

THE ROBINNS REV-UP

PROUDLY SERVING THE COMMUNITY SINCE 1954

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Robins Air Force Base, Ga.



U.S. Air Force photo by SUE SAPP
Col. Jim McClain, 78th MDG commander, shows off the group's certificate for successfully completing the Health Services Inspection.

78th MDG earns high ratings in week-long inspections

BY HOLLY L. BIRCHFIELD
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The 78th Medical Group is celebrating after receiving the results from two recent inspections. The group, which underwent the Accreditation Association for Ambulatory Healthcare and the Health Services inspections Aug. 13-17, came out as one of just two Air Force medical treatment facilities to earn a score of 93 in the last two years on the HSI and has high hopes for a full three-year accreditation for the AAAHC.



Ten HSI inspectors came from Kirtland Air Force Base, N.M., and three AAAHC inspectors came from areas nationwide to conduct the week-long inspections. Two over-the-shoulder observers, one from Wright-Patterson AFB, Ohio, and one from Brooks City-Base, Texas, joined the group in the inspection process. Lt. Col. Lola Casby, chief nurse executive in the 78th MDG since July 2006, said the AAAHC inspection is held once every three years and is conducted by a civilian agency that ensures the attainment of high-quality care in an organization providing healthcare

services in an ambulatory setting. The HSI, which is also conducted every three years, is an inspection given by an active-duty agency that assesses the ability of the Air Force medical units to fulfill their peace-time and war-time missions, Colonel Casby said. Col. Jim McClain, 78th MDG commander since June 2006, said the AAAHC inspection assesses the medical group's ability to meet medical and clinical standards nationwide. "One area the AAAHC looks at is standard of care," he said. "In other words, they make sure the 78th MDG is meeting the

► see MDG, 2A

Need help ... get in the zone

Advances to 6-HELP yield single access to computer, communications support

Currently customers needing communications and computer support must either know the unique phone number for their Zone help desk or call 6-Help and navigate through a complex menu system. Effective Sept. 10, all Zone help desks and other communications computer support will be made available through a simplified 6-HELP menu that directly routes the customer to experts who are ready to assist them.

The single phone number is a critical element in the continued transition to an enterprise approach to delivering customer service. Regardless of the customer's issue or problem, there will be a single integrated source of service for all customers. This support cell will be known as the Enterprise Service Center and will serve as the gateway to all communications and computer personnel.

It will not impact the current zone support strategy but will simply integrate the zone support phone numbers into a single number and provide navigation to them. Customers not currently supported by a zone help desk will be provided support through this number as well.

Additional features include announcements of real-time outage

information such as network failures and e-mail issues with expected return to service times. This will eliminate the need for users to open trouble tickets on base-wide outages. Users may also inquire about the status of trouble tickets. The present web-based service, deemed IT Central, also remains available at <https://itc.robin.af.mil/itc> to provide customers the full range of help desk support.

Overall, the help desk plays a vital role in providing support for the needs of computing systems users. The consolidation of the multiple help desk numbers into one, easy-to-remember phone number is a positive step as we move forward in our information technology modernization efforts.

How Do You Get Computer Support?



Call 6-HELP (6-4357) or click on the 'blue star' icon located on your desktop to submit a trouble ticket.

If the icon is missing, connect to <https://itc.robin.af.mil/itc>

— Information courtesy WR-ALC Information Technology.

Robins honorary commanders inducted



U.S. Air Force photo by SUE SAPP

Maj. Gen. Tom Owen, WR-ALC commander, presents a certificate of appointment to Lowell Register, Register Communications, as he is inducted as honorary commander for Col. Theresa Carter, 78th Air Base Wing commander. The Honorary Commanders Program emphasizes informal, one-on-one relationships between local community leaders from Warner Robins, Macon, Perry, Peach County, Hawkinsville, Cochran, Eastman and Dublin partnered with senior leadership at Robins Air Force Base. See page A2 for a list of all honorary commanders.

Senator visits Robins



U.S. Air Force photo by SUE SAPP

Col. Dennis Daley, 402nd Electronics Maintenance Group commander, Senator Saxby Chambliss (R-Ga) and Maj. Gen. Tom Owen, WR-ALC commander, enter Bldg. 640 Tuesday. Senator Chambliss visited the installation for briefings and the latest updates on Robins' issues. He was also the guest speaker for the 2007 Georgia Chamber of Commerce Congressional Luncheon in Perry.

Robins, Houston County Pandemic Influenza Planning Committee plan for possibility of a flu pandemic

BY 1ST LT. SEQUOYA LAWSON
sequoia.lawson@robin.af.mil

Public health officials everywhere are telling people to put their face in their sleeves – that is, if they have to sneeze or cough.

"Everyone's been taught to cover their mouths with their hands, but what goes on your hand gets on everything you touch," said Jennifer Jones, public information officer for the North Central Health District, which spans 13 counties including Houston. "Even schools are teaching children to use their sleeve (when they cough or sneeze) if they don't have a tissue."

This is a good tip, especially during the normal flu season, which is typically between November and March, but also for an unexpected event such as a flu pandemic.

A flu pandemic occurs when a new strain of influenza appears that can infect and spread easily among humans and can cause serious illnesses, said Ms. Jones.

A flu pandemic can occur during any time of the year and since it could take several months to develop and distribute a vaccine for a new strand of influenza, there could be significant interruptions to daily life in

a community.

Since dealing with a flu pandemic in the local area would require coordination with several on base and off base agencies, Robins has teamed with the Houston County Pandemic Influenza Planning Committee to help inform and prepare the public for the possibility of a flu pandemic.

The Robins Public Affairs office is a part of the media task force led by Mary Therese Tebbe, executive director of the 21st Century Partnership, an advocacy group for Robins.

"The question is how do we prepare when, not if, a flu pandemic occurs," said Ms. Tebbe, adding that her goal is to make sure local media develop a plan on how to spread accurate information quickly throughout the local area.

Ms. Jones said public health officials want people to plan not panic, since Middle Georgia is not currently experiencing a pandemic flu outbreak.

"Planning now is the best thing families can do to be prepared in the event of a flu pandemic," said Ms. Jones. "People can prepare by keeping non-perishable foods and non-prescription drugs on hand, as well as planning how to care for a loved one if they get sick."

► see FLU, 2A



THINK SAFETY

Always Against Drunk Driving

222-0013

To request a ride, call 222-0013, 335-5218, 335-5238 or 335-5236.

Total rides given this year: 443

Days without a DUI: 40

Last DUI: 78th Civil Engineer Squadron – courtesy 78th SFS Reports and Analysis Section

THE TWO-MINUTEREV

Town hall meeting

The Team Robins Town Hall Phase II Housing Privatization Partnership briefing will be Monday and Tuesday. The meetings will focus on what base housing residents need to know for the transition such as who they will pay for housing, who they will call for maintenance, etc. Monday at the Base Theater, 9 to 10 a.m. and Tuesday at the

Base Theater, 5 to 6 p.m.

Quarterly Awards

The Robins 2nd Quarter Awards Ceremony will be Thursday at 2 p.m. in the Museum of Aviation Century of Flight Hangar. Outstanding civilian and military performers will be recognized. Come congratulate their stellar achievements. For more information, call Master Sgt. Evelyn Porcher at 926-0792.

INSIGHT

Training Day

Warrior Air Base is training ground for Robins Airmen, 1B

HONORS

Job well done

Nine 402nd EMXG workers receive 40-year service pins, 5A

SPORTS

Casting call

Local fishermen take time out to teach Robins' future fishermen, 4B

WEATHER FORECAST

TODAY 93/72

SATURDAY 94/72

SUNDAY 93/71

MDG

Continued from 1A

national standards when they do any kind of procedure, treatment, or have any interaction (with patients)."

The colonel said safety, population health and meeting customers' needs are other large factors in the AAAHC inspection.

Colonel McClain said the HSI is part of the Air Force Inspection Agency which makes sure the medical group meets all of the criteria, some clinical and some not, with the focus of ensuring the medical group is meeting its home station and war-time missions, to include homeland security.

The colonel said several factors are considered in the HSI as well.

"On the HSI side of the house, they look, of course, at similar clinical situation dynamics," he said. "They look at our Public Health office, bioenvironmental engineering, medical readiness, training and individual medical readiness."

Colonel McClain said the group is also rated on a scale from zero to four for its level of compliance in different areas.

"Another very exciting piece to this for the HSI is that each area they evaluate can get a score from zero to four," he said. "A zero basically means that you had a programmatic failure, which is very bad. A four means that you are fully compliant. What's nice to know is that of all of the inspection areas, we received only fours and threes."

Colonel McClain said it's rare for a medical treatment facility to not receive any ones or twos, which strengthens the 78th MDG's excellent rating.

Both inspections take a thorough look at the medical group's facilities which span five physical locations on base, Colonel McClain said.

"The inspection looks at every aspect of our operations," he said. "There is really no area that doesn't have some area of



U.S. Air Force photo by SUE SAPP

Vernon Charles, medical technologist, prepares to do a complete blood count in the 78th Medical Group lab.

focus. What's important to note is that there are over 700 specific criteria that the inspectors look at. Within those 700 criteria, there are over 1,700 specific testable details. So, it's a very comprehensive inspection, very complex, very dynamic."

The 78th MDG earned 93 out of a possible 100 points in the HSI, giving the medical group an "excellent" rating in the inspection. Colonel McClain said the score was a rare feat for any Air Force medical treatment facility.

"On the HSI, we're very proud that we scored a 93 out of 100 possible points, which is the highest rating in the 'excellent' category," he said. "(If we had) scored a 94, it would've been an 'outstanding.' Actually, excellent (ratings) are hard to get."

Col. Steven Fenzl, Air Force Inspection Agency team chief, said he doesn't recall giving an 'outstanding' rating for about three years.

While the civilian team doesn't leave a definitive score for the AAAHC inspection for the medical group, the 78th MDG commander is highly confident that the group will earn a full three-year accreditation once it receives its AAAHC inspection report in about 45 days.

Colonel McClain said his team worked for about a year to prepare for the massive inspections, and that hard work has

now paid off.

"Obviously, everyone in the 78th MDG is very, very excited about the results we've received," he said. "We believe it's a huge recognition for the hard work and dedication that's gone on, not just within the last year, but for the last three years in this unit. Everyone is very excited. We're going to use this now to become even better in the future."

Colonel McClain said the medical group's performance is a springboard for developing even more long-term sustainment of its quality practices.

Colonel Casby said the team couldn't have achieved great ratings without the teamwork that is characteristic of the group.

According to Colonel Fenzl, the 78th MDG's score was the highest the inspection team had given to date in 2007 out of 19 Air Force medical treatment facilities that have been inspected so far.

Colonel McClain said he hopes the group is as proud of their work as he is.

"I am personally proud of every member of the 78th MDG for their dedication and commitment to providing quality healthcare to our beneficiaries," he said. "It excites me to know that we have such a wonderful team of professionals at the 78th MDG."

COMMANDERS

Continued from 1A



U.S. Air Force photo by SUE SAPP

The Warner Robins Air Logistics Center Honorary Commanders Program Induction Ceremony was held Aug. 20 at the Museum of Aviation. Above from left to right, Maj. Gen. Tom Owen, WR-ALC commander, presents a certificate of appointment to Dr. Larry Rivers, Ft. Valley State University president, as he is inducted as honorary commander for Col. Mark Atkinson, 402nd Maintenance Wing.

WR-ALC 2007-09 Honorary Commanders

Brother Stewart - WR-ALC
Chuck Shaheen - WR-ALC
Lowell Register - 78th ABW
Tom Gibbons - 78th MSG
David Thompson - 78th CEG
Skip Phillips - 78th MDG
Willie Talton - 78th SFS
Ken Mullis - 78th CIG
Neal Talton - 330th ASW
Janice Tarr - 330th ACSG
Phil Thacker - 730th ACSG

Bobby Pope - 830th ACSG
Josh Fenn - 580th ACSG
Skip Dawkins - 560th ACSG
Larry Rivers - 402nd MXW
Ron Natale - 402nd AMXG
Kenna Scragg - 402nd MXSG
Phyllis Morgan - 402nd
EMXG
Megan Smith - 402nd CMXG
Beth McLaughlin - 402nd
SMXG

Chad Nora - 542nd CSW
Kathryn Fisher - 542nd
CBSG
Shaw Blackmon - 762nd
CBSG
Terry Tiller - 742nd CBSG
Brandy Perry - 642nd CBSG
Stephan Holcomb - 752nd
CBSG
John McCune - 782nd CBSG

END-OF-YEAR RETIREMENT PROCEDURES

If you are planning to retire at the end of December or the beginning of January, please call your servicing retirement specialist no later than Oct. 12 in order to have your retirement application prepared in a timely manner. This does not apply if you are planning to retire by Nov. 2 if you are approved for the upcoming VERA/VSIP offer. Employees who are approved for VERA/VSIP will be contacted separately for retirement counseling.

Once you officially notify your Retirement Specialist, you will be provided a complete retirement application package and scheduled for a group retirement session. You will be expected to bring your completed application package to this session. Due to experiencing a large influx of retirements at this time each year, all retirement group sessions for the end-of-year retirements will be scheduled in the month of November.

In submitting your application by this date, everyone is ensured ample time to process your retirement application, thereby greatly reducing the chances of a delay in receipt of your retirement pay. You may contact your servicing retirement specialist, Cheri Coklow, 327-4484, Cheryl Perry, 926-2751 or Colleen Jones, 327-4014.

Robins officer comes up BIG in life, career

BY SENIOR AIRMAN PAUL ROSS
116th Air Control Wing Public Affairs

A navigator with the 128th Airborne Command and Control Squadron received the 2007 Blacks in Government Meritorious Service Award Aug. 17 in Nashville, Tenn.

Lt. Col. Joseph Richardson accepted the award given annually to a military member and Department of Defense civilian employee who have distinguished themselves through significant contributions to their service, the advancement of African Americans and the nation.

"An award like this is a reflection that I'm part of a core of people who are out there doing something beyond rhetoric," said the colonel, a 128th ACCS director of operations and E-8C Joint STARS navigator.

The BIG award focuses on the contribution to the war on terrorism, support for the community, Colonel Richardson said. It also focuses on mentoring individuals in the African-American community, helping facilitate their pursuits of aviation and engineering careers, and helping with professional development.

Colonel Richardson is actively involved with the community through an organization that introduces students to the field of

aviation.

"The organization is called Aviation in Schools Inc.," he said. "This will be our sixth year of aviation week in which we go to Memphis city schools and hold general assemblies. We have people from the Memphis communities who are involved in all facets of aviation — military members, flight attendants, aircraft mechanics, national weather people, FedEx pilots or navigators.

"We go in and do about a 45-minute presentation. The most important thing that we do is we go into these schools and give them a visual representation that they can touch," Colonel Richardson said. "We give them someone who is personally involved in aviation. We tell them what we do, why we like what we do and how we got to where we are."

The colonel sees himself as an example of everything the Air Force has to offer.

"I'm a walking advertisement, a billboard and a speaking poster of the opportunities the Air Force has to offer," Colonel Richardson said. "Look around you and see the blessings, the opportunities and the privileges that are yours by being a part of the greatest air and space force in the history of mankind. Take advantage of them to grow and

develop and go out and tell people about them."

He said he feels it is every military member's job to inspire those who need guidance.

"There are people out there that don't know what they want to do," Colonel Richardson said. "They are looking for guidance, for direction. You may go out and speak to 50 kids and you'll see that one C student with a glimmer in his eye who will say, 'That's it. That is how I can become a positive member of society and contribute to my country.' You've got to reach that one student."

Through the Air Force, the father of three has learned the importance and necessity of diversity.

"It's very important because our strength as a military is in our diversity," Colonel Richardson said. "Our diversity is something that needs to be celebrated. It is more than just a nice thing to do, it is more than just a pat on the back for minorities — it's a readiness issue. If we don't have incentives to keep our military diversified, it will affect our readiness. We have to make the military the model of inclusiveness and show how great we can all be when we celebrate our differences and bring them together for the greater good to the rest of society."

FLU

Continued from 1A

Patricia Tooley, with the health flight at Robins, said precautions can be taken to avoid getting the flu.

"Washing your hands after you eat, use the restroom or shake hands with people are a few universal health precautions people can take to prevent the spread of germs," she said.

Ms. Tooley is a part of the health care team on the influenza planning committee which is currently working to develop a plan on how to provide health care to the local communities in the event of a flu pandemic, which would present a significant challenge because services would still be needed for emergencies and typical health issues in addition to caring for those who become sick with the flu.

Despite better health care and greater ability to manufacture vaccines, new risks have developed with increased global travel and the threat of bioterrorism. According to data from the NCHD, up to 35 percent of the population will catch the flu during a flu pandemic.

For more information on

pandemic flu and how to prepare for its possibilities, visit www.pandemicflu.gov or www.northcentralhealthdistrict.com, or call the North Central Health District Office of Emergency Preparedness at 478-751-3029.

To plan for a pandemic:

- ▶ Store a two-week supply of water and food. During a pandemic, if you cannot get to a store, or if stores are out of supplies, it will be important for you to have extra supplies on hand. This can be useful in other types of emergencies, such as power outages and disasters.
- ▶ Ask your doctor and insurance company if you can get an extra supply of your regular prescription drugs.
- ▶ Have nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes and vitamins.
- ▶ Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.
- ▶ Volunteer with local groups to prepare and assist with emergency response.
- ▶ Get involved in your community as it works to prepare for an influenza pandemic. - North Central Health District

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SUBMISSION GUIDELINES

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Submissions must be received by 4 p.m. the Monday prior to the requested Friday publication. They should be e-mailed to lanorris.askew@robins.af.mil. Submissions should be of broad interest to the base populace. If there are further questions, call Kendahl Johnson at 222-0804.

DELIVERY

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For advertising information, call The Telegraph advertising department at (478) 923-6432.

CLASSIFIEDS

To place a classified ad, call The Telegraph at (478) 744-4234.

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To read articles online, visit www.robins.af.mil/library/rev.asp

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State commissioner gets first-hand view of ALC



Ed Montano, 562nd Aircraft Maintenance Squadron director, briefs Kenneth C. Stewart, Georgia Commissioner for Economic Development, in a C-17 hangar as Donna Ethridge, 562nd AMXS deputy director and Maj. Gen Tom Owen, WR-ALC commander, look on during a tour for Mr. Stewart Aug. 14. The tour allowed the commissioner to get a first-hand look at the inner workings of an air logistics center.

U.S. Air Force photo by SUE SAPP

Reimbursement of SGLI premiums to Airmen in the AOR

Congress has added a benefit for individuals who have deployed or are deploying by paying their SGLI premium (retroactive to Nov. 1, 2006). The amount of the reimbursement is equal to the coverage selected by the member. Below is a list of frequently asked questions to assist those affected:

How much SGLI coverage will be paid for by the government for eligible members?

Section 606 of the National Defense Authorization Act for fiscal 2007 (Public Law 109-364) provides that the Secretary concerned shall pay a monthly allowance to a member of the armed forces in an amount equal to the deduction made under section 1969(a)(1) of title 38, United States Code, for up to \$400,000 of SGLI coverage held by the member while serving in the theater of operations for Operation Enduring Freedom or Operation Iraqi Freedom. This change is retroactive to Nov. 1, 2006.

Who will be affected?

By law, anyone in the service (with SGLI coverage) on Nov. 1, 2006 and deployed to the OEF or OIF area of responsibility will be provided an allowance equal to the deduction to the SGLI coverage in effect up to the maxi-

mum \$400,000 of coverage. Members who previously elected no coverage will not qualify for this new program unless they request and are approved for increased SGLI coverage.

What are the premiums?

The monthly SGLI premium is \$3.25 per \$50,000 of coverage (\$3.50 per \$50,000 effective July 1, 2006); therefore, the monthly premium for \$400,000 of SGLI coverage is \$28.00. The SGLI premium amount will be increased by \$1 for Traumatic Servicemembers' Group Life Insurance, which is automatically extended to any member covered by SGLI. Therefore the maximum amount that may be refunded is \$29 per month.

I'm getting ready to deploy. How will DFAS handle my premiums?

DFAS will periodically review pay records and identify members who are eligible to receive reimbursement. Due to the retroactive nature of reporting entitlements like combat zone tax exclusion, the plan is to process the reimbursements based upon quarterly reviews.

I'm already deployed or was deployed on or after Nov. 1, 2006. How do I get reimbursed for any SGLI premiums paid during my

eligible months of deployment up to \$400,000 coverage?

As indicated above, DFAS will periodically identify eligible members and reimburse based upon the information on your pay record.

Will I need to fill out a new SGLI form?

You will only need to fill out a new form if:

► You want to increase your coverage (along with SGLV 8285).

► You want to decrease your coverage.

► You want to completely decline coverage.

► You want to update/change your beneficiary designation(s).

► Your existing designation of beneficiary and the amount each beneficiary is to receive remain in effect until a new SGLV 8286 (July 2006) and SGLV 8285 (September 2005) is properly completed.

I'm about to deploy and want to start or increase my SGLI coverage to take advantage of the \$400,000 SGLI premium coverage by the government. Where can I find the SGLI form?

You may visit your MPF customer service section to complete a SGLV 8285, Request for Insurance and an SGLV 8286, Servicemembers' Group Life

Insurance Election and Certificate. You may also visit DVA Web site (www.insurance.va.gov) to obtain the forms and when completed, you must turn the form into your MPF Customer Support for processing.

Will this new program affect the Family Servicemembers' Group Life Insurance?

No. These changes will not affect coverage under FSGLI. It will continue under previously existing rules.

What actions will be performed by Personnel (MPF, CSS or PERSCO)?

The completed form SGLV 8286 serves as the basis for recording your SGLI coverage and any appropriate payroll deductions. An authorized agent of the Uniformed Service must witness the signature of the servicemember. This representative must sign his or her name below that of the servicemember and should include the date he or she received the form. This form, properly completed, is authority to a payroll office to initiate or change the deductions for insurance premiums if the amount of insurance is changed or cancelled. Two copies of the form will be filed in your personnel record.



Col. Theresa Carter
78th Air Base Wing
commander

Commander's Action Line

Action Line is an open door program for Robins Air Force Base personnel to ask questions, make suggestions or give kudos to make Robins a better place to work and live.

Remember that the most efficient and effective way to resolve a problem or complaint is to directly contact the organization responsible:

- Security Forces 327-2113;
- 78th Support Group service desk 926-3733
- 78th Mission Support Group commander 327-7331
- Comptroller 926-4462
- Communications Squadron help desk 926-4357
- Civilian Personnel 222-0667
- Household Goods 222-0114
- SARC 327-7272
- Vehicle Dispatch 926-3493
- Services Division 926-5491
- EEO Office 926-2131;
- MEO 926-6608
- Employee Relations 926-5802
- Military Pay 926-3777;
- Civil engineering 926-5657
- Safety Office 926-6271
- Housing Office 926-3776

This gives the organization a chance to help you, as well as a chance to improve their processes.

To contact the Action Line, call 926-6203 or for the quickest response, e-mail one of the following addresses: If sending from a military e-mail system select, Robins Commanders Action Line from the Global Address List.

If sending from a commercial e-mail account, use action.line@robins.af.mil.

Readers can also visit <https://www.mil.robins.af.mil/actionline.htm>.

Please include your name and a way of reaching you so we can provide a direct response.

Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up. Anonymous action lines will not be processed.

Smoking Areas

I am wondering why there is smoking allowed at most of the access points to Bldgs. 300 and 301? I am a former smoker and I sympathize with the smoker as much as anyone but it took me many years to quit and now I am subjected to walking through one smoking area after another, first to get to my office and then to go from building to building. I thought the gazebos placed away from the buildings were a good idea but there are too few of them. Are there any plans to expand the gazebo ideas?

Colonel Carter's Response:

Thank you for your concern. I am concerned about the health and welfare of our employees as well as the rights of all. On June 25, 2001, an agreement between AFGE 987 and Robins approved 18 designated tobacco use areas divided equally between Bldgs. 300 and 301. These areas are clearly marked on the ramps to offer some protection from the elements for the tobacco users and away from windows and doors to protect the nonsmokers. Smoking is prohibited in the inside hallways, foyers and entrances. In addition the doors and routes from one building to the other are not to be used by tobacco users as smoking areas. If tobacco users are not using the designated areas, please report this immediately to your management.

The WR-ALC Tobacco Use Policy letter dated November 30, 2006 specifically addresses the smoking policy on Robins. It also encourages the use of cessation programs. The Air Force does not encourage the use of tobacco, therefore it's not planned to provide gazebos for the purpose of smoking shelters. Should you have a question concerning AF1-102 or the Master Labor Agreement as they relate to tobacco issues, contact the Labor relations office at 926-7781.

Common sense: driving drowsy just not smart

After a long day at work, you are too excited to wait an additional day before starting your trip to go see your family. It's your leave, so why should you waste time sitting at home? You load up the car, fill up with gas and hit the road; the drive's only a few hours. The drive begins as planned — you make it to the highway, bring your car up to speed and then hit cruise control.

During the drive, you feel a little drowsy so you sip on an energy drink and press on. Next thing you know, you're waking up, but not in your bed. You're still behind the wheel. You watch yourself drive through a turn and into a field, the car spinning and grass flying up all around, before the car comes to a stop just shy of

a 15-foot drop into a creek.

After I stopped screaming and pried my white knuckles off the steering wheel, I assessed the situation.

This was my story in 2001 as a young senior airman, looking forward to weekend drives from Oklahoma to East Texas to see my girlfriend. Luckily, I was able to walk away with nothing but a bruised ego and a banged up car. My passenger was also unhurt. Many people aren't so lucky.

According to the U.S. National Highway Traffic Safety Administration, driving drowsy is just as dangerous as drinking and driving. Each year, roughly 100,000 police-reported crashes are the direct result of driver fatigue. This

works out to be an estimated 1,550 deaths, 71,000 injuries and \$12.5 billion in monetary losses.

Those numbers sound staggering but most safety officials claim they may be low because it is difficult to attribute automobile accidents to sleepiness.

When an individual has been awake for at least 18 hours, research shows that it impairs the body equal to a blood alcohol concentration of .08, and .10 after 24 hours; in the U.S., .08 is considered legally drunk.

As NCOs, it's important to pay special attention to our younger Airmen. According to the Children's Hospital of Philadelphia Web site, young people 16 to 29 years of age

are the most likely to be involved in crashes caused by the driver falling asleep.

We all need to make sure that the people around us are aware of the dangers of driving drowsy, and take proper precautions.

It's extremely vital to ensure our Airmen, as well as ourselves, have the proper amount of rest before starting any drive, and if we feel sleepy, to do the right thing and pull over. Get some fresh air, stretch or take a nap. Do whatever it takes to make sure we are safe on the road.

Take it from me, driving drowsy is just not worth it.

— This commentary was written by Tech. Sgt. Larry W. Carpenter Jr., 92nd Air Refueling Wing Public Affairs.

WORKING OVERTIME

Nine 402nd EMXG workers earn 40-year service pin

BY HOLLY L. BIRCHFIELD
hollybirchfield@robins.af.mil

Some civil service employees are anxious to retire after 30 years. But, others just can't seem to call it a day.

Nine civilians from the 402nd Electronics Maintenance Group put in 40 years of federal service as of mid-August, and six were recognized during a breakfast ceremony Aug. 16.

Each employee was presented with a 40-year service pin, a 402nd EMXG coin and a certificate of service to commemorate the occasion.

Images and sounds of days gone by splashed on a screen and played softly in the background of the momentous day of recognition in the 402nd EMXG Auditorium in the Avionics Complex in Bldg. 640.

The tradition of recognizing 402nd EMXG members who have invested 40 years in their civil service careers began in 2006. It's a custom that Col. Dennis Daley, 402nd EMXG commander, hopes will continue long after he moves on.

Colonel Daley said the 40 years of service given by the select group of members reflects the dedication of all in the 402nd EMXG.

"The service of our entire EMXG workforce meeting our nation's call is symbolized by this year's 40-year members," he said. "The 402nd EMXG places great emphasis on the 40-year award ceremony not only for the 40-year members, but also the entire workforce. It is truly a celebration for the entire organization."

Richard McGhee, an electronics mechanic in the 402nd EMXG who has spent 37 years in civil service, served in an active-duty military career for three years and served 27 years in the reserves, said he appreciated the group's gratitude.



U.S. Air Force photo by SUE SAPP
Left to right, Randall Parsons, Charles Manning, Richard McGhee, George Layfield, and John Hill were honored at a breakfast and ceremony Aug. 16 to celebrate their 40 years of service. Also receiving 40-year recognition were Oris Darsey, James Gordon, Michael Putnam and William Rowland.

"I think it's real nice," he said. "It gives the younger people some incentive to try and stay and work in civil service and see what the reward would be after 40 years of service."

While colleagues and friends reminisced about the veteran civil servants' accomplishments and history at the base, long-time employees like Randall Parsons, a radar supervisor in the Avionics APQ-122/APS-133 Radar Shop in the 402nd EMXG didn't understand what all of the fuss is about.

"I'm kind of a private individual," he said. "I'm dedicated, and I don't expect a lot for what I do. I just come in and do my job and do it well."

Of course, the 60-year-old Tazewell, Va., native hasn't always worked in the same job. In fact, he has had many since starting his civil service career April 19, 1971.

Mr. Parsons, who served as a military member for two years at Robins before signing on to his civil service career, started out as a radar repairman with a hourly wage of \$3.70.

Since then, Mr. Parsons has

touched many parts of Robins' mission.

"(There have been) numerous high points (in my career)," he said. "I've served as an electronics mechanic for 14 years in avionics, a computer specialist for four years in distribution and supply and served as a supervisor and branch chief for (distribution and supply) and the Defense Logistics Agency for 11 years, and I spent another seven years as a supervisor back in avionics."

Mr. Parsons said he has enjoyed the travel and the part he has played in important missions. "I've progressed and grown along with Robins over these years. I've become part of the fabric of this base and have come to realize how very important Robins' mission is in the free world," he said.

A lot can change in four decades; just ask Charles Manning, an electronic management equipment mechanic inspector for the Precision Measurement Equipment Lab in the 402nd EMXG.

Mr. Manning came to Robins almost 37 years ago after being laid off from Brookley Air Force

Base, Ala., in early 1970.

"I have enjoyed my career in service for the Navy and the Air Force for almost 42 years," he said. "I cannot believe that it has been that long. I have seen a lot of changes in that time, most for the better."

George Layfield, an electronic technician in the 402nd EMXG who has worked at Robins for 40 years in various capacities, said from the Cold War Era preparedness to regional conflicts and the war on terrorism, he has seen many changes come about in his time here.

Colonel Daley said through all of the changes that have come to pass, his group has remained faithful to its mission.

"Over their 40 years of long and dedicated service, the Class of 1967 has seen major changes in our Air Force programs, processes, and people," he said. "But one factor was constant: the sense of patriotism that the Middle Georgian workforce brings to the workplace each and every day. That is true for the Class of 1967 as well as the Class of 2007 and all of those in between."

VOLUNTEERS BEING CONSIDERED: In compliance with the BRAC Supply, Storage and Distribution recommendation, the Air Force is transferring existing functions to DLA in place of identified employees. This transfer will take place mid-October. Volunteers who are currently in the following Pay Plan/Series/Grade will be considered:

GS 301 11 Process Analyst	GS 2003 9 *Supply Systems Analyst
GS 301 11 *Program Mgmt Specialist	GS 2003 11 *Supply Systems Analyst
GS 301 11 Mgmt Support Specialist	GS 2005 7 *Supply Technician
GS 301 12 Process Analyst (Lean)	GS 2010 9 *Inventory Mgmt Specialist
GS 318 5 Secretary (OA)	GS 2010 11 *Inventory Mgmt Specialist
GS 318 6 Secretary (Office Automation)	WG 6910 5 Materials Expediter
GS 326 5 Office Automation Assistant	WG 6910 7 Materials Expediter
GS 343 9 Management Analyst	YA 80 2 Security Specialist
GS 343 11 *Program Analyst	YA 2010 2 Supv Inv Mgmt Specialist
GS 343 11 Mgmt & Program Analyst	YA 343 2 Mgmt Analyst (Resource)
GS 344 7 Management Assistant (OA)	YC 343 2 Supervisory Mgmt Analyst
GS 501 11 Financial Mgmt Specialist	YC 2001 2 *Supv Supply Analyst
GS 1712 11 Training Specialist	YC 343 2 *Supv Mgmt Analyst
GS 1910 11 Quality Assurance Specialist	YC 2003 2 *Supv Supply Mgmt Analyst
GS 2001 11 *General Supply Specialist	YC 2010 2 *Supv Inv Mgmt Specialist

* — requires knowledge of depot maintenance supply and automation systems. Volunteers must be accepted for transfer by the gaining organization. Volunteers will be reassigned to a position, slated to transfer, in their same pay plan/series/grade. To volunteer for transfer, complete the form and return to WR-ALC/DP, Bldg. 376, Customer Service Desk. No volunteer forms will be accepted after Aug. 30. The form can be picked up at Bldg. 376, Customer Service Desk or printed at https://www.mil.robins.af.mil/dpc/DLA_Volunteer_Solicitation.doc.

Wage rate schedule change

The schedules shown below have been established under authority of DOD Directive 5120.39, dated April 24, 1980, subject to the limitations contained in CPM 2005-27, dated Dec. 21, 2006. Rates are established as required by 5 USC 5343(d), if applicable, and are to be applied in accordance with the provisions of 5 CFR Part 532 to all employees whose official duty station is located within the geographic boundary of the wage area definition.

WG-Rates					WL-Rates					WS-WD-WN Rates					WD-WN Pay Level	
1	2	3	4	5	1	2	3	4	5	1	2	3	4	5		
1	12.10	12.63	13.14	13.68	14.21	13.37	13.91	14.48	15.05	15.64	18.82	19.62	20.40	21.18	21.97	
2	13.22	13.73	14.34	14.87	15.42	14.57	15.17	15.77	16.40	16.99	19.58	20.41	21.22	22.04	22.85	
3	14.30	14.89	15.48	16.08	16.68	15.72	16.38	17.04	17.68	18.34	20.35	21.19	22.04	22.88	23.74	1
4	15.06	15.69	16.33	16.95	17.56	16.57	17.25	17.95	18.65	19.34	21.12	22.00	22.86	23.75	24.63	2
5	16.12	16.80	17.48	18.15	18.81	17.73	18.47	19.21	19.95	20.68	22.17	23.11	24.02	24.95	25.86	3
6	16.94	17.65	18.35	19.06	19.76	18.64	19.41	20.18	20.96	21.73	23.00	23.96	24.92	25.88	26.84	4
7	17.76	18.50	19.24	19.98	20.72	19.54	20.35	21.16	21.99	22.79	23.85	24.84	25.83	26.83	27.82	5 1
8	18.60	19.38	20.16	20.93	21.71	20.47	21.32	22.17	23.03	23.88	24.69	25.72	26.75	27.78	28.81	6 2
9	19.45	20.26	21.07	21.88	22.69	21.40	22.29	23.18	24.07	24.96	25.54	26.60	27.66	28.73	29.79	7 3
10	20.29	21.12	21.97	22.82	23.67	22.32	23.24	24.17	25.10	26.04	26.37	27.46	28.55	29.66	30.76	8 4
11	21.05	21.91	22.79	23.67	24.53	23.14	24.11	25.07	26.05	27.01	27.00	28.13	29.26	30.38	31.51	9 5
12	21.79	22.71	23.62	24.52	25.43	23.97	24.97	25.97	26.97	27.98	27.82	28.98	30.13	31.29	32.45	10 6
13	22.47	23.41	24.34	25.29	26.23	24.74	25.75	26.78	27.81	28.84	28.93	30.12	31.32	32.52	33.74	11 7
14	23.19	24.17	25.14	26.10	27.06	25.51	26.59	27.65	28.72	29.78	30.23	31.49	32.75	34.01	35.27	8
15	23.94	24.94	25.94	26.93	27.93	26.33	27.43	28.52	29.63	30.72	31.75	33.07	34.40	35.71	37.04	9

More information about the wage rate schedule is available at the Department of Defense Civilian Personnel Management Service Web site: <http://www.cpms.osd.mil>

WS-16	33.47	34.86	36.25	37.64	39.04
WS-17	35.40	36.88	38.36	39.84	41.31
WS-18	37.56	39.11	40.68	42.25	43.82
WS-19	38.82	40.44	42.06	43.68	45.29

Per rule change, AFRC now requires technicians to wear uniforms full time

When people visit an Air Force Reserve Command unit during a normal work week in the coming months, they are likely to see more people in military uniforms.

Air Force officials changed three instructions Aug. 7 to require all air reserve technicians to wear military uniforms rather than civilian clothes while working in civilian status. ARTs are full-time civilian employees who serve in the same job as Air Force reservists. They've been wearing uniforms when in military status.

ARTs at some locations are already wearing their uniforms all of the time at work. Others haven't started wearing their uniforms everyday because they have not been required to do so.

"We want our ARTs to be in uniform because we are integrating with the regular Air Force and Air National Guard throughout the Air Force," said Lt. Gen. John A. Bradley, AFRC commander. "Total force integration is changing how we interact with the rest



of the of the Air Force.

"Even before 9/11, the regular component depended on us to get the job done," he said. "That dependency is growing because we cannot afford to do business as usual. We need to consolidate our forces and capitalize on each other's strengths."

As examples of progress, General Bradley cited reservists preparing to fly F-22 Raptors with the regular Air Force in Alaska, reservists flying their own C-17 Globemaster IIIs in California and reservists standing up and managing a C-130 Hercules unit in North Carolina with an active associate unit.

"We are able to take on

new and challenging missions because of the skills and experience of our air reserve technicians," said Chief Master Sgt. Troy McIntosh, AFRC command chief master sergeant.

"Some technicians have told me they feel this uniform change is calling their military dedication or patriotism into question," said the chief. "That is not at all the case. Our technicians have proved themselves in the past and, I'm confident, they will continue to do so in the future."

General Bradley said the Air Force Reserve is entering a new era which is vastly different than 1958, the year the air reserve technician program was created.

"I believe wearing uniforms is an important step to being a full partner and an unrivaled wingman in today's Air Force," said General Bradley.

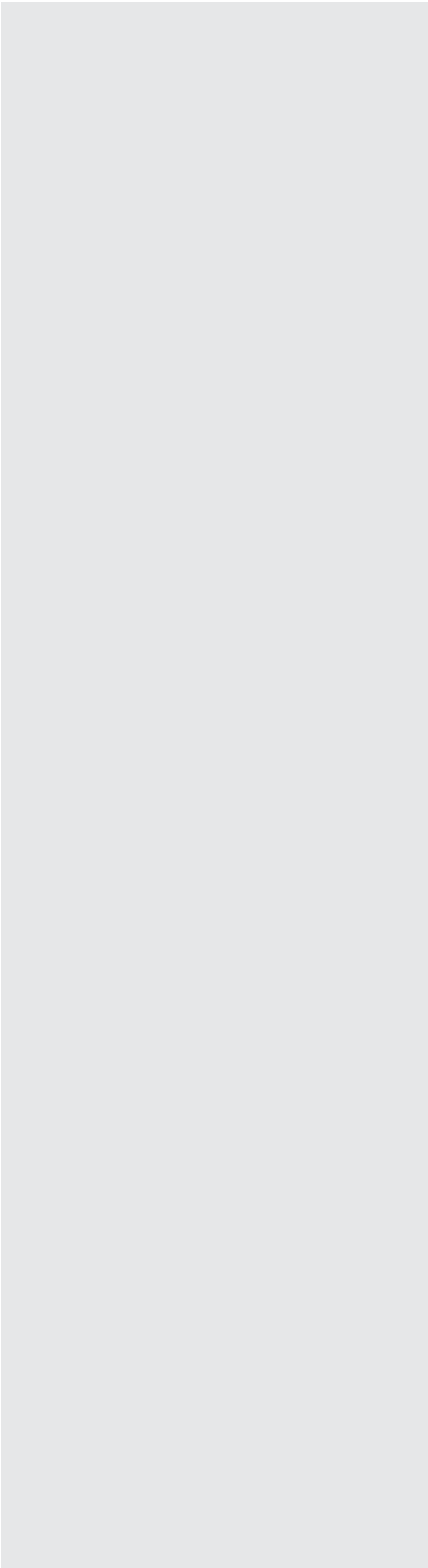
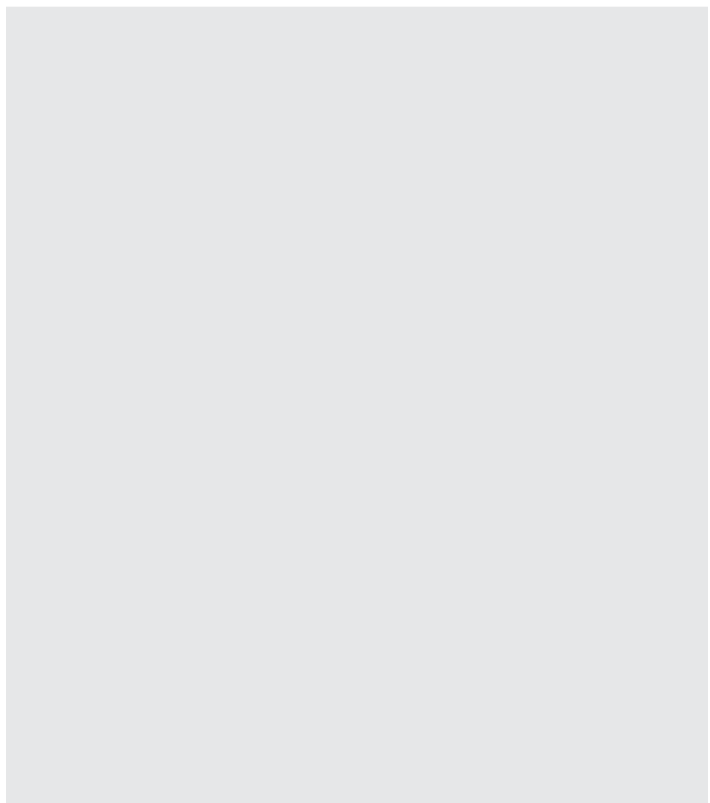
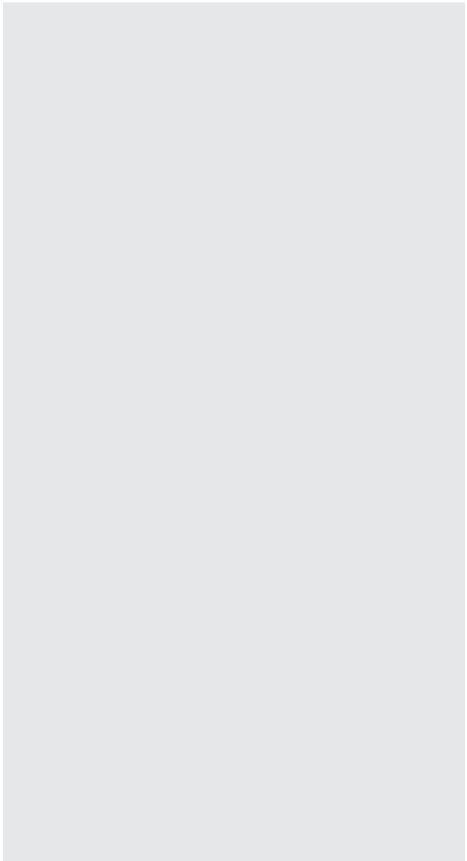
The Air Force Reserve has about 1,335 ART officers and 8,400 ART enlisted people. *-Courtesy of Air Force Reserve Command News Service.*

Buckle up ... It's the Law



According to Air Force Instruction 91-207, all motorists and passengers must wear seat belts when operating and/or riding in a moving vehicle. Individuals found not wearing a seat belt in a moving vehicle may be issued a ticket by the 78th Security Forces Squadron.

PLEASE RECYCLE!



IN BRIEF

RESERVE YOUR SEAT FOR THE 22ND MIDDLE GEORGIA MILITARY BALL

Reservations are being accepted for the 22nd Middle Georgia Military Ball to take place Nov. 3, beginning at 6:30 p.m., at the Museum of Aviation Century of Flight Hangar.

Entertainment will be provided by the Band of the U.S. Air Force Reserve; the U.S. Air Force Honor Guard Drill Team; and the U.S. Air Force Strolling Strings.

The theme for this year's ball will be the 60th Anniversary of the U.S. Air Force - "Heritage to Horizons-Commemorating 60 years of Air and Space Power."

Ticket sales for base person-

nel will be accomplished through organizational monitors with prices based on the rank/grade of the individual. Community members should contact their local Chamber of Commerce for ticket/table reservations. Dress for military members is mess dress/semi-formal and formal dress for civilian attendees.

Base personnel should contact the following monitors for tickets/seat reservations:

- ▶WR-ALC Command Section and Staff Offices - 1st Lt. John Roh
- ▶HQ AFRC - Senior Master Sgt. David McElligott
- ▶78th Air Base Wing - Senior Master Sgt. Sharon Ward
- ▶330th Aircraft Sustainment Wing - 1st Lt. John Roh

- ▶116th Air Control Wing - Capt. Lillian Talevera
- ▶19th Air Refueling Group - Capt. Michael Irwin
- ▶94th APS - Master Sgt. Thomas Turner
- ▶402nd MXW - Master Sgt. Wanda Henderson
- ▶542nd CSW - 1st Lt. Roniece VanDyke
- ▶5th Combat Communications Group - Capt. Gregory Gough

For more information, contact project officer, 1st Lt. John Roh at 222-1331 or by e-mail at john.roh@robins.af.mil, or Capt. Melvin Baylon at 926-6857 or by e-mail at melvin.baylon@robins.af.mil.

MUNITIONS OPERATIONS OFFICE CLOSURE

The Munitions Operations Office will be closed for busi-

ness Sept. 24 through 28 for a semi-annual wall-to-wall inventory of the munitions stockpile. Only emergency issue requests, submitted in writing, approved by the group commander, will be accepted during this time.

19TH ARG ANNIVERSARY

The 19th ARG will be celebrating its 80th anniversary October 18-19. Planned events include a golf tournament, social, open house and dinner in the Century of Flight Hangar. To register or for more information go to: www.19hg.org or call Maj. Alex Czerniecki at 327-6713.

POSTAL SERVICE CENTER TEMPORARY RELOCATION

Due to building renovations the Postal Service Center has

temporarily relocated to Bldg. 301 (East Wing) with the Base Mail Center for approximately 30 days. Normal service will continue to the dorms, but parcels and private carrier items will need to be picked up at the Base Mail Center Bldg. 301 East Wing, Bay G, Door 19E.

Additional information will be provided as the project moves along. If you have any questions, call Greg Barrow, George Floyd, Harvey Battle or Steve Mimbs at 926-2127, 926-4851 or 926-2284.

HOME COMPUTER SECURITY BRIEFING

Home computer security briefings will be conducted Tuesday at the Base Theater at 10 a.m. and 2 p.m. and Sept. 11 at 10 p.m. and 2 p.m. These

informal briefings will inform attendees how to secure their home computers from viruses, teach password protection, how to avoid e-mail scams, detect spyware and how to set up personal firewalls.

For more information contact Staff Sgt. Adam Pagan, 78th Communication Squadron Network Security and Information Assurance office, at 327-9314.

HISPANIC HERITAGE OBSERVANCE COMMITTEE MEETINGS

The Robins Hispanic Heritage Observance committee meets every Tuesday in the Georgia room of the Robins Officers' Club at 11:15 a.m. For more information call 2nd Lt. Ron Major at 327-6207 or Lorenzo Davila at 926-5078.

Airman and Family Readiness Center classes, workshops

Airman and Family Readiness Center sponsored classes, workshops and seminars are open to all Team Robins personnel and their eligible family members.

Absences from duty sections to attend these offerings are the responsibility of the employee to coordinate with his or her supervisor. Because room assignments are subject to change, specific room numbers will be confirmed at the time of registration. A&FRC is located in Bldg. 794. Hours are 7:30 a.m. to 4:30 p.m., Monday through Friday. For more information or to make a reservation, call 926-1256.

Sponsorship training

The A&FRC will offer training for both beginner and experienced sponsors Tuesday 9 to 10 a.m. and 1 to 2 p.m., Bldg. 794.

The training provides infor-

mation on what types of information to send to the PCSing member and where to obtain it; different ways to communicate with the inbound member; and finally sponsors are given vital information regarding his/her responsibilities to the newly assigned member and their family, if applicable.

Financial workshop

The Consumer Credit Counseling Service of middle Georgia, a non-profit organization funded by the United Way, will conduct a free "Money and Credit Management" workshop Thursday 1 to 4 p.m., Bldg. 794. A comprehensive workbook is provided to all attendees. Information on credit management, debt reduction and consumer rights will be presented at this workshop. Assistance will be provided in the development

of spending and savings plans so that financial goals may be realized. This workshop is open to all Team Robins members.

Pre-deployment briefings

Pre-deployment briefings are offered twice weekly by the A&FRC readiness team. Briefings are conducted at 9 a.m., Monday and Friday in Bldg. 794. Call 926-1256 for details.

Morale call program

Standard morale calls are conducted over the DSN with a regular telephone. The military member provides the DSN number, where he/she is located, to the family member. The family member calls the A&FRC at 926-1256 to receive a control number. The standard telephonic morale calls may be conducted at home after the control number

is received. Once a convenient time for both the military member and the family member is chosen, the family member calls the base operator at 926-1110 to make the morale call. Please choose a time wherein both parties can complete the entire 15-minute conversation within one call. The videophone morale call must be conducted at the A&FRC.

Airman's attic

The Airman's Attic program supports junior enlisted members that are establishing a household. E-4s and below are encouraged to screen and use items in the attic to help defray the cost of setting up a home. Items usually available include kitchenware, small appliances and decorative items. The attic also receives and provides children's clothing and toys.

Base Restaurant's Lizzie Simmons dishes out her favorite dessert

BY HOLLY L. BIRCHFIELD

holly.birchfield@robins.af.mil

(Editor's note: This is the final article in a seven-part series.)

While some people turn to yoga or meditation to unwind, Lizzie Simmons walks into her kitchen to find relaxation.

Ms. Simmons, a lead assistant at the Base Restaurant who has been with the eatery for about 25 years, spends a lot of time in the kitchen.

After all, it's her comfort zone.

"It's peace of mind," she said. "It relaxes me. I like to concentrate on what I do and I like to do my best at whatever I do."

Judging from years of compliments she has received from friends and customers, Ms. Simmons' cooking is some of the best around.

The seasoned chef loves to feed the soul as well as the body.

"I like to prepare macaroni and cheese," she said. "I like to prepare collard greens,



U.S. Air Force photo by SUE SAPP

Lizzie Simmons, Base Restaurant lead assistant

baked beans, and all those good types of food. It's soul food."

Ms. Simmons said she learned some of her skill from her mother while growing up in Alabama and a bit on the job as well.

"I learned how they make their fried chicken, how they make their batter for the fried chicken," she said. "I learned all of that from the older cooks that used to work here."

And while Ms. Simmons loves to serve up a good meal, she enjoys making people smile with her after-dinner treats as well, particularly her peach cobbler.

"I learned how to make it when I was about 21 or 22," she said. "I learned to make banana pudding, bread pudding. I get a lot of compliments off of my peach cobbler and my banana pudding."

While she enjoys indulging another person's sweet tooth, Ms. Simmons rarely dips into her desserts, except for a bite to make sure it's good enough to satisfy.

Like others in her profession, Ms. Simmons rarely uses a set recipe or cook book as her guide. Her only reference is a dash of intuition and a bit of taste.

When it comes to cooking, Ms. Simmons said it's something to ease into.

"Relax," she said. "Don't be all up tight about it," she said. "Just relax. You might mess up a few times, but don't give up. I've messed up. Sometimes, I still mess up.

You have to really pay attention to what you're doing."



Peach cobbler recipe:

- 1 can of sliced peaches
 - 1 ½ cups of sugar
 - 2 tablespoons of flour
 - 2 sticks of butter
- Pour 1 can of sliced peaches into a 2-inch pan. Pour 1½ cups of sugar and 2 tablespoons of flour into a mixing bowl. Microwave 2 sticks of butter until melted. Pour sugar and flour mixture along with the melted butter into the peaches. To make the crust, buy a pastry sheet. Roll the pastry sheet out and cut into large and small strips. Crisscross the strips of pastry across the pan of peaches. Bake at 350 for about 35 to 40 minutes.



U.S. Air Force photos by SUE SAPP

Staff Sgt. Ken Smolecki, right, assists Staff Sgt. Lakesha Sewell during assembly of an M-16 weapon at Warrior Air Base Aug. 22. More than 150 Airmen "deployed" to the training area where they received weapons, decontamination, tent construction, chemical warfare and self-aid and buddy care training. The training was meant to prepare them for future deployments and the Operational Readiness Inspection set for April 2008.

T raining for tomorrow

Robins Airmen prepare for deployment, upcoming ORI with field training exercise



CLOCKWISE FROM TOP: Senior Airman Valentia Coleman holds up parts of a face mask to indicate to training participants what they need to inspect on their own mask.

Senior Airman Timothy Hostetter walks through the simulated mist of a shower during decontamination.

Airmen put together the framework of an Alaskan shelter during deployment training Wednesday at Warrior Air Base.

Airmen go through a series of steps to remove garments in order to decontaminate.

Senior Master Sgt. Sakenna Dixon has her gas mask removed by Lt. Col. Ari-Beth Marlyne during decontamination training.



FRIDAY

An after work super cool party, with complimentary snacks, food and entertainment will be held every Friday after First Friday starting at 5 p.m. at the officers' club. For more information call the officers' club at 926-2670.

SATURDAY

An AFMC Texas Hold 'Em tournament is underway at the enlisted club today Sept. 1, 8, 15 and 22 with the championship round to begin Sept. 29. Come and give support to all participants. Games begin at 2:15 p.m. For more information call the enlisted club at 926-7625.

Local radio personality Chris Williams will be holding a house party every Saturday night from 10 p.m. to 2 a.m. Doors will open at 9 p.m. Enjoy a '70s disco night (best costume) tonight and end the summer in style. Cost will be \$5 for members and \$10 for nonmembers. For more information call the enlisted club at 926-7625.

SUNDAY

Sunday champagne brunch is open to all ranks and grades from 10 a.m. to 1 p.m. at the Robins Officers' Club. Enjoy all-you-care-to-eat breakfast, dinner entrees, carving station, salad bar, dessert and ice cream bar and much more. Cost is \$11.95 for members, \$13.95 for non-members and \$6.95 for children (3 to 10 years old) and children two years and younger are free. For more information call the officers' club at 926-2670.

MONDAY

Triple S Monday with soup, salad and sandwiches is available at the officers' club from 11 a.m. to 1 p.m. for \$7.25. Enjoy made-to-order sandwiches or a full course salad bar with a variety of rotating gourmet soups. New special: soup and half sandwich combo only \$5.25 and wings and nachos for \$3.50. Lunch is open to all ranks and grades. For more information call the officers' club at 926-2670.

TUESDAY

Free tacos are available to club members Tuesdays from 4:30 to 6:30 p.m. in the enlisted club, located in Bldg. 956. For more information call the enlisted lounge at 926-7625.

A lunch buffet is held every Tuesday through Friday from 11 a.m. to 1 p.m. at the officers' club. Cost for hot lunch or salad bar is \$6.50 members and \$7.50 nonmembers or for both hot lunch and salad bar \$7.50 members and \$8.50 nonmembers. Lunch is open to all ranks and grades. For more information call the officers' club at 926-2670.

WEDNESDAY

The officers' club is available for evening dining Wednesdays and Thursdays from 5:30 to 8:30 p.m. and Fridays and Saturdays from 6 to 9 p.m. Enjoy prime rib on Wednesdays, butchers choice on Thursdays and a la carte with rotating dinner specials on Fridays and Saturdays. Kids, 10 years and younger eat free Wednesdays and Thursdays off the kid's menu with the purchase of an adult entrée. Evening dining is no longer available on Tuesdays. For more information, call the club at 926-2670.

Enjoy pizza Wednesdays from 5 to 7 p.m. at the Robins Officers' Club. For more information call the officers' club at 926-2670.

Enjoy M.U.G. and Mic Night on Wednesdays at the enlisted club, located in Bldg. 956. Participants may bring musical instruments and show their talent and bring their own mugs and get refills (up to 24 ounces) for only \$2. The fun begins at 7 p.m. Cost for entry is \$2 for nonmembers. For more information call the enlisted lounge at 926-7625.

THURSDAY

Every Thursday night, enjoy karaoke with DJ Rockmaster "D" from 7 p.m. to closing in the enlisted lounge, located in Bldg. 956. For more information call the enlisted lounge at 926-7625.

UPCOMING

Come out to the officers' club during your birthday month and receive a \$15 coupon to redeem toward your meal. Birthday coupons are available to club members of all ranks and grades. Coupons may be picked up at the cashier office. For more information call the officers' club at 926-2670.

Outdoor Recreation For more information on these programs and events call outdoor recreation at 926-4001.

►Active-duty military are invited to take part in 2-for-1 paintball fun every Friday night during Military Appreciation Night at On Target Paintball, Macon, Georgia from 5 to 11 p.m. Cost is \$38 and includes a wooded area for daylight shooting and a lit field for night speed ball.

►The enlisted club pool is now closed for the season. The officers' club pool will be open through Sept. 3 from noon to 7

Robins Lanes Bowling Center

U.S. Air Force photo by SUE SAPP

Johnny Beard plays on the Delegated Examining Unit team in the Robins Commanders tournament Aug. 10 at the bowling center. The Robins Lanes Bowling Center, which is located in Bldg. 908, Ninth Street, is open for business Monday through Thursday 11 a.m. to 8 p.m. Fridays 11 a.m. to 11 p.m. Saturday 1 to 11 p.m. Sundays and holidays 1 to 6 p.m. For more information call 926-2112.



p.m. for your swimming pleasure.

►Take part in paintball fun with Outdoor Adventure at On Target Paintball Sept. 21 from 4 to 8 p.m. Cost is \$28 per person and includes a wooded area for daylight shooting, and a lit field for night speed ball. Paintball equipment will be available for use as well as an air conditioned room for breaks. We will meet at On Target Paintball at 3:45 p.m. Persons 18 years old and older are permitted to play. Youth ages 10 to 17 years old may come with an adult over 18 years of age. Participants may also purchase additional paintballs for \$45 a case (2,000) or \$15 a box (500). A minimum of 15 people are required to participate. Register at outdoor recreation, Bldg. 914 by Sept. 7.

►Join outdoor recreation on a trip to Biltmore Castle, Asheville, N.C., Sept. 28. Meet at outdoor recreation at 9 a.m. for 9:30 a.m. departure. The group will return Sept. 30 at 6 p.m. Cost is \$398 (1 person/1 room); \$546 (2 person/1 room); \$694 (3 people/1 room) and \$842 (4 people/1 room). Package includes van ride, hotel, Biltmore Castle, gardens, winery and farm village. Deadline to sign up is Sept. 7. A minimum of 10 people is required for this trip.

►Take a trip to the Drummer Boy Civil War Museum in Andersonville, Ga. Oct. 6. Cost is \$57.50 per adult. Children 17 years and younger must be accompanied by an adult. Arrive at outdoor recreation at 8 a.m. and depart at 8:30 a.m. to Berry College. Return to outdoor recreation at 5 p.m. Bring a sack lunch and walking shoes. A minimum of 10 people are required to take trip. Register by Sept. 21 at outdoor recreation.

►A Volkssport walk or run will be Sept. 8 in Rome, Ga. Cost is \$66 per adult. Children 17 years and younger must be accompanied by an adult. Arrive at outdoor recreation at 8 a.m. and depart at 8:30 a.m. to Berry College. Return to outdoor recreation at 5 p.m. Bring a sack lunch and walk/running shoes. A minimum of 10 people are required to take trip. Deadline to register is Aug. 29.

Let's Celebrate Summer Bash will be held at Robins Park Sept. 22 from 4 to 8 p.m. This event will include rides, special entertainment, face painting, games and prize drawings. Armbands cost \$5 and gives all-day access to all attractions. Food and beverages will be on sale. The fitness center will have fit for fun events during the bash to include: singles horse-shoes at 2:30 p.m.; punt, pass and kick competition for kids and adults at 5:30 p.m. and an adult 5-on-5 dodge ball tournament at 4 p.m. Those wanting to participate in these sports events can sign up at the fitness center. For more information, call the community center at 926-2105.

►A Summer Bash Arts & Crafts Fair will be held Sept. 22 from 4 to 8 p.m. at Robins Park. Reserve your space by Sept. 14. Registration forms are available at www.robinservices.com and at the Arts & Crafts Center, Bldg. 984. Cost is \$10 for table and \$5 for space. For more information call the Arts & Crafts Center at 926-5282.

Youth fall sports registration will be held until filled for flag football (ages 5 - 10 years old), cheerleading (ages 5 - 12 years old). Hours to register will be Monday through Friday, 3 to 6 p.m. and Saturday 10 a.m. to 6 p.m. Coaches are needed in football and soccer. To register or for more details, please visit the youth center in Bldg. 1021 or call 926-2110.

The Child Development Centers East and West have openings for ages 12 months through 5 years old. Both centers are accredited by the National Association for the Education of Young Children and offer full time care.

►Hourly care is available at CDC West. The centers provide care for children 6 weeks, enrichment programs for 3 to 5 year olds and evening child care once a month.

►The Youth Center and Child Development Centers will provide child care Oct. 9 through 12 from 6:30 a.m. to 6 p.m. while Houston County Schools are on a fall break.

For more information about Youth and CDC services, call Vera Keasley at 926-6741. An online registration form is available at the Services Web site at www.robinservices.com.

A PT Summer Biathlon will begin at the shooting range Sept. 7. This event is open to active-duty military only. All participants must be sighted during the morning and attend a safety briefing at 1 p.m. with the race starting at 2 p.m. Biathlon consists of: one mile run followed by shooting at six targets in the prone position; one mile run followed by shooting at six targets in the standing position and then another one mile run. For each target missed, participants must run a 75 meter penalty loop. Prizes will be awarded for best male and female finishers and top three person PT team. Sign up by 5 p.m. Sept. 4 at the fitness center. No late registrations will be accepted. For more information call the fitness center at 926-2128.

ONGOING

Individuals living in base housing who provide care for children other than their own, for more than 10 hours a week on a regular basis, must be licensed. Anyone who provides care on a regular basis and is not licensed, please contact Vera Keasley, FCC coordinator at 926-6741 to start the licensing process. Individuals who fail to do so may place their housing privilege in jeopardy, which may be revoked by the mission support group commander.

The parent and child workout area in Bldg. 826 will be closed for cleaning at the following times: Monday through Friday from 6 to 7:30 a.m. and 6 to 7:30 p.m. and a final cleaning at 10 p.m.; Saturdays from 7 to 8 a.m. and noon to 1 p.m. and a final cleaning at 9 p.m. and Sundays from 7 to 8 a.m. and 11 a.m. to noon and a final cleaning at 8 p.m. For more information, call the fitness center at 926-2128.

Arts & Crafts Center

The Arts & Crafts Center will hold the following classes in August: encaustic Aug. 27 from 2:30 to 4 p.m., cost \$12; sewing Aug. 24 and 31 from noon to 2 p.m., cost \$15. Advance registration and payment is required for all classes. Classes are subject to change without notice. Wood shop safety classes are held Tuesdays at 6 p.m. and auto shop safety and orientation classes are held every Wednesday at 6 p.m. and every Saturday at 11 a.m. free of charge. Registration is not required. Do-it-yourself framing is available Monday through Thursday from 9 a.m. to 5 p.m. and Fridays from 10 a.m. to 5 p.m. Do-it-yourself framing, during the evening and Saturdays, is scheduled by appointment only.

All classes are open to active-duty, reserve and retired military and family members and DOD civilians. For more information, call the Arts & Crafts Center at 926-5282.

Information, Tickets and Travel

Robins Enlisted Club, Bldg. 956 has the following tickets for sale. For more information on these or other events, call 926-2945.

►A manager's 2-for-1 special will be held until all tickets are sold to the Atlanta Falcons pre-season games Aug. 27 versus the Cincinnati Bengals and Aug. 31 versus the Baltimore Ravens at the Georgia Dome. Cost is \$80 (lower level) and \$40 (upper level). Tickets are for the same level seating only.

Preordered Falcon tickets are ready for pick up at Information, Tickets & Travel, located in Bldg. 956. ITT is open from 9 a.m. to 5 p.m. Monday through Friday and

for two weeks.

The following people have been approved as leave recipients: **Tamaya Spotwood, AFRC, POC is Rob Cruz 327-0273** and **Melanie McDonald, WR-ALC/DPLA, POC is Janet Hudson 327-8254.**

NOW PLAYING



Adult tickets are \$3.50; children 11 years old and younger tickets are \$2. Movies start at 7:30 p.m., unless noted. For more information, call the base theater at 926-2919.



FRIDAY

I NOW PRONOUNCE YOU CHUCK AND LARRY

Adam Sandler, Kevin James Chuck Levine and Larry

Valentine are the pride of their fire station: two guy's guys always side-by-side and willing to do anything for each other. Grateful Chuck owes Larry for saving his life in a fire, and Larry calls in that favor big time when civic red tape prevents him from naming his own two kids as his life insurance beneficiaries. But when an overzealous, spot-checking bureaucrat becomes suspicious, the couple's arrangement becomes a citywide issue and goes from confidential to front-page news. Rated PG-13. 110 minutes.

SATURDAY

TRANSFORMERS

Shia LaBeouf, Josh Duhamel

The earth is caught in the middle of an intergalactic war between two races of robots, the heroic Autobots and the evil Decepticons, which are able to change into a variety of objects, including cars, trucks, planes and other technological creations. The interstellar battle with the Autobots and Decepticons rains destruction down on planet Earth - enormous aliens have chosen the third rock from the sun as their ultimate battleground, and as the villainous Decepticons struggle to obtain the key to unlimited power, a young Earthing named Sam Witwicky may stand as mankind's last hope for survival. Rated PG-13. 144 minutes.

UPCOMING

UNDERDOG

Alex Neuberger, Peter Dinklage

A bumbling watchdog gets exposed to a substance that gives him super powers.

CHAPEL SERVICES

Catholic

Catholic masses are held at the chapel each Saturday at 5:30 p.m., Sunday at 9:30 a.m., on Holy Days of Obligation at noon and 5 p.m. vigil the day before, and Monday through Friday at noon. The Sacrament of Reconciliation is Saturday from 4:30 to 5:15 p.m.

Islamic

Islamic Friday Prayer (Jum'ah) is Fridays at 2 p.m. in the chapel annex rooms 1 and 2.

Jewish

Jewish service is Fridays at 6:15 p.m. at the Macon synagogue.

Orthodox Christian

St. Innocent Orthodox Church service is at the chapel on the second Tuesday of each month at 5 p.m.

Protestant

The traditional service meets Sunday in the Chapel at 11 a.m. featuring hymns, anthems, congregational prayers and readings. Contemporary service meets at 6 p.m. in the Chapel Sanctuary, singing the latest praise and worship music. The gospel service meets at 8 a.m. at the Chapel, praising God with inspirational music. Religious education meets in Bldg. 905 at 9:30 a.m.

The chapel helps with spiritual needs that arise. For further information, call the chapel at 926-2821.

DONATE YOUR LEAVE

Employee-relations specialists at 926-5307 or 926-5802 have information and instructions concerning requests to receive or donate annual leave. To have an approved leave recipient printed in the Robins Rev-Up, wings should send information to Lanorris Askew at lanorris.askew@robins.af.mil. Submissions run

19 teams prepare for 2007 intramural flag football season

BY KENDAHL JOHNSON
kendahl.johnson@robins.af.mil

With summer winding down, base sports enthusiasts can look forward to cooler weather. They can also look forward to football season, as intramural flag football kicks off Aug. 27. As in the past, there will be two leagues this year.

Competition is fierce in the **MONDAY-WEDNESDAY league**, with nine teams competing:

402nd Aircraft Maintenance Group – As winners of two base championships in the past six years, The “C-130 Ghostriders” are slight favorites this season. In addition to experience, they will rely on size and speed to help the team to win games.

“We have five offensive linemen who weigh over 250 pounds each. We also have two of the fastest running backs on base (Shawn Robinson and Dustin Shiver),” said quarterback Ryan Prosperie, adding that he looks forward to throwing to a group of wide receivers who possess both speed and stature.

78th Security Forces – This team will be relying on younger Airmen this season. Team coach Staff Sgt. Ron Dunn said the team’s raw talent will propel them to the title game.

“We will win the title because of the talent we have on our team. We have a winning and fun attitude towards this season,” Dunn said. He added that the coaches have more experience than in past seasons, which should translate to more wins.

778th Civil Engineer Squadron – The team represents the base firefighters. According to coach Airman Patrick Bentley, the team has an “outstanding defense and kicking game.” He said the team will be rebuilding its offense and will rely heavily on quarterback Bryan O’Leary.

78th Communications Squadron – The “Mighty Warriors” will rely on a

combination of speed, experience and teamwork to challenge for an intramural championship.

“We have a great shot at winning the championship because over half of the team’s players have been here three or more seasons together and know the strategies that we have used in the past to win, as well as knowing the things to prevent that caused us to lose,” said Senior Airman Derrick Harper, team coach.

He said he runs an offense that allows any player to shine on any given night, but will lean on a quarterback that can throw 60 yards and a receiver that can run the 40-yard sprint in 4.4 seconds.

581st Software Maintenance Squadron – Coach Cody Flores worries a little about experience, as this is only the team’s second year together, but hopes speed and size will more than compensate. “Our linemen are not easily handled and we have more team speed this year,” he said.

Flores said the team struggled a bit last year, but hopes to use that to his advantage. “Teams will tend to not take us seriously since we did not do too well last year. We’ll be underdogs every game. But that’s OK because we have guys who will lay it out every play until the whistle blows,” he said.

He’ll rely on all-purpose player Joe Wooley, who he said has “that once-in-a-lifetime talent and the brains to go along with it.”

542nd Combat Sustainment Wing – Quarterback Mark Bennett will be at the helm again this season, which bodes well for the 542nd CSW. He led the team to third place last season, and two years ago, he quarterbacked a team to an undefeated season.

“We have a tremendous amount of talent at every position,” said Bennett, a 10-year intramural flag football veteran. “As long as we play as a team we will win the title.”

Company Grade Officers Association –

According to 1st Lt. Paul Dolce, the team is known for its dominating defense. This year, the coaches have added numerous other devices, and Dolce hopes to have a dominating offense to complement the team’s strong defense. “Our mix of all types of talents as well as our speed on both sides of the ball will give us a good chance at winning the league,” he said.

138th Military Intelligence Company – The biggest obstacle for this Army team is having the players to field a team. “Because of deployments, we just don’t have the personnel to field a large team. It may be a struggle to get enough players for a few of the games, but we will make it happen,” said Staff Sgt. Robert Beyer.

The sergeant said the team will be competitive and strong endurance will be a factor in the team’s playoff hopes.

Also fielding a team in the Monday-Wednesday league is the **116th Aircraft Maintenance Squadron**.

The **TUESDAY-THURSDAY league** will also be highly competitive this year, as 10 teams compete for a chance to hoist the trophy.

116th Air Control Wing – The defending intramural champs could be the team to beat again this season, but they will be without former quarterback Eric Smith. Alvin Martinez, a solid decision maker with a strong arm, will take over that position.

Billy Carter said injuries and deployments to key players will further hurt the team, but expects to still challenge for the title. “We had a pretty good

recruiting class,” he said. “We refuse to lose and have the best on-field leadership on base.”

330th Aircraft Sustainment Wing – The “Eagles” are fielding an entirely new team from last season, but that inexperience doesn’t worry coach John MacPherson. “We have some young guns that bring much needed team speed,” he said. “Our new additions give us a real shot in the tournament.”

He said the offensive line is particularly solid. “Our center, Edwin ‘Chucky’ Lankowski, is going to shock the world. We brought him out of retirement to lead our offensive line.”

5th Combat Communications Group – The “Gators” are led by Tech. Sgt. John Graham, a walking encyclopedia of sports clichés. “We never give up. We only play to win. We are in it to win it,” he said. When asked who specifically would help propel the team to the championships, Graham said, “There is no ‘I’ in ‘Team.’

No man can do it alone. We take the field as a team and play as a team.”

402nd Aircraft Maintenance Squadron – This team, which calls itself “The Unit,” will rely heavily on defense. Curtis Diggins, team coach, said they have been focusing on eliminating mistakes. “We have a lot of fight, but we are our biggest opponent. We have worked on (eliminating) self-made errors.”

653rd Combat Logistics Support Squadron – The “White Knights” will rely on every player this season, as the team is very small. “Everyone will play both ways,” said Staff Sgt. Michael Reid, adding that if the team can avoid losing players to deployments or tem-

porary duty assignments, they will challenge for the title.

Key players include Staff Sgt. Kevin Sargent, who will lead the team as quarterback, and Aaron Cooper, who will anchor the offensive line.

78th Logistics Readiness Squadron – Team coach 2nd Lt. Nolan Wolf said they will use “experience, team unity and outright skill” to win games this year. “We know we are a strong team, yet we let the score and our successes on the field do the bragging,” Wolf said.

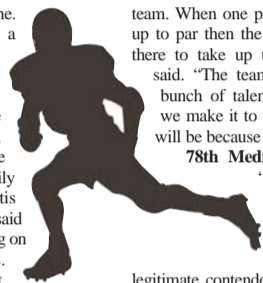
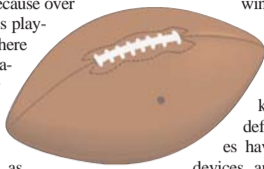
78th Civil Engineer Squadron – The “Bulls” will implement a high-powered passing attack into its game plan this season. The team will lean heavily on the arm of quarterback Marlow Smith and the receiving skills of WRs Demetrius Norman and Brandon Baker. But coach Airman First Class L.C. Fowler will be relying on a total team effort to win games.

“We work as a unit and play as a team. When one player is not playing up to par then the rest of the team is there to take up the slack,” Fowler said. “The team is loaded with a bunch of talented athletes. When we make it to the championship it will be because of a team effort.”

78th Medical Group – The “Med Dawgs” have both speed and the ability to make plays, which make the team a legitimate contender. “When our team is clicking no one can stop us,” said Airman 1st Class Deron Wilson. “As of now, we’re starting to click, so watch out.”

The team will depend on QB Thomas Naughton to lead the offense.

Other teams competing in the Tuesday-Thursday league are the **19th Air Refueling Group**, last year’s runner up, and the **78th Services**.



Local fishermen take time to inspire Robins' future fishermen

BY AMANDA CREEL

amanda.creel.cr@robins.af.mil

Reeling in the big one for Master Sgt. Mark Denney has become second nature after years of fishing. Now, Sergeant Denney is hoping to help the youngest members of the Robins community learn to reel in the big one.

Sergeant Denney, a flight chief for the 19th Maintenance Squadron, took second place in the Triton Gold Elite Tournament in Old Hickory Lake, Tenn. in June. His second place finish earned him a \$10,000 prize.

After seeing his passion turn from a pastime to a possible second career as he approaches his retirement from the Air Force next year, he's decided there is no better way to celebrate his success than grab up some fellow fishermen and inspire children and youth from the Robins community to pick up a rod and reel and try their luck at fishing.

"I wanted to give something back to the base. I've been here for 15 years and I've hunted and fished out here the whole time. There are a lot of things available on the base that people don't know about and fishing is one of them," said Sergeant Denney, who is ranked first in the Georgia power rankings by Georgia Outdoor News Magazine.

What began as a few seasoned fishermen wanting to pass their love of fishing on to a future generation has evolved into a fishing seminar for children, youth and their parents called Fishing for Success. Fishing for Success, a free program open to all young aspiring fishermen, will be a chance to learn about the sport of fishing, including the different types of fishing lures, baits and techniques.

"There will be something that everyone can learn," Sergeant Denney said.

Two of the other men, who will be helping pass on their passion for fishing, are Chris King, management analyst for the 402nd Maintenance Support Group and president of the Central Georgia Bass Club, and Tech. Sgt. Jeffrey Wade, NCO in charge of hydraulic systems with the 19th MXS.

"We are just trying to promote interest in fishing, the out-



U.S. Air Force photo by SUE SAPP

Master Sergeant Mark Denney, the top-ranked fisherman according to the Georgia power rankings by Georgia Outdoor News Magazine, casts his line into Scout Lake recently. He will be teaching Fishing for Success, a free fishing seminar, Sept. 15.

doors and sportsmanship in children and youth," Mr. King said.

Mr. King said he is looking forward to teaching the young fishermen about the different techniques and levels of fishing. "Once they do it, I know they'll get hooked," he said.

He said his favorite thing about sharing his passion for fishing is knowing "it gives the kids something different to do besides sitting at home watching TV."

He said along with giving kids a love of the outdoors, learning about sports like fishing helps them gain an appreciation for the outdoors and helps them become environmentally conscious.

Sergeant Wade agreed that learning how to appreciate the environment is a key ingredient to becoming good fishermen.

"It's about teaching them how to catch fish and how to preserve them," Sergeant Wade said.

Sergeant Wade said he learned about fishing through trial and error and he wished someone would have taken the time out to teach him the tricks of the trade, so now he is taking the opportunity to share his experience with the Robins

community.

Cheryl Dollard, director of outdoor recreation, said she was very excited about the program and was even happier to learn the fishermen were offering the class for free.

"It will help promote our lakes and will be a great opportunity to get kids involved in fishing," Ms. Dollard said. "I know we will have a lot of new fishermen out on our lakes after this."

Sergeant Denney said he has learned a lot while fishing on the base lakes and he just wants to help provide the same opportunity to other families in the community. He said he loves watching children and youth learn how to get better at something and fishing teaches them about more than simply catching fish.

"It teaches you patience and discipline and helps you develop a drive not to quit," Sergeant Denney said.

The Fishing for Success seminar will be Sept. 15 from 9 a.m. to noon at the Oscars Amphitheatre, which is located behind the Spalding Nature Center. To register for the fishing seminar contact Sergeant Denney at 926-3347.

AF fitness test now pass, fail

Air Force officials recently announced a change to physical fitness test standards for all Airmen. The "marginal" category has been eliminated, and the test will now be either pass or fail.

Previously, Airmen who scored below 70 on the fitness test failed, and those who scored between 70 and 74.9 received a marginal rating, while Airmen who scored 75 or above passed. With the change, a score below 75 is considered failing, and Airmen will have to retest within 90 days.

"The change was made to support a defined standard for fitness testing," said Maj. Dana Whelan, the chief of health promotion operations at Bolling Air Force Base, D.C. "With the implementation of the new officer and

enlisted performance reports, we needed to define a score that qualifies as meeting standards. Furthermore, Airmen who scored in the (marginal) range were not where the Air Force needed them to be (physically), and were still required to attend a healthy living workshop and retake the test to score 75 or above."

The fitness test change comes just weeks after the implementation of the new performance reports.

"With every Airman critical to completion of Air Force air, space and cyberspace missions, we need all Airmen physically capable of performing at the highest level," Chief Master Sgt. of the Air Force Rodney McKinley wrote in an Enlisted Perspective.

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