

# 102nd Fighter Wing Seagull

Vol. XXII, No. 5

June 2007

Nantucket

Knife

Fight

Mike McLee -07-

# ON THE COVER



**NANTUCKET KNIFE FLIGHT**, a painting by 101st Fighter Squadron, F-15 pilot, Lt. Col. Mike McGee. See story, Page 9.

# Change of command

Time for a change. I am proud to announce that Col. Anthony “Kimo” Schiavi will succeed me on the June UTA.

Please plan on attending an official change of command ceremony on Sunday morning of the June drill on the hangar floor at a time to be determined and advertised to all.

This wing is comprised of outstanding airmen and I am very pleased with your performance and reputation. Your future looks bright and secure, and I will be watching your progress closely as you achieve new successes along the way.

Col. Paul G. Worcester, MA ANG  
102nd Fighter Wing Commander

## Seagull

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### THE AIRMAN'S CREED

I AM AN AMERICAN AIRMAN.  
I AM A WARRIOR.  
I HAVE ANSWERED MY NATION'S CALL.

I AM AN AMERICAN AIRMAN.  
MY MISSION IS TO FLY, FIGHT, AND WIN.  
I AM FAITHFUL TO A PROUD HERITAGE,  
A TRADITION OF HONOR,  
AND A LEGACY OF VALOR.

I AM AN AMERICAN AIRMAN,  
GUARDIAN OF FREEDOM AND JUSTICE,  
MY NATION'S SWORD AND SHIELD,  
ITS SENTRY AND AVENGER.  
I DEFEND MY COUNTRY WITH MY LIFE.

I AM AN AMERICAN AIRMAN:  
WINGMAN, LEADER, WARRIOR.  
I WILL NEVER LEAVE AN AIRMAN BEHIND,  
I WILL NEVER FALTER,  
AND I WILL NOT FAIL.

*“Airmen now have a creed that summarizes what it exactly means to be an Airman. The creed is meant to help invigorate the warrior ethos of today's Total Force. Our warrior ethos is the war-fighting-focused culture, conviction, character, ethic, mindset, spirit and soul we all foster serving in today's Air Force.”*



Col. Mark Ellis

# Mission change ... personal change

**W**e have all heard all the clichés about change, “It is the only constant in our lives,” To improve is to change” and one of my favorites by General Eric Shinseki, former Army Chief of Staff.

“If you don’t like change, you’re going to like irrelevance even less.” These sayings are amusing, philosophical and fun to read most of the time... except when the change is going to happen to you. It then takes on a new and important significance.

Change can be small or huge, planned or unexpected, important or trivial. Some changes affect us in small ways that are not very significant in our every day lives, for example trying a new brand of shampoo. Some changes affect every aspect of our lives, such as having a baby, losing a loved one, moving to a new house, etc.

Change causes stress, even positive change. We cannot “fix” the world of work to make change go away. However, we can change ourselves. We can choose how we respond to change. Are we fearful? Are we hopeful? Do we avoid thinking about it? Do we worry about every rumor that is passed along by other employees? Or, do we try to anticipate potential changes and prepare realistic responses to the most likely future scenarios?

During my 35 year military career at the 102nd, I have seen many changes; I have served under eight different wing commanders and we have transitioned to and flown F-100, F-106 and F-15 aircraft. We have changed; uniforms, buildings, offices, checklists and forms. We have gone from typewriters to laptop computers, from IBM punch cards to 60 Gig thumb drives. We have changed some things so many times that we are back to the same thing we changed in the first place.

There is; however, a difference between these types of changes, and the change that is now occurring as we transition from the 102nd Fighter Wing to the 102nd Intelligence Wing. All the above changes occurred in our military/professional “comfort zone.” When it was all said and done, we were all still here at Otis doing the mission we were comfortable with

and very good at doing ... Standing air defense alert, flying and fixing airplanes and doing all the support functions required to accomplish the mission.

We are now embarking on a journey that will take almost all of us out of our “comfort zone” and require significant change in our military careers. We will transition from an organization with an 85 year history of flying aircraft to a new and exciting mission in the space and intelligence arena. We will have to attend schools, learn new acronyms, change AFSCs, learn new skills and become familiar and skilled on new equipment. These changes will require us to spend significant time away from our employers and families. The new mission will require 12 and sometimes 24 hour operations. We will at first be working out of temporary facilities as we build new permanent buildings. As I said in my last commander’s article, we are truly on the threshold of a new era for the 102nd.

Some thoughts from and articles on “Understanding Change” and “Ways of Coping with Change,” from the Tetra Corporation that I found interesting:

## How we Respond to Change

Although we all respond differently to change, we generally progress through a range of feelings as we gradually come to terms with the new situation. The typical sequence of phases is:

- **Denial** - Normally when a significant change/loss occurs, our immediate reaction is one of shock followed by numbness. We often deny what is happening and focus on the past. This phase is usually short-lived.
- **Resistance** - After the numbness of denial, we may go through a period of preoccupation and uncertainty about the future. We may experience feelings of self-

(See Commanders Desk, Page 5)

# Film depicts the history of the 102nd

A documentary film "Legacy," the history of the 102nd Fighter Wing and the 101st Fighter Squadron, is now available for sale.

The film contains actual footage and numerous photographs of personnel and aircraft from the inception of the 101st in the early 1900s through the establishment of the wing after World War II right up to the present day activities involving 9/11 and current deployments.

It is a valuable history that each wing member may want to possess.

You may obtain a copy by making a minimum \$25 (tax deductible) contribution to the Massachusetts Air National Guard Historical Association Museum.

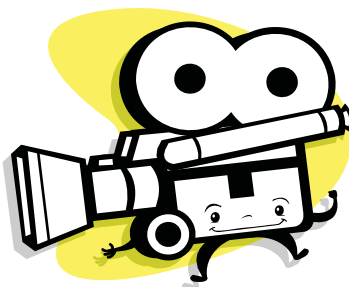
A copy of the film, either DVD or VHS, will be available at Arnold Hall during unit training assemblies.

The UTAs will be the primary means of obtaining a copy of the film.

However, many former members of the Wing and its affiliated units no longer visit Otis or subscribe to the Seagull, therefore, we have no way of contacting them.

You could help the museum if you know the whereabouts of any former members by letting them know about the film's availability. Your assistance would be greatly appreciated.

Contact Tom Maguire at 508-759-3092 for more information.



## The Family Flyer is now online!

That's right!! Your Family Program newsletter is available on [guardfamily.org](http://guardfamily.org)

Last issue: Operation Purple Camps; Everyday Solutions to Everyday Annoyances; Tricare update; 2007 Benefit Handbooks and much much more!

Simply go to [guardfamily.org](http://guardfamily.org). Click on what role best describes you, next Login, then click on "My NGB-FP" and finally "Documents." If you are a new user there is a simple registration process.

Look out for your next Family Flyer due out for June and July.

To receive the Family Flyer directly please contact Erin Creighton at 508-968-4855 or at [erin.creighton@maotis.ang.af.mil](mailto:erin.creighton@maotis.ang.af.mil)

**Saturday, June 2**  
Prime Rib Chorizzo  
Kielbasa & Chorizzo Subs  
Baked Potatoes  
French Fries  
Potato Salad  
Spinach & Carrots

**Sunday, June 3**  
American Chop Suey  
Chicken Pattie Sandwich  
Corn, & Broccoil  
Onion Rings  
Garlic Bread

## Upcoming drill dates

June 2-3  
Aug. 25-26  
Sept. 15-16  
Oct. 13-14  
Nov. 3-4  
Dec. 1-2

Drill hours are 7:30 a.m. to 4 p.m. on Saturdays and 7 a.m. to 3:30 p.m. on Sundays.

## Seagull ideas?

Do you have an idea for a Seagull article; would you like to be the subject of a story, or even write an article? Births, marriages, sympathy notices and other information are always welcome. Let us know what is going on in your section. We have a new e-mail address to submit information to the Seagull Magazine, please use: [Seagull@maotis.ang.af.mil](mailto:Seagull@maotis.ang.af.mil)

## Seagull deadline



The deadline for submission of articles for the next Seagull is 2 p.m., Sunday, June 3. No articles can be accepted after this deadline.

The public affairs staff has the right to edit all articles for content and length.

Items should be sent over the LAN to [Seagull@maotis.ang.af.mil](mailto:Seagull@maotis.ang.af.mil) or prepared on a floppy disk, preferably in Word for Windows.

Articles on disk also should be submitted with a printed copy to the Public Affairs Office, Building 158, room 209. For more information call 508-968-4090.

# Commanders Desk

(Continued from Page 3)

doubt, sadness, anger, depression, anxiety, frustration or fear. These emotions are unpredictable and can be irrational.

- **Exploration** - We start to let go of the old and accept the new. We begin to identify with the new situation and explore its future potential and opportunities.
- **Commitment** - We are now more accepting of our change/loss and are more willing to commit to our new life or new direction by making the most of 'what is' rather than holding onto 'what was.'

Interwoven throughout these phases are likely to be emotions, including the following:

- **Fear** - Fear is commonly associated with change, arising particularly from uncertainty about what the future holds. It may take the form of worry, anxiety, apprehension, restlessness, panic and/or dread.
- **Anger** - There are many reasons why we may feel angry about a change. Having no control, that is, having a change forced upon us, is a very common one. Recent research found that people who lack control at work experience more stress-like frustration and suffer more illness as a result.
- **Sadness** - Whether we see a change as positive or negative, we are likely to feel some sadness as we leave behind the familiarity of the past.
- **Joy** - In most cases, good things do result from change, although it might not be obvious at the time. Change may provide us with greater freedom or new oppor-

tunities, which can lead to happiness, excitement or elation.

Be aware that the phases described above may overlap or we may swing from one phase to another and back again.

The speed with which we move through these transitional phases and come to terms with change or loss depends on many factors including the support we have from friends and family and any coping strategies that we adopt.

I would also recommend reading the book "Who moved my cheese?" by Spencer Johnson, which will give one perspective on dealing with change.

On a personal note, speaking of change, this will be my last article in the commanders column as I will be ending my 35 year career with the 102nd at the end of this year. As I said earlier, boy, have I seen a lot of change! Some was easy, some was difficult and some was darn right painful. I will say, looking back, it was all necessary. Overall it was good for the wing and its members, and most importantly it created the world-class organization that we are members of today. Without the changes of the past, this organization would not be positioned today to successfully stand up another world-class organization that will be an integral part of the Air Force and Air National Guard well into the 21st Century.

Your future is indeed bright, and I take great pride in having a small part in bringing this wing to where it stands today. It has been a privilege and an honor to be a member of the 102nd Fighter (Interceptor) Wing. It is now time to pass the torch to a new generation who will take it to greater heights. I leave you with a couple of thoughts; one from Deepak Chopra, "Nothing limits us except ourselves; for the truest aspect of every person is.... unbounded potential, and "Change is inevitable ... except from a vending machine."

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## Month of May dedicated to appreciating servicemembers

By Carmen L. Gleason  
American Forces Press Service

WASHINGTON (AFNEWS) -- In an effort to draw attention to the personal sacrifices of the men and women of the armed forces and their families, Congress has designated May as National Military Appreciation Month.

The congressional resolution, passed in 2004, states that the House and Senate "support the goals and objectives of a National Military Appreciation Month." It urges the president to issue a proclamation calling on the people of the United States, localities, organizations and media to annually observe the month with appropriate ceremonies and activities.

The months of May and June host a number of other patriotic commemorations, including Victory in Europe Day, Military Spouse Day, Loyalty Day, Armed Forces Week, Memorial Day, Flag Day and the observance of the Navy and Army birthdays.

A group of National Military Appreciation Month volunteers

have been working for nine years to establish a month dedicated to the nation's active duty personnel including National Guard and Reserve troops, in addition to retirees and veterans. They are encouraging communities throughout the nation to participate in commemorative events.

"Our military has played a major role in the development of our country chronicled through their unbending honor, their dedication to duty and their love of country," the National Military Appreciation Month Web site states. "Federal, state and local governments and private sector entities are invited to participate in this special month and to encourage everyone to sponsor and participate in programs."

The Web site encourages citizens to draw attention and express appreciation to military families across the nation by engaging schools, civic organizations and businesses to organize events like visiting veterans hospitals, making trips to military memorials and museums, and decorating with patriotic themes.

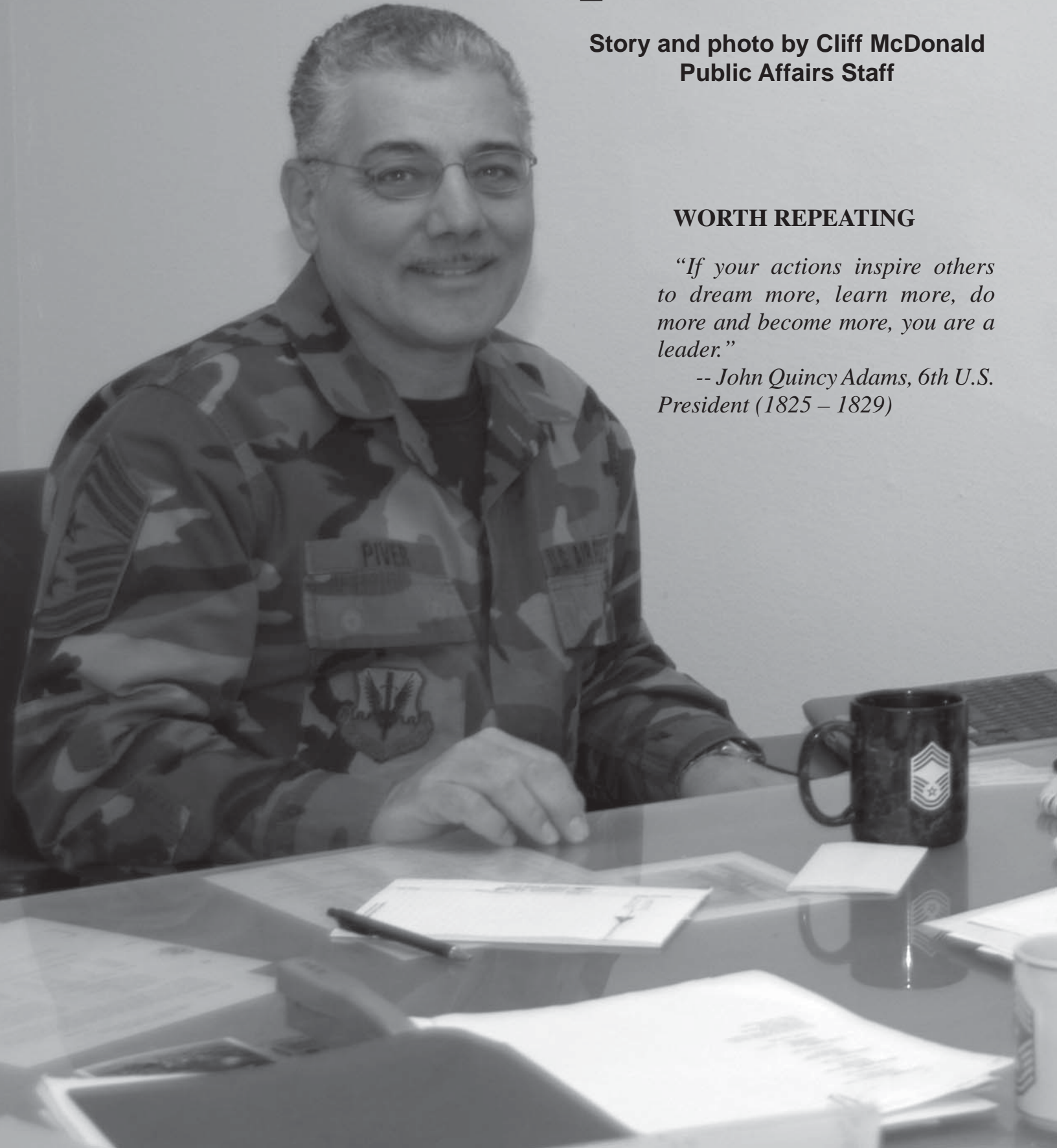
# Chief Piver on leadership & PME

Story and photo by Cliff McDonald  
Public Affairs Staff

## WORTH REPEATING

*“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”*

*-- John Quincy Adams, 6th U.S. President (1825 – 1829)*



**W**hen thumbing through the dictionary, most anyone who knows him well wouldn't be surprised to find his picture along side the word leader. This distinguished Airman is Command Chief Master Sgt. Roy Piver; among enlisted men and women of the 102nd Fighter Wing, he is an icon who represents the best they have to offer. Chief Piver is a seasoned veteran sergeant who's been there, done that, and learned important lessons in the process. All of which make him an invaluable councilor to subordinates within his unit, as well as peers, and more senior Air National Guard leaders.

In his position as the senior enlisted advisor of the wing, he travels countless miles, crisscrossing the country to attend Primary Military Education (PME) graduations. He can be counted on to be there when you need him most, to share in your proudest moments, and to give valued guidance even when things don't go as anticipated.

This reporter recently spoke with a young sergeant who talked about how impressed he was after discussing leadership issues with Chief Piver. He explained how the chief convinced him of the importance of attending in-residence PME, as opposed to enrolling in correspondence courses. This young man stirred my curiosity, and caused me to seek out Chief Piver to ask about his views on leadership.

There are two elements to an airman's career, the technical part and a leadership component. Chief Piver believes that prior to the 1960s there was not a lot of emphasis placed on enlisted leadership and management skills in the Air Force, and that had to change. He noted that one of the first noncommissioned officers academies in Air Combat Command had its roots here at Otis Air Force Base in the late 1960s, it eventually moved to Tyndall Air Force Base when the active duty Air Force turned the base over to the Air National Guard.

Early in an Airman's career progression emphasis is placed developing technical skills; however as one progresses upward through the grades of staff

sergeant and higher, airmen are suddenly faced with setting up processes which make good sense. As well as making decisions which influence subordinate, managing their own as well as others time, and when necessary admonishing them, explained, Chief Piver.

All of these tasks are not inherent, Airmen need good instruction to develop these skills, the kind of learning which is best accomplished through Primary Military Education (PME) at in-resident schools. Correspondence courses alone can't give Airmen the hands-on experiences and teach them what they really need to know.

Chief Piver sees in-resident PME as an important second track after technical schooling for

Airmen who wants to progress in their career. He asks, "What causes an organization more problems, what creates a flawed organization, is it a junior Airmen who is inexperienced in technical training, or is it more likely to be caused by poor leadership in the mid too high level ranks?" He answers, "Most likely the root

cause is a bad chief or master sergeant who doesn't possess basic management and leadership skills.

"I say blame it on the poor leader, inferior leadership skills among senior managers has a far greater negative impact on an organization than a young inexperienced Airman. A mechanic who may not be good at his job is not going to cause big problems, but anyone who is in a key position who is not a good leader is a problem."

Chief Piver admits that when he was promoted to master sergeant in 1978, he had little to no training in management and leadership, and that he made a lot of mistakes which he wants to see others avoid. In 1986 he attended an NCO academy, and it "really opened his eyes to the way things should be done, the Air Force way," he said.

Chief Piver realizes that the 102nd Fighter Wing's policy on mandatory in-resident NCO academy attendance prior to being promoted to master

(See Chief Piver, Page 8)

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**“Without our people supporting it, there wouldn't be a satellite noncommissioned officer academy in Massachusetts.”**

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# Chief Piver

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sergeant is a hardship for many Guardmembers. "I know it's difficult to get away and take the time off from primary jobs to attend. This is why we have established a local satellite NCO academy, to make it less of a burden," he says. He believes that the 102nd has benefited from putting its members through in-resident academy training, and that the training has resulted in a change of culture for wing NCOs which has improved the way the 102nd does its business.

Noncommissioned officers who have attended academy training possess a common core of knowledge with other NCOs who have also attended. Chief Piver further explained, "Even if a member attends and is not later promoted to a mid level NCO position and placed in a leadership position, that member understands why the person in the leadership position does what they do, and why they do it that way. In understanding this, they are more likely to accept the course of action taken by the leader."

The chief also acknowledged that those Guardmembers who attend the satellite academy are not taking the easy way out. For several months, two nights each week, they attend while working full-time jobs, then they take time off from their primary jobs to complete the final weeks of training at McGhee-Tyson Air National Guard Base in Tennessee.

Sometimes members don't want to attend PME schools because they fear the unknown, but once they go, they realize that everyone from the instructors to other students are very helpful. Chief Piver feels that once a person goes through the experience, they will understand why it was so important that they attended. Almost all say, "Yes, I'm better off for having accomplished this; I learned a lot," said, Chief Piver.

The chief has observed other organizations through his vast travels throughout the world. He regularly talks to other command chiefs who he describes as being very envious of him because he comes from a wing where all senior NCOs have been trained through in-resident academies. "They can only wish that they could obtain this within their own organizations. Many senior NCOs within these wings resist mandatory in-resident training,"

explained, Chief Piver.

"Ask anyone if they think in-resident technical training is necessary, and everyone says of course. You can't learn technical subjects only through a book without hands-on training. So what makes anyone believe that an Airman can become a supervisor and leader without going to school? If you believe in one, you must accept the other," states, the chief.

Chief Piver recalls that throughout the 1990s only two states, New Jersey and Massachusetts required PME in-residence training before promoting junior NCOs to master sergeant. When Brig. Gen. Michael Akey became the commander of the Massachusetts Air National Guard, he changed the policy within Massachusetts requiring in-resident attendance only for grades below the rank of chief master sergeant. The general discussed his rationale, which centered on the important issue of retention, with the 102nd Chiefs Council, and allowed them to give him guidance.

It was the feeling of the 102nd chiefs group that by the time Airmen advance to the level of chief, it's too late to begin learning to become a good leader. NCOs need in-resident training to begin when they are technical sergeants, and even before. The chiefs feel similarly about Airman Leadership School.

The general was not persuaded to change his policy; however, he did allow wing commanders to adopt a more stringent policy. Chief Piver and the 102nd Chiefs Council are pleased that Wing Commander, Col. Paul Worcester, opted to keep the stricter requirements in place for 102nd NCOs. This makes the 102nd the only wing currently within the Air National Guard, which Chief Piver is aware of, which holds this requirement.

The chief is extremely proud of the accomplishments of his fellow NCOs in the 102nd, he said, "Without our people supporting it, there wouldn't be a satellite noncommissioned officer academy in Massachusetts."

Chief Piver leads best by setting a good example of what every Airman should strive to be like. He will tell you that leadership traits are not intuitive; however, after being around him for a short while you begin to question his certainty on this bit of wisdom. He himself may be an example of just a person who does have an instinctive ability to influence others.



# “Magoo” spreads his wings in new direction

By Cliff McDonald  
Public Affairs Staff

Aviation artists who want to be fighter pilots are numerous; however, fighter pilots who are also talented artists are rare. Lt. Col. Mike McGee, better known by his call sign “Magoo” within the 101st Fighter Squadron, is fortunate to be both a pilot who paints, and an artist who flies.

The colonel’s first serious attempt at commercial art, *Nantucket Knife Fight* is displayed on the cover of this month’s Seagull. The scene in this acrylic painting depicts two F-15s from the 102nd Fighter Wing, engaged in a dogfight over Nantucket Island off Cape Cod.

For as long as he can remember, there are two things that have motivated him most. The first is drawing, he’s been doodling from a time when he was “knee high,” the other big thing is jets. He was inspired to become a fighter pilot when his father took him to see a USAF Thunderbirds demonstration at Hanscom Air Force Base when he was only four-years-old. He made up his mind then that flying jets was what he wanted.

His father was a “pretty good” artist and mentored him along as a child, but for the most part, he says, his skills have been self taught. Much of his past art work has been confined to painting latex wall murals, and colored pen and pencil drawings, most of which has been left behind on the walls of previous units he has served. His really good drawings over the years have been given away to friends. He currently has little to physically show for his many years of drawing; it has been only recently that he has decided to build a portfolio.

The event that most recently inspired the colonel to take his art more seriously was meeting aviation artist Rick Herter who is well known to 102nd Guardsmen for his depiction of an Otis F-15 over the World Trade Center on Sept. 11, 2001. Herter visited the base a few months ago for an F-15 orientation flight. The pilot-artist and professional artists found themselves paired for the flight; both agreed that “two artists flying together might be an emergency procedure in and of itself,” but this flight gave them a chance to bond in a way that motivated the colonel to consider drawing again in a way he hadn’t considered in recent years.

Colonel McGee has decided to exercise his art talent to present works of art to fellow pilots in his squadron as they departed the unit. His current work was done for Capt. Andrew “Deuce” Fessenden; his second work in progress portrays Lt. Col. Mike “Doley” Dolan’s final fini-flight over Mount Washington. “Unfortunately,” he says, “pilot are leaving the unit at a quicker rate than I can keep up with.”

A 1987 graduate of the University of Massachusetts, Amherst, he was commissioned a 2nd Lieutenant through Air Force ROTC. As a lieutenant he earned his coveted silver pilot’s wings in 1989 through the Euro-NATO Joint Jet Pilot Training Program, Sheppard Air Force Base, Texas.

His first assignment was to Myrtle Beach Air Force Base,

S.C. to fly the A-10 Warthog. He was soon deployed to Saudi Arabia as part of Operation Desert Shield. To kill time in the desert, he painted nose art on the unit’s Warthogs. Lieutenant McGee flew 36 night attack combat sorties in Desert Storm, usually employing the infra-red version of the tank killing Maverick missile to good effect.

Upon return from the Persian Gulf, he was selected for transition to the F-15 Eagle. Based out of Elmendorf Air Force Base, Alaska where he flew the Eagle all over the Pacific Rim from Singapore to Guam. His next assignment was as an F-15 instructor pilot at Tyndall Air Force Base, Fla. He later served on exchange duty with the U.S. Navy flying the F/A-18 Hornet out of NAS Lemoore, Calif. In 2001, he joined the Massachusetts Air National Guard’s 102nd Fighter Wing. He had long looked forward to returning closer to his hometown of Dedham where he could fly Eagles again, and raise a family with his high school sweetheart on Cape Cod. As Colonel McGee described it, “I’ve flown three twin-tailed airplanes in a highly mediocre career, but what the heck, I’m still having fun!”

Now in the twilight of his military flying career, Colonel McGee’s goal as an artist is to convey to the viewer how a fighter pilot sees things from the unique perspective of the cockpit. Prints of his *Nantucket Knife Fight* are available through his web site, [www.fox3art.com](http://www.fox3art.com), or by calling him at the 101st Fighter Squadron.



Lt. Col. Mike McGee

# Team Otis scores an environmental three-peat

A cleaner brighter future starts with us!

**By Cliff McDonald  
Public Affairs Staff**

First came the challenge of a no-notice Environmental Multimedia Inspection, a going-over conducted by the U.S. Environmental Protection Agency in November 2005. Then in February of this year the Massachusetts Department of Environmental Protection followed up with a second round full multimedia inspection, and most recently in April the EPA returned to re-inspected the 102nd Fighter Wing. The conclusion, within 18 months the Otis environmental team scored a three-peat, three consecutive major wins

of no environmental inspections on the base. Prior to this eight year period, Otis had earned a reputation over many decades extending back prior to World War II of having a long and difficult period of environmental malpractices. He described the EPA Multimedia Inspection as more than a dozen inspectors going over every possible media. The major media areas most closely scrutinized included drinking water, the air we breathe, hazardous waste, and more, leaving no stone unturned.

Colonel Faux described all the inspections as being “very intense.” He went on to describe how because the wing provides utilities to the entire Massachusetts Military Reservation, the 102nd was looked at more in-depth than some other MMR organizations. He also said, “The wing’s industrial complex causes it to accumulate a lot more hazardous waste than

for the wing; you know, kind of like repeat, except doing it for the third time, quite an accomplishment considering the base’s past troubled environmental history.

Over many years now, under the leadership of several commanders we’ve seen the wing undergo a culture change. A shift that has taken the wing from a culture of indifference to a green culture emphasized by an understanding of responsibility, an understanding by all members of the wing that the environment is everyone’s responsibility. On the base, hundreds of improvements have been made, great and small, one action at a time, everyone on “Team Otis” has helped to make the difference.

Lt. Colonel Christopher Faux is in charge of the wing’s Environmental Management Office. He said that the three inspections, all coming with one and a half years, ended a period of more than eight years

other units on the MMR.”

A second Multimedia Inspection was conducted by the state DEP only three months ago. This time with only three inspectors, but they looked at everything with the same intensity as the federal inspectors did.

Most recently the EPA returned to inspect the fighter wing’s Facility Response Plan, an emergency and disaster planning requirement that few other organizations have. Colonel Faux said that this is because the wing has the potential capacity, even though not normally utilized, to store over one million gallons of fuel. This large storage capacity requires more than an ordinary spill plan; it requires the unit to have a Facility Response Plan. The plan



is an in-depth preparation of all base resources including response, capability, storage, emergency procedures and preparation exercises. The plan includes exercise scenarios like planned responses from small 50 gallon drums spilling hazardous waste to large storage tanks bursting and spilling fuel over expansive areas.

This inspection in Colonel Faux's words "went extremely well." He said, "When combining the three inspections, and looking at the overall results, there were only a few minor faults written up by the inspectors, nothing that would indicate any serious problems at Otis."

He described the process as being unlike a normal military unit readiness inspection where a ninety-five percent compliance rate would rate the unit as being outstanding. He said, "When it comes to the environment, ninety-five percent can result in serious fines and could even send people to jail."

Faux said that the on scene coordinator from the EPA came away indicating that she was extremely pleased and impressed with the facility, the way that everyone knew their jobs, and their responses to emergencies. Everyone knew where everything was, what needed to be done, and how to solve a problem. Another thing the inspector commented on was that involvement in the environment extended down from top echelons of command all the way through the chain of command to individuals on the job site.

There was not just one person or one organization in the wing, but a culture of environmental excellence that extended throughout the wing.

Colonel Faux generously lavishes his office staff with much of the credit for the successful string of inspections. Serving in the environmental office as Colonel Faux's deputy is, Ms. Rose Ware, she is very well versed with all the different environmental medias, and is especially good at financial management.

Mr. George Rucker is the hazardous waste manager, he works jointly with Mr. Tommy Connors, the recycling manager; both share responsibility for each others areas and work closely together on both jobs. The colonel described the paperwork these two areas generated as a frustrating nemesis of the 1990s. Today, these two men have a checklist to cover checklists for very manifest that is shipped of this base, as a result their record keeping was found to be flawless.

The office's water program manager is Ms. Elizabeth Mascia, her responsibilities cover everything from drinking water, to storm water, and waste water. She is said to be meticulous about her record keeping and inspections, and again her effort was also found to be flawless.

Master Sgt. Keith Delgado is responsible for bio-engineering which is an integral component of the environmental operation. He handles industrial hygiene and occupational health, and is very much involved with the sampling and analysis process.

Mr. Allen Ronald does sampling and cultural natural resources, and also some financial management for the office.

Retired Lt. Col. Ralph McGraph handles the environmental management system, and a lot of the interface and financial work for hazardous waste for that specific system with DRMO, Defense Reutilization Marketing Office.

The environmental office maintains an intranet web site which contains every bit of information about the office's function. Mr. Robert Dean built

and maintains the site.

"Credit also goes out to nearly every sub-section in the wing," says Colonel Faux. He wishes he could name everyone responsible, but just to name a few: "almost every shop has a satellite accumulation point manager responsible for managing waste, and all these individuals do a perfect job. Rick Fanning does a fantastic job in the hazardous materials pharmacy, and of course retired Chief Master Sgt. Fred Wadsworth makes an invaluable contribution in the area of disaster preparedness. The list goes on and on."



# Sergeant Jacques fulfills a mission of compassion

By Senior Airman Matt Benedetti  
Public Affairs Staff

Scores of individuals go through life with a sense of uncertainty. They wonder about their true purpose and someday hope to find their way. Tech. Sgt. Paul Jacques is not burdened by these questions- his mission in life is to save lives.

As a firefighter here at the 102nd and in Attleboro, Sergeant Jacques is tasked with rescuing people from dangerous circumstances. Naturally, he relishes the opportunity to serve in this vital capacity. While serving a six month tour in Iraq, he became involved with Operation Helmet and facilitated the distribution of enhanced helmet linings to service members in the field.

“Support Our Troops” bumper stickers are still adhered to vehicles. Makeshift welcome home banners hang from highway overpasses and American flags continue to fly outside homes and storefronts in most towns. To many, however, these symbolic gestures were not enough. Other than flying the Stars and Stripes or affixing a sticker, patriotic individuals are not always sure *how* to “Support the Troops.”

Operation Helmet allowed willing Americans an opportunity to directly contribute to the protection of military members currently deployed to hostile areas. Whether it is Iraq, Afghanistan or elsewhere, a \$100 contribution at that time, purchased a ballistic liner suspension system, a helmet upgrade designed to provide maximum protection for service members.

Until recently, these upgrade kits were not issued to deployed military personnel; however, after three years of legislative lobbying by volunteer members of Operation Helmet, these valuable items will now be standard issue for all service members deployed to the war zone.

Many of the traditional helmets worn by service personnel are designed to protect against gunfire and shrapnel, but not the impact trauma and blasts that



*Tech. Sgt. Paul Jacques while deployed in Iraq*

have accounted for 65 percent of the deaths in Iraq since last May, according to the Associated Press. A helmet upgrade consists of shock absorbing pads and a new chin strap. Augmenting the shock-absorbing pads to the Kevlar helmet can greatly reduce the potentially fatal impact forces to a survivable level. The helmet upgrades replace the 1930s era support system and decreases the G-force transmission to the head and brain on impact of an explosion.

Pentagon research indicates that 30 percent of Iraq and Afghanistan casualties treated at Walter Reed Army Medical Center have been diagnosed with mild, moderate or severe traumatic brain injury.

A non-profit, 100 percent volunteer charitable organization, Operation Helmet was created by retired Navy Capt. Bob Meaders, M.D. and his son, retired Air Force Maj. Mark Meaders. Dr. Meaders grandson Justin, a Marine combat engineer, was preparing for his first tour of duty in Iraq in 2003 when a gunnery sergeant training Justin's team advised them to get upgrade kits for their helmets. Dr. Meaders sent Justin a dozen upgrades for his rifle team but they wouldn't use them unless the

entire company of 100 Marines was equipped. The initial delivery of 100 liners evolved into a volunteer organization and spawned Operation Helmet.

Due to the generous contributions of supportive Americans and the indefatigable efforts of the Meaders family and volunteers like Sergeant Jacques, 35,000 upgrade kits were made available to deployed service members. "We get e-mails every day from Americans who want to make a difference by helping troops return home safe and sound," said Dr. Meaders.

By spearheading this initiative, Sergeant Jacques assisted in preventing head injuries and saving the lives of countless military members. The improved helmet is more comfortable and fits more securely on the head. This simple but critical modification allows the wearer to don a secure and comfortable Kevlar helmet whenever necessary. "These upgrades make a good helmet significantly better.

"Knowing you have this item gives you an added sense of security. You can see the other individuals who did not have them were not as comfortable. Forty seven firefighters had them and were very comfortable," said Sergeant Jacques.

Initially, the sergeant became familiar with the program while watching CNN's Lou Dobbs, who had Dr. Meaders as a guest on his show. "I e-mailed him from Iraq and he explained how the program operated through donations and if a person wants to send a liner to a specific person in the field they should contact Operation Helmet," said Sergeant Jacques. "I am the past president of my firefighters local, so I contacted the guys back home who sent the message to the international firefighters union and it took off from there," he said.

"It was gratifying to see the items come in –we could not keep up with them. They were accounted for before they came in and more folks would come over and ask for them. We were integrated with Army units and they expressed an interest. As a firefighting unit, we would go outside the wire for responses and the liners were a big help," he recalled.

Allocating the enhanced liners could be a challenge but Sergeant Jacques and his colleagues developed a distribution method. "We had a priority system to determine who would get the helmets first-we started taking names and lists based on the threat level," said Jacques.

"I didn't expect that kind of generous response from back home, we got \$30,000 in donations and distributed about 300 liners to personnel in the field. The big boxes kept coming in and the command staff supported us," remembered Sergeant Jacques.

Staff Sgt. Marco Castro, a Boston firefighter, served with Jacques in Iraq along with several other members of the 102nd Civil Engineering unit. "The liners arrived by regular shipment and we were very happy to receive them," said Sergeant Castro. "You really notice the difference."

No dollar amount was too small, though, "A little old lady from Florida sent me a perfectly folded one dollar bill with a note explaining that was all she could afford," recalled Dr. Meaders. "People tell me that they are so happy to make a meaningful difference. They are tired of putting ribbons on their cars," he continued.

Due to the success of Operation Helmet and subsequent change in Pentagon policy, **donations will no longer be solicited.** The remaining funds will go to charities providing support for wounded troops and their families including; the Semper Fi Fund, Wounded Warrior Project and the Fisher House.

The success of this innovative program is a testament to the hard work of committed volunteers, including Otis firefighter Sergeant Jacques. Major Meaders enjoyed working with Sergeant Jacques, "He worked on this issue with a sense of purpose and dedication. He is one of the good guys."



*Tech. Sgt. Paul Jacques while deployed in Iraq*



# 2007 Otis Poster Contest

**Eligibility:** Open to all immediate and extended family members of 102FW, 253CCG & 267CBCS Guard members who fit within the specified age categories.

**Age Categories:** Boys and girls Ages 5-8; 9-12; & 13-15

**Awards:** Each contest participant will receive a prize

Top winner for each category will be highlighted at Family Day.

The grand prizewinner will have his/her picture on the cover of the Seagull and their poster featured inside.

**Poster Contest Theme:** Amer-“I-can” Idols

Part of the Nation Guard goal is to protect us here at home. In every state and community they help fight fires, evacuate from floods, and respond to tornadoes, hurricanes, and snowstorms. They also help protect the environment by treating it properly, like putting trash in its correct place. These actions help make America better by taking care of others.

Ask yourself: What CAN I do to help others or what good deeds have my mom/dad/aunt/grandparent/etc done that has helped others?

Now, draw it!

**Poster Instructions:**

Poster entries should be drawn on 8 1/2 x 11 inch white, unlined paper.

Vertical drawings preferred but horizontal will be equally accepted.

Color drawings preferred but black & white will be equally accepted.

Crayons, markers, colored pencils, watercolors, etc. accepted.

Artwork must be mailed flat.

All entries must be artist's original work.

An official entry form must accompany each entry.

Participants may enter as many times as they like.

Each participant will receive only one participation award.

Entries must follow rules specified for this contest.

For more information contact Erin Creighton at 508-968-4855 or at [erin.creighton@maotis.ang.af.mil](mailto:erin.creighton@maotis.ang.af.mil)

**Contest Dates:**

**Contest begins: Friday, June 01, 2007**

**Contest closes: Friday, July 27, 2007**

# Fit to fight

By Capt. Stephanie Francis  
102nd Medical Group

Are you ready for your annual fitness assessment? If not, now is the time to take a good look at the way you eat, exercise and relax.

In accordance with AFI 10-248, all members of the Air Force must be physically fit to support the Air Force mission. Health benefits from an active lifestyle will increase productivity, optimize health, and decrease absenteeism while maintaining a higher level of readiness. If you are not fit, you may hinder the mission of your unit and eventually be discharged. Clearly, being unable to perform your job up to standard reflects poorly on yourself and the wing.

Fortunately, the 102nd Medical Group is here to assist in your efforts to maintain your current physical fitness level or to become physically fit. We offer a support group for those who need to lose weight or would like to change their eating habits. Weight Watchers meetings are held

on Wednesday mornings from 11:45 to 12:45 p.m. in Building 149. Weight Watchers is the best overall diet plan according to recent research conducted by Consumer Reports. This successful program has the highest long-term adherence among participants that Consumer Reports has analyzed. The diet's point system encourages the consumption of low-fat, high fiber meals in combination with weekly group meetings as well as weigh-ins and behavioral support.

In addition to a diet that one can maintain throughout their lifetime, one must also maintain a daily exercise program. Daily is the key word here. Just beginning exercising three months or three weeks prior to the Physical Fitness Assessment (PFA) can be ineffective if not dangerous to your health. Walking at least four times a week for at least 30 minutes each session will help maintain a healthy weight necessary for increased training prior to the annual assessment. Keeping one's body mass index (BMI) within the normal weight range will reduce the number of injuries sustained during training therefore facilitating a passing

physical fitness score.

Many successful Airmen attribute their passing scores to varying their workout each week. In addition, one should actually practice the correct Air Force sit-up and push-up. Approximately three months before the PFA, begin to test yourself. Use the fitness calculator and test score charts located on the Air Force Portal under Top Viewed Fitness, Air Force Fitness Management System. [https://www.my.af.mil/gcss-af2/cfm/fms/index.cfm?FuseAction=Fitness\\_Home](https://www.my.af.mil/gcss-af2/cfm/fms/index.cfm?FuseAction=Fitness_Home).

Exercise and diet are essential, but how we relax can determine if we are to reap the benefits of our healthy lifestyle. If alcohol consumption is your primary method of relaxation then consider this: It has become clear through research that alcohol can harm every organ in your body. Heavy drinking has been linked to fatal diseases of the liver and heart. Accidents, cancer, weakened immune systems, hormonal imbalances, stroke and alcohol poisoning are only a few of the hazards associ-

ated with excessive alcohol consumption. Finding your ideal relaxation technique is an individual preference. Keep an open mind and try something new!

We owe it to our fellow brothers and sisters in harm's way all over the world to be "Fit to Fight," and get the job done. Get out there today and do

an extra 10-20 sit-ups and push-ups for American Servicemen. Hoorah! Go Air Force!

$$\text{BMI} = \frac{\text{Weight in Pounds}}{(\text{height in inches}) \times (\text{height in inches})} \times 703$$

## BMI Categories

Underweight = < 18.5

Normal weight = 18.5 - 24.9

Overweight = 25 - 29.9

Obesity = BMI of 30 or greater



Staff Sgt. Wayne Reay holding Senior Airman Evan Minor's feet, demonstrating the sit-up.

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# Milestones

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## Promotions

**To senior master sergeant**  
Shawn Peno

**To master sergeant**  
Timothy C. Moore  
Kathleen A. Goodwin  
Derold F. Evans  
Eric J. Sabatinelli  
Richard A. Halstead  
Kevin J. Merrihew  
Donald V. Kochka  
Randy B. Bonneau

**To staff sergeant**  
Matthew Mackenzie  
Nicole M. Arena

John J. Halloran III  
Philip M. Dehnick  
Amy T. McNeill

**Welcome aboard**  
Tech. Sgt. Andrew V. Reitano  
Senior Airman Eric P. Cefalo  
Airman 1st Class Edwin M. Dominguez  
Staff Sgt. Michael E. Stevens  
Airman 1st Class Sean D. Silva  
Airman 1st Class Joshua M. Gue  
Staff Sgt. Randall G. Herold  
Airman 1st Class Frank J. Bethoney  
Senior Airman Albert F. Viola  
Airman 1st Class Katherine M. Talbot



# Volunteer!

**By Senior Airman Alexis Colonna**

This is your unit. Its quality depends largely on your participation. Most of the special events we do are impossible without volunteers and members, people willing to take on an extra duty for the betterment of the unit and Air Force. Think about it: Honor Guardsmen are all volunteers except for two trainers, volunteers support AEFs in operations world-wide, volunteers support G-RAP to assist recruiters, etc. Here at the 102nd, volunteers up to the rank of Tech. Sgt. can volunteer to bring about local improvements through the Airmen's Council. To the present, the Airman's Council has done most of its work behind the scenes, supporting less visible projects. This year, however, we're getting out more.

This is a big year, a milestone year. One mission is coming to a close and a new one is beginning. It's all the more important to make our special events truly memorable. That said, we've kicked off the year with the release of our Airman's Council Challenge Coin, a coin to be awarded on a peer-recognition basis. We are very proud of this project and are eager to begin the nomination process. While we still have some details to see to, we are accepting award nominations. Bring names for an initial list so we can start ironing out any oversights in the procedure and documentation and get deserving troops nominated. Nomination forms are available on the Airman's

Council website (<https://teamotis.maotis.ang.af.mil/airmen-council/>) or through an Airman's Council representative.

To mark our milestone year, we have decided to follow-up on our Airman's Challenge Coin with service. We are looking for representation from every shop/office to support these events and projects:

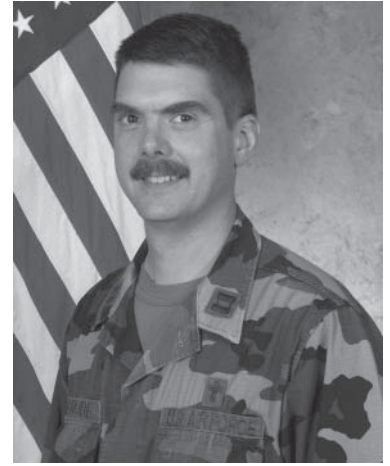
- Joint project: Chiefs', First Sergeants', and Airmen's Councils: create and publish a commemorative year-book
- Support Services for the June UTA - serving our troops lunch
- Contributing to Family Day tables and service
- Volunteering to support our last Air Show

Lastly, the Airman's Council is a great way for offices and shops to be represented, and part of the actively changing environment in which we work every day. It is also good opportunity for all troops up to Tech. Sgt. to understand and be involved in the community which they will have an increasingly active role in as they rise through the ranks.



# Chapel Call

By Chaplain (Maj.) David G. Berube



Chaplain Berube

## Going forward

I recently came across a story about two monks on a pilgrimage. It was credited to The Wisdom of Zen Masters --

Two monks journeying toward a worthy destination came to a river crossing. The river was high and the monks noticed a beautiful woman dressed in wonderful clothing standing at the crossing. She was obviously concerned because she could not cross the river without ruining her clothes. Without any debate or lengthy process, one monk allowed the woman to ride through the flooded river on his back. When they reached the other side he placed her on the ground, completely dry, and they parted ways.

After about an hour, the monk who had not carried the woman started to complain. He said he couldn't believe his companion had violated the rules. Monks, he reminded his brother, should not touch a woman and he could not believe his friend had one practically wrapped around him. He went on for a while about his disbelief and distress that his friend would commit such a violation of what is right.

The monk who carried the woman didn't say anything and just listened patiently. After a few quiet moments, he broke the silence and said, "I put the woman down over an hour ago. Why are you still carrying her?"

It is easy in life to get fixated on what we perceive went

wrong in the past. Being fixated on previous failures, hurts, broken promises, stupid mistakes, or other wrongs can become so overpowering that it clouds our journey forward. Obsession with past wrongs can overshadow the worthy destinations we're journeying toward. In the worst case, that can mean we lose sight of the destination altogether, veering off a meaningful journey into pointless wandering.

I don't mean to say we should never evaluate what we've been through in life or ignore the past. I'm not an advocate of doing whatever we want without a thought to the consequences. Evaluation is good. It helps us move forward with lessons learned as wiser people. But fixation and obsession on the past cripple us and keep us from moving forward with purpose and meaning.

As we continue our journey toward the future at the 102nd we can learn from the monks in the story. We can be like the first monk who made the best decision he could when faced with a choice at the river, continuing his progress and helping another. Or, like the second monk, we can become locked into negative thoughts of the past that rob us of energy and joy, making the journey oppressive. It is my hope and prayer that we all choose worthy destinations at the end of this journey, focus on them, and continue to creatively engage the situations we encounter along the way, to the betterment of others and ourselves.

# Personnel update

## **Reserve Survivor Benefit Plan**

When a member obtains 20 satisfactory years in the military, Air Reserve Personnel Center mails out information regarding the Reserve Component Survivors Benefit Plan and your retirement pay options. The forms received **MUST** be completed within 90 days of receipt and sent back to the Air Reserve Personnel Center. If you have received this package, please do not hesitate to see a Personnel Representative in Building 158, room 232 and mail the forms back within the 90 days suspense.

## **Tricare Reserve Select**

The Department of Defense implemented recent enhancements to TRICARE health care coverage for certain Selected Reserve members and their eligible family members and is called Tricare Reserve Select. Tricare Reserve Select is a premium-based Tricare health plan with three tiers that is available to members of the Selected Reserve. Tier 1 is offered to members of the Selected Reserve who are called or ordered to Active Duty in support of a Contingency Operation and served continuously on Active Duty, voluntarily or involuntarily, for 90 consecutive days or more. Members must enroll prior to Active Duty end date.

Tier 1 requires the member to pay 28% of the total cost of the premium. Tier 2 is offered to members of the Selected Reserve who are Unemployed, not eligible for an employer sponsored health plan, or self employed. Tier 2 requires the member to pay 50% of the total cost of the premium. Tier 3 is offered to all other members of the Selected Reserve who are not eligible under Tier 1 or 2. Tier 3 requires the member to pay 85% of the total cost of the premium.

## **Emergency Data Locator (DD Form 93)**

When listing family members on your Emergency Data Locator form, you must list their physical address. If the physical address is not known, all means must be utilized prior to listing "Member unable to provide address at this time." Members may list an individual, other than their biological parents as a parent and recipient of the Death Gratuity payment if that individual is deemed as a Loco Parentis. A Loco Parentis is one who has acted as a parent for the member for at least one year prior to entering the military. Death Gratuity payment has increased to \$100,000 and is to pay for unpaid bills, helping family members with airline tickets, etc. It is not intended to pay for funeral expenses. The Veterans Administration will assist the family with funeral arrangements and payments. Death Gratuity **MUST** be paid to someone. Should **NEVER** list "NONE" unless the member **DOES NOT** have a spouse, any children, parents, loco-parentis, or siblings. Unpaid pay and allowances **CAN** be left to a **TRUST** for the benefit of a child. **DO NOT** list just the child's name and address. When adding dependents to your Emergency Data

Locator (spouse and children), you must provide a copy of the marriage certificate and birth certificate of the children and/or step-children.

## **Serviceman's Group Life Insurance**

1 September 2005 – Serviceman's Group Life Insurance was increased automatically to \$400,000. Members **MUST** complete a new form to decrease amount. Please see a Personnel representative in Building 158, room 232. Serviceman's Group Life Insurance is effective the first day you perform duty. Members are covered for 120 days after separation or release from duty. If member cancels or decreases SGLI, the previous coverage is good until the end of the month. SGLI payments are exempt from taxes. When a member gets married or divorced, you **MUST** complete a new Serviceman's Group Life Insurance Form, 8286. Please see a Personnel representative in Building 158, room 232. If the member chooses less than the maximum amount of insurance or chooses not to list his/her spouse as the sole recipient, the spouse must acknowledge those decisions, in writing. That statement must be forwarded to the Military Personnel Flight at the time of requesting the change. When a member is activated, SGLI is automatically changed to \$400,000. If the member wants to decrease the SGLI upon deactivation, he/she **MUST** complete a new SGLV 8286.

## **Traumatic Serviceman's Group Life Insurance**

Traumatic Serviceman's Group Life Insurance is to insure a member in case of a traumatic injury. A traumatic injury is defined as physical damage to the body that is caused by a traumatic event. Coverage is retroactive to 7 October 2001 for members who were injured on active duty overseas. They are currently working on changing the law to remove the statement of "overseas" and should be passed within the next few months. All members who currently pay for Serviceman's Group Life Insurance are covered under the Traumatic Serviceman's Group Life Insurance 365 days a year, regardless of military status. Lump sum payments range from \$25,000 – \$100,000, depending on the injury. The payments are exempt from taxes. Coverage ends on separation or retirement. Member **MUST** survive for a period of at least 7 **FULL** days from the date of the traumatic event in order to receive payment.

## **Family Serviceman's Group Life Insurance**

Upon marriage, Family Serviceman's Group Life Insurance automatically covers your spouse, unless you decline the coverage with a Personnel Representative in Building 158, room 232. Children are covered up to age 18 or 23 if enrolled in college, full-time. Family members are covered for 120 days after the member's separation or release from duty.

# Retirement requests

Guardsmen submitting a request for retirement are now required to follow the instructions contained in a March 9 ANG retirement processing policy handout available from commander support staffs or online at the Air Force Personnel Center Web site, which holds the total force personnel services delivery transformation tools.

For traditional Guardsmen or military technicians applying for a Reserve retirement, the effective date of retirement must be no earlier than 12 months and no later than six months before the requested retirement date.

AGR Airmen applying for an active-duty retirement may apply no sooner than one year before the desired retirement date, but no later than 120 days before the effective date plus any desired terminal leave or permissive TDY.

If AGRs are requesting a retirement date before their established AGR tour completion date, they must request a curtailment from their AGR tour through their servicing human resource office or remote designee.

Once the Airman fills in the online application, it will be forwarded to his or her unit commander and then to the wing

commander for their recommendations. It is important to note that applications submitted outside the standard application window will require a waiver approved by the wing commander or equivalent. Waivers only should be requested as a last resort in the best interest of the ANG or for hardships, official said.

By submitting an application as outlined in the policy handout, an AGR Airman will provide the Reserve Personnel Contact Center enough time to process the application and issue retirement certificates, and publish and distribute the retirement orders.

When a Guard Airman wishes to retire, he or she will submit a request for transfer (or assignment) to the Retired Reserve online through the virtual Personnel Center - Guard and Reserve, or vPC-GR. No further participation is authorized for pay or points on or after the retirement effective date.

The Air Reserve Personnel Center Web site is located at <http://arpc.afrc.af.mil>. The Guard Airman should follow the prompts for the retirement application by clicking on vPC-GR.

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## Jump in the pool...

## the mentoring pool that is

**By Senior Master Sgt. Raquel Ramos  
154th Wing, Hawaii Air National Guard**

Remember that feeling you had stepping off the bus for the first time at basic training? For some of us, that was a long time ago, but those images, sounds, smells, and feelings are still crystal clear in all of our minds. Somehow, we managed to get through it, but we didn't get through it alone. Most of us probably met a few people during our journey that we found we could lean on and learn from. Do you remember the one or two people that added value to your lives? No matter the circumstances, they were a wealth of knowledge and a comfort to be around when it seemed like everything was falling apart. They always seemed to know what to expect and just how to handle the situation. These individuals were mentors to us. We respected and valued their experiences.

In a recent Lansing State Journal article titled *Mentors are valuable for professionals*, author Max Messmer (Managing Your Career for Dummies) points out that dedication and talent may be enough for simple advancement, but "...a mentor can

help pave the way to career success." He goes on to point out that mentors are often able to teach some of the more subtle nuances that are key for day-to-day success, which can not be learned from books.

Now is a great time for us to sow our seeds of experience and reap the benefits of shared expertise by jumping into the Air National Guard Mentoring Pool. The Enlisted Development Plan (**My EDP**) is now available on the Air Force Portal Homepage. Please log-on and take the next step in Mission Driven Mentoring.

If anyone has any questions regarding Air National Guard Mission Driven Mentoring, please contact Senior Master Sgt. Michael J. Poirier at DSN: 557-4661 or via e-mail at [Michael.poirier@maotis.ang.af.mil](mailto:Michael.poirier@maotis.ang.af.mil). The pool is open and the water is perfect – dive in! Transforming today's Airmen into tomorrow's leaders!

# CAPE COD AIRSHOW

An aerial photograph of an airshow. In the foreground, a biplane with a blue upper wing and red lower wing is flying. The upper wing has "AIR FORCE RESERVE" written vertically in white. The biplane is flying over a green field. In the background, a formation of five white jets with red and blue markings is flying in a V-shape, leaving white smoke trails. The airshow is taking place over a large airfield with various runways and taxiways. In the distance, a city and mountains are visible under a clear sky.

## AUGUST 25 AND 26, 2007

*The United States Air Force Air Demonstration Squadron Thunderbirds have been inspiring the young, instilling confidence in the old, and making Americans proud of their Air Force since the first demonstration more than 47 years ago. Watching a Thunderbirds performance provides a small glimpse into how more than 360,000 Air Force professionals perform everyday. This year, the Thunderbirds will again bring the U.S. Air Force to audiences around the world, displaying the pride, precision and professionalism of the men and women serving in today's Air Force. The team will perform at the Cape Cod Air Show on Otis Air National Guard Base, Aug. 25 and 26. Another show stopper appearing at this year's Air Show is Ed Hamill, pilot of the Air Force Reserve Biplane. The Biplane performs low and close - sometimes seeming within reach of airshow fans.*

### Seagull

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