

I Need Assistance With...

SB = Schofield Barracks

FS = Ft. Shafter

AMR = Aliamanu Military Reservation HMR = Helemano Military Reservation

TAMC = Tripler Army Medical Center WAAF = Wheeler Army Air Field

Army Community Service Schofield Barracks 655-4227 / Toll Free 1-877-406-2148

Military & Family Life Consultants 222-7088 Store Front HMR 366-7482 / AMR 366-9121 / TAMC 222-1089 Child Specialist SB 351-4571/221-3910 / 228-9160 / FS 220-7323 / AMR 366-4694

Fort Shafter Outreach Ctr. 438-9285 / Survivor Outreach Services 438-9285 Soldier & Family Assistance Center 655-7171

FS 438-1963

SB Peterson, 655-5293

FS 438-1151 AMR 833-5102

School-Age Youth Centers

SB 655-6476 HMR 653-0717

FS 438-1487 AMR 833-4932

SB 655-0451 AMR 833-0920

Middle School/Teen Centers

Bennett Youth / Teen Ctr. 655-6465

Family Child Care, SB 655-8373

MWR Website www.mwrarmyhawaii.com

25th ID Website www.25idl.armv.mil

Family Advocacy Prevention Ed

655-4227

Child. Youth & School Services

CYS Parent Central Services

SB 655-5314/8380 AMR 833-5393

USARPAC Soldier & Family Well-Being Program

Military OneSource 1-800-342-9647 www.militarvonesource.com

EMERGENCY

Directory Assistance 449-7110 Military Operator

449-1110 Tripler Army Medical Center FR 433-6629

Emergency 911 Military Police SB 655-5555

FS 438-7114

Emergency 655-0911, 438-0911 Fire Department, Federal 471-7117

Emergency 911 American Red Cross SB 655-4927

TAMC 433-6631 24 Hrs 1-877-272-7337 AER non-duty hrs Suicide & Crisis Hotline

(808) 832-3100 HI State Suicide Prevention Hotline 1-800-273-TALK (8255) VA 1-800-SUICIDE (784-2433) National

Victim Advocacy Program 624-SAFE (7233)

Legal Assistance Office on Post

Power of Attorney, Wills

Tax Assistance Office SB 655-1040 FS 438-6725

FS 438-6725

Legal Aid Society

SB 655-8607 / 08

Affordable Lawyers 536-4302

Installation Access Pass

Installation Access Pass Office SB 655-1620

www.usarpac.army.mil/soldierfamilywellbeing/reintegration/reintegration.htm

Parenting / Child Care ACS New Parent Support Program Tripler Army Medical Ctr. Information Center ACS Parenting Skills Classes 433-6661 / 6662 / 6663

Dial 433-2778 plus clinic extension number

Kids on Site 655-8628 Family Practice Allergy/Immunization ext 3113 Child Development Centers Pediatrics Appt ext 1, ext 2 SB 655-7106 HMR 653-0724

Pediatrics Patient Assistance ext 312 OB/GYN Appt ext 3, ext 4 Troop Medical Clinic ext 322 Troop Medical Clinic Annex ext 321

Warrior in Transition Clinic Appt ext 331 Specialty Clinics Acute Care Clinic SB, 433-8850, 6a.m.-9p.m. Audiology/Hearing Conservation ext 381 Occupational Health ext 383 Occupational Therapy ext 351

School Support Services 655-9818

Exceptional Family Member Prog SB 655-4777 FS 438-1961

Child & Adolescent Assistance Ctr. SB 433-2778 ext 363 TAMC 433- 6418 Child Psychiatry TAMC 433-1323 Child Psychology

Basic Needs

Military ID Cards / AG ID Cards http://appointments.cac.navy.mil SB 655-6884 FS 438-1757 Passport / Citizenship

655-7182 www.travel.state.gov WIC

Wahiawa Office 622-6458 Honolulu Office 586-4761

Health Care

U.S. Army Health Clinic, Schofield Barracks

listed or listen for extension number needed:

Primary Care Family Practice Appt ext 12 Family Practice Patient Assistance ext 3111

Aviation Medicine Clinic Appt ext 323 Deployment Health Clinic Appt ext 325

Orthopedics/Podiatry/Cast Clinic ext 351 Optometry ext 3821 Physical Exam ext 326

Physical Therapy - (Main: ext 3521, Warrior in Transition PT: ext 333) Public Health Nurse/Community Health

Nursing ext 384 Other Services

Pharmacy (Call-in-Refill ext 301, Dispensing Window ext 302, Clinical Pharmacist in Family Practice 433-8160) Laboratory 433-8303

Radiology 433-8355 **Customer Relations** SB 433-2778 ext 391

TAMC 433-6336 Health Benefits Advisor: SB Health Clinic 433-2778 ext 392

TAMC 433-3422

TRICARE

TRIWEST Customer Service 1-888-874-9378 www.triwest.com/OnlineCare

Family Advocacy SB (ACS) 655-4779 SB (Clinic) 433-8579

Financial

Army Emergency Relief (AER) SB 655-4227 FS 438-9285

Non-duty Hrs AER Emergency: American Red Cross

1-877-272-7337 Financial Questions ACS 655-4227 / 1714

125th Financial Management Co. Customer Service 655-1244

Finance Office Defense Military Pay Office FS 438-1875

Pets

Veterinary Needs

SB 433-8532 FS 433-2271 Off Post 24 Hr 671-1751 / 484-9070 MWR Pet Kennel 368-3456

Abuse/Neglect

Child Abuse Reporting Military Police SB 655-7114 FS 438-7114 Child Protective Service (CPS) 832-5300

Domestic Violence and Sexual Assault

24/7 Response 624-7233 (SAFE)

TAMC 433-6606

Housing / Relocation

North 275-3700 (SB, HMR)

Island Palm Communities

South 275-3800 (FS. AMR. TAMC) Joint Personal Property Shipping Office (JPPSO)

Household Goods Inbound 473-7750

DOL Personal Property & Transportation (PP&T) PCS Household Goods Storage & Outbound Transp. 655-1868 / 8963 Deployment Household Goods Storage 655-1868

Deployment Privately Owned Vehicle (POV) Storage (808) 520-2650 ACS Relocation Assistance & Lending Closet

HI State Dept of ED. Central Oahu District 627-7478

USAG-HI School Liaison Office 655-9818 / 8326 School Behavioral Health Team TAMC 433-1264

Marital / Family / Individual

SB 655-4227 FS 438-9285

Schools

Soldier Assistance Ctr. and Child & Family Assistance Ctr.

Soldier Assistance Center (SAC) 433-8600 ext 361, Bldg 687, SB Concussion Clinic (TBI) 433-2778 ext 37 Adult Family Member Assistance Center 433-8130 ext 362, Bldg 681, SB Marriage & Family Therapy Clinic 433-8130 ext 362, Bldg 681, SB Child & Adolescent Assistance Center 433-8140 ext 363, Bldg 681, SB

Family Life Chaplain North Community 655-6643 / 9307 South Community 833-2413 / 6831

Garrison Chaplain 655-9355 SB Main Post Chapel 655-9307

After Duty Hours Chaplain Reached through IOC: 656-3272 Army Substance Abuse Program (ASAP)

Prevention Coordinator 655-4655 Installation Biochemical Testing Coordinator 655-0648 ASAP Clinic & Counseling Service 433-8700 Adolescent Substance Abuse Counseling Services 655-9944 Risk Reduction Coordinator 655-0996 Suicide Prevention Program Specialist 655-9105 Employee Assistance Program (EAP)

EAP Coordinator 655-6046 EAP Specialist 655-6047 Families Overcoming Under Stress (FOCUS) 257-7774