

# HUMANA OFFERS ONLINE WEBINARS ON CHRONIC DISEASE STATES

Source: [www.Humana-Military.com](http://www.Humana-Military.com)

Humana's Clinical Specialists will bring relevant topics such as new treatments, management strategies and promising research with PowerPoint presentations seen on a personal computer screen. Beneficiaries can join in the discussion with others with like diagnoses. It's like joining a support group from the comfort of their home. Their identity will be protected as well.

It's EASY to participate – all you need is:

A computer or wireless device with an internet connection (such as an iPhone, iPad, Android, etc.) An audio connection – either through your computer or phone.

**How to attend:**

Make a reservation to attend a webinar and receive technical assistance by emailing [dmpprogram@humana.com](mailto:dmpprogram@humana.com). Each presentation varies in length from 15 – 30 minutes. With questions and discussions immediately following, you should plan to participate for one hour. \*All webinar times are in Eastern Standard Time zone (EST).

## Diabetes Webinars

November 06 Diabetes and Exercise 10 AM

November 13 Diabetes and Exercise 2 PM

November 20 Diabetes and Exercise 6 PM

November 27 Special Circumstances 10 AM

December 04 Special Circumstances 2 PM

December 11 Special Circumstances 6 PM