

TORCH INDEX

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2013 TORCH CALENDAR

This annual calendar is a special edition to **TORCH** Magazine. **TORCH** is published quarterly to help promote safety awareness in Air Education and Training Command, the Air Force and Department of Defense. This funded Air Force magazine is an authorized publication for members of the U.S. military services. Contents of **TORCH** are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared and provided by the Directorate of Safety, Air Education and Training Command, Randolph Air Force Base, Texas, following public affairs publication guidelines outlined in DOD Instruction 5120.4 and Air Force Instruction 35-101. All photographs are Air Force photographs unless otherwise indicated.

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PIECING TOGETHER YOUR MISHAP PREUENTION PLAN

Col. Tal W. Metzgar, director of safety

he 2013 Torch Calendar is a tribute to the dedicated men and women, who recruit, train and educate our Air Force. I sincerely hope it will serve as a daily reminder of the tremendous impact to our national defense made by our Airmen and civilians.

This year's unique puzzle design reminds us that while we think we have the big picture, a few key pieces of the safety puzzle may be missing. Accomplishing the mission safely and effectively requires all the pieces in their place. This includes proper integration and application of risk management principles, being a good wingman, and following Air Force Instructions (AFIs) and Technical Order (T.O.) guidance.

Assembling or solving a puzzle can be done more efficiently using a deliberate process. First, we frame the challenge by identify key pieces ... corners and edges. Then assemble them to define

the limits of our puzzle. Having a guide to follow, a picture of what the puzzle looks like when assembled helps too. As the puzzle begins to take shape, it becomes more obvious which pieces are missing. Our missions are varied and complex, but each is clearly defined and somewhat limited in scope. Like the photo on the puzzle box, AFI or T.O. compliance helps ensure the job is done right.

Real life is much more complex than a boxed puzzle;

through application of risk management principles or that eerie "hair on the back of your neck" instinct that persuades us to stop and assess a situation. As a wingman, it is your responsibility to intervene and make a save when you alone hold the crucial missing piece. Sometimes, a well-timed reminder helps us identify the "missing pieces" of our puzzle ... this year's calendar may help serve that role.

Thanks to the tireless efforts of our command safety profes-

starters in your workplace or at home with family. Using these observances, on- and off-duty, may help you find a missing piece of your puzzle. Set a reasonable goal to emphasize one applicable observance per week or month; by the end of the year, you will have a more complete safety picture.

One particular puzzle piece that remains a challenge throughout the Air Force is motorcycle safety. Motorcycle safety is not limited to the rider alone. The often devastating all of the rules of the road, but still be involved in a mishap.

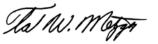
In the aviation realm, flight discipline has been cited in numerous mishaps over the past year. Whether the deviation from standards is intentional or not, the preventable loss of an aircraft or crewmember is unacceptable. The rising costs of aviation mishaps from the use of high-tech materials is driving an exponentially high price, something we can ill-afford in these times of tough budgetary constraints.

"Real life is much more complex than a boxed puzzle; however, many of the same principles apply. ... As a wingman, it is your responsibility to intervene and make a save when you alone hold the crucial missing piece."

however, many of the same principles apply. This is why the core missions of Air Education and Training Command are so vital to our Air Force. A properly trained and educated individual may be the difference between success and failure. Further, identifying a critical missing piece comes

sionals, this calendar is one of the most comprehensive safety observance calendars available. Please read and use this collection of monthly, weekly and daily safety observances throughout the year. While it is not possible to participate in every dedicated observance, they can serve as conversation impacts of motorcycle mishaps affect families, friends and coworkers who must shoulder the additional burden if the rider is severely injured ... or worse. All of us can improve our awareness of riders and share the road. A rider can do everything right, wearing all the proper safety equipment and following

As you begin the New Year, resolve to improve your safety picture by identifying the missing pieces, and do not accept unnecessary risk. Do you know what's missing from your safety puzzle?





JANUARY..... 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
➤ National Lose Weight, Feel Great Month ➤ National Eye Health Care Month ➤ Birth Defects Prevention Month ➤ National Get Organized Month ➤ National Radon Action Month ➤ National Mentoring Month ➤ Ramily Fit Lifestyle Month ➤ Celebration of Life Month ➤ Home Fire Safety Month ➤ Blood Donor Month ➤ Safe Driving Month ➤ Bath Safety Month ➤ Bath Safety Month		► New Year's Resolutions Week (1-7)	►AETC January Challenge	003 3	▶Civilian Payday	005 5
►Home Office Safety and Security Week (6-12)	▶National Weigh-in Day	0	▶Aviation in America Anniversary	10	44	10
006 6	007	8 800	009 9	010 10	011	012 12
►Snowmobile Safety Awareness Week (13-19)	National Clean Off Your Desk Day	► Pentagon Anniversary ► Military Payday	►Civil Service Anniversary	017	►Civilian Payday	019 19
National Non-smoking Week (20-26) Healthy Weight Week (20-26) Inauguration Day	►Martin Luther King Jr. Day	200	20	0.4	0.5	▶Spouses Day ▶Full Moon
020 20	021 21	022 22	023 23	024 24	025 25	026 26
027 27	028	029 29	oso 30	031 31	DECEMBER 2012 S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28





FEBRUARY..... 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			National Care about Your Indoor Air Month Wise Health Care Consumer Month American Heart Month Sleep Safety Month	► National Freedom Day	►Groundhog Day
► Super Bowl Sunday: Don't Let Fans Drive Drunk ► National Burn Awareness Week (3-9)	►USO Birthday					
034 3	035 4	036 5	037 6	038 7	039 8	040 9
		▶Lincoln's Birthday		▶Valentines Day	▶Civilian Payday ▶Military Payday	
041 10	042 11	043 12	044 13	045 14	046 15	047 16
►Through with Chew Week (17-23)	▶ Presidents Day			▶Great American Spit Out	►Washington's Birthday	
048 17	049 18	050 19	051 20	052 21	053 22	054 23
055 24	►Full Moon 056 25	057 26	058 27	059 28		





MARCH 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	APRIL S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			➤ Chronic Fatigue Syndrome Awareness Month ➤ Workplace Eye Health and Safety Month ➤ Poison Prevention Awareness Month ➤ National Collision Awareness Month ➤ Deep Vein Thrombosis Month ➤ American Red Cross Month ➤ National Nutrition Month ➤ Save Your Vision Month ➤ Save Your Vision Month ➤ Toot Health Month ➤ Foot Health Month	► Self-injury Awareness Day ► Civilian Payday ► Military Payday	061 2
► National Patient Safety Awareness Week (3-9) ► Spring Severe Weather Preparedness (3-9) ► Save Your Vision Week (3-9) ► National Anthem Day	National Sleep Awareness Week (4-10)	►Tornado Drill Day	065 6	7	067 8	068 9
Daylight-saving Time Begins	063	► Organize Your Home Office Day	065	060	D6/ O Civilian Payday	068
Check Your Batteries Day	070 11	071 12	072 13	073 14	►Military Payday	075 16
▶ Buzzed Driving Is Drunk Driving Awareness Day ▶ National Poison Prevention Week (17-23) ▶ Flood Safety Awareness Week (17-23) ▶ St. Patrick's Day	10	078 19	►First Day of Spring	01	20	22
	077 18	078 19	079 20	080 21	081 22	082 23
National Tsunami Awareness Week (24-30) National Cleaning Week (24-30) ►Easter (31) 24 ⁰⁸³ /31 ⁰⁹⁰	084 25	₀₈₅ 26	Full Moon 086 27	₀₈₇ 28	►Civilian Payday	₀₈₉ 30







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
National Distracted Driving Awareness Month National Foot Health Awareness Month National Youth Sports Safety Month National Trauma Awareness Month National Trauma Awareness Month National Facial Protection Month Month of the Military Child Alcohol Awareness Month Stress Awareness Month Stress Awareness Month National Car Care Month Physical Wellness Month Sports Eye Safety Month Injury Prevention Month	► National Public Health Week (1-7) ► Medication Safety Week (1-7) ► April Fools Day ► Military Payday	092 2	093 3	094 4	►Alcohol-free Weekend (5-7)	▶Drowsy Driver Awareness Day	
► National Window Safety Week (7-13)	098 8	099 9	►National Sibling Day	▶National Alcohol Screening Day	►Civilian Payday	▶Jefferson's Birthday	
►National Work Zone Safety Week (14-20)	Military Payday ►Tax Deadline	▶National Stress Awareness Day	107	108	109	110 20	(
▶Playground Safety Week (21-27) ▶National Volunteer Week (21-27) 111 21	►Earth Day	113 23	►Administrative Professionals Day	▶Full Moon	▶ National Arbor Day ▶ Civilian Payday	117 27	
► World Day Safety and Health at Work 118 28	119 29	120 30			MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	(







■■■■ ■ 20	10					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	National Physical Fitness and Sports Month Occupational Health and Safety Month National Military Appreciation Month National Trauma Awareness Month National Trauma Awareness Month National Good Car Keeping Month National Good Car Keeping Month National Electrical Safety Month National Health Month	▶ Ultraviolet Awareness Month ▶ National Sight-Sawing Month ▶ National Barbecue Month ▶ Motorcycle Safety Month ▶ Family Wellness Month ▶ National Family Month ▶ Bicycle Safety Month ▶ Bicycle Safety Month ▶ Better Sleep Month	Military Payday ▶Loyalty Day ▶May Day	►National Day of Prayer	123 3	₁₂₄ 4
➤ Occupational Safety and Health Week (5-11)		► National Teachers Day	➤Occupational Safety/Health Professionals Day ➤World Red Cross Day ➤Bike to School Day		►Military Spouse Appreciation Day	▶Babysitter Safety Day ▶Sun Awareness Day
125 5	126 6	127 7	128 8	129 9	130 10	131
► Mothers Day		▶Nightshift Workers Day	▶ National Employee Health and Fitness Day ▶International Day of Families ▶ Military Payday		►National Bike to Work Day	▶ National Safe Boating Week (18-24) ▶ Armed Forces Day
132 12	133 13	134 14	135 15	136 16	137 17	138 18
➤ Recreational Water Injury Prevention Week (19-25) ➤ National Running and Fitness Week (19-25) ➤ National Dog Bite Prevention Week (19-25) ➤ Emergency Medical Services Week (19-25) ➤ Neighbor Day	►Click It or Ticket Mobilization (through June 2)	►American Red Cross Anniversary			► Critical Days of Summer (through Sept. 2) ► Heat Awareness Day ► AETC Family Day ► Civilian Payday	▶Full Moon
139 19	140 20	141 21	142 22	143 23	144 24	145 25
► Hurricane Preparedness Week (26-June 1)	► Memorial Day				▶World No-Tobacco Day ▶Military Payday	JUNE S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
146 26	147 27	148 28	149 29	150 30	151 31	30





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				National Fireworks Safety Months (through July 31) Cancer from the Sun Month National Drive Safe Month National Drive Safe Month National Camping Month Great Outdoors Month National Safety Month Student Safety Month Home Safety Month Home Safety Month	► Atlantic Hurricane Season Begins ► Heimlich Maneuver Day
➤ National Rip Current Awareness Week (2-8) ➤ National Tire Safety Week (2-8) ➤ National Sun Safety Week (2-8) ➤ National Fishing Week (2-8)			►World Environment Day ►National Running Day		▶Civilian Payday	▶Best Friends Day
153 2	154 3	155 4	156 5	157 6	158 7	159 8
▶National Flag Week (9-15)					►Honor America Days (through July 4) ►Mititary Payday ►Army Birthday ►Flag Day	▶First Fatal Aviation Accident Anniversary
160 9	10	162	163 12	164	₁₆₅ 14	15
▶Fathers Day	▶National Ride to Work Day: Share the Road with Motorcycles				▶First Day of Summer ▶ Civilian Payday	
167	17	18	170	171 20	172 21	173 22
► National Lightning Safety Awareness Week (23-29) ► Mosquito Control Awareness Week (23-29) ► National Camping Week (23-29) ► Public Service Day (23) ► Full Moon (23)			▶World Day against Drug Abuse and Trafficking		▶ National Prevention of Eye Injury Awareness Week (through July 4)	
23 174/30 181	175 24	176 25	177 26	178 27	179 28	180 29







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
➤ National Fireworks Safety Months (June-July)	►Military Payday	► Halfway Point of 2013	▶Stay Out of the Sun Day	▶ Drive Sober or Get Pulled Over Crackdown Day ▶ Independence Day	►AETC Family Day ■ Civilian Payday	
	182	183 2	184 3	185 4	186 5	187 6
			40			
188 7	189 8	190 9	191 10	192 11	193 12	194 13
₁₉₅ 14	► Military Payday	197 16	₁₉₈ 17	199 18	►Civilian Payday	201
190 1	▶Full Moon	197	190 11	199	200 1	201 - 0
202 21	203 22	204 23	205 24	206 25	207 26	208 27
▶Parents Day	210 29	►International Friendship Day	212 31		S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	AUGUST S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



41	II 42	
	 42	2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		► National Immunization Awareness Month	Military Payday 213 1	▶Civilian Payday	215 3
➤ National Stop on Red Week (4-10) ➤ Coast Guard Birthday		▶ National Night Out	7			40
216 4	217 5	218 6	219	220 8	221 9	222 10
223 11	►International Youth Day	225 13	226 14	National Relaxation Day Military Payday	Drive Sober or Get Pulled Over Crackdown (through Sept. 2)	229 17
►National Aviation Week (18-24)	► World Humanitarian Day ► National Aviation Day 231	Full Moon 232 20	233 21	234 22	235 23	236 24
230 10	231 I 3 ► National Safe at Home Week (26-30)	232 20	233 🙇 🛘	234 💆	235 ∠∪ ►Civilian Payday ►Military Payday	236 🗹
237 25	238 26	239 27	240 28	241 29	242 30	243 31





SEPTEMBER 2013

SUNDAY	MONDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
244 1	► Critical Days of Summer Ends ► Labor Day	246 3	247 4	248 5	249 6	250 7
► National Suicide Prevention Week (8-14) ► National Grandparents Day ► International Literacy Day	252 9	►World Suicide Prevention Day	▶Patriot Day (9/11 Observance)	255 12	►Civilian Payday ►Military Payday	14
National Farm and Ranch Safety Week (15-21) International Clean Hands Week (15-21) Child Passenger Safety Week (15-21) Pollution Prevention Week (15-21)	252 0	Constitution Week (17-23) Citizenship Day	▶Air Force Birthday (66th Anniversary)	Full Moon 200 12	▶National POW/MIA Recognition Day	National Seat Check Saturday International Day of Peace
First Day of Fall	259 10	260 17	261 10	262 19	Civilian Payday PGivilian Payday 270 27	Family Health and Fitness Day USA ▶National Hunting and Fishing Day ▶World Rabies Awareness Day
► National Chimney Safety Week (through Oct. 5) ► Drive Safety Work Week (through Oct. 5)	273 30	► Alcohol and Drug Addiction Recovery Month National Childhood Injury Prevention Month National Food Safety Education Month Sports and Home Eye Safety Month National Campus Fire Safety Month Backpack Safety America Month Baby Safety America Month National Preparedness Month National Preparedness Month Mold Awareness Month			AUGUST S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31





OCTOBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
➤ National Animal Safety and Protection Month ➤ National Car Care and Battery Safety Month ➤ National Window Covering Safety Month ➤ National Kitchen and Bath Safety Month ➤ National Brain Injury Awareness Month ➤ National Brain Injury Awareness Month ➤ National Free Prevention Month ➤ National Family Health Month ➤ National Family Health Month ➤ National Ergonomics Month ➤ Eye Injury Prevention Month ➤ Ermotional Wellness Month ➤ Halloween Safety Month ➤ Cold and Flu Campaign		► National Night Out (alternate) ► Military Payday	►Walk to School Day	276 3	►National Diversity Day	►World Teachers Day
► National Fire Prevention Week (6-12)	▶National Child Health Day		▶International Day for Natural Disaster Reduction	►World Mental Health Day	▶Civilian Payday	
279 6	280 7	281 8	282 9	283 10	284 11	285 12
►Navy Birthday	▶Columbus Day	►Military Payday	▶National Boss Day	17	▶Full Moon	10
286 13	287 14	288 15	289 16	290 l /	291 18	292 19
 International Infection Prevention Week (20-26) Collegiate Alcohol Awareness Week (20-26) National Teen Driver Safety Week (20-26) 	► National School Bus Safety Week (21-25)			►United Nations Day	►Civilian Payday	
293 20	294 21	295 22	296 23	297 24	298 25	299 26
► National Save Your Back Week (through Nov. 2)	00	00	00	►Buzzed Driving Is Drunk Driving Awareness Day ►Halloween	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
300 27	301 28	302 29	303 30	304 31		





DOUE OF BEE 2013

DECIMIENT Str. No. DECIMIENT Str. Str.	SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 31 11 31 12 32 13 32 4 33 15 32 33 34 35 35 36 36 36 36 36 36	S M T W T F 1 2 3 4 6 7 8 9 10 1 13 14 15 16 17 15 20 21 22 23 24 25	4 5 11 12 18 19	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			► Military Family Appreciation Month Child Safety and Protection Month National Home Care Month Aviation History Month	1	306 2
Note that the content of the conte	➤ Daylight-saving Time Ends ➤ Check Your Batteries Day	2	1		6	7		0
Military Percisisy Military Percisis Military Percisisy Military Percisis Military Percisis Military Percisis Military Percisis Military Percisisy Military Percisis Military Percisisy Military Perc		307		309 J		311		
National Family Week (24-30)			,	316 12			Military Payday	320 16
▶ National Family Week (24-30) ▶ MADD's Tie One On for Safety Holiday Campaign Begins (through Dec. 31) ▶ AETC Family Day Military Payday ▶ MADD's Tie One On for Safety Holiday Campaign Begins (through Dec. 31) ▶ Military Payday 328 24 329 25 331 27 332 28 333 29 334 30	Winter Severe Weather Preparedness American Education Week (17-23) National Survivors of Suicide Day Full Moon	ss (17-23)	₃₃ 18	₂₂₂ 19	₂₀ 20			► National Family Volunteer Day
	▶ National Family Week (24-30)					►Buckle Up America. Every Trip. Every Time. ►MADD's Tie One On for Safety Holiday Campaign Begins (through Dec. 31)	►AETC Family Day ►Military Payday	321 20
			329 25	330 26	331 27	332 28	333 29	334 30





DECEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
►Civil Air Patrol Birthday				▶International Volunteer Day	▶Civilian Payday	▶ Pearl Harbor Remembrance Day ▶ International Civil Aviation Day
335	336 2	337 3	338 4	339 5	340 6	341 7
		►Human Rights Day			▶ Drive Sober or Get Pulled Over Crackdown (through Jan. 1) ▶ National Guard Birthday ▶ Military Payday	
342 8	343 9	344 10	345 11	346 12	347 13	₃₄₈ 14
▶Bill of Rights Day		► Wright Brothers Day Full Moon			▶Civilian Payday	►First Day of Winter ►Forefathers Day
349 15	350 16	351 17	352 18	353 19	354 20	355 21
		►AETC Family Day ►Christmas Eve	▶Christmas	►AETC Family Day		
356 22	357 23	₃₅₈ 24	₃₅₉ 25	360 26	361 27	₃₆₂ 28
363 29	364 30	New Year's Eve Military Payday	► MADD's Tie One On for Safety Holiday Campaign ► Drunk/Drugged Driving (3D) Prevention Month ► National Stress-Free Family Holiday Month ► Worldwide Food Service Safety Month ► Safe Toys and Gifts Month		NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JANUARY 2014 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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