

Family Readiness Newsletter

Family Support events and newsletters are now posted on the Air Force Portal

Military Family Month



1 December 2011

4th Quarter 2011

What can Military One-Source do for you?

- Anytime, 24 Hours a Day, 7 Days a Week.
- Free educational materials
- CD's and audiotape to help you with phases of the deployment cycle
- Education resources
- Military One Source is available for all branches of service and their families.
- Contact them at 1-800-342-9647 or militaryonesource.com

The President of the United States of America has proclaimed November 2011 as Military Family month. "I call on all Americans to honor military families through private actions and public service for the tremendous contributions they make in the support of our service members and our Nation" (Barack Obama)

Families are the foundation for a healthy society, which proves effective in early stages of life and advancement in school and later in life in adulthood. The Family readiness office provides a large access to resources for both families that are successful and families that need assistance. Please stop by anytime. We always have an open door for our Airman.

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Veterans Day Offers

Offers vary by location. It is recommended to verify prior to purchase..

Family Success everyday practice

RESTAURANTS

- Abuelo's Mexican Food
- Applebees
- Chili's
- Golden Corral
- Krispy Creme
- McCormick & Schmick's
- Outback Steakhouse
- UNO Chicago Grill
- Texas Roadhouse
- T.G.I. Friday's

RETAIL

- The Dollar General
- Home Depot
- Lowe's
- Sam's Club
- Amazon.com
- Cabela's Outdoor Store
- Build a Bear Workshop
- Fashion Bug
- Sports Clips Haircuts
- Foot Locker

- Treat friends, family and co workers with the esteem that every individual deserves.
- Start every day with positive thoughts and energy.
- Express love to your family through words and **actions**.

"Through these simple steps, as obvious as they are, they will enhance cohesiveness and success throughout our Military community"

Veterans Day

Let's celebrate along with our families Veterans day and honor **ALL** veterans who served honorably in the military-in wartime or peacetime.

- Teach your children about the History of Veterans Day.
- Together as a Family compare and contrast changes in the Military throughout history.
- Have children draw a picture of a relative that is deployed or has served in the Military.



FRG Meetings held on the following Saturday's @ 1500 in Wing Conference Room									
Unit	DEC 2011	JAN 2012	FEB 2012	MAR 2012	APR 2012	MAY 2012	JUN 2012	JUL 2012	AUG 2012
193 SOW	3	7	11	10	14	19	9	14	4

Future Events & Dates to Remember

Dec 04—Children Christmas party and picture with Santa
(Please register ahead of time)

Location: @ Clancy's 1300 to 1600

Jan 21 -22—Post Yellow Ribbon Event
(Please visit Family Readiness Office for more information)

Location: @ Lancaster, PA, please visit

Feb 25—Pre Yellow Ribbon Event

Location: @ Ft Indiantown Gap, Key stone Conference center. 0900 to 1330

Mar 23—Harlem Globetrotters

Location: @ Giant center 1900

Please call/email for more information about these events

Sandy Scott 717-948-3155
Reiner Herrera 717-948-2179

EMAIL: sandy.scott@ang.af.mil
EMAIL: reiner.herrera@ang.af.mil

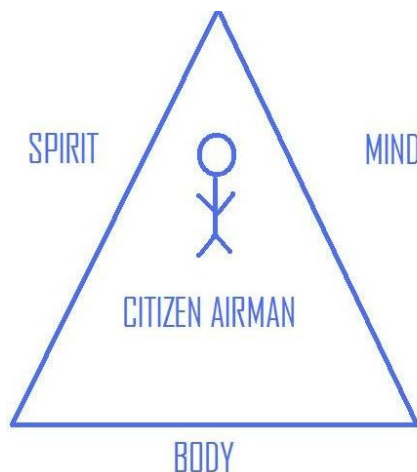
Wingman Day

We recently had the wingman day and of course it certainly applies to Airman and their families.

It is important to identify those factors that affect our life, in order to find balance and to become better Citizen Airman.

Ask yourself the following question:

Where do I stand? Remember the most valuable asset is YOU.



General Information

Tie Dye Parties:

We bring the party to you!

- Team Spirit. Birthday Parties. Festivals.
- Scout Groups. Reunions. Office parties.
- Team building. New baby wardrobe. Exhibitions.
- Fundraisers. Youth groups. Camps.
- Holiday parties and beyond...



Discount tickets now
available for:

HARLEM GLOBETROTTERS

Regular	\$27.00
Discount	\$18.00
Children under 2	Free



FAMILY READINESS TEAM

There is a new face at the Family Readiness office and a new addition to the Wing. His name is SSgt Reiner Herrera, I call him Rei (Ray). Please welcome Rei when you see him walking/running around the base or working in the Family Readiness office.

I think Rei will be a positive asset to the Family Readiness office, the Airmen, and to the Wing. Rei has a heart of gold, and a great sense of humor. Rei also fits another requirement to be a Family Readiness Assistant, which is, the ability to fit in the safe!!! Of course, I'm kidding, for those of you who don't know, we have a really big safe!!!

2 Great Resource Websites

Tutor.com: The Tutor.com for U.S. Military Families program gives military families **regardless of their deployment status** access to free online tutoring and free homework help from live, Please visit their site for more information

<http://www.tutor.com/military/eligibility>
Installation staff can also download brochures from the "spread the word" section of the website.

Sittercity.com: Sittercity is the nation's largest online source for local babysitters, nannies, elder care providers, dog walkers, housekeepers and tutors, and contains more than 1 million caregiver profiles. The Program, is funded by the Defense Department offered to active-duty, Guard and Reserve members, with a paid membership to the site. It enables military families entry to a custom-built Defense Department Web site portal where they can match up caregivers to their situation; gain instant access to caregiver profiles that include background checks, references and reviews; and find military-certified care providers as well as caregivers who are military-subsidized and authorized access to a military installation. *Military members and their families can activate their membership by going to <http://www.sittercity.com/dod>.*