121 STAT. 2738 PROCLAMATION 8137—APR. 30, 2007

stitution and laws of the United States, do hereby proclaim May 2007 as Jewish American Heritage Month. I call upon all Americans to observe this month with appropriate programs and activities to honor Jewish Americans across the country.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand seven, and of the Independence of the United States of America the two hundred and thirty-first.

GEORGE W. BUSH

Proclamation 8137 of April 30, 2007

Loyalty Day, 2007

By the President of the United States of America A Proclamation

America was founded by patriots who risked their lives to bring freedom to our Nation. Today, our citizens are grateful for our Founding Fathers and confident in the principles that lead us forward. On Loyalty Day, we celebrate the blessings of freedom and remember our responsibility to continue our legacy of liberty.

Our Nation has never been united simply by blood, birth, or soil, but instead has always been united by the ideals that move us beyond our background and teach us what it means to be Americans. We believe deeply in freedom and self-government, values embodied in our cherished documents and defended by our troops over the course of generations. Our citizens hold the truths of our founding close to their hearts and demonstrate their loyalty in countless ways. We are inspired by the patriotic service of the men and women who wear our Nation's uniform with honor and decency. The military spouses and families who stand by their loved ones represent the best of the American spirit, and we are profoundly grateful for their sacrifice. Our country is strengthened by the millions of volunteers who show deep compassion toward their neighbors in need. All citizens can express their loyalty to the United States by flying the flag, participating in our democracy, and learning more about our country's grand story of courage and simple dream of dignity.

The Congress, by Public Law 85–529, as amended, has designated May 1 of each year as "Loyalty Day."; This Loyalty Day, and throughout the year, I ask all Americans to join me in reaffirming our allegiance to our Nation.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, do hereby proclaim May 1, 2007, as Loyalty Day. I call upon the people of the United States to participate in this national observance and to display the flag of the United States on Loyalty Day as a symbol of pride in our Nation.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand seven, and of the

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Independence of the United States of America the two hundred and thirty-first.

GEORGE W. BUSH

Proclamation 8138 of May 1, 2007

National Physical Fitness and Sports Month, 2007

By the President of the United States of America A Proclamation

National Physical Fitness and Sports Month is an opportunity to educate Americans about the importance of healthy habits and regular physical activity. During this annual observance, we renew our commitment to helping keep our citizens physically active, and we recognize the value of incorporating exercise and sports into our daily lives.

Regular physical activity is vital to good health. By maintaining an active lifestyle, citizens can reduce their risk of developing chronic health conditions. Participating in outdoor activities and individual or team sports helps promote physical fitness. These activities also teach young people important life lessons, including teamwork, patience, and discipline.

My Administration is committed to helping ensure the good health of all Americans. This year is the fifth anniversary of the HealthierUS initiative, which helps Americans improve their personal health and fitness and prevent disease. The President's Council on Physical Fitness and Sports is spreading the message that a healthy America is a country that is physically active. Additionally, this year the Department of Health and Human Services and its partners launched a public awareness campaign to promote exercise and eating well to America's youth. This campaign encourages kids to "Be a Player: Get Up and Play an Hour a Day."; To find out other ways to improve health, Americans can visit fitness.gov or presidentschallenge.org. By making physical fitness a priority, our citizens can help prevent disease and live healthier lives.

NOW, THEREFORE I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim May 2007 as National Physical Fitness and Sports Month. I call upon my fellow citizens to participate in athletic activities and make physical fitness a priority in their lives. I also encourage individuals, schools, and communities to celebrate this month with appropriate activities and programs.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of May, in the year of our Lord two thousand seven, and of the Independence of the United States of America the two hundred and thirtyfirst.