



Naval Support Activity Bahrain

## VCNO Ferguson's first visit to Bahrain

By MC2(SW/AW) Tracey L. Whitley U.S. Naval Forces Central Command

NAVAL SUPPORT ACTIVITY, Bahrain — The vice chief of naval operations (VCNO) conducted an all-hands call with Sailors and Marines stationed at Naval Support Activity (NSA) Bahrain, Nov. 23.

This marked the first time Adm. Mark E. Ferguson III visited service members stationed in the U.S. 5th Fleet area of responsibility (AOR) since becoming VCNO in August.

Ferguson, along with Total Force Fleet Master Chief Scott Benning, discussed the future of the force, what is expected of Sailors today, and the importance of theater operations to the Navy and nation. The two answered questions on a range of topics to include budget cuts, the enlisted retention board, and benefits.

"The Navy may be a smaller force, but our missions have never been more relevant than right now. I am here with my wife because what we care about most is taking care of you and your families, ensuring that you have the right tools, training and support structure to do your job. We really have enjoyed spending the Thanksgiving holiday with our Navy family."

Additionally, four Sailors were given the unique opportunity to be re-enlisted by the VCNO.

"I'm re-enlisting for six more years and I feel honored that the Navy's second-highest ranking officer is taking time out of his busy schedule to re-enlist me today," said Yeoman 1st Class Derrick Cunningham.

VCNO Page 4



Photo by MC1(EXW) Eileen Kelly Fors

Adm. Mark Ferguson, Vice Chief of Naval Operations, reenlists four Sailors during a visit to Naval Support Activity Bahrain, Nov. 23. Ferguson and Total Force Fleet Master Chief Scott Benning addressed service members and civilians on the future of the Navy and gave them an opportunity to ask questions. Ferguson and Benning were visiting bases throughout the U.S. 5th Fleet

#### **Commandant of the Marine Corps visits Bahrain**



Photo by SSgt Rosemarie Carrado

The 35th Commandant of the Marine Corps Gen. James F. Amos addressed Marines of U.S. Marine Corps Forces Central Command (Forward) aboard Naval Support Activity Bahrain on Nov. 27. The Commandant along with the 17th Sergeant Major of the Marine Corps, Sergeant Maj. Michael P. Barrett made a brief visit to wish the Marines a happy belated Marine Corps birthday and a Happy Thanksgiving. He also talked about the current situation in Afghanistan and answered questions about the current state and the future of

### Volunteers pack gifts for deployed Sailors

By MC1(SW) Sonja M. Chambers Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — Volunteers assembled Commander, Navy Installations Command (CNIC) Forward Deployed Forces Program holiday gift packs for Sailors deployed in the U.S. Naval Forces Central Command (NAVCENT) area of responsibility,

The gifts, consisting of a water bottle, hat and T-shirt, are part of the 20,000 gifts that CNIC Navy Morale, Welfare and Recreation Headquarters in Washington, D.C., sent out to Sailors deployed during the holidays. These gift packs will go to Sailors in Afghanistan, Kuwait, Africa, the United Arab Emirates, Qatar and ships in the AOR.

**CNIC Forward Deployed Forces** Program Manager James Shipp said the project is a team effort.



Photo by MC1(SW) Sonja M. Chambers

Master-at-Arms 2nd Class John Kelley from NSF, left, and Electronics Technician 3rd Class (IDW) Samantha Green from NCTS prepare gift packs for Sailors deployed "What you see here is one part of in remote locations around the U.S. Naval Forces VOLUNTEERS Page 4 Central Command area of responsibility, Nov. 21.

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The Bahrain Desert Times November 30, 2011

# Family Life at NSA Bahrain

## USAGSO conducts overnight camp out at NSA

By MC2(AW) Jason T. Poplin Staff Writer

#### NAVAL SUPPORT ACTIVITY, Bahrain

— More than 115 girls and volunteers from USA Girl Scouts Overseas (USAGSO) Bahrain participated in a treasure hunt and neighborhood camp out at Naval Support Activity (NSA) Bahrain, Nov. 18.

Comprised of girls from six troops representing grades K-12, the two-day event taught important skills such as fire-building, how to set up a tent, knife-handling, compass use and navigation with Global Positioning Systems.

USAGSO Bahrain Overseas Committee

Chair Becky Goodridge said the camp out allowed the troops an opportunity to work with other girls from various age groups to develop mentoring and teamwork skills.

"A big part of Girl Scouting is not only working within the individual troops, but to work alongside older and younger girls," she said. "As the girls move from one age group to the next, having the experience of working with different age groups facilitates an easier transition."

Goodridge added that conducting such an event would be impossible without strong volunteer support.

Master-at-Arms 3rd Class Jalic Wiley, assigned to Naval Security Force (NSF)



Photo by MC2(AW) Jason T. Poplin

Master-at-Arms 1st Class Bradley Koch, assigned to Naval Security Force Bahrain, teaches members of USAGSO Bahrain how to use a Global Positioning System device during the camp out.

Bahrain, began volunteering for the USAGSO shortly after her arrival to NSA approximately six months ago. During that time, she has become a Brownie troop leader and is a key figure in coordinating support from NSF Bahrain.

"We have 20 volunteers from the NSF community that came to offer their support," Wiley said. "Each volunteer worked for approximately five hours to help set up tents, fetch water, turn jump ropes, whatever the girls needed."

Wiley said she got involved because of her love for children, but most of the NSF volunteers gave their support because it offered them a unique opportunity to connect with their children back home.

"A lot of the volunteers have kids back in the States who are also in Girl Scouts and it really warms my heart that they would go out of their way to support their community here," she said.

In addition to volunteer support from service members, Goodridge said that parental contributions have also been outstanding.

"Many of our parents have gone the extra mile to undergo the requirements necessary to become troop leaders," she said. "It's a relief actually because in general it's hard to get volunteers, but that's not an issue here."



Photo by MC2(AW) Jason T. Poplin

Girls from Brownie Troop 902 find the treasure chest during the scavenger hunt and neighborhood camp out at NSA, Nov. 18.

## the Balirain TIMES

www.cnic.navy.mil/bahrain

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### Bahrain elementary performs play of thanks



Photo by Heather Furlong-Hasdemin

Bahrain Elementary School students celebrated Thanksgiving by performing a play highlighting the history and spirit of the occasion, Nov. 23. Students, parents and teachers attended the performance that explained how Thanksgiving became a national holiday in the United States after President Abraham Lincoln signed the Proclamation of 1863.

### Chaplain's Corner

### **Drinking Problem**



By Cmdr. Chin Van Dang Supervisory Chaplain

A young man had just graduated from bible college and was called to pastor a church close to his home town. He was so nervous at his first service that he could hardly speak, so he went to ask his former pastor how he could relax. The older minister said, "Next Sunday, it may help if you put a little vodka in your water glass. After a few sips, everything should go smoothly. I will be visiting your church next week to see how things go for you."

The next Sunday, the young minister was able to talk up a storm. He felt great! However, after the service, his former pastor pulled him aside and offered this advice for him.

- 1. Next time sip rather than gulp.
- 2. There are 10 commandments, not 12.
  - 3. There are 12 disciples, not 10.
- 4. We do not refer to the cross as the 'Big T."
- 5. The grace before meals is not "Rub-a-dub-dub, thanks for the grub. Yeah, God!"
  - 6. We do not refer to Our Savior,

Jesus and His disciples as "J.C. and the big boys"

7. David slew Goliath; he did not "kick the crap out of him."

8. Last, but not least, the Father, the Son and the Holy Ghost are never referred to as "Big Daddy, Junior and the Spook."

People have been brewing and fermenting alcoholic drinks since the dawn of civilization. Consumed in excess, alcohol is poisonous to human systems and is considered a drug. Nearly 100,000 Americans die each year as a result of alcohol abuse, and alcohol is a factor in more than half of the country's homicides, suicides and traffic accidents. Alcohol abuse also plays a role in many social and domestic problems, from job absenteeism and crimes against property to spousal and child abuse.

-Have you ever felt you should cut down on your drinking?

-Have people annoyed you by criticizing your drinking?

-Have you ever felt bad or guilty about your drinking?

-Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

If you answered "Yes" to the above four questions, you do have a drinking problem. Go talk to your chaplain about your alcohol problem, see a doctor or other health care provider who can help you determine if a drinking problem exists and plan the best course of action. Don't wait to "hit rock bottom" to act. We need to acknowledge that our lives and everything we possess belongs to God and not to ourselves and pray for God's help and guidance to overcome any problems in our daily lives.

#### From the Desk of the Command Master Chief



By CMDCM Ed Lambert
NSA Bahrain Command Master Chief

Shipmates,

The holiday season is in full swing. I hope everyone enjoyed Thanksgiving safely and keeps safety in mind as we celebrate throughout the New Year. Watch out for your shipmates. Being away from family can make the holidays a hard time for some of our Sailors. If you believe your shipmate might be in trouble, ACT: Ask if someone is thinking about suicide. Let them know you Care. Get Treatment as soon as possible. Life counts!

Are you or someone you know at risk of suicide? Get the facts and take appropriate action.

#### **Suicide Warning Signs**

- I IDEATION Thoughts of suicide expressed, threatened, written
- **S** SUBSTANCE USE *Increased or excessive alcohol or drug use.*
- **P** PURPOSELESSNESS Seeing no reason for living or having no sense of meaning or purpose of life.
- **A** ANXIETY Feeling anxious, agitated, frequent nightmares, or unable to sleep (or sleeping all the time).
- T TRAPPED Feeling trapped, like there is no way out.
- **H** HOPELESSNESS Feeling hopeless about self, others, the future.
- **W** WITHDRAWAL Withdrawing from family, friends, usual activities, society.
- **A** ANGER Feeling rage or uncontrolled anger, seeking revenge for perceived wrongs.
- **R** RECKLESSNESS Acting without regard for consequences, excessively risky behavior.
- M MOOD CHANGES Experiencing dramatic changes in mood. Unstable

Remember is PATH WARM?

I hope everyone has a safe and happy holiday season and look forward to a great new year at NSA Bahrain!

## Financial Holiday Quiz and Poem

By Jon Ridgel

Financial Educator, NSA Bahrain Fleet and Family Support Center

- 1. What is the busiest shopping day of the year?
- a) The day after Thanksgiving
- b) The day after Christmas
- c) The Saturday before Christmas
- 2. What is the holiday song most played at malls during the winter holidays?
  - a) I'm dreaming of a white Christmas
  - b) I saw mommy kissing Santa Claus
  - c) Jingle Bells
- 3. Rudolph the Red-Nosed Reindeer...
  - a) Was a character originally conceived by Ernest Hemmingway for a novel
  - b) Started as a sales gimmick for Montgomery Wards in 1939
  - c) Was shot and killed in a tragic 1963 hunting accident
- 4. The winter holidays (Thanksgiving to New Year's Day) are, by far, the busiest shopping time of the year. What is the 2nd busiest shopping time of the year?

Turn to page 5 for answers.

### T'was the Day After Christmas

T'was the day after Christmas, and all through the house, Every Creature was hurtin', including the mouse. The toys were all broken, their batteries dead; Santa passed out, with some ice on his head.

> Wrapping and ribbons just covered the floor, While upstairs the family continued to snore. And I in my T-shirt, new Reeboks and jeans, Went into the kitchen and started to clean.

When out on the lawn there arose such a clatter, I sprang from the sink to see what was the matter.

Away to the window I flew like a flash

Tore open the curtains, and threw up the sash.

When what to my wondering eyes should appear, But a little white truck with an oversized mirror. The driver was smiling, so lively and grand; The patch on his jacket said "US Postman."

With a handful of bills, he grinned like a fox, Then quickly he stuffed them into our mailbox. Bill after bill, after bill, still they came, Whistling and shouting he called them by name.

Now Dillard's, now Penny's, now Sears and NEX, Here's Hecht's and Home Depot, and Kohl's and Target. To the top of your limit, every store, every mall, Now charge away, charge away charge away all!

He whooped and he whistled as he finished his work.

He filled up the box, then turned with a jerk.

He sprang to his truck and drove down the road,

Driving much faster with just a half load.

Then I heard him exclaim with great holiday cheer, "Enjoy what you bought... YOU'LL BE PAYING ALL YEAR!"

## CNE-CNA-C6F/CNREURAFSWA IG HOTLINE

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24/7: DSN 626-2983, COMM 081-568-2983 Speak to the IG Investigator:
DSN 626-2964, COMM 081-568-2964

E-Mail: ighotline@eu.navy.mil
Web Site: www.cnic.navy.mil/europe/index.htm
You can choose to remain anonymous or confidential.

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## Actor teaches Bible through performance



Photo by MC2(AW) Jason T. Poplin

Dramatist James Hamilton teaches the story of Jesus Christ through the eyes of the apostle Peter during a performance for members of NSA Bahrain's chapel community, Nov. 19.

By MC2(AW) Jason T. Poplin Staff Writer

#### **NAVAL SUPPORT ACTIVITY, Bahrain**

— Dramatist and Pastor James Hamilton performed for members of Naval Support Activity (NSA) Bahrain's chapel community, Nov. 19.

Based in the United Kingdom, Hamilton has performed at various locations in the region including venues in Qatar and the United Arab Emirates. The performance marked the first occasion the thespian has entertained the military community.

With more than a decade of acting experience, Hamilton performed a play he created titled "The Fisherman's Friend," which details Bible stories about Jesus as told through the eyes of the apostle Peter.

Hamilton, who specializes in working with and performing for children, said that his passion for exploring story through theater offers a unique medium.

"As an actor, I am really passionate about bringing the Bible to life and to help people understand it in a new way," he said. "Using the gifts of acting and story telling, I can passionately share my faith, particularly with children, to help them

experience the Bible and feel like they are a part of the stories instead of simply hearing about them."

Navy Chaplain Lt. Kenneth Dowdey said that hosting Hamilton facilitated the creation of an environment devoted to entertaining whole families, but with a particular focus on church youth.

"We wanted to be able to have ministries specifically for children while creating an atmosphere that encourages bringing families together and spending some quality family time together," Dowdey said.

Among those in attendance, Reiko Allred said she appreciated the lengths Hamilton went to reenact the Bible stories that she shares with her children to make it a more personal experience for them. She said the audio and visual aids Hamilton used in his performance really brought the lessons from the Bible to life.

"I have a 2 year-old daughter and I sometimes wonder if she comprehends what we're reading to her," Allred said. "But to have it recreated for her to absorb visually, I think she's able to retain it more at that age. Additionally, it assists us in teaching those stories to her so that she can keep those lessons with her."

## **CFC** hosts talent show



Photo by MC2(AW) Jason T. Poplin

Intelligence Specialist 1st Class Jack Loveman, assigned to U.S. Naval Forces Central Command, performs tricks with devil sticks at the Combined Federal Campaign's (CFC) Best and Worst Talent Show at NSA Bahrain, Nov. 17. CFC routinely hosts various events during its campaign season to raise funds for charitable donations. CFC promotes and supports philanthropy through its program that is employee focused, cost-efficient and effective in providing all federal employees the opportunity to improve the quality of life for all.

VCNO from Page 1

Ferguson concluded with a few words of encouragement to all those serving in the U.S. 5th Fleet AOR.

"Around the globe, forward-deployed naval forces are making a difference," said Ferguson. "Specifically in this AOR, your incredible pride and professionalism are a model that other navies around the world try to emulate. Each of you represent the very best our nation has to offer and I thank you for your service."

After the all-hands call, the VCNO held a short meeting with spouses, Fleet and Family Support staff, and ombudsmen. The event was an open forum that allowed spouses to discuss their concerns with the VCNO directly.

"It's very important for me to take the time to thank spouses and those who support our Navy," said Ferguson. "Sailors could not do the wonderful job they do day in and day out without the support of you all."

## Air Force band entertains NSA community



Photo by by MC2(AW) Jason T. Poplin

Air Force Tech. Sgt. Amber Grimes, assigned to Air Force Central Command Band, sings during a show at Naval Support Activity (NSA) Bahrain, Nov. 22. Comprised of six service members, the band's performance at NSA marked the conclusion of a three-month tour that featured more than 40 performances in six countries in the U.S. Central Command area of responsibility.

**VOLUNTEERS** from Page 1

it but getting the packs on a military aircraft and getting it to Afghanistan or Kuwait, gr that's a whole other part of the equation we don't see here in the warehouse when volunteers are building the packs," he said.

Chief Master-at-Arms (SW) Christopher Scott said volunteering to help assemble the packs felt like the right thing to do.

"As somebody who's been deployed before, it's always nice to get something because the mail is slow and it's far and few between," he said. "It's a lot better than email when you can actually get a package. It makes you feel good." Shipp said some variation of the program has been in the AOR for nine years as a way to thank the deployed Sailors.

"CNIC tries to give something back to the Sailors that are away from home during the holidays," he said.

"We're trying to get something to them that says U.S. Navy on it because they're in a downrange spot where obviously our ships don't go, but we'll also send these out to the ships in the fleet. We want to make sure our Sailors know that people appreciate what they are doing out here."

## NSA hosts healthy lifestyle event



Photo by MC2(AW) Jason T. Poplin

Naval Branch Health Clinic's Hospitalman Tamika Underwood educates Jermaine Thomas on the associated risks of smoking during the Great American Smokeout and deglamorization of alcohol event held at NSA, Nov. 16.

By MC2(AW) Jason T. Poplin Staff Writer

#### NAVAL SUPPORT ACTIVITY, Bahrain

— Naval Support Activity (NSA) Bahrain hosted its second annual Great American Smokeout and deglamorization of alcohol event, Nov. 16.

Representatives from Naval Branch Health Clinic (NBHC), the NSA Drug and Alcohol Program Advisor (DAPA) office and Morale, Welfare and Recreation coordinated the event to provide a carnival environment with games and information stations to show service members the alternatives to smoking and drinking.

NBHC Health Promotion Coordinator Lt. j.g. Chelsea Snellen said the combined event was designed to promote healthy lifestyles within the military community.

"Leading a healthy lifestyle is paramount to keeping you out of the clinic and improving your longevity," Snellen said.

Region Alcohol and Drug Control Officer and Command DAPA Senior Chief Operations Specialist (SW/AW) Nick Desoto said the deglamorization of alcohol portion of the event offered the DAPA office an opportunity to educate attendees on the possibilities of having fun without the mass consumption of alcohol. Desoto added that although it was acceptable to consume alcohol in a responsible manner, binge drinking is an area of concern.

"It's okay to causally drink and have fun, but when service members start mixing fun and getting intoxicated, that's where we draw the line," he said.

The event was part of a larger Department of the Navy initiative to promote health and wellness programs that screen, educate and manage health concerns for the purposes of improving individual military readiness by encouraging healthy lifestyles, overall wellness, maximizing individual fitness and improving quality of life.

## Handmade cards bring smile to service members

By MC1(SW) Sonja M. Chambers Staff Writer

#### NAVAL SUPPORT ACTIVITY, Bahrain

—The Southwest Asia Echo-Six Association and Naval Support Activity (NSA) Bahrain First Class Petty Officer Association (FCPOA) handed out holiday cards to service members at P-911, Nov. 22.

The donated cards were handmade by the Razzle Dazzle Divas of Centralia, Wash.

NSA Bahrain FCPOA member and event coordinator, Naval Air Crewman 1st Class (NAC/AW) Michelle Taylor, assigned to NSA Air Operations, said this is the second year the Divas, a red hat club of 15 members, made cards for service members.

"The [Divas] wanted to do some service for the military people serving away from home," she said.

The 1,500 cards, handed out free to service members in packs of 10, helped the

Divas show support for the troops.

"One third of the members have family overseas in the service, so they felt a need to honor these people in some form," Taylor said.

Echo-Six treasurer Yeoman 1st Class (SW) Kassandra Soumphonphakdy, assigned to Expeditionary Strike Group 5, said handing out the cards was a great event and helped out those who do not have family here.

"It let them know that someone is here to help them out and someone is thinking of them," she said. "Everything was handmade. It was very touching."

Taylor said she worked with the Divas to bring their support from the U.S.

"The card giveaway was important so service members are reminded that they are appreciated for their service and sacrifices every day while they are away from their families during the holidays."



Photo by David Sidney

Southwest Asia Echo-Six Association treasurer Yeoman 1st Class (SW) Kassandra Soumphonphakdy, right, gives Lance Cpl. Blake Reiman from Fast Company C-3, a packet of handmade holiday cards donated to service members from the Razzle Dazzle Divas of Centralia, Wash., Nov. 22.

Financial Holiday Quiz Answers: 1. c, 2. c, 3. b, 4. back to school shopping

The NSA Bahrain Crime Prevention Program offers all NSA Bahrain personnel, tenant command personnel, civilian employees and family members the opportunity to participate in the Navy Operation Identification program. This service is designed to encourage affiliated personnel to mark their personal property with a standard Navy-wide owner-applied identification marking, which permits positive identification of the item, acts as a theft deterrent to would-be thieves and facilitates recovery of stolen items. Anyone interested in the service should contact the Command Investigation Department office in building 16-1 at 439-3913.

## Stovall performs for service members



Photo by MC2(AW) Jason T. Poplin

Natalie Stovall performs for service members at Naval Support Activity Bahrain during an event organized by Navy Entertainment and NSA Morale, Welfare and Recreation, Nov. 26.

## Thanksgiving dinner at Oasis



Volunteers serve Thanksgiving dinner to service members and their families, Nov. 24. Naval Support Activity Bahrain Morale, Welfare and Recreation sponsored the free Thanksgiving lunch and dinner for service members, DoD civilians and their family members.

#### Ambassadors of Hollywood visit NSF working dogs



Photo by MC1(SW) Sonja M. Chambers

Kristanna Loken, left, speaks with Master-at-Arms 1st Class (EXW/FMF) Eliot Fiaschi, right, and Chief Master-at-Arms (SW) Christopher Scott during the Ambassadors of Hollywood Tour at Naval Support Activity Bahrain, Nov. 27. Pro Sports MVP and Morale, Welfare and Recreation sponsored the tour, which featured Loken of "Terminator 3" fame and Cassidy Lehrman from "Entourage."

## **General Order 2-11: Alcohol Consumption in CENTCOM AOR**

Effective immediately, the public consumption of alcohol by all U.S. Naval personnel, civilian employees and contractor personnel, to include those assigned to NAVCENT units, NSA Bahrain and other tenant commands, is prohibited between the hours of 0000 (midnight) and 0600, seven days a week.

Personnel shall not consume alcohol in all bars, restaurants, public or commercial buildings and locations on or off-base, such as parks, fields and streets, throughout the U.S. Central Command AOR. Liberty is an immeasurable morale boosting privilege that should be valued and protected. Alcohol related incidents are inconsistent with our duty to be mission ready and our roles as ambassadors of the United States and U.S. Navy

in host countries throughout the region.



#### ITT

#### **Belly Dancing Dinner Show**

Thursday, December 1 & 22

• Time: 2030

• Min 10 people; ITT Price: \$30.00

#### **Arabian Experience**

Friday, December 2 & 30

• Time: 1400 - 1900

• Min 5 people; ITT Price: \$18.00

#### Al Dar Island Day Trip

Saturday, December 3

• Time: 0930 - 1400

• Min 5 people; ITT Price: \$15.00

#### **Guided Cultural Tour Of Bahrain** Sunday, December 4 & 11

• Time: 0900 - 1600

• Min 14 people; ITT Price: \$35.00

#### **Cooking Demonstration Of Arabic Food & Dinner**

Thursday, December 8 & 29

• Time: 1645

• Min 5 people; ITT Price: \$23.00

#### Manama Souq Shopping & **Arabic Lunch**

Saturday, December 10

• Time: 0900-1400

Min 4 people – Max 12 people; ITT

Price: \$18.00 per person

\*\*Please arrive 15 minutes prior\*\*

All dates and times are subject to change

## Movie Schedule

#### Friday, December 2

#### Theater A

10 a.m. - Spy Kids: All The Time

In The World (PG)

12 p.m. - The Big Year (PG)

2 p.m. - In Time (PG-13)

4 p.m. - Contagion (PG-13) 7 p.m. - 30 Minutes Or Less (R) 9 p.m. - What's Your Number (R)

#### Theater B

11 a.m. - Cars 2 (G)

1 p.m. - Mars Needs Moms (PG)

3 p.m. - Rise Of The Planet

Of The Apes (PG-13)

5 p.m. - Priest (PG-13) 7 p.m. - The Hangover 2 (R)

9 p.m. - Bridesmaids (R)

#### Saturday, December 3

#### Theater A

10 a.m. - Zookeeper (PG) 12 p.m. - Cars 2 (G)

3 p.m. - Apollo 18 (PG-13)

5 p.m. - Green Lantern (PG-13)

7 p.m. - Our Idiot Brother (R)

9 p.m. - Drive (R)

#### Theater B

11 a.m. - Winnie The Pooh (G)

1 p.m. - Art Of Getting By (PG-13)

3 p.m. - Crazy, Stupid, Love (PG-13)

5 p.m. - Cowboys And Aliens (PG-13)

7 p.m. - Horrible Bosses (R)

9 p.m. - Transformers: Dark Of

The Moon (PG-13)

## Comments & **Suggestions**

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRSuggestionBox@me.navy.mil

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.



#### Friday, December 2

#### \$3 Mall Shuttle

• Time: 1200-1600; City Centre

#### Saturday, December 3 **Unofficial Tour of Bahrain!**

**SEE ALL SIGHTS!** • Time: 1100

#### Sunday, December 4

#### **Sunday Sundaes**

• Make your own ice cream sundaes! Free

#### Monday, December 5

#### **Speed Pool**

• Time: 1200; Free pizza for players

#### Wednesday, December 7

**Words With Friends Challenge** • All day event!

#### Friday, December 9

\$3 Mall Shuttle

• Time: 1200-1600; City Centre

#### Saturday, December 10 **GO Kart Racing at BIC**

#### • Time: 1100

#### Sunday, December 11 **Sunday Sundaes**

• Make your own ice cream sundaes! Free

#### Monday, December 12

#### Speed Pool

• Time: 1200; Free pizza for players

#### Tuesday, December 13

#### MINUTE to WIN IT Challenge

• Time: 1100

#### Wednesday, December 14

**Happy Birthday December Babies!** • Free Cake while supplies last!

Thursday, December 15

#### **Big Time Texas Holdem Tournament**

• Time: 1800

For more information, call the Liberty Center at 439-3192