



AIRSCOOP

104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD

Pride, Professionalism, Patriotism

Barnes Air National Guard Base

September 2011



An F-15 departs before Tropical Storm Irene hits the Northeast (full story on page 6).

(Photograph by Senior Master Sgt. Robert J. Sabonis)



Col. Robert T. Brooks, Jr.

AIRSCOOP

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Commander's column

By Col. Robert T. Brooks, Jr.

Welcome to September UTA. I want to thank each and every one of you for everything you are all doing. We have gone from the UCI and LCAP, to Alaska, ASA move to Westover, an ONE deployment, to a Hurricane evacuation and State Tropical Storm response, another preparation for an ONE, to an AFOA (Alert Force Operational Assessment), to an upcoming ESOHCAMP, a 9th Air Force Standardization and Evaluation Inspection, an Alert Force Evaluation, all along with preparing for an upcoming spring AEF. I did not even list the multiple construction projects on base, or the everyday business of the wing. There are A LOT of opportunities to LEAD, and A LOT of you have already stepped up to the plate and hit some home runs.

Speaking of hitting home runs, I would like to thank Lt. Col. Wilson and his LRS team for hitting a home run with our EOC and taking care of the state mission with Tropical Storm Irene. There are several things we can do better, and we will fix it for next time. Maj. Dean Lambert was the workhouse as the 104th IDO, and he took care of a lot of issues up, down, and across the chain of command in fulfilling his role. There are many more folks who deserve a big thank you and they are mentioned by name in a later article in the air scoop.

Remember when you are in the **driver's seat, good communication up/down/across** the chain of command is critical. Also keep in mind, when you **step out of the driver's seat, good followership** with a positive mental attitude is just as important. There is no way we could accomplish all of the above without great TEAMWORK. I want to commend everyone for this.

August family day was a huge success. I want to thank our Command Chief - Chief Fappiano - for leading the charge and setting a new standard here on base for Family Day. There were many positive comments and everyone had a great time. There is another article here in the Airscoop thanking the many people and organizations who helped with family day. The list is too

long for one article.

With the ten year anniversary of 9/11 upon us, it is important to remember that event. Each generation of Americans has significant challenges to overcome, and 9/11 will certainly be a measure if not the measure in what our generation is remembered by. As far as I can tell, the 104th Fighter Wing and everyone associated with the wing is doing their duty in helping future generations remember what we did for our country in a positive manner. Everyone here is pulling their weight, and doing their part to help the team.

As we close in on 3 more inspections, **I can't help but think of the Triple Crown** in horse racing. Only the strongest of the thoroughbreds can win the Triple Crown. I think the 104th is the one unit in the Air Force and Air National Guard that can continue doing well with these upcoming inspections. We just finished the Alert Force Operational Assessment (AFOA), and while it went well – there are some areas we need to improve upon. Finish Strong and thanks for what you all do.

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Chief Master Sergeant's column

By Chief Master Sgt. Todd Fappiano, Command Chief Master Sgt.

When you talk about qualifications, nothing speaks louder than a piece of paper, and by piece of paper,

I am refereeing to a diploma.

Using experience alone as a foundation for justifying your ability to lead is selling yourself short.

This isn't just this chief's perspective; it is the perspective of the wing and state leadership. In order to be competitive with your peers throughout the Guard and the Active Duty, you need to step up and learn from the book, and apply it to the experiences you draw from your career. The combination of the two makes far better leaders than just one of the components by itself.

Many members of the wing can attest to the importance and value of

Enlisted Professional Military Education.

This is year 65 members of our enlisted corps have bettered themselves by attending PME. Those in attendance have not just graduated, they have shined. Members have earned such distinctions as Distinguished Graduate, and even earning the Commandants Trophy for superior excellence.

I am confident that our men and women are amongst the best trained (books) and most skilled (experience) leaders in the combat Air Force.

I am so confident, I would put any one of our recent graduates alongside their active duty counterpart, and our airman would stand out as being a member of the guard, not because of the stereo-type that we are weekend warriors, but because we are better warriors.

I must admit, it is not always easy to get into a class. There are

waiting lists, and folks who want to get promoted but have not completed the PME requirements. But that is a good thing, in my perspective.

Competition breeds success, in the same way that complacency breeds laziness. If you want to attend a PME class, make it happen for yourself.

Show the initiative, enroll in the satellite program, and ensure your interest is known. I firmly believe that the reason we have been so successful is because we are sending the best and the brightest and those who want to go.

Let me conclude this as I started, the best way to demonstrate you are a leader, is to show it: in action, word and deed.

Leaders are made, not born, and there are many opportunities to **learn how to be a better leader...** takes advantage of those chances and shine.



First Sergeant's column

By Master Sgt. Fred Fopiano, MSG First Sgt.

How many of you have heard **"Thank you for your service"** since the events of

9/11?

My guess is most if not all of you have. How do you feel when you **hear this? How do you respond? I've** been in restaurants and had fellow patrons offer to purchase my meal; **some have even done so and I didn't** find out until I was about to leave.

Why is that?

Many of the civilians of this great nation look at the uniformed service members with respect and awe. We are doing something great; **something many of them either didn't** have the ability to do, chose not to for one reason or another, or was also

uniformed member at one time.

The perception generally is that when we are on the scene, be it a tornado, hurricane or other natural disaster, we have it under control. We have their backs. They depend on us, and our actions or inactions carry a lot of weight with them.

The truth is we have always been here. It's just since 9/11 that we have become more highly recognized than we had been in previous times. Airmen, we are in the limelight every day.

I preach to my Airmen that you are being interviewed every day of your life, whether in or out of uniform. People look at you and judge you based on your appearance, attitude and actions.

The days of "Oh, I'm just going to drill" are gone. We're filling sandbags to delay a flood zone long enough to evacuate a neighborhood; setting up emergency communications for a state-wide net, providing security for devastated neighborhoods; providing food and water to those in need; and I could go on.

You need to think about what's at stake here and the roles each and every one of us plays every day. Don't think of us as the "War Machine", we are the "People Machine"; we help our people and those in need.

Ready, Reliable, and Relevant, and Americans are depending on us, **don't disappoint them.**

Ten years after, Barnes protects Northeast

By Maj. Matthew Mutti

Where were you when the world stopped turning, that September day? Ten years later, the lyrics from this Alan Jackson song still paint a vivid picture of a clear, calm September morning abruptly changed by the horrific images of two New York towers engulfed in smoke, a corner of the Pentagon destroyed and a Pennsylvania field filled with smoldering aircraft wreckage.

All told nearly 3,000 American's lost their lives on that fateful day. So many lives were permanently changed, either through injury, loss, or simply by living through the moment as a witness, or responder.

The 104th Fighter Wing has a distinct tie to that day in history, both through its current mission of homeland defense and through its members supporting various contingency operations overseas.

Each member can tell their story of how that day affected them. Some begin with **"Following the attacks, we mobilized and deployed overseas with the A-10..."** Other stories reflect on the preceding deployments nearly 10 years after the events, **"I just returned from my third deployment since 9/11..."** There are also many members who have joined the Air Guard since the attacks, at last count, more than 350 airmen volunteered to serve after 9/11. There is no question the unit is tied to the attacks of Sept 11th; in fact, one 104th pilot was scrambled to respond.

On Sept. 11, 2001, then Maj. Dan Nash was stationed at Otis Air National Guard Base on alert, when he was notified by the Otis tower there was a suspected hijacking of American Flight 11. **"We got the call from the tower that there was a suspected**

hijacking," said Lt. Col. Nash, Chief 104th FW Stan/Eval. **"Duff (Lt. Col. Timothy Duffy, the other alert pilot) and I began to get our gear together, awaiting official notification from NEADS."**

Lt. Col. Duffy had responded to a



Lt. Col. Dan Nash stands with Col. Tim Duffy at the studios of WBUR-Boston (photo by Jesse Costa / WBUR)

Lufthansa airliner hijacking in 1992 and understood the importance of the alert aircraft. Within minutes, Nash and Duffy received the **'Battle Station' order and readied their F-15 fighters.** Quickly thereafter they were scrambled to a heading that took them toward New York City.

Shortly after take-off Nash said **the smoke was visible. "We knew something was wrong, there wasn't a cloud in the sky and the smoke was visible. We focused on getting to New York as quickly as possible."** The 2 fighters flew at mach 1.2 toward the towers as they continued to coordinate with the Eastern Air Defense Sector.

Duffy recalled the moment they saw the smoke over New York. **"I said to Nasty 'Tell me that's a cloud, and he came back, 'no that's smoke'"**

As the jets were approximately 70 miles from the city, they learned the second aircraft impacted the tower. **"My initial question was,"** Nash reflected. **"What happened to**

American 11? At that point, I knew it was a terrorist attack, and maybe **the start of World War 3."**

The fighters were tasked to fly over Manhattan and clear the airspace from any additional threats.

The Aircraft stayed on station for more than 4 hours and escorted close to 70 aircraft out of the airspace.

"We had a job to do, and remained focused on that mission," said Nash. **"We kept one aircraft in the airspace as the other refueled, constantly escorting small aircraft and helicopters away from Manhattan."**

It was only after the two landed that they learned of the events that had transpired. **"We did not have CNN in the cockpits, and the information we received was**

limited to the mission we were performing," explained Nash.

In reflection Lt. Col. Nash and now Col. Duffy agree that the events of 9/11 could not have been avoided through their actions. The dynamic decision matrix and protocols that exist today to defend against civil aviation threats did not exist in 2001.

"It didn't matter if we had gotten there 15 or 20 minutes earlier, it wouldn't have mattered, just the way the scenario was playing out. We wouldn't have been cleared to shoot."

That day began like any other September day, but it ended as a day that will live forever in the hearts and minds of every American.

Much has changed in 10 years, to include the lives of so many. What has not changed is the importance of homeland defense; it is just as important today as it was 10 years ago, and the men and women of the Air National Guard are dedicated to ensuring that mission does not fail.

Family Day

By Staff Sgt. Matthew Benedetti

Hundreds of unit members and their families celebrated the 2011 Family Day on a sun-splashed summer afternoon, 20 August 2011 at Barnes ANGB.

The event spanned the afternoon and featured a 5K road race, kids kickball, 3 on 3 basketball, bounce houses, volleyball, tug of war, a performance by Plan-B a live band with a local 104th connection and other family/fitness related events and at-

is important for our families to see what we do and where we work. Enjoying family support is important for all of us to fulfill our mission," he added.

This family day was yet another example of the teamwork consistently exuded on base, shared Col. Robert Brooks, the 104th FW Wing Commander. "The success of



tractions.

This was the first Family Day since 2008, and members thoroughly enjoyed the festivities. After a hectic few years that included many transitions, deployments and high profile events, unit members had the opportunity to socialize and have fun in a relaxed atmosphere.

"The unit has been working non-stop on so many projects, from operational deployments to high-level inspections, all while completing the homeland defense mission," said Chief Master Sgt. Todd Fappiano, the Wing Command Chief. "It was very important for the wing to slow down and take time to reconnect with their families; celebrating the unit's recent accomplishments."

Senior Airman James Louis was involved in coordinating the Fighter Wing Headquarters' events. "I thought the day went well with a lot of participation from unit members," he said. "It

this event was directly proportionate to the efforts of the planning committee and volunteers that made it happen. The efforts from the USO, Family Readiness Group volunteers, Alumni, Civil Air Patrol and the wing's student flight and Force Support Squadron really made this event a success."

The following individuals deserve recognition for their efforts and contributions:

From Mission Support Group: Airman 1st Class Ryan Hart, Airman 1st Class Kevin Maclellan, Airman 1st Class Bryan Plaza, Senior Airman Michael Ford, Senior Airman Michael Trainor, Staff Sgt. Jeff Jorritsma, Staff Sgt. Neftali Rivera, Tech. Sgt. Frank Stanley, Tech. Sgt. Jeffery Wojack, Tech. Sgt. Chris Torres, Master Sgt. Tony Dultz, Master Sgt. Chris Hagar, Master Sgt. Scott Sanderson, Senior Master Sgt. Steve Patrick, Senior Master Sgt. Thomas

Puccio, Chief Master Sgt. Armand Lamour, Maj. Dean Lambert, Maj. Dave Mendoza, Lt. Col. Charles Wilson, Ms. Sandy Wakefield, Mr. Todd Frazer

From Maintenance Group: Airman 1st Class Robert Cyr, Airman 1st Class Michael Kleciak, Senior Airman George Bahlke, Senior Airman Stephan Lugo, Senior Airman Michael McKenzie, Senior Airman Goguen Garrett, Staff Sgt. Kenneth Lewis, Staff Sgt. Juan Barrera, Staff Sgt. Lewis Ireland, Staff Sgt. Matt Chapman, Staff Sgt. Sue Fopiano, Chief Master Sgt. Tony Swana

From the Fighter Wing Headquarters and Operations Group: Staff Sgt. Neisha Nixon, Staff Sgt. Josh Read, Master Sgt. Michelle Bush, Master Sgt. Lynn Bolduc, Master Sgt. Yasser Menwer, Senior Master Sgt. Tommy Dumais, Chief Master Sgt. Todd Fappiano, Capt. Wendy Kiepkke, Maj. Matt Mutti

A special thanks to members of support agencies that came out to support the event; Ms. Gretchen May from Operation Military Kids Club, Ms. Josephine Yakimowski from the American Legion Auxiliary, Gina Alimberty, from New England Air Museum, and Mr. Lance Powell and Ms. Salenna Settanni from the Child Identification Program, Don Boccaccio, Judy Livingston, Staci Stamm, Steve Sladyk, Civil Air Patrol, Lynn O'Brien and the Family Readiness Group volunteers, and the Pioneer Valley USO.



(Photos by Senior Master Sgt. Robert Sabonis)

Barnes responds to Irene

By Maj. Matthew T. Mutti, Wing Executive Officer

As the forecast of Hurricane Irene became clear and Massachusetts would certainly be in her path, the Massachusetts National Guard began mobilizing and preparing to support the commonwealth as it braced for localized disasters.

113 men and women from the 104th Fighter Wing joined nearly 1,300 Mass. National Guard members called to duty from throughout the state, all tasked to provide support to the community. The Guard was asked to participate in the state-wide relief efforts; supporting communities affected by the storm.

The Fighter Wing, stationed at Barnes Air National Guard Base in Westfield provided very specialized capabilities to the state. They assembled Command, Control and Communication teams, (POD) Point of Distribution teams, (RAT) Rapid Assistance teams, Public Affairs teams, and (CERFP) Chemical Biologic Radiological Nuclear Enhanced Response teams; all focused toward assisting the commonwealth as they responded to Hurricane Irene.

As the hurricane was down-graded to a tropical storm, the National Guard was placed on state-active duty to support the governor as he and his emergency response force collaborated with the Massachusetts Emergency Management and Federal Emergency Management Agencies. The Guard has developed strong working relationships with these agencies during recent natural disasters. The Massachusetts National Guard is a critical part of the team, as seen during recent tornados in Western Mass. and the spring floods in Eastern Mass. The collaboration is engrained, which allows for synergy during emergencies like Irene.

“We train together,” said Master Sgt. Chris McCrary, the 104th Fighter Wing Emergency Manager. **“These partnerships are really what make the Guard so unique. We live in these communities, and we have developed strong working relationships over the years.”**

The dynamic nature of the Guard was clearly seen as they interacted with support agencies from throughout the state, and even agencies across state lines. The mission of providing support is universal in the Guard. In one instance, the Massachusetts Air Guard assembled with a team from the Vermont National Guard in Shelburne Falls Mass. The Vermont Guard/186 BSB, had to travel through Massachusetts in order to reach destinations in Western Vermont near the Massachusetts boarder. Some Vermont towns were completely water-locked and there was no intrastate access. The team joined forces with the Mass. Air Guard who was assisting homeowners in Shelburne; together they traversed through 17 towns on washed-out roads, helping community- members of both Massachusetts and Vermont.

“Have you noticed how people have been just stopping what they’ve been doing, turning around, looking straight at us, and then giving us a big grin and a thumbs-up or a salute when we drive by? Sure, it took us more than 20 hours to find a way to get here, but they don’t know that,” said Sgt. Richard Hawkin’s from the Vermont Guard. **“It’s about letting people who have been cut off from nearly everything, and who have lost a lot, know they have not been forgotten and that the Guard cares about them. It gives them hope. Vermont, Massachusetts, it doesn’t matter, we are all here to help.”**

Air Guard members from the 104th Fighter Wing also augmented MEMA in Rapid Assistance Teams. The teams worked with local town officials in affected areas of Western Mass., to provide damage assessments after the storm. In total the Air Guard assisted in 7 of the 14 teams throughout the commonwealth.



Maj. Gen. Rice speaks with Gov. Patrick about the Air Guard’s involvement (Photo by Senior Master Sgt. Robert Sabonis)

“We worked alongside member of MEMA and FEMA,” said Master Sgt. Alan Smith, a member of the 104th Fighter Wing Maintenance Group. **“We would assess the damage to roadways and effected infrastructure, providing assistance in any way we could.”**

The following members served selflessly on state active duty during Tropical Storm Irene and performed there mission well, despite often austere conditions.

- Airman 1st Class AVENDANO
- Airman 1st Class RUSSELL
- Airman 1st Class BARTLETT
- Airman 1st Class LARCHEVEQUE
- Airman 1st Class BONNER
- Airman 1st Class MORRELL
- Sr. Airman DAPONDE
- Sr. Airman DICKENS
- Sr. Airman FORD
- Sr. Airman GADOUA
- Sr. Airman GRIER

- Sr. Airman LABONTE
- Sr. Airman TANNER
- Sr. Airman TRAINOR
- Sr. Airman TROMBLY
- Sr. Airman CHLASTAWA
- Sr. Airman DUBOIS
- Sr. Airman HAMMOND
- Sr. Airman SERRANO
- Sr. Airman SOARES
- Sr. Airman CORDEIRA
- Sr. Airman GRINCAVITCH
- Sr. Airman SOBZYK
- Sr. Airman CARROLL
- Sr. Airman CONNOLLY
- Sr. Airman KENNEY
- Sr. Airman MARINELLI
- Sr. Airman YATES
- Sr. Airman LUGO
- Staff Sgt. MCISAAC
- Staff Sgt. AVALONE
- Staff Sgt. DOWD
- Staff Sgt. FRIERI
- Staff Sgt. JYZ
- Staff Sgt. KNIEP
- Staff Sgt. WILLIAMSON
- Staff Sgt. GOGUEN
- Staff Sgt. LAM
- Staff Sgt. OCHOA
- Staff Sgt. WYSE
- Staff Sgt. GIBBS
- Staff Sgt. SALMON
- Staff Sgt. WILLING
- Staff Sgt. COLLARD
- Staff Sgt. CONOLLY
- Tech. Sgt. CASINEAU
- Tech. Sgt. MUTTI
- Tech. Sgt. WAMPLER
- Tech. Sgt. PICARD
- Tech. Sgt. BOUDREAU
- Tech. Sgt. BELIVEAU
- Tech. Sgt. BLAKE
- Tech. Sgt. FOURNIER
- Tech. Sgt. GALLINAGH
- Tech. Sgt. KLEIN
- Tech. Sgt. WOLOSZ
- Master Sgt. BREEN
- Master Sgt. HERNANDEZ
- Master Sgt. MARTINATH
- Master Sgt. GASKALKA
- Master Sgt. SMITH
- Master Sgt. TORRES
- Master Sgt. MCCRARY
- Master Sgt. FRYE
- Master Sgt. DULTZ
- Master Sgt. BISHOP
- Master Sgt. BOURASSA
- Master Sgt. FOSKETT
- Senior Master Sgt. SABONIS
- Senior Master Sgt. WALTERS
- Senior Master Sgt. LAUGHRAN
- Senior Master Sgt. DELANEY
- Senior Master Sgt. DAPONDE
- Senior Master Sgt. DUMAIS
- Chief Master Sgt. NEWTON
- Chief Master Sgt. MORIN
- 1st Lt. STEBBINS
- 2nd Lt. STCLAIR
- 2nd Lt. RICE
- Capt. RUSCIO
- Capt. ROBERTS
- Capt. HARRINGTON
- Maj. LEWANDOWSKI
- Maj. CASTONGUAY
- Maj. LAMBERT
- Maj. MISARSKI
- Lt. Col. HENRY
- Col. GUNNING

Airman uses research, experience to contribute to fight

By Senior Airman David Carbajal, 451st Air Expeditionary Wing Public

8/11/2011 - KANDAHAR AIRFIELD, Afghanistan --

Neil Armstrong was once quoted as saying, "Research is creating new knowledge." One Joint Expeditionary Tasking Airman in



Col. Sean Collins meets retired Marine Lt. Col. Oliver North, a current Fox News reporter, during a recent visit to Camp Dwyer, Afghanistan. Collins is a Joint Expeditionary Tasking Airman working as the senior researcher for the Joint Combat Casualty Research Team at Camp Dwyer. (Courtesy photo)

Southern Afghanistan understands that mentality very well.

Air Force Col. Sean Collins, senior researcher for the Joint Combat Casualty Research Team, has been working to improve medical processes and facilitating case studies since he arrived in February to Camp Dwyer in Regional Command Southwest.

The mission of the JC2RT is to foster, facilitate, and coordinate mission relevant medical research, performance improvement and evidence-based clinical practice in the U.S. Central Command theater of operations.

"Here, we have observational studies, which evaluate real-world medical techniques to understand what would improve medical processes," said Collins, who is the medical group commander at the Air National Guard's 104th Fighter Wing in Westfield, Mass. "As soon as a patient comes into the CSH (115th Combat Support Hospital), we

immediately evaluate the care of the patient to see how it could better."

By evaluating the patients and care rendered in the field, the team can identify if different tools and processes in the combat first-aid kits are needed or if servicemembers would benefit from more training for specific types of wounds, he added.

"Not that long ago, we were told to only use tourniquets as a last resort for injuries in the field," said Collins, who holds a doctorate in clinical research. "With research and studies, we now know that the application of a tourniquet could make the difference between life and death."

The research team doesn't just evaluate patients coming into the hospital.



Col. Sean Collins meets former Secretary of Defense Robert Gates, during a recent visit to Camp Dwyer, Afghanistan. Collins is a Joint Expeditionary Tasking Airman working as the senior researcher for the Joint Combat Casualty Research Team at Camp Dwyer. (Courtesy photo)

"We look at ourselves as well," he added. "Is the ultrasound technique being used by the emergency room physician the best to diagnose the patient? Do we have the essential literature (snake bites) for local risks and hazards?"

"We ask these questions to ensure our medical care is the best it could possibly be," said Army Col. Patricia Darnauer, Task Force 115 commander.

The information they learn is critical not only here but at stateside



hospitals as well, said Darnauer.

"Most medical centers in the states don't see the things that we see day to day," said Collins, who doubles as an assistant professor at the University of Massachusetts

Medical School. "So, what we learn here is invaluable not only for us in theater, but our families and friends back home."

As a Guardsman, Collins volunteered to deploy, leaving his wife and three children and Darnauer is thankful for this.

"You have to give kudos to a guy who comes forward and volunteers to come to Afghanistan," said Darnauer.

"I'm very grateful he did though."

"Individuals make the difference in work centers and he is a perfect example of

that," she added. "Colonel Collins' skill set has made our entire hospital better and his presence will be felt for months to come."

Why focus on drunk driving

By Master Sgt. Christopher Curtis, 104th Paralegal

If you have been a member of the 104th for any length of time, you may have seen that the Aircoop Legal Office article themes repeat every so often. For instance, at least **once a year I'm asked to write an article urging airmen "Don't drink and drive."** Some may wonder why the message is so repetitive.

One of the unique characteristics of **drunk driving**, (or "operating under the influence of liquor" as it is called in Massachusetts) is that otherwise good people can find themselves facing these charges if they **aren't careful. The average person is not likely to rob a bank or engage in heroin trafficking. Hence, you don't see too many articles from our office admonishing "don't rob banks" or "don't traffic heroin" (although this is certainly sage advice).**

Since the military in general, and the Air Force in particular, do an outstanding job filtering out candidates who don't meet the highest



standards regarding criminal tendencies, we are left with those very few problems that may face us. Drunk driving is one of those very few problems. Put simply, someone may not have any intention of doing anything wrong – just go to a party, have a good time, and share drinks with some friends. When the time comes to leave, judgment is impaired from too much alcohol so the full

consequences of getting behind the wheel are not realized. The otherwise good person is now committing a crime.

Be a good wingman. Just as you would save a buddy from drowning or falling off a cliff, intervene if their judgment is affected by alcohol and **they are about to drive. Don't let phrases like "drunk driving" fool you.** These are just common expressions people use and not legal terms. The threshold for being too intoxicated to drive is much less (.08) than would cause someone to be stumbling around or talking nonsense – keep a good eye on your wingman and be keen to any signs of impairment.

Oktoberfest is almost upon us, and the traditional winter holidays are just around the corner. Enjoy these events to their fullest. But also keep yourself and your wingman physically and legally safe.



(Photograph by Evan Vucci, AP)

Obama: Military's restriction on gays ends Sept. 20

By David Jackson, USA TODAY

The rest of Obama's statement:

As Commander in Chief, I have always been confident that our dedicated men and women in uniform would transition to a new policy in an orderly manner that preserves unit cohesion, recruitment, retention and military effectiveness.

Today's action follows extensive training of our military personnel and certification by Secretary (Leon) Panetta and Admiral (Mike) Mullen that our military is ready for repeal.

As of September 20th, service members will no longer be forced to hide who they are in order to serve our country. Our military will no longer be deprived of the talents and skills of patriotic Americans just because they happen to be gay or lesbian.

I want to commend our civilian and military leadership for moving forward in the careful and deliberate manner that this change requires, especially with our nation at war.

I want to thank all our men and women in uniform, including those who are gay or lesbian, for their professionalism and patriotism during this transition.

Every American can be proud that our extraordinary troops and their families, like earlier generations that have adapted to other changes, will only grow stronger and remain the best fighting force in the world and a reflection of the values of justice and equality that the define us as Americans.

President Obama announced that the military's restriction on gays will formally end Sept. 20, saying it "undermines our military readiness and violates American principles of fairness and equality."

"In accordance with the legislation that I signed into law last December, I have certified and notified Congress that the requirements for repeal have been met," Obama said in a statement. "'Don't ask, don't tell' will end, once and for all, in 60 days - on Sept. 20, 2011."



Chaplain's corner

By Capt. (Fr.) Ken DeVoe

After about a year of marriage, I was an expert! At year six, we were both in a bad place and would have (maybe we both wanted to) called it quits. At about year fifteen, we both

stopped trying to change each other and that is when we began really liking each other. Now at twenty-four years, we are beginning to settle in and find our groove together. We are finally learning to love each other in a meaningful way. The next twenty-four years will take us on the journey of discovering, refining and deepening that love we have for each other as a couple.

Marriage is, without a doubt, the most difficult endeavor (job) any two people will ever engage in. In my Faith tradition (the Orthodox Church), the word for Sacrament is "Mystery" (Greek *mysterion*). I guess it is appropriate that Marriage is called a **Mystery....it surely has been** and continues to be so.

It is no secret that divorce rates are high in the military as well as society in general. The Centers for Disease Control and Prevention (CDC) reported that in 2005, 43% of all first marriages end in divorce within 10 years. Other studies report that nearly 50% of first-time marriages in the United States will end in divorce and the rates go up for subsequent marriages -- Reference the table.

Other studies indicate that children of divorced parents are more likely to themselves get divorced and have difficulties in many other areas of life, vice children of parents who stay married.

So what are some things that can be done to help people avoid divorce?

Here are a few suggestions: 1.) Get back to dating each other -- most couples when they get married stop dating each other and get into the "routine" of life. A rule of thumb in dating is to alternate (i.e. weekly) what each person would like to do.

Here is an important one - NO talking about the kids, money, the house or work. Avoid the movies initially as well... sitting in the dark not talking avoids important communication. If you have been married for several or more years, the person you married is not the same person, nor are you.

These are just a few things that you can do to help divorce-proof your marriage. Remember that you took vows to love, and cherish, to honor, to have and to hold from this day forward, in sickness & health, forsaking all others, until death do you part (or something along these line). Be a man or woman of integrity when it comes to our vows. It is easier to walk away than to stay and work it out. Trust me -- I know! Divorce is always an **option...try to make it the absolute** last one if it depends upon you. If either one of us had called it quits at

year six, we would have missed out on a life-time of joys and memories together. The finest of gold is refined by fire, so are marriages. You cannot truly appreciate the wonderful times without having first past through the

Marriage	Divorce statistics (in percent)
First Marriage	45% to 50% marriages end in divorce
Second Marriage	60% to 67% marriages end in divorce
Third Marriage	70% to 73% marriages end in divorce

* Source of this Divorce Statistics: Jennifer Baker, Forest Institute of Professional Psychology

- 2.) Stop try to make your point and **Listen, don't talk past each other.**
- 3.) Drop your defenses and weapons -- real love is obtained by being vulnerable and open.
- 4.) Respect each other.
- 5.) Compliment and thank each other often.
- 6.) **Say I'm Sorry and Please forgive** me often.
- 7.) **Stay off "Facebook"** -- this is a very dangerous place!!!!
- 8.) Turn the TV off (or video game, cell phone, I-Pad, etc...) **for awhile** and see what happens.
- 9.) Play a game.
- 10.) Use positive up-lifting words.
- 11.) Avoid negative discouraging words.
- 12.) Write a love letter.
- 13.) Leave a nice note under the pillow.
- 14.) Ask your spouse if there is something you can do for them today? -- And make sure you do it.
- 15.) Check into a hotel for a night or two without the kids. Get my point?

hard. In closing, I recognize that there are legitimate reasons for divorce. Historically and religiously; adultery, abuse and abandonment have been, and continue to be, good reasons for divorce. Unfortunately, every excuse in the world is used today (unhappy, unsatisfied, incompatible, **unreconcilable differences, I don't love them any more, they've changed,** etc...). Please also know that there are resources to assist you in dealing with a hurting marriage. Do not, I repeat, do not get Marital Advice from someone who is Divorced -- get it from someone who has succeeded in marriage; like someone who has been married for 50 years or more. **At 24 years, I'm just starting to get a clue -- I have a long way to go. Don't wait until it is too late.** Come see one of the Chaplains, Family Programs or access Military One Source.

Know that I am praying for you, your marriage and your kids.



Safety: How goes it

By Senior Master Sgt. Thomas Dumais, Ground Safety

This unit has experienced 5 injuries since the last newsletter.

- Worker injured ankle on stairs: Sprain: Stumbled on portable stairs: less than 1st aid
- Trainee injured in fire trainer: Burned hands: Training: Lost time
- Worker rolled ankle on stairs: Sprain, Slipped on screws on stair tread; Less than 1st aid
- Worker injured head moving sign: Laceration: Situational awareness: Lost time
- Participant injured during PT: Head contusion: Situational awareness: Ambulance transport for evaluation

This unit has experienced Zero (0) mishaps since the last newsletter.

When you look at the list of injuries experienced each month one item is always clear: It could have been prevented with a little bit of Personal Risk Management (PRM). When we bring this up we are not referring to some long drawn out matrix or system you have to use to chart your risks and de-

velop action plans to help mitigate them.

We are simply asking each of you to slow down and think about what you are doing. If the stairs you are traversing could cause you injury then why test fate. Slow down and traverse them safely. If the fire trainer is too hot to handle then duck and cover to a safe position.

Training is just that training and if during a training exercise something is going wrong then call that all important **“Knock it Off”**.

In the third injury we see that the actions of others along with inattention of the person going down a set of stairs almost results in someone getting seriously hurt. Then we see what appears to be a simple task of moving a mobile road sign that proves to be more than what was expected causing the person who moved it to lacerate their neck and ear.

In the last injury we see the heat of the moment result in the participant going a little bit too far resulting in them impacting their head on a nearby tree as they were diving for a ball.

Everyone is busy and everyone has tons of things going on; however when you stop and think about your personal risks each and every day, we think you

will agree that there is nothing that we do here that warrants getting someone hurt. Especially You!

All we ask is that you take a moment to think about what you are doing before and while you are doing it. **Can you slip trip or fall? If it's a training exercise when is it right to call a “Knock it Off”? Can the item you need to move hurt you while you move it?** And lastly everyone is into winning, but is the win worthy getting hurt? As we approach the cooler weather the same is true. We now have our children and the children of others on the sides of the road. If they are yours can they be seen and is it really worth speeding? One of the mainstays of Safety is to use the experiences of others to help others from making the same errors.

The last item we would like to bring up to each of you is that the weather is changing and along with it comes a good time to check out your vehicle. Now is the time to check your tires, wipers, hoses, belts, and overall; condition of the machine you drive. We hope that you find this information useful not only here but for your home as well.

OPSEC ~ an adaptation of Green Eggs and Ham

I am Sam. Sam I am.
Do you like OPSEC and ham?

I do not get it, Sam I am.
I do not get OPSEC and ham.

We must use it here and there.
We must use it everywhere.
You CAN share it in a car.
But you CANNOT in a bar.
You CANNOT share it in a text.
You CANNOT share it at the BX.
You CAN say it in your house.
But should NOT tell a random spouse.
You CAN say it in the shower.

But do NOT go sharing at happy hour.
DON'T make the Ombudsman sweat.
DON'T post it on the internet.
You CANNOT share it in a tweet.
That would not be very sweet.
Beware of Facebook and Myspace too.
It's tempting to let your feelings through.
You Cannot tell it to a friend.
NOT even at the very end.
It is a privilege to know a date.
DON'T tell ANYONE or they may be late!

Oh, I get it, Sam I am.
Now I get OPSEC and ham!
I will not tell anyone.
I will keep hushed until they're done!
I will not tell him or her.
I will not tell my dog with fur.
I will not tell my child's teacher.
I will not tell any creature.
Thank you, THANK YOU, Sam I am.
Thank you for clearing up OPSEC and Ham!!!



Health Promotion : Eating and exercise tips

Submitted by Lt. Col. Anita Compagnone, Health Promotion Officer

Tips from the Mayo Clinic:

Time it right to maximize your workout. Knowing when and how much to eat and drink before you exercise can make a big difference in how you feel during and after your workout. Here are some tips.

To get the most from your workout:

1. Eat a healthy breakfast. Most of the energy from last night's dinner is used up by morning. Your blood sugar may be low. If you don't eat, you may feel sluggish or lightheaded while exercising. Eat large meals at least three to four hours before exercising. You can eat small meals two to three hours before exercising. Most people can eat snacks right before and during exercise. The key is how you feel. Do what works best for you.

2. Don't skip meals. Skipping meals may cause low blood sugar which can make you feel weak. If you're short on time before you work out, a snack of yogurt and a banana is a good choice. To help your mus-

cles recover and to replace their glycogen stores, eat a meal that contains both protein and carbohydrates within two hours of your exercise session if possible.

To make the most of your workouts, focus on these foods:

Carbohydrates: Your body's chief source of fuel. A diet containing at least 50 percent of calories from carbohydrates allows your body to store glycogen, but if you exercise for long periods of time, you might want to consume more carbohydrates regularly and consider carbohydrate loading before a big athletic event. Good carbohydrate sources include cereals, whole grains, vegetables, rice and fruit.

Protein and fats: Important, but not your body's top fuel choice. Protein isn't your body's food of choice for fueling exercise, but it does play a role in muscle repair and growth. Good protein sources include:

- * Lean Meats
- * Dairy products
- * Nuts

Fat is an important, although smaller, part of your diet. Try to get most of your fat from unsaturated sources such as:

- * Nuts
- * Fatty fish; salmon, mackerel
- * Vegetable oils

Drink enough fluid to balance your daily fluid losses. Try to drink 2 to 3 cups of water before and after your workout. If you're exercising for more than 60 minutes, sip a sports drink to help maintain your electrolyte balance and give you a bit more energy from the carbohydrates in it. The sodium in sports drinks also helps you rehydrate more quickly.

When it comes to eating and exercise, everyone is different. Let your experience guide you on which pre- and post-exercise eating habits work best for you.

ESGR Employer Awareness Day at Barnes Sept 23

By Maj. Matthew T. Mutti, Wing Executive Staff Officer



Traditional Guardsmen, please share this article with your civilian employer

Does your civilian employer understand the Guard mission. Does he or she understand why you have to take one-weekend a month off in order to attend a Unit Training Assembly at the Guard base? During a natural disaster or emergency, does your employer understand that you can be called to State Active Duty by the Governor in order to protect the citizens of the commonwealth.

In many cases, the answer is no to most of these questions. As the wing prepares to deploy on an

Aerospace Expeditionary Force deployment in the Spring of 2012, employer support, more specifically, employer understanding; is critical to **the unit's success when accomplishing its mission.**

On September 23rd, the wing will host its annual Employer Awareness Day here at Barnes. This event typically draws 50 local employers and provides them an first-hand view of **the Guard's mission, and your value as a traditional guardsmen.**

The day includes an F-15 orientation tour, a Black-hawk demonstration, as well as educational classes on the Guard, and its various missions: Homeland Defense and Domestic Operations

If you are interested in having your employer attend, please share this link with them. They can RSVP on line, and join us on September 23rd.

Click Here
<https://einvitations.afit.edu/ESGREAD/anim.cfm>

EMS

Submitted by Mr. John Richardson, Environmental Office



Three Things Every Airman, Civilian Employees, & Support Contractor of the 104th Fighter Wing Must Know:

1. Know that eMS is the Management System we use to implement the **Commander's Environmental Commitment Statement**.
2. Know the basic contents of the **Commitment Statement (Refer to commander's policy letter in work area)**
 - Commitment to continual improvement
 - Commitment to prevent pollution
 - Commitment to comply with environmental laws and regulations and to other requirements to which we subscribe.
3. Know the Environmental Impacts of your job!
 - Know the possible causes of environmental impacts from the activities you perform and manage your activities using proper procedures.
 - If you have been designated to perform an activity that could result in a significant environmental impact, you must know how to properly manage that activity.

Significant environmental impacts are those impacts designated by the EMS Cross Functional Team and documented in VEMO.

eMS – Actively managing continual improvement with an overall goal of minimizing significant mission and environmental impacts!

Why is environmental management important? Sound environmental management enables maximum use of training airspace and facilities to train airman, reduces potential environmental impacts, and maximizes efficient use of Base resources! eMS is a mission enabler!

Why does our symbol (eMS) have a lower case "e"? We put the emphasis on our Management System in which everyone has environmental roles and responsibilities, not on an environmental program managed only by environmental professionals.

"e" is for everyone!

Where to find more information on eMS?

The eMS Coordinator in the environmental management office.

Important Note: Receipt and review of this guide constitutes your required eMS awareness training.

Col James Keefe selected for Navy War College

By Maj. Matthew T. Mutti, Wing Executive Staff Officer

Col. James Keefe, a Northampton native, was one of only two Air National Guard members this year chosen to attend a Senior Officer Development Course in residence.

Col. Keefe was selected and is currently attending the Naval War College in Providence Rhode Island.

Attending a Senior Developmental Education program in residence is extremely competitive for the guard,

and Col. Keefe is only the second officer from Barnes to ever be chosen. The last member who attended an SDE course was Lt. Col Summers in 1971.

Col. Keefe is scheduled to graduate in Jun of 2012. Col. J. Anthony Gwosch assumed the Vice Commander position in his absence.



Col. Keefe (left) being wished good luck by Col. Brooks during the UCI outbrief. (photo by Senior Master Sgt. Robert Sabonis)

New Chiefs inducted

By Maj. Matthew T. Mutti, Wing Executive Staff Officer

On August 21st, 2011 two new Chief Master Sgts. were officially inducted during a ceremony hosted here at Barnes Air National Guard Base.

Chief Master Sgt. Anthony Swana, and Chief Master Sgt. John Stec were joined by unit members, family members and friends at a ceremony hosted in their honor.

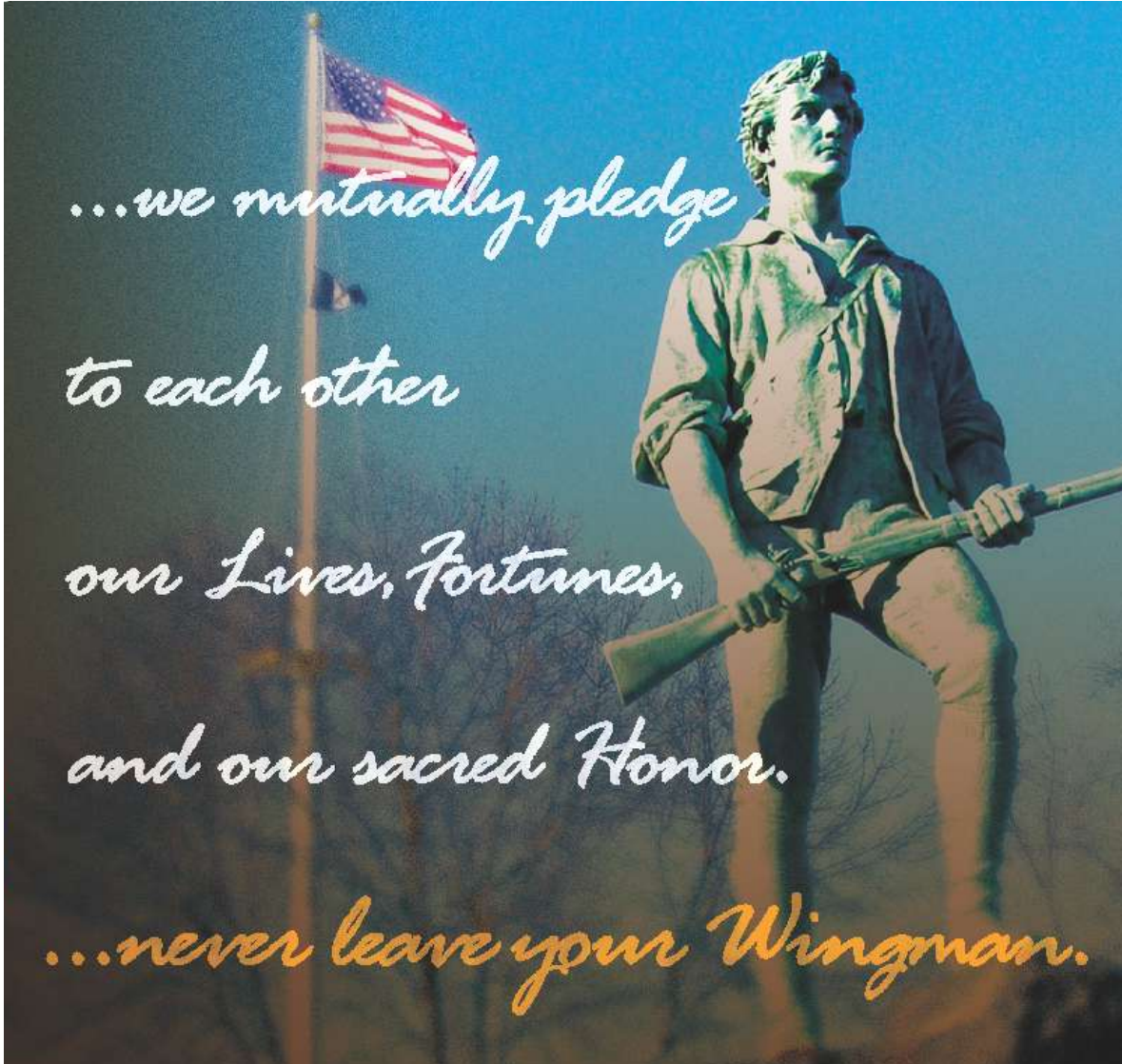
Chief Master Sgt. Swana, from Easthampton, Mass.; enlisted in Jan. of 1986 and is now serving full-time as the Quality Assurance Superintendent for the Maintenance Group.

Chief Stec, of Worthington, Mass.; is the Maintenance Operations Flight Superintendant. Stec enlisted in Dec. of 1988 and services in the Massachusetts State Police.



(Photos by Technical Sgt. Melanie Casineau)

For Your Information



*...we mutually pledge
to each other
our Lives, Fortunes,
and our sacred Honor.
...never leave your Wingman.*

The Lexington Minuteman, Lexington, MA
Statue of Captain John Parker, sculpted by Henry Hudson.

Ask

**Ask directly:
"Are you thinking of killing yourself?"**

Care

**Intervene. Control the situation.
Use active listening. Remove the means to do self-injury.**

Escort

**Get them to a primary care provider,
chaplain or other healthcare professional.**



Bay State Wingman Project



www.MA.wingmanproject.org

For Your Information



Spaghetti Dinner

FREE PASTA NIGHT
(Salad, Pasta, Dessert & Beverage)

14 September 2011

WHERE: DINING FACILITY

TIME: CONTINUOUS SERVING FROM 1630 UNTIL 1900

RSVP REQUESTED By: 9 September 2011

Beth St. Clair (413-245-6615) bethstc@gmail.com

OR

Sandy Wakefield (413-568-9151) Ext. 698-1183

What's Being Served at the Dining Facility?

Saturday

Saturday— LUNCH! 1100-1300

Baked Ham or Baked Chicken
Garlic Mashed Potatoes or Rice Pilaf
Vegetables

Short Order
NONE

Sunday—LUNCH! 1100-1300

Ziti with Meat Sauce or Buttered Spaghetti
Or Chicken Parmesan
Vegetables & Garlic Bread

Short order
NONE

Desserts

Chocolate Pudding, Frosted White Cake or
Brownie

AGR's, Officer's and Members on Orders - \$4.25



September 10th

at the NCO Club

Sample German food and beer from local vendors.

SAVE THE DATE!!..

Friday 28 October

Children's Halloween Party

1730-2030 at the Dining Facility

Pumpkins, goodies, entertainment and the Haunted Hay Ride for those brave enough!!

Cast members needed (12+) too!

Attendees and Cast Members RSVP to Sandy x698-1183

104th Fighter Wing
ROCKtoberfest
featuring
AQUANETT
Saturday 1 October 2011
1700-2100
Free concert
Family and friends welcome
with a military escort



Sponsored by the Pioneer Valley USO



Family Readiness Group 'A Tastefully Simple' Online Catalog Party!

4 EASY STEPS

- 1) Use the website to preview the catalog www.tastefullysimple.com/web/kcallahan
- 2) Place and order
- 3) Select Tina Dimino-Frazer as your host prior to checkout.
- 4) Support Family events here at the 104th

For more information contact Tina or Sandy at x698-1183 or x 698-1280



For Your Information

Health Promotions Classes

At the Medical Group

Looking for ways to create a healthy lifestyle? Live your life to the fullest?

Evidence shows that some of the leading causes of death in the United States, such as heart disease, cancer, stroke, and some lung diseases often can be prevented by improving personal health habits. Eating right, staying physically active, and not smoking are a few examples of good habits that can help you stay healthy. Please join us in the clinic to learn easy ways to stay fit and healthy!

Starting in September the 104th Medical Group will be starting Health Promotion classes for all Wing members to attend.

No appointment necessary, just walk-in and join the group. The class will meet on Sunday morning from 0830- 0930 at the 104th Medical Group Classroom.

Here is a look at the Health Promotion Calendar:

Sept Health Promotion: Turn your dream of weight loss into a reality: "10 Tips to help you keep that weight off"

Oct: The Food Pyramid is Out! Come Learn About the New Food Plate!

Nov: Holidays Don't Have to Mean Weight Gain! Tips For Healthy Holiday Eating

A key feature in how to be healthy is taking personal responsibility; it is the foundation of good health!

Please also visit the 104th SharePoint site to get additional information regarding exercise and nutrition.

For further questions or class suggestions please contact MSgt Nina Gutierrez at nina.gutierrez@ang.af.mil or 698-1402.

First Sergeant Positions Available (extended)

104th Medical Group
104th Security Forces

NOTE: Selectees may be moved to any valid First Sergeant Position within the wing at the request of the Wing Command Chief and with the concurrence of the unit Commander.

Position Title/Grade: First Sergeant / E-7

Eligible applicants: Must be an E-7 or an E-6 who is immediately promotable to E-7. Position is a MINIMUM three year tour with a maximum of 6 years. Members must carefully review ANGI 36-2113 to ensure they meet minimum standards and qualifications for position requirements and responsibilities before applying. Applicants must possess excellent communication and administrative skills, exceed fitness standards and exemplify Air Force Core values. Applicant must receive concurrence from current commander for consideration.

Applicant selected for this position must agree to serve tenure of no less than 3 years from date of graduating from First Sergeant Academy (FSA). If the member was a prior First Sergeant, the tenure starts the day of assignment. Applicant must have 3 years retainability prior to being placed in the UMD 8F000 position. Applicant must agree to complete the SNCO Academy Course in residence or by correspondence within 1 year from date of assignment. If a First Sergeant does not complete the SNCO Academy within 1 year from date of assignment, he/she must be removed from the position.

Training: Applicants (if selected) should be able to attend the First Sergeant Academy at Gunter Annex, AL at the earliest available school date and must complete the SNCOA in residence or by correspondence within 12 months of selection.

Application package must include:

- Cover sheet
- Letter of application (Describe what you can bring to the position)
- Resume
- Current passing fitness assessment
- RIP (record of individual personnel)
- Commander concurrence (letter or copy of email to 104FW/CCC)
- Letter of recommendation (optional)

Any package that is late or incomplete WILL NOT BE CONSIDERED.

Unit: 104th Medical Group
Supervisor: 104th Medical Group Commander
Estimated date of assignment – 1 Dec 2011

Unit: 104th Security Force Squadron
Supervisor: 104th Security Force Commander
Estimated date of assignment—1 Dec 2011

Submit Applications via electronic format (word, pdf, etc) via email to: Maj Dave Mendoza, david.mendoza@ang.af.mil
104FW/DP, NLT 1200, 2 Oct 2011

Board date: TDB November 2011 UTA
For more information contact: CMSgt Todd Fappiano at todd.fappiano@ang.af.mil or 413-568-9151 x1343

Welcome to new members

Desnoyers, Seth	LRS	20 Aug 2011
Duffy, Jason	MXS	20 Aug 2011
Dorn, Jr., Paul	AMXS	30 Aug 2011
Morgan, Brian	AMXS	30 Aug 2011

Congratulations on your upcoming Retirements

Frye, Peter	LRS	10 Sep 2011
Gosselin, Daniel	LRS	10 Sep 2011
Russell, Jason	MDG	11 Sep 2011
McIntosh, Arthur	MDG	22 Sep 2011
O'Neil, Michael	MXS	30 Sep 2011
Weppner, Christopher	LRS	1 Oct 2011
Haggerty, Patrick	CES	4 Oct 2011
Thouin, Roger	AMXS	9 Oct 2011
Febus, Gilbert	LRS	11 Dec 2011
Carnevale, Joseph	SFS	1 Jan 2012

Religions notes:

Ecumenical time of Prayer & Reflection

Saturday 0650 – 0720 hrs. in the Avionics Class Rm

Celebration of the Eucharist (Roman):

Saturday, at 1600 in the DFAC

Protestant Services:

Saturday, 1600 in Bldg 001 Conference Room



CCTV line up

Channel 7 - Training videos & Base Info

Channel 9 - Warrior Network

Channel 10 - Pentagon Channel



Ancillary training video schedule

Morning Training Video

0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

Afternoon Training Video

1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement

Congratulations on your Promotions

To Senior Airman (E-4)

Robert Cyr, 104FW FAMXS

Evan Morrell, 104FW CF

Samuel Kalmelis, 104FW AMXS

Brian Whitman, 104FW MXS



To Staff Sgt. (E-5)

Sean Dowd, 104FW AMXS

Jason LaForest, 104FW MXS

Karl Reinholz, 104FW CES

Travis Wilson, 104FW AMXS



To Technical Sgt. (E-6)

Heather Cekovsky, JFHQ

William McIsaac, 104FW CF

Matthew Osowski, 104FW AMXS



To Master Sgt. (E-7)

Kevin Royer, 104FW FW

Cynthia Watkins, 104FW OG



Free Credit Score

From 25 July 2011 through 31 August 2011, our friends at Financial Educational Foundation have provided all military members and their family and friends, access to receive a complete free credit score and credit reports

This report is FREE and does not go against your credit score and history. FINRA is the Finance Industry Regulatory Authority. FINRA is the largest independent regulator for all securities firms doing business in the United States. They oversee nearly 4,535 brokerage firms, 163,620 branch offices and 631,640 registered securities representatives. Their chief role is to protect investors by maintaining the fairness of the U.S. capital markets.

To get your free credit report/score log on to:

www.SaveAndInvest.org/Military

Password: EADNLRID

This Month in History

The back cover of the AirScoop is dedicated to the history of the unit and the Air Force. We will feature historic covers or articles from the archives and highlight a few historic headlines. (side note) From 1947 to 1954 the Base Newspaper was named the Thunderbolt. The first official Copy of the AirScoop was published in January 1954.

September 11, 2001 Timeline:

7: 59 AM

Seventy-six passengers, 11 crew members and five hijackers board American Flight 11.

8:14 AM

Fifty-one passengers, nine crew members, and five hijackers board Los Angeles-bound United Flight 175.

8:20 AM

Fifty-three passengers, six crew members, and five hijackers board the Los Angeles-bound flight.

8:37 AM

Lt. Col. Tim Duffy and Maj. Dan Nash receive initial notification that there is a suspected hijacking of American Flight 11

8:42 AM

Thirty-three passengers, seven crew members, and four hijackers are on board the San Francisco-bound United Flight 93.

8:46 AM

Flight 11 crashes into the North Tower

8:50 AM

Two F-15 Mass. ANG Aircraft scramble out of Otis ANGB.

8:54 AM

Al Qaeda terrorists hijack Ft 77 and head toward D.C.

9:03 AM

Flight 175 Crashes into the South Tower

9:37 AM

Flight 77 impacts the Pentagon

10:03 AM

Flight 93 crashes in a Pennsylvania Field



Operation Noble Eagle

Small, unrecognizable text, possibly a signature or logo.



Illustration courtesy of Brian over the San Diego Union-Tribune

Need we say more...

Pride, Professionalism, Patriotism

MASSACHUSETTS AIR NATIONAL GUARD

Barnes Air National Guard Base
175 Falcon Drive
Westfield, MA 01805

Phone: (413) 568-9151

Fax: (413) 572-1515

E-mail: 104fw.PA@ang.af.mil

Official Web: www.104fw.ang.af.mil

Social Media Sites:

www.facebook.com/barnesang

www.twitter.com/104fighterwing

www.flickr.com/photos/barnesangb

www.westfieldairshow.net



PRIDE

PROFESSIONALISM

PATRIOTISM

We're on the Web

WWW.104FW.ANG.AF.MIL

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