THE SECTOR

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EASTERN AIR DEFENSE SECTOR

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Annual Can-Am Golf Tournament Master Sgt. Lamarche Receives ANG Award JADOC Construction Underway

Let's Make the Fall as Successful as the Summer

It's been an extremely busy summer here at EADS and I want to thank everyone whose hard work made it a successful one.

The unit underwent demanding information assurance and cyber readiness inspections and our performance on both was outstanding. While the folks in Support, specifically in SC and SF, did the heavy lifting in the preparation and execution, everyone's willingness to be team players and help out where possible was crucial in our overall success.

That same type of group effort and selflessness was evident during the Battle Control System-Fixed 3.2 operational testing in August. We discovered a critical shortfall in the data link connectivity with the JADOC during the two-and-a-half week evaluation, resulting in the system being rejected for current operational use.

The test team was impressed and very appreciative of our diligent, thorough approach. While the shortfall we identified has created an implementation delay, that's a good thing. More troubleshooting and testing will lead to a better final product, which in turn, will help us do our jobs more effectively.

The next couple of months are going to require more of the same type of effort. The Presidential election is in full swing and there will be POTUS trips nearly every day. Throw in the United Nations General Assembly in late September, the AFNORTH standards and evaluation inspection in mid-October, the week-long Vigilant Shield exercise



Col. Dawne Deskins EADS Commander

in late October, add training requirements and it's clear that our operational tempo will be as strenuous and fast-paced as ever.

Mission accomplishment under these conditions is going to require focus, effort, and most of all, teamwork. These are attributes that you've demonstrated continually and I have no doubt that you will meet all challenges during the busy days ahead.

Elections and Campaigning

While we're discussing the election, I need to remind everyone of the regulations governing uniformed military participation. These rules apply to federal, state and local elections.

In short, active-duty military members cannot engage in partisan political activities. This means you must avoid activities that imply, or appear to imply, endorsement of a candidate. You can't wear the military uniform to a political rally or march in a partisan parade, either in uniform or in civilian clothes. If you have questions about what is permissible, read the DoD Public Affairs guidance on political activities, as well as the Air Force Chief of Staff's guidance, which are both posted on the public affairs share point site.

Civilian employees should also be aware of the Hatch Act rules, which govern their activities. While not as restrictive as military regulations, there are some limitations. Campaigning at work is prohibited as are certain activities involving fundraising. An explanation of these rules, written by the DoD's Office of General Counsel, can also be found on the public affairs share point site.

THE SECTOR

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Chief's Corner: Take Care of Your Fellow Airmen

By Sr. Master Sgt. Maureen Dooley, Superintendent of Operations

As we all know, it's election time and the operations tempo is higher than usual with protection of the POTUS and our presidential candidates. I would use up more space than Chief Cox usually did (just kidding, Chief) if I were to list all of the other events and challenges we're facing in the coming months so, I will just say "many." When I say, "ops tempo high," you all just say "ops tempo normal."

In short, I would like to say how proud I am to serve the enlisted force here at EADS and thank you for the hard work you put in everyday to accomplish our mission with pride and professionalism. The need for new policies and procedures is constant and are implemented on a regular basis but, you always step up to the plate and accomplish each task with the highest degree of efficiency. Thank you also to our maintainers and support that gives us the tools we need to accomplish our mission. Without your expertise and support our job would not be possible. I am here for you and I am ready for any challenge I may encounter when it comes to taking care of the airmen that make the mission happen. Open communication is essential so please stay focused, be safe, talk to each other and take care of your fellow airmen.



Sr. Master Sgt. Maureen Dooley

Senior Enlisted Advisor Asks Troubled Troops to Reach Out

By Claudette Roulo, American Forces Press Service

WASHINGTON, Sept. 4, 2012 - The military's top enlisted leader wants service members to use September's National Suicide Prevention and Awareness Month as an opportunity to learn what to do when a fellow service member, family member or veteran reaches out for help.

Marine Corps Sgt. Maj. Bryan B. Battaglia, senior enlisted advisor to Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, said service members who seek assistance -- and those who are in a position to offer it -- need to know that it's OK not to be OK.

"We can still operate and function as effective service members [and] effective family members within our armed forces, within life [and] as members within society and not be 100 percent fit," Battaglia said. "Like myself, for example. From some combat wounds and injuries over the years, I'm no longer 100 percent, and that's OK by me, because I understand that it's OK not to be OK."

Service members, family members or veterans don't have to wait until they feel suicidal to take advantage of the services offered by the military and the Veterans Affairs Department, Battaglia said. And the need to reach out can revolve around any sort of adversity or challenge that arises in a person's life, he added.

But no matter what the situation may be, asking for assistance is the crucial first step, Battaglia said, and there are many places to turn to for help. Each service has specific programs shaped and tailored toward its service members and families, he said, and VA also has programs that provide for veterans.

The Defense Department's hotline -- 1-800-273-8255 -- is "one common denominator throughout the entire department," Battaglia said. Service members, family members and veterans in need of assistance, either for themselves or for a loved one, can call the number day or night to speak to someone.

"That someone, who will answer will be a medical health official ... with the background and expertise to make some immediate assessments," he said. "That phone call has complete confidentiality."

There's no one reason or indicator that leaders can rely upon, in capturing the "why" of suicide, Battaglia said. "However," he added, "active leadership engagement is an area where many leaders, specifically my peer group, believe we can improve."

Engaged leaders will be better able to detect and help troubled troops, Battaglia said.

"There's so much time spent together that leaders will better know their people and can pick up changes from one's normal disposition or behavior," he said.

And it's a year-round job, the sergeant major added.

"While September is officially designated as Suicide Prevention and Awareness Month, this issue is so important to the health of our force that we need to treat every month as suicide prevention and awareness month," he said.

Gen. Mark Welsh is New Air Force Chief of Staff

by Tech. Sgt. Shawn J. Jones, Air Force Public Affairs Agency

JOINT BASE ANDREWS, Md. (AFNS) -- The Air Force chief of staff flag passed to the service's 20th chief in a ceremony on Aug. 10.

Gen. Mark A. Welsh III, a 36-year Airman, became the Air Force's 20th Chief of staff, taking over for Gen. Norton Schwartz, during the ceremony at Joint Base Andrews, Md.

"Mark is respected throughout the Air Force for his exceptional leadership and ability to connect with Airmen," Secretary of the Air Force Michael Donley said

Raised in an Air Force family, Welsh said he found a role model in his father, a decorated combat pilot.

"Today, I think he'd be proud of me," Welsh said. "And any day a kid can make his dad proud is a great day."

Welsh emphasized the need for Airmen to understand the importance of the other services in joint operations, but also said Airmen shouldn't underestimate the combat capabilities of their own service in winning today's fight.

"No one else can bring what we bring to the fight, and any real warfighter knows that," he said. "Don't ever doubt yourself or this service.

Welsh also addressed his stance on issues affecting the well-being of Airmen.



Gen. Mark Welsh

"When it comes to Airman resiliency, suicide prevention, and sexual assault prevention and response, I believe you're either part of the solution or you're part of the problem," he said. "There is no middle ground."

Welsh also said the Air Force must shape the future and that will require innovative thinking and different approaches to problems, along with modernization.

In his previous position as the commander of U. S. Air Forces in Europe, he was in charge of Air Force activities in an area of operations covering nearly one-fifth of the globe.

Welsh, a 1976 graduate of the Air Force Academy, has served in numerous operational, command and staff positions, such as commandant of cadets at the U.S. Air Force Academy, vice commander of Air Education and Training Command and associate director for military affairs at the Central Intelligence Agency. His experience includes nearly 3,300 flying hours, most of which came in the A-10 Thunderbolt II and F-16 Fighting Falcon.

Army Gen. Frank Grass is New Chief of National Guard Bureau

by Sgt. 1st Class Jim Greenhill, National Guard Bureau

ARLINGTON, Va.— Army Gen. Frank Grass became the 27th chief of the National Guard Bureau in a Pentagon ceremony on Sept. 8.

I'm very excited about the future; there's hard work to do," Grass said. "To the men and women of the National Guard: ... You're the most professional, most well-trained and experienced National Guard our nation has ever had. ... I pledge that I will work every day to serve and support you ... so that we can continue to be a ready, accessible and essential operational force for our states as well as our nation."

Grass relieved Air Force Gen. Craig McKinley as the chief of the National Guard Bureau. Grass also received his fourth star during the ceremony.

As chief of the National Guard Bureau, Grass serves as a military adviser to the president, the secretary of defense and the National Security Council and is the Department of Defense's official channel of communication to the governors and adjutants general in all 54 states and territories on all matters pertaining to the National Guard.



Gen. Frank Grass

Lamarche Receives Honor Guard Manager of the Year at ANG Banquet

by Lt. Col. Wendel A. Smith, Deputy Commander, Operations

Most of us go our entire career without meeting a four-star general. Master Sgt. Jeff Lamarche recently had three and four-star generals calling him by his first name while opening doors for him in the halls of the Pentagon. Why was Jeff going to barbeques at Gen. Wyatt's house and visiting Gen. Welsh at the Pentagon? Because he epitomizes service before self and was recently awarded the 2012 ANG Honor Guard Program Manager of the Year.

I had the honor and privilege to represent EADS at the 2012 Outstanding Soldiers and Airmen Award banquet on Aug. 24. On that night, Master Sgt. Jeff Lamarche was one 13 Army and Air National Guard members honored as top performers in the National Guard at a dinner hosted by Gen. Craig McKinley, Chief of the National Guard Bureau. Gen McKinley awarded Jeff the Outstanding Honor Guard Program Manager of the Year. Joining Gen. McKinley on stage was Gen. Mark Welsh, Air Force Chief of Staff; Lt. Gen. Harry Wyatt, Director, Air National Guard; Chief Master Sgt. James A. Roy, Chief Master Sgt. of the Air Force; Chief Master Sgt. Denise Jelinski-Hall, Senior Enlisted Leader, National Guard Bureau; Chief Master Sgt. Chris Muncy, Air National Guard Command Chief.

The EADS Honor Guard supports many high-profile events, including Syracuse University basketball games, local and regional ceremonies and parades, and military honors for local veterans. EADS supported more than 50 funerals in 2011 and Jeff personally participated in 35 of the details. His selflessness and devotion to duty is evident each and every day.

Honor Guard Program Manager is not Jeff's primary duty. He manages the EADS Honor Guard program while diligently fulfilling his responsibilities as Superintendent, C2 Systems while maintaining his primary crew duty positions of Mission Crew Commander Technician and Emergency Actions Coordinator. Jeff's tireless efforts and his dedication to duty have increased EADS esprit de corps, showcased the NY Air National Guard, and provided a shining example for others to emulate.

For his service Jeff has earned our gratitude and respect. Thanks Jeff!



Master Sgt. Jeff Lamarche, 2nd from left, receives the Honor Guard Manager of the Year Award from National Guard Bureau Chief Gen. Craig McKinley. Also on stage next to Lamarche, are, from left to right, Gen. Mark Welsh, Air Force Chief of Staff; Lt. Gen. Harry Wyatt, Director, Air National Guard; Chief Master Sgt. of the Air Force James A. Roy, NGB Senior Enlisted Leader Chief Master Sgt. Denise Jelinski-Hall, and Air National Guard Command Chief Master Sgt. Chris Muncy.

Det 1 Construction Project Underway, Move-In Time Set for early 2014

by Lt. Col. David Ellingson, EADS Det 1 Commander

The Joint Air Defense Operations Center military construction project is moving forward, the walls are up, floor poured and the second story is taking shape. We have solved significant issues in the past few months that have ranged from artifacts found on site and parking allotments with the District of Columbia planning committee to procuring a generator that was out of scope and a few remaining resolving funding questions. Our current time line places the beneficial occupancy date in late June 2013 and the testing and certification culminating with a move-in date in late January to early February 2014.

For those of you that were tracking the health of Commad Sgt. Maj, Mullinax, he has recovered well enough to return to his family in South Carolina I have known him for many years now and it was a great feeling to see him finally home.



Photos courtesy of Lt. Col. David Ellingson

Floors have been poured and the walls are going up at the new JADOC building. The bottom picture shows an aerial view of the progess.

Col. Deskins joined us for the Battalion Transfer of Authority on Sept. 7, as Lt. Col. Nelson and the 2-174th ADA passed the baton to Lt. Col. Forson and the 3-265th ADA. Lt. Col. Nelson has served two tours at the JADOC, first as the J3 and now this tour as the Battalion Commander, providing a foundation of continuity in the ADA mission within the National Capital Region's integrated air defense mission. Lt. Col. Forson brings a team of experienced personnel (about 50 percent of them have JADOC experience) and they have hit the ground running.

We continue further integrating our personnel into the main mission set with qualifications for our operators on the EADS Ops floor, which is a key piece in keeping their skills sharp and being a part of EADS operational capability.

Lastly, I would like to congratulate Maj. Marc Schuessler in his selection for the DO position here within Det 1. It was a difficult board with highly qualified applicants.



Hunters: Ensure You Know the Rules Before Going Afield

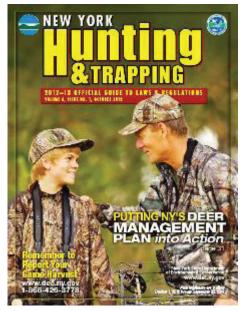
By Joseph Ancone, EADS Safety and Occupational Health Manager

New York State requires a hunter education course for all persons who cannot show proof that they have ever had a hunting license. The New York State Department of Environmenttal Conservation (DEC) does, however, honor hunter education certificates and sporting licenses from all other states.

The general course is a minimum 10 hours in length. Hunters wanting to bowhunt for big game must take an additional 8-hour bowhunter education course. For additional information, the 2012-13 New York State Hunting and Trapping Guide is available on the Safety (SE) Warrior Web (SharePoint 2010) site.

Hunting safety tips:

- Assume every gun is loaded
- Separate guns and ammunition until in position, especially if climbing to an elevated stand
 - Keep the weapon pointed in a safe direction
 - Keep your finger off the trigger until ready to shoot
 - Wear appropriate clothing for the weather
- Wear Hunter (Blaze) Orange clothing. Deer can't tell red and orange from green and brown.
- Ensure someone at home knows where you are hunting and the time you expect to return.
 - Carry a cell phone for emergencies.
- AND THE MOST IMPORTANT RULE OF HUNTING SAFETY: Be sure of your target.



All hunters going afield locally should familiarize themselves with the NY State DEC's hunting and trapping guide. It's available on SE's Warrior Web site.

Top Scope 12-1 Award Winners



Capt. Jen King



Lt. Jason Cole



Tech. Sgt. John Coar

Weapons and Tactics semi-annual Top Scope 12-1 competition was completed on Aug. 20. Award winners, pictured above from left to right, were:

AWO/WD: Capt. Jennifer King, DOCC.

Assist: Lt. Jason Cole, DOCC.

Surveillance: Tech. Sgt. John Coar, DOCB.

Identification: Staff Sgt. Joshua Barret, DOCA (not pictured).

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Canadians Welcome New Members with Chili Cook-Off

by Lt. Gregory "Ninja" Wallace, Royal Canadian Air Force

The Canadian Welcome event is a time of year for the Canadian Detachment to welcome the new members of our small community to their new posting OUTCAN. It is a social event where all can bring their families and meet everyone in a friendly atmosphere. The new members of our unit are Maj. Kendra Hartery, Capt. Colin Randell and Sgt. Mike Jaworski.



This year's Welcome Event was held

at the Lee Legion Post 1794 on Aug. 19. We were luckily afforded a beautiful sunny afternoon for sports and BBQ.

The event began at noon with everyone showing up and getting the "hellos and how do you dos" out of the way. After everyone arrived, LCol Dave Pletz, the Canadian Detachment Commanding Officer thanked everyone for coming and officially welcomed the new members and their families. Lt Greg Wallace, the Vice-President of the Canadian Mess Committee, then explain the regulations for the Chili Cook-off.

The Chili Cook-off is a first time event for the Canadian Det. It allows people from across the country to bring a bit of their family recipes with different flavours for all to try. In all, there were seven different Chili crockpots brought to the event to compete. Competitors included the Lawtons, Pletzs, Wallaces, Atkinsons, Derbyshires (twice!) and the Harterys (sorry Ed).

There was a great variance in flavours from sweet chili to very spicy chili and even some turkey chili. All the members of the Canadian Det were asked to vote on their top 3 and the points were tallied. The Third place winner was the Lawton Family, Second Place was the Atkinson Family and First Place was the Pletz Family chili from Saguenay.

Following the announcement of the winners there was a softball game for all to showcase their athletic ability. In all, the Welcome Event & Chili Cook-off was a great success. We all had a great time with food, fun and friends and everyone made it home safely at the end of the day.

Special thanks go to our Chef-du-jour, MCpl Scott Atkinson, and Stellie Steacy, the bar steward at the Lee Legion for her help coordinating the event.

Annual Can Am Golf Tournament Attracts 19 Teams

by Master Cpl. Scott Atkinson, Canadian Army

The much-anticipated CANAM golf tournament took place on Aug. 24 at McConnelsville Golf Course. With a total of 19 teams on the greens there was bound to be a struggle for the much sought after CANAM Cup. With the sun being a more than co-operative player in the game the convoy of carts set out for their respective starting points, some to par 3s some to par 5s some to the dreaded hockey or baseball hole where the competition was going to be fierce all day long.

As the late morning arrived, I made my way to the par 5 baseball hole where teams had to set the golf ball up on a T-ball stand. For some it worked, for others it did not. It was definitely the tee to be at if you wanted to have some laughs as people struggled with the effort of hitting the golf ball with a bat. The hockey hole was also a rousing success with taste of Canadian sporting!!

The top team was Team Miller and the 2nd team, after a well fought putt-off, was Team Zoldi.

At the end of the day everyone had golfed their hearts. We here at the Canadian Det would like to thank everyone who came out and hope to see you next year at the normal time in June.

Staff. Sgt. Matthew Cummings takes a swing on the baseball hole. Photo by Maj. Joakim Hansson.



Sports Day: EADS Wins the Commanders Cup

By Tech. Sgt. Jason Rutherford, EADS

The 3rd Annual EADS/AFRL Sports Day, sponsored by the Top 3 and Junior Enlisted Council, was held on Aug 3. The daylong event placed EADS and Air Force Research Lab against each other in friendly competition.

Events included a 5K run, strength competition, Icarus, racquetball, 3-on-3 basketball, 4-on-4 beach volleyball and softball. EADS won the most events this year and earned the Commander's Cup, which is presented to the victorioius unit.

Sports Day event winners were: 5K Run (Male) Master Sgt. Jeremy Murphy, AFRL; 5K Run (Female) Sr. Master Sgt. Patricia Crane, EADS. Strength (Male) Master Sgt Mathew VanDeusen, AFRL;



photo courtesy of Tech. Sgt. Jason Rutherford

Sports Day participants and Col. Dawne Deskins, EADS CC, pose with the Commander's Cup at the end of the day's contests. EADS won six of the nine events

Strength (Female) Col. Merle Hereth, EADS. Icarus: AFRL. Softball: EADS.

Racquetball – Cdr. David Bucholz, EADS. 3-on-3 Basketball – EADS. Team of Master Sgt Derek Skates, Tech. Sgt. Brian Steikle, Staff Sgt Miles Macey. 4-on-4 Volleyball – EADS. Team of Master Sgt Weissgarber, Master Sgt Thomas Whiteman, Tech. Sgt. Brian Stickle, Mr. Sonepith Keoviengsamay.

Antennae Tower Completed at Building 703

A crane lifts the final piece of the beyond-line-of-sight comunications tower into place on Aug. 10. The antennae was one of several construction projects completed at EADS this summer.

photo by Master Sgt. Donal Genei.



Security Forces Team Completes Windham Mountain's Warrior Dash

by Tech. Sgt. John Adams, Security Forces

On Aug. 12 a team of Security Forces members took on the grueling 3.2-mile mud runobstacle course known as the Warrior Dash at
Windham Mountain. The course took the team
through 13 different obstacles and included a
wade through waist-deep water, low-crawling
under barb wire, and climbing over walls 25
feet tall. The toughest obstacle, however, was
the mountain itself as two-thirds of the course
took the competitors straight up the side of
Windham Mountain. The team finished the
course in just over an hour and were content
with time since the primary goal is just finishing the race.

After the race, the team assisted the St Jude's Foundation by bagging up approximately 5,000 pairs of sneakers that were donated by Warrior Dash participants. All proceeds from the race were donated to the Wounded Warrior Foundation



photo courtesy of Tech Sgt. John Adams

The Security Forces members were Staff Sgt. Jose Marrero, Staff Sgt. Ben Knowles, Staff Sgt. Adam Scott, Staff Sgt. Dan Schmitt, and Tech. Sgt. John Adams.

Family Readiness Group Renovations Underway

by Master Sgt. Michael Weissgarber, EADS 1st Sgt.

Fall is upon us and we have undergone several changes here at the Sector, including ongoing renovations at the Family Readiness Group.

I wanted to give the unit an idea of how things are going and where we're at. With the help of several members and some folks from Rome Labs, the FRG has undergone quite a few major upgrades. The bathrooms have been completed as well as the new main entrance. We also recently completed repainting the entire FRG, giving it a new look.

In the next couple of weeks a contractor will be coming in to install new cabinets and furniture in what will now be designated as the conference/meeting room. At the same time our Radio Shop will be installing a newly designed AV suite to accommodate a number of functions to include seminars, training, ceremonies, meetings, and many others.

If you have any questions or concerns, would like to reserve the space for a future event, or are interested in becoming a volunteer, please let me know.



Congratulations Corner

The Eastern Air Defense Sector congratulates the following personnel on their recent promotions.

Promotions

THE SECTOR

Jason BohererStaff Sgt.Ryan BatchelorStaff Sgt.Mitchell ZeccaStaff Sgt.

Hail and Farewell

EADS extends a warm welcome to our recent new joins.

Lt. Col Russell Strasburger came from the 105th Airlift Wing at Stewart ANGB. He and his wife, Heather, and two children, Hayley and Baron, live in Woodbury, CT.

Maj. Jason Taylor was with the 174th in Syracuse before joining EADS. He resides in Camillus with his girlfriend, Kimberly and their four children, Karli, Cameron, Jessica and Connor.

Capt. Claude Hibbert came from the 103rd Air Control Squadron in Connecticut. He lives in Cheshire, CT with his wife, Candida, and son, Spencer.

Capt. Erica Campbell lives in Whitesboro and came to EADS from Tyndall AFB, Fla.

Capt. Michael Kidd lives in Trenton Falls with his wife Janet. He came to EADS from Tyndall AFB, Fla.

Airman Allyssa Tornatore came from tech school at Keesler AFB, Miss. She lives in Vernon with her son Jacob.

Other recent new joins are Capt. Charles Kemp, Airman 1st Class Robert Raymond, Staff Sgt. Tharanna Dejesus, Sr. Airman Jason Garner.

EADS bids a fond farewell and good luck to:

Lt. Col. Jeff Potter and Chief Master Sgt. Paul Cox.

A Special EADS Welcome

Elana Kaye Kujawski, daughter of Adam and Cherise Kujawski, born Aug. 21.

Xander Rude, son of Shane and Rachel Rude, born Aug. 22.

3rd Quarter Award Winners

Company Grade Officer Capt. Andrew Lawton

Senior Noncommissioned Officer WO Randy Reisch

Noncommissioned Officer Tech. Sgt. Matt Pelland

Junior Enlisted Airman Staff Sgt. Mitchell Zecca

Civilian Mr. Sonepith Keoviengsamay

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Announcements

Special Thanks

On behalf of my whole family, I want to publicly thank Sr. Master Sgt. Don Roberts, Master Sgt . Jeff Lamarche and Master Sgt. Tom Whiteman for rendering proper military honors at my mother's recent funeral.

Additional thanks to Sr. Master Sgt. Maureen Dooley for the show of support at the ceremony. Thank you Alpha Flight, for the amazing arrangement of flowers, and Huntress Club, namely Sr. Master Sgt. Warner and Master Sgt Masson, for the fruit basket.

My family was highly impressed by the professionalism and honor displayed at the burial ceremony. You know you're doing something right when the priest and funeral director are fighting back tears.

-Capt. Kelly Williams

Chaplain's Corner: Do Something Positive!

by Lt. Col. Todd Luce, EADS Chaplain

I've heard several stories lately of EADS members doing something positive instead of waiting for a program or for someone else to show initiative...this is good!

While we have certain opportunities that come around every so often (one-time good deals), it is far more effective to just go ahead and do something positive.

You can get a book you've heard of and explore its ideas, then try putting some of them into practice. One for couples is "The Love Dare."

If you're single, you can explore places to make new acquaintances. As a pastor, I'd recommend a lively church with open, progressive wholesome activities.

Some nearing retirement have already begun to take long drives and purposeful vacations to explore potential places for relocation someday.

Can't afford the gas or time? Surf the web or take a friend to the Emurgent Care facility and flip through a good travel magazine while you're waiting.



Lt. Col. Todd Luce

You get the idea...do something positive!

With cold weather on the horizon, take advantage of the beautiful fall and get out there while you can. There might even be some self-discovery along the way so let me encourage you to take note of those thoughts (such as deeper motivations and unanswered questions popping up) while you're doing something positive and feel free to drop by the Chaplain's office or call when you want to discuss any of them. And please e-mail me some of your recent stories of doing something positive.

On the Cover: Capt. Kelly Williams reacts to a putt during play at the CanAm Golf Tournament on Aug. 24. Photos by Maj. Joakim Hansson.