

DODDS-Europe

Schweinfurt EMS

September 2012

www.schw-es.eu.dodeca.edu

www.TeamSchweinfurt.com

CIV: 09721-81 893

DSN: 354 – 6734/6518

Office Hours: 7:30 a.m. – 4 p.m.



Schweinfurt EMS Newsletter



National Geography Bee Competition

Schweinfurt Middle School held a school-wide competition on January 15. The Finalists for the competition were: Faith Flynn (8th), RJ Puzon(8th), Kalei Watson(7th), Jesse Juan (7th), Delano Blue (6th), Mellanie Moore(6th), and three Fifth graders: Dylan Kreagar, Janelle Pierette, Nick Gilberti.

Kalei Watson is the winner of the school's bee and will then take a test to compete DODDS-wide. The second place winner of the competition is Delano Blue. The Winner from the DoDDs-wide written test will then represent DODDS at the National Competition in Washington D.C.

The National Geography Bee is sponsored by the National Geographic society and Google. They emphasize the importance of geography to our everyday life and lifestyle.

Questions include, geography fact such as names of national parks, landmarks, rivers and other characteristic physical features.

Ms. Dauber would like to see more students participate at the after school club and hopes to have another student go to Washington D.C.



CSI - What's Happening in Continuous School Improvement?

The school year is days away from the mid-year mark and our students are definitely showing progress in meeting our CSI goals of improving our problem solving skills across the curriculum and increasing reading comprehension.

Our students completed a reading baseline assessment in September. In November, they completed their first reading benchmark assessment. By the end of January, students will have completed their second reading benchmark assessment.

In October, teachers administered the first of three assessments in problem solving. The first assessment, the problem solving baseline assessment, will be used to judge our students' progress throughout the year. The mid-year assessment will be coming up in February.

Next month, we will provide assessment results in the form of a bar graph displaying our school's progress for mid-year. Please continue to encourage our students to share some of the problem solving skills and reading comprehension strategies with you.

Mark Your Calendar

January

29 Jan-4th and 5th grade Award Ceremony at 8:20 in MPR
31 Jan-DARE Graduation 9-10 am

February

01 Feb **Parent Conferences (Grades SS-8)**
05 Feb-PTA Meeting
06 Feb-7th grade field trip to Kreuzberg for sledding
07 Feb-4th grade "Kids on the Block" Puppet/Bullying Show - 1:10-2:15
07 Feb-Math Counts in Ansbach
11 Feb- NAEP testing 4th grade
12 Feb-NAEP testing 8th grade
14 Feb-Principal's Coffee@8:15
14 Feb-Student Council Valentine's Day activity 5-8pm
18 Feb- **No School- Holiday**
19-21 Feb- PTSA Class Photos in Room 27
27 Feb-SAC Meeting

March

01 Mar-Read Across America
01 Mar- PTSA Final Box Tops Labels Collection
05 Mar PTSA Meeting
11-15 Mar-**Terra Nova** Testing
18-22 Mar-MS Spirit Week
22 Mar-Middle School Dance
28 Mar-Middle School Band Concert 1:30 and 5:30
29 Mar- **No School- CSI Day**



Fourth Graders from Ms. Sizemore's Class reading with their second grade buddies from Ms. Donaldson's class.

A Note from the Nurse - Processed Food

Most of the food people consumed have been processed in factories. You may be surprised to see some of the ingredients, here are some examples:

- **butylated hydroxytoluene** (in some chips, salted peanuts, breakfast cereals and many other things)
- **calcium disodium ethylene diamine tetra acetate** (in salad dressings and some drinks)
- **sodium L-ascorbate** (a form of vitamin C)

Almost every food you buy in a packet or box is processed in some way. Some processed foods are not healthy. Eating processed food in moderation is fine, but we need to be on the lookout for hidden sugar, sodium and fat.

Sugar: It's added to bread to give it an appealing browned hue, and there's often a surprising amount added to jarred pasta sauces and cereal.

Sodium: Most canned vegetables, soups and sauces have added sodium, which enhances taste and texture, and acts as a preservative. High sodium intake is linked to hypertension, or high blood pressure.

Fats: Added fat helps make food shelf-stable and gives it body.

Things to remember

- The nutrient value of food is almost always altered by the kind of processing it undergoes.
- The water soluble vitamins are the most vulnerable to processing and cooking.
- Careful cooking and storage will help retain the nutrients in your food.
- Many processed foods at the grocery store are easy to identify, anything with a Nutrition Facts label on the package has been processed.

Frozen meals, snack foods like chips and cookies, and most beverages have been processed.

Such staples as sugar, flour, chicken broth, and canned or frozen vegetables have also been processed in some way.

Products that use labels such as “all natural” or “whole grain” are still processed.

“Processed” can mean many different things, but not all of these foods are bad for your health. Products such as frozen vegetables are often still low in sodium.

That's why it's important to check Nutrition Facts labels and choose the option lower in sodium.

Resources:

http://www.cdc.gov/salt/pdfs/Sodium_Role_Processed.pdf

<http://www.fao.org/docrep/007/y5113e/y5113e04.htm>

<http://www.cornucopia.org/2012/09/thinking-outside-the-processed-foods-box-health-and-safety-advantages-of-organic-food/>



The Champion That Almost Wasn't

By: Frank J. Hanchak



Seventh grade student Elizabeth “Libby” Kuebbing woke up and went to school on Thursday, January 17, 2013 just like every other day. Due to a misunderstanding, she did not show up for the Spelling Bee that was to begin at 8:00. Instead she went to her classes as usual. When her name was called to go to the Spelling Bee, she reluctantly went to the gym.

Left to Right: 3rd Place-Daniel Zamora; 2nd Place Donaval Avila; 1st Place Libby Kuebbing; PTA President Kasha Vindiola.

It's good that she went, because she is now going to represent our school at the European Spelling Bee to be held at Ramstein Elementary School on March 16, 2013. She could hardly believe it when she spelled EXPLANATION correctly. She then had to spell SATISFACTORY for the championship round. The audience smiled when she jumped up and down and almost laughed out loud as she spelled the word.

“It was easy because I knew the word.” The Champion said. She likes to play video games and one of her favorites is Mario. “I recognized some of the words from the game. I am not good at some of the levels that I recognized the words from. That’s how I knew them” She further stated that “I feel good and it’s nice” to represent the school in Ramstein”. She also said she had the “best chocolate in the Universe” the last time she was there.

Libby’s Advisory teacher, Mr. Stephan Lemming said that “Libby is a consummate reader. Students who read a lot are naturally better spellers. I knew she would do well in this competition”.

Third grade student Daniel Zamora spelled "GARMENT" but missed "CULTIVATION". Daniel’s teacher, Ms. Anne Guest stated “Daniel’s performance inspired his classmates to set a goal, take a chance, and work hard to succeed. When Daniel entered the classroom after the competition, his classmates applauded his effort and his bravery. Daniel is a winner for having the courage to participate. He represented the third grade well!”

In second place, sixth grade student Donaval Avila Was able to spell "INCREDIBLE", then was stumped on "COVETOUS". His advisory teacher, Ms. Rose said: “Donaval accepted his 2nd place win with a lot of dignity. His peers were very happy for Donaval and offered up many wonderful comments to him about his spelling ability. The 6th grade team is very proud of his efforts in the spelling contest.”



Schweinfurt EMS wore green and white in support of the families affected by the Sandy Hook tragedy at the end of 2012.



The Sure Start Program at Schweinfurt EMS highlights developing the whole child. Hands-on activities, learning to make healthy snacks, and tuning fine motor skills are just a part of their everyday program. Parents are encouraged to work in the classroom as pictured below.



Child Find Screening for Children 3 – 5 years of age

What is child Find?

Child Find is a program that seeks to locate and identify children who may have a developmental delay in communication, motor, adaptive, social, or cognitive skills. School.



When and where are child find screenings held?

Child Find screenings are held monthly at Schweinfurt Elementary Middle

Who screens the children?

The screenings are conducted by a team of school staff: the Preschool Teacher (PSCD) , an Occupational Therapist (OT), and a Speech-Language Pathologist (SLP).



How will I know the results of the screening?

Immediately following the screening a member of the team meets with the parent to discuss the results and recommendations and gives the parent a copy of the screening summary.



What do I do if I want my child screened?

Call the Schweinfurt Elementary School office at 09721-81893.

- Tell the office staff you want to schedule a child find screening.
- The staff will ask you for a phone contact number and an email address.
- Then a member of the Child Find team will contact you to schedule an appointment.



When is the next screening? November 14, 2012

Who do I contact if I have concerns and my child is under the age of 3?



You can contact EDIS (Educational and Developmental Intervention Services) Early Intervention Team at 354-6257 or 09721-96-6257. They can arrange a screening for a child who is younger than 3 years of age.

PTSA-Sponsored



Popcorn Friday!

Order forms will be sent home.

*Pre-order before Thursday and have it delivered to your child's class or buy it at the green gate. There is no limit to how many bags you buy.

50 cents!

**You can also
buy a pre-paid
punch card!**



*Children who are members of the **PTSA** will receive one bag of popcorn for free.

Popcorn Friday will be held on the following days during the 2012-2013 year: Order forms will go home on Mondays.

~Oct 19	~Nov 16	~Dec 21	~Jan 18
~Feb 15	~Mar 15	~April 19	~May 17

Get Fit. Be Strong.

Buddy Lee

World Fitness Contest!

Sat, March 2 | 9 a.m. - 4 p.m. | Ledward Activity Center



Do you have what it takes to win?

Test your physical, mental and emotional strength while competing for a cash prize! Categories include jump rope, push-ups and sit-ups. Winners from Schweinfurt will be entered into the national Buddy Lee competition for a chance to win one of the following scholarships:

Top Male (Ages 6 -12) -- **\$1,000** Top Male (Ages 13-18) -- **\$5,000**

Top Female (Ages 6-12) -- **\$1,000** Top Female (Ages 13-18) -- **\$5,000**

Top Parent/Staff Member -- **\$1,000** Contact CYS Youth Sports for details.

CYS Youth Sports | Ledward Barracks, Bldg. 224 | 09721-96-6822(CIV)/354-6822 (DSN)



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