

CONTACT

349th Air Mobility Wing Aerial Porters return from Afghanistan

Team Travis, 349th Air Mobility Wing

"In Omnia Paratus"

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Team Travis
349th Air Mobility Wing
Office of Public Affairs
520 Waldron Street
Travis AFB, CA 94535-2171
Office Hours:
Monday - Friday and UTAs
7:30 a.m. - 4:30 p.m.
Phone: (707) 424-3936
FAX: (707) 424-1672
Email: 349amwpa@us.af.mil
Join us on Facebook:
www.facebook.com/349AMW

Commander

Brig. Gen. John C. Flournoy, Jr.

349th Public Affairs:

Chief, Public Affairs

Lt. Col. Robert Couse-Baker

Deputy Chief, Public Affairs

Ellen Hatfield

Editor

Patti Schwab-Holloway

Public Affairs Staff

Maj. (Sel.) Torri Crosby

Capt. Robin Jackson

Senior Master Sgt. Ellen Hatfield

Master Sgt. Robert Wade

Tech. Sgt. Rachel Martinez

Senior Airman Amelia Leonard

On the Front Cover: — A group of 349th Aerial Porters returned to Northern California Thursday, March 22, from Afghanistan. The troops supported cargo and passenger operations at Bagram Airfield on their six-month deployment. They were greeted by family and friends in Terminal B of Sacramento International Airport. (U.S. Air Force photos/Senior Master Sgt. Ellen Hatfield)

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‘More Cow Bell’



by Col. Matthew J. Burger
349th Operations Group Commander

Many of you have seen the classic Saturday Night Live skit featuring Will Ferrell as a member of a 70's rock group. Ferrell, the group's cow bell player, seldom has an opportunity to feature his talent. During a studio session with a make-believe legendary producer, played by Christopher Walken, Ferrell is chided to "Give more cow bell." Despite causing the other band members great consternation and overwhelming the other instruments, the producer continues to demand, "More cow bell."

Much like the music producer, we constantly demand more from our Airmen. We expect Professional Military Education to be completed, degrees to be earned, and professional development opportunities to be leveraged. Each month we review lists of incomplete immunizations, unfiled travel vouchers, overdue performance reports and delinquent travel card payments.

I'm not questioning the importance of training, on-time payment of vouchers, or timely completion of performance reports. I want to ensure the noise created daily in support of these processes is only the decibel level of a dinner bell. While annoying, nobody will lose their hearing from the constant clanging. I want to make sure you don't misunderstand the message: the clanging of the cow bell is reserved for important things, such as mission support and completion.

Our Airmen are supporting global mobility more than ever. More than 750 from Team Travis are deployed around the world. Just within the 349th Air Mobility Wing, we have KC-10 crews mobilized and deployed; the 349th Aeromedical Evacuation Squadron has 18 members scattered across three Areas of Responsibility; reserve aircrew serving here in the KC-10 schoolhouse; and volunteer KC-10, C-5, and C-17 crews are out in the system, side-by-side with our active duty partners.

Air mobility capacity is brought to bear by the contributions of many individuals. One sortie at a time, we deliver millions in pounds of relief supplies, evacuate the wounded, off loaded vital fuel, and safely deliver passengers. You make up the most capable Air Force the world has ever known; you provide relief during the darkest hours; and when called to the task, you bring to bear the most powerful military machine ever assembled.

Don't let the day-to-day clanging of the dinner bell spoil your Air Force experience. Our history is replete with requirements that drive our Airman crazy, but that's not what matters in the end. The chance to serve is a privilege, an honor. Never forget the impact you have across the globe. The cow bell represents what we deliver – *More cow bell!*

Leaders - What kind will you be?

Congratulations – you’ve been promoted! Cameras flash, trumpets blare, confetti rains down. The next thing you know, you’re facing a group of brand new subordinates, all of whom are staring at you with expectant, hopeful expressions. Crickets chirp for a few seconds while the reality of the situation soaks in: you’re the leader. *Gulp!*

Maybe you’re a natural at this, experienced and comfortable in that role, or maybe this is the first time you’ve been professionally responsible for others. Either way, now is the perfect time to decide what kind of leader you’re going to be. For what it’s worth, here are five thoughts to consider:

Remember Where You Came From. Think back on the leaders who inspired you – the ones who made you *want* to do your best – and toss those behaviors and techniques in your toolbox. Take time to reflect on those *other* bosses – the ones who couldn’t lead a dog on a leash. Recall how they made you feel, and do your best to not carry on a tradition of misery.

Communication is Everything. Express yourself as clearly as possible. Share your vision so that everyone can keep the end goal in mind. Transmit standards and expectations succinctly: how much, how well, how often and by what deadline. Actively listen so people know they’ve been heard. And for goodness sake, don’t keep secrets or be afraid to admit when you don’t have the answer. Be honest and forthright, and always follow up with people after you’ve tracked down the information they need.

Maintain Your Dignity. Keep your sense of perspective and don’t overreact, especially loudly and in anger. This ain’t the Third Army, pal, and you ain’t General George Patton. Raising your voice should be a rarity. If that’s what it takes to motivate your subordinates, it’s because you’ve already lost your leadership credibility. End result: you’ve just inspired everyone to perform just well enough to not get in trouble. Epic failure.

Empowerment Builds Better Teams. The best measure of a leader’s effectiveness is not how well the work area functions when he or she is there, but rather when he or she *is not*. The only thing hoarding power does is ensure 1) you never get a break, and 2) no one will ever be ready to take the reins. So go ahead and delegate, making sure to assign the authority that goes with the responsibility, and provide sufficient mentorship to bring their performance into your comfort zone. You’ll be amazed how effective people can be when you allow them to.

Keep Your Door Open. Sure, it’s your subordinates’ job to come to you when necessary, but it’s *your* job to be approachable. When people are confident that you care, that your focus is on solutions, and that you’re consistent and fair, they’ll be far more inclined to bring issues to your attention.

Our best resource is the people we lead. We owe it to them to do it well.



*by Chief Master Sgt.
David Lafferty,
312th Airlift Squadron*

Celebrate Spring, celebrate the season

*by Chaplain (Col.) Tyler S. Guy,
349th Air Mobility Wing*

Spring is here! The earth is awakening from a long sleep, or returning from the dead. Easter is celebrated in this season, which is an affirmation that God is cheering for us, and gives us second chances.

Author Tim Hansel (who wrote books like *When I Relax, I Feel Guilty, Holy Sweat, Through the Wilderness of Loneliness*) relayed a story about his young son who one day asked, “Dad, why did God give us two ways to breathe?” “Two ways to breathe?” Tim asked back, not sure where the boy was coming from. “Yes,” he said, “we

can breathe through our mouth, or through our nose.”

“Oh!” Tim replied, “Well that’s easy! When you breathe through your mouth you are getting air to your body, and your body cannot live without air. When you breathe through your nose you are getting oxygen to your brain, and that helps you think better.”

About two weeks after that Tim and his son got into a misunderstanding that simmered into a heated discussion, and finally in exasperation his son boiled over, “Dad! Breathe through your nose!”

349th Air Mobility Wing commander promoted to brigadier general

by Tech. Sgt. Rachel Martinez
349th Air Mobility Wing

Col. John C. Flournoy, Jr., 349th Air Mobility Wing commander, was promoted to brigadier general during a ceremony here March 3.

Maj. Gen. Mark Kyle, 4th Air Force commander, presided over the ceremony.

“I met Jay in 1991 – 21 years ago,” General Kyle said. “He’s a rock star. He’s got a breadth of experience that few in our command can match. I’m proud and fortunate enough to have 15 different wings under my watch. Because of, now, General Flournoy, this wing is not one I worry very much about.”

General Flournoy’s family, including his father, retired Col. John C. Flournoy, were present to pin on his new rank. General Flournoy said he credits his family, as well as various relationships and opportunities, for his successes in life.

“It’s because of the family that this is happening. It’s because of relationships. It’s because of experiences. It’s because of mentors. It’s because of opportunities that I’m able to stand here today,” he said. “

“I see Reservists every day who continue to amaze me because they are taking advantage of opportunities,” he continued. “I cannot thank you enough for giving me the opportunity so that I can serve in any capacity.”



Col. John C. Flournoy, Jr., 349th Air Mobility Wing commander, was promoted to brigadier general here, Mar. 3, 2012. Maj. Gen. Mark A. Kyle, commander 4th Air Force, March Air Reserve Base, Calif., was the officiating officer. (U.S. Air Force photo / Lt. Col. Robert Couse-Baker)

349th Air Mobility Wing JA pins-on colonel



Col. Carl L. Reed II is all smiles after his promotion ceremony Mar. 1, 2012. Family and friends at the Reserve’s 349th Air Mobility Wing celebrated with him as he pinned on his eagles. Pictured from the left: daughters Sarah and Olivia, Col. Reed, and his wife, Simone. The colonel is the staff judge advocate for the largest associate wing in the U.S. Air Force, and had a successful career as a U.S. Army officer before crossing into the blue. (U.S. Air Force photo/Senior Master Sgt. Ellen L. Hatfield)

Wing Hosts HRDC Training

by Maj. (Sel.) Torri Crosby
349th Air Mobility Wing

Twenty-three Airmen from the 349th Air Mobility Wing, and the 940th Wing, Beale Air Force Base, Calif., attended Human Resource Development Council training February 23-24. The course was taught to educate wing members on HRDC basics, and explain how each wing can utilize the program to capitalize on their own unique and diverse human resources.

The class was led by Maj. Bradley Bair, Air Force Reserve Command's Chief of Human Resources Development Council, Master Sgt. Felipe Nuno, 349th Medical Group Career Assistance Advisor, and Master Sgt. Kathleen Covert, 940th Wing Equal Opportunity.

"The purpose of AFRC's HRDC is to advise and make recommendations to the AFRC commander on any and all matters pertaining to human resources within the Command," said Major Bair. "The ultimate goal is to create and maintain a fully-developed, skilled, motivated, enthusiastic and diverse workplace."

At the wing level, HRDC addresses unit-specific issues and targets areas of interest for the wing commander. It is a forum for ideas to help Airmen, and provides a voice directly to the wing commander. Interest items include diversity, force development, mentoring, retention, community outreach, leadership opportunities and recruiting.

"Our wing HRDC will work to maximize the potential of each Airman for the betterment of the individual and organization," said Col. John Williams, 349th AMW vice commander and HRDC Chairperson. "In the fiscal austerity of today's military, it's important to utilize the unique talents of our Reservists. We can't afford not to."

The 349th HRDC mission is to promote a wing environment where advancement and recognition opportunities are equitable. They monitor diversity demographics, address issues that impact diversity in all career fields, and identify possible ways to overcome barriers. Another focus area of HRDC is retention, development and recognition. This includes promoting leadership opportunities, mentoring and improving morale and unit cohesion.

"Our wing HRDC program is all about taking care of our Airmen and giving them a voice," said Capt. Melissa Hueman, 349th AMW HRDC facilitator. "It will be our job to tackle real issues that affect the warfighter and up-channel that information straight to the wing commander."

HRDC is not just for leadership, but for Airmen at every level. If you are interested in joining the council or learning more, contact Capt. Hueman at 707-424-1607 or via email at: melissa.hueman.1@us.af.mil.



Twenty-three Airmen from the 349th Air Mobility Wing, Travis Air Force Base, CA and the 940th Wing, Beale Air Force Base, CA attended Human Resource Development Council training here on February 23-24. The ultimate goal of HRDC is to create and maintain a fully-developed, skilled, motivated, enthusiastic and diverse workplace. At the wing level, HRDC interest items include diversity, force development, mentoring, retention, community outreach, leadership opportunities and recruiting. (U.S. Air Force photo / Maj. (Sel.) Torri Crosby)

Psychological Health Advocacy welcomes new staff

Located here, the Psychological Health Advocacy Program, West Region, recently welcomed new staff. Pictured here from the left: Karen Orcutt, case facilitator, retired from the Air Force Reserve and a Vietnam era veteran; Suzy Persechini Phillips, outreach specialist, spouse of an 860th Aircraft Maintenance Squadron NCO and reservist with the 349th AMW; Maria (Lyn) Lacsamana-Leyva, outreach specialist, spouse of a 60th Aerial Port Squadron cargo processor, and Marie Walker, administrative specialist, and spouse of a 660th AMXS Airman. They bring a wealth and breadth of experience and knowledge to this program, and are here to assist reservists and their families with resources and provide a continuum of care.

To read about the full PHAP program services visit the 349th Air Mobility Wing public web page and click on the March 2011 *Contact* link at: www.349amw.afrc.af.mil. For help, questions or information, please contact their office at 707-424-8894, or DSN 837-8894. (U.S. Air Force photo / Senior Master Sgt. Ellen L. Hatfield)



23rd Combat Communications Squadron's ORE



Members of the 23rd Combat Communications Squadron, participate in an operational readiness exercise Feb. 9, 2012 at Travis AFB, Calif. Pictured here from the left: Staff Sgt. Dalance A. Boschee, and Staff Sgt. Jorge A. Silva. Both are Transmission Systems Technicians. (U.S. Air Force photo / Lt. Col. Robert Couse-Baker)

Team Travis, friends, family enjoy Lt. Dan Band concert



Fans of all ages got a thrill at the Lt. Dan Band concert at Travis, Mar 3. Actor and musician Gary Sinise leads the band, which provides free concerts for military members while bringing attention to the needs of wounded warriors. (U.S. Air Force photo / Ken Wright)

349th Wing leadership visited newest members at BMT



Leaders from the 349th Air Mobility Wing, Travis Air Force Base, Calif., and Airmen's families visited with the 15 newest members of the wing Mar. 8, 2012, prior to basic training graduation at Joint Base San Antonio, Texas. After attending technical school, these Air Force Reservists of the 349th AMW will serve alongside of their partners in the active-duty 60th AMW, providing air mobility to deliver America's hope and might around the globe. (U.S. Air Force Photo / Chief Master Sgt. Terry Kirkbride)

349th Air Mobility Wing looking for Memorabilia to create Heritage Hall

Members of the 349th AMW are currently creating a heritage hall to honor our past, present, and future. It will be located in the wing command building. We are in need of any volunteered memorabilia to include, uniform ball caps, patches, pins, awards, uniforms, flight gear in good to excellent condition, and challenge coins.

All donations would be greatly appreciated and you will be honored on our donation plaque. Send all inquiries to Staff Sgt. Justin Vergati, 349th Wing Historian at 707-424-5649 or Lt. Col. Lynn Marshall, 349th AMW Inspector General, 707-424-5298.

Are you registered to vote?

During the 2012 election cycle, a number of important offices will be decided by voters, including: President and Vice President; 33 Senate seats; 435 House of Representatives; governorships in 11 States and 2 U.S. territories; state and local offices.

It is important that you exercise your right to vote! Every vote counts. In order to help better navigate the voter registration process, the Federal Assistance Program has created an online voter assistant program. Go to www.fvap.gov and click on the "Online Registration/Absentee Ballot Request Wizard" link on the front page (right side about half way down, marked with a "new" graphic).

If you have any questions, please contact your wing voting

assistance officers: Maj. Eric Garcia- eric.garcia@us.af.mil or Maj. (Sel.) Torri Crosby- torri.crosby@us.af.mil. The Travis Air Force Base Voting Office is also available to help. Call 707-424-8888 or email them at vote.travis@us.af.mil.

Upcoming Yellow Ribbon Events

The upcoming Yellow Ribbon Event is being hosted at Anaheim, Calif., April 27-29.

The Yellow Ribbon Program was initiated to provide proactive outreach programs to Reservists and their dependents through all phases of deployment cycles. The program's goals are to prepare members and their families for mobilization, sustain families during mobilization, and reintegrate service members with their families and communities upon return from deployment.

Airmen who have deployed for 90 days or more—or are projected to deploy—are eligible to attend. They are put on orders and are compensated for food and travel expenses for themselves and their families. Free child care is also provided, and attendees sometimes have chances to win free prizes, at no expense to them. Registration for this event will end on **April 17**.

For more information or to register, please contact Master Sgt. Andrew Piehl, 707-424-3517 or for more information on the program and how to become involved, visit www.yellowribbon.mil.

2012 Upcoming Yellow Ribbon Events:

- **May 25-27** – Salt Lake City, Utah
- **June 22-24** – Portland, Ore.
- **July 27-29** – San Diego, Calif.
- **August 17-19** – Location to be determined

Warrior of the month



Warrior of the month: Loren Nickell

Rank: Senior Master Sergeant

Squadron: 349th Logistics Readiness Squadron

Job title: Logistics Plans Superintendent

Hometown: Fair Oaks, Calif.

Years in service: 24 years

Family: Wife, Karen; Daughter, Amber; Son, Chad; Son, Dylan; Daughter, Jayde.

Goals: Earn my CCAF Degree and promotion to Chief Master Sergeant

Greatest achievements: Marrying my wife and the birth of my four children.

Hobbies: Reading and exercising

Supervisor's comments: *Our most well-rounded Airman, Senior Master Sgt. Nickell climbed our ranks from fuels tech to vehicle maintenance flight chief, logistics plans flight chief, and is now our senior ART. He enjoys being a high-performer and continues to grow and make self-improvements throughout his career. His effectiveness, teamwork, and leadership have evolved tremendously since the inception of the LRS in Oct 2003. In the last year alone, he established the training plan for our unit LCAP (producing the first "outstanding" rating for an AFRC unit), oversaw preparations that led to us garnering an "excellent" rating on our Wing Compliance Inspection and an "outstanding" during our AFNIC inspection, engineered logistics efforts for the Japanese Tsunami evacuation and emergency response, and supervised nearly 400 mobilizations and deployments for the 349th AMW. His commitment to our unit personnel helped us win two wing Airman of the Year Awards, seven AFRC Functional Area Awards and the Gerrity Logistics Effectiveness Award for 4th AF. I am extremely proud to have him as a senior leader in my unit and would like to see him earn one more stripe before the end of his career. -- Lt. Col. Roderick T. Grunwald*

Travis Reserve Company Grade Officer Council - Looking for a few good Wingmen

*1st. Lt. Billy J. Ancheta,
349th Operations Group*

Fair weather and sunny skies provided the Travis Reserve Company Grade Officer Council an excellent opportunity to help the local community through the Solano-Napa Habitat for Humanity rehabilitation event, held on March 10 at a residential location in Vallejo, Calif.

Several Reserve CGOC members, along with Airmen from the 60th Air Mobility Wing, volunteered their time to provide a family in need of a place to call a home. The whole-day event consisted of a safety brief in the morning, delegation of tasks/roles, and doing the job itself. The tasks for the volunteers consisted of painting the outside of the house to include all trims, cutting sheet rock, mudding, prepping the pavement for pouring in concrete, and cleaning-up at the site.

The day's work was the first phase to complete the house rehabilitation and once complete, SNHFFH will then sell the house to qualified low and middle-income families through the city's Neighborhood Stabilization Program.

The TR-CGOC serves as the information portal between Wing Leadership and CGOs assigned to the 349th AMW, to develop and sustain a CGO network focused on professional development, base support, community service, esprit-de-corps, and mentorship. Upcoming events include more volunteer opportunities for Reserve CGOs, and the much anticipated Junior Officer Leadership Development seminar to be held in August 2012. The TR-CGOC is accepting memberships all year-round. To volunteer or for more information, please contact 2nd. Lt. Justin Johnson, 55th Aerial Port Squadron, at justin.johnson.12@us.af.mil.



From left to right: Maj. Greg McCann, 22nd Airlift Squadron, Capt. Nick Cerci, 9th Air Refueling Squadron, Capt. Chris Villanueva, 349th Logistics Readiness Squadron, 1st. Lt. Billy Ancheta, 349th Operation Group, 2nd. Lt. Justin Johnson, 55th Aerial Port Squadron, 1st. Lt. Marc Lindquist, 6th ARS, Capt. Jeff Purificacion, 312th AS, and Ms. Alina Gokun, civilian volunteer. (U. S. Air Force photo / 2nd. Lt. Justin Johnson.)

349th Wing Traditional Reserve Vacancies

AFSC	AFSC Title	Rank	AFSC	AFSC Title	Rank
11G3	Generalist Pilot	Officer	3P051B	Combat Arms	SSgt
11M3K	Mobility Pilot, General	Officer	3S271	Education & Training	SSgt/TSgt/MSgt
11M2A	Mobility Pilot, General	Officer	41A3	Health Services Admin	Officer
11M3S	Mobility Pilot	Officer	43H3	Public Health	Officer
11M3Y	Mobility Pilot	Officer	43P3	Pharmacist	Officer
1A151	Flight Engineer	SSgt/TSgt	44F3	Family Physician	Officer
1A251	Aircraft Loadmaster	SSgt	44M3H	Internist	Officer
21A3	Aircraft Maint	Officer	44Y3	Critical Care Medicine	Officer
2A571	Aerospace Maint	TSgt/MSgt	45S3B	Surgeon	Officer
2T251	Air Transportation	SSgt	46A3	Nurse Administrator	Officer
2T271	Air Transportation	MSgt	46F3	Flight Nurse	Officer
2W071	Munitions Systems	TSgt	46N3	Clinical Nurse	Officer
3E252	Electrical Power Prod	SSgt	48A3	Aerospace Medicine Sp	Officer
3E251	Pavement & Const	SSgt	4N071	Aerospace Medical Svs	TSgt/MSgt
3E451	Utilities Systems	SSgt	4N091	Aerospace Medical Svs	SMSgt
3E651	Operations Management	SSgt	8F000	First Sergeant	MSgt
3D073	Cyber Security	TSgt	5J051	Paralegal Assistant	SSgt
3M071	Services	MSgt	52R3	Chaplain	Officer

For more information about these vacancies, go to <https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp>.

349th Wing Full-Time Vacancies

UNIT	GS/SERIES	TITLE	VAC
349th FSS	GS-0203-05	Human resources Assistant (Military/OA)	CIV
349th CES	GS-0301-09	Readiness/Emergency Management Specialist	ART
349th CES	GS-0303-07	Readiness Program Assistant	ART
45th APS	GS-0303-07	Resource Management Assistant (Office Automation)	ART
23rd CBCS	WG-2604-11	Electronics Mechanic	ART
349th MXS	WG-3705-11	Nondestructive Tester	ART
349th MXS	WG-8255-10	Pneudraulic Systems Mechanic	ART
349th MXS	WG-5378-10	Powered Support Systems Mechanic	ART
349th OSF	GS-0301-09	Aviation Resources Management Specialist	ART
312th AS	GS-2185-10	Flight Engineer Instructor	ART
301st AS	GS-2181-12/13	Airplane Flight Instructor	ART
70th ARS	GS-2181-13	Airplane Flight Instructor	ART
79th ARS	GS-2181-13	Airplane Flight Instructor	ART

For more information about these vacancies, go to <https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp>.

MAJOR PROMOTIONS

CY12 MAJOR SELECTS

NAME	UNIT	PROM EFF DATE
AHEARN, JESSE D.	312 AIRLIFT SQ	1-Oct-12
BROWN, JAMES FRANCISCO	312 AIRLIFT SQ	25-May-13
BURRELL, TIMOTHY ROSS	312 AIRLIFT SQ	27-Sep-13
CAUGHELL, CHRISTOPHER C.	79 AIR REFUELING SQ	16-Aug-13
COPE, LEVI D.	301 AIRLIFT SQ	5-Apr-13
CROSBY, TORRI W. (DV)	349 AIR MOBILITY WG	27-Jun-12
EROS, JARED B.	349 AIR MOBILITY OPS SQ	5-Apr-13
FRATERS, MICHAEL G.	349 AEROMED STG SQ	1-Jul-13
HAM, ALEXANDER	349 AEROSPACE MEDICINE	13-Jun-13
HUBBARD, ANTHONY D.	349 AEROSPACE MEDICINE	6-Jan-13
KIM, KOO H.	349 MEMORIAL AFFAIRS	29-May-13
KOVALEK, LISA M.	349 MEDICAL SQ	20-Dec-12
LABRECQUE, SUSAN	349 FORCE SUPPORT SQ	1-Oct-12
LAUNEY, MARC A.	349 AIR MOBILITY OPS SQ	1-Oct-12
LOZANO, ALICIA E.	349 AEROMED EVAC SQ	28-Sep-13
MATHIS, STEPHEN A.	349 AEROSPACE MEDICINE	26-Apr-13
MCPHERSON, LANCE S.	70 AIR REFUELING SQ	27-Sep-13
NGUYEN, PAULINE M.	23 COMBAT COMM SQ	29-May-13
PLUEMER, SHAE M.	349 AIR MOBILITY OPS SQ	24-May-13
QUINTANILLA, HECTOR N.	45 AERIAL PORT SQ	22-Feb-13
SLIGER, JILL N.	301 AIRLIFT SQ	15-Nov-12
STERCL, RAYMOND J.	349 FORCE SUPPORT SQ	1-Oct-12
WOLFORD, SCOTT PATRICK	312 AIRLIFT SQ	1-Mar-13
WOOLF, KYLE ADAM	301 AIRLIFT SQ	22-Feb-13



ENLISTED PROMOTIONS



SENIOR MASTER SERGEANT
CONWAY, SHAWN M., 349th CES

PETTIT, NOELANI C., 349th AMOS
PHAM, MARK Q., 312th AS



MASTER SERGEANT
MILLER, JASON D., 349th AMOS



STAFF SERGEANT
COLEMAN, STEVE D., 349th CES
ELKINS, RUBEN E., 749th AMXS
ESQUERRA, ERIK E., 70th ARS
HARRIS, DEREK D., 749th AMXS
NYLANDER, MARK A., 349th CES
RICHERT, DONALD J., 349th CES
SONGER, CHRISTOPHER, 23 CBCS
WILLIAMS, ZACHARY D., 349th MXS



TECHNICAL SERGEANT
FIORI, TINNAH., 301st AS
ORTIZNELSON, CASSIDY, 23rd CBCS

Effective March 2012 or earlier.

April is National Sexual Assault Awareness Month

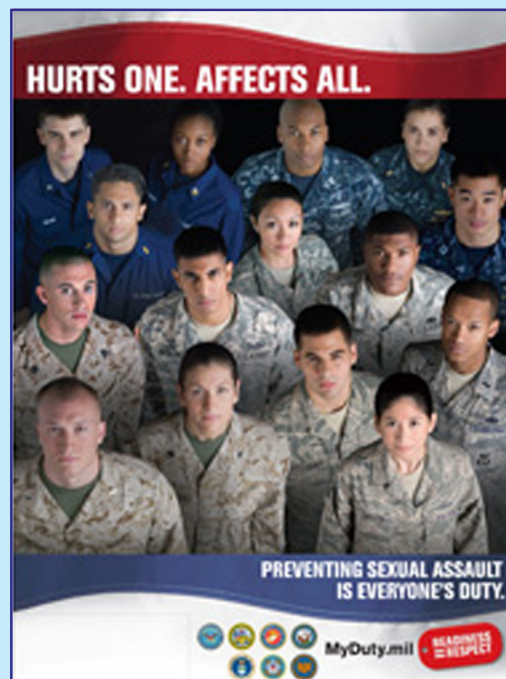
Nationally, Sexual Assault Awareness Month occurs in April, and commits to raising awareness and promoting the prevention of sexual violence through use of special events and public education. SAAM provides commands/installations an annual opportunity to highlight Department of Defense and Service policies addressing sexual assault prevention and response. DoD policies address sexual assault prevention and seek to establish a climate of confidence in which:

- Education and training create an environment in which sexual assault and the attitudes that promote it are not tolerated;
- Victims of sexual assault receive the care and support that they need;
- Offenders are held accountable for their actions.

What to Do if You Have Been Sexually Assaulted:

- Go to a safe location away from the attacker.
- Preserve all evidence of the assault. Do not bathe, wash your hands or brush your teeth. Do not clean or straighten up the crime scene.
- Contact the Sexual Assault Response Coordinator at 424-7272, or healthcare provider.
- Seek medical care as soon as possible. Even if you do not have any visible physical injuries, you may be at risk of becoming pregnant or acquiring a sexually transmitted disease.
- Consent to a Sexual Assault Forensic Examination to preserve forensic evidence.
- If you suspect drugs were involved in the assault, request that a urine sample be collected.
- Write down, tape, or record all the details you can recall about the assault and your assailant.

The DoD and the United States Air Force are committed to assisting victims and holding offenders accountable. Each of the military services has specially trained professionals waiting to assist. If you would like more information about services for sexual assault victims, contact the Travis Air Force Base SARC office at 707-424-1098 or the 24-hour response line at 707-424-7272.



Save the Dates

Alumni Day - June 2

Save the date and spread the word! Join your 349th reunion and feel free to bring a guest. The theme for this year's event is "349th Answering the Call - Past, Present, Future."

Visit with old Reserve friends and share times past. Come early for an aircraft tour and stay for the evening activities! Keep an eye out on our Facebook (www.facebook.com/349AMW) for more details to follow. Group POCs:

- 349th AMW - Maj. Eric Garcia, 707-424-1607
- 349th OG - 1st. Lt. Billy Ancheta, 707-424-2367
- 349th MSG - Capt. James Pitts, 707-424-3737
- 349th MXG - Lt. Col. Siegfried Richert, 707-424-6942
- 349th MDG - Master Sgt. Dana Rhodes, 707-424-1643.

EAD - August 19

The 349th Air Mobility Wing has tentatively scheduled this year's **Employer Appreciation Day** for Aug. 19. Wing members who nominate their employer will be asked to

support EAD scheduled events for the day (permission from the members supervisor will be included in the application process.) Submission and event details to follow. Keep an eye out on our Facebook (www.facebook.com/349AMW) for more information. POC for this event is the 349th Public Affairs office, 707-424-3936.

Count down to ORI - Feb 13

The 349th and 60th Air Mobility Wings will combine forces for the next ORI Feb. 3 – 10, 2013. In preparation, more than 300 members of the 349th will deploy to Travis Base X May 4-12, 2012, in an Operational Readiness Exercise.

Are you ready to meet the challenge?

Let's take this opportunity to demonstrate our greatest readiness capability to meet the most stringent tasking. The key to success lies in our mindset and preparation.

For questions or tips on how you can better prepare, contact Maj. Bill Westfahl, 349th Operations Support Flight ORE/ORI planner and guru, at 707-424-3231.