

to help America live up to its promise of equality and the great truth that all of God's children are created equal.

Throughout African American History Month, we celebrate the many contributions African Americans have made to our Nation, and we are reminded of their courage in their struggle to change the hearts and minds of our citizens. While much progress has been made, we must continue to work together to achieve the promise and vision of our great Nation.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim February 2008 as National African American History Month. I call upon public officials, educators, and all the people of the United States to observe this month with appropriate programs and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of January, in the year of our Lord two thousand eight, and of the Independence of the United States of America the two hundred and thirty-second.

GEORGE W. BUSH

Proclamation 8219 of January 28, 2008

Sixth Anniversary of USA Freedom Corps, 2008

By the President of the United States of America

A Proclamation

People across this great Nation have heard the universal call to love a neighbor and are using their time and talents to make a difference in the lives of others. On the sixth anniversary of the USA Freedom Corps, we celebrate the spirit of service in America and honor the volunteers whose good work represents the generous character of our country.

After the terrorist attacks of September 11, 2001, I created the USA Freedom Corps to build on the countless acts of service, sacrifice, and generosity undertaken by our citizens. The USA Freedom Corps is dedicated to expanding volunteer service and extending the goodwill of the American people across our country and around the globe. By connecting individuals with volunteer opportunities, the USA Freedom Corps has helped ensure that millions of people have a chance to make a difference in the lives of those in need. The USA Freedom Corps also helps strengthen the non-profit sector and supports other national service programs and initiatives such as the Peace Corps, Citizen Corps, AmeriCorps, and Senior Corps. These efforts can help us build a more hopeful country and create a chain of compassion for generations to come.

Volunteers demonstrate kindness and touch lives. With hard work and dedication, volunteers help the less fortunate, respond to crises, mentor children, assist the elderly, and strengthen our communities. I urge all Americans to serve others and to learn more about service opportunities by visiting the USA Freedom Corps website at volunteer.gov. By

providing help and hope to others, Americans can lead the world toward a more caring and compassionate tomorrow.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim January 29, 2008, as the Sixth Anniversary of the USA Freedom Corps. I call upon the citizens of this great country to find ways to volunteer and to use their time, energy, and talents to help their fellow Americans, and I commend the efforts of the USA Freedom Corps and all those who answer the call to serve.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of January, in the year of our Lord two thousand eight, and of the Independence of the United States of America the two hundred and thirty-second.

GEORGE W. BUSH

Proclamation 8220 of February 1, 2008

American Heart Month, 2008

By the President of the United States of America

A Proclamation

Heart disease is the number one killer of both men and women in the United States. As we observe American Heart Month, we renew our commitment to raising awareness of the serious impact of cardiovascular disease, and we encourage all citizens to take steps to help prevent it.

By exercising regularly, avoiding tobacco, limiting consumption of alcohol, following a nutritious diet, and monitoring high blood cholesterol and high blood pressure, we all can work to decrease the chances of developing cardiovascular disease. I urge all Americans to take advantage of regular screenings and consult their doctors about how to reduce their personal risk for heart disease.

In 2002, the National Heart, Lung, and Blood Institute, coordinating with other Federal agencies and national organizations, established the national campaign “The Heart Truth” to raise awareness among women of the dangers of cardiovascular disease. Today, more Americans are aware that it is the leading cause of death. The National Ambassador of “The Heart Truth” campaign, First Lady Laura Bush, continues to lead the Federal Government’s efforts to send the urgent message to women about their risk for heart disease. Through this campaign, millions of women across the country have come to recognize the red dress as an important reminder to make healthy choices for their heart and encourage others to do the same.

During American Heart Month, we express our gratitude to the dedicated medical professionals, researchers, and others whose tireless efforts help save lives and make a difference for countless Americans. As we work together to fight this deadly disease, we recognize that every person can take action to reduce his or her risk for heart disease and make the decision to live a healthier life.