

Emergency services for evacuees

Hospitals

Aomori Prefecture

All public hospitals and clinics are available. Hospitals and clinics in heavily damaged Hachinohe City are:

Hachinohe City Hospital: 1 Bishamontai, Tamukai, Hachinohe (0178) 72-5111; **Aomori Rosai Hospital:** 1 Minamigaoka, Shiroganemachi, Hachinohe (0178) 33-1551; **Hachinohe JRC Hospital:** 2 Nakaakedo, Tamonoki, Hachinohe (0178) 27-3111.

Iwate Prefecture

Hospitals that are key medical centers in times of disaster are:

Morioka JRC Hospital: 6-chiwari 1-1 Sanbon-yangi, Morioka (019) 637-3111; **Prefectural Chuo Hospital:** 1-4-1 Ueda, Morioka (019) 653-1151; **Prefectural Chubu Hospital:** 17-chiwari 10 Murasaki-no, Kitakami (0197) 71-1511; **Prefectural Isawa Hospital:** 61 Ryugababa, Mizusawa Ward, Oshu (0197) 24-4121; **Prefectural Iwai Hospital:** 17 Odaira, Kozenji, Ichinoseki (0191) 23-3452; **Prefectural Ninohe Hospital:** 38-2 Okawarage, Horino, Ninohe (0195) 23-2191.

To search for English-friendly hospitals by town, visit the Iwate Emergency Medical Information System at <http://tinyurl.com/iwateHospitals>.

Miyagi Prefecture

Hospitals that mainly treats emergency or critical-ill patients are:

Sendai City Hospital: 3-1 Shimizu-koji, Wakabayashi Ward, Sendai (022) 266-7111; **Tohoku Rosai Hospital:** 4-3-21 Dainohara, Aoba Ward, Sendai (022) 275-1111; **Tohoku Kosai Hospital:** 2-3-11 Kokubuncho, Aoba Ward, Sendai (022) 227-2211; **Sendai Kousei Hospital:** 4-15 Hirosemachi, Aobaku, Sendai (022) 222-6181.

Patients with mild symptoms should seek care at: **Sendai Kyukan (Urgent Patient) Center:** 64-12 Funacho, Wakabayashi Ward, Sendai (022) 266-6561; **Self-Defense Forces Sendai Hospital:** 1-1 Minamino-metate, Miyagino Ward, Sendai (022) 231-1111; **Nakajima Hospital:** 15-27 Okaji, Miyagino Ward, Sendai (022) 291-5191; **JR Sendai Hospital:** 1-1-5 Itsutsubashi, Aoba Ward, Sendai (022) 266-9671; **Kohnan Hospital:** 4-20-1 Nagamachi-minami, Taihaku Ward, Sendai (022) 248-2131; **Tohoku Kosei Nenkin Hospital:** 1-12-1 Fukumuro, Miyagino Ward, Sendai (022) 259-1221; **Nagamachi Hospital:** 3-7-26 Nagamachi, Taihaku Ward, Sendai (022) 746-5161; **Sendai Teishin Hospital:** 4-5-1 Chuo, Aoba Ward, Sendai (022) 268-3150; **NTT East Tohoku Hospital:** 2-29-1 Yamatomachi, Wakabayashi Ward, Sendai (022) 236-5911; **Japanese Red Cross Society's temporary clinic in front of Miyagi Prefectural Government Office:** 3-8-1 Honcho, Aoba Ward, Sendai; **Miyagino Hospital:** 4-16-1 Higashi-Sendai, Miyagino Ward, Sendai (022) 293-7711; **Sendai Shakai Hoken Hospital:** 3-16-1 Tsutsumimachi, Aoba Ward, Sendai (022) 293-7711; **Sendai Tokushukai Hospital:** 15 Kagosawa,

Nanakita, Izumi Ward, Sendai (022) 372-1110.

Hospitals that are key medical centers in times of disaster in other cities are:

Katta Public General Hospital: 36 Shimoharaki, Fukuoka-Kuramoto, Shirosi (0224) 25-2145; **Osaki Citizen Hospital:** 2-3-10 Furukawa-Senjujicho, Osaki (0229) 23-3311; **Kurihara Central Hospital:** 3-1-1 Tsukidate-Miyano-Chuo, Kurihara (0228) 21-5330; **Tome City Sanuma Hospital:** 25 Shimotanaka, Hasamacho-Sanuma, Tome (0220) 22-5511; **Ishinomaki Red Cross Hospital:** 71 Nishi-Michishita, Hebita, Ishinomaki (0225) 21-7229.

Fukushima Prefecture

Hospitals that treats emergency or critically-ill patients are:

Fukushima Medical University Hospital (English, Thai): 1 Hikarigaoka, Fukushima (024) 547-1111; **Ohta General Hospital (English, Arabic):** 2-5-20 Nishinouchi, Koriyama (024) 925-1188; **Shirakawa Kosei General Hospital (English):** 2-1 Kamiyajiro, Toyochi, Shirakawa (0248) 22-2211; **Aidu Chuo Hospital:** 1-1 Tsurugamachi, Aizuwakamatsu (0242) 25-1515; **Minami Aizu Hospital:** 14-1 Kazashita, Nagata, Minami-Aizumachi (0241) 62-7111; **Fukushima Daichi Hospital (English):** 16-2 Nariide, Kitasawamata, Fukushima (024) 557-5111; **Kawamata Hospital:** 2-4 Kawabata, Tsurusawa, Kawamatamachi (024) 566-2323; **Iwaki Kyouritsu Hospital (English):** 16 Kuzehara, Uchigo-mimayamachi, Iwaki (0246) 26-3151; **Fukushima Rosai Hospital:** 3 Numajiri, Uchigo-Tsuzuramachi, Iwaki (0246) 26-1111.

Hospitals that non-Japanese speakers can seek care are:

Fukushima Red Cross Hospital (English, German): 11-31 Irie-machi, Fukushima (024) 534-6101; **Nakano Hospital (English, Chinese):** 20-1 Shiro-nouchi, Hobara, Date (024) 575-2246; **Fujita General Hospital (English, Chinese, Korean):** 14 Sanbongi, Tsukanome, Kunimimachi (024) 585-2121; **Soma General Hospital:** 142 Tsubogasaki, Niinuma, Soma (0244) 36-5101. **Hoshina Hospital (English):** 12-2 Hosonumamachi, Koriyama (024) 932-8931; **Asahi Hospital (English):** 3-8-2 Asahi, Koriyama (024) 922-7527; **Nogae Clinic (English):** 201-3 Honmachi, Kagamiishimachi (0248) 92-2113; **Kashima Hospital (English):** 22-1 Nakasawame, Shimokuramochi, Kashima, Iwaki (0246) 58-8010; **Utsunomiya Clinic (English):** 25-2 North Mabune, Shirakawa (0248) 31-1570; **Aida Hospital (English):** 216 Motomachi, Yabukimachi (0248) 62-2350; **Anazawa Hospital (English):** 1-1 Miyamachi, Aizuwakamatsu (0242) 22-4024.

This information was taken from a Web site created by the Fukushima International Association. For more detailed information, visit <http://tinyurl.com/FukushimaHospitals>.

Ibaraki Prefecture

Hospitals that are key medical centers in times of disaster are:

Mito Red Cross Hospital: 3-12-48 Sannomaru,

Mito (029) 221-5177; **Hitachi General Hospital:** 2-1-1 Jonancho, Hitachi (0294) 23-1111; **Namegata District General Hospital:** 98-8 Inoue-fujii, Namegata (0299) 56-0600; **Tsuchiura Kyodo General Hospital:** 11-7 Manabe-shinmachi, Tsuchiura (029) 823-3111; **Tsukuba Medical Center:** 1-3-1 Amakubo, Tsukuba (029) 851-3511; **Toride Kyodo General Hospital:** 2-1-1 Hongo, Toride (0297) 74-5551; **Japanese Red Cross Koga Hospital:** 1150 Shimoyamacho, Koga (0280) 32-3215; **Hitachinaka General Hospital:** 20-1 Ishikawacho, Hitachinaka.

Hospitals that provide dialysis

For information regarding dialysis, please contact the Japanese Association of Dialysis Physicians: (03) 3255-6471.

Psychiatric counseling, PTSD

Tokyo English Life Line (TELL): Licensed counseling in-person and through video chat, by appointment. Visit their Web site for information on coping with the earthquake and finding help in your area. In English and Japanese. www.telljp.com, (03) 5774-0992.

Disaster Prevention Centers

Aomori Prefecture

Prefectural: (017) 734-9088; **Aomori City:** (017) 734-1111; **Hachinohe City:** (0178) 43-2111; **Goshogawara City:** (0173) 35-2111; **Misawa City:** (0176) 53-5111; **Mutsu City:** (0175) 22-1111; **Sotogahamamachi:** (0174) 31-1111; **Olrasecho:** (0178) 56-2111; **Rokkashomura:** (0175) 72-2111; **Higashidorimura:** (0175) 27-2111; **Omamachi:** (0175) 37-2111; **Kazamauramura:** (0175) 35-2111.

Iwate Prefecture

Prefectural: (019) 651-3111; **Morioka City:** (019) 651-4111; **Hanamaki City:** (0198) 24-2111; **Ichinoseki City:** (0191) 21-2111; **Ninohe City:** (0195) 23-3111; **Ichinohemachi:** (0195) 33-2111; **Shizukuishicho:** (019) 692-2111; **Yahabacho:** (019) 697-2111; **Hirazumicho:** (0191) 46-2111; **Nishiwagamachi:** (0197) 82-2111; **Oshu City:** (0197) 24-2111; **Shiwacho:** (019) 672-1781; **Takizawamura:** (019) 684-2111; **Kitakami City:** (0197) 63-3899; **Tono City:** (0198) 62-2111.

Miyagi Prefecture

Sendai City: (022) 711-1333; **Natori City:** (022) 384-2111; **Iwanuma City:** (0223) 22-1111.

Fukushima Prefecture

Prefectural: (024) 521-2101; **Fukushima City:** (024) 535-1111; **Koriyama City:** (024) 924-2491; **Tamura City:** (0247) 82-1111; **Hironomachi:** (0240) 27-2115; **Narahamachi:** (0240) 25-2111; **Okumamachi:** (0240) 32-2111; **Kawauchimura:** (0240) 38-2111; **Soma City:** (0244) 37-2121; **Date City:** (024) 575-1111.

Ibaraki Prefecture

Mito City: (029) 224-1111; **Kasumigaura City:** (0299) 59-2111; **Hitachiomiya City:** (0295) 52-1111.

Chiba Prefecture

Prefectural: (043) 223-2249, (043) 223-2250; **Chiba City:** (043) 245-5150; **Choshi City:** (0479) 24-8193; **Ichikawa City:** (047) 334-1111; **Ichihara City:** (0436) 23-9823.

Tochigi Prefecture

Prefectural: (028) 623-0847; **Utsunomiya City:** (028) 632-2653; **Ashikaga City:** (0284) 20-2247; **Tochigi City:** (0282) 21-2703; **Kanuma City:** (0289) 63-2158; **Nikko City:** (0288) 21-5130; **Mooka City:** (0285) 80-1686; **Koyama City:** (090) 7010-5080; **Sakura City:** (028) 681-1111; **Nakagawamachi:** (028) 792-1111; **Takanewawamachi:** (028) 675-8100; **Shiyoumachi:** (0287) 45-1111; **Iwafunemachi:** (0282) 55-7751; **Mibumachi:** (0282) 81-1806; **Hagamachi:** (028) 677-1111.

Nagano Prefecture

Prefectural: (026) 235-7184; **Sakaemura:** (0269) 87-3111; **Nozawaonsenmura:** (0269) 85-3111.

Niigata Prefecture

Prefectural: (025) 282-1740; **Uonuma City:** (025) 792-9214; **Tokamachi City:** (025) 757-3197; **Joetsu City:** (025) 526-5525; **Tsunanmachi:** (025) 765-3112.

Message Board Service

NTT Docomo: <http://dengon.docomo.ne.jp/top.cgi>; **au:** <http://dengon.ezweb.ne.jp/>; **SoftBank Mobile:** <http://dengon.softbank.ne.jp/>; **EMobile:** <http://den.gov.emnet.ne.jp/>; **Willcom:** <http://dengon.willcom-inc.com>

Person Finder

Google: <http://japan.person-finder.appspot.com/>; **Red Cross Family Links** www.icrc.org/familylinks

English-language official tallies

National Police Agency: www.npa.go.jp/archive/keibi/biki/higaijokyo_e.pdf

Philippine Embassy hotline

The embassy is running a 24-hour hotline via (03) 5562-1570, (03) 5562-1577 and (03) 5562-1590 and the email: emergency@philembassy.net.

U.S. Embassy emergency e-mail

The Embassy of the United States has created an e-mail address for U.S. citizens in the affected zones. E-mail as much information about yourself as you can to JapanEmergencyUSC@state.gov.

Toll-free telephone services

Iwate Prefecture

Miyoko Fire Station, Ofunato Fire Station, NTT East Kamaishi Service Center, Hironocho Taneichi Municipal Government Office, Kuji Municipal Government Office, Fudaimura Municipal Government Office, Iwate Prefecture Kuji Technical, Rikuzen-Takata Daichi Middle School, Kamigo Middle School, NTT Chuo-dori Fureai Plaza (Morioka City).

Miyagi Prefecture

Municipal government offices of Ogawara, Natori, Kurihara, Osaki, Wakabayashi Ward Office.

Fukushima Prefecture

Miyakoji Gym, Furumichi Primary School, Tokiwa Gym, Funehiki Gym, Funehiki High School, Tamura High School Gym, Koriyama High School Gym, Iwaki Dairoku Primary School Gym, Chuodai-Minami Primary School, Iwaki Kusano Middle School Gym, Sukagawa Kominkan, Shimin Service Center.

Ibaraki Prefecture

Municipal government offices of Tokaimura, Hitachinaka, Naka, Hitachi, Hitachiota, Oaraimachi, Hokota and others.

Help for foreigners

Prefectural international departments and international associations in the quake-affected prefectures are offering consultation services for foreign residents. The prefectural governments also are carrying relevant quake information on their Web sites in multiple languages.

Iwate Prefecture

Iwate Prefecture International Association is providing emergency updates on the situation in the prefecture in English, Chinese and Korean at <http://iwate-ia.or.jp> and via Twitter @iwate_kokusai. Foreigners living in Iwate are urged to register their status at the Web site. The association can be contacted at (019) 654-8900 or help@iwate-ia.or.jp

Miyagi Prefecture

The Miyagi International Association is operating a consultation center for foreigners living in the prefecture. Help is available in English, Chinese, Korean, Portuguese and Tagalog. For updates, visit the Emergency Information System for Foreigners in Miyagi at <http://emis-miyagi.i.jp/index.php>. Contact the center at (022) 275-9990.

Fukushima Prefecture

The prefectural government is offering consultation in English and Chinese for foreign residents. Updates in English are available on the Web site of the prefectural government, <http://tinyurl.com/FukushimaUpdates>. Contact the international department at (024) 521-7183.

Tochigi Prefecture

The Tochigi International Association is offering consultation services to its foreign residents in English, Chinese, Portuguese and Spanish. Information on transportation and more can be found on its Web site, at <http://tia21.or.jp>. To contact the association, call (028) 621-0777.

Ibaraki Prefecture

The prefectural government is offering consultation services for its foreign residents in English and Chinese. Contact the international department at (029) 301-2862. Portuguese speakers can contact the Centro de Apoio Aos Estrangeiros at (080) 3502-5410.