## Cannon AFB

## **KEY SPOUSE PROGRAM**

**WHAT is it?** The Key Spouse program is a formal unit program that provides information and referral assistance to help connect the squadron/unit families to installation and community activities, resources, and services. The Key Spouse program was developed and standardized by the Air Force as a "Quality of Life" initiative to meet some of the challenges and concerns for Air Force families.

## **Objectives of the program:**

(1) Establish communication and contact with spouses and families within the unit;

- (2) Encourage peer-to-peer support;
- (3) Enhance family and community resiliency;
- (4) Provide an informal sounding board; and
- (5) Enhance information flow.

**HOW do I get involved?** Contact your First Sergeant or Airman and Family Readiness Center to find out who your squadron/unit Key Spouse is as well as exchange contact information.

**INTERESTED** in becoming a Key Spouse? Contact your unit's first sergeant. Once you have been appointed in writing, you will need to register for the two part training; (1) Heart Link and (2) Key Spouse Training, which are facilitated by the Airman and Family Readiness Center staff.

For more information, call 784-4228 or contact your first sergeant.