

Frontmen country legends come to NSA

By MC2(AW) Jason T. Poplin
Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — The Naval Support Activity (NSA) Bahrain community was treated to a visit by The Frontmen of Country at NSA, Oct. 20.

The Frontmen, comprised of vocalists Larry Stewart, Tim Rushlow and Richie McDonald, performed acoustic versions of numerous hits from their respective bands Restless Heart, Little Texas and Lonestar.

The seventh show in a tour sponsored by Commander, Navy Installations Command (CNIC) Navy Entertainment, Rushlow expressed his gratitude to the audience for having the freedom to travel and perform music all over the world.

“We are thrilled to be here,” Rushlow said. “We have a great country back at home. We get to sing, write songs; do whatever we choose to do because we have the freedom you guys are making for us. We appreciate you all very much.”

After the performance, the musicians met with fans and signed autographs at NSA’s building P-911.

Family member Susan Allen said that having the opportunity to attend the show and meet with the singers represented a sense of normalcy that she would find in the United States.

“I listen to a lot of country music back home and it’s not something you can hear a lot of on the stations here,” she said. “It’s hard for these guys to come out here and I really appreciate that they made the trip. It really lifts morale.”

Navy Entertainment provides quality live entertain-



Photo by MC2(AW) Jason T. Poplin

Members of The Frontmen of Country, Tim Rushlow, right, and Larry Stewart perform for the Naval Support Activity Bahrain community at the Freedom Souq Courtyard, Oct. 20.

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Photo by MC2(AW) Jason T. Poplin

Naval Support Activity Bahrain Morale, Welfare and Recreation Child and Youth Programs youth basketball clinic volunteer Lt. Katherine Hobbs, assigned to Expeditionary Strike Group 5, teaches children proper footwork technique when performing a layup, Oct. 21.

CYP hosts youth basketball clinic

By MC2(A W) Jason T. Poplin
Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — Naval Support Activity (NSA) Bahrain’s Morale, Welfare and Recreation (MWR) Child and Youth Programs (CYP) Department hosted a youth basketball clinic at NSA, Oct. 21-22.

The clinic, which focused on fundamental basketball skills including dribbling, passing and shooting, culminated in a round-robin tournament. It offered instruction to children of two age groups: ages 6-9 and 10-12.

CYP Youth Activities Director Amanda Thornton said the clinic was held in response to a recent survey circulated by MWR that asked parents, which sports their children would like to play and which sports would likely receive volunteer support from the NSA community.

“We had a lot of parents coming in and request youth sports activities and the survey was conducted to see how we could service their needs,” Thornton said. “Last month, we ran a soccer clinic that received overwhelming support and many of the children who enrolled in that clinic are back again for this one.”

Jennifer Gunderson said having the opportunity to enroll her children in the clinic filled a void in their social and physical activity.

“It’s sometimes difficult to do things at night with homework commitments during the week,” Gunderson said. “It’s nice to have the occasional weekend activity and that’s why we did both the soccer and basketball clinics. What we really like about it is the kids are sure to see some school friends and maybe meet some new friends as well.” Gunderson added that the brevity of the clinics really suited her family’s lifestyle.

“We looked into local soccer programs, but their very intense with four day-a-week practices and games all day Saturday,” she said. “That doesn’t always work with the Navy’s schedule; we need a lot of flexibility.”

Although the clinics are short-and-sweet weekend programs, Thornton said their popularity will ensure future programs. “The children have a lot of opportunities in the states and by hosting these types of activities, MWR broadens it focus from creating an environment to keep service members happy, to one that keeps the whole family happy,” she said. “Happy family, happy Sailor.”

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THESE STORIES AND MORE...

Family Life at MSA Bahrain

Bahrain School Hosts Spooktacular

By MC2(SW) Class Jason T. Poplin
Staff Writer

JUFFAIR, Bahrain — Bahrain School treated its students to a little Halloween fun during its fourth annual Spooktacular event held at the school, Oct. 27.

Modeled after the traditional fall festival found in many small towns across America, Spooktacular offered the mix of DoD student dependents and children from the international community an opportunity to enjoy carnival games, popcorn and cotton-candy, haunted houses and trick-or-treating.

Spooktacular Chairman and Bahrain School teacher Bridget Bradshaw said that in addition to providing that “taste of home” for many military families serving overseas, as well as providing a new experience for many non-Americans families, the festival is the school’s most important fundraiser.

“[Spooktacular] is our biggest fundraiser, which enables us to fund different events throughout the year,” Bradshaw said. “Everything from student planners, elementary field

day, year-end awards, new equipment for the school, all of that is made possible through this event.”

While noting that the festival’s popularity is on the rise, Bradshaw said that Spooktacular is generally open to other schools in the area. However, this year’s number of ticket sales limited the event to be exclusive to Bahrain School students.

“In three weeks, we sold 1,200 tickets,” she said. “We sold out. I’d really like to thank our volunteers. Without them, this wouldn’t have been possible.”

More than 160 military and parent volunteers designed, built and operated the county fair area and haunted houses.

Yeoman 1st Class (SW/AW) Darnell LaCour, assigned to Personnel Support Detachment Bahrain, said many service member volunteers offered to support the festival because they are parents themselves and that it was a way to stay connected to loved ones back home.

“I’m away from my kids now, so to come here and interact with the children and make sure they have a happy Halloween made me feel close to them,” LaCour said.



A child bowls for candy prizes at the fourth annual Bahrain School Spooktacular event, Oct. 27.



Photo by MC2(AW) Jason T. Poplin

Bahrain School students enter the cemetery archway on their way to Trick or Treat Lane.

the Bahrain DESERT TIMES

www.cnic.navy.mil/bahrain

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Photo by MC2(AW) Jason T. Poplin

“Lightning” Laura O’Connor shows students fun experiments with dry ice at the Mad Science booth.

Chaplain's Corner On Hospitality

By Cmdr. Chin Van Dang
Supervisory Chaplain

Human welcome is one of the gifts everyone hopes for. It says that others open themselves to us in hospitality. No Christian virtue is more desired than hospitality. Some people seem to have a natural sense of welcome, but it costs something to forget oneself for the sake of another. We have to put ourselves out. Sometimes the cost seems minimal: a gesture of courtesy, a moment to pause and greet another, an arm to take as one enters a stairway into a building. However, the cost is deeper than meets the eye.

Authentic hospitality means dropping the socially learned attitude of suspicion of others, especially those very different from our tastes or backgrounds. It also means allowing the other person room and space so we do not become curious, a busybody or someone who smothers the other with kindness galore. The cost is presence without intrusion and an attitude that God is present in the guest. While hospitality costs something of ourselves, there is a surprise in store for us.

Two traveling angels stopped to spend the night in the home of a wealthy family. The family was rude and gave the angels a space in the cold basement even though the mansion's guestroom was available. As they made their bed on the hard floor, the older angel saw a hole in the wall and repaired it. The next night, the pair came to rest at the house of a very poor, but very hospitable farmer and his wife. After sharing what little food they had, the couple let the angels sleep in their bed where



they could have a good night's rest. The next morning, the angels found the farmer and his wife in tears. Their only cow, whose milk had been their sole income, lay dead in the field. The younger angel was infuriated and asked the older angel, "How could you have let this happen? The first man had everything, yet you helped him," she accused. "The second family had little but was willing to share everything, and you let their cow die." The older angel replied, "When we stayed in the basement of the mansion, I noticed there was gold in that hole in the wall. Since the owner was so obsessed with greed and unwilling to share his good fortune, I sealed the wall so he wouldn't find it. Then last night as we slept in the farmer's bed, the angel of death came for his wife. I gave her the cow instead."

When we are welcoming and hospitable, we receive the word of the other. That word may be God's and it may be effective. Our modern world evidences bearers of God's good word to us in a spirit of hospitality. We who give become the recipients of a much more wonderful hospitality from God.

From the Desk of the Command Master Chief

By CMDCM Ed Lambert
NSA Bahrain Command Master Chief



Shipmates,

Here is some important information regarding your military identification from the Navy Family Ombudsman Program. Recent incidents regarding the photocopying of military identification cards and common access cards (CAC), by commercial establishments to verify military affiliation or provide government rates for service, have been reported. Personnel are reminded that photocopying U.S. Government identification is a violation of Title 18, U.S. Code, Part I, Chapter 33, Section 701 and punishable by fine and/or imprisonment. Criminal elements and terrorist organizations place U.S. government identifications at a premium when planning acts against the U.S. military.

Although commercial establishments are not prohibited from asking for military/government identification, many government personnel and commercial establishments are unaware of the prohibition on duplication of government identification.

Unfortunately, there are no safeguards in place to ensure a government identification card won't be counterfeited or "cloned" based on a photocopy by a commercial establishment. It is recommended that military/DoD personnel provide a state drivers license or other form of photo identification to be photocopied.

* This does not apply to medical establishments (i.e. doctor's office, hospitals, etc.) who are allowed take a copy for the purpose of filing insurance claims; and other government agencies in the performance of official government business.

NSA celebrates Halloween



Photo by David Sidney

Sparky hands a child candy during the 2nd Annual NSA Bahrain Child and Youth Programs Child Development Center Treat Parade on the spine, Oct. 31. Command representatives lined the spine and gave candy to children.



Photo by MC2(AW) Jason T. Poplin

Yeoman 1st Class (SW/AW) Darnell LaCour, assigned to Personnel Support Detachment Bahrain, stands by a vehicle sponsored by Naval Support Activity (NSA) Bahrain's First Class Petty Officer Association and passes out candy to children during NSA's first annual 'Trunk or Treat' event, Oct. 29. More than forty personally-owned vehicles, command vehicles and golf carts were decorated for the NSA Bahrain community.

Motorcycle Safety Training Schedule

Nov. 18 - Basic Rider Course 2
(Range) - 8 a.m.-4 p.m.

Nov. 19 - Basic Rider Course 2
(Range) - 8 a.m.-4 p.m.

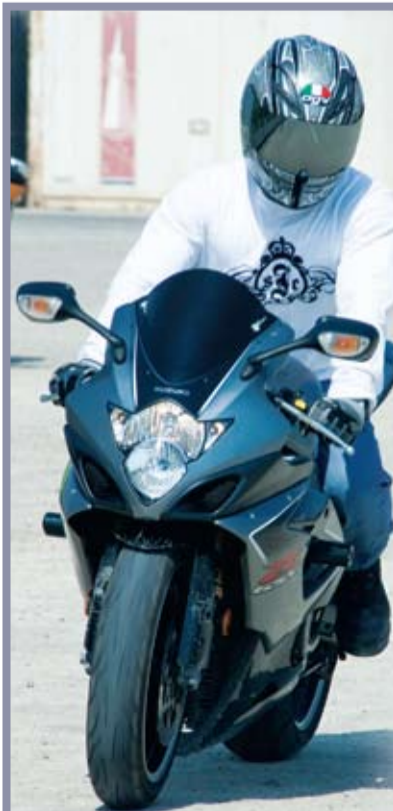
Dec. 1 - Basic Rider Course
(Classroom) - 8 a.m.-4 p.m.

Dec. 2 - Basic Rider Course
(Range) - 8 a.m.-4 p.m.

Dec. 3 - Basic Rider Course
(Range) - 8 a.m.-4 p.m.

Dec. 16 - Military Sport Bike Rider
Course - 8 a.m.-4 p.m.

For more information, call the Safety
Office at 439-4601/3527



Sailors graduate CFL program

By MC2(SW) Class Jason T. Poplin
Staff Writer

NAVAL SUPPORT ACTIVITY, Bahrain — Twenty-six Sailors graduated from Commander, Navy Installation Command's Command Fitness Leader (CFL) course at Naval Support Activity Bahrain, Oct. 20.

The graduation was the culmination of five days of instruction that taught the CFLs a range of physical readiness topics including proper nutrition, various exercise programs and how to administer the Navy's Physical Fitness Assessment (PFA).

Naval Station Rota's Morale, Welfare and Recreation Fitness Director Laurie Allard administered the course and said the Sailors met several requirements to be considered a candidate for the program.

"In order to get into the class, candidates needed to obtain a recommendation from their change of commands, have Cardiopulmonary Resuscitation certification, complete Navy Knowledge Online courses and score an excellent on their PFAs," Allard said.

Additionally, the CFLs learned about

recent changes to the Navy's physical readiness program as outlined in the newest revision of OPNAVINST 6110.1J. These changes include a discontinuation of 'bad day' free passes for Sailors that do poorly on their Body Composition Assessment, revisions to the Physical Readiness Test scoring system and the requirement for CFLs to be appointed by commands in writing. Operations Specialist 1st Class Joseph Jenkins, assigned to U.S. Naval Forces Central Command, said that he took a lot of good information from the program, but what he enjoyed the most was the amount of support he received from instructors and fellow students.

"Everyone was very supportive of each other and the teachers were outstanding," he said. "I feel confident now that when Sailors come to me and ask for nutrition advice or exercise training pointers, I can provide them with better resources to assist them."

For more information on the revisions to OPNAVINST 6110.1J, visit <http://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2011/NAV11203.txt>.



Photo by MC2(AW) Jason T. Poplin

Deployed Forces Support Coordinator Stephanie Hess teaches Command Fitness Leader (CFL) candidates how to properly set up a stationary bike to ensure maximum comfort and correct posture during the Commander, Navy Installations Command five-day CFL course at Naval Support Activity Bahrain, Oct. 19.

NSA Appreciates Ombudsmen



Photo by David Sidney

Ombudsmen from Naval Support Activity (NSA) Bahrain and its tenant commands are recognized during the Fleet and Family Support Center Ombudsman Appreciation Luncheon, Oct. 31. Navy Family Ombudsmen are official representatives of the Commanding Officer and he or she plays a vital role in establishing and maintaining current and accurate communication between the command and its family members.

DEFY recognizes Red Ribbon Week



Photo by MC1(SW) Sonja M. Chambers

Drug Education For Youth (DEFY) representatives Construction Electrician 2nd Class James Ross, right, and Electronics Technician 1st Class (SW/AW) James Warren, middle right, speak with Personnel Specialist 2nd Class (SW/AW) Tangella Weatherspoon, center left, and Aviation Maintenance Administrationman 2nd Class (AW/SW) Zuraima Williams about Red Ribbon Week, Oct. 25. Local DEFY staff provided information on the DEFY Program and substance abuse prevention material to heighten awareness during Substance Abuse Prevention Month.

MWR OASIS RESTAURANT
Specials

**MONGOLIAN
BBQ**
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STARTING NOVEMBER

EVERY THURSDAY
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1100-1300



Did you know...that most sexual assaults in the military occur in the barracks, off base apartments or rented hotel rooms? Did you also know that most sexual assaults involve alcohol consumption by both the victim and alleged perpetrator? Eighty percent of victims know their assailants and in most DOD cases both the victim and perpetrator are junior in rank and in their 20s. These are just a few facts surrounding the topic of sexual assault and rape. As you walk around the base for the next couple of months, you will probably notice articles and flyers promoting sexual assault awareness and prevention.

This is an active campaign that the Naval Criminal Investigative Service (NCIS), along with the Fleet and Family Support Center (FFSC), has launched in order to keep our forces and families safe from the many crimes defined as sexual assault.

NCIS materials and briefs are tailored to inform base personnel on victim prevention and responsibilities of all our active duty and civilian personnel to stay

engaged...to avoid becoming a victim and also to avoid becoming an accused. We will be providing materials that explain to you the Uniform Code of Military Justice definitions of sex crimes and various methods and degrees of assault along with extreme consequences for the perpetrators.

It is everybody's responsibility to prevent sexual assault and rape, not just for you as a potential victim, but for your shipmates who might drink too much, impairing their own judgment that results in poor decisions. Service members have a RESPONSIBILITY to care for each other. NCIS wants to promote a "Bystander Intervention" mentality and give each service member the tools to prevent Sailors and Marines from becoming victims by creating a culture of respect and recognizing a potential problem before it occurs.

If you would like a command briefing, please contact NCIS Bahrain at DSN 439-4272. If you believe you have been the victim of a sexual assault, notify NCIS or the FFSC Sexual Assault Victim Advocate at 3940-3906.

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ment to military members and their families stationed overseas and Sailors deployed at sea. Allen lauded NSA's efforts to host Navy Entertainment and other family-friendly venues.

"The base has been very good about supporting Navy families and it's nice to come here and feel like you're in America," Allen said. "Having these acts perform here, makes you feel like you're home."



Photo by MC2(AW) Jason T. Poplin

Larry Stewart, left, Tim Rushlow, center, and Richie McDonald perform an acoustic version of a Restless Heart song for service members and their families.

CFC Overseas Funds help NSA



Photo by MC1(SW) Sonja M. Chambers

Naval Support Activity (NSA) Bahrain Commanding Officer, Capt. Rick Sadsad, center left, receives a Combined Federal Campaign Overseas (CFC-O) check from the President of Global Impact Renee Acosta, center right, Oct. 31. Acosta presented the check on behalf of the CFC-O, which is managed by Global Impact. The funds were donated directly to the NSA Family Support and Youth Programs (FSYP) fund from the 2010 CFC-O Campaign. When contributors designate the NSA Bahrain FSYP as one of their charities, the money returns directly to NSA. "It's to support the programs needed at the installation," Acosta said. "It can be a variety of programs. It depends on the need." NSA Bahrain raised a total of \$194,000 during the 2010 CFC-O season. This year's goal is to raise \$200,000. "We know times are tough," Acosta said. "I think Central Command is the charitable giving story of the year because when you look at our troops who are serving forward, many of them are going to return home to a 22 percent unemployment rate and even with that, they look into their hearts, reach into their pockets and give to help others," Acosta said. The campaign will run through Dec. 2 and anyone wishing to donate can contact their command or departmental representative. Service members can also go to www.cfcoverseas.org to complete a paperless contribution via credit card, debit card or e-check, or donate via payroll allotment, cash or check on a paper pledge card through their departmental representative. Pictured left to right: MWR Recreation Director Raymond Santiago, Sadsad, Acosta and Child and Youth Programs Training and Curriculum Specialist Nicole Jones with children and caregivers of the NSA Bahrain Child Development Center.



ARMED FORCES ENTERTAINMENT PRESENTS

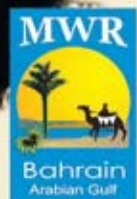
STANDUP FOR AMERICA

THE PATRIOTS OF PREPOSTEROUS HAVE LANDED

Movie actor, comedian and *In Living Color* regular Tommy Davidson joins us for a night of standout standup. Joining him, from BET's *Comic View*, is fellow patriot of the preposterous, Dante Carter.

Sun, NOV 13 @ 1900
ISA Air Base

Mon, NOV 14 @ 1900
Freedom Souq Courtyard



Disclaimer: For 18 and ABOVE ONLY

HR Classified Ads

CONUS:

Announcement: SE11910-12-50054N5143325

Position: QUALITY ASSURANCE SPECIALIST,
GS-1910-11/12

Department: NSSA, Bahrain

Opening Date: 10/25/11 - Closing Date: 11/07/11

Announcement: SE10873-12-551637N5141861

Position: SHIP SURVEYOR, GS-0873-11/12

Department: NSSA, Bahrain

Opening Date: 10/25/11

Closing Date: 11/08/11

Announcement: SE12210-11-548757N5173595

Position: IT SPECIALIST (CUSTSPT), GS-2210-11

Department: NSA, Bahrain

Opening Date: 10/25/11

Closing Date: 11/08/11

Announcement: SE10188-11-555733N5155459

Position: SUPV RECREATION SPECIALIST,
GS-0188-11

Department: MWR, NSA, Bahrain

Opening Date: 10/31/11

Closing Date: 11/10/11

Announcement: SE10201-11-557003N5172839

Position: HUMAN RESOURCES SPECIALIST,
GS-0201-11

Department: HRO, NSA, Bahrain

Opening Date: 11/03/11

Closing Date: 11/16/11

LOCAL POSITIONS:

Announcement: NSA-11-118

Position: Supv Contact Representative,
GS-0962-09

Department: Branch Medical Clinic, Bahrain

Opening Date: 23/10/11

Closing Date: 06/11/11

Announcement: NSA-11-118

Position: Supv Recreation Specialist,
GS-0188-11

Department: MWR, NSA Bahrain

Opening Date: 27/10/11

Closing Date: 09/11/11

Announcement: NSA-11-119

Position: Supv Recreation Specialist, GS-0188-11

Department: MWR, NSA Bahrain

Opening Date: 27/10/11

Closing Date: 09/11/11

BG Positions:

Who May Apply: Bahraini Citizens (1st Priority consideration), Non-U.S. citizen Spouses (2nd priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees.

Announcement: NSA-11-120

Position: Material Handler, BG-6907-05

Department: DLA distribution, Bahrain

Opening Date: 27/10/11

Closing Date: 11/16/11

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Stand Up Paddle (SUP) boards, paddles, board bags and leashes available.

These lightweight boards are designed for performance in calm waters and small waves. Easy to ride, fun for all ages, perfect for Bahrain.

Call 3655-9173

Dead Island and Ace Combat Assault Horizon PS3 Games

Price: \$50 each.

Call 3838-4182

Bedroom Set

(Bed/chest/drawers/two end tables)

Price: BD300 OBO

Infinity Speakers and Sansui Amplifier,

Price: BD300 OBO Serious Inquires only

Call 3944-3018

2002 Cadillac Escalade: 6.0L V8

Price: \$11,500

140K miles, Good condition, Extras: 22" rims, K&N Cold air intake, upgraded Black mesh grill, CCFL headlights with halo lenses, 10" L5 Kicker with amp, box and DVD player (all brand new purchased from the states). Call 3947-8086 ask for C.J.

1998 Mitsubishi Galant

Price: BD1,000 OBO

Cold A/C

Call 3928-0968

1997 BMW V12 750IL

Price: \$5,500 OBO

New Battery and Starter

Low mileage- 75K for the engine, U.S. owned Registration until October 2012

Call 439-6170 or 3649-1515

1999 Ford Ranger

Price: \$6,700 OBO

European Specs(island car) low mileage 63K Kilometers or 39K miles. After market new tires and wheels, custom flat paint job with matching interior. Custom Sony CD deck, 5 speed manual shift, 4 cylinder, w/new performance exhaust, just replaced AC compressor. Has locking trailer hitch and front push bars. Insurance is good until June 2012. Call 3888-6967

1991 Renault Twingo

Price: \$2,400 OBO

2dr. manual hatchback/37K Kilometers Reliable little commuter. A/C blows cold, insurance good through August 2012. Call 3685-1152 ask for Kymry

2003 Jaguar S-Type Sedan

Price: \$8,000

Green in color with 101K Kms/62K Miles Call 1785-3503 or 3627-6918

2003 Kawasaki ZX-6R

Price: \$5,000

Beautiful bike in great condition with 5K Miles 636 cc, 6-speed manual, 45mpg, Clean Florida title in hand, Highlights: engine purrs like a kitten, bike is Cali. Specs and meets all CA emissions and environmental standards, as well as standards for all other states. Call 1785-8943 or 3624-2880 ask for Andy

2001 Volvo S60,

Price: BD1,985 or \$5,300

New Battery, Thermostat, Radiator, Fuel Pump and Filter.

Insurance expires April 2012

Call 3838-7102

Pet Carrier, Kiwi Green, Medium size

Price: \$70 Brand New!

Airline approved pet carrier Ultra light weight design, actual weight: 2lbs.2 External zippered pockets, top loading mesh opening with triple closure securities, 16.5 x 9.4 x 11.2 inches (for small dogs or cats) Call 3626-1059 ask for Traci



ITT

BELLY DANCING DINNER SHOW

Thursday, November 10

- Time: 2030, Min 10 people
- Nov 6 cut-off day
- ITT Price: \$30.00

GROUP FISHING TRIP

Friday, November 11

- Time: 0530 – 1000, Min 8 people
- Nov 7 cut-off day
- ITT Price: \$352

SCUBA DIVE

Friday, November 18

- Time: 0800, Min 4 people
- Nov 14 cut-off day
- ITT Price: \$82

GO-KART RACING

Saturday, November 19

- Time: 1600, Min 6 people
- Nov 15 cut-off day
- ITT Price: \$27

****Please arrive 15 minutes prior****

All dates and times are subject to change

Movie Schedule

Saturday, November 05

Theater A

- 10 a.m. - Transformer: Dark of the Moon (PG-13)
- 1 p.m. - Larry Crowne (PG-13)
- 3 p.m. - Green Lantern (PG-13)
- 5 p.m. - The Change-Up (R)
- 7 p.m. - The Hangover Part 2 (R)
- 9 p.m. - No String Attached (R)

Theater B

- 11 a.m. - Cars 2 (G)
- 1 p.m. - Winnie the Pooh (G)
- 3 p.m. - Hanna (PG-13)
- 5 p.m. - Cowboys and Aliens (PG-13)
- 7 p.m. - Super 8 (PG-13)
- 9 p.m. - Captain America (PG-13)

Sunday, November 06

Theater A

- 10 a.m. - Mr Popper's Penguin (PG)
- 12 p.m. - Monte Carlo (PG)
- 2 p.m. - Harry Potter and the Deadly Hallows 2 (PG-13)
- 4 p.m. - Crazy Stupid Love (PG-13)
- 7 p.m. - Bad Teacher (R)
- 9 p.m. - Patriot Games (R)

Theater B

- 11 a.m. - Kung Fu Panda 2 (PG)
- 1 p.m. - Elf (PG-13)
- 3 p.m. - Source Code (PG-13)
- 5 p.m. - Another Earth (PG-13)
- 7 p.m. - Rise of the Planet Apes (PG-13)
- 9 p.m. - Friends with Benefits (R)

Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.



Friday, November 04

\$3 Mall Shuttle: Seef Mall

- Time: 1200 - 1600

Saturday, November 05

Swim with the Dolphins

- Cost: \$22 / \$27, Time: 1000

Sunday, November 06

Sunday Sundaes

- Make your own ice cream sundaes! Free

Monday, November 07

Speed Pool

- Free Pizza for players, Time: 1200

Tuesday, November 08

Gulf Night Out

- Gulf Hotel Poolside, Time: 1800
- 9 different buffet dinners with live entertainment
- Cost: \$45 transport provided for free

Thursday, November 10

Grand Mosque & Lunch

- Cost: \$5 / \$7

Friday, November 11

Veteran's Day

- Free pizza at 1130 while supplies last

Saturday, November 12

Show a Dog some Love!

- Visit animal shelter
- Time: 0900

Sunday, November 13

Sunday Sundaes

- Make your own ice cream sundaes! Free

Monday, November 14

Speed Pool

- Time: 1200

Drag Racing @ BIC

- Time: 1900
- Cost: BD2

For more information, call the Liberty Center at 439-3192