

Parking Lot Closures for Snow Removal

In order to facilitate snow removal from parking lots, please relocate vehicles during dates and times posted on signs.

Illegally parked vehicles will be cited by Security Forces and towed/hauled to the parking lot adjacent to bldg 1364.

POC: 35 CES/Snow Control 226-SNOW/226-7669

Japan- Wide U.S. Military Personnel Curfew

Effective Immediately: USFJ has instituted a curfew for all U.S. Military personnel in Japan every day until further notice from 11 p.m. to 5 a.m. During the curfew times all military personnel must be on base, in an off base residence or hotel room. The curfew is not a punishment but supports the USFJ mission to take a strong stance concerning the events of 16 Oct. in Okinawa.

Right Start Process and Schedule

Newcomer's Right Start Schedule

- TUES: 9 a.m. 4 p.m., Rm. 111, Bldg. 653
- WED: 8 a.m. 4 p.m., O'Club Ballroom
- THU: 8 a.m. 12:30 p.m., Misawa Inn Conf. Rm.
- FRI: 8:30 a.m. 2:30 p.m., Misawa Inn Conf. Rm.

For more information call the A&FRC at 226-4735

Chapel Schedule

Protestant

Sunday Services

- 8 a.m. LiturgicalWorship
- 11 a.m. Traditional Worship
- 5:35 p.m. –

Contemporary Worship

Catholic

Saturday Services

• 5:35 p.m. - Mass

Sunday Services

- 8 a.m. Confession
- 9:30 a.m. Mass

Weekday Services

• 11:30 a.m. – Daily

Mass

(Tue. - Thur.)

For more information please contact the Chapel at 226-4630.

Chapel Schedule

Denominational Services

Additional Faith Groups

United Pentecostal Church

• 1:30 p.m. - Sunday Worship

Seventh Day Adventist

• 9:30 – Saturday Worship

Chaplain Counseling Services

Individual to Family and Marriage counseling provided with 100% confidentiality. Call 226-4630 to schedule an appointment

Misawa Earth Based Religion

 6 p.m.– Sunday (Home Study)

Islamic Study

12 p.m. – Friday

Jewish: Currently no programs (seeking program leader)

For more information please contact the Chapel at 226-4630.

Outdoor Winter Weather Workers:

Frostbite Risk Required Precautions and Hourly Work/Warming Cycle -20 Degrees F

- Wear vapor barrier boots below 0 °F
- Provide warming facilities below 20 °F
- Recommended work/rest cycle: 50 minutes work/10 minutes warming
- Increase surveillance with self and buddy checks.
- Wear appropriate layers and wind protection for the work intensity
- Cover exposed flesh if possible
- Avoid sweating
- Reference 35 FWI 48-105

Contact Bioenvironmental at 226-6010 for any questions

TAX CENTER OPENING

Where: BASE TAX CENTER (Bldg. 514, next to Navy Billeting)

5 Feb. 2013 - 15 Feb. 2013

1040EZ and 1040A filers only(WALK-INS)

Hours: Mon., Wed., Thu., Fri. 8:30 a.m. to 2 p.m.

Tuesday 10: 30 a.m. to 5 p.m.

APPOINTMENTS will be Available after 19 Feb. 2013

Hours: Mon., Wed., Thu. 8:30 a.m. to 2 p.m.

Tuesday 10:30 a.m. to 5 p.m.

Friday (Walk-in for 1040EZ and 1040A)

8:30 a.m. to 2 p.m.

For questions or to schedule an appointment

call 226 -3948 or 2513

POC: Legal Office 226-4022

TAX CENTER IMPORTANT NOTIFICATIONS

Following the January tax law changes made by Congress under the American Taxpayer Relief Act (ATRA), the Internal Revenue Service announced it plans to open the 2013 filing season and begin processing individual income tax returns on 30 Jan. 2013.

This will reflect the bulk of the late tax law changes enacted 2 Jan. 2013. The announcement means that the vast majority of tax filers, more than 120 million households, should be able to start filing tax returns starting 30 Jan. 2013.

The IRS estimates that remaining households will be able to start filing in late **February** or into **March** because of the need for more extensive form and processing systems changes. This group includes people claiming **Form 5695 residential energy credits and Form 4562 depreciation of property**.

For questions or concerns call 226 -3948 or 2513 POC: Legal Office 226-4022

PARKING OFF BASE

Park only in designated parking areas.

If not a patron, **DO NOT** park in private parking reserved for businesses!

Parking Permitted Signs









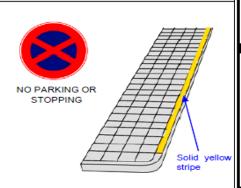
Violators can be fined and towed.

NO PARKING SIGNS

Yellow dashed stripes painted on the curb means "NO PARKING".

A solid yellow stripe painted on the curb means "NO PARKING or STOPPING" at any time..







No Parking or Stopping Anytime



NO PARKING

No parking at any time, may stop for up to 5 minutes for loading and unloading provided a driver is present at all times.



Slippery Weasel Winter Driving Course

2013 Classes on 15 Feb. and 1 Mar. at 9 a.m. to 11 a.m.

Call 226-2702 or 2706 for sign-up

Email 35fw.se@misawa.af.mil

4EJ license required

Hands-on Snow & Ice Driving Instruction

<u>Unit Resiliency Training</u> <u>Assistant (RTA) Program</u>

... an opportunity for leadership to choose competent, motivated individuals to become RTAs for unit team building and internal support

When: 20-22 Feb. 2013, 7:30 a.m. to 4:30 p.m.(three days)

Where: Airmen & Family Readiness Center located in the Torii Bldg, Room 1310 (kitchen)

Email or contact Maj. Cynthia Pouncey at 226-1747 to enroll

Don't steal your clinic's appointments!



If you can't make your scheduled appointment **CANCEL IT** so someone else can receive needed care.

By phone: 226-6111

Online: TRICAREOnline.com

(with your DS login password or CAC card)

In person: Clinic front desk

<u>Defense Enrollment Eligibility</u> <u>Reporting System (DEERS)</u> <u>UPDATE</u>

Incorrect information in the DEERS database causes problems with health care benefits and TRICARE claims.

Update your address and/or phone number on your DEERS record:



Online: https://www.dmdc.osd.mil/milconnect

By phone: 1-800-538-9552

In person: Visit a uniformed services ID card-issuing facility

Increased Flu Activity

- Flu cases have tripled in the local area
- Flu is widespread in the US, 37 pediatric deaths this season
- BEST treatment is <u>PREVENTION</u>
- Flu season extends to March

FLU VACCINE

- Safe, even for kids and pregnant women
- Can prevent illness
- Can reduce severity of symptoms even if you do get the flu

FLU SHOT IS STILL AVAILABLE

35 MDG IMMUNIZATIONS CLINIC IS OPEN MON – FRI,

7:30 a.m. to 4 p.m.

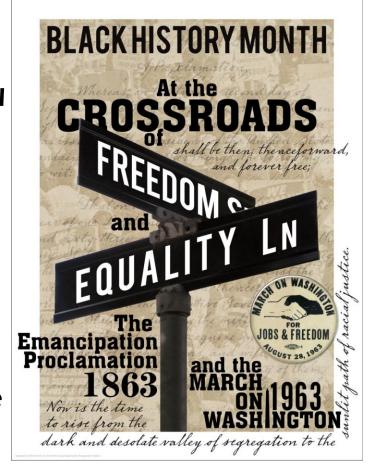
Flu Prevention

- WASH HANDS!
- Cough into sleeve
- Don't share eating or drinking utensils
- Limit contact with those who have the flu
- Limit amount of Tylenol (Acetaminophen)
 - Can cause liver damage
 - Present in many popular cold/flu meds
 - Talk to a provider if you have questions

African American History Month Schedule of Events

12 Feb, 10:30 to 11 a.m. – Story time
Overstreet Memorial Library
13 Feb, 10: 30 a.m. to 1 p.m. – Specialty meal
Grissom Dining Facility
22 Feb, 11 a.m. to 1 p.m. – Luncheon
Officer's Club Ballroom
26 Feb, 4 p.m. – Jeopardy game
Lunney Youth Center

Every Wednesday – African American Leader Mini Book Club – Cheli's School Age



POCs: MSgt. Tara Jones, 226-9029 & MSgt. Judith Fields, 226-5062

2013 MOSC SCHOLARSHIPS DEADLINE

Applications must be postmarked by Mar. 31, 2013

MOSC Continuing Education Scholarships

Will be awarded to non-military spouses and dependents of:

- Members of the U.S. Armed Forces to include retired members
- Department of Defense Civilian component
- Seniors graduating from Edgren or an accredited home school program during the 2012-2013 school year

All applicants must be planning on continuing to reside on Misawa Air Base, or in the local area of and surrounding Misawa City, Japan to be eligible for the MOSC Continuing Education Scholarship.

Applications will be available at the Base Education Office or downloaded at www.misawaosc.org.

2013 MOSC SCHOLARSHIPS DEADLINE (cont.)

MOSC High School Scholarships

Available to high school seniors completing at least one semester at Edgren High School during the 2012-2013 school year.

To be eligible for the academic scholarship students must:

- Have a grade point average (GPA) of at least 3.0
- Plan to attend a four year college or university full-time beginning in the 2013 fall semester.

The scholarship applications will be available for pick-up from the Edgren High School Guidance Counselor or downloaded at www.misawaosc.org.

Any questions please email scholarships@misawaosc.org

Red Feather Campaign Misawa Chili Cook Off

Feb. 18, 2013, 11 a.m. to 1 p.m.

Minimum \$5 Donation

If you have questions or concerns call SSgt. Brandon Meng at 226-4608 to register!

"This is a private organization. It is not a part of the Department of Defense or any of its components and it has no governmental status."

Red Feather Campaign

Walmsley Bowling Center



<u>WANTED-</u> motivated personnel to participate in a Bowl-A-Thon to help raise donations for local community social services and Misawa specific programs.

February 12 from 11 a.m. to 3 p.m.

For more information please see your Group/Squadron Red Feather representative or contact MSgt. Michael Woroniecki or TSgt. Sara Chesser via email or DSN 226-2711/4894

CLUB BEYOND

 All Edgren middle and high school students are invited to Club Beyond, the new youth Club at Misawa.

Location: Mokuteki upstairs game room/meeting room

- High School Club Mondays, 6-7:45 p.m.
- Middle School Club Fridays, 5:30-7 p.m.
- Weekly club meetings include food, games, skits, music, and a short discussion relative to issues that teens are facing.

For more info, contact the chapel at 226-4630 or Email: clubbeyondmisawa@qmail.com