

CIRCULAR LETTER NO.858

August 9, 2012

TO: Printing and Publishing Officials of the Federal Government

SUBJECT: Rider Orders for the Department of Health and Human Services (HHS) *Eat Healthy Be Active Community* workshops handbook.

The Government Printing Office (GPO) is now accepting rider orders for the *Eat Healthy Be Active Community Workshops Handbook*.

This 186 page booklet provides a comprehensive overview of Dietary and Physical Activity Guidelines. It also contains workshops on, but not limited to, helpful tips on eating healthy, losing weight, and your total lifestyle. HHS hopes that this handbook will be a useful tool for community leader's role in promoting recommendations from the guidelines and implementing the workshop series.

The estimated rider rate for this publication is \$4.50 per copy, which applies to single destination, local delivery. Mailing charges, if incurred, will be added to your account. Requisitions should be e-mailed to requisition@gpo.gov with the Jacket Number in the Subject line by **August 24, 2012**. Please be sure to indicate Requisition No. 2-06279 and GPO Jacket No. 375-555 on your requisitions.

Alternatively, requisitions can be faxed to 202-512-1260 or mailed to Agency Publishing Services COMSTAT, Stop CSA, U.S. Government Printing Office, Washington, DC 20401. Field or regional activities should coordinate their requirements with their Washington, DC area headquarters' printing officers before submitting any paperwork.

If you have any questions, please contact your GPO Agency Publishing or for technical questions call Agency Publishing Services Team 3 on 202-512-1164.

Sincerely,

Sandra MacAfee
Acting Managing Director, Customer Services