

United States Government Accountability Office Washington, DC 20548

February 4, 2011

Congressional Requesters

Subject: Medicare Advantage: Comparison of Plan Bids to Fee-for-Service Spending by Plan and Market Characteristics

While most of Medicare's 46 million beneficiaries are covered by the traditional fee-forservice (FFS) program, about one in four beneficiaries receives benefits through private health plans under the Medicare Advantage (MA) program. Under the FFS program, Medicare pays health care providers for each covered service they furnish. While Medicare sets the price it pays, the volume of services—and, as a consequence, total spending—remains largely uncontrolled. In contrast, MA plans have more control over both the price they pay to providers and the quantity of services they deliver. As of September 2010, more than 11 million beneficiaries were enrolled in approximately 3,900 MA plans sponsored by 181 parent MA organizations (MAO). MAOs generally offer beneficiaries one or more plans to choose from—with different coverage, premiums, and cost sharing features—in the areas they serve. Also, MA plans may provide additional benefits not offered under FFS Medicare, such as reduced cost sharing or vision and dental coverage. Medicare pays plans a fixed amount per enrolled beneficiary monthly. In 2010, Medicare payments to MA plans totaled an estimated \$115 billion.

In June of each year, MA plans submit bids to the Centers for Medicare & Medicaid Services (CMS)—the agency that administers the Medicare program—prior to the start of the contract year that begins January 1.¹ To assist plans in preparing their bids, CMS publishes projections of FFS spending by county. Plans' bids consist of their projected revenue requirements (including profit) for providing standard Medicare services to an average enrollee (risk-adjusted for differences in health status) in its service area.² The bids also include county-level projections of enrollment and average beneficiary risk scores. Comparisons of plan bids to projected FFS spending indicate the extent to which MA revenue requirements are less or greater than spending for the same services under traditional Medicare.³

¹The term bid can be confusing because no competitive bidding takes place. If CMS accepts plan bids, it signs contracts with the MAOs.

²MA plans must cover Medicare Part A and Part B benefits except hospice care. Medicare Part A includes inpatient hospital, skilled nursing, and some home health services. Medicare Part B includes physicians' services, outpatient care, and durable medical equipment.

³In this report, FFS spending refers to our projections of service area spending which were developed by adjusting CMS's county-level FFS spending projections.

The payment to each plan is determined by the bid and a benchmark—the maximum amount Medicare will pay in each county within the plan's service area.⁴ The relationship of the bid to the benchmark determines whether the plan's enrollees pay additional premiums or receive additional benefits. If a plan's bid is higher than the benchmark, Medicare pays the plan its benchmark and enrollees pay the remainder in their monthly premium. If the bid is lower than the benchmark, the plan receives its bid and a portion of the difference as a rebate, which must be used to reduce premiums, reduce cost sharing, or provide extra coverage. However, because the benchmarks are generally greater than spending in FFS, even plans that bid below FFS spending levels in their service areas are paid above FFS spending amounts.

The 2010 Patient Protection and Affordable Care Act as amended (PPACA) changed how payment amounts are set.⁵ Under PPACA, benchmarks in 2011 will be held at the 2010 levels; beginning in 2012, the methodology ties the benchmark to a percentage of average FFS spending. A county's average FFS spending relative to all other counties will determine whether the county benchmark will be set at 95, 100, 107.5, or 115 percent of average FFS spending.⁶ As a result, the benchmark will be lower than FFS spending in relatively high spending areas and higher than FFS spending in relatively low spending areas.⁷ CMS's Office of the Actuary expects that under the revised methodology plans will receive smaller rebates and, in turn, have less to spend on additional benefits used to attract beneficiaries.⁸ According to the Congressional Budget Office, tying MA benchmarks closer to spending in FFS Medicare (or below that level) will generate an estimated \$117 billion in savings over 10 years.⁹

You asked us to examine the relationship between MA plan bids and service area spending. In this report, we assessed: (1) how MA plan bids compare to FFS spending in their service areas overall and by plan type, FFS spending level, and payment benchmarks; (2) the association between the level of MAO market concentration and plan bids relative to FFS spending in their service areas; and (3) how the components of MA plan bids compare by plan and market characteristics. On December 8, 2010, we provided a briefing to your offices on the results of this work. Enclosure I contains the briefing slides (as updated).

⁷The highest quartile is composed mainly of counties in Metropolitan Statistical Areas.

⁴From 2007 through 2010, county benchmarks were generally updated annually by the overall growth in Medicare expenditures. Benchmarks for regional MA plans are updated by combining the county benchmarks in each region with a weighted average of regional plan bids.

⁵See Patient Protection and Affordable Care Act, Pub. L. No. 111-148, § 3201, 124 Stat. 119, 442 (2010), as amended by the Health Care and Education Reconciliation Act of 2010, Pub. L. No. 111-152, § 1102, 124 Stat. 1029, 1040 (2010). For purposes of this report, references to PPACA include the amendments made by the Health Care and Education Reconciliation Act of 2010.

⁶CMS will rank all counties from highest to lowest by per capita FFS spending and divide them into quartiles. The new benchmark formula will be a product of county FFS spending and the fixed percentages for each quartile specified in PPACA. The new benchmarks will be phased in gradually from 2012 to 2017. PPACA also stipulated that plans with high quality ratings, new plans, or plans with low enrollment may qualify for benchmark increases. In addition, PPACA ties the rebates plans receive to measures of plan performance.

⁸Memorandum from CMS's Chief Actuary, *Estimated Financial Effects of the "Patient Protection and Affordable Care Act," as Amended, Apr. 22, 2010.*

⁹See Congressional Budget Office, Comparison of Projected Enrollment in Medicare Advantage Plans and Subsidies for Extra Benefits Not Covered by Medicare Under Current Law and Under Reconciliation Legislation Combined with H.R. 3590 as Passed by the Senate, Mar. 19, 2010.

To address the research objectives, we analyzed contract year 2010 bid data submitted to CMS by 2,121 MA plans.¹⁰ We focused our analyses on the four major types of plans: health maintenance organizations (HMO), local preferred provider organizations (PPO), regional PPO, and private FFS plans (as described in slide 8 in enclosure I). We used each plan's projected county enrollments and CMS's projected county-level FFS spending to compute a weighted average of FFS spending in its service area (as shown in slide 28 in enclosure I). In doing so, we assumed that Medicare physician fees would remain at 2009 levels.¹¹

- To compare MA bids to FFS spending by plan type and market characteristics, we separately aggregated plan bids and FFS spending using February 2010 actual plan enrollments as weights. To make this comparison by the level of service area FFS spending, we distinguished between plans that had more than half of their projected service area enrollment in counties with the highest FFS spending from all other plans.¹² To make this comparison by the degree to which plan benchmarks exceeded FFS spending, we differentiated between service areas with above average and below average benchmarks relative to FFS spending.
- To assess the influence of MAO market concentration, we computed the percentage of enrollment of the three largest MAOs in a plan's service area. We then predicted plan bids relative to FFS spending as a function of this measure, holding other factors constant.
- Finally, to assess MA bid components by plan and market characteristics, we combined the reported bid components into three major cost categories: medical expenses (e.g., hospital and professional services), nonmedical expenses (e.g., marketing and administrative costs), and profits. We computed group averages of these data using February 2010 actual plan enrollments as weights.¹³

We conducted this performance audit from February 2010 to December 2010 in accordance with generally accepted government auditing standards. Those standards require that we plan and perform the audit to obtain sufficient, appropriate evidence to provide a reasonable basis for our findings and conclusions based on our audit objectives. We believe that the evidence obtained provides a reasonable basis for our findings and conclusions based on our audit objectives.

Background

Largely due to differences in the use of services nationwide, average FFS spending is higher in some areas than in others.¹⁴ Because MA plans' payments are partially based on average FFS spending in their service areas, the program tends to pay more to MA plans in high spending areas. In addition, the distribution of MA enrollment across areas with different FFS

¹⁰To focus on plans that compete for all eligible beneficiaries in their service area, we excluded plans with restricted enrollment—employer-sponsored plans and special needs plans. We also excluded plans in U.S. territories, plans that serve beneficiaries eligible for only Medicare Part B, and plans with 10 or fewer enrollees as of February 2010.

 $^{^{\}rm 11}{\rm CMS}{\rm 's}$ Office of the Actuary provided an adjustment factor.

¹²Plans' bids and benchmarks are based on projected enrollment. Plans' projected enrollment will be referred to as enrollment unless otherwise stated.

¹³Profit or profit margins refer to MA organizations' remaining revenue after medical and nonmedical expenses are paid.

¹⁴Congressional Budget Office, *Geographic Variation in Health Care Spending* (Washington, D.C.: February 2008).

spending levels generally conforms to that of traditional Medicare, with about 45 percent of all beneficiaries located in the highest spending areas in 2010. Four of the five states with the most Medicare beneficiaries—California, Florida, New York, and Texas—have the majority of their actual MA enrollment in the highest FFS spending areas. Unlike other plan types, HMOs have the majority of their enrollment (59 percent) in the highest FFS spending areas.

Results in Brief

In comparing 2010 MA plan bids to FFS spending in their service areas overall and by plan type, FFS spending level, and payment benchmarks, we found the following:

- Overall, MA plans projected that they could cover their costs for providing Medicare's standard benefits for about 98 percent of the amount that would be spent under the FFS program.¹⁵
- HMOs were the only MA plan type that, in aggregate, submitted bids below FFS spending levels in their service areas. Bids relative to FFS spending also varied within plan types, particularly for HMOs.
- Only MA plans with the majority of their enrollment in the highest FFS spending areas had, in aggregate, bids below FFS spending. Among those plans, only HMOs and regional PPOs submitted bids that were lower than FFS spending.
- In aggregate, MA bids were generally lower than FFS spending in service areas where benchmarks were closer to FFS spending levels. In those areas, only the bids of HMOs and regional PPOs were lower than FFS spending.

In comparing MA plan bids to FFS spending in their service areas by the level of MAO market concentration, we found the following:

- Nearly all of the MA plans we studied operated in areas where three dominant MAOs accounted for over half of the MA enrollment.
- When other factors are held constant, predicted bids relative to FFS spending are higher for plans with service areas where MAO market concentration is greater.
- At all levels of market concentration, predicted bids of plans sponsored by the five largest MAOs nationwide exceed FFS spending, when other factors are held constant.
- The FFS spending level, the benchmark amount, and plan type are more strongly associated with plans' bids relative to service area FFS spending than MAO market concentration.

In comparing the distribution of MA plan bid components by plan and market characteristics, we found the following:

• Projected profits were similar—4 percent to 5 percent—for HMOs, local PPOs and private FFS plans.

¹⁵Areas that had the highest bids relative to FFS spending included Seattle, Wash.; Sacramento, Calif.; Buffalo, N.Y.; Portland, Ore.; and Providence, R.I. Areas that had the lowest bids relative to FFS spending included Miami, Fla.; Los Angeles, Calif.; Tampa, Fla.; Las Vegas, Nev.; and Riverside, Calif.

- In general, plans of all types, in relatively high and low FFS spending areas, and in relatively high and low benchmark areas projected medical expenses to account for at least 85 percent of revenue.
- Regardless of the relationship between their bids and service area FFS spending, plans differed little in the shares of their bids allocated to medical expenses, nonmedical expenses, and profit.
- More than a third of MA enrollees were in plans that allocated less than 85 percent of their bid to medical expenses.

Agency and Other External Comments

We obtained comments on a draft of this report from CMS. The agency responded that it had no general comments and provided technical comments, which we incorporated as appropriate.

We also obtained comments on a draft of this report from America's Health Insurance Plans (AHIP), a national organization that represents private health insurance companies, including those that participate in the MA program. AHIP commented that a relatively high concentration of HMOs in the highest FFS spending areas may be influenced by higher rates of provider participation in networks—allowing the HMO model to work best in those areas.

As agreed with your offices, unless you publicly announce the contents of this report earlier, we plan no further distribution until 30 days from the date of the report. At that time we will send copies of this report to the CMS Administrator and other interested congressional committees. In addition, the report will be available at no charge on GAO's Web site at http://www.gao.gov.

If you or your staff have any questions regarding this report, please contact me at (202) 512-7114 or cosgrovej@gao.gov. Contact points for our Offices of Congressional Relations and Public Affairs may be found on the last page of this report. Individuals making key contributions to this report include Rosamond Katz, Assistant Director; Eric Wedum, analystin-charge; and Luis Serna III. Beth Morrison also provided valuable assistance.

James Cosgrove Director, Health Care

Enclosure

List of Requesters

The Honorable Henry A. Waxman Ranking Member Committee on Energy and Commerce House of Representatives

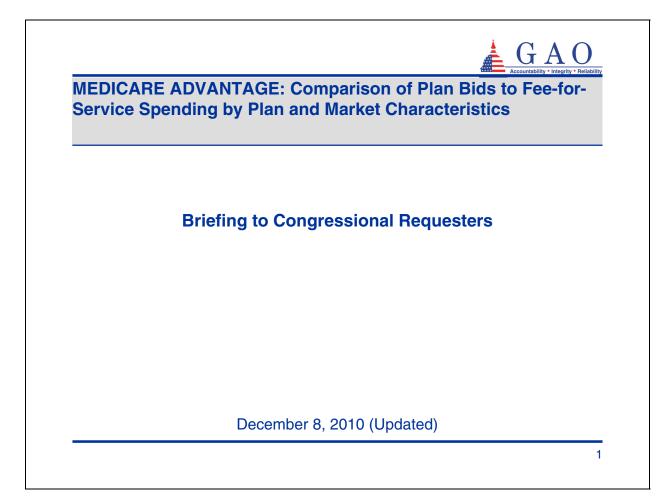
The Honorable Sander M. Levin Ranking Member Committee on Ways and Means House of Representatives

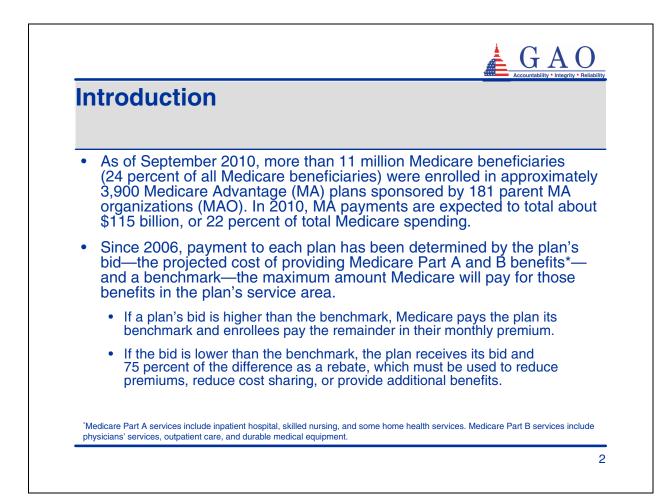
The Honorable Frank Pallone, Jr. Ranking Member Subcommittee on Health Committee on Energy and Commerce House of Representatives

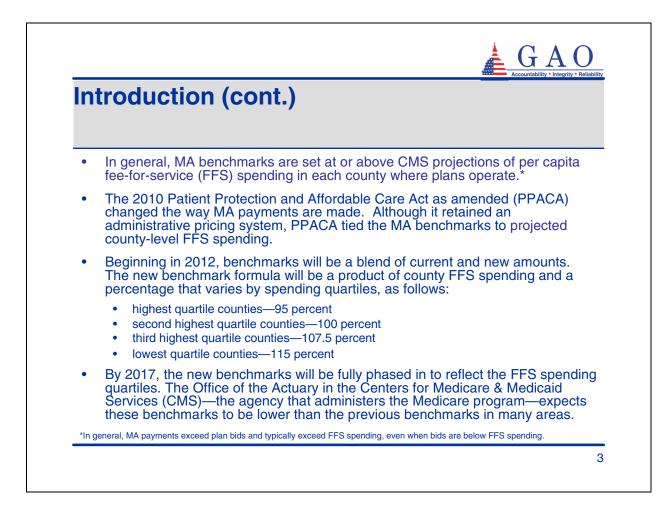
The Honorable Pete Stark Ranking Member Subcommittee on Health Committee on Ways and Means House of Representatives

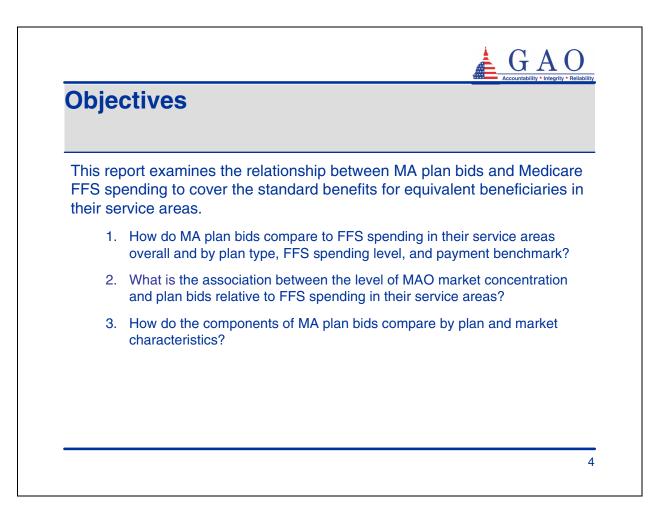
The Honorable John D. Dingell House of Representatives

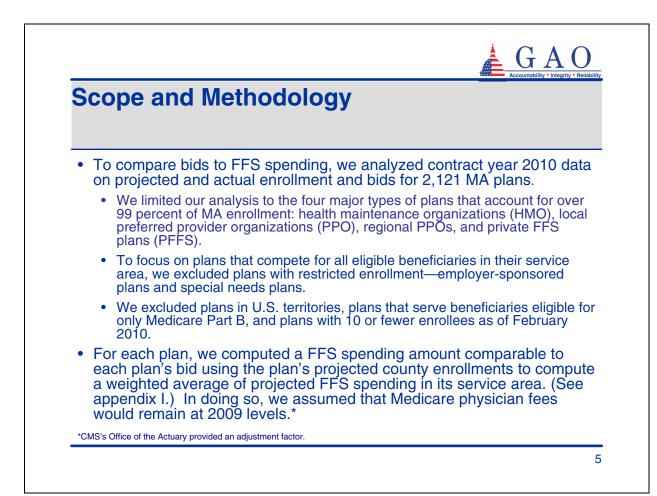
The Honorable Charles B. Rangel House of Representatives

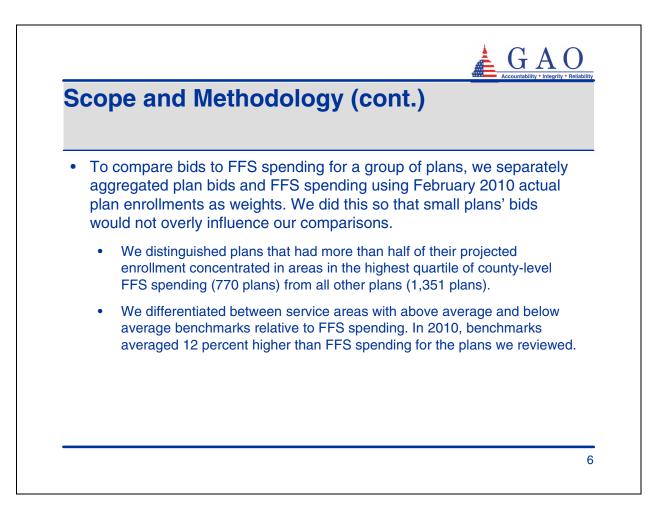


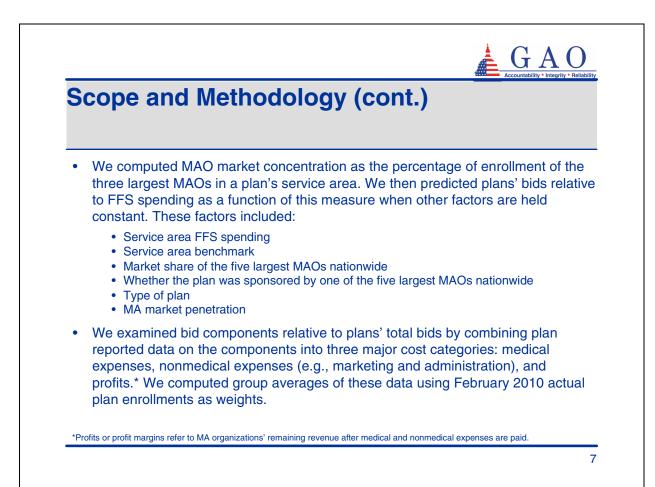


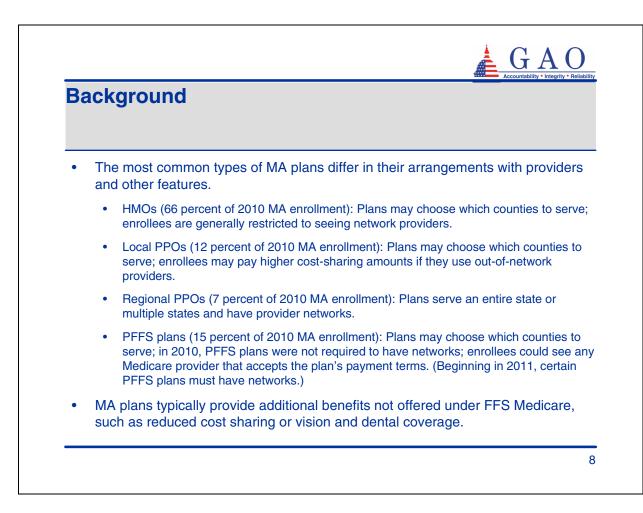


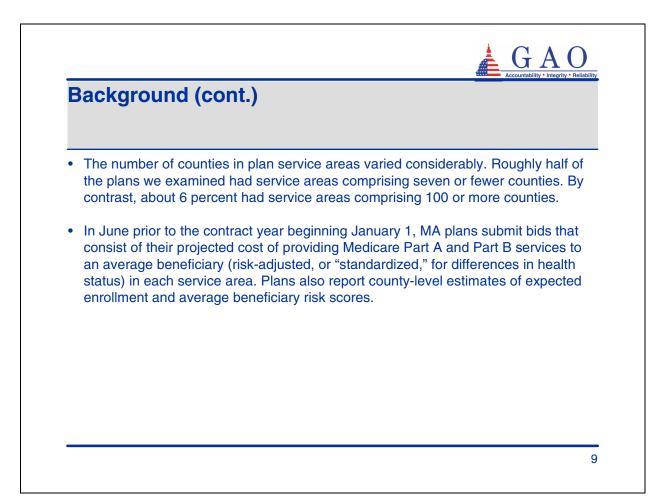


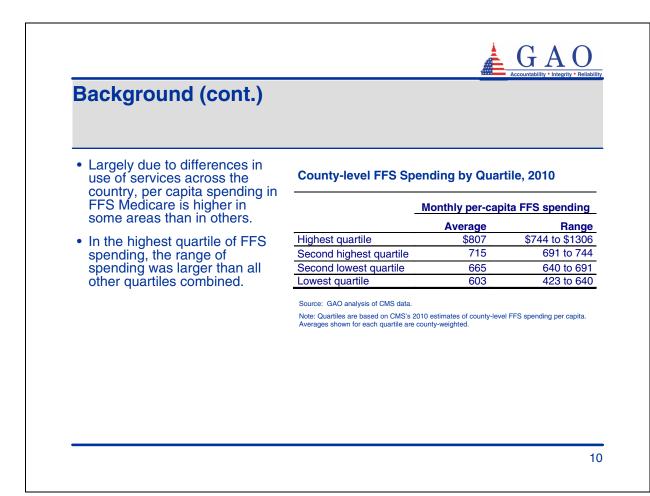


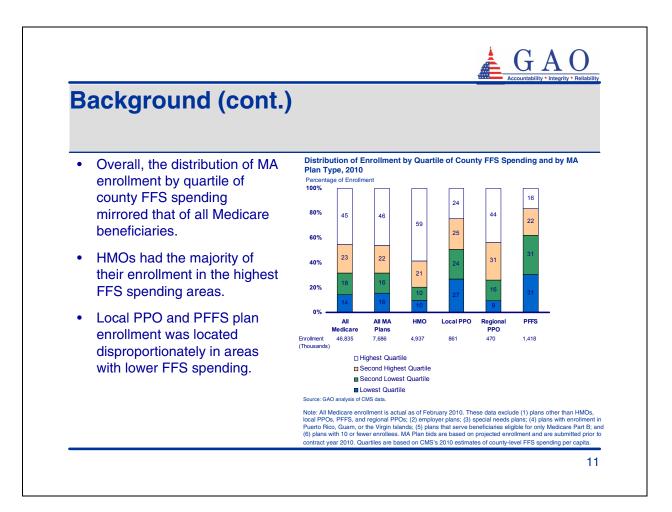


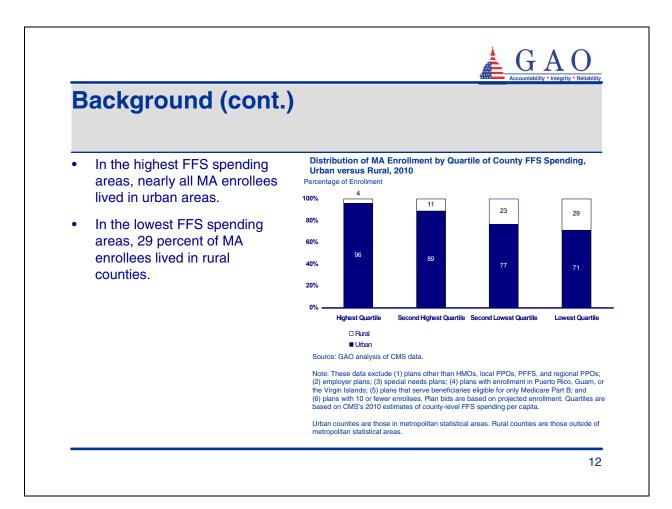


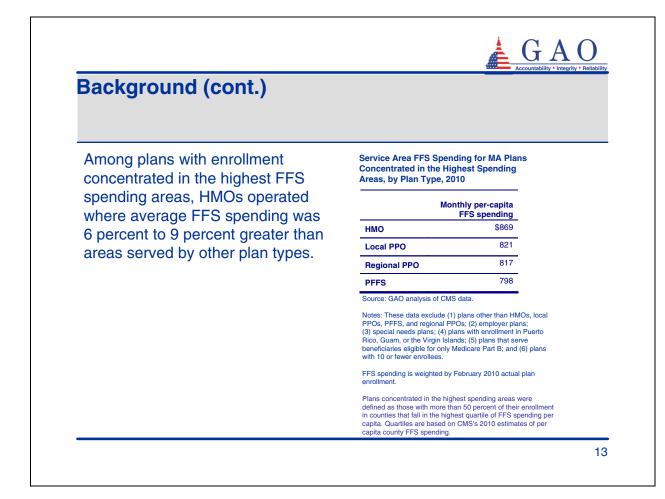


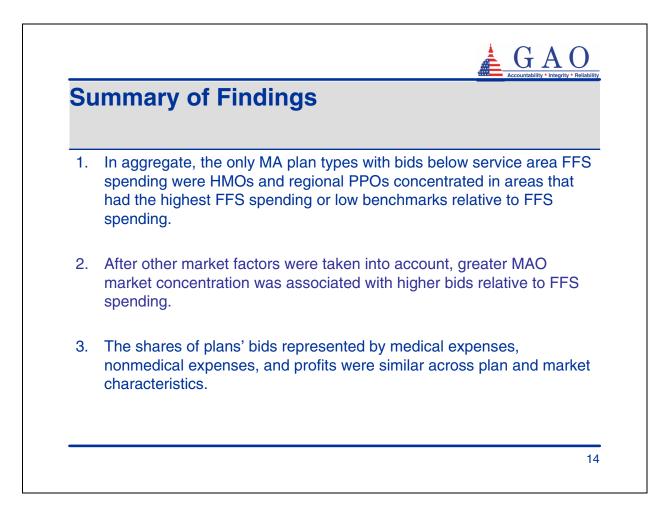


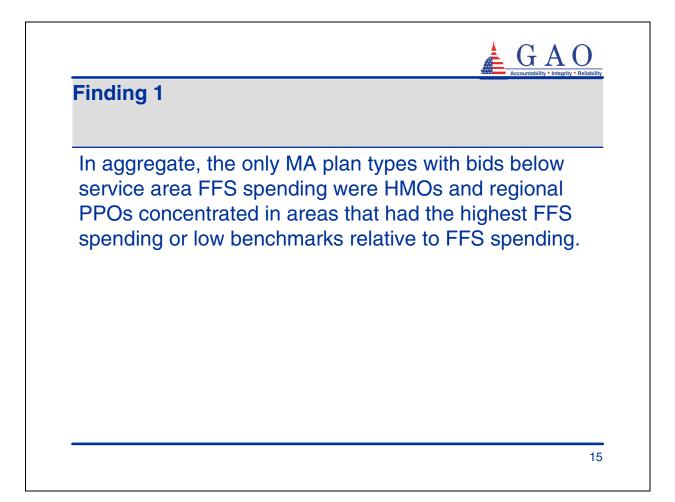












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1: Overall, MA plans projected their costs of providing Medicare benefits to be less than FFS spending, but bids relative to FFS spending varied by and within plan type

- Overall, MA plan bids were 98 percent of FFS spending in their service areas.*
- HMOs were the only plan type that, in aggregate, submitted bids below FFS spending levels.
- All plan types exhibited wide variation in the comparison of their bids to FFS spending.

MA Plan Bids as a Percentage of FFS Spending, by Plan Type 2010

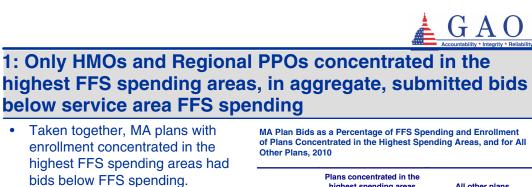
-1411 1996, 2010		25 th	75 th
	Overall	percentile	percentile
All plan types	98%	94%	109%
HMO	94	88	104
Local PPO	105	100	111
Regional PPO	100	98	110
PFFS	109	104	112

Source: GAO analysis of CMS data.

Notes: These data exclude (1) plans other than HMOs, local PPOs, PFFS, and regional PPOs; (2) employer plans; (3) special needs plans; (4) plans with enrollment in Puerto Rico, Guam, or the Virgin Islands; (5) plans that serve beneficiaries eligible for only Medicare Part B; and (6) plans with 10 or fewer enrollees.

Data on bids and FFS spending are weighted by February 2010 actual plan enrollment.

*In general, MA payments exceed plan bids and typically exceed FFS spending, even when bids are below FFS spending.



- Among these plans, HMO plans' bids were 89 percent of service area FFS spending.
- Regional PPO plans' bids were 97 percent of service area FFS spending.
- Among plans with enrollment concentrated in lower FFS spending areas, plans of all types generally submitted bids in excess of FFS spending.

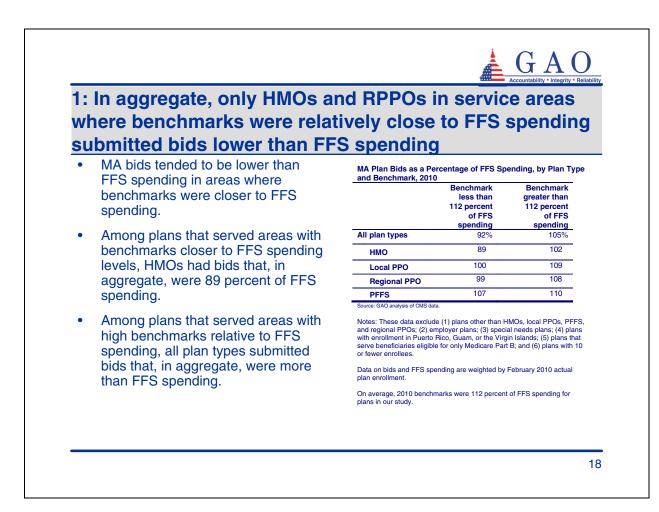
	Plans concentrated in the highest spending areas		All other plans	
	Bids compared to FFS spending	Actual enrollment (Thousands)	Bids compared to FFS spending	Actual enrollment (Thousands)
All plan types	90%	3,493	105%	4,116
НМО	89	2,980	103	1,996
Local PPO	102	184	107	730
Regional PPO	97	249	104	209
PFFS	102	80	109	1,181

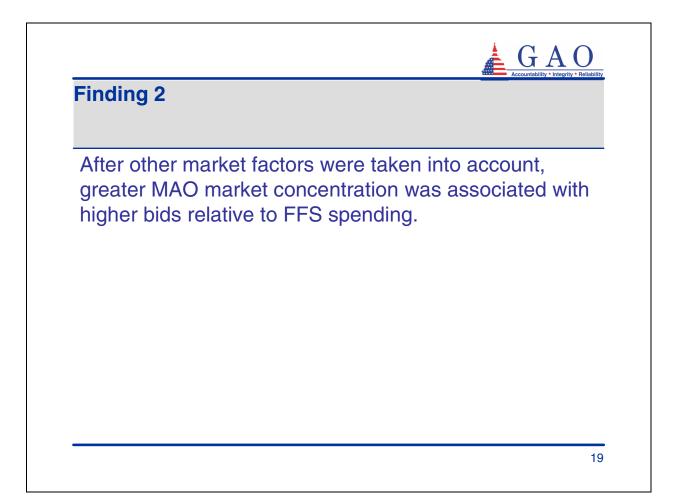
Source: GAO analysis of CMS data.

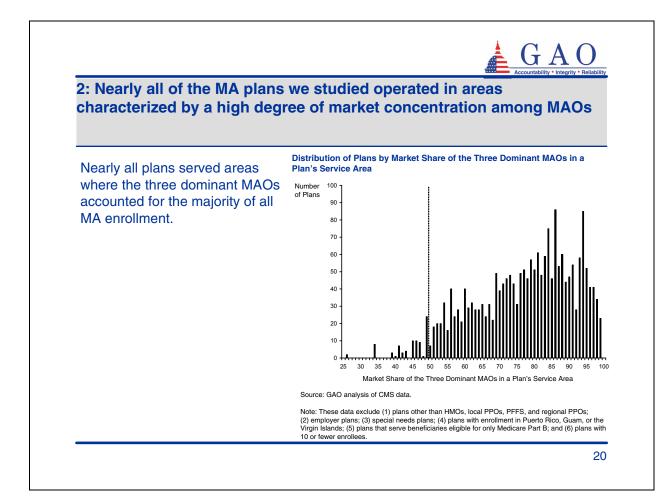
Notes: These data exclude (1) plans other than HMOs, local PPOs, PFFS, and regional PPOs; (2) employer plans; (3) special needs plans (4) plans with enrollment in Puerto Rico, Guam, or the Virgin Islands; (5) plans that serve beneficiaries eligible for only Medicare Part B; and (6) plans with 10 or fewer enrollees.

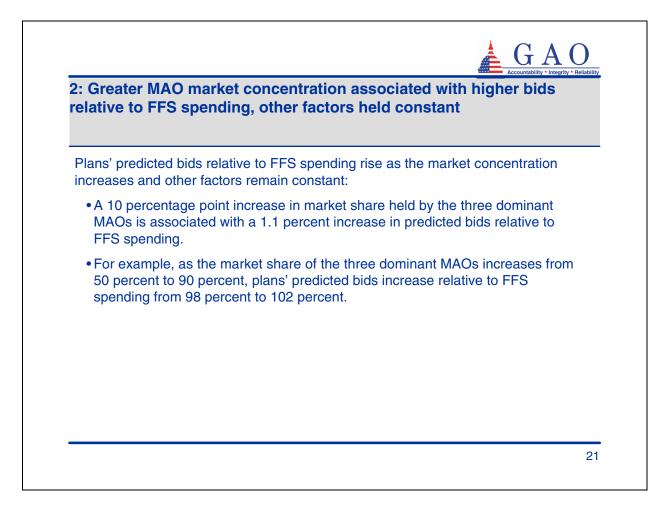
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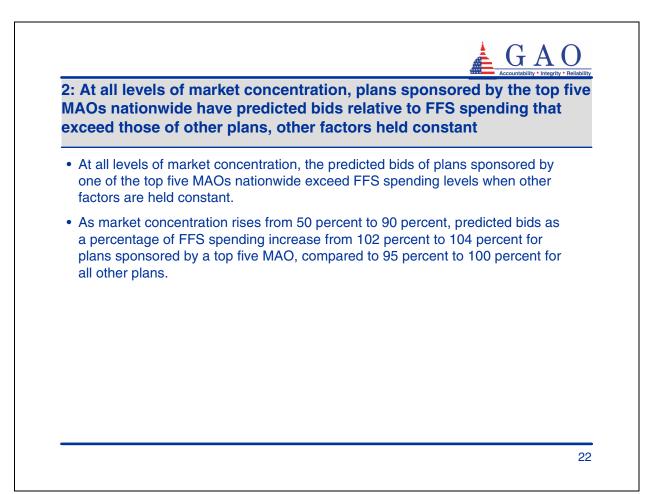
Plans concentrated in the highest spending areas were those with more than 50 percent of their enrollment in counties in the highest quartile of FFS spending per capita. Quartiles are based on CMS's 2010 estimate of per capita county FFS spending.

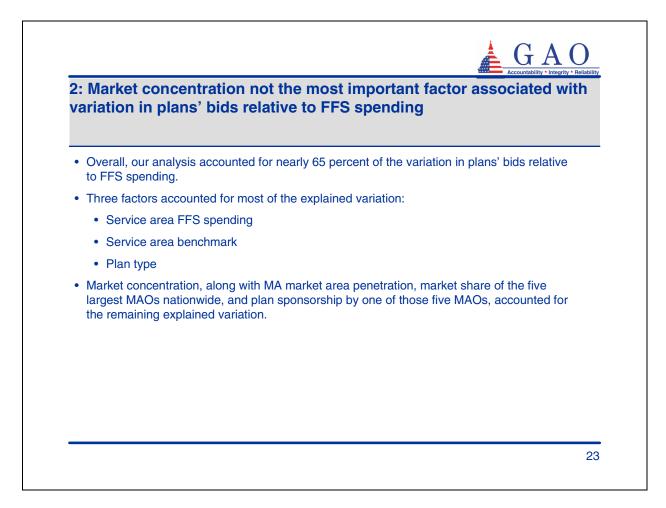


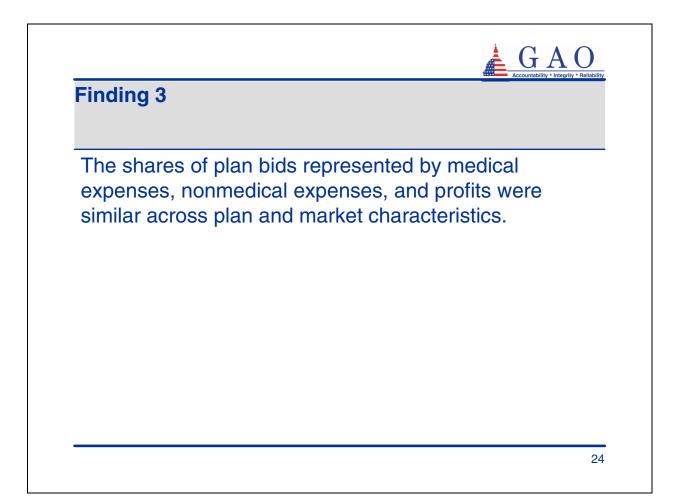


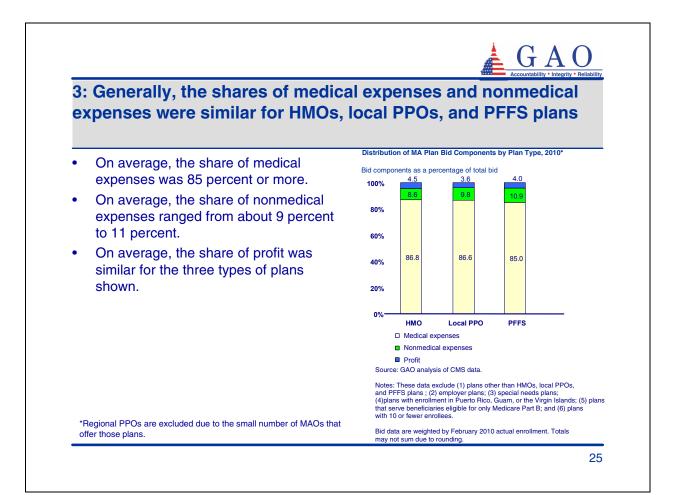


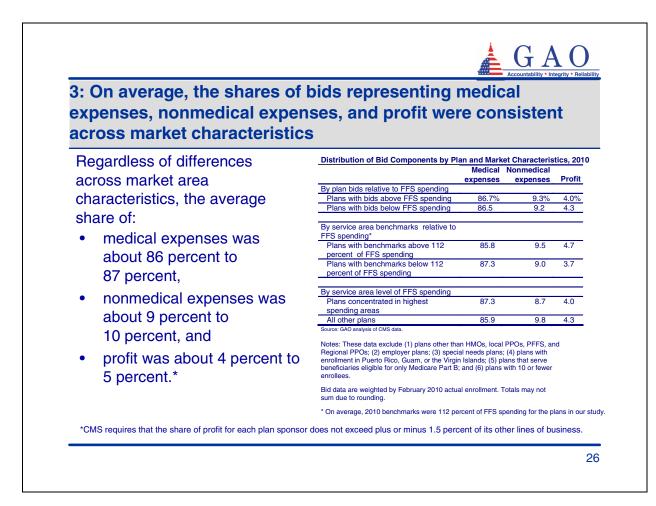


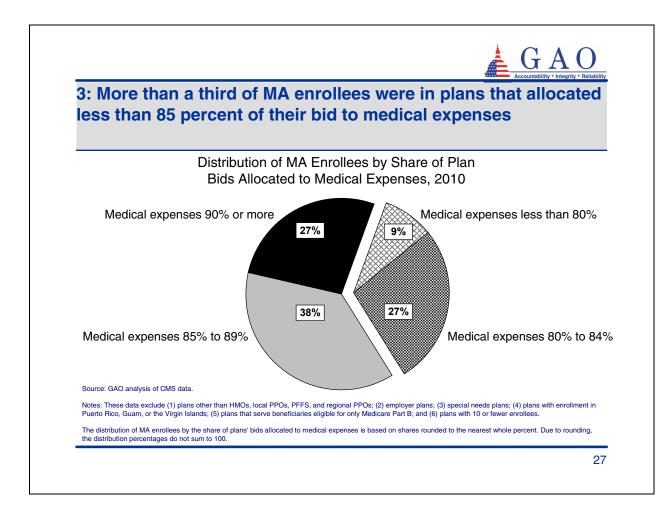


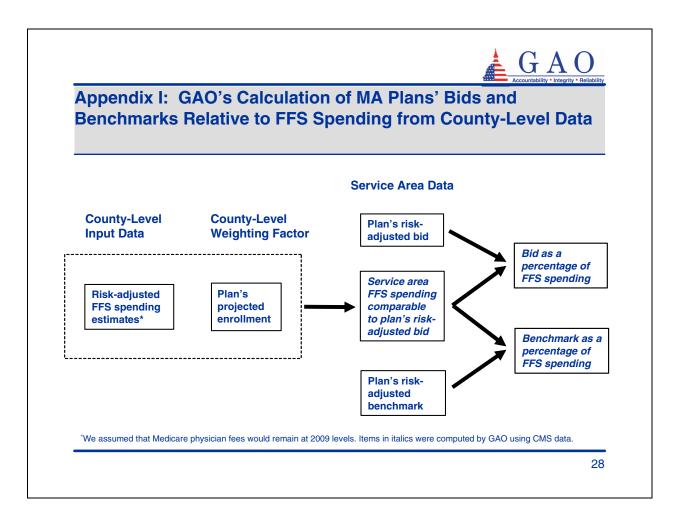












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