

Technical Report Documentation Page

1. Report No. RC-1592	2. Government Accession No. N/A	3. M-DOT Project Manager Kim Lariviere	
4. Title and Subtitle Recommendations for Meeting the Mobility Needs of Older Adults in Rural Michigan		5. Report Date December, 2012	
		6. Performing Organization Code N/A	
7. Author(s) David W. Eby, Lisa J. Molnar, Lidia P. Kostyniuk, Renée M. St. Louis, Nicole Zanier, Daniel Kellman		8. Performing Organization Report No. N/A	
9. Performing Organization Name and Address The University of Michigan Transportation Research Institute 2901 Baxter Road Ann Arbor, Michigan 48109-2150 USA		10. Work Unit no. (TRAIS) N/A	
		11. Contract or Grant No. 2010-0296	
		11(a). Authorization No. Z8	
12. Sponsoring Agency Name and Address Michigan Department of Transportation Office of Research and Best Practices P.O. Box 30050, Lansing, MI 48909		13. Type of Report and Period Covered Final Report 10/1/2011 to 12/30/2012	
		14. Sponsoring Agency Code	
15. Supplementary Notes			
16. Abstract <p>The populations of the United States (US) and Michigan are aging. This demographic trend will continue to have a significant impact on society for the next few decades, particularly in the area of safe mobility in rural areas. As the population of Michigan's rural older adults continues to grow, it is becoming increasingly crucial that the Michigan Department of Transportation (MDOT) understand the mobility needs and issues of rural older adults, including the issues faced by Indian Tribes in rural Michigan, and be proactive in addressing these needs and issues in their activities. This project provides the background and suggestions to help MDOT identify areas where they significantly impact the safe mobility of Michigan's rural older adults. The overall goal of the project is to help maintain the safety and well-being of Michigan's rural older adult residents by providing recommendations on how current alternative transportation services could be improved to be more attractive to older adults while addressing cultural and psychological barriers to using these services. This goal was achieved through a literature review, an analysis of demographic data, a statewide survey of older adults living in six rural counties of Michigan, structured interviews with public and community transportation providers, and group discussions with representatives of three Indian Tribes located in rural Michigan. The complete results of these research activities, a list of recommendations for improving rural older adult mobility in Michigan, and an implementation plan are included in this report.</p>			
17. Key Words Senior Mobility; Older Adults; Community Mobility; American Indian; Aging Society.		18. Distribution Statement No restrictions. This document is available to the public through the Michigan Department of Transportation.	
19. Security Classification (of this report) Unclassified	20. Security Classification (of this page) Unclassified	21. No. of Pages 208	22. Price N/A