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- 2. Follow the onscreen instructions to Subscribe to Department of Labor updates by e-mail. This will require you to provide and confirm your e-mail address.
- 3. Select the "Foreign Labor Certification Website" topic which is nested underneath "Employment and Training" and click on "Submit." You will be directed to a page confirming your subscription.
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  - Assistant Secretary Speeches
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  - ETA Statistics
  - Grants & Contracts
  - Grants and Contracts 2
  - Guidance for Planning Performance
  - High Growth Job Training Initiative/Recent News
  - Layoff-Related Services
  - Migrant and Seasonal Farmworkers
  - News
  - Proposed Legislation
  - Requests for Proposals
  - Seniors
  - State UI Information (Updated annually, semi-annually)
  - What's New at the ETA
  - What's New in the Office of Policy Development and Research (OPDR)
  - Youth Services
  - RAPIDS Website Information
  - Foreign Labor Certification Website
  - — **A I**