

MUNSON NOTES

*Munson Army Health Center, 550 Pope Ave. Fort Leavenworth, KS 66027
<https://www.munson.amedd.army.mil>*

In preparation for the transition from TriWest to UnitedHealthcare on April 1, all TRICARE enrollments will be frozen Feb. 8-11 and no changes between Primary Care Managers will be made from Feb. 8 to April 1 unless an exception is made because of medical reasons.

Munson Army Health Center will be minimally staffed from 7 a.m. to 1 p.m. Feb. 13 for training day. Limited services will be available.

Munson Army Health Center will be closed Feb. 18 for the Federal Holiday. For emergencies call 911 or report to the nearest emergency room. For after hours health concerns, call the Call Center at (913) 684-6250.

To check on availability of the influenza vaccine at Munson Army Health Center call the Allergy/Immunizations Clinic (for family members) at (913) 684-6344 or the Preventive Medicine Clinic (for active-duty service members) at (913) 684-6539. Patients can also get the vaccine from any participating TRICARE retail network pharmacy and there is no co-pay for the vaccine. Call the pharmacy first to make sure it participates in the vaccine program and has the vaccine in stock. To find a participating pharmacy, visit www.express-scripts.com/tricare/pharmacy or call (877) 363-1303 and choose option 5.

The Munson Army Health Center Pharmacy is now in the new location on the west side of the main facility near the Orthopedics Clinic.

The Munson Army Health Center Nutrition Care Department offers the Army Move Weight Loss classes on Tuesdays in the Col. Harder Conference Room in the main facility. A new round of classes begins the first Tuesday of every month. Call Nutrition Care at (913) 684-6170 for information.

The Fort Leavenworth Army Wellness Center is now seeing patient from 6:30 a.m. to 3 p.m. Monday through Friday - call (913) 684-6318 to make an appointment. AWC Services are available to the Fort Leavenworth community and include fitness testing, metabolic testing, BodPod body composition analysis, biofeedback for stress management, massage chair for relaxation and classes for upping metabolism and stress management techniques. Arrive at least 15 minutes prior to the appointment to ensure the Soldier Fitness Tracker assessment is properly completed. The Soldier Fitness Tracker is available at <https://www.sft.army.mil/awc>.

The Munson Army Health Center Behavioral Health Department is now using a new Army program call the Behavioral Health Data Portal. The BHDP is a paperless web-based application that will replace portions of the intake process. New and current patients will now be asked to complete portions of their intake at a computer. Call Behavioral Health at (913) 684-6771 for information.

Munson Army Health Center offers the Fun Foods and Fitness class 4-5:30 p.m. Jan. 31 for children 6-12 years old (with parents). Children will need a referral from their primary care physician. Call Nutrition Care at (913) 684-6170 for information.

Because of minimal staffing at the Munson Army Health Center Preventive Medicine Clinic, hearing screening walk-ins for January are from 7:30 to 11:30 a.m. Monday through Friday (except holidays) and appointments are from 1 to 3:30 p.m. Tuesdays and Thursdays. Call the Call Center at (913) 684-6250 to make an appointment.

The Munson Army Health Center Call Center has transitioned to a government operated service with all new staff. Call wait times might be a little longer right now as the new staff are still training. The Call Center number is (913) 684-6250.

The next Fort Leavenworth blood drive is from 10 a.m. to 4 p.m. Feb. 1 at the Armed Forces Insurance Building, 655 Biddle Blvd. For more information or to schedule an appointment to donate blood visit www.redcrossblood.org and use sponsor code [fortleavenworth](http://www.redcrossblood.org). Contact the Red Cross at (866) 236-3276 with questions regarding eligibility.

During inclement weather, early closures and delayed openings will be posted on the Munson Army Health Center Facebook page and Twitter feed.

Munson Army Health Center has vacancies for: Licensed Practical Nurses and a Registered Nurse in the Family Practice Clinic; Licensed Practical Nurses and an Administrative Support Assistant at the Military Corrections Complex; Licensed Practical Nurse and an Industrial Hygiene Technician in the Preventive Medicine Department. Must have minimum of one year experience. Interested candidates must forward resume to Dawn Vita at munson.jobs@amedd.army.mil.

The point of contact for the Munson Army Health Center Debt Collections Assistance Office is the Patient Advocate, Tiffany Dipman, (913) 684-6211, tiffany.dipman@amedd.army.mil or Kathy Budke at (913) 684-6110 or kathy.budke@amedd.army.mil.

Munson Army Health Center Radiology Department evening mammogram appointments are available until 7 p.m. Tuesdays and Wednesdays. Limited walk-in appointments are available from 4 to 7 p.m. Tuesdays and Wednesdays. While Radiology prefers patients see a healthcare provider first for a clinical breast exam, referrals from a provider are no longer required for a mammogram. Patients with

concerns or symptoms should see their provider first. Call Radiology at (913) 684-6140 to make an appointment.

The Munson Army Health Center Allergy and Immunizations Clinic is now giving allergy injections from 7:45 to 11:30 a.m. and 1-4 p.m. Monday through Friday. Call (913) 684-6344 for information.

To view TriWest network referral authorizations online, register for an account at www.triwest.com.

Military Health System has streamlined the TRICARE Online login process, reducing the TOL access from six steps to two and eliminating the unique 15-digit password and registration requirements. Users can now access TOL using a Department of Defense Common Access Card, with a basic or premium DoD self-service logon or with the Defense Finance and Accounting Services myPay account. For more information visit www.tricareonline.com and look at the announcements section.

Munson Army Health Center patients receiving authorization letters for MRIs with the Dwight D. Eisenhower Department of Veterans Affairs Medical Center need to call the MAHC Radiology Department at (913) 684-6140 to schedule the appointment with the mobile MRI van.

Because of the ongoing construction near the Munson Army Health Center Pediatrics area, space is limited in the waiting areas. Parents are asked to limit bringing children or other family members who do not have appointments. Parents are also asked to limit bringing strollers into the area.

Military retirees and family members with TRICARE Prime (retirees under age 65) can enroll to receive care at Munson Army Health Center – for those not already enrolled at MAHC, this is a cost savings in co-pays. Beneficiaries can enroll at the TRICARE Service Center on the first floor of MAHC from 7:30 a.m. to 4 p.m. Monday through Friday. Beneficiaries who already receive care at Munson do not have to re-enroll. Call (913) 684-6343 for information.

The Call Center at (913) 684-6250 is the portal into Munson Army Health Center for appointments, triage and contacting Primary Care Providers or their nurses.

Munson Army Health Center is locked during non-clinic hours. For access to the facility as a storm shelter or any other reason visitors are asked to use the south entrance near the information desk and use the phone outside the doors. For after hours health concerns, call the Call Center at (913) 684-6250.

The Munson Army Health Center Nutrition Care Division offers a Cholesterol Class from 10-11 a.m. the first Friday of each month. The class is for adults 18 and older with high cholesterol or triglycerides. A referral from a primary care manager is required. Call (913) 684-6170 for information or to register for the class.

Subscribe to receive weekly Munson Notes e-mails by sending an e-mail to tisha.m.entwistle@us.army.mil with the word subscribe in the subject line.

Patients with physical therapy appointments are asked to wear physical training clothing or their Physical Training Uniform to appointments.

Munson Army Health Center does not have an emergency department. For emergency care call 911 or report to the nearest emergency room.

Munson Army Health Center's Family Medicine Clinic does not have walk-in or sick-call hours. All beneficiaries are seen through the appointment system. Call the Call Center at (913) 684-6250 to make an appointment.

Register for a login at www.triwest.com to track referral authorizations. Patients can also select to have text, e-mail and telephonic notifications sent. For assistance registering, contact Munson Army Health Center Business Operations Division representative Barbara Tesch at (913) 684-6455 or visit the TRICARE Service Center at Munson Army Health Center.

Register with www.tricareonline.com to make or cancel appointments. Urgent care appointments with a primary care provider can be made up to 24 hours in advance using the online system. For assistance registering, contact Munson Army Health Center Business Operations Division representative Barbara Tesch at (913) 684-6455.

Munson Army Health Center makes every effort to schedule patients with their Primary Care Manager. Patients wishing to change their PCM can do so at www.tricareonline.com, by calling TriWest at (888) TRIWEST/(888) 874-9378 or visiting the TRICARE Service Center at MAHC.

The TRICARE service center has walk-in-only hours from 7:30 a.m. to 4 p.m. Monday through Friday inside Munson Army Health Center.

Appointments with Munson Army Health Center may be cancelled 24 hours a day, seven days a week, by calling the Call Center, (913) 684-6250.

To help ensure safe prescribing of medications, Munson Army Health Center patients are asked to bring a list of all medications, including over-the-counter and dietary supplements, to all Primary Care Provider appointments.

To facilitate the transfer of a prescription that has been filled at another pharmacy to the Munson Army Health Center Pharmacy visit the MAHC homepage at <https://www.munson.amedd.army.mil> and click the online services link on the right side of the page, then click on the 'transfer prescription request' button.

All TRICARE beneficiaries are asked to provide other health insurance information during check-in at all Munson Army Health Center clinics and at the Pharmacy. Providing the information will not affect the patient's premium and will help reach deductibles on the other health insurance. Patients will never be billed by MAHC for co-pays and/or deductibles. For more information or to provide health insurance information call the Third Party office at (913) 684-6114.

All online appointing and prescription refills for Munson Army Health Center must be made through TRICARE Online, www.tricareonline.com. For questions or issues with TRICARE Online call the Military Health System help desk at (800) 600-9332. The MHS help desk handles several different systems so listen to the prompts carefully to be connected to the correct operator.

Soldiers who think they have untreated depression and/or Post Traumatic Stress Disorder can enroll in the RESPECT-MIL program at Munson Army Health Center. The program lets Active Duty Soldiers suffering with mild Depression and/or PTSD to be treated in the Primary Care setting. To make an appointment with a Primary Care Provider call the Call Center at (913) 684-6250.

Munson Army Health Center does not have a Chaplain in the main facility. Beneficiaries can receive pastoral care by calling (913) 684-2210.

Soldiers must complete the online portion of the Periodic Health Assessment two to four days before phase two of the PHA or the appointment will have to be rescheduled. Call the Call Center at (913) 684-6250 to schedule phase one and two of the PHA.

Retirees and family members not enrolled with a healthcare provider at Munson Army Health Center (even those over age 65) can still use some ancillary services like mammography, laboratory and pharmacy. Call the patient advocate at (913) 684-6211/6110 for more information.

Munson Army Health Center produces the red medical alert tags that are worn with identification tags for service members. The Adjutant General's office still produces the silver identification tags. A Department of the Army form 3365 signed by a healthcare provider is required to get the tags. Service members who have a signed DA Form 3365 on file can report directly to the outpatient records room at MAHC. For information call 684-6641.

The Munson Army Health Center's Release of Information office makes CDs for beneficiaries requesting a personal copy of the electronic portion of medical records instead of printing every visit. The electronic portion will only contain medical data entered after 2006 – records maintained in the hard copy portion of the record will still only be available via photocopy. The process will not affect the amount of time it takes to process a request. Beneficiaries preferring only a paper copy must specifically request this when filling out the release form. For information call the Release of Information office from 9 a.m. to 4 p.m. Monday through Friday at (913) 684-6205.

The Munson Army Health Center Well Woman clinic has appointments available with a female healthcare provider for cervical cancer screenings. Appointments can also be made with a primary care provider. Call the Call Center at (913) 684-6250 to make an appointment.

Information about Munson Army Health Center is available on the Web. Visit the website at <https://www.munson.amedd.army.mil>. Follow Munson on Twitter at <http://twitter.com/munsonhealth>. Become a Facebook fan by searching for Munson Army Health Center on Facebook. Bookmark the Munson events calendar at <http://tinyurl.com/munsonhealth>.

Local unit commanders with questions about the Warriors in Transition program can call the Medical Management Division at (913) 684-6566, (913) 684-6733 or (913) 684-6569. Munson Army Health Center does not have a Warrior Transition Unit.