## BAHRAIN ELEM/ HIGH SCHOOL CAFETERIA LUNCH MENU – FEBRUARY 2013











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 TURKEY WRAP WAFFLE FRIES CEASAR SALAD JUICE / MILK / WATER FRUIT COCKTAIL	4 BBQ CHICKEN MASHED POTATO MIXED VEGETABLE JUICE / MILK / WATER BANANA	5 BEEF LASAGNA GARLIC BREAD BROCCOLI JUICE / MILK / WATER SLICED ORANGES	6 CHICKEN STIR FRY WHITE RICE SWEET CORN JUICE / MILK / WATER SLICED PEARS	7 CHEESEBURGER,HOTDOG HAMBURGER,CHILIDOG FRENCH FRIES JUICE / MILK / WATER COOKIE
SALAD BAR: CHIX CAESAR	SALAD BAR: TUNA	SALAD BAR: ITALIAN	SALAD BAR: RUSSIAN	SALAD BAR: HUMMOUS TABOULEH
10 GRILLED CHICKEN S/W WAFFLE FRIES SWEET CORN JUICE / MILK / WATER APPLE WEDGES SALAD BAR: POTATO	11 CHEESE PIZZA NACHO CHIPS GREEN SALAD JUICE / MILK / WATER JELLO SALAD BAR: GREEN	12 CHICKEN PARMESAN MASHED POTATO GREEN PEAS JUICE / MILK / WATER SLICED PEARS SALAD BAR: DEVIL EGGS	13 CHEESEBURGER,HOTDOG HAMBURGER,CHILIDOG FRENCH FRIES JUICE / MILK / WATER COOKIE SALAD BAR: HUMMOUS TABOULEH	HALF DAY CSI TRAINING
17 CHICKEN FILLET S/W POTATO WEDGES SLICED CARROTS JUICE / MILK / WATER SLICED PEACHES SALAD BAR: CHEF'S	18 BEEF TACO MEXICAN RICE SWEET CORN JUICE / MILK / WATER SLICED FRUIT SALAD BAR: THREE BEAN	19 CHICKEN FINGERS CHEESE MACARONI GREEN BEANS JUICE / MILK/ WATER BANANA MUFFIN SALAD BAR: WALDORFF	HALF DAY PARENT/TEACHER CONFERENCE	HALF DAY PARENT/TEACHER CONFERENCE

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24 CHICKEN NUGGETS CHEESE MACARONI SLICED CARROTS JUICE / MILK /WATER APPLE WEDGES SALAD BAR: GREEK 25 BEEF GOULASH NOODLES MIXED VEGETABLES JUICE / MILK / WATER CAKE SALAD BAR: CHIX CAESAR 26 CHICKEN FAJITA WAFFLE FRIES SWEET CORN JUICE / MILK / WATER SLICED PEARS SALAD BAR: TUNA PASTA 27 CHEESE PIZZA CHIPS GREEN SALAD JUICE / MILK / WATER CHOCOLATE PUDDING SALAD BAR: GREEN

28 CHEESEBURGER/HOTDOG HAMBURGER/CHILIDOG FRENCH FRIES JUICE / MILK /WATER/ COOKIE SALAD BAR: HUMMOUS

**TABOULEH** 

LESS STUDENTS:

FEBRUARY 24 – 13 HIGH SCHOOL