

Frequently Asked Questions (FAQs) for New Women Veteran VA Patients

What type of care does VA offer women Veterans?

VA aims to provide women Veterans with the best care ... anywhere. VA provides women with comprehensive care for all stages of adult life, including primary care, gender-specific care, and mental health care. For more information about women's health care at the VA, visit www.womenshealth.va.gov

How do I begin the enrollment process for VA health care?

The enrollment process begins with the completion of Form 1010-EZ, which can be accessed at www.1010ez.med.va.gov/sec/vha/1010ez/, requested by calling 1-800-827-1000, or picked up at your local VA facility. A copy of your DD214 and a statement showing your previous year's income accompanies the 1010-EZ.

What if I have questions about the paperwork?

Call **1-800-827-1000** and VA will help you complete the enrollment process.

Once I'm enrolled, who can guide me through the system?

At each VA medical center nationwide, a Women Veterans Program Manager, or WVPM, is in place to advise and advocate for women Veterans. Once you are enrolled, your WVPM can give you valuable information on facilities and services available in your area, and on local primary care providers.

Are there other resources available to help me understand my VA benefits and stay healthy?

Yes. A web feature called ebenefits at www.ebenefits.va.gov provides Veterans, Wounded Warriors, and Service Members—as well as their families and caregivers—with a range of benefits-related tools and information.

MyHealtheVet, provides Veterans, dependents, and caregivers with free, anywhere- anytime internet access to VA health care information and services. My HealtheVet encourages Veterans to become informed partners in their health care, as does the implementation of secure messaging between VA patients and providers. You can access it by visiting www.myhealth.va.gov

Information on MyHealtheVet includes:

- Downloadable personal health information
- Prescription refills
- Trusted health/medical information
- Info on VA benefits and services
- Local VA events and activities
- Military Health History
- Activity/Food Journals

Find answers to more FAQs about VA health care and services for women Veterans here:

<http://www.womenshealth.va.gov/WOMENSHEALTH/faqs.asp>