

**MINUTES OF THE NUTRITION COORDINATING COMMITTEE (NCC)  
MEETING, NATIONAL INSTITUTES OF HEALTH (NIH)  
Rockledge 2, Conference Room 9112, Bethesda MD  
May 6, 2004, 2:00-4:00 PM**

**WELCOME**

Dr. Pamela Starke-Reed, Deputy Director, Division of Nutrition Research Coordination (DNRC), convened the NCC Meeting at 2:00 PM and welcomed the participants. The agenda for the meeting is provided as Appendix A, and the list of attendees is provided as Appendix B. Ms. Carrie Heitzler, Dr. Marian Huhman, and Dr. Deborah Galuska from the Centers for Disease Control and Prevention (CDC) participated from Atlanta, Georgia via teleconference. Dr. Elizabeth Maull, National Institute of Environmental Health Sciences (NIEHS), Triangle Park, North Carolina participated via videoconference. Ms. Kathryn McMurry, Department of Health and Human Services (DHHS) Office of Disease Prevention and Health Promotion (ODPHP), participated via teleconference from Washington, and Dr. Van Hubbard, Director DNRC, was on travel and was able to participate via teleconference towards the end of the meeting.

**APPROVAL OF MINUTES FROM THE FEBRUARY 5, 2004 NCC MEETING**

Minutes from the February 5, 2004, NCC Meeting had previously been sent to NCC members via email. Dr. Starke-Reed asked if there were any corrections to the minutes. There were none. Dr. Paul Coates, NIH Office of Dietary Supplements (ODS), made a motion to approve the minutes, and Dr. Sue Krebs-Smith, National Cancer Institute (NCI), seconded the motion. The minutes were thus approved and will be posted on the DNRC website, <http://www.dnrc.nih.gov> along with the minutes from previous NCC Meetings.

**AGENDA**

The agenda was adjusted to accommodate Ms. McMurry (who had another conference call at 2:30 PM) by letting her present first.

**UPDATE FROM THE DHHS OFFICE OF DISEASE PREVENTION AND HEALTH PROMOTION (ODPHP)**

Ms. Kathryn McMurry, ODPHP, provided an update on activities relating to the *2005 Dietary Guidelines for Americans*. The Dietary Guidelines Advisory Committee (DGAC) will hold its final meeting on May 26-27, 2004. Currently the venue is the Holiday Inn Georgetown, 2101 Wisconsin Avenue NW, Washington DC, however, it will likely be changed to the Holiday Inn in Bethesda, Maryland, (8120 Wisconsin Avenue). To register for this meeting, send an email to [dietaryguidelines@osophs.dhhs.gov](mailto:dietaryguidelines@osophs.dhhs.gov) with "Meeting Registration" in the subject line or call Marianne Augustine, 202 260-2322 by 5 PM EDT on May 12, 2004. Registration must include your name, affiliation, phone number, and days attending. The agenda for this meeting and other information about the DGAC are available at <http://www.health.gov/dietaryguidelines/dga2005/AgendaPublicJan2004Mtg.pdf>.

The final draft DGAC report is due in June 2004; it may be on time or a little late. The report will be reviewed by DHHS and USDA during July and August 2004 and public comments will be accepted. Public release is scheduled for January 2005. The USDA food guidance system will be released in February 2005. The Request for Proposal (RFP) for development of consumer education materials related to the Dietary Guidelines was sent out on May 5, 2004 for limited response. The RFP was developed by ODPHP working closely with USDA agencies.

Dr. Krebs-Smith expressed the need for the dietary guidance materials developed by the US Department of Agriculture (USDA) to be based on meeting the Reference Dietary Intakes (RDIs), rather than designed to meet current eating patterns, which do not appear to be the best. She also asked if Ms. McMurry could share the food group composites developed by the USDA Center for Nutrition Policy and Promotion (CNPP) for the dietary guidance system, and Ms. McMurry indicated that she would provide them to NCC members.

### **THE VERB CAMPAIGN**

Ms. Heitzler and Ms. Huhman, CDC, provided an overview of the VERB Campaign and the findings from the first year evaluation. The VERB Campaign is a multi-ethnic social marketing campaign targeting "tweens" (9-13 year olds) and their influencers with messages about physical activity. The campaign mission is to increase and maintain the number of tweens who participate in regular physical activity. Strategies of the campaign include paid and unpaid advertising, indirect marketing, partnerships, and research and evaluation. Year one evaluation findings show measurable effects of the campaign on participation in free time physical activity among several targeted groups.

### **QUALIFIED HEALTH CLAIMS**

Dr. Kathy Ellwood, Director of the Division of Nutrition Programs and Labeling at the Center for Food Safety and Applied Nutrition of the Food and Drug Administration (FDA) provided information about qualified health claims. FDA has reopened the comment period on a 1995 food labeling proposal. The new interim procedures for the evidence-based ranking system for scientific data that is a part of the *Consumer Health Information for Better Nutrition Initiative* was discussed. Two examples were given, selenium and cancer and walnuts and coronary heart disease. Information about food labeling and this initiative can be found at [www.cfsan.fed.gov/label.html](http://www.cfsan.fed.gov/label.html).

### **UPDATE OF THE NIH OFFICE OF DIETARY SUPPLEMENTS (ODS)**

Dr. Paul Coates, Director ODS, provided the following updates:

- *Release of Evidence Reports on Omega-3 Fatty Acids*. The Agency for Healthcare Research and Quality (AHRQ) has released five reports, sponsored by ODS with the involvement of several Institutes and Centers (ICs), on the effects of omega-3 fatty acids for a number of indications:
  - o risk factors and intermediate markers for cardiovascular disease (CVD)
  - o CVD outcomes

- arrhythmogenic mechanisms in animal and isolated organ/cell culture studies
- asthma
- lipids and glycemic control in type 2 diabetes and the metabolic syndrome; inflammatory bowel disease; rheumatoid arthritis; renal disease; systemic lupus erythematosus; and osteoporosis.

All of these reports and the press releases that accompanied them are on the ODS website (<http://ods.od.nih.gov/briefs.aspx?briefid=38>). They can also be accessed at the AHRQ website ([www.ahrq.gov](http://www.ahrq.gov)). They have been or shortly will be submitted for publication by the Evidence-based Practice Centers that conducted the studies. The reports related to CVD will form the basis for the development of further research initiatives, to be discussed by an expert panel that the National Heart, Lung, and Blood Institute (NHLBI) and ODS will convene in June 2004. Further reports in this series will be released over the coming year. Topics will include mental health, cancer, transplantation, autoimmune diseases, eye health, and maternal/child health.

- *Systematic Review of the Effects of Antioxidant Phytochemicals and B Vitamins on Neurodegenerative Diseases.* Congressional language accompanying this year's appropriation called on ODS and the National Center for Complementary and Alternative Medicine (NCCAM) to review the literature and consider funding further research related to the effects of these ingredients on neurodegenerative diseases such as Alzheimer's and Parkinson's. The task order for this AHRQ review will be put together by ODS and NCCAM staff, with input from all ICs who have an interest in this topic. For further information, please contact Dr. Anne Thurn.

- *Research Enhancement Awards Program.* ODS participates with the Office of Research on Women's Health (ORWH) in this program. The deadline for ICs to submit applications for co-funding under this program is May 30, 2004. For further information about ODS requirements, please contact Dr. Becky Costello.

## **UPDATE OF DNRC ACTIVITIES**

Dr. Starke-Reed noted that the DNRC has prepared a report on nutrition research at NIH for NIH Director, Dr. Elias Zerhouni. This report included a number of reports generated through the HNRIM system. A copy of the report and its attachments will be made available to NCC members.

*Human Nutrition Research Information Management (HNRIM) System.* Mr. Jim Krebs-Smith, DNRC, provided a status report of the HNRIM System. He thanked ICs for their timely response and efforts in providing Fiscal Year 2003 data for HNRIM; at present, only a few final confirmations remain outstanding. After receiving final data concurrence, ODS will review dietary supplement-related coding and communicate their recommendations for additions or changes to ICs for consideration. For ODS reviews undertaken thus far, considerable improvements in coding over last year were noted. In response to questions from members, Mr. Krebs-Smith said he would be posting some updated data

tables and PowerPoint slides on the public HNRIM website shortly; an e-mail notice will be sent once these become available.

*Nutrition Education Subcommittee.* Dr. Jean Pennington, DNRC, provided an update of the activities of the NIH Nutrition Education Subcommittee (NES). The NES has a new member, Dr. Carolyn Miles, National Institute for Diabetes and Digestive and Kidney Diseases (NIDDK), who is replacing Dr. Susan Yanovski, NIDDK, who had served on the NES for many years. For 2004, the NES has received 13 documents for review (eight from NIH, one from CDC, one from the Administration on Aging (AOA), one from Health Research and Services Administration (HRSA), and two from USDA). Documents reviewed or under review since the last NCC meeting include:

- Statement on Fruit Juice (NCI, NIH)
- Milk Matters Web Games (National Institute of Child Health and Development (NICHD), NIH)
- Magnesium Fact Sheet (Clinical Center, NIH)
- 5 A Day Website Materials (CDC)
- Team Up at Home (Food and Nutrition Service, USDA)
- You Can! Steps to Healthier Aging (AOA)
- Bright Futures for Women's Health and Wellness. Adolescent Physical Activity and Healthy Eating Tools (HRSA)
- Small Steps, Big Reward. Prevent Type 2 Diabetes Campaign (NIDDK)
- Media-Smart Youth Curriculum (NICHD)

*SubCommittee on International Nutrition Research (SCINR).* Dr. Daniel Raiten, NICHD and SCINR CoChair, noted that SCINR recently had its eighth meeting and that the Committee is now entering its third year of existence. At the most recent meeting members discussed accomplishments, goals, and options for activities. The Committee is considering organizing a workshop on the international implications of obesity. The proposed focus of this workshop would be on the measurement of body mass index/body composition and relative implications for health across international settings.

## **REPORTS FROM NCC MEMBERS AND LIAISONS**

Dr. Starke-Reed noted that the *Built Environment Workshop* will be held on May 24-26, 2004 in Washington DC.

Dr. Ellwood announced that Dr. Barbara Schneeman (currently with the University of California at Davis) would soon be the new Director for the FDA Office of Nutritional Products, Labeling, and Dietary Supplements in College Park, Maryland.

A flyer was distributed announcing a seminar to be given by Dr. Walter Willett from Harvard University School of Public Health on the topic *USDA Food Guide Pyramid: A Lost Opportunity for Better health?* on May 18, 2004 at 1:30 PM at the USDA Beltsville Human Nutrition Research Center in Beltsville, Maryland

(Building 005, Room 020). For more information, contact Dr. David Baer, 301 504-8719.

The program for a series of Indian Health Services conferences *Celebrating the Spirit of Indian Health. Diabetes Programs and Building on Strengths for the Future* was provided. The conferences will be held on May 5-6, 2004 in Phoenix, Arizona; May 12-13, 2004 in Oklahoma city, Oklahoma, May 19-20, 2004 in Seattle, Washington, and May 25-26, 2004 in Minneapolis, Minnesota. Questions about the conferences should be directed to Aimee Benton, The Hill Group, 6903 Rockledge Drive, suite 540, Bethesda, Maryland 29817; 301 897-2789, ex 126; fax 301 897-9587; abenton@thehillgroup.com

#### **ADJOURNMENT**

The meeting was adjourned at 3:45 PM.

#### **NEXT NCC MEETING**

The next NCC Meeting is tentatively scheduled for July 1, 2004.

#### **LIST OF APPENDICES**

Appendix A - NIH NCC Meeting Agenda for May 6, 2004

Appendix B - NCC Meeting Attendees for May 6, 2004

**APPENDIX A. NIH NCC MEETING AGENDA FOR MAY 6, 2004**

2:00-4:00 PM, Rockledge 2, Conference Room 9112, Bethesda MD

1. **Welcome**.....Pamela Starke-Reed
2. **Approval of February 5, 2004 NCC Meeting Minutes**...Pamela Starke-Reed
3. **The VERB Campaign**.....Carrie Heitzler & Marian Huhman
4. **Qualified Health Claims**.....Kathy Ellwood
5. **ODPHP Update**.....Kathryn McMurry
  - 2005 Dietary Guidelines for Americans
  - USDA Dietary Guidance Materials
6. **Office of Dietary Supplements Update**.....Paul Coates
7. **DNRC Activities Update**
  - Nutrition Education Subcommittee.....Jean Pennington
  - Subcommittee on International Nutrition
    - Research.....Pamela Starke-Reed & Daniel Raiten
    - HNRIM Update.....James Krebs-Smith
8. **Reports from NCC Members and Liaisons**.....NCC Members
9. **Next Meeting:** tentatively July 1, 2004
10. **Other Business**

**APPENDIX B. NCC MEETING ATTENDEES FOR MAY 6, 2004**

	<b>Members Present</b>	<b>Members Absent</b>	<b>Alternates Present</b>
<b><u>Chairperson:</u></b>	V Hubbard		P Starke-Reed

**NIH Members:**

NCI	J Milner		
NHLBI		D Danford	
NIDCR		R Nowjack-Rayner	
NIDDK		S Yanovski	
NINDS	M Mitler		
NIAID	M Plaut		
NIGMS		S Somers	
NICHD		G Grave	D Raiten
NEI	N Kurinij		
NIEHS	E Maull		
NIA	J Finkelstein		
NIAMS		J McGowan	
NIDCD		B Wong	
NIMH		P Muehrer	
NIDA		G Lin	
NIAAA		V Purohit	
NINR		K Helmers	
NCCAM	M Klein		
NCRR		F Taylor	
FIC		N Tomitch	
NCHGR		K Hudson	

**NIH Liaison Members:**

OD/ODP		B Portnoy	
CC	N Sebring		
CIT		J Mahaffey	
CSR		S Kim	
OLPA			
NLM		S Phillips	
OC		M Stern	
ODS	P Coates		
PRCC		M Vogel-Taylor	
OBSSR		D Olster	

**Agency Liaison Representatives:**

FDA		E Yetley	
CDC/NCHS		M McDowell	
CDC/NCCDPHP		S Kuester	D Galuska
HRSA		M Lawler	
IHS		T Brown	
ODPHP	K McMurry		
USDA		T Kramer	
DOD		K Friedl	

**DNRC:** S Frazier, J Krebs-Smith, J Pennington, K Regan

**Guests:** R Ballard-Barbash (NCI), K Ellwood (FDA), C Heitzler (CDC), M Huhman (CDC), S Krebs-Smith (NCI), C Miles (NIDDK), E Rodas (NIDCD), A Yaroch (NCI)