

# THE ROBINS REV-UP

July 20, 2007 Vol. 52 No. 29

Robins Air Force Base, Ga.



U.S. Air Force photo by CHIEF MASTER SGT. GARY EMERY  
 Technical Sgt. Ben Filek, an aerial gunner with the 19th Special Operations Squadron at Hurlburt Field, Fla., loads a 30 mm Bushmaster cannon aboard an AC-130U Spooky gunship. The 580th Aircraft Sustainment Group's Commando Control Group works to ensure parts like this cannon make it to the aircraft.

## Commando Control mission gets aircraft parts to make planes whole again for warfighter

BY HOLLY L. BIRCHFIELD  
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Keeping planes on the mend is no easy feat, with an aging aircraft fleet stretching beyond their service lives to come through for the warfighter in theater.

But the 580th Aircraft Sustainment Group's Commando Control Branch works feverishly to keep parts availability flowing and mission capability flying on a day-to-day basis.

Commando Control was a term coined by a general officers' steering group in 1997, the genesis of the group's start. The group was created to raise the H-53 aircraft's 36 percent mission capable rate.

Michael Smith, the 560th ASG's Commando Control Branch chief, said the staff, which has grown from four members to nine over a decade, changed its focus from how to get planes flying to how to get parts ready for the aircraft, a process that made all the difference.

Mr. Smith said the change in focus meant parts began to flow and aircraft began to get fixed.

Glenda Becham, a logistics manager and readiness spares packages manager in the 560th ASG's Commando Control Branch, said the team made a plan to put planes on the mend.

"We started get-well plans for those items that were causing us the most problems on the aircraft," she said. "We ran a top 25 list of aircraft that had readiness spares packages holes in them and we started doing get-well plans to track those items until the 'get-well' of those aircraft."

Ms. Becham said Robins' Commando Control team worked with production specialists and item managers from Robins, Tinker Air Force Base in Oklahoma City, as well as with people from their counterparts in San Antonio, Texas, and with the U.S. Navy to build get-well plans for aircraft.

► see COMMANDO, A2



U.S. Air Force photo by SUE SAPP  
 Tech. Sgt. Joseph Fletcher, dressed in an EOD 9 bomb suit, demonstrates the Remotec Andros robot July 13.

## EOD tight-lipped about mission to provide safety worldwide

BY AMANDA CREEL  
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In a world where IED, an acronym for Improvised Explosive Device, was recently added to the Merriam-Webster dictionary, few could argue explosive devices have found their way into the public eye.

However, being in the public eye isn't a blessing for members of the Explosive Ordnance Disposal community. Members of the 116th EOD flight here agree talking about their job has always been a passion, but as the war on terror continues members of their community are becoming more tight-lipped about their job.

"We can't go into a lot of detail about what we do because we might get hurt or someone we know might," said

Tech. Sgt. Greg Stephens, an EOD technician.

Master Sgt. John Bell, 116th EOD flight chief, said because of the war on terror, EOD craftsmen can't afford to give out any information that might help terrorists devise more successful attacks here or abroad.

"Due to the nature of the world today, we are really restricted in what we can talk about," Sergeant Bell said.

Members of the team say it is a matter of safety and no member of the EOD community wants to be responsible for information leaking about the procedures or protocols that could result in the injury of or the loss of one of their fellow EOD craftsmen, fellow servicemen or innocent civilians.

► see EOD, A2

## Long-term, Full-time Program lets Robins civilians take time off to get leg up on higher education

BY HOLLY L. BIRCHFIELD  
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Balancing the demands of a full-time job while working towards a four-year degree is a serious challenge.

But, civilians at Robins don't have to carry such a load, thanks to the Long-term, Full-time Program.

LTFT is an educational program which allows civilian employees of any grade or pay series who have worked as civil servants at the base for five consecutive years to take up to one academic year away from work to complete a bachelor's or master's degree program at a Georgia-based college or university.

Eleven out of 20 applicants for the 2007-2008 academic year were recently accepted into the program.

Graduates like Jan Lands, a security assistance program manager for Romania in International Programs in

### WHAT TO KNOW

Civilian employees are invited to apply to the Long-term, Full-time program each spring and are selected in June of each year in order to begin classes in the fall. For more information, contact Donna Jones, Civilian Training Program manager in the FT Directorate, at 327-7321.

the 561st Aircraft Sustainment Squadron, can attest to the benefits of the opportunity.

Ms. Lands knew she wanted to finish her four-year degree but shied away from the idea until she found out about the LTFT program.

"Honestly, going to school at night and working too is very difficult," she said. "It was hard to do both things as well as I wanted to. Working full-time and going to school full-time, it was

hard to give my all to either one."

The 44-year-old Georgia native enrolled in the program in August 2004 and completed classes for her bachelor's of science degree in business administration at Mercer University in Macon the following year.

Donna Jones, civilian education program manager in the Force Training Directorate, said students are chosen each summer for the highly competitive program based upon the following criteria: the student's ability to complete his or her bachelor's or masters degree at a Georgia-based college or university within one academic year, be a full-time student, have completed five consecutive years of civil service as of their fall enrollment date, and could not have attended another long-term, full-time program

► see LTFT, A2

## Local Junior ROTC members experience taste of Air Force during summer leadership school

BY AMANDA CREEL  
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High school students from throughout Middle Georgia took over the Robins NCO Academy last week in preparation to be the leaders in tomorrow's armed forces.

The students spent the week living in the academy dorms as cadets, or lower classmen, and cadres, or upper classmen, as part of an annual Air Force Junior ROTC Summer Leadership School.

The school offers the students the opportunity to deal with a peer group in a subordinate atmosphere, said Col. Craig Lightfoot, commandant of the summer leadership school and senior aerospace science instructor at Perry High School.

"We (the instructors) function as guides. We give them the parameters and the rules of engagement and then give them a complete as possible opportunity to guide a training facility for one week," said Senior Master Sgt. Antoine Jackson, NCO in charge of pass in review for the leadership school and senior aerospace science instructor at Warner Robins High School.

The school is designed to foster citizenship, team building, leadership, respect for authority, physical fitness and academic achievement.



U.S. Air Force photo by SUE SAPP  
 Justin Green, a cadet from Northside High School who will be a 10th grade student this year, salutes during a drill session July 13.

"It's an opportunity to grow as individuals and as Junior ROTC cadets," Sergeant Jackson said.

The event helps the students learn about life as a member of the military. The instructors compare the leadership school to the equivalent of Airmen Leadership School or the NCO academy for enlisted members of the Air Force.

"It teaches you to be a leader and teaches you to become a better cadet overall," said Cadre Zach Floyd, 16, from Twigg County High School.

The cadets reported to PT each morning at 5:45 a.m. and continued with training activities until nightfall each day. In addition to physical training, there was military education. The cadets were responsible for memorizing portions of "the knowledge book" and those that didn't would receive chits, or slips of paper used much like a demerit system.

For Cadet Jake Riley, 15, reciting the aircraft of the day or the quote of

► see JROTC, A2

**THINK SAFETY**

To request a ride, call 222-0013, 335-5218, 335-5238 or 335-5236.  
 Total rides given this year: 419

Days without a DUI: 16  
 Last DUI: 78th Medical Operations Squadron - courtesy 78th SFS Reports and Analysis Section

**THE TWO-MINUTEREV**

**COLONEL SELECTS**

NAME	UNIT
John Tobin	330th Aircraft Sustainment Wing
Edgar Vaughan	330th Aircraft Sustainment Wing
Tammy Farrow	402nd Maintenance Wing
Robert Campbell	116th Air Control Wing
Keith Jones	116th Air Control Wing

**CONGRATULATIONS**

**INSIGHT**

Filming at Museum  
 Florida State University film student makes movie at Robins, 1B

**SPORTS**

Winning track and field gold  
 Air Force Academy standout wins gold medal in javelin toss, 3B

**COMMUNITY**

Robins Self Help Center  
 Self Help Center offers low-cost home care items, 2B

**WEATHER FORECAST**

TODAY 9/27/07

SATURDAY 9/0/08

SUNDAY 9/0/08

## EOD

Continued from 1A

The threat to EOD craftsman around the world as they attempt to disrupt or dispose of explosive ordnance, recently hit home for members of the flight when a member of their community who they have worked with in the past was struck by an IED just a few weeks ago.

The Robins team agreed that the tight knit EOD community rallied around him from near and far to help ensure he arrived home safely and was never alone during his travels. Members of the EOD community stood with him 24 hours a day and escorted him throughout his journey back to the U.S.

Sergeant Bell said members of the EOD community who are injured are killed in action are never without an EOD escort.

The safety of the EOD craftsman is always a top priority so ensuring every effort and tool available is utilized to help keep the EOD craftsman out of harm's way is paramount.

One of the tools, a robot the 116th EOD team uses, has gotten a lot of attention recently after it helped the Warner Robins Police Department end a standoff June 10.

The robot can be sent into dangerous situations and be used to assess the situation and in some cases resolve it by disarming or diffusing the explosive device.

"Its primary function is to disarm bombs and make our lives safer," Sergeant Stephens said. "If this thing gets damaged by an explosion, who cares? It's not someone's parent or spouse. We can always fix it."

The robot can function as the eyes and ears of the EOD team allowing them to see and hear what is happening inside.

"We can have our eyes on without having any one in harm's way," said Tech. Sgt. Joseph Fletcher, EOD craftsman.

The robot can even allow law enforcement officials to communicate with the individuals within the building.

"We can communicate with the subject and see what (he or she) is doing through our T.V.,"



U.S. Air Force photo by SUE SAPP

Tech. Sgt. Joseph Fletcher controls the Remotec Andros robot's position and cameras.

Sergeant Stephens said. "Even if it is broken, we can still communicate and we can still adjust the cameras."

The robot can navigate stairs and other obstacles and has an arm that allows it to open doors to access other parts of a building.

"It can do almost anything a human can do," Sergeant Fletcher said.

The team said it is not uncommon for members of its flight to join with local, county, state and federal law enforcement agencies to help secure situations where ordnance is suspected to be involved.

Supporting the local community is one of the many charges of the 116th EOD team. The team is responsible for 35 counties in the state of Georgia. The team, which arrived at Robins in 1999, is committed to helping anyone who needs its services.

Sergeant Fletcher said he takes comfort in "knowing that what we do prevents destruction of property and saves lives. We prevent the situations that could cause damage or loss physical harm."

The team agreed their job is about protecting lives and property, so being cautious when speaking about how they do their job is just another way they can continue protecting themselves, their fellow EOD craftsman, and anyone or anything that might be placed in danger by an explosive ordnance.

kits couldn't deploy, which essentially meant they couldn't go to war if they had to."

It took the group about three to four months to determine their requirements. At first glance, the remedy for the command's problem would cost a whopping \$180 million. But Mr. Smith soon learned that the problem wasn't nearly as bad as he had thought.

The Commando Control team developed a plan to get the kits wartime-ready without a hefty bill, Mr. Smith said.

"In 1998, about 50 percent of the kits were ready to go to war," he said. "By the end of 1998, they were at 75 percent, and by July 1999, they were at 92 percent."

By this time, Robins' stellar performance had gained the Joint Chiefs of Staff's attention and Mr. Smith received a secure telephone unit which gave the group a direct line to get the status of parts and request the Commando Control group's action on other matters. Still, securing parts isn't always easy.

"Day to day, it's a lot of phone calls to different people, whether it be item managers, equipment specialists or engineers," said Master Sgt. Ken Kozak, superintendent of the

580th ASG's Commando Control Branch. "Sometimes if we can't get a part, we look out in all the different sources of supply. We look for lateral support from other bases. We look out in the salvage yard for the aircraft. We also look at contractors for surplus, and basically anything we can do to find those assets."

Ms. Becham said the Commando Control mission is ever-changing.

"It has been a rollercoaster," she said. "There's always something different every day. Nothing is really routine because it can change at the drop of a hat. We're looking at the warfighter. We're looking at what's going on to help them get back on track and get where they need to be."

Still, team members take pride in keeping planes flying high.

"When I see the coverage of the war on the news and see our special ops aircraft or hear of special things that are happening with our troops, I swell with pride to know that the work I am doing each day plays an overall part in helping our troops do their job and be safe at what they are doing," Ms. Becham said.

## JROTC

Continued from 1A

the day from the knowledge book was second nature by late Friday afternoon.

He rattled off the two aircraft of the day effortlessly. "KC-135 and KC-10," he said.

Followed by, "No guts no glory. If you are going to shoot him down you have to get in there and mix it up with him, Fred C. 'Boots' Blesse," Cadet Riley said.

During chow, Cadet Riley's ability to rattle off the information was partially motivated by the fear of reprimand from the cadres as failure to recite the information would have resulted in a chit. The cadets also earn chits for not wearing the uniform properly, not drinking enough water, being late or anything else considered punishable by the cadres.

However, Cadre Floyd said you can't discipline your subordinates for something you aren't willing to do yourself.

"You have to lead by example. You can't tell them something is wrong with their

uniform if there is something wrong with yours," Cadre Floyd said.

When a cadet earned five chits during the day, he or she was put on chit detail during the evening break instead of being allowed to join other cadets at break. Those on chit detail were made to shine shoes or do sprints, push-ups or lunges.

It isn't just the cadets who have the opportunity to develop important life skills during the leadership school. The cadres also gained valuable leadership training.

"You learn from your previous cadres mistakes and how they treated you. You put yourselves in the cadet's place," said Cadre Alex Vinge, 16 from Warner Robins High School.

The cadres and cadets learned it is more effective to correct someone when they are away from the other cadets than when they are surrounded by their peers.

"If one person messes up take them out of the flight and talk to them one on one," Cadet Riley said.

During the day cadets and cadres participate in uniform

inspections, guidon training, drills, physical fitness challenges and survival training, where students learn to build fires, make shelter and locate fresh water.

"Each one gets a chance to be in a leadership position where they lead a squadron or flight," said Colonel Lightfoot.

Though for Cadre Vinge the highlight of her week was only hours away, as the opportunity approached to visit the "healing waters," also known as the enlisted club pool. The "healing waters" have the ability to make all the sore muscles and fatigue disappear as the camp nears an end and the cadets and cadres prepared for their graduation from the leadership school.

"Everyone complains about something until they announce we can visit the 'healing waters.' And, then all the cadets and cadres are miraculously healed because until the announcement comes they can't move and then when they say we can go to the 'healing waters' they are healed and jump up and go," Cadre Vinge said.

## LTFT

Continued from 1A

within the last three years.

While students don't necessarily have to have a 3.0 grade point average to enter the program, they must maintain that B average while enrolled in the program, Ms. Jones said.

The employee's college of choice must certify that he or she is one year or less from completing an academic degree, as well as receive written recommendations from their

supervisors and wing commanders as part of their application.

Individuals must submit their education expenses as part of their package, as the number of applicants accepted is based upon availability of monies.

Students are allowed up to \$3,500 per fiscal year to cover tuition, books, and lab fees. All other school-related expenses are footed by the civilian taking classes, according to Ms. Jones.

The Senior Executive Service Board at Robins rates civilian employees against the five criteria to make their selections, Ms. Jones said.

Once accepted, Ms. Jones said employees are fully-devoted to their pursuit of education, leaving their full-time jobs temporarily behind for someone else in their organization to care for in their absence. However, civilians are expected to return to their

jobs during any holiday or other type break during their school time until classes resume.

Full benefits and pay remain in place for LTFT participants. But that entitlement comes with a price. Civilians are bound to a service commitment equal to the amount of time spent away from their jobs once they complete the program, Ms. Jones said.

Ms. Lands said the payoff of the program is well worth the hard work.

"It has given me a foundation to make some of the tough decisions, especially in this new job I'm in," she said. "It has given me confidence I didn't have before."

The college graduate said she would recommend the program to anyone wanting to achieve educational goals.

"It's a wonderful opportunity and I have been thankful for it," she said. "It was tough, but it was a great opportunity."

## COMMANDO

Continued from 1A

"We started looking at six months as the time frame," she said. "If we could not get well in six months, then we looked at when we could get well."

Mr. Smith said the team looked at new items coming in that they could plug into plans to see when aircraft could be mission capable again and report the status to customers.

Things began looking up for the aircraft.

"By the end of 1997, we got the H-53 (mission capable) rate up to 58 percent, which was about four months after the general officer steering group disbanded," Mr. Smith said. "In 1998, the team faced a new problem, Air Force Special Operation Command readiness."

Mr. Smith said the command wasn't ready to go to war. But, it wasn't long before that changed.

"We had 28 kits that were taken to war by the command at that time," he said. "Essentially, they take that (kit) and they have to live out of it for 30 days after they deploy. About half of the RSP



Jan Lands earned her bachelor's degree in Business Administration through the Long Term Full-Time Program in 2005.

## Military disciplinary actions

Commanders and first sergeants, in concert with the Office of the Staff Judge Advocate, are responsible for ensuring good order and discipline on Robins Air Force Base. There are many avenues available to meet this responsibility. Examples include trials by courts-martial, Article 15s, administrative discharges, and the U.S. Magistrate's Court. Actions recently reviewed by the 78 Air Base Wing legal office include:



### Article 15s

A staff sergeant, for the purpose of avoiding deployment to Iraq, feigned a sore back, wisdom teeth pain, and mental health issues, specifically anxiety and depression. Punishment was reduction to senior airman, forfeiture of \$1,031 pay per month for two months, which was suspended, and a reprimand.

A senior airman made a false official statement to an officer stating, "Member was given permission not to attend the enlisted heritage trip by a non-commissioned officer," and failure to go to the appointed place of duty, to wit: enlisted professional development day bus traveling to Enlisted Heritage Hall, Maxwell Air Force Base, Ala. Punishment was reduction to airman 1st class which was suspended, forfeiture of \$864 pay per month for two months which was suspended, and a reprimand.

A senior airman was derelict in the performance of duties by carrying or transporting a concealed firearm within the confines of Robins. Punishment was forfeiture of \$200 pay per month for two months, 15 days extra duty and a reprimand.

A senior airman was derelict in the performance of duties by willfully using the government travel card for an unauthorized purchase. Punishment was reduction to airman 1st class, which was suspended, and forfeiture of \$403 pay.

### Discharges

An airman 1st class received a general discharge for misconduct - commission of a serious offense. Member was arrested by Warner Robins Police Department for driving under the influence with a breath alcohol level of 0.14 and for this offense the member received a letter of reprimand, and an unfavorable information file was established.

### Courts-martial

A first lieutenant faced trial by general court-martial for assault consummated by a battery in violation of Article 128, UCMJ, and for committing an indecent action upon the body of a female under 16 years of age, in violation of Article 134, UCMJ for offenses that occurred in Florida. The court-martial sentenced the member to confinement for 77 days and a dismissal. Prior to this court-martial, the member entered a plea of nolo contendere in Houston Superior Court, Georgia, to one count of child molestation and was sentenced to 10 years probation and to register as a sex offender.

A senior airman faced trial by special court-martial for two counts of wrongful use of methamphetamine in violation of Article 112a, UCMJ. The member was sentenced to confinement for eight days, restriction to the limits of Robins for one month, hard labor without confinement for one month, reduction to airman basic and a bad-conduct discharge.

## ► IN BRIEF

### INFORMATION TECHNOLOGY TRADE SHOW

The annual Information Technology Trade Show will be at the Robins Community Center Aug. 8 from 9:30 a.m. to 1:30 p.m. Major technology companies will be demonstrating the latest, fastest and "best of show" computers, related hardware and accessories. It is the perfect forum for IT users, buyers and planners to discuss requirements and future IT

challenges with knowledgeable federal sales representatives.

The event is free and open to everyone. Extensive catering during the event will be provided. Visit <http://www.global-shows.com/Special> for a copy of the show flier.

### SCHOOL PACKETS

The date of packet pick up for classroom assignments, purchasing lunch credits or completing an application for the free and reduced lunch program has been set for Aug. 3 from 8:30 a.m. to 3 p.m. If you miss this date you may still pick up

the packets and classroom assignments on another day after Aug. 3. Lunch credits will not be available for sale after Aug. 3 until school begins.

### LOST AND FOUND

A military duffel bag with contents, a class ring, a tent, a sleeping bag, a hand broom, a child bike, a tripod, various pocket knives, a watch, a set of keys, two machetes, a gold necklace, an aircraft picture, a monitor panel, three gym bags with contents, a bicycle helmet, a bag with electronic contents, and numerous NVG cases have

been found. To identify lost property, call Ruben Martinez, found property custodian, at 926-5271.

### SOCCER TEAM TRYOUTS

Robins Diablos SC will be holding tryouts and practices at the base soccer field July 25-26 at 6 p.m. The team plays in the Middle Georgia Latino League and consists of approx. 32 teams. The Robins team competes in in Division 2 against 15 other teams. The games are Sundays. For more information contact Senior Airman Boris Shapoval at 327-9297.

## Civilian discipline, adverse actions

The Air Force Civilian Discipline and Adverse Actions Program is designed to develop, correct, rehabilitate and encourage employees to accept responsibility for their actions. The circumstances of every disciplinary situation, including an employee's past disciplinary record, are taken into account when determining appropriate discipline. The purpose of this article is to ensure employees are more aware of the program and the consequences for misconduct

### February actions:

- Seven-day suspension for failure to properly request leave and unauthorized absence. Prior three-day and five-day suspensions.
- Reprimand for inappropriate conduct.
- Three-day suspension for

failure to properly request leave; unauthorized absence; leaving the job without permission; careless workmanship.

- Ten-day suspension for abusive language and insubordination.

- Reprimand for violation of tool control procedures. No priors.

- Removal for use of cocaine. Prior one-day suspension.

- Five-day suspension for unauthorized absence. Prior five-day suspension.

- One-day suspension for failure to attend scheduled training and unauthorized absence.

- Seven-day suspension for failure to properly request leave and unauthorized absence. Prior three-day and five-day suspensions.

- Reprimand for failure to properly request leave and unauthorized absence.

# Robins officer uses music, song to spread diplomacy while deployed

BY MAJ. CHAD STEFFEY  
US CENTAF Public Affairs

It's not just any night at the Combined Air and Space Operations Center's makeshift British pub known as the Muff. Instead, it's a night of diplomacy through music and song.

Short for the Muff Inn, it's a favorite off-duty hangout for officers where paper hurricane lamps dangle, flags of coalition countries adorn the walls, overturned cable spools are used as tables and flying squadron stickers from around the world cover every visible surface. It's Saturday night, which means Capt. T.J. Clancy is performing ... hunched over his acoustic guitar singing about love, life, war and peace.

Captain Clancy, currently working in the Air Mobility Division of the Combined Air and Space Operations Center, is a career performer as well as an Airman.

The captain began performing magic shows at age five in his hometown of Queensbury, N.Y. A lifelong performer, he also sang and acted in musical theater growing up. Then, he picked up the guitar his junior year at the Citadel.

Since then, he's been honing his skills as a solo performer and song writer for the last ten years.

"I'm just a born entertainer," said the captain. "If it wasn't music, I'd find some other way to entertain people."

At Robins, Captain Clancy, a member of the 19th Air Refueling Group, is a regular around the music scene where he plays a variety of acoustic-based music.

"Music tends to be very soothing and relaxing," said the 13-year veteran. "It's a

great feeling knowing my music can be a release for people if only for three or four minutes."

Now in the area of responsi-

bility he is using his talent to bring a heartfelt message of camaraderie and a smile across many cultures and languages from Great Britain, Japan,

Singapore, Australia, New Zealand, France, Canada to South Korea.

He's become a weekly musical feature at the CAOC pub. He also plays late into the night at one of the gazebos near the Coalition living quarters.

"That's the most rewarding part for me," said the captain. "I really enjoy crossing paths with folks you would never meet back home, and knowing somehow my music brings them together and means something special to them."

This four-month tour marks

his fifth Air Force deployment for the career KC-135 Stratotanker navigator. But like his music, his job here requires him to create diplomacy across battle lines.

The captain explained he's responsible for arranging overflight and landing rights in an ever-changing political environment. He negotiates diplomatic country clearances with more than 12 host nations everyday for the entire deployed fleet of U.S. Air

Force C-130 Hercules aircraft in the Middle East.

"This is about leadership, building a team that can communicate across cultures and maintaining good working relationships with our host nation embassies," said the captain. "I have a new appreciation for the 'big picture' of planning and executing an air campaign. It's been very challenging. You have to learn quickly and get fast results; our troops depend on us."



Courtesy photo

Capt. T.J. Clancy, deputy chief of combat plans and programs for the 19th Air Refueling Group, performs in the British pub at the Combined Air and Space Operations Center at a base in Southwest Asia. The 13-year veteran is currently serving a four-month tour in the area of responsibility. This is his fifth deployment.

## Robins Honor Guard supports community events



Courtesy photo

Members of the Robins Honor Guard, (left to right) Senior Airman William Kidd, Staff Sgt. Marcus Zellner, Airman 1st Class Sylvia Kirechu and Staff Sgt. David Sloboda, present the colors at a Macon Music baseball game earlier this month. The Robins Honor Guard is always looking for sharp, motivated and professional individuals to join their ranks. If you are active duty and interested in serving, contact your first sergeant. For more information call 926-9775.

"There's some exciting and promising innovations in energy occurring throughout our Air Force. I wanted to make you aware and also ask that you consider what you can do within your area of responsibility, or one adjacent. We've all read about the energy crisis; and likely wonder how to sort fact from fiction. But we're also watching as organizations large and small react by identifying areas where they can "lighten their footprint" on the environment. That resonates with me, as our Air Force is light and agile as well as lethal, and examining how we do this is a major part of Air Force Smart Operations." — **Secretary of the Air Force, Michael W. Wynne**

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## SUBMISSION GUIDELINES

Editorial content is edited, prepared and provided by the 78th Air Base Wing Office of Public Affairs at Robins Air Force Base, Ga. All photographs are Air Force photographs unless otherwise indicated. Stories and briefs must be submitted as a Word document. They may not exceed two pages, double spaced. They must be typed using the Times New Roman font, 12-point type, with 1-inch margins. All submissions will be edited to conform to Associated Press style. Submission does not guarantee publication.

Submissions must be received by 4 p.m. the Monday prior to the requested Friday publication. They should be e-mailed to lanorris.askew@robins.af.mil. Submissions should be of broad interest to the base populace. If there are further questions, call Kendahl Johnson at (478) 222-0804.

## DELIVERY

The Robins Rev-Up is published 50 times a year on Fridays, except when a holiday occurs during the middle or latter part of the week and the last two Fridays of the year. To report delivery issues, call Lanorris Askew at (478) 222-0806.

## ADVERTISING

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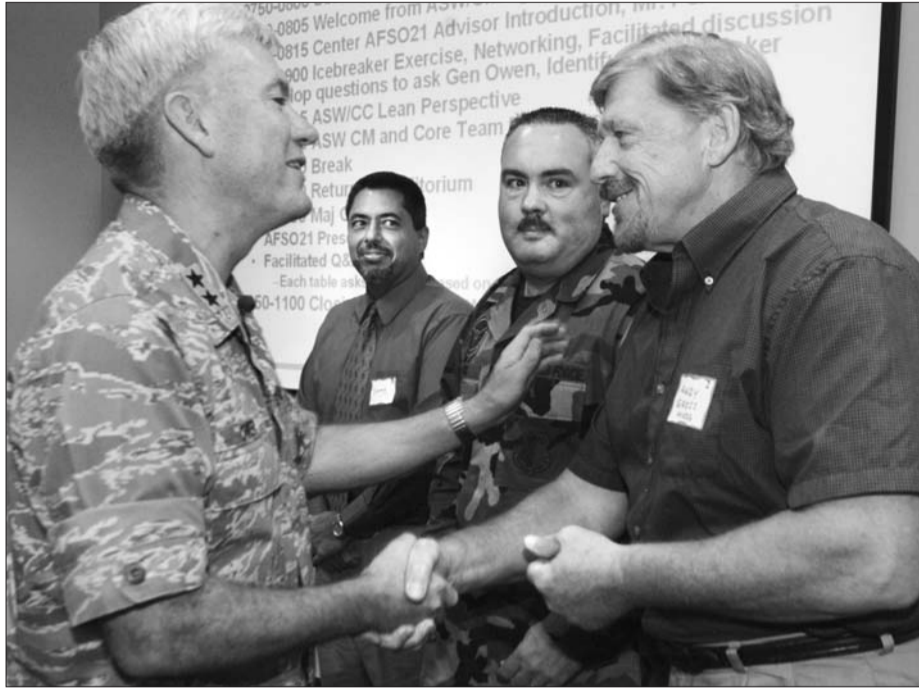
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## ONLINE

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## All Hands meeting celebrates AFSO21



U.S. Air Force photo by SUE SAPP

Left to right, Maj. Gen. Tom Owen, WR-ALC commander gives Air Force Smart Operations for the 21st Century lapel pins to Jimmy Katsakis, Master Sgt. Jeffery York and Andy Gross who symbolically represented all Center AFSO21 and Lean professionals at the Quarterly AFSO21 All Hands Meeting July 13. Over 100 change managers, core team facilitators and Lean POCs from across the Center received the pins in appreciation of the ongoing successful AFSO21 and Lean activity at the Center. General Owen shared his AFSO21 perspective with the group and took part in a question and answer panel.

*Editor's Note: The Rev-Up will print an AFSO21 question-and-answer series the third Friday of every month. Questions may be e-mailed to the WR-ALC/XP workflow with subject line marked AFSO21 question. Maj. Gen. Tom Owen, commander of the Warner Robins Air Logistics Center, will respond to AFSO21 questions.*



Maj. Gen. Tom Owen  
WR-ALC commander

**Q:** What is the difference between Lean and Air Force Smart Operations for the 21st Century, or AFSO21?

**A:** Actually, there is not a great deal of difference between the Lean and AFSO21. On Nov. 7, 2005, it was announced that the Air Force was going to begin "Leaning" out its processes service wide, not just at the air logistics centers and selected operational bases. AF/A3 and SAF/AQ brought general officers from each of the major commands together to discuss Lean and what it should be called Air Force-wide. I was privileged to be one of those officers. Using the term Lean would not be completely adequate, as AFSO21 includes other continuous process improvement initiatives, such as Six Sigma, Theory of Constraints and Business Process Reengineering. Still Lean, as it has been known here at

Warner Robins Air Logistics Center since its inception into the Air Force in 1999, is the foundation for AFSO21.

**Q:** What is your perspective on our AFSO21 journey?

**A:** I am very impressed with what our fantastic Warner Robins Air Logistics Center team has accomplished through Lean and AFSO21 implementation to date. We have made great strides at this center since the first test of Lean in the F-15 Avionics shop in 1999. Shortly after that successful effort, we implemented Lean in the C-5 pylon area. I was fortunate to participate in this in my role as the C-5 System Program director here at WR-ALC. One thing that I find most interesting is our ability to look at ourselves more clearly now that we have been using this methodology for eight years. While we

were able to celebrate our early successes, and we still do that, we now realize that we have a long way to go and that the journey will never end. AFSO21 is not a system of fixing something and saying "we're done." To truly implement AFSO21, we have to realize that striving for perfection does not end and that there is always room for improvement. I believe WR-ALC has a head start on many bases throughout the Air Force because of this knowledge, as some bases are just implementing AFSO21; they are where we were back in 1999. They are celebrating early success, as well they should. But, they are still in the early stages of their AFSO21 implementation. I believe it is a compliment to this center that many of those organizations are coming to us for assistance and to share the expertise we have gained in our Lean and AFSO21 journey.

## Civil War memorial and reflections on Iraq

Gun powder inundates my nostrils while my ears ring with the firing of each canon. The screams of men and boys are drowned out by blasts of lead that pour through their bodies. The grass that today shines green and healthy in the midday sun, is stained red with the blood from the fall.

Closing my eyes, I lean against an oak tree that stands tall like a wooden guardian watching over the slain soldiers, I try to imagine standing in the same spot 145 years earlier.

More than 20,000 Confederate and Union soldiers were casualties of the Battle of Shiloh which is also known as the Battle of Pittsburg Landing. It was a major battle in the Western Theater of the American Civil War, fought on April 6 and 7, 1862 in southwestern Tennessee. Confederate forces under Generals Albert Sidney Johnston and P.G.T. Beauregard launched a surprise attack against the Union army of Maj. Gen. Ulysses S. Grant and came very close to defeating his army.

Now the battle field has become a memorial to those who fought valiantly and lost their lives in the only war fought on American soil.

Signs filled with poetry line a concrete path that leads the way to the hallowed ground covered with grass that wraps around gray, etched monuments — most of them with the epigraph, 'Unknown U.S. Soldier.' About two-thirds of the soldiers killed at the battle are unknown. One of the signs reads, "On flames eternal camping-ground, their silent tents are spread, and glory guards with solemn round, the bivouac of the dead."

One of the few known soldiers who lost his life was Pvt. George W. Sharp a member of the 6th Iowa Infantry and my great great-grandfather.

It's awe-inspiring to see a family name carved in stone, commemorating a death that occurred in a pursuit of the abolishment of slavery and reuniting the North and the South.

Starting at his grave, I reflected on the Nation's cur-

rent position in Iraq and the similarities between the ongoing war and the one that took place in our states two centuries ago.

Sharp died within the first hour of the battle of Shiloh. I have two family members who, like my civil war relative, are infantrymen. My brother, who is currently stationed at Ft. Bliss in El Paso, Texas, leaves for Iraq in the end of June and my brother-in-law, a Maryland National Guardsman, leaves sometime in the following months for his second 15-month tour.

Hopefully they will return home safely never having to rest on "flames eternal camping-ground." But if they do become casualties of this war they know it will not be in vain.

Compared to previous U.S. wars, the more than 3,000 troops that have died in Iraq don't seem astronomical. More than 50,000 troops died in Vietnam, more than 100,000 in WWI and more than 400,000 in WWII.

These numbers are not to make light of the casualties of the ongoing war but to put in

perspective how many lives have been lost during wartime.

The civil war and the war in Iraq have differences but they also have similarities. The Civil War happened for more reasons than to free the slaves and critics of the war in Iraq and President George W. Bush, say that we are in Iraq for more reasons than to give the Iraqi people better lives.

The Civil War may have occurred for other reasons than the abolishment of slavery and we may be in Iraq for more reasons than any of us know. But the fact of the matter is, no matter how many other reasons the Civil war took place, slavery was still eradicated.

So while a portion of the country feels we are in Iraq for all the wrong reasons, remember the one right reason — to give people less fortunate than ourselves a fighting chance at freedom and democracy.

— *This commentary was written by Senior Airman Paul Ross, 116th Air Control Wing Public Affairs.*



Col. Theresa Carter  
78th Air Base Wing  
commander

## Commander's Action Line

To contact the Action Line, call 222-0804 or e-mail one of the following addresses: If sending from a military e-mail system select, Robins Commanders Action Line from the Global Address List.

If sending from a commercial e-mail account, use [action.line@robins.af.mil](mailto:action.line@robins.af.mil). Readers can also visit <https://www.mil.robins.af.mil/action-line.htm>. Include your name and contact information so a response may be provided.

Action Line is an open door program for Robins Air Force Base personnel to ask questions, make suggestions or give kudos to make Robins a better place to work and live.

Remember, the most efficient and effective way to resolve a problem or complaint is to directly contact the organization responsible:

- Security Forces 327-3445
- Services Division 926-5491
- EEO Office 926-2131
- MEO 926-6608
- Employee Relations 926-5802
- Military Pay 926-3777
- IDEA 926-2536
- Base hospital 327-7850
- Civil engineering 926-5657
- Public Affairs 926-2137
- Safety Office 926-6271
- Fraud, Waste and Abuse hotline 926-2393
- Housing Office 926-3776.

To contact the Action Line, call 222-0804 or for the quickest response, e-mail one of the following addresses: If sending from a military e-mail system select, Robins Commanders Action Line from the Global Address List.

If sending from a commercial e-mail account, use [action.line@robins.af.mil](mailto:action.line@robins.af.mil).

## Motorcycle training area

I have noticed that all over Robins we are installing plasma screen TVs, some up to 42 inch width in size, to display production control information and Robins news programming. Most of these televisions cost several thousands of dollars apiece. We, the motorcycle community and Base Safety, have been trying to establish an area away from the current motorcycle riders training location at Bldg. 905 for several years. We have been given permission to relocate the training area to the old Pave Paws radar site but are now being told there are no monies available to refurbish this new location. I fail to see how we as the Air Force can justify spending hundreds of thousand of dollars on plasma screen TVs, that are being stolen as fast as they are being put up, but can not justify a one time expenditure of \$50,000 to ensure all motorcycle on Robins have the best possible training facilities available. With the price of gas continuing to climb more and more active duty military, contract and civilian employees are investing in motorcycle transportation as a viable alternative to automobiles. This trend will continue for many years to come. I think we owe it to all the employees of Robins and the surrounding community to provide the best facilities for our workforce.

## Colonel Carter's Response:

The Motorcycle Safety Range serves an important mission at Robins by providing a location to train motorcycle riders and increase their abilities and safety. The initial project included a larger scope of items to be accomplished raising the cost of the range. At the last Facilities Utilization Board we discussed this project and I asked the safety office and the 78th Civil Engineer Group to determine a final cost of completing this project. Since then, the project scope has decreased significantly. The current project is only about \$3,000, and I hope to fund it this month. However, there are some mission impacts at the new location that we must resolve first. Thank you for your concern with motorcycle safety program and the safety for Robins employees and our community.

## Pool, diving and swimming safety tips

As the weather becomes warmer, reports of accidental drownings become all too common. Drowning victims encompass all age groups — the toddler who fell into the family pool, the teenager who dove into a lake and struck an unseen rock, the adult who was pulled out to sea by a strong undertow. Perhaps the saddest fact about each of these cases is that the drowning accidents could have been prevented. Learn these basic rules for drownproofing before an accident becomes a tragedy.

**Pool Safety** - If you own a backyard pool, or live in an area where pools are common, enroll your children in swimming classes. Invest in an approved safety cover and keep the pool covered whenever it is not in use. Fence in your pool to prevent curious youngsters from entering the pool area without your permission. Never, ever, allow toddlers or young children access to the pool without adult supervision.

**Diving Safety** - Many accidental drownings result from diving injuries. Diving into shal-



U.S. Air Force photo by SUE SAPP  
Corey Fuller jumps in and makes a splash at the enlisted club pool.

low water, or striking an unseen obstacle, can lead to unconsciousness, spinal cord injury, and all too often, death. Always test water depth before diving, and if you are unable to see below the water's surface, don't dive. Even if you are sure your path is clear, keep your arms extended above your head when diving. Your hands (not your head) will hit an unseen obstacle first.

**Swimming Safety** - Whenever you swim in a pool, lake or ocean, always have a partner nearby. Observe warning

signs, i.e., "No Lifeguard On Duty," "Dangerous Undertow," "Beach Closed to Swimming."

Never swim when you are tired, under the influence of alcohol, drugs, or medications, or when weather conditions are stormy. If you are not an experienced swimmer, stay in shallow water and use flotation devices. Never allow toddlers or your children to swim without adult supervision.

**Additional Tips** - Certain water sports such as boating, water skiing, and surfing, pose special drowning dangers. If you are interested in taking up any water sport, learn how to swim beforehand. Know nautical rules and regulations before going on any boat. Always wear an approved flotation device.

Check your equipment before engaging in any water sport to be sure that it is in good operating condition. Finally, use common sense and avoid unnecessary risks. Drowning accidents are tragedies that can, in most cases, be prevented.

### Pool Safety

- Use an approved safety cover and keep the pool covered

when not in use.

- Fence in pool.
- Never allow children access to the pool without adult supervision.

### Diving Safety

- Always test water depth before diving.

- If you are unable to see below the water's surface, don't dive.

- Keep your arms extended above your head when diving.

### Swimming Safety

- Know and observe your swimming limitations and capabilities.

- Avoid swift-moving water. If caught in a current, swim with it and angle towards shore or the edge of the current until you reach safety.

- Always swim with a partner.
- Observe warning signs.

- Stay out of the water during thunderstorms and severe weather.

- Never swim when you are tired, under the influence of alcohol, drugs or medication.

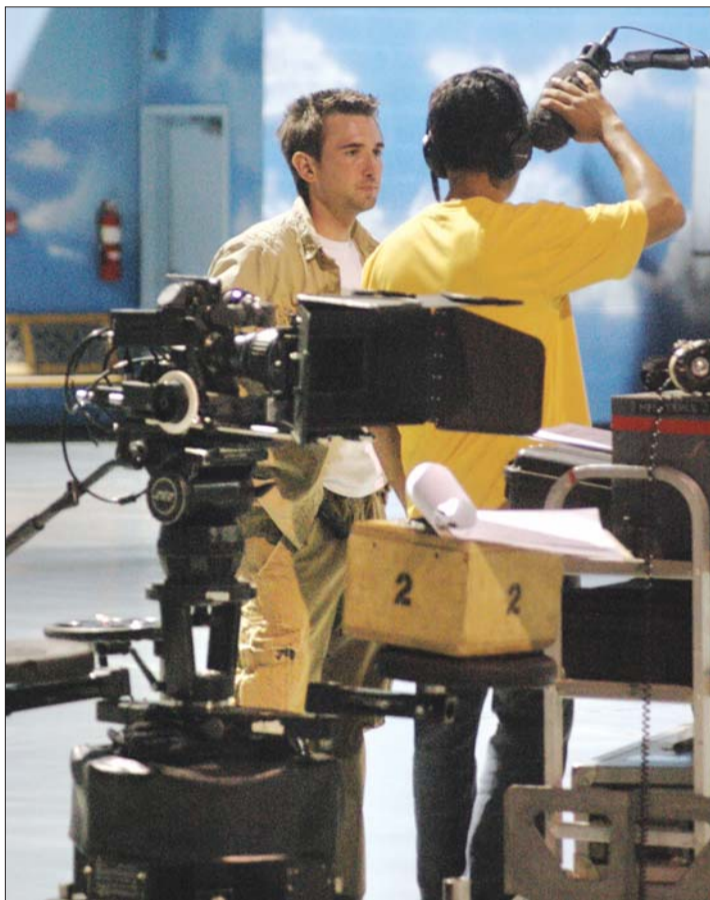
- Never allow young children to swim without adult supervision. — *78th Air Base Wing Safety Office*

# Lights! Camera! Action!



U.S. Air Force photos by SUE SAPP  
A production crew member looks on as T. Justin Ross checks out the camera angle.

FSU film student hopes to inspire patriotism and appreciation for today's warfighter



By AMANDA CREEL  
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T. Justin Ross, a graduate student at Florida State University's Filming Institute, searched high and low for the perfect location to shoot his final film before graduating next month.

His mission to find a B-29 B Stratofortress as the center piece of his film "Taking Flight" landed him in Warner Robins at the Museum of Aviation. When he discovered the museum housed a B-29 in one of the museum's hangars, he knew this was the perfect location for his film.

Mr. Ross said not only was the museum the best fit for his short film, which takes place in a museum next to a B-29, but the museum staff was very helpful and accommodating as the crew planned to make the journey from FSU to Warner Robins to shoot the film.

The crew arrived July 13 equipped with the lights, the camera and an entourage of about 16 production crew members, actors and actresses to help make the short film a reality.

Mr. Ross, writer and director of the short film, said he wrote the film as a tribute to his grandfather, who served as a

pilot in World War II.

Mr. Ross has big ambitions for the impact the film will have on its viewers.

"In the current state of our nation at war, there are so many questions about what is right and what is wrong," he said. "But, with World War II there was a clear distinction about what is right and wrong and there were clear distinctive heroes."

He said he hopes the film reminds today's generation that the men and women who serve our nation during any war are heroes and should be honored as such.

"These people who go out and put their lives on the lines are heroes. Hopefully, we can put that sentiment into the film," Mr. Ross said.

The plot of the film surrounds an aging grandfather, who served as a B-29 pilot during World War II in the Pacific arena. The grandfather, Max, spent 50 years agonizing over one fateful night when he failed to join his crew for a mission and the mission failed resulting in the death of his entire crew.

As Max, who suffers from Alzheimer's, continues to struggle with guilt and remorse for failing his crew, he dreams of a day when he can reunite with them.

"As the only surviving member of his crew, completion of his life is tied to completing the mission," said George Judy, one of Mr. Ross' instructors, who stars in the film as Max.

The movie takes place 50 years to the day after the loss of his crew when the grandfather convinces his granddaughter to help him visit a museum that is home to a B-29 bomber, where he believes his crew will meet him and together they will complete the mission he missed 50 years ago.

"Nothing happens at first, but then his family and the security guard show up. When it looks like all hope is lost, the crew shows up and they take him away in a kind of 'Field of Dreams' way," Mr. Ross said.

Mr. Judy said he thinks the film is a great effort by the young filmmaker.

"It is a very interesting and exciting film, a lovely idea that comes out of his own heritage," he said.

Mr. Judy said it was very exciting to be at the Museum surrounded by the planes and Air Force memorabilia. He said the location really helps you get in a great mindset for the filming of a movie that reminisces with Max's experiences during World War II.



Above top, T. Justin Ross talks with Ajay Gupta, sound mixer, while equipment was being set up. Mr. Ross, who wrote and directed the film, spent the afternoon working to ensure all was perfect before filming began.

Above, Jamie Kassler, production designer, helps actor Matthew Ellison with his wardrobe.

At left, The Century of Flight hangar at the Museum of Aviation was used for location filming of a movie by Florida State graduate student T. Justin Ross.



Top, Actor Matthew Ellison comes onto the set for filming of "Taking Flight."

Bottom, Matthew Ellison sits in the cockpit of the B-29 for filming of the first scene.





## MWC names cadet student-athlete of year

Air Force Academy senior Blair Leake was named the 2006-07 Mountain West Conference female student-athlete of the year.

Established by the MWC Joint Council in 1999, the Student-Athlete of the Year award is the highest honor presented to a student-athlete by the league. The award is bestowed annually to one male and one female who best exemplify the term "student-athlete" by achieving excellence in academics, athletics and community involvement.

Criterion for the Student-Athlete of the Year award requires that nominees demonstrate leadership, character and conduct on and off the playing field. In addition to superior athletic achievement, candidates must have a minimum 3.5 grade point average. The winners each receive a \$2,500 postgraduate scholarship.

Leake, an operations research major, excelled for the Falcons' swimming and diving team the past four years, including the last season as team captain. In addition to several individual top-10 finishes, she holds the school record in the 200-yard breaststroke. A two-time All-MWC performer (2006, 2007), she also earned Academic All-MWC honors and MWC Scholar-Athlete accolades four straight years.

A native of Springfield, Mo., Leake graduated with a 3.88 grade point average at the Air Force Academy and was recently awarded an NCAA Postgraduate Scholarship as well as the prestigious Draper Scholarship for graduate study at the Massachusetts Institute of Technology. She was named to the Academy Dean's and Athletic list in each of her eight semesters and is the only



Courtesy photo  
U.S. Air Force Academy senior Blair Leake was named female student-athlete of the year.

cadet to be named a Dean's Ace (4.0 GPA) twice since the award originated in 2004.

In addition to her academic and athletic commitments, Leake assumed roles of responsibility and leadership while at the academy, including a post as assistant director of academics for Cadet Squadron 16. She also was the driving force behind numerous community service projects.

Leake joins a pair of Falcon men's swimmers as winners of the MWC Student-Athlete of the Year award. John Dayton earned the honor in 2003 and Matt Karmondy did so in 2006. Dayton and Karmondy were also NCAA Postgraduate Scholarship award winners as well.

— *Air Force News*

## Former AFA athlete takes gold medal in javelin toss

With a career-best matching toss, former Air Force standout Dana Pounds claimed a gold medal at the 2007 AIT USA Track and Field Outdoor Championships.

In addition, freshman Sara Neubauer picked up a third-place finish in the discus at the Finish Line USA Junior National Championships.

Representing the Air Force World Class Athlete Program, Pounds becomes the Falcons' second USATF champion and the first at the senior level.

Pounds threw a career-best matching toss of 195'8" on her final throw to upset the current American record-holder Kim Kreiner by nearly five feet. With the win, the native of Lexington, Ky., automatically earned a spot on Team USA. Pounds and Kreiner separated themselves from the field by nearly 16 feet, as the third-place finisher tossed a 176'5".

One day after collecting a junior national title in the shot put, Neubauer picked up a third-place finish in the discus throw. Recording a distance of 161'5", the native of Bottineau, N.D., finished just a foot behind the event champion. Despite fouling two of her three attempts in the final round, Neubauer made her final throw count, claiming the top mark of 161'5".

Former Falcon Paul Gensic tied for 14th on the pole vault, after recording a 'no-height' on the opening clearance of 17'8.5".

— *Air Force News*



Courtesy photo  
Former U.S. Air Force Academy athlete Dana Pounds is the Falcons' second champion at the USA Track and Field Outdoor Championships.

## Self Help Center offers low-cost home care

BY HOLLY L. BIRCHFIELD  
hollybirchfield@robins.af.mil

With summer underway, many people will be sprucing up their yards for cookouts and outdoor fun.

The Self Help Center at Robins' Outdoor Recreation in the 78th Services Division is helping people tidy up their homes with the help of equipment rented at a low cost.

John Ferguson, a recreation assistant at Outdoor Recreation in Bldg. 914, said equipment rental prices make home upkeep more affordable.

"We rent aerators, augers, leaf blowers, axes, hatchets, ditchwitches and push mowers," he said. "We do have four-hour rates on some of that equipment. The four-hour rental is same day only and that's basically four hours from the time you pick it up. If you just need to cut your grass, we're not going to charge you for the whole day. It's usually about half price of what the total would be."

Karan Hudgens, assistant director of Outdoor Recreation at Robins, said the center offers base customers a good service at a good price.

"There's not too many places where you can rent these items like the hacksaws, the little drill saws," she said. "Most places make you buy the weed eaters and the push lawnmowers. Here, you can come and rent it. Anything runs from \$1 to \$16, depending on if you use it for the whole day. There's just not that many places that rent those kinds of items at the cost that we can give it to the customer."

Rental prices vary depending on the equipment and time it's rented, Mr. Ferguson said. A list of prices is available for customers at the center.

Mr. Ferguson said people can't beat the deals they get through the center.



U.S. Air Force photo by SUE SAPP

Milt Harrington, recreation assistant, gets a weed eater ready for the next customer.

"Our prices are a lot better than some of the competing places off base," he said. "There's also the convenience of being on the base and having familiar people to do business with."

Mr. Ferguson said people don't have to live on base to use the equipment rental service. They only have to have their base identification card on hand.

Customers are expected to return rented equipment in the condition they received it, fueled enough for the center to check its workability upon its

return, Mr. Ferguson said.

If equipment isn't returned in proper form on time, Mr. Ferguson said people may have to pay a cleaning fee or a late fee or both.

In addition to yard maintenance equipment, the center offers rental of pavilions, chairs, tables and other items for parties and other occasions.

The center is open Monday through Friday from 8 a.m. to 5 p.m. year round and Saturdays from 8 a.m. to 2 p.m. during its summer schedule from the beginning of April through Sept. 30.

## ► IN BRIEF

### 78TH MDG HEALTH CARE COUNCIL MEETING

Col. James McClain, 78th Medical Group commander, will host the quarterly 78th MDG Health Care Council Tuesday at 10 a.m. at the

Robins Enlisted Club. Everyone is invited to attend.

### 78TH ABW QUARTERLY AWARDS CEREMONY

The 78th Air Base Wing's 2nd Quarter Awards Ceremony will be today at 8 a.m. in the enlisted club ballroom. Outstanding Wing civilian and

military performers will be recognized. Commanders, supervisors, family members and friends are encouraged to attend. Show your unit's pride and spirit and congratulate the troops for their stellar achievements. For more information, call Master Sgt. Evelyn Porcher at 926-0792.

### NOTICE OF ACCREDITATION SURVEY

The Accreditation Association for Ambulatory Health Care, Inc. will conduct an accreditation survey of the 78th Medical Group Aug. 15-17. The survey will be used to evaluate the organization's compliance with AAAHC standards for ambulatory health care and to determine if accreditation should be awarded to, or retained by, the organization.

Through an emphasis on education and consultation, the ultimate purpose of the accreditation process is to improve the quality of health care delivered by this organization.

78th Medical Group has voluntarily requested this survey as a means of assisting its own efforts to improve the delivery of quality health care.

Members of the general public, patients, and individuals on the staff of this organization, believing that they have pertinent and valid information about this organization's provisions of health care or compliance with AAAHC standards, may request an information presentation with AAAHC surveyors at the time of the survey for the purpose of presenting such information, or may communicate such information in writing or by telephoning the AAAHC. All information received from identified individuals at or prior to the survey will be considered in making the accreditation decision. The information presented will not be debated with the reporting individual.

Request for presentation must be received at least two weeks prior to the survey in order to allow sufficient time to schedule the presentations. Requests for public information presentations or reporting of pertinent and valid information may be communicated in writing or by telephone to AAAHC at the following address and telephone number:

Accreditation Association for Ambulatory Health Care, Inc.  
5250 Old Orchard Road  
Suite 200  
Skokie, IL 60077  
Phone: 847-853-6060  
Fax: 847-853-9028



U.S. Air Force photo by SUE SAPP

When Tessie Price isn't cooking on the grill at the On Spot Café in the Bowling Center, she can be found in her own kitchen cooking delicious dishes, like chicken adobo.

## On Spot Café cook offers up chicken adobo

BY HOLLY L. BIRCHFIELD  
holly.birchfield@robins.af.mil

*(Editor's note: This is the second article in a seven-part series.)*

Tessie Price loves to cook.

The mother of two who is originally from the Philippines got her start in cooking as a young girl in her mother's kitchen.

"I've been cooking my whole life," she said. "I love it."

Now, she is the supervisor of the On Spot Café in the Robins Bowling Center, a career she has enjoyed for about 16 years.

Ingredient measurements? They're hard for the spirited woman to recall since she does most of her cooking based on intuition.

Mrs. Price said chicken adobo is one of her favorite recipes because of its mix of healthy ingredients and flavor.

The cooking professional enjoys a variety of foods, but those from the Philippines are



her favorite.

Cooking is in her blood, but Mrs. Price said she realizes that it doesn't come that easy for everyone.

And for those that don't consider the kitchen to be their natural habitat, the adventuresome cook offers some encouragement.

"Just get in there and try it," she said. "Experiment a little bit. I experiment a lot with my cooking. Try different ingredients until you find what you like. You never know what you can come up with."

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### Recipe:

- 2 pounds of chicken
- 1 ounce of yellow onion
- 1 ounce of ginger roots
- ½ teaspoon of ground pepper,
- ¾ cup of soy sauce
- ¾ cup of apple cider
- ¾ cup of water
- 1 garlic clove
- ¼ teaspoon of MSG seasoning (optional).

Cook the chicken and dice into cubes. Mix all ingredients together well and boil in a large sauce pan on medium heat for about an hour.

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