

## GENERAL GUIDELINES ON ELIGIBILITY

- 2 Years of Active Duty Service
- Deployment in Operation Enduring Freedom, Operation Iraqi Freedom, or Operation New Dawn (OEF/OIF/OND)
- Military Sexual Trauma

Each Veteran is unique. Contact your local VA facility or call 1-800-827-1000 for help with your individual eligibility status.

#### FOR MORE INFORMATION

VA Health Benefits Call Center 1-877-222-VETS (1-877-222-8387) Veterans Benefits Administration 1-800-827-1000 www.vba.va.gov

Women Veterans Health Strategic Health Care Group www.womenshealth.va.gov

## A PROMISE KEPT

The Women Veterans Health Strategic Health Care Group promotes the health, welfare, and dignity of women Veterans and their families by ensuring equitable access to timely, sensitive, high-quality health care.

#### www.womenshealth.va.gov

Women Veterans Health Strategic Health Care Group (10P4W) Department of Veterans Affairs Veterans Health Administration 810 Vermont Avenue, NW Washington, DC 20420

# **REPRODUCTIVE HEALTH**

# WOMEN VETERANS HEALTH CARE



You served, you deserve the best care anywhere.



#### Defining EXCELLENCE in the 21st Century

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VA provides reproductive health care to eligible women Veterans. Contact the Women Veterans Program Manager at your local VA facility to learn more about the services available to you.

THE VA PROVIDES women Veterans with a full range of reproductive health services necessary for optimal health throughout their lives. Gynecology and maternity care are available either at your VA facility or through referrals to appropriate providers in the community.

Every VA facility is committed to meeting the unique needs of women Veterans by delivering the highest quality health care to each woman, while offering her the privacy, dignity, and sensitivity to gender-specific needs that she deserves.

# ★ GYNECOLOGIC SERVICES

#### Routine gynecologic care, including:

- Breast health including mammograms
- Cervical cancer screenings (Pap tests)
- HPV vaccinations
- · Pelvic exams, ultrasounds
- Birth control counseling and management (medical and surgical)
- Pre-pregnancy care
- Treatment and prevention of sexually transmitted infections

#### Diagnosis and management of:

- Pelvic/abdominal pain
- Menstrual concerns
- Vaginal symptoms (dryness/infections)
- Urinary incontinence
- Menopause-related concerns (hormone replacement)
- Breast and other women's cancers
- Abnormal cervical screening results
- Infertility, including intrauterine insemination (IUI) [VA cannot provide or cover the cost of in vitro fertilization (IVF)]
- Sexual dysfunction

# ★ MATERNITY CARE

VA covers pregnancy care typically through arrangements with community providers. VA can pay for prenatal care, delivery, and postnatal care for eligible women Veterans. VA also covers maternity education and tools, including:

- Genetic consultation when clinically indicated
- Childbirth preparation
- Parenting education
- Breastfeeding support/lactation classes
- Breast pumps and supplies

# 🖈 NEWBORN CARE

VA covers care to newborns for the first seven days after birth, for eligible women Veterans receiving VA maternity care. Talk with your Women Veterans Program Manager if you have questions.



VISIT YOUR LOCAL VA TODAY.