



NEMS

Blue Laboratory Recycling Bins

Thank you for your efforts in greening the NIH!

Instructions:

- Please empty the contents of your bin into the larger centralized recycling bins for collection whenever your bin is full or before a weekend or vacation.
- If you need assistance with emptying your blue bin, please ask a fellow employee to assist you.
- You are responsible for your bin, which includes keeping it clean to avoid pest issues.

Commingled:

- Plastic, Glass, Aluminum, Metal Containers
- No Styrofoam, Pyrex, or broken glass
- No hazardous, radioactive, or infectious materials

Mixed Paper:

- Paper, Newspaper, Magazines, Post-it Notes, Envelopes, Folders, Binders, and Paperboard
- No confidential patient material

Information:

- To request a centralized recycling bin or a hamper for large cleanouts, please contact the recycling contractor directly at 301-402-6349.
- You may use plastic liners in your bins, especially the commingled, to help keep them clean. There are usually extra plastic bags in the bottom of the trash bins in your office which you can use.
- Tissue boxes can go in mixed paper, but tissues and paper towels should go in the trash.
- Containers should be as dry as possible and not contaminated with hazardous, radioactive, or biological materials.
- Corrugated cardboard should be flattened and placed near the centralized recycling bins.

Challenge:

Since most items we throw away can be recycled, we challenge you to only have blue desk-side recycling bins at your desk and NO trash can. You can take a break and get some exercise by walking your trash to the nearest centralized trash can.



FOR MORE INFORMATION, PLEASE CONTACT:

IC Green Team Lead

Or

Recycling Coordinator
301-496-7990

<http://www.nems.nih.gov>



Think before you print!

