classes
Saturdays
\$40 per month.
Register now; space is limited.
For details, call 926-2110.

Dance Classes
Ballet, jazz and tap
For details, call 926-2110.

Golf Lessons
Pine Oaks Golf Course

\$40 per half hour, \$70 per hour or a series of five half-hour lessons for \$190.
For details, call 926-4103.

2010 Annual Greens Fees
Pine Oaks Golf Course
\$429 - \$715 for individuals, \$583 - \$880 for families.
Also available: singles for \$135 per month or husband and wife for \$240 per month.
For details, call 926-4103.

BLOOD DRIVE

Please donate to support our troops!

Representatives from the Armed Services Blood Program will be collecting blood April 9 from 8:30 a.m. to 4 p.m. at both Cotton Auditorium and the Old Gym. For more information, call Christina Mather at 327-4118.

www.militaryblood.dod.mil



CHAPEL SERVICES

Catholic — Catholic masses are held at the chapel on Saturday at 5:30 p.m., Sunday at 9:30 a.m., on Holy Days of Obligation at noon and 5 p.m. (vigil the day before), and Monday through Friday at noon. The Sacrament of Reconciliation is Saturday from 4:30 to 5:15 p.m.

Islamic — Islamic Friday Prayer (Jumuah) is Fridays at 2 p.m. in chapel annex rooms 1 and 2.

Jewish — Jewish service is Friday at 6:15 p.m. at the Macon synagogue.

Orthodox Christian — St. Innocent Orthodox Church Service is at the chapel on the second Tuesday of each month at 5 p.m.

Protestant Easter Cantata — Sunday at 11 a.m.

Catholic Holy Thursday Mass — Thursday at 7 p.m.

Protestant Good Friday Worship Service — April 2 at noon

Catholic Good Friday Liturgy 7 p.m. — Catholic Holy Saturday Mass Saturday at 8 p.m.

Protestant Easter Sunrise Service — Sunday at 6:30 a.m.

Catholic Easter Sunday Mass — 9:30 a.m.

Protestant Easter Celebration Service — 11 a.m.

CHAPEL — 926-2821

78th FSS DIRECTORY

- ▶ FSS Administration926-3193
- ▶ Community Center.....926-2105
- ▶ Outdoor Rec.....926-4001
- ▶ Arts & Crafts.....926-5282
- ▶ Horizons.....926-2670
- ▶ Heritage Club.....926-2670
- ▶ Library.....327-8761
- ▶ HAWC.....327-8480
- ▶ Fitness Center.....926-2128
- ▶ Fitness Center Annex.....222-5350
- ▶ Youth Center926-2110
- ▶ ITT926-2945
- ▶ Bowling Center.....926-2112
- ▶ Pine Oaks G.C.....926-4103
- ▶ Pizza Depot.....926-0188

Additional information on FSS events and activities can be found in **The Edge** and at www.robinservices.com

NOW PLAYING

Tickets \$4 adult; \$2 children (11 years and younger). For details, call the base theater at 926-2919.



FRIDAY
7 P.M.
DEAR JOHN

When a soldier named John Tyree meets an idealistic college student named Savannah Curtis their correspondence triggers consequences that neither could have foreseen.



SATURDAY
3 P.M.
PERCY JACKSON & THE OLYMPIANS THE LIGHTNING

Trouble-prone teen Percy Jackson and his friends must embark on a cross-country adventure to unravel a mystery more powerful than the gods themselves. (Rated PG-13)



SATURDAY
6:30 P.M.
VALENTINE'S DAY

Valentine's Day deals with casually intertwining stories of the heart that take place over the course of one Valentine's Day. (Rated PG-13)

Write your own caption contest



"POD PEOPLE!"

Congratulations to **Marilea Butler** of the 402nd Aircraft Maintenance Wing, who sent the winning caption.

Take a look at the picture below. What comes to mind? Write a creative, witty or thought-provoking caption, and earn 15 minutes of fame! The winning caption will appear in the next Rev-Up. Submit suggestions to 78ABW.PARevUp@robins.af.mil.



AF launches campaign to encourage fitness

BY HARRY J. LUNDY
Air Combat Command Public Affairs

Air Force officials launched FitFamily earlier this year to encourage and reward children and their parents for leading an active lifestyle.

The program is designed to increase fitness levels and supplements the Air Force's youth fitness program, FitFactor.

"FitFamily promotes the importance of healthy lifestyle choices and encourages Air Force families to be active together," said Derrick Ross, the FitFactor coordinator at Joint Base Langley-Eustis, Va.

Mr. Ross' job is to get the kids out and active for 60 minutes a day and also to encourage parents to be active for 30 minutes a day.

"If children see their parents do it, then the children want to do it," Mr. Ross said. "Children have the tendency to imitate what their parents do."

Families can enroll in the program by logging on to www.USAFFitFamily.com. Once registered, participants will receive fitness tips, learn about nutrition

and have access to recipes that are quick and easy to prepare. The FitFamily Web page also has a list of activities, tracking tools for goals and allows photo submissions of family activity to share with others.

The program is open to family members of active-duty, guard and reserve members, Department of Defense civilians, retired military members, honorably discharged veterans with 100 percent service-connected disability, and former or surviving military spouses and their family members.

More than 2,000 families — more than 7,200 total members — are currently participating in the FitFamily program.

"Healthy habits start early and can last a lifetime," said David Brittain, youth development specialist for the program at the Pentagon. "It's important parents play an intricate role in forming their children's habits, and they can help themselves in the process by being active together."

Because the program is Internet-based, it can be used anywhere.

AF Academy announces schedule for 2010 season

Ten nationally televised games, visits to Falcon Stadium by league rivals BYU, Colorado State, Utah and New Mexico, and a service academy rival highlight the 2010 Air Force football schedule released Monday by the Mountain West Conference. The Falcons will play five games on CBS College Sports Network (The Mtn) and two games on Versus.

The Falcons travel to Oklahoma Sept. 18 to take on the Sooners in what could be the team's biggest non-conference game of the season.



U.S. Air Force photo by SUE SAPP

Sports director Kenneth Porter, center, presents the championship trophy to members of the 402nd EMXG's intramural basketball team.

402nd EMXG claims 3-point win in intramural basketball title game

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

The 402nd Electronics Maintenance Group edged the 116th Air Control Wing 54-51 to win the Robins intramural basketball championship March 25.

The victory ended a long streak of hard luck for the 402nd EMXG, which has been to the title game several times in recent years but fell short each time.

"We were very excited," said Jason Peebles, the team's coach. "It's been a long time coming."

The 402nd EMXG never lost in the double-elimination tournament. The 116th ACW would have had to beat them twice to take home the hardware.

Peebles credited the victory to clutch shooting from the floor and free throw line in the final minutes, with Sascha Stafford and Frank Brown leading the way.

AIR FORCE FALCONS 2010 FOOTBALL SCHEDULE

Day	Date	Opponent
Sat.	Sept. 4	Northwestern St.
Sat.	Sept. 11	BYU
Sat.	Sept. 18	at Oklahoma
Sat.	Sept. 25	Wyoming
Sat.	Oct. 2	Navy
Sat.	Oct. 9	Colorado State
Sat.	Oct. 16	at San Diego State
Sat.	Oct. 23	at TCU
Sat.	Oct. 30	Utah
Sat.	Nov. 6	at Army
Sat.	Nov. 13	New Mexico
Thur.	Nov. 18	at UNLV

APRIL

is Financial Fitness Month

In April at the Fit Family website, you'll find helpful tips and articles like these to get your family financially fit:

- ways to discuss family budgeting
- making a savings goal
- opening savings accounts for your children
- ideas on cutting one thing from your daily life to save for something big—and much more.

Visit www.usafFitFamily.com today!

Robins AFB

Monster Motor Mayhem

Car Show & Competition

presented by the Auto Hobby Shop

SATURDAY, MAY 15

Check-in at 8:30 a.m. • Show 11 a.m. - 5 p.m.

Registration \$15 • Now - April

Best in Show Winner in each category will be automatically entered into the Museum of Aviation Wings/Wheels Car Show.

Cash & Prizes to top winners!

Categories for

Cars/Trucks

- Best in Show
- Paint
- Audio Systems
- Imports
- Engine
- Interior
- Old School

Motorcycles

- Best in Show
- Imports
- Touring
- Boss Hogg (Harley's Only)
- Sport
- Custom

926-3004
or 926-2049

Register online www.robinservices.com at the Arts & Crafts Center link or visit the Arts & Crafts Center to register in person.

WHEN NOT IN USE, KILL THE JUICE

Save energy by taking a few easy actions before you leave each day:

► Switch or turn off all your energy vampires (chargers, coffee pots, computer speakers, etc.) The best way to do this is use a power strip and switch the strip off.

► Turn off overhead and task lights

► Turn off monitors (leave your computer on for updates)

► Turn off desktop and network printers

► Turn off copiers, fax machines, data senders, etc.

► If you're the last to leave, turn off lights in conference rooms, bathrooms and other common use areas



RECYCLE THIS PAPER

ROBINS VOLUNTARY PROTECTION PROGRAM GOLD SITES

402 AMXG
 C5 Landing Gear
 402nd AMXSS
 Crane and Towing
 402nd AMXSS
 Engineering Support
 402nd AMXSS
 Wheel & Tire Shop
 402nd CMMXSS Resource
 Flight
 402nd EMXG Group Control Center
 402nd EMXSS Engineering/Hybrid Lab
 402nd EMXSS Facility Engineering
 402nd EMXSS Fighter Engineering



402nd EMXSS Finance
 402nd EMXSS Operations Office
 402nd EMXSS/MXDEAC
 402nd MXSG staff offices
 402nd MXSS Master Tool Crib
 402nd MXSS Warehouse
 402nd SMXG staff administration area
 402nd/802nd Group Staff, Industrial
 Services & Engineer Administration
 406th SMCS, 410th SCMS and CSW/FM
 542nd CSW/OM
 561th AMXS F-15 Canopy Shop
 566nd EMXS Avionics and Instrument Flight
 566th EMXS Radar Ranges

566th EMXS, Precision Attack, Radar Shop
 567th EMXS Support Equipment Flight
 567th EMXSS Comm/Navigation Flight
 567th EMXSS Electronic Warfare
 568th ACSS
 568th EMXS Fighter Squadron
 569nd EMXS/MXDPAC Machine Shop
 573rd CMXS Plating Shop
 573rd CMXS Tube and Cable Shop
 574th CMXS Sheet Metal Repair
 575th CBSS/GBIB/GBLC/GBLD/GBLE,
 575th GBLE Gun Lab
 577th SMXS
 577th SMXS Administration Areas

577th SMXS F-15 Radar Lab
 578th SMXS Bldg. 227/228 Labs
 578th SMXS Bldg. 230 Labs
 579th SMXS Administration Areas
 579th SMXS Flight A & D Labs
 579th SMXS Flight B & H Labs
 579th SMXS Flight C, F & G Labs
 579th SMXS Flight E & J Labs
 580th SMXS Flight C
 580th SMXS Flights, A-E and Administration
 581st SMXS Administrative Area
 581th SMXS Avionics Support Labs
 584th CBSS Engineering
 Data Repository

585th CBSS/GBNA/GBNB & 406
 SCMS/GUMA
 78 MDG Pharmacy, Bldg 700
 78th ABW/SCPL
 78th AMDS/SGPB
 78th CEG/CEF
 78th CEGCEF
 78th Dental Squadron
 78th MDG, Public Health
 802nd MXSS Chemical Lab
 802nd MXSS Infrastructure Planning Flight
 802nd MXSS Materials Lab
 E-8C JSTARS
 WR-ALC/XP

