



## 409th CONTRACTING SUPPORT BRIGADE



# Family Readiness Program

Family Readiness, Information Sharing,  
Resiliency Training, Support Network, Team  
Building

## What does the FRG Program support?

- Personnel Deployed or TDY for More than 30 days
- Life Events (Deaths, Births, Pregnancies, Sickness, Weddings)
- Team Building events
- Shares Information
- Assists with New/Departing Employees
- Fund Raisers to Support Team Building Events

### Contact Info:

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