

**This week...**  
**Sen. Chambliss visits, page A3**

**Next week...**  
**5th CCG wins ACC meritorius unit award**

# ROBINS REV-UP

August 14, 2009 Vol. 54 No.32

## Center Chief of Staff: 'Game on' LCAT inspection team continues intense evaluation

By Wayne Crenshaw  
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The chief of staff of Warner Robins Air Logistics Center has a simple way of explaining a significant event now happening at Robins.

"It's game on," Carl Unholz said.

The challenge to which he is referring is an inspection by the Logistics Compliance Assessment Team, or LCAT, from Headquarters Air Force Materiel Command.

The team of 64 people arrived at Robins last weekend and will conduct its evaluation through Aug. 21. They are examining aerospace maintenance and munitions, logistics, and supply chain management activities at WR-ALC. Safety and efficiency are among key areas the team is looking at.

The evaluation is particularly important because the last visit by the team in 2007 produced a rating

of "marginal" for the center.

That's not something local officials want to see happen again, and Mr. Unholz said he is confident the result will be better this time around.

"From my interface with the organizations, you certainly have to feel they are ready for this inspection," Mr. Unholz said. "We certainly have an awful lot to be proud of, and we want to put our best foot forward."

In the previous inspection the team was called the Air Force Materiel Command Logistics Standardization and Evaluation Team, or LSET. The marginal rating came from a five tier scale that from highest to lowest was Outstanding, Excellent, Satisfactory, Marginal and Unsatisfactory.

The LCAT team is using the same five-tier scale for the current inspection.



The F-15 Wing Shop is one of the many areas LCAT inspectors will visit while evaluating aerospace maintenance and munitions, logistics and supply chain management activities at WR-ALC.

U.S. Air Force file photo by SUE SAPP

▶ see LCAT, 2A

## BREAKING BARRIERS

### C-17 fix is teamwork in action

BY WAYNE CRENSHAW  
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Who knew that concrete barriers could be used in C-17 repair? Or that the 78th Civil Engineer Group and the 78th Logistics Readiness Squadron could pull double duty in the field of aircraft maintenance.

That's exactly what happened recently when maintainers here needed to test the fix of a pesky fuel leak that had been plaguing a C-17 for six years.

"It was a whole team effort," said Tech Sgt. Bobby Gates of the 78th LRS. "That's day to day what we do."

The trouble with the leak is that it only happened under a certain condition, which was when the plane was heavily loaded and low on fuel. Upon consultation with Boeing, the maker of the C-17, it was determined that in order to test the repair, the plane would have to be flown with 100,000 pounds of payload. The C-17 maintainers here had never had to do anything like it before.

While it might sound simple enough, it isn't. Most flightline personnel repair and maintain planes, they don't load them. There is no in-house loadmaster, the person who makes sure that a plane is loaded properly and not overloaded. And there are no tanks or MRAPs handy to drive on aircraft to easily meet the load requirement.

More specifically, you can't just put anything on a plane, said Chuck Shipes, flight chief of the 562nd Aircraft Maintenance Squadron.

The first thought was to simply drive some vehicles onto the plane, but there are some strict Air Force regulations about that. All of the fuel would have to be drained out of the vehicles, and the main-

▶ see BARRIERS, 2A

## WHEN DUTY CALLS

### Robins unit answers urgent call for AC-130 Gunship repair



David Stroupe, a sheet metal mechanic, grinds an inconel steel part to required dimensions for the C-130 IRSS.

U.S. Air Force photo by DAVE HOFFMAN

BY KENDAHL JOHNSON  
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One Robins unit recently fabricated a prototype infrared suppression system for the AC-130 gunship.

The 402nd Commodities Maintenance Group had an urgent requirement for the IRSS. Working from a design by S&K Technologies, which also provided on-site technical support, 12 highly-skilled production shops and multiple support personnel within the group combined forces to accomplish the task.

The IRSS, known as "tubs" because it looks like a large sheet metal bathtub, is mounted underneath the gunship's engines to protect the aircrew and aircraft from ground fire threats, and disperse and hide engine heat sources from infrared-guided anti-aircraft

missiles. The prototype helped alleviate many of the installation and maintenance problems with the current system.

"Tubs require time-consuming maintenance in the field and expensive, difficult maintenance here at the Warner Robins Air Logistics Center," said Chad Langston, AC-130 Gunship program manager. "The new system is made out of tougher, more corrosion resistant materials. It's going to minimize maintenance greatly."

The existing system was not only difficult to install, but once installed, the tubs were "uniquely mated" to a particular aircraft, even a particular engine.

The new tubs are designed to be completely interchangeable from engine to engine and from aircraft to aircraft.

"This gives a lot of flexibility

▶ see GUNSHIP, 2A

## Sustainment, partnerships key topics of biannual review

BY KENDAHL JOHNSON  
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To review and coordinate a number of long-range agreements, members of Team Robins and representatives from its various aerospace partners met here Wednesday.

The meeting was the biannual Long Range Memorandum of Agreement, or LRMOA, partnering review, which looks at ways to improve sustainment support,

strengthen relationships and meet Air Force core logistics competencies. The primary objective of the review is to determine how to best provide "superior and reliable" support to the warfighter.

Col. Robert Stambaugh, vice commander of the Warner Robins Air Logistics Center, chaired the gathering. He was joined by representatives from the 116th Air Control Wing, the 402nd Maintenance Wing, Northrop-

Grumman Corporation, and Joint STARS system program managers from here and Hanscom Air Force Base, Mass.

Col. Brian Searcy, vice commander of the 116th ACW, said war efforts are increasing in the Central Command AOR, and the need to increase aircraft capability is becoming even more urgent.

"We need to maximize aircraft capability, both here at

Robins and in forward operating locations so we can continue to do our mission," he said. "That's our challenge. We need to all work together as a team to make that happen."

The LRMOA Charter was established in 2000, and calls on senior management representatives to meet twice a year.

There have been 12 conferences since 2001. The next meeting will be in February 2010.



Members of Team Robins and representatives of aerospace partners discuss ways to provide "superior and reliable" logistics support to the warfighter.

U.S. Air Force photo by SUE SAPP

### THINK SAFETY



Days without a DUI: 6  
 Last DUI: 5th CBCSS

— courtesy 78th Security Forces

To request a ride, call  
 222-0013, 335-5218,  
 335-5238 or 335-5236.



### TWO-MINUTE REV

#### ID Card Processing Delays Possible

The Robins Military Personnel Section Customer Support Element will be upgrading the Defense Enrollment Eligibility Reporting System and the Real-Time Automated Personnel Identification System Aug. 18-21. These systems are used to issue Common Access Cards and retiree and family member ID cards.

During this time, the office will be operating at reduced capacity and customers could experience delays.

If you have questions, call the CSE at 222-6862.

### INSIGHT



#### Recycling

Robins holds title of leading recycler in AFMC, 1B

### HONOR



#### Award winner

5th CCG sergeant wins Tuskegee Airmen Award, A6

### CONSOLIDATION



#### New name

Robins first in AFMC to stand up communications directorate, A3



## BARRIERS

Continued from 1A

tainers would have to get each vehicle certified to be transported on an aircraft.

“It was going to be about two weeks of red tape, if it was even approved,” Mr. Shipes said.

He then considered using lead weights that are used on the flightline in aircraft repair. But all of those totaled only 47,000 pounds.

Mr. Shipes was driving around the flightline with Joe Barlow, the flightline production superintendent, to find more lead weights when Mr. Shipes noticed some concrete barriers. He got out and looked, and noticed writing on one that put the weight at 5,500.

“It just clicked in my head that with 20 of these, I’ve got 100,000 pounds of weight,” he said.

He contacted the 78th CEG, and they agreed to loan him 20 concrete barriers. Through “trial and error” the 78th LRS Air Freight section came up with a way to palletize the



Courtesy photo

**Concrete barriers are loaded onto a C-17 Globemaster to test a fuel leak repair conducted here. The test involved the 402nd Maintenance Wing, the 78th Civil Engineer Group and the 78th Logistics Readiness Squadron.**

barriers so that they could safely travel on the plane.

A team from the 78th LRS, led by Master Sgt. Jennifer Nesbitt, did the palletizing and assisted in loading.

Sergeant Gates, who works in the Air Freight section, said it was a slow process to find the best way to palletize and load the barriers. A Boeing loadmaster was on hand to make sure everything was properly balanced and secured.

Sergeant Gates said the Air Freight section here loads a variety of

cargo but had never loaded concrete barriers before.

The test flight was conducted July 31 and the repair checked out. The load was then left on the plane for 24 hours on the ground to further ensure there was no leaking.

Mr. Shipes said that the reason the load cause the leak is that the fuel is in the wings, and with a heavy load and light fuel the wings would flex upward at the tips, causing the fuel to shift and leak where it hadn’t previously.

## GUNSHIP

Continued from 1A

out in the field,” said Mark Dixon, director of the Gunship Flight, 572nd Aircraft Sustainment Squadron.

In addition to a decrease in installation times of about 65 percent, the prototype is also about 240 pounds lighter.

“That means more fuel savings and longer loiter times, and that translates to longer times with our aircraft being able to watch over our troops on the ground,” Mr. Langston said.

The IRSS prototype is different from other WR-ALC acquisitions because it was built here by government employees as part of a partnering agreement with a contractor. George Pierce, Sheet Metal Manufacturing Flight chief in the 573rd Commodities Maintenance Squadron, said S&K Technologies selected WR-ALC because of its heavy industrial capability and its ability to expedite development and meet a compressed delivery date to the customer.

Mr. Pierce said the way so many people came together to complete the



U.S. Air Force photo by CHAD LANGSTON

**Veronica Thomas, a sheet metal mechanic, de-burrs an inconel steel part for installation on the C-130 IRSS.**

project successfully despite a compressed target date was “phenomenal.”

Despite multiple planning impediments, and logistics setbacks, more than 75 employees of the 402nd CMXG worked seven-day work weeks, and 10- and 12-hour shifts to deliver the tubs on time. More than 30 employees worked through the Independence Day holiday weekend to ensure the IRSS prototypes were completed.

“The prototype was truly a team effort with S&K Technologies, the systems

program office and the men and women of the 402nd CMXG,” said Herman Raiff, 402nd CMXG director. “I am proud to have the opportunity to lead such a great team of dedicated professionals.”

The heavily armed AC-130U gunship incorporates side-firing weapons integrated with sophisticated sensor, navigation and fire control systems to provide surgical firepower or area saturation. Its primary missions are close air support, air interdiction and armed reconnaissance.

## Small Business Office open in new location

BY WAYNE CRENSHAW

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The Warner Robins Air Logistics Center Office of Small Business Programs is now open for business in a new building.

The office will hold a ribbon cutting ceremony Friday at its new digs, the renovated and expanded former visitor’s center. Maj. Gen. Polly Peyer will officiate at the ceremony.

Fred Anderson, an analyst in the office, said the primary purpose of the move is to have the Small Business Office in a location that can better serve its customers – businesses that want to work with Robins. The new location allows representatives of those businesses to come to the office without having to gain base access.

“The whole purpose is we are more accessible,” Mr. Anderson said.

Because of the close relationships the office has with the small business community and state and local governments, Robins has awarded \$438 million in contracts to small businesses, including \$298 million in contracts to small disadvantaged businesses, woman-owned businesses, HUBZone small businesses, and service-disabled veteran-owned small businesses during the first 10 months of this fiscal year.

The office had been in Bldg. 208, which was within walking distance of the old main gate and visitor’s center. But once they were moved, sponsoring customers became more problematic, Mr. Anderson said.

Air Force Reserve Command wanted Bldg. 208, Mr. Anderson said, so when leaders there heard about their problem they offered to pay for renovation of the old visitor’s center in exchange for AFRC getting Bldg. 208.

APM was the contractor for the renovation and construction project. The 2,800 square-foot project cost approximately \$750,000.

## LCAT

Continued from 1A

American Federation of Government Employees Local 987 President Tom Scott also said he is confident that the ALC will get a better rating this time around.

“I think overall the employees are more attuned to regulations and the importance of LCAT,” he said. “We just need to be on our

toes.”

According to Mr. Scott, any violation that the team detects is a reduction of .5 on a 100-point scale. That can even include visitors. For example, if the team sees a visitor without ear plugs in an area where they are required, it would be a .5 point reduction.

Considering the thousands of people in the Center, Mr. Scott noted, it isn’t hard to see how deductions can quickly add up.

“We are just going to be cognizant of

helping one another,” he said.

Mr. Unholz said that unlike the previous inspection, which had ample advance notice, the base received only 11 days notice this time. But he said that doesn’t concern him because the Center has been preparing for this inspection from the time the last one ended.

“From what I’ve seen, everything appears to be in place and you have to feel we are ready,” he said.

## Wage rate schedule change

The schedules shown below have been established under authority of DOD Directive 5120.39, dated April 24, 1980, subject to the limitations contained in CPM 2005-27, dated Dec. 28, 2008. Rates are established as required by 5 USC 5343(d), if applicable, and are to be applied in accordance with the provisions of 5 CFR Part 532 to all employees whose official duty station is located within the geographic boundary of the wage area definition.

WG-Rates					WL-Rates					WS-WD-WN Rates					WD - WN Pay Level		
1	2	3	4	5	1	2	3	4	5	1	2	3	4	5			
1	12.91	13.47	14.02	14.59	15.16	14.26	14.84	15.45	16.05	16.68	20.08	20.93	21.75	22.59	23.43		
2	14.10	14.65	15.29	15.86	16.45	15.54	16.19	16.83	17.50	18.12	20.88	21.78	22.63	23.5	24.37		
3	15.25	15.88	16.52	17.16	17.79	16.78	17.47	18.17	18.86	19.56	21.7	22.6	23.5	24.4	25.32	1	
4	16.07	16.73	17.42	18.08	18.73	17.68	18.4	19.15	19.89	20.63	22.53	23.46	24.38	25.34	26.27	2	
5	17.20	17.92	18.65	19.36	20.07	18.92	19.7	20.49	21.28	22.05	23.65	24.65	25.62	26.61	27.58	3	
6	18.17	18.93	19.68	20.44	21.2	19.99	20.83	21.65	22.48	23.3	24.67	25.7	26.73	27.76	28.79	4	
7	19.05	19.85	20.64	21.43	22.22	20.96	21.82	22.7	23.58	24.45	25.58	26.65	27.71	28.78	29.84	5	1
8	19.95	20.78	21.63	22.45	23.28	21.96	22.87	23.78	24.70	25.62	26.48	27.58	28.69	29.8	30.91	6	2
9	20.87	21.73	22.6	23.47	24.33	22.95	23.91	24.87	25.81	26.77	27.4	28.53	29.67	30.81	31.96	7	3
10	21.76	22.66	23.56	24.48	25.39	23.94	24.93	25.93	26.93	27.93	28.28	29.46	30.63	31.81	32.99	8	4
11	22.62	23.55	24.49	25.44	26.38	24.87	25.91	26.95	27.98	29.02	28.96	30.18	31.39	32.58	33.8	9	5
12	23.53	24.52	25.5	26.48	27.47	25.89	26.97	28.05	29.14	30.22	29.84	31.08	32.32	33.56	34.81	10	6
13	24.27	25.28	26.29	27.31	28.33	26.72	27.81	28.93	30.04	31.16	31.03	32.31	33.59	34.89	36.19	11	7
14	25.04	26.11	27.16	28.19	29.23	27.55	28.72	29.87	31.02	32.17	32.43	33.78	35.12	36.48	37.83	8	
15	25.86	26.94	28.02	29.08	30.17	28.44	29.63	30.80	32.01	33.19	33.93	35.34	36.75	38.17	39.58	9	

More information about the wage rate schedule is available at the Department of Defense Civilian Personnel Management Service Web site: <http://www.cpmo.osd.mil>

WS-16	35.70	37.18	38.66	40.14	41.63
WS-17	37.75	39.33	40.91	42.49	44.05
WS-18	40.06	41.70	43.38	45.06	46.73
WS-19	40.94	42.65	44.36	46.06	47.77





U.S. Air Force photo by SUE SAPP

Members of the 78th Communications Directorate take incoming calls in the Communication Focal Point.

## 78th Communications Directorate first in AFMC to consolidate, stand up

BY WAYNE CRENSHAW  
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Robins recently became the first Air Logistics Center in AFMC to stand up a communications directorate.

As a part of an effort to consolidate the communications squadrons and the information technology directorates, the three AFMC ALCs are required to combine the two.

In a ceremony held here July 31, the base inactivated the 78th Communications Squadron and stood up the 78th Communications Directorate, which was formerly called the 78th Communications Group.

The 78th Communications Group stood up provisionally in 2007 to combine the Warner Robins Air Logistics Center Information Technology Directorate and the 78th Communications Squadron under one umbrella.

Bernie Lannan, the director of the 78th Communications Directorate, explained that previously the 78th

Communications Squadron operated under the 78th Air Base Wing and IT operated under the WR-ALC.

“This complexity in terms of the communications squadron accomplishing the operational mission and the IT accomplishing the guidance and policy mission, caused a lot of problems throughout the command,” Mr. Lannan said.

It was set up the same way at the other AFMC bases, Hill Air Force Base in Utah and Tinker Air Force Base in Oklahoma, which are set to stand up their communications directorate Oct. 1.

The Directorate employs approximately 700 people, with about a 100 of those military. It handles computer and telephone issues at Robins, including technology security. It operates the Help Desk that users can call when they have computer issues. Mr. Lannan said nothing will change as far as how base employees interact with the office.

“The change I would hope we would see is a

more efficient organization because we were split with two heads and now we are truly one organization,” he said.

He also noted that the Department of Defense is putting an increasing emphasis on computer security. He said the computer network is now being treated as a weapons system, noting that people wouldn’t think of plugging a thumb drive into an F-15 so they shouldn’t think of doing it to their office computer.

“The military network is now being managed much more closely than it ever was, and there are new threats to security being discovered, new threats to our operations, new threats to our ability to deliver warfighting capability,” he said. “We are truly going to step it up and look at the infrastructure and the capability that you have on your desktop more like a weapons system than we have in the past. We are going to manage it like a weapons system and secure it like a weapons system.”

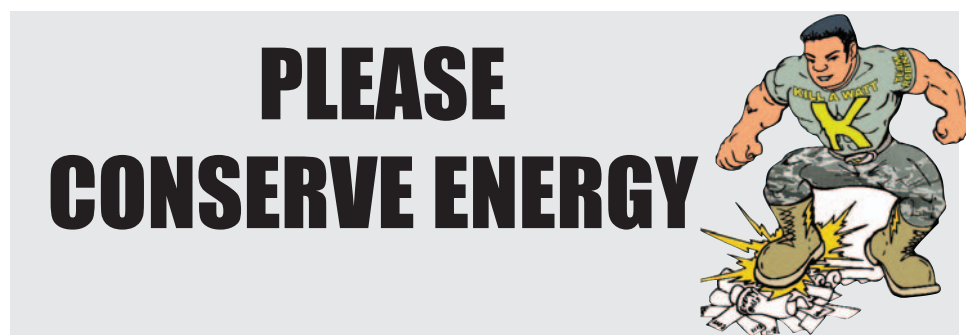
# WORKING LUNCH

Sen. Saxby Chambliss visits Robins for updates, briefings on various programs

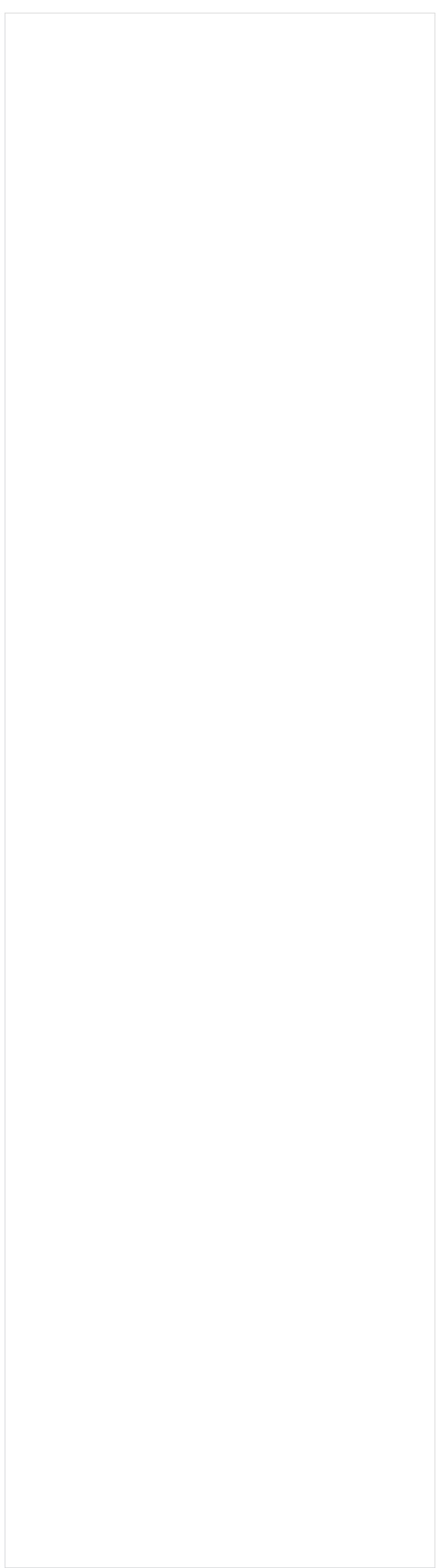


U.S. Air Force photo by SUE SAPP

Senator Saxby Chambliss, R-Ga, listens to Maj. Gen. Polly Peyer, WR-ALC commander, during a visit here Wednesday. Lt. Gen. Charles E. Stenner, commander of Air Force Reserve Command is also pictured. The visit by the senator included a working lunch where he was briefed on a number of topics including workload performance, the C-130 Avionics Modernization Program, Unmanned Aerial Systems, and the software facility under construction here.



**THIS IS  
AFSO21  
COUNTRY**





# Commentary

"Any supervisor worth his salt would rather deal with people who attempt too much than with those who try too little."

— Lee Iacocca

## Commander's Action Line

The Action Line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the organization responsible. This gives the organization a chance to help you, as well as a chance to improve their processes.

Please include your name and a way of reaching you so we can provide a direct response.

Anonymous action lines will not be processed. Discourteous or disrespectful submissions will not be processed. Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information on the Action Line, visit <https://wwwmil.robins.af.mil/actionline.htm>. To contact the Action Line, call 926-2886 or for the quickest response, e-mail [action.line@robins.af.mil](mailto:action.line@robins.af.mil).

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▶ Civil engineering	926-5657
▶ Public Affairs	926-2137
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Be recognized as a world class leader for development and sustainment of warfighting capability.

### WR-ALC MISSION STATEMENT

Deliver and sustain combat-ready air power ... anytime, anywhere.

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Stories and briefs must be submitted as a Word document. They may not exceed two pages, double spaced. They must be typed using the Times New Roman font, 12-point type, with 1-inch margins. All submissions will be edited to conform to Associated Press style. Submission does not guarantee publication.

Submissions must be received by 4 p.m. the Monday prior to the requested Friday publication. They should be e-mailed to [78ABW.PARRevUp@robins.af.mil](mailto:78ABW.PARRevUp@robins.af.mil). Submissions should be of broad interest to the base populace. If there are further questions, call Kendahl Johnson at (478) 222-0804.

### DELIVERY

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## IN MY OWN WORDS...



**Senior Airman David Merchant**  
Fitness Center worker

*Today's thoughts are from Senior Airman David Merchant. The Airman has been in the Air Force for three years, with most of that time at Robins. He took time out to talk about...*

### teamwork

You can learn everything about teamwork through sports. It's probably the best way. You can learn to work together, and work toward a common goal. If everyone works together it increases your chance of getting there.

Teamwork is pretty necessary in order for the Air Force to get its mission completed.

Teamwork is important in the Air Force because there are so many things you're required to do, that if you

didn't have anyone to help you, you wouldn't be able to get them done. For instance, right now, if I didn't have other people I work with covering for me, I couldn't do this interview because I would have to be (at the front desk). I also wouldn't be able to do certain things I need to do in order to be ready to deploy and things of that nature.

There are definite team players that you look at as more reliable than others. You wish that everyone was just as reliable as the most

reliable person, but there are certain people that aren't as reliable. But generally, everyone is willing to help out if they know there is something you need to get done.

Basic training was a huge teamwork-building experience. The whole six and half weeks I was there, if there was no teamwork whatsoever, none of us would have passed. That showed me how important it is when you have a lot of things you need to get done.

This is a regular feature in which Team Robins members are asked to give their thoughts on targeted areas of improvement. Those areas are trust, successful communications, grievances, recognition, teamwork, success, integrity, fairness, the big picture, diversity or other subject of interest. If you would like to participate, call Wayne Crenshaw at 222-0807 or e-mail him at [wayne.crenshaw.ctr@robins.af.mil](mailto:wayne.crenshaw.ctr@robins.af.mil).

## Air Force – A Culture of Responsibility

As Airmen, we have taken a solemn vow to serve and protect our nation, and I commend you for your service. With that service; however, comes great responsibility and the necessity to make proper choices.

We are confronted every day with choices, both on and off duty, that can and do impact both the mission and perception by others of our Air Force. With that in mind, individuals at every level must relentlessly strive to develop and maintain an environment defined by integrity and accountability, or in other words, a "culture of responsibility."

My role as a senior Air Force commander allows me the privilege of witnessing firsthand the amazing accomplishments of our team members, both military and civilian. I am constantly humbled and inspired by the great things we are accomplishing, including providing forces for global operations, deterring aggression, ensuring strategic access, and building partnerships through-

out the world. The recent rescue by USAFE Airmen of a ship crewmember off the Irish coast is a prime example of the fine work we do on a daily basis. This complex operation required three airframes, strict discipline, and an amazing level of teamwork. Of course, this is just one example of the countless contributions we make in the support of our nation's defense.

We are performing a serious business in very challenging times. Budget cuts, high ops tempo and deployments all serve to make our task that much more difficult. Clearly, there is little room for error in the performance of our mission. Poor choices in our personal and professional lives negatively impact that mission and divert the precious little resources we do have away from where they are needed most.

The actions of a few can also serve to tarnish the otherwise outstanding record of excellence for which the Air Force is

known. Without fail, the stories we read about Airmen in trouble are entirely preventable and the direct result of poor decisions. Alcohol abuse and illicit drug use, fitness deficiencies, and failure to follow safety and security guidelines are all examples of behavior that serve to take people off the line and out of the fight.

Simple, everyday choices may seem insignificant at the time but often significantly impact the mission. There have already been numerous mishaps in the Air Force only six weeks into the "Critical Days of Summer."

All of these caused lost duty time, directly impacted our ability to accomplish the mission, and a number of our Airmen also lost their lives. The impact of these tragic fatalities on families and unit members is enormous. Aside from the harm done by tragic accidents, however, we have also caused ourselves unnecessary burden through isolated incidents where individuals simply

fail to do the right thing.

As an example, Airmen in USAFE recently used a thumb drive on an Air Force computer -- a deliberate, expedient choice in violation of a strict Department of Defense policy that has been in place and emphasized for months. By disregarding this known directive, the individuals re-infected our computer systems with a previously-eliminated threat and wasted valuable time and resources.

We need to continually strive to make responsible choices. A philosopher once said, "We are what we habitually do."

Let's focus on doing the right things. Whether it is being a good wingman, adhering to standards, or just doing what is appropriate when no one is looking, we must do the right thing. That will ensure a culture of responsibility.

— Adapted from a commentary written by Gen. Roger A. Brady U.S. Air Forces in Europe commander, Ramstein Air Base, Germany.



### Where do you think the economy is heading?



**Jerry Sheeley**  
638th SCMG

"We'll be just kind of even, but rocky for a while – then things will get better, but probably not for another year or so."



**Lisa Thomas**  
406th SCMS

"In a positive direction. I like the Cash for Clunkers program."



**Mark Lane**  
78th LRS

"I don't see it getting better soon. With the things that have been done, we don't know what future negative effects we're making. I think we're sending our kids down the river right now."



**Mike Johnson**  
78th LRS

"I usually like to be optimistic, but I think it'll get worse before it gets better. You can't make money by spending money. It doesn't make sense."



# Outstanding professional community service earns Robins sergeant Tuskegee Airmen award

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

Master Sgt. Derek Fromenthal has collected numerous awards in his 16-year Air Force career, but none was more special than the award he brought home last weekend from Las Vegas.

Sergeant Fromenthal, who serves in the 5th Combat Communications Group, is the winner of the 2009 Tuskegee Airmen Inc. award for top senior non-commissioned officer. The award, called the Chief Master Sergeant Fred Archer Award, recognizes outstanding performance in professional and community service.

The award is open to all military personnel, and Sergeant Fromenthal was chosen from among 270 applicants. He traveled to Vegas to accept the award at the annual Tuskegee Airmen convention.

“When I found out I had won a prestigious award like the Tuskegee Airmen Award, I was really honored, especially when you look at the history of what the Tuskegee Airmen did for the Air Corps,” he said.

Sergeant Fromenthal is the superintendent of the Mission System’s Flight in the 51st Combat Communications Squadron. He is a veteran of two deployments, one to Iraq in 2007 and, his most recent one, to Afghanistan.

He was excited about the Iraq deployment because it was his first, but his duties were primarily limited to a sustainment mission that confined him to the base.



courtesy photo

**Master Sgt. Derek Fromenthal with the 5th CCG was awarded the 2009 Tuskegee Airmen Inc. award for top senior non-commissioned officer.**

His 209-day Afghanistan mission, however, was far different. There he supervised the development of communications for the Afghan Air Corps.

“I traveled throughout Afghanistan laying the infrastructure both for U.S. personnel and the Afghan Air Corps,” he said. “It was probably one of the biggest accomplishments that I’ve had as a contributor to a conflict.”

In the award nomination, Maj. Isreal Askew of the 5th CCG cited numerous accomplishments, with many of those stemming from the Afghanistan mission. Maj. Askew noted, among many other things, that Sergeant Fromenthal was a “superior performer” and led 15 warfighters at eight forward operating

locations. He also noted that Sergeant Fromenthal led the communications infrastructure planning for the Afghan Air Corps headquarters, overseeing eight contracts and completing the job two months ahead of schedule.

Maj. Askew also called him a “compassionate leader” who coordinated an Airman’s emergency leave from Afghanistan, allowing the Airman to depart in less than 24 hours. The nomination also noted several public-service accomplishments, including involvement in a community-relations program issuing clothing and medical supplies to 125 families in a war-torn village. Sergeant Fromenthal also volunteered to set up ceremonies for four U.S. military members killed in action.

A native of New Orleans, Sergeant Fromenthal said his leadership style includes treating everyone the way that he would want to be treated.

“I like to ask them to do something for me before I have to use my authority,” he said. “I have found over 16 years that has worked well for me.”

Even when he is not deployed, Sergeant Fromenthal said he still finds his work in the 5th CCG exciting.

“I’m a person who likes challenges and things that are different every day and keeps you thinking,” he said. “When you do get the opportunity to deploy or you are in an exercise setting, you have to think outside the box to find a way to make communications work.”

## EMPLOYEES CAN NOW UPDATE OWN TRAINING AND EDUCATION RECORDS

Department of Defense Civilian employees now have two new tools in the Defense Civilian Personnel Data System My Biz Self-Service module – Education Updates and Training Updates. Both of these allow you to take control of your personnel records. Changes made to the employee’s education and training using My Biz will be updated in their personnel records immediately. The changes will be reflected on their Civilian Career Brief the next day. Civilians can access their Career Brief by visiting <https://wwa.afpc.randolph.af.mil/AFPCSecure/MainMenu.asp>.

To access My Biz, first, log into DCPDS <https://compop.dcpds.cpms.osd.mil/> and then select Login Help to follow the CAC Registration instructions. Your username will be your Social Security number with dashes. If you have already registered your CAC, select Login.

To make education updates, select My Biz. Then, select Update My Information. On the ‘Update My Information’ screen, select the Education tab. This section will display all of your education. If the ‘Education Update Source’ column is blank or ‘Verified’, then the education record was input and can only be updated by Civilian Personnel. ‘Self-Certified’ indicates the record was input by you. For example, if you already have a Bachelor’s Degree and now obtained a Master’s Degree, select the ADD button to input the needed information for the Master’s Degree. At any time you can update or delete your ‘Self-Certified’ entries.

To make training and Professional Military Education updates, select My Biz. Then, select Update My Information. On the ‘Update My Information’ screen, select the Training tab. This section will display the training courses, including PME you have satisfactorily completed. ‘Verified’ entries can only be deleted by Civilian Personnel. After you update your completed training, the entry will display ‘Self-Certified’. This status will change to ‘Verified’ when Civilian Personnel reviews and validates the training source document (certificate of completion, etc.) or if updated through the mass update process. Please wait 30 days after completion of training to allow automated systems to update through this mass update process. This is very important to avoid erroneous entries in your file.

Human Resource specialists may request that you provide documentation for verification purposes of all ‘Self-Certified’ updates. For employees having problems with accessing My Biz, call the Data Management Section of Civilian Personnel at 222-0680 or send an e-mail to [michael.barnes2@robins.af.mil](mailto:michael.barnes2@robins.af.mil).

**THINK OPSEC:  
DON'T WANT IT  
READ?  
SHRED INSTEAD**

# Convention showcases unmanned systems' capabilities

**BY ARMY SGT. 1ST CLASS  
MICHAEL J. CARDEN**  
American Forces Press Service

Senior defense officials are getting a glimpse of the latest in unmanned systems technologies, which many concede is the way of the future for the U.S. military.

More than 5,000 people from 30 countries took part in the exhibition of robots and unmanned systems capabilities at the Association for Unmanned Vehicle Systems International's Unmanned Systems North America 2009 Convention this week at the Washington Convention Center.

More than 320 unmanned aerial, maritime and ground systems were on display, offering the industries' latest products and innovations.

Maj. Gen. Blair E. Hansen, the Air Force's deputy chief of staff for intelligence, surveillance and reconnaissance, addressed an

audience of unmanned systems developers and industry professionals and applauded their innovations and overall contributions to improving the military's unmanned systems capabilities.

"That's the direction we're heading," General Hansen said. "It's not a love affair with the platform of being unmanned. It's the capability it represents."

General Hansen said he's staggered by the advancements and rapid developments of such systems. He added that he shares Defense Secretary Robert M. Gates' enthusiasm and desire for more unmanned capabilities, citing the need to embrace today's technology to be a successful military.

Information- and technology-based warfare "is not going to be just a component of irregular warfare," General Hansen said. "This is going to be a component of all of the kinds of engagements and operations we'll

have in the future," he explained.

Secretary Gates has maintained publicly for more than a year that unmanned systems are more cost-effective and efficient than manned systems. Unmanned systems also lessen the risk of casualties among warfighters.

Aerial surveillance and intelligence-gathering capabilities from unmanned aircraft systems — such as the MQ-1 Predator, Shadow and MQ-9 Reaper — give the military more options with their troops. Rather than risking the lives of pilots flying multimillion-dollar reconnaissance planes, operators control and monitor the unmanned aircraft and their data remotely from safe locations. Operators in the United States, in some cases, can monitor missions in Iraq and Afghanistan without having to go to the combat theater, General Hansen explained. Unmanned systems can project power in

combat without projecting vulnerabilities, he added.

The Defense Department has nearly 2,000 "small" unmanned aerial systems deployed to Iraq and Afghanistan, Defense officials reported. Most of those are Ravens, which Air Force officials use to support Army and Marine Corps ground forces.

In April, Secretary Gates cited unmanned aircraft systems as an increasing part of the Air Force arsenal, as he recommended that Congress halt production of the F-22 Raptor fighter jet and devote more funding to unmanned systems. The secretary compared the F-16 Fighting Falcon and the Reaper unmanned system, noting that the Reaper has a range of about 3,000 miles and can carry 1.5 tons of weapons — all unmanned and remotely — while the manned F-16 fighter has a range of about 500 miles.

This fiscal year, Air Force

officials have spent more money on unmanned aircraft systems and trained more operators than fighter jets and fighter pilots, General Hansen said. Demand for unmanned systems by the U.S. military has increased more than 660 percent since 2004, he added.

The ability to sneak in and operate for long periods of time without risking aviators is incredible, the general said. He referenced a recent mission in which a RQ-4 Global Hawk unmanned system flew for 33 straight hours conducting reconnaissance operations for ground commanders in Iraq and Afghanistan.

Unmanned aircraft systems, he added, can take off from the Middle East, go to Iraq and Afghanistan, and conduct missions for both theaters.

"That's phenomenal," he added.

General Hansen said that although unmanned systems

give the military the ability to decrease its footprint in direct combat, they still require manpower. Operators fly the systems, while analysts in separate locations across the globe are recording intelligence from imagery and audio in real time.

"We don't need to have all of our capabilities forward," he said. "This is a very, very compelling capability. As we look to the future, we've got to keep our focus on capabilities, and keep in mind that it's critically important to have systems working together."

"[Unmanned aircraft systems] will cause missions to be effective and lives to be saved," he added. "We believe strongly that as we build out these capabilities, it's not just about improvements. It's truly about an integration to perfect and get the job done and support the mission."

## Motivational speaker aims to get crowds excited about VPP

The Warner Robins Air Logistics Center and the 402nd Maintenance Wing Voluntary Protection Program Offices will host Jeff Bell, a dynamic motivational safety and VPP speaker, for a series of briefings Aug. 19, 20 and 21.

In his presentation titled "Brian's Story," Mr. Bell shares the true story of a totally preventable industrial accident that took the life of his son Brian.

Mr. Bell emphasizes with a father's intensity, the value of getting involved in occupational safety efforts and the need to be willing to intervene with your co-

workers. The VPP Office is funding this opportunity as part of its efforts to improve the safety culture of the workforce; personnel from all levels are encouraged to attend.

The Aug. 19 and 20 sessions are reserved for 402nd Maintenance Wing members, but the final day is open to everyone.

Sessions will last about 75 minutes.

For more information call Melanie Clearman at 926-0824 or Julie Cordova at 926-2032.

— Submitted by VPP Office.

**WHEN:**  
Aug. 19, 20, 21

**WHERE:**  
Base Theater

**TIMES:**  
Aug. 19  
7 a.m.  
9:30 a.m.  
4 p.m.

Aug. 20  
7 a.m.  
9:30 a.m.  
1 p.m.

Aug. 21  
8 a.m.  
10 a.m.  
1 p.m.

### TEAM ROBINS WINGMEN WANTED

ASIST – 926-2821; 327-8480

EAP – 327-7683; 926-9516

AIRMAN AGAINST DRUNK

DRIVING – 335-5218; 335-5236; 335-5238





# Trash Talk



Ervanette Murry and Ken Wharam place used paper in appropriate containers of the recycling center in Bldg. 359.

U.S. Air Force photos by SUE SAPP



Aluminum cans may be placed in recycling containers along with plastic bottles.

## Robins recycles its way to a greener tomorrow

BY WAYNE CRENSHAW  
wayne.crenshaw.ctr@robins.af.mil

Robins is the leading recycler in Air Force Materiel Command, but that isn't stopping environmental officials here from trying to take the program to a new level.

As a part of that effort, the Environmental Management Division has been doing a little Dumpster diving. Checking both Dumpsters and office trash cans, it's determined that quite a lot of the base's landfill-bound refuse can be recycled.

About half of the trash at Robins is recyclable paper, said Ken Wharam, recycling program manager. Much of the other half is plastics, cardboard, aluminum cans and other items that can also be recycled.

"When you think about it, there's not much in your trash that you have to throw away," he said.

The trash study is part of an effort to develop a plan for new funding the department received to expand its recycling program. One possibility is a new drop-off recycling center.

Why should people recycle? In addition to saving landfill space, it saves the base money, said Environmental Management Division Chief Becky McCoy.

"The cost that we spend to throw things away and landfill it more than makes up for the expense of recycling," Ms. McCoy said.

Landfill costs, including the pickup, transportation and tipping fees, are about \$186 per ton, Mr. Wharam said.

It also makes the base money.

Robins pays Happy Hour Service Center, which employs the developmentally disabled, to pick up recyclable material, package it, and sell it. Happy Hour gives the base back part of the proceeds from the sale of the material.

Most buildings on base should have at least one

indoor recycling center in which white and mixed paper, newspaper, plastics, and aluminum cans can be discarded. Additionally, the main outdoor recycling center accepts cardboard, and several Dumpsters on base are designated for cardboard.

The main recycling center was located in the parking lot in front of the Furniture Store near the 78th Air Base Wing headquarters, but the center has recently been relocated to an area behind the Base Exchange. Outdoor recycling centers are also located at the Museum of Aviation and in base housing areas.

Plastics that can be recycled include Type 1 and Type 2 plastics. Type 1 plastics include soft drink bottles, water bottles and plastic food jars. Those can be used in the manufacture of carpet, fleece jackets and food and drink containers. Type 2 plastics include detergent and bleach bottles, milk bottles, shampoo bottles, grocery bags and cereal box liners. Recycled uses of those include non-food containers, outdoor decking and recycling bins.

Nearly all of the outdoor benches and tables at Robins are made from recycled plastics, including a new gazebo in the rear of the Environmental Management Division.

But the recycling program here goes far beyond recycling what goes into the ordinary trash can. The base also recycles scrap metals, used oils, plastic media blast, industrial sludge, yard and stable waste, toner cartridges, grease, electronics, tires and lead-acid batteries.

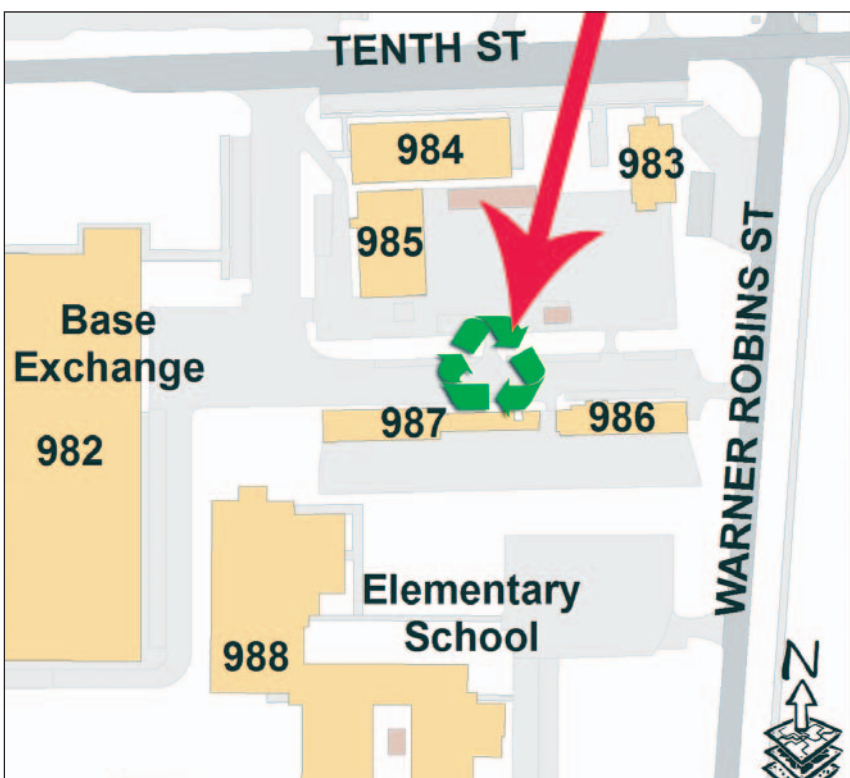
The yard waste is taken to a Robins facility where it is made into compost, which is then reused in landscaping projects around the base.

"At one time we would pay someone to haul that stuff off base, then when we needed compost, we would pay someone to haul it back on base," Mr. Wharam said.

### BY THE NUMBERS

Listed in tons, the amount of material recycled at Robins in fiscal 2008:

- Yard Waste - 717
- Dried sludge - 460
- Cardboard - 446
- White paper - 235
- Horse stable waste - 210
- Mixed paper - 195
- Petroleum products - 144
- News print - 130
- Toner cartridges - 57
- Plastics (1&2) - 25
- Total - 2,619



You can help by separating your recyclable material. A central drop-off center is located beside Bldg. 986 off of Warner Robins Street (see map above). You can drop off corrugated cardboard, paper, cans, glass and plastics 1&2.



Right, Milton Fuller, compost site operator, checks the temperature of a heap of compost to see if he needs to turn it.



Below right, Ervanette Murry puts some corrugated cardboard in a recycling bin near the Child Development Center.





## 78th FSS BRIEFS

### TODAY

**Bring your lawn chairs and blankets to Movies Under the Stars Aug. 14** for a presentation of "Shrek 3." The movie will start at dark behind the Heritage Club. For more information call the community center at 926-2105.

### SATURDAY

**An Aviation Art Exhibit and Aero Club Open House will be held Aug. 15** from 11 a.m. to 2 p.m. featuring the works of Jim Balletto and others at the aero club hanger, Bldg. 186 off Perimeter Rd. Free grillin's will be available for the first 100 guests. Aviation artwork will also be on display at the Arts & Crafts Center the week prior and after the open house. For more details call the Arts & Crafts Center at 926-5282.

**The Japanese art of floral arrangement, Ikebana** is coming to the Arts & Crafts Center. Classes will be held Aug. 15 and 29 from 10 a.m. to noon. This is a three-week course for \$67.50. For more information call the Arts & Crafts Center at 926-5282.

### SUNDAY

**A "Remembering Elvis" bingo will be held on Aug. 16** with event beginning at 7:15 p.m. BIG Bingo is located in the east wing of the Heritage Club. The hours are Tuesday, Wednesday, Thursday and Friday with games starting at 7:15 p.m. Games begin at 2:45 p.m. on Sundays. Enjoy bar bingo five nights a week at 6 p.m. Anyone with an active duty, reserve, guard, retired, DOD or family member identification card is eligible to play. The entry fee is free to all Robins' club members, bona fide guests and active duty or retired widow club members and \$5 for eligible non-club members. For more information call the enlisted club at 926-4515 or 926-1303.

### TUESDAY

**Lunch buffets are held every Tuesday through Friday** from 11 a.m. to 1 p.m. at Horizons. Cost for hot lunch or salad bar is \$6.50 members and \$7.50 nonmembers or for both hot lunch and salad bar

\$7.50 members and \$8.50 non-members. Lunch is open to all ranks and grades. Show your club card and receive 10 percent off your purchase. For more information call Horizons at 926-2670.

### WEDNESDAY

**Every Wednesday is "Wacky Wednesday"** with horse races and hard luck games. Both events will begin at 7:15 p.m. Joint Forces Bingo is located in the east wing of the Robins Enlisted Club. The hours are Tuesday, Wednesday, Thursday and Friday with games starting at 7:15 p.m. Games begin at 2:45 p.m. on Sundays. Enjoy bar bingo five nights a week at 6 p.m. Anyone with an active duty, reserve, guard, retired, DOD or family member identification card is eligible to play. The entry fee is free to all Robins' club members, bona fide guests and active duty or retired widow club members and \$5 for eligible non-club members. For more information call the enlisted club at 926-4515 or 926-1303.

### UPCOMING

**A Gourmet Night will be held Aug. 28 in the Georgia Room at Horizons.** The menu, created by Chef Douglas Goodridge, will be served at 6 p.m. and will include eight ounce filet beef stuffed with Stilton cheese and burgundy sauce, Duchess potato, white and green asparagus, lobster Thermidor in vol-au-vent shell and white and dark chocolate mousse. Cost is \$45 per person or \$65 per couple. Limited seating is available for the first 25. For more information call Horizons at 926-2670.

**Family Night Bingo will be held Aug. 31** at the community center in the Heritage Club. Doors open at 5 p.m. and games start at 6 p.m. Cost is \$4 per game pack, limit three packages per person. All children receive a door prize. To learn more call 926-4515.

**Let's Celebrate Summer Bash will be held at Robins Park Sept. 26** from 4 to 8 p.m. This event will include rides, attractions, face painting, games and prize drawings.

## Staying afloat



U.S. Air Force photo by LAURA WHITEHOUSE

The team from the C-130 Gunship Paint Shop races toward the finish line during the 2009 Build-A-Boat competition Aug. 7 at the Heritage Club pool. The Paint Shop lost by a sail last year, but with the wind on its side earned the title of 'best of the best race champs.'

Armbands cost \$5 and gives unlimited access to all attractions. Rides will include a carousel, turbo swing, roaring river water slide, wave of fire slide, rock & joust, lane bungee, rock wall, trackless train, space shuttle obstacle, jungle combo, wacky world, jungle playlite, little tykes city and chip shot challenge. Entertainment will in the Air Force Reserve Generations band. Prizes will include a laptop, Blue Ray DVD player, Wii and balance board and more. Food and beverages will be on sale. For more information call the community center at 926-2105.

**An Operation Kudos (Kids Understanding Deployment Operations) will be held Sept. 26** from 10 a.m. to 3 p.m. Buses will meet promptly at 10 a.m. at the Heritage Club parking lot. This event is open to children ages six – 18 years old (must be accompanied by an adult). Please register by Sept. 14 as this event is limited to the first 100 sign-ups. For more

information please contact Senior Master Sgt. Gary Hunkins at 327-7506 or Tech. Sgt. Michelle Main at 327-7691.

### ONGOING

**The old basketball court located in the Health and Wellness Center** will be closed through Aug. 21 to install new a/c units and ducts.

**The fitness center outdoor track will be closed through Sept. 28** for resurfacing. For more details call the fitness center at 926-2128.

**The women's locker room in the main Fitness Center, Bldg. 826 will undergo a complete renovation** through Nov. 13, 2009. Female patrons may use the Chiefs locker room, located in the Health and Wellness Center, Bldg. 827 during the renovation. Renovations will include 12 by 12 inch floor and wall tile, replace toilet and shower stalls, counter tops, 18 by 18 inch lockers (large enough to hang a uniform or

suit). For more information, please call the fitness center at 926-2128.

**Stalls for horses are available at the riding stables.** The stables, near Luna Lake, offer a lighted riding ring, hot & cold wash rack, horse trails, stalls and pasture. Cost includes a monthly \$15 family membership fee & monthly stable fee of \$97. All base ID cardholders – active duty, reserve, ANG, retired military, DOD civilians are eligible. For more information, call the riding stables at 447-6905 or 926-4001.

**Information, Tickets and Travel is selling tickets** to the Atlanta Motor Speedway. Purchase a one day ticket for Saturday Sept. 5 for the NASCAR Nationwide Series Degree V12 300 and Sprint Cup Qualifying for \$27 or a one day tickets for the Labor Day Classic 500 on Sunday Sept. 6 for \$40. There will be a two-day package that will include both days for \$67. For more information call 926-2945.

## TEST YOUR KNOWLEDGE: What do you know about past wars?

Do you think you know a little bit about conflicts of the past? Take this quiz, and see how much you really know.

### QUESTIONS:

**Q1:** Which of the following wars claimed the lives of the most U.S. soldiers?

A) U.S. Revolutionary War, B) U.S. Civil War, C) World War I, D) World War II

**Q2:** What conflict was known as "The War to End All Wars?"

A) Peloponnesian War, B) Trojan War, C) World War I, D) World War II

**Q3:** What war lasted from June 25, 1950 to July 27, 1953?

A) Irish Civil War, B) Vietnam War, C) World War II, D) Korean War

**Q4:** Which of the following wars lasted the longest?

A) The French and Indian War, B) The Seven Years' War, C) World War II, D) Mexican-American War

**Q5:** What Spartan king led a small army of 300 Spartans against a vastly superior Persian force in the Battle of Thermopylae?

A) Cleomenes, B) Leonidas, C) Ephialtes, D) Xerxes

### SOLUTIONS:

**A1:** Until the Vietnam War, the number of U.S. soldiers killed in the Civil War (approximately 620,000 casualties) surpassed all other wars combined.

**A2:** World War I was known as "The War to End All Wars", "The Great War", and the "War of the Nations".

**A3:** The Korean War began on June 25, 1950 and ended on July 27, 1953. Although the primary combatants were North and South Korea, the Korean War also became a sort of war of political philosophies as the United States and the People's Republic of China/Soviet Union joined the fighting in an effort to promote their particular forms of government on the Korean peninsula.

**A4:** The French and Indian War lasted the longest. It was a nine-year conflict between the British and French colonies in North America with Native Americans fighting for both sides, but primarily for the French. The war resulted with the French losing all of their North American possessions except for a few small island colonies.

**A5:** The enormous Persian host met with no opposition until it reached the narrow pass of Thermopylae where it found its way blocked by the confederate Greeks under the command of LEONIDAS, king of Sparta. For two days the assaults of the Persians were hurled back with heavy slaughter by the better-disciplined and better-armed Greeks; but on the third day the betrayal of a path over the mountains exposed the defenders to be taken in the rear.

Source: [usefultrivia.com](http://usefultrivia.com)

## DONATE YOUR LEAVE

Employee-relations specialists at 926-5307 or 926-5802 have information and instructions concerning requests to receive or donate annual leave.

To have an approved leave recipient printed in the Robins Rev-Up, send information to Lanorris Askew at: [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil).

### 78th FSS DIRECTORY

- ▶ Services ..... 926-5491
- ▶ Community Center ..... 926-2105
- ▶ Outdoor Rec ..... 926-4001
- ▶ Arts & Crafts ..... 926-5282
- ▶ Horizons ..... 926-2670
- ▶ Heritage Club ..... 926-7625
- ▶ Library ..... 327-8761
- ▶ HAWC ..... 327-8480
- ▶ Fitness Center ..... 926-2128
- ▶ Fitness Center Annex ..... 926-2128
- ▶ Youth Center ..... 926-2110
- ▶ ITT ..... 926-2945
- ▶ Bowling Center ..... 926-2112
- ▶ Pine Oaks G.C. .... 926-4103
- ▶ Pizza Depot ..... 926-0188

Additional information on Services events and activities can be found in **The Edge** and at [www.robinservices.com](http://www.robinservices.com)

### CHAPEL SERVICES

#### Catholic

Catholic masses are at the chapel each Saturday at 5:30 p.m., Sunday at 9:30 a.m., on Holy Days of Obligation at noon and 5 p.m. vigil the day before, and Monday through Friday at noon. The Sacrament of Reconciliation is Saturday from 4:30 to 5:15 p.m.

#### Islamic

Islamic Friday Prayer (Jumua) is Fridays at 2 p.m. in the chapel annex rooms 1 and 2.

#### Jewish

Jewish service is Fridays at 6:15 p.m. at the Macon synagogue.

#### Orthodox Christian

St. Innocent Orthodox Church service is at the chapel on the second Tuesday of each month at 5 p.m.

#### Protestant

The traditional service meets Sunday in the Chapel at 11 a.m. Contemporary service meets at 6 p.m. in the Chapel sanctuary. The gospel service meets at 8 a.m. at the Chapel. Religious education meets in Bldg. 905 at 9:30 a.m.

### NOW PLAYING



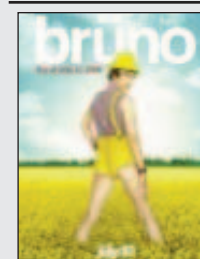
**AUG. 14  
7:30 P.M.  
PUBLIC  
ENEMIES  
RATED PG-13**

No one could stop John Dillinger and his gang. No jail could hold him. His charm and audacious jail-breaks endeared him to almost everyone – from his girlfriend Billie to an American public who had no sympathy for the banks that had plunged the country into the Depression. But while the adventures of Dillinger's gang thrilled many, J. Edgar Hoover made him America's first Public Enemy Number One.



**AUGUST 15  
3 P.M.  
ICE AGE:  
DAWN OF THE  
DINOSAURS  
RATED PG**

The sub zero heroes are back. Scrat is still trying to nab the ever elusive nut, while maybe finding true love. Manny and Ellie await the birth of their mini-mammoth. Diego the saber toothed tiger wonders if he's growing too soft and Sid the sloth gets into trouble when he creates his own makeshift family by hijacking some dinosaur eggs.



**AUGUST 15  
7:30 P.M.  
BRUNO  
RATED R**

Brüno, a gay fashionista is the host of the top-rated late night fashion show in any German-speaking country—apart from Germany. Brüno's mission is to become the biggest Austrian celebrity since Hitler. He plans to criss-cross the globe in the hopes of finding fame and love.

Tickets: \$4 adult; \$2 children (11 years old and younger. For more information, call the base theater at 926-2919



# Follow the Falcons through social networking sites

## Air Force athletics on Twitter, Facebook, YouTube

Fans of Air Force athletics now have another way to keep up with the Falcons through the development of the nation's fastest growing on-line social network, Twitter, as well as YouTube and Facebook.

The official Air Force athletics Web site, [www.GoAirForceFalcons.com](http://www.GoAirForceFalcons.com), has created these social networking sites as part of its continuous efforts to "Follow your Air Force Falcons" and further engage and communicate with its fan base.

The social media sites work in conjunction with [www.GoAirForceFalcons.com](http://www.GoAirForceFalcons.com), the official online source for Falcon athletics. Falcon fans can now stay connected with all 27 varsity athletics programs on campus, as well as receive other up-to-the-second breaking news and daily updates on other pertinent topics in the world of Falcon athletics.

By becoming a fan of Air Force Athletics on Facebook, followers of Falcon athletics will have the opportunity to receive score updates, event recaps and notices, video features, special announcements, news on



courtesy photo

**Now you can keep up with the how your Air Force Falcons are faring via your favorite social networking site. receive score updates, event recaps and notices, video features, special announcements, news on promotions and special ticket offers and much more.**

promotions and special ticket offers and much more.

The Facebook page is available by searching for "GoAirForceFalcons" under "Pages" on the site or the link provided below. Air Force Athletics on Facebook will provide users the opportunity to connect with the athletics program through social networking, while providing a source for public dialogue on topics that are current and relevant.

Twitter, one of the fastest growing phenome-

na on the internet, provides fans a means to receive a steady flow of information on all facets of Air Force athletics program through instant messaging.

YouTube will also allow Air Force fans the opportunity to view special uploaded Air Force Athletics video features, highlights and interviews.

On-line social-networking utilities, growing increasingly popular worldwide, allow users to connect and communicate information with others

like friends, family and coworkers, immediately and unobtrusively.

Facebook, with over 150 million users worldwide; Twitter boasting an increase of more than 1,400 percent in number of visits since 2008 and YouTube's ability to share video to millions within a few minutes, enables Air Force Athletics to post statistics, achievements, and updates about players, coaches and 27 sports teams.

— *courtesy goairforcefalcons.com.*

## ► SPORTS BRIEFS

### GOLF COURSE 926-4103

►A Seniors Championship will be held Aug. 22 with a 9 a.m. shotgun start for golfers 50 years and older. The cost is \$25 and includes golf, cart, prizes and lunch.

►The final for the season Link Up 2 Golf Class #7 will be held Mondays Aug. 17, 24 and 31 and Sept. 14 and 21. Cost is \$115 and includes a 25 play range token valued at \$60. This class is limited to the first eight signed up. For more information on the preceding golfing events, call the golf course at 926-4103.

### BOWLING CENTER 926-2112

►The third annual bowling festival and open house will be held Aug. 26 – 29 beginning with the King and Queen tournament Aug. 26 and 27 at 6 p.m. Entry fee is \$20; a Robins Commanders tournament on Aug. 28 at 2 p.m. Cost is free to play. Prizes will be awarded: 1st place \$100 towards unit's booster club and trophy; 2nd place \$50 toward unit's booster club and 3rd place \$25 toward unit's booster club. Open to all squadron, office and unit organizations. Limited to the first 16 team players with teams consisting of four people. Bowl three games of 9-pin no tap. Sign-up begins Aug. 16 and open house on Aug. 29 at 11 a.m. Festivities will include face painting, moon walk, train ride and chance to win prize and

more. Enjoy a free hot dog, chips and soda for the first 200 to attend. Events will include: youth league pre-registration and program booth from 11 a.m. - 2 p.m., cost is \$18 per bowler (all youths pre-registered will be entered in a drawing to win an iPod).

►Enjoy Thunder Alley glow-in-the-dark bowling Fridays from 9 to 11 p.m.; 12 years and younger, \$5 and 13 years and older, \$10; and Saturdays from 9 to 11 p.m.; cost is \$10 for everyone. For more information on the preceding events call the bowling center at 926-2112.

### YOUTH SPORTS 926-2110

►Wanted! Youth ages five – 10 years old to participate in the 2009 Flag Football league. Please register at the Youth Center, Monday through Friday from 2 to 6 pm. Registration ends Aug. 15 and the cost is \$55. For more information call the youth center at 926-2110.

►Robins Tennis Recreational Coach's Workshop will be held at the youth center and tennis court Aug. 22 from 9 a.m. to 3:30 p.m. This class is for high school/college students, volunteer coaches and parents and is a requirement to be a volunteer coach in the new United States Tennis Association league. Cost is \$10 per person. Call Ron Hayes at 926-2110 / 327-6836 or e-mail to [ronald.hayes@robins.af.mil](mailto:ronald.hayes@robins.af.mil).

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► **IN BRIEF**

**DANTES TESTING RESUMES**

The 78th Force Support Squadron's Education and Training Office has been notified that additional funds are now available for paper-based CLEP and DSST testing at DANTES test sites located in CONUS, AK, HI and PR for August through September 2009.

Eligible service members should visit the test sign up page on the Robins Web site to sign up for the tests.

For more information, call 327-7304.

**TROOPS TO TEACHERS BRIEFING**

Bill Kirkland, program manager for the Georgia Troops to Teachers Program, will be at the Robins Education Center today from 10 to 11 a.m. to take questions about Troops to Teachers, a cooperative program between the U.S. Department of Education and the Department of Defense.

The program provides referral and placement assistance to men and women who have served the nation as members of the Armed Forces, and who are seeking a second career as teachers in public schools.

The briefing will be in Bldg. 905, Room 243; no reservations are necessary.

For more information, contact Danielle Molina at the Education Office, Cheryl Malcom at [cheryl.malcom.ctr@robins.af.mil](mailto:cheryl.malcom.ctr@robins.af.mil), 926-9952, or Mr. Kirkland at [bill.kirkland@gapsc.com](mailto:bill.kirkland@gapsc.com).

**ROBINS OSC EVENT**

The Robins Officers' Spouses' Club will host a special activities coffee at Horizons Club Aug. 20 at 10 a.m.

This event provides potential ROSC members with information about the many special activities and volunteer opportunities supported by the club. No reservations is required.

For more information about the function as well as eligibility guidelines, visit [www.robinsosc.com](http://www.robinsosc.com) or send an e-mail to [robinsosc@gmail.com](mailto:robinsosc@gmail.com).

**RECRUITMILITARY CAREER FAIR**

A free hiring event for veterans, personnel transitioning from active duty, Reserves, Guard and military spouses will be hosted by RecruitMilitary, the Presidents National Hire Veterans Committee, the American Legion, and the Military Spouse Corporate Career Network at the Georgia International Convention Center in Atlanta Aug. 27 from 11 a.m. to 3 p.m.

For more info or to register as a job-seeker, visit [www.recruitmilitary.com](http://www.recruitmilitary.com)

# “See Me, Save Me” campaign takes safety message on the road



U.S. Air Force photo by RAY CRAYTON

Motorcyclists line up at the Museum of Aviation Aug. 6 for the third “See Me, Save Me” motorcycle safety ride. The ride carried its message to a wider audience than previous rides, making a trek to Perry, Fort Valley and Byron before returning to Warner Robins. Approximately 175 bikes were part of the four-city procession.



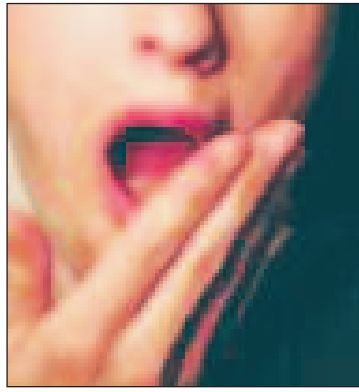
U.S. Air Force photo by CLAUDE LAZZARA

Donn Johnson, senior motorcycle safety instructor at Robins, conducts a safety briefing before motorcyclists begin the ride, which was aimed at raising vehicle operators' awareness of motorcycles on the road.

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## CRITICAL DAYS OF SUMMER

# Fatigue: an avoidable risk

Fatigue is the condition of a person's mind and body, and how it affects that person's response to everyday activities.

Fatigue may be caused by a combination of factors including inadequate rest, sleep loss and/or disrupted sleep, displaced biological rhythms, excessive physical activity or mental and cognitive work, as well as stress.

In today's fast-paced society, people are working longer hours in order to keep up with the demands and responsibilities of raising a family and running a household. For many, eight hours of sleep is a luxury, and more of us simply try to get by with less sleep.

Without sufficient sleep, decision-making, thinking and information processing, memory, reaction time and concentration all deteriorate. As a result, people who are sleep deprived may become easily distracted, experience slowed responses, find it difficult to visually focus, yawn frequently, become irritable, and are more apt to make frequent mistakes.

Particularly dangerous is the inability to judge one's own level of fatigue. Fatigue can greatly impair a driver's ability to drive and maneuver safely, and may be demonstrated by, among other things: random speed variations, erratic shifting, inappropriate braking, lane drifting, failure to obey traffic signs, reduced awareness of surroundings, and a tendency to tailgate.

Extreme fatigue can result in brief episodes of "nodding off," or micro-sleeps.

The episodes are marked by a blank stare, head snapping, prolonged closing of the eyes and/or an attention loss of 5-20 seconds, during which time the hazards of the road are not recognized. Traveling at 60 miles an hour, a vehicle can travel more than 400 feet during a five-to six-second period.

When cruise control is activated, the vehicle will not even slow down during this time. A driver is unaware of the episode until the head snaps forward or, worse yet, the episode results in a crash.

Regardless of motivation, professionalism, training or pay, a person who is fatigued can lapse into sleep at any time, even when behind the wheel.

Nearly as important as the proper number of hours of sleep is the number of hours a person has been awake. The ability to function properly begins to drop by the 13th hour of being awake, and declines as time progresses.

Research shows that by the 17th hour, people perform driving tasks as if they had a blood alcohol concentration of .05; by the time a person hits the 24th hour, driving task performance mimics a blood alcohol concentration of .10.

There is no substitute for adequate sleep.

You cannot "catch up" by sleeping longer later. Performing one's job while fatigued is an unacceptable risk. Ensure adequate rest, especially when performing any high concentration task such as operating a motor vehicle.

The life you save may be your own.

— 78th Air Base Wing  
Safety Office

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