



Shawn Cole, MD
West Haven CoEPCE Faculty
on completing the TM
Greased Lightning Event

PROJECT LINKS

[OAA Website](#)
Internet

[OAA Website](#)
Intranet Only

[CoEPCE Website](#)

[CoE SharePoint](#)
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Actions: None this week! Have a wonderful Memorial Day Holiday!

UPDATES:

Proposals: Thanks again to everyone who worked on submitting proposals. The review process continues. Have a great Memorial Day Weekend. We will have an update for you shortly!

West Haven CoE:

Goodbye Jill! The Coordinating Center would like to recognize Co-Director Jill Edwards of the West Haven CoE as one of many amazing champions for the Centers of Excellence in Primary Care Education. We thank her for her tireless energy and commitment to the program as both leader and mentor. Jill's last day will be June 18. Thank you for everything. We will miss you!

Welcome Sue! Jill leaves her position as Co-Director in the good hands of Sue Zapatka. Most of you know Sue from the Denver annual meeting. Please join the Coordinating Center in an official welcome.

NEWS: Be sure and note the link to "The Evolving Primary Care Physician in [NEJM page 3](#).

NO ORDINARY TEAM BUILDING EVENT!

West Haven CoE Tough Mudder



Tough Mudders: L to R back row-Shawn Cole, M.D., Trishul Siddharthan M.D., Elena Speroff, APRN, Craig Slavtcheff, Nora Segar, M.D., Robert McNamara, M.D., Courtney Nugent, R.N., Cindy McNamara, M.D. (wearing heat blanket), Susan Zapatka, APRN, Navid Hafez, M.D (kneeling).

You might ask yourself...**What is a Tough Mudder?** The answer is....a 10-12 mile obstacle course designed by British Special Forces and one of the most challenging fitness activities on the planet! The program was designed to replicate the experience of front line soldiers and to demonstrate human capacity for strength and survival following unimaginable events. Physical strength is only a piece of the equation.

*What is the key to success? You guessed it! **Teamwork!***

With the leadership of Co-Director, Sue Zapatka and CoE Faculty Shawn Cole, several CoE staff and trainees, along with staff from the Primary Care FIRM, a team was formed. The big event took place in Mt. Snow, Vermont. The VA team along with 15,000 other passionate souls participated in a grueling fund raiser for the Wounded Warrior Project. Obstacles in the day-long event included events such as the "Death March," "Kiss the Mud" and "Arctic Enema." These events are built around navigating extreme terrain and swimming through pools of ice and mud. The team climbed a 12 foot "Berlin" walls and those with less body strength depended on and strategized with team members to succeed.

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Tough Mudder continued...

The “arctic enema” consisted of jumping into a deep bath of ice and swimming underneath to get out. Sue stated “You just can’t get over a 12 foot wall on your own, so you have to use strategy and make use of everyone’s skills.” Certainly trust must be an important aspect of this event. Shawn pointed out that none of the team members had ever participated in an event like this in the past, yet all members found the experience exceptionally rewarding. Shawn and Sue both agreed that you learn your team members’ strengths and truly rely on each other to get to the finish line (mud in your mouth and laughing) but you have the ultimate satisfaction of breaking down walls and other barriers, and you know that your team is there for you. Reflecting back on the tasks ahead for the Centers of Excellence, this event magnified the realization that seemingly impossible tasks just can’t be accomplished alone.

The Tough Mudder was the first athletic event that some of the team participated in. The team enjoyed the exercise so much that they are adding additional team members and already planning for 2013. **Congratulations West Haven.** The team raised the most money for Wounded Warriors of any group participating in the weekend long event! Sounds like a win-win!

SimLearn

This week Office of Academic Affiliations hosted a presentation to the Designated Education and Learning Officers on Simulation Learning. The presentation was titled “**Advancing the SimLEARN Vision for Clinical Education**” and was **led by Lygia Lee Arcaro, PhD, RN, BC**, SimLEARN National Director, Nursing Programs, VHA, **Haru Okuda, MD**, SimLEARN National Medical Director, VHA. The office has a central role in developing the curricula, policies and standards for Simulated Learning in VA. For staff involved in SimLEARN activities, this office is not only an important resource when looking for SimLearn training activities, but is also home to VA policy and accreditation information related to SimLEARN. The office looks to the field to share models and actual examples of simulated learning and spread the word. The Directors of the SimLEARN center encourage those interested in simulated learning activities to share activities between VA, Affiliates and the Community. For more information go to the [VA SimLearn Website](#). You will find the link to the presentation on our [CoEPCE Sharepoint Drive](#)

Tools You Can Use!

In 2010 The Caregivers and Veterans Omnibus Services Act was passed, though many in our communities don’t realize that VA provides significant and in some cases life altering resources for VA Family Caregivers and the Veterans they care for. The VA Caregiver Program is administered through the Office of Care Management and Social Work. Some of these resources include a national Caregiver Support Hotline and in some cases, specialized training, financial support and/or medical benefits for eligible family members. Every VA facility has a dedicated expert called a Caregiver Support Coordinator (CSC). You can find information about your local CSC at [VA’s Caregiver Support Website](#). The website is home to good information and tools to include helpful checklists, educational diagnosis sheets and other resources. See the website for information.

The **Beryl Institute Patient Experience** April 2012 Conference in Fort Worth Texas has presentations posted and available online. [View](#). Audio will be available in the near future.

The [San Francisco Medical Society](#) sent the Coordinating Center a special e-issue of San Francisco Medicine for May 2012. The focus of the journal is **The Healing Team: Common Specialties Explained**. Here you will find feature a number of articles on included but not limited to the Interdisciplinary team, Social Workers relevance to the primary care team

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Coordinating Center **BLAST**

and an article on Nutritionists and “**The Role of Nutritionists on the Healing Team**” by VA San Francisco’s Carol Ceresa and more. You can download the journal from the [CoEPCE Sharepoint](#) in the Models of Interprofessional Education folder. Thanks for the heads up from Carol Ceresa, MHSL, RD Chief, Food and Nutrition, San Francisco VA.

News You Can Use!

Humana’s ACO, medical home projects yield positive results. [View](#). May 2012 Fierce Health Player (See related Kaiser News)

Immelt Stresses Need to Alter Health Care Model. [View](#). May 2012. The Dartmouth

Medical Schools Close to Reaching Long-Term Enrollment Goals. [View](#). May 2012. American Medical News

Primary Care Provides Hope for the Mentally Ill. [View](#) . California HealthCare Foundation, Center for Health Reporting

Senate Panel Looks at Innovative Health Care Strategies. [View](#). May 2012. Kaiser Health News.

Some Patients Fear Speaking Up Will Upset Their Doctors. [View](#). May 2012. American Medical News

Articles of Interest

Sharing the Care to Improve Access to Primary Care. [View](#). May 2012 The New England Journal of Medicine.

Team-Developed Care Plan and Ongoing Care Management by Social Workers and Nurse Practitioners Result in Better Outcomes and Fewer Emergency Department Visits for Low-Income Seniors. May 2012. [View](#). Indiana University, School of Medicine. AHRQ HC Innovations Exchange.

The Evolving Primary Care Physician. [View](#). May 2012. Perspective: The New England Journal of Medicine.

Upcoming Conferences and Training 2012

May

2012 Interprofessional Education Institute: Interprofessional Education Collaborative. [Details](#) May 21-23, 2012, Herndon, VA. AAMC.

June

2012 Integrating Quality Meeting: Collaborating for Care. [Details](#). June 7-8, Chicago, IL. AAMC.

The 12th Annual International Nursing Simulation/Learning Conference. [Details](#), June 20-23, San Antonio Texas. International Nursing Association and University of Texas.

July

The VA 2012 HSR&D/QUERI National Conference. [Details](#), July 16-19, Washington DC. Department of Veterans Affairs.

The 9th Annual Qualitative Research Seminar [Details](#) July 30-August 3, 2012, Chapel Hill NC

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Upcoming Conferences and Training 2012 continued

September

AHRQ 2012 Annual Conference. [Details](#)
September 9-12, Rockville, MD.

October

All Together Better Health Interprofessional Education and Collaborative Practice.
[Details](#).
Oct 5-8. Kobe, Japan.

Upcoming Conferences 2013

Applying the Science of Psychology in Academic Health Centers: Implications for Practice, Teaching, Research and Policy. [Details](#).
Jan 31- Feb 1, Nashville, Tn. Association of Psychologists in Academic Health Centers

Collaborating Across Borders IV. No details yet!
Summer 2013, Vancouver.

This publication is circulated on Thursday of each week. Submit topics of interest, conference dates and other ideas central to Inter-professional education in primary care to [Laurie Traylor](#) by Wednesday COB of the preferred publication week.