

JANUARY 2013

Lunch served at Noon/Montour 11:45am

SILVER SPOON CAFÉ CENTRAL, EAST, & WEST

NOTE: MENU SUBJECT TO CHANGE

For reservation please call 535-7470 by 9am

Mon	Tue	Wed	Thu	Fri
<p>7 Sloppy joe/ bun Broccoli Pineapple salad Ice cream</p>	<p>1 New Year's Day (OFA closed) Happy New Year !! 8 Baked chicken w/ herbs Butternut squash Black bean, corn & citrus salad Baked potato Fruit</p>	<p>2 Pepper steak Carrots w/ parsley Fruit salad Parsley potatoes Pudding/topping 9 NEW YEAR'S LUNCH Roast pork w/ dressing and gravy Green bean-mushroom casserole Rosy apple relish Whipped potatoes Chef's choice</p>	<p>3 Chicken pot w/ biscuit Harvard beets Juice Peaches Blond brownie 10 Beef cubes w/ onions & gravy Carrots w/ dill Coleslaw Pasta Fruit</p>	<p>4 Vegetable lasagne Tossed salad Garlic bread Juice Fruit 11 Baked fish w/ lemon and dill Mixed vegetables Apricots Potatoes au gratin Cookie</p>
<p>14 Brunswick stew Spicy red cabbage Peaches Roll Pudding w/ topping</p>	<p>15 Pasta goulash Vegetable medley Pear salad Juice Whole grain bread Cookie</p>	<p>16 Island chicken cutlet Peas Tropical fruit cup O'Brien potatoes Ice cream</p>	<p>17 Meatloaf w/ gravy Cauliflower Angie's salad Whipped potatoes Fruit jello w/ topping</p>	<p>18 BREAKFAST MENU Denver omelet Hashbrown potatoes Juice Muffin Fruit Serving 8-10am</p>
<p>21 MARTIN LUTHER KING DAY (OFA Closed)</p>	<p>22 Baked chicken/orange sauce Green beans Beet & onion salad Mashed potato casserole Bananas & strawberries</p>	<p>23 Hamburger stroganoff Creamed corn Carrot-raisin salad Juice Brown rice Fruit</p>	<p>24 Stuffed shells/sauce Spinach Fruit salad Garlic bread Cake</p>	<p>25 Liver & onions or chicken cutlet Butternut squash Pineapple salad Baked potato Pudding/topping</p>
<p>28 Chili con carne Cottage cheese/chives Apricots Cornbread Ice cream</p>	<p>29 Boiled ham dinner w/ carrots, cabbage, potatoes & onions Applesauce Roll Rice pudding</p>	<p>30 Baked turkey and rice casserole w/ gravy Broccoli Peaches Whole wheat bread Birthday cake</p>		