

USARAF conducts first AT/FP Level II training in Africa

Story and photos by Sgt. Terysa M. King
U.S. Army Africa Public Affairs

MOMBASA, Kenya — The first Anti Terrorism/Force Protection Level II class to take place in Africa included 16 students from different areas of responsibility throughout the continent. The AT/FP II class, along with an escape advancement class, hosted by U.S. Army Africa, took place in the city of Mombasa, Kenya March 26-30.

The AT/FP training provided the necessary tools for U.S. personnel living and working in Africa to prevent and respond to terrorist attacks, and paved the way for lasting relationships built with members of the Department of State and Department of Defense.

Antonio Hardy, a USARAF AT analyst, planned the event after the U.S. Embassy in Kenya's capital of Nairobi requested the training in November 2011.

"There are so many people from Department of State and Department of Defense who have not had this Anti Terrorism training. This training is relevant to the embassies in Africa and the jobs that these people have to do because the embassies are like a small installation. The embassy people have to know how to secure their workplace and have policies and procedures there to mitigate the threats," Hardy said.

Mike Miller, an AT/FP instructor with Department of the Air Force, said it is important to build relationships with the country team and regional security officers due to the unique situation in Africa. To conduct current and future operations, the country team and RSOs are utilized to help conduct joint exercises and other operations.

"Inside (Africa Command), both U.S. Army Africa and U.S. Air Force Africa's unique mission faces security challenges, and force protection has to be in the forefront, and to do that successfully, you have to have a good relationship with both DoD in-country and DoS. It was an excellent opportunity to get some training for all those organizations," Miller said.

Subjects covered during the training included critical assessments, vulnerability assessments, risk management, target analysis and contingency operations. Near the end of the course, students applied all their classroom training in a vulnerability assessment practical exercise.

Training consisted of students from different areas of operation and job fields from all over the continent. Personnel who have had years of experience in AT/FP traded ideas and shared their experiences with those whose only experience with AT/FP was the required



Members of the Anti Terrorism/Force Protection Level II class take part in an exercise to better prepare them for a possible abduction or hostage situation.

annual online training.

Air Force Master Sgt. Andrea Slaga, an operations Noncommissioned Officer with the Defense Attaché Office, U.S. Embassy in Nairobi, said the training was a good refresher for her. Slaga said she was familiar with some of the training because one of her responsibilities is to facilitate when her office has visitors coming to Kenya.

"When we have important visitors that come in we make recommendations based off what we see as safe and what we see as a potentially unsafe place for visitors to be," Slaga said.

Sgt. Michael Brown, an administration NCO with the U.S. Embassy in Addis Ababa, Ethiopia, said he really enjoyed the class because it is not something he deals with in his job duties.

"After taking the class I realized you can never be too aware. I thought I was being very cautious, but I learned not to do certain things and what to do if I was in a situation like that. Also with that escape advancement class, I found it very useful," Brown said. He also said this will give him an advantage in the future.

Since this was the first time this training was held in Africa, many observers came to sit in on the training to listen in and brainstorm ways to improve the course based off feedback from students.

Craig Benedict, an AT strategic and training analyst with the Department of the Army said he wants to make sure the training is applicable to U.S. personnel in Africa, and people are prepared for the environment they go into.

See AT/FP, page 3

Overseas utility housing survey open in April for servicemembers

Commander Navy Region Europe,
Africa, Southwest Asia Public Affairs

NAPLES, Italy — The triennial Overseas Housing Allowance Utility and Move-In Housing Allowance survey is open during all of April for personnel stationed in Italy.

The voluntary survey is for military personnel who reside in privately leased quarters and receive an overseas housing allowance. Survey results will be used to update OHA utility and MIHA allowance rates for Italy.

The Defense Travel Management Office encourages participation from every eligible service member. Individual

responses will be held in strict confidence by DTMO and will not be shared with any other office or agency.

The survey can be found at <https://www.defensetravel.dod.mil/site/aprutilmiha.cfm> and will be active starting April 1 until the close of business April 30.

The survey may take as much as 45

minutes to complete.

The regional commander, Navy Region Europe, Africa, Southwest Asia will be coordinating survey participation for installations in Italy. If you have any questions or need more information, please contact the regional coordinators at DSN 314-626-2551.

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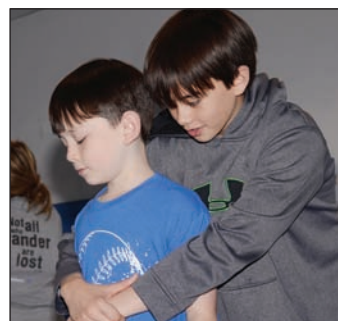
News pages 3 & 4

Earth Week activities aimed to educate community;
EFMP Field Day deadline to sign up Monday



Sports page 8

Yoga instructor comes to post for special weekend;
Free self defense class held Saturdays at Fitness Center



61/39 Friday	59/39 Saturday	64/43 Sunday

Due to an Italian holiday Wednesday next week's Outlook will come out on Friday, April 27.

Sexual assault awareness month proclamation signed

Our Armed Forces community must continue to confront rape and other forms of sexual violence as a deplorable crime. Too many victims suffer unaided, and too many offenders elude justice. As we, the Vicenza military community, mark National Sexual Assault Awareness Month, we recommit to having an Armed Forces where no woman or man endures the fear of assault or the pain of an attack on their physical well-being and human dignity.

Sexual assault violates the Army's core values such as loyalty, respect and personal courage. It destroys unit cohesion and the trust essential for mission readiness. It hurts one, but affects all. We must break the silence so no victim languishes without



resources, aid and understanding in their time of greatest need. We must continue to reinforce that our Armed Forces will not tolerate sexual violence within our ranks.

This month we reaffirm our dedication to take action in our community and prevent sexual violence. Together, we can increase awareness about sexual violence, decrease its frequency, punish offenders and help victims heal.

Therefore, I, Maj. Gen. David R. Hogg, hereby proclaim to support April as National Sexual Assault Awareness Month. I urge all service members, civilians, contractors and family members to learn more about this crime and speak out against it.

- Maj. Gen. David Hogg
Commanding General,
U.S. Army Africa Command

New lottery scam to be aware of: Loteria Primitiva

By Peg Clevenger
USAG Vicenza security manager

Beware of the scam. If you receive a letter in the mail or an email that says you have won a lottery, it is probably a scam. There have been a number of reports that people are now getting scams by mail. The latest is called Loteria Primitiva.

Not all lottery scams are received in your email, some arrive in your mailbox. Just because you receive a letter from the mailman does not make it legitimate.

Do not be fooled: No legitimate lottery will notify you by mail, email or phone.

If you still think this might be legit, look for the other, additional signs of a scam; such as: keep confidential, selected by a random computer lottery of email addresses, no website of their own, use of free Hotmail/Yahoo email accounts, numerous misspellings, poor grammar and punctuation, etc.

Remember these tips for avoiding scam lotteries: You cannot win a legitimate lottery if you have not entered it. You must purchase a ticket to enter a legitimate lottery. No legitimate lottery contacts winners. Winners must always contact the lottery first. You never have to pay to collect winnings from a legitimate lottery or sweepstake. You pay taxes after you receive the winnings. There are no other fees.

It is illegal under federal law to play any foreign lottery from the United States.

Scammers often use the name of a legitimate lottery in the scam.

Since scammers simply invent new names for their fake email scam (the email



Above and at left, these are examples of scam letters persons may see. Things to look for include bad grammar and misspellings.

is the scam, not any persons or companies named in the emails, it is more accurate to say that if you do not see the lottery on <http://www.consumerfraudreporting.org/lotteryscamnames.php> it is probably a scam.

Victims typically are notified they have won a lottery. They are instructed

to pay transfer fees, taxes or provide proof of their identity and/or details of their bank accounts or credit cards in order to receive the "winnings". The names of these organizations change all the time (they just make up a new name when one is exposed as a fraud), although many of the notifications use

similar wording. **Key Tips:** You cannot win a prize in a lottery you have not bought or been given a ticket for. Legitimate lotteries do not ask for funds in advance of paying out prize money. Never provide personal identity information to a company or person you do not know.

Speak Out

What is your energy saving tip for Earth Week?



Molly Borawski
Family member

"We keep our heat at a steady temperature and we turn lights off when we leave a room."



Sgt. Cedrick Monroe
HHC, 2nd Bn., 503rd Inf. Reg.

"We turn off all lights and TVs in our barracks."



Tracy West Pinkoski
Family member

"We save energy by turning off the lights in rooms we aren't using and by only using the air condition when we absolutely need it."

By Laura Kreider

Earth Week activities in full swing on Caserma Ederle

Directorate of Public Works Environmental Division

A week full of activities is planned to bring together the community, as well as educate them on energy saving practices. Events begin as soon as Thursday at Vicenza Middle School with a dance, with an Earth Day theme from 6-8 p.m. Sunday is the actual Earth Day. On Monday and April 26, students from each of the Vicenza schools will visit the Eco Center and CO-GEN Plant from 9 a.m.-1:30 p.m.

An Earth Week information booth will be at the Exchange Monday and Friday from 10 a.m.-2 p.m. An organic garden display will be at the high school from 2-3 p.m.

Tuesday will be the garrison/173rd Airborne Brigade Combat Team base cleanup. A tree planting ceremony at the Villaggio schools will be at 10 a.m. Middle school and high school science projects along with photo displays will be at the youth center gym from 4-5 p.m.

Winners of the school art and essay contest will be announced Thursday at 3 p.m. at the health clinic followed by a performance by the high school band and JROTC at 3:15 and a tree planting ceremony at the children's/nature park at 3:30, which is next to the Central Processing Facility, building 393.

Art, essay and photo displays will be at the Health Clinic, Library and PX Wednesday-April 27.

Earth week activities will be at the Arts & Crafts center Wednesday and April 26 from 2-4 p.m.



Outlook file photo by Laura Kreider

Vicenza Elementary School Principal Chris Beane, along with the help of students, digs up dirt during a tree planting at Villaggio last year for Earth Week. Similar events are planned for this year, along with new ones.



Sgt. Michael Brown, an administration Noncommissioned Officer with the U.S. Embassy in Addis Ababa, Ethiopia, observes shed doors held together with a damaged piece of rope, as part of a vulnerability assessment practical exercise in the Anti Terrorism/Force Protection Level II class. The objective of the exercise was to point out force protection vulnerabilities.

AT/FP: Class teaches students what to look for, safety precautions

Continued from page 1

Sgt. Michael Brown, an administration NCO with the U.S. Embassy in Addis Ababa, Ethiopia, said he really enjoyed the class because it is not something he deals with in his job duties.

"After taking the class I realized you can never be too aware. I thought I was being very cautious, but I learned not to do certain things and what to do if I was in a situation like that. Also with that escape advancement class, I found it very useful. Because I live in Africa, it puts a huge tool in my tool box," Brown said.

Since this was the first time this training was held in Africa, many observers came to sit in on the training to listen in and brainstorm ways to improve the course based off feedback from students.

Craig Benedict, an AT strategic and training analyst with the Department of the Army said he wants to make sure the training is applicable to U.S. personnel in Africa, and people are prepared for the environment they go into.

"As a member of the Department of the Army's antiterrorism office, we're here to see what the course is, what it looks like, and how we can improve it for Army

personnel in the Africa AOR. Just like all AORs, there are unique aspects to this one, and we want to make sure Army personnel are prepared for this AOR before they get here – this kind of training will help them do that. (We want them to) have an awareness of a possible terrorist attack and how they're supposed to respond for their personal protection," Benedict said.

Building awareness in today's high threat environment is essential to ensure the safety of both U.S. military and civilian citizens both stationed in Africa and temporarily passing through.

David Saunders, an AT/FP II instructor with the DoAF, said he hopes people will remember what they were taught in training and will be able to work with members of the DoD and DoS to make sure personnel can reduce the risks of possible threats.

"Not to sound like an AFN commercial, but the threat is real, and especially in this AOR they can never let their guard down. They need to continue to practice basics and prevent the threat from occurring," Saunders said.

The AT/FP level II course takes place annually at different locations in Africa.

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Provost Marshal's corner



Dos and Don'ts when stopped by an MP:
Do pull your car over at the earliest and safest opportunity.

Do have all your documentation (ID, license, registration, insurance) readily available.

Do stay in your vehicle.

Don't stop in the middle of road.

Don't argue with, become combative with or curse at the MP.

Don't use your rank, grade or position to influence or intimidate the MP.

Don't get out of your car.

Crime stats for April 8-14.

DUI (on post) 3
DUI (off post) 0
Assault (on post) 0
Assault (off post) 0
Burglary (on post) 1
Burglary (off post) 1
Vehicle break in (on post) 0
Vehicle break in (off post) 1
Parking Citations (on post) 3
Speeding citations (on post) 12

Dal Molin changes name to Del Din

U.S. Army Garrison Vicenza PAO

Colonello Edoardo Maggian, Italian Base Commander of Caserma Ederle, announced today that the Italian Minister of Defense, on Nov. 10, ordered the renaming of the infrastructure on the west side of the former military air base Dal Molin, since 2008 and currently in use by the U.S. Army, in honor of Gold Medal for Military Valor (posthumous) recipient Infantry Second Lieutenant (Alpini) Renato Del Din.

Partisan fighter (nom de guerre “Anselmo Conte”) died April 24, 1944 in Tolmezzo (Udine) while fighting against the Nazi-Fascist Forces. Born in Auronzo di Cadore (Belluno) June 15, 1922, he was the son of an Alpini Officer.

He attended the Military High School in Milan (classical studies) and then the Military Academy of Modena. In March 1943 he was appointed Second Lieutenant. After attending the Military Mountaineering School he was assigned to the Battalion “Gemona” – 8th Alpini Regiment - 3rd “Julia” Alpini Division in August 1944, where he was appointed as platoon leader in the 70th Company.

After September 8, 1943, he was among the founders of the patriotic formation “Osoppo” (later called Partisan Group Divisions “Osoppo - Friuli”). It was a group where military men, republicans, monarchists, members of the

Christian Democrats, of the Action Party, of the Socialist Party, of the Liberal Party all came together, also with the support of the Friuli Catholic church.

As early as September 1943 Del Din tried to blow up the Dogna bridge near Udine in order to prevent the deportation of Italian soldiers who had fallen into German hands.

Later on, in addition to a tireless work of organization both in the plains and the mountains, he organized numerous attacks against the German military commands and the Italian Social Republic units.

He took command of the “Osoppo” in Pielungo (today in the province of Pordenone). In order to let the local population know about the presence of partisans in the area and of the fighting spirit that animated them, he organized an attack to the barracks of the Social Republic militia in Tolmezzo on the night between April 24-25, 1944, an action in which he died in combat.

The “Italia” partisan battalion which he had commanded from that time on assumed the name of “Italia - Del Din”.

Since he had joined the Faculty of “Political Sciences” at the University of Padua, he was awarded the “honorary” degree posthumously.

A future announcement will be made for the date of the dedication ceremony, anticipated to be in 2013.



Caserma Ederle prepares for the second Exceptional Family member Field Day

DFMWR marketing office

The Directorate of Family and Morale, Welfare and Recreation and the Exceptional Family Member Program, with the support of a donation from the Vicenza Community Club, will host the 2nd Annual EFMP Field Day for the registered Exceptional Family Members and similar guests from around the Vicenza area.

The event will take place May 2, 8:30 a.m.-3 p.m. on the Caserma Ederle Track & Field and will be great fun for participants and spectators alike. Participants will join in with a volunteer Soldier Buddy and participate in any of the 17 sporting and recreational events that interest them and match their abilities. Sporting Events to choose from include; running, jumping, softball throw, basketball, volleyball and soccer ball handling and shooting. Also included are arts and crafts activities, yoga, a parachute flounce, hula hoop throw, free dance, and a K-9 demonstration from the MPs, jump tower show plus a lunch of hotdogs, chips, drinks and ice cream.

Children will compete in groups with similar age/abilities. There will be awards for each competitor. Participants ages 6 and up are invited. Each EFM competitor will receive an excused absence from their school. Each EFM is invited to bring a friend to cheer them on as they compete. The schools will allow the “accompanying friend” an excused absence, as well, provided they are in good academic standing. Some classes will attend as a field trip. Any participant who attends without being a part of a field trip will need to be accompanied

by a parent or guardian.

Official Registration is required before April 10. Other interested community members are also invited. All registered EFMP families will receive a personal invitation and registration form in your email inbox. Others in need of registering should stop by the EFMP office, located in Davis Soldier and Family Readiness Center, building 108.

For those in the local area, Army regulations define who is enrolled in EFMP. Enrollment in the program benefits the Soldier and his Family, by ensuring appropriate services and education can be provided to meet their needs. Before a Soldier receives orders, the Command Sponsorship process screens Family members to ensure appropriate accommodations are available at the projected overseas duty station.

EFMP serves a wide range of special needs that vary greatly, from mild skin conditions to more moderate or severe issues. Because of limited services in the overseas environment most of the 419 registered Exceptional Families in Vicenza are not coded as severe. The Vicenza EFMP program works with Families to develop programs that accommodate each child no matter what their individual skill level.

Currently, the EFMP hosts weekly athletic skill-building classes and activities that rotate monthly. These include sports such as basketball, volleyball, or soccer, dance, yoga plus beginner and intermediate swimming classes. The basic fundamentals are presented in a fun way that includes more visual and auditory instructions that you



Outlook file photo by Laura Kreider

A participant in the Exceptional Family Member Program jumps during last year's competition.

might not find in a typical class. They also host two monthly informational hours, which cover multiple topics of interest, and are open to all community members. These hours include both presentation and open discussions.

The local EFMP office is fortunate to have a generous and supportive community here in Vicenza. A strong group of volunteers and private organizations donate their time and money, so that they can offer these activities which enhance our regular

programming.

Find out what activities and programs they regularly offer that are appropriate for your child's situation, or could help you as a parent with challenging situations. For more information about the regular programs and services call the EFMP office at 634-7500/8582 or 0444-71-7500/8582 Check check your email inbox for your EFMP Field Day invitation and registration. Registration for Americans has been extended to Monday.

Italian employee receives LSS certification

Story and photo by Chiara Mattiolo
USAG Livorno Public Affairs

It took Marco Bassi, Quality Assurance Specialist at 405th Army Field Support Battalion-Italy, one year to complete the five phases of his Lean Six Sigma green belt project, a management strategy studied to optimize an organization's productivity and to reduce operation costs.

Bassi explained that in 2010 the unit had more than 2,000 Class IX repair parts requisitions cancelled. This action resulted in an enormous waste of man-hours needed to correct the requisition requests.

"The goal was to reduce by 50 percent the number of requisitions and therefore to reduce the man hours by 50 percent," said Bassi. "With this new process the cancellations were reduced by 69 percent."

Bassi received congratulations from his higher command in Germany and even from the U.S. Army Sustainment Command in Rock Island. It was then when Bassi realized he did something important.

"I just thought it was an interesting project, but never stopped to realize how this could affect the whole Army," said Bassi.

Bassi added that he is proud of having met his goal and he feels proud of being Italian and he covers roles that traditionally are more American.

"I am proud I could contribute to saving money for the US Army," said Bassi. "This reinforces the spirit of camaraderie in our unit."

Chief Teresa Czuhjewski, Chief Quality Assurance Division, said, "Bassi is the first Italian employee to receive the green belt in 405th AFSB Italy. His completion of this hard project



Marco Bassi, Quality Assurance Specialist at 405th Field Support Battalion-Italy is the first Italian employee to receive a LSS green belt certification in his unit.

reflects great credit on the Quality Assurance section and all of the battalion."

Czuhjewski said the next step will be to assign Bassi a black belt project so he can get his certification.

"Working on LSS projects is extremely rewarding and motivating, as well as challenging," said Bassi.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

Volunteer Opportunities

The Girl Scouts is looking to fill the volunteer positions that work with adults for next year. They need a secretary to take notes at monthly meetings, and a volunteer to chair the monthly meetings. Free training will be provided in a fun weekend in Tirrenia June 15-17, food provided. Call 050 548696 or 633-8696.

Save a chicken

Every Monday from 11 a.m. -1:30 p.m. in front of the Exchange, the Army team is selling hamburgers and hotdogs. Proceeds will go towards the Army Birthday celebration.

Vet visiting Camp Darby

633-7438

Make your appointments now for the next vet visit April 26 by calling 635-4841.

ITR

633-7589

Visit Cinque Terre, a remote piece of the Italian Riviera consisting of 5 villages connected by trails that hug the coastline on April 21. For any visitor to Tuscany, the unforgettable towns of San Gimignano and Siena are a must-see! Decide which of the two is your favorite April 28.

Beach and Pool Passes

633-7775

Buy your beach and pool season passes for the summer season.

CYSS

633-7681

Get certified as a CYSS Adult Sitter April 24, April 26, May 1 & 3. Class will include CPR, First Aide as well as behavior management, appropriate play activities and emergency plans.

Sports & Fitness

633-7438

♦ Download your copy of the April Group Fitness calendar online at: http://www.vicenzamwr.com/pdfs/Livorno/Sports/GroupFitness_Apr2012.pdf.

♦ 70.3 Half Iron Triathlon Challenge 2012. You'll do the swim, bike and run over the course of 14 days (May 7-20). Register through May 4.

Religious Activities

633-7267

9:40 a.m. Catholic reconciliation
10 a.m. Catholic Mass
11:15 a.m. Protestant worship
11:15 a.m. Catholic CCD

Students say no to drugs

By Joyce Costello

USAG Livorno Public Affairs

The Camp Darby Drug Abuse Resistance Education program run by military police from 511th MP Platoon held a graduation ceremony for participants at the Livorno Unit School April 4. According to Sgt. Daniel Mulford, D.A.R.E. officer, this year's program was combined with the 20-plus weeks of health classes at the school, so students received a well-rounded exposure of how to say no to drugs and violence.

"Through the D.A.R.E. program, we try to emphasize that it's all about making healthy choices and suffering the consequences when you make a wrong decision or mistake," said Mulford. "Sometimes we tell them about the dangers of alcohol and they go home and see beer or wine in the house and think their parents are bad people, we explain that if mommy or daddy wants to have a glass of wine with dinner, that's okay."

Mulford added that in order to graduate from the program, students had to write an essay about what they learned. Some of the students even volunteered to read their essay during the ceremony. Global Credit Union presented prizes for the most complete D.A.R.E. workbooks and top essays.

Photo of the event can be found at www.flickr.com/photos/campdarby/sets.

839th Trans. Bn. volunteers to beautify Second Glance Thrift Store



Above and below, 839th Trans. Bn. Soldiers help give the thrift shop a facelift.

Story and photos by Chiara Mattiolo

USAG Livorno Public Affairs

Noncommissioned officers of the 839th Transportation Battalion volunteered to repaint the Second Glance Thrift Shop March 29-30.

"This place needed a fresh look for the spring," said Monica Mechur, Thrift Store manager. "I am sure this new look will help bring new customers to the shop."

839th Trans. Bn. Sgt. Maj. Daisy Jackson said that while she was talking to Mechur and became aware of her needs, she decided to make this opportunity a community event.

"I feel honored to be allowed to do this and do my little part in supporting the community," said Staff Sgt. Elizabeth Whister, 839th Trans. Bn.



Spring festival:

Numerous festivals will be held downtown Vicenza this weekend from Friday-Sunday for spring time items, including flowers and outdoor decorations.



Courtesy photo

Guns N Roses: June 22 in Rho (Milan)
Ozzy Osborne and Black Sabbath: June 24 in Rho (Milan)
Tom Petty and the Heartbreakers: June 29 in Lucca
Al Jarreau: July 2 in Milan
Gipsy Kings: July 5 in Milan
Sting: July 10 in Piazzola sul Brenta
B.B. King: July 13 in Pistoia
Lenny Kravitz: July 16 in Sarzana (La Spezia), July 19 in Vigevano (Pavia)
Ben Harper: July 20 in Piazzola Sul Prenta (Padova)
The Beach Boys: July 27 in Milan
Alice Cooper: July 30 in Milan
 Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Local events

Wednesday is a national holiday celebrating **Liberation Day** in Italy. It marks the anniversary of the 1945 liberation from the Fascist party and the end of World War II in Italy. Schools and most services will be closed.

Flowers, colors and spring exhibit:

Friday 3-8 p.m. and Saturday-Sunday, 9 a.m.-8 p.m. in Vicenza, Piazza dei Signori, Piazza Biade and Piazza San Lorenzo. This year's theme is the kitchen-garden that, in time of economic crisis, allows you to mix business with pleasure.

Piazza dei Sapori – Flavors festival:

Thursday, 2:30-11 p.m.; Friday-Sunday 10 a.m.-11 p.m., in Verona, Piazza Brà; food stands with typical products featuring wine and food from all over Italy and some other European countries; live entertainment Saturday at 9 p.m. and Sunday at 8 p.m.

Spring Festival:

Sunday, 9 a.m.-8 p.m., in Noventa Vicentina, Piazza IV Novembre, about 21 miles south of Vicenza. Exhibit and sale of garden and house plants, patio furniture and decorative items. "Flowers" photo exhibit in Villa Barbarico-Rezzonico. 8:45 p.m. at the Modernissimo Theatre, Via Broli, free concert and folk music. Stores will be open all day long.

San Marco Festival:

Friday-Sunday and Tuesday-Wednesday, in Canove di Roana, about 37 miles north of Vicenza. Exhibit of traditional terracotta "Cuchi" whistles; carnival rides; food booths featuring local specialties open at 7 p.m.
 ♦ Friday: 6 p.m. grand opening; 9:30 p.m. live music with the Dea Band
 ♦ Saturday: 10 p.m. live entertainment with the Blonde Brothers Band
 ♦ Sunday: 9 a.m. live music and ball room dancing with Jonathan and Gianni Diego.

♦ Tuesday: 10 p.m. live music with the "Nuovo Fronte," Vasco Rossi's tribute band
 ♦ Wednesday: food booths open at noon; 9 p.m. dance show featured by "Non solo danza" dance school.

San Zeno and Flowers Festival:

Friday-Sunday, Tuesday-Wednesday and Apr. 27-May 1, in Arzignano, Via San Zeno 32, food booths featuring local specialties open at 7 p.m.
 ♦ Friday: 9 p.m. music and dancing with Dj Gabry
 ♦ Saturday: 9 p.m. country music and dancing with the Summer Country Band
 ♦ Sunday: 5:30 p.m. dance show featured by Danza sporting Life School; 8 p.m. live music with Francesca Falzoni
 ♦ Tuesday: 9 p.m. live music and ballroom dancing with Sergio Bevilacqua Orchestra
 ♦ Wednesday: 4 p.m. martial arts demonstrations; 5:30 p.m. dance show featured by the Dance Academy School.; 7:30 p.m. live music with Francesco Bertinato and the Empyrean Band.

Kite Festival:

Wednesday, 2:30-5 p.m., in Breganze, Baden Powell Park, Via Maglio, about 12 miles north of Vicenza. In case of adverse weather conditions, the festival will be postponed to Wednesday, May 1.

San Giorgio Festival:

Saturday-Wednesday, in Quinto Vicentino, Via degli Eroi, about eight miles northeast of Vicenza. carnival rides and charity raffle.
 ♦ Saturday: 7 p.m. food booths and charity raffle; 7:45 p.m. dance show performed by "Alice's Dance School"; 9 p.m. live music and ballroom dancing with I Valentino's
 ♦ Sunday: food booths open at noon; 7:45 p.m. dance show performed by Unika Dance School; 9 p.m. live music and ballroom dancing with Simona and I Blue Symphony Orchestra
 ♦ Monday: 7 p.m. food booths; 9 p.m. live entertainment with folk songs
 ♦ Tuesday: 7 p.m. food booths;

Sporting events

Charity Soccer Game:

Wednesday, 3:30 p.m., in Vicenza, at Menti Stadium, Via Schio 21. The National Italian Singers Team, Vicenza White-Read Hearts and the National Italian Pharmacists Team will compete in a charity soccer tournament: 75 percent of the proceeds will go to the Vicentine charity association "Città della Speranza," and 25 percent to another charity association chosen by the National Italian Singers Team. Tickets (from €5-15; €1 for children under 10) can be purchased at any Banca Popolare di Vicenza and local pharmacies.

Freestyle Tour – Moto Show

Wednesday, from 4 p.m., in Vicenza, Foro Boario. Entrance fee: €15, free for children under 10. In case of adverse weather conditions, the event will be postponed to April 29.

FREE concerts, exhibits & events

Exhibits in Vicenza:

ViArt, Contra' del Monte 13, Tuesday, Thursday, Saturday and Sunday 10 a.m. -12:30 p.m. and 3-7 p.m.; Wednesday and Friday 3-7 p.m.
 ♦ "This is bijou" exhibit: ongoing through Sunday
 ♦ Silver works exhibit: ongoing through May 9
 ♦ Ceramics exhibit: ongoing through May 15

Mountain landscapes - photo exhibit:

Ongoing through Friday, in Vicenza, District 4, Via Turra 70, Monday-Friday 9-12:30 p.m.; Tuesday and Thursday 5-6:30 p.m.

Spring concert:

IMT vocal project, Friday, 8:45 p.m., in Malo, San Bernardino

Church, Via S. Bernardino 19.

Organ concert:

Saturday, 8:45 p.m., in Thiene, San Gaetano Church, Via Roma 23.

Conservatory students in concert:

Saturday, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

Concerts

Steve Hackett: Saturday in Schio, Astra Theatre
Sinead O'Connor: Tuesday in Milan
Peter Pan: Tuesday-Wednesday in Bologna
Metallica: May 13 in Udine
Allan Holdsworth Band: May 23 in Milan
Coldplay: May 24 in Torino
Metalfest: June 5-7 in Monza
Marilyn Manson: June 7 in Padova
Bruce Springsteen and the E Street Band: June 7 in Milan, June 10 in Florence, June 11 in Trieste
Madonna: June 14 in Milan, June 16 in Florence

ODR trips

Wine tasting in Friuli: Saturday
Tuscan cooking and photography class: Sunday
Florence and the Uffizi Gallery Tour: April 28
San Marino: April 29
Arezzo and Cortona: May 5
WWI fort hike: May 5
Bolzano Flower Festival and castle tour: May 6
Wine Down Wednesday in Valpolicella: May 9
Photo Travel Workshop at Lake Garda: May 16
Sea kayaking: May 19
Croatia Basic Open Water SCUBA course: May 21-28
Aqualandia: June 2
Grappa tasting and Bassano: June 6
Marche Region - Portorecanati, Sirolo and Numana: June 9-10
 Trips can be booked on WebTrac at <https://webtrac.mwr.army.mil/webtrac/Vicenzarectrac.html> or by following the WebTrac link on www.vicenzaMWR.com or at ODR.

Now Showing



Ederle Theater

Thursday	One For The Money (PG 13)	6 p.m.
Friday	Journey 2 (PG)	6 p.m.
	Safe House (R)	9 p.m.
Saturday	Journey 2 (PG)	3 p.m.
	Three Stooges (PG)	6 p.m.
Sunday	Journey 2 (PG)	3 p.m.
	Three Stooges (PG)	6 p.m.
Wed.	Safe House (R)	6 p.m.
April 26	Safe House (R)	6 p.m.
April 27	Good Deed (PG 13)	6 p.m.
	This Means War (PG 13)	9 p.m.

Camp Darby Theater

April 27	Ghost Rider (PG 13)	6 p.m.
April 28	This Means War (PG 13)	6 p.m.
April 29	Cold Light of Day (PG 13) *	1 p.m.
May 4	TBD	6 p.m.

Admission: *First runs, age 12 and older, \$5, younger than 12, \$2.50
 Regular release, \$4.50/\$2.25 Special pay \$3/\$1.50
 The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at
www.shopmyexchange.com/ems/euro/vicenza.htm or
www.afes.com/ems/euro/livorno.htm

Special events

◆ April is Month of the Military Child and Child Abuse Prevention Month. Activities coming up include recycled sculptures at the Arts and Crafts Center throughout the month, Sunrise Breakfast Social April 23. National Library Week offers a Book Swap Friday, an Altered Book Contest, a Book Walk Game Friday. The Junior Warrior Challenge is April 27. For a complete listing of the entire related events visit www.vicenzaMWR.com.

◆ Vicenza community celebrates Earth Day Tuesday. Beginning at the Health Center at 3 p.m. the winners of the Essay and Art Contests will be announced. At 3:15 is the Grand Opening of phase two of the Children's Nature Park, located in front of the In Processing Center. Enjoy a performance by the High School Band and Choir, and the JROTC posting of the colors, followed by the planting of the trees and shrubs. After the ceremony Families can enjoy eco science projects and arts display plus eco arts and crafts activities to participate in at the Teen Center Pavilion, from 4-5:30 p.m. For complete information about this event please call 634-7219.

◆ Next week is Warrior Challenge — have you signed up for this awesome event at Outdoor Recreation? If not, do it now. Don't wait till the day of the event, there may not be room for you or your team. Registrations are cut off at 300 people or one hour prior to the event. A Viking awards ceremony and feast follows the event for winners, survivors and friends. Cost to enter is \$15 and includes a T-shirt for race finishers. Awards for 1st, 2nd & 3rd (men & women) and for the 1st place team. Get your Viking costume on to qualify for costume prize drawings.

◆ New this year, Junior Warrior Challenge for children and teens. Registration for this event at CYSS Parent Central Services, 634 7219. Visit <http://www.vicenzamwr.com/rec.html> or call ODR @ 634-7453 for more information on both races.

CYSS

◆ Youth Center offers "Youth Workforce Preparation Training". Different subject sessions run on Fridays, 3:30-4:30 p.m. thru June 8. The subjects include; resume writing, understanding your finances, careers for your personality, time management and goal setting, ethics in the workplace, and customer service. All interested youth can register at the Teen Center. Call 634-7659 for more details.

◆ School Age Services heads to Sirmione for a field trip May 5. Cost is \$39 and includes eight hours of adult supervision, transportation, admission fees and lunch. You can save \$16 by using your free 4 hours for the month. Call 634-5700 to sign up.

Summer Hire program

Family members between the ages of 14-22 with a valid ID can apply for a clerical, labor or child care job that runs between June 18-July 27. Applications are accepted online until May 20 at

<https://cpolhr.cpol.army.mil/eur/employment/>. For more information contact Gaetano Valente at 634-7149.

Army Community Services

◆ Bully Me No More is a class that gives parents the tools to teach their children about bullying and how to stop it. Join Family Advocacy Program for this informative session every Tuesday during May, 11 a.m.-noon, beginning May 1. Register before April 30 by calling 634-7500.

◆ Self Defense classes will be offered on Saturdays, 21 and 28 at the Fitness Center. Class time is 10 a.m. until noon. Space is limited so call 634-7500 to reserve your space.

◆ Exceptional Family Member Program Families you should have received your invitation to the Upcoming EFMP Field Day in your email. Call 634-8582 to make your reservations to join this second annual event of outdoor sports and fun activities. The deadline to register for Americans has been extended to Monday.

◆ Family Advocacy Program wants to hear what type of programs you would like to see planned for Families and when is the best time for your Family to attend. Take the five question survey on line now at <http://www.surveymonkey.com/s/FAPsurvey>. Call 634-6202 for more information.

Arts and Crafts Center

◆ Beach weather is just around the corner, so get ready by making a one of a kind beach tote. You'll learn the basics of machine sewing so no experience is necessary. Class is four-consecutive Thursdays beginning May 3. Call 634-7074 to register and get your supply list.

◆ Photo classes during May begin May 3. Photographing Children and Babies will build on your basic skill and show you how to take silhouettes, group shots and use creative lighting techniques. Digital Photography focuses on aperture, shutter speed, and ISO. Learning to use the settings on your camera can take your photos to the next level. Sign up at the Arts and Crafts Center or WebTrac online.

◆ Let your child experience the joy of making a special gift for mom this Mother's Day. On May 5, 10 a.m.-2 p.m. they can create a special gift in clay to surprise Mom on her special day.

Single Soldier retreat

A Strong Bonds Single Soldier retreat will be held Monday-Wednesday at Edelweiss Lodge and Resort. This event is open to all units on Caserma Ederle. For more information contact the Chapel at 634-6454.

Post graduation ceremony

You have spent many long and hard hours studying, squeezing in college courses between deployments, PCS moves and through all the other rigors of military life or working for the government. Now you have completed your college degree or you're just a few classes away. U.S. Army Garrison Vicenza wants to celebrate your hard work and achievements with a ceremony. If you have completed a college degree or certificate, or are within 12 semester hours of completing your degree, then come and participate in the USAG 2012 Graduation/Recognition Ceremony to be held May 10 at 10 a.m. in the Golden Lion Hall. To participate, contact the Vicenza Education Center and RSVP before April 27. Call: 634-8933 or email vicenza.edcenter@us.army.mil.

MWR Services survey

Of the 3,159 Army MWR Services Surveys emailed to the Vicenza community only 112 have been returned and none from spouses or retirees. Family and MWR wants to know what customers are interested in, whether they are using available services and if so, how satisfied they are with the programming here in Vicenza. Have you returned your survey? Don't wait — take 15 minutes today and tell us what you think. You can help make good programs even better.

Guest preacher

Vicenza Community Chapel invites everyone to hear Ron Archer preach April 22 in all

Protestant worship services, 11 a.m. Traditional, 1:30 p.m. Gospel, and 5 p.m. Contemporary. Come and be inspired by this best-selling author, award-winning speaker, and recipient of the Dr. Martin Luther King Leadership Award.

Housing survey

The Overseas Housing Allowance Utility and Move In Housing Allowance survey is online for active-duty military personnel who reside in privately leased quarters and receive an overseas allowance. The survey will be available until April 30 at <https://www.defensetravel.dod.mil/site/aprutlimiha.cfm>. It may take as long as 45 minutes to complete the survey, but the results benefit Soldiers and Family members.

Library

Need a gift for Mom? Stop by the Post Library and decorate a pot for her favorite flowers, on May 9, 3:30 p.m. It's free and all supplies are provided but you should sign up at the circulation desk before May 7.

PWOC

Protestant Women of the Chapel-Vicenza will be holding a Hearts at Home International Conference April 24 from 9-11:30 a.m. Speakers Suzie Eller & Colleen Johnson will be speaking on "God & Girlfriends" as well as offering workshops on "The Mom I Want To Be" and "Prayer."

A light lunch will be served and child care for ages three and younger will be available. All woman on post are invited to attend.

Every week PWOC-Vicenza ministers to almost 100 ladies on this post and is always looking to increase their numbers. Bible studies are Tuesdays 9-11:30 a.m. Wednesdays 5:30-7 p.m. through May 15 and will start up summer studies in June with dates and times to be determined.

AFTB training

Army Family Team Building is offering Levels 1, 2, and 3 online. To access the classes, go to <https://www.myarmyonesource>.



Photo by Anna Terracino

Music Café: Audience members perform live music impromptu-style at Music Café April 5 at Soldiers' Theatre. The next one will be held May 4 at 7:30 p.m. The adult comedy, "Sylvia" will be showing at the theater May 11-20. Tickets made be purchased by calling 634-7281.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273)

Sunday services

9 a.m.: Mass, Sacrament of Reconciliation following Mass, or during duty hours
11 a.m.: Protestant worship
1:30 p.m.: Full Gospel Pentecostal worship
5 p.m.: Contemporary Christian service

Mondays

5:30 p.m.: High School Small Group (sponsored by Club Beyond) meets at The CLUB House for dinner; Bible study starts at 6:30 p.m.

Tuesdays

9 a.m.: Protestant Women of the Chapel
12:30 p.m.: Middle School Small Group (sponsored by Club Beyond) meets at the Middle School in room 1017
5 p.m.: Contemporary Praise band practice

Wednesdays

3:15 p.m.: Middle School Club Beyond meets room 1017 in VMS
5:30 p.m.: PWOC Bible study. Dinner provided. No child care
5:30 p.m.: High School Club Beyond meets at the Teen Center for dinner; meeting starts at 6:30 p.m. Call 340-665-3453 for information
5:30 p.m.: Catholic choir practice
6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel
5:30 p.m.: Gospel service choir rehearsal
7:15 p.m.: Gospel service Bible study

Faith group contacts

Bahá'í Faith: Call Russell Menard at 389-133-4627 or 349-708-2535
Islamic: Call 634-7519 (0444-71-7519) for info
Jewish: Call Paul Levine at 345-907-2108
Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 9:30 a.m.-12:30 p.m. at Viale Trento 246, Vicenza

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.

DON'T BE LATE: Email briefs to editor@eur.army.mil by noon on Monday, or by 4 p.m. Friday if Monday is a holiday.

Sports

Guest instructor brings yoga weekend to post



By Lacy Wolff

Army Wellness Center Vicenza

Vicenza community members had a unique opportunity to practice with Certified Anusara Yoga Instructor Neesha Zollinger in a weekend workshop April 14-15. Zollinger has been teaching yoga for 11 years and is widely known for her teaching on a yoga website that offers streaming classes www.yogatoday.com.

Zollinger said, "Practicing yoga is about finding your true state, which is happiness. Yoga helps us to align ourselves so that we can move more closely to our optimal blueprint, so that we can live a more happy, healthful life."

The workshop was divided into four sessions that included philosophy, demonstrations, and a lot of practice. Practitioners were able to gain knowledge in Anusara Yoga's Universal Principles of Alignment as well as enjoy a strong sense of community as they helped each other in a supportive environment.

Yoga, which means to unite, has been proven to reduce stress and anxiety, increase strength, flexibility, and reduce rates of injury among regular practitioners.

If you would like information on upcoming yoga workshops and happenings "Like" the Vicenza Yoga Facebook page.



Above, participants in the yoga weekend do the child's pose. A special instructor came to post for the yoga weekend. At left, a participant helps another during class Saturday.

Photos by Laura Kreider

Vicenza Yoga Schedule:

Tuesdays

6:30-7:30 a.m. Power Yoga with Chelsea

9:30-10:30 a.m. Mixed Level Yoga with Bronwen

Wednesdays

noon-12:45 p.m. Lunchtime Vinyasa Flow with Lacy

5:30-6:30 p.m. Mixed Levels Vinyasa Flow with Lacy

Thursdays

9:30-10:30 a.m. Mixed Level Yoga with Bronwen

Fridays

6:30-7:30 a.m. Power Yoga with Chelsea

noon-12:45 p.m. Lunchtime Vinyasa Flow with Chelsea

All group exercise classes are \$3 each or \$25 for a pack of 10. Yoga mats are provided.

Sports shorts

Racquetball league tourney

Racquetball League Tournament is Friday and Saturday. It's single elimination and the categories include; male female, beginners, intermediate, advanced, doubles and open. The mandatory participant meeting is April 6 p.m. in the Racquetball court area. Call 634-7009 for information.

Softball team sign up

Sign up now for the male or female softball teams. Practice is on Tuesdays and Thursdays, female team at 5:30 p.m. and male team at 7 p.m. A coaches meeting will be held May 1 at 6 p.m. Call 634-7009 for information.

Volleyball championships

USAG Vicenza Volleyball Championship games are April 26 at the Fitness Center. Soccer 5 vs. 5 Tournament is April 28 and 29. Don't miss the action. Call the Fitness Center at 634-7009 for exact times and details.

Lifeguard training

Get ready for a summer job at the pools. Lifeguard training will be held May 13-16 or June 7-10. Participants must be at least 15 years of age by the last day of the course. Call 634-8642 or visit www.vicenzaMWR.com for details about the course and the required pre-test.

Unit & rec play

New players are always welcome. Call 634-7009 or individual POCs.

Rugby: Tuesdays and Thursdays 6-7:30 p.m., North 40 field.

Basketball: 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for 10 or more, Fitness Center.

Racquetball: 6-7 p.m. Tuesdays and Thursdays for 16 participants, Fitness Center.

Men's Soccer: 7-9 p.m. Tuesdays and Thursdays for 24 or more players at the turf field behind the Ederle Inn. Email shaun.nurse@amedd.army.mil or call 636-9648/9120/9632.

Volleyball: 6:30 p.m. Tuesdays for eight or more, Fitness Center.

Frisbee golf: 6 p.m. Wednesdays, North 40 field.

Tennis: Open play Singles and Doubles on Mondays and Wednesdays, 6 p.m. and 7 p.m.

Women's basketball

Women's basketball practice held Sundays from 4-5 p.m. at the post gym. All female community members welcome.

Self defense:

Lisa Borja, right, attempts an attack from the rear on Irene Hopkins during a free self defense class at the Fitness Center Saturday. Two more classes will be held each Saturday from 10 a.m.-noon with giveaways. The classes are held as part of Sexual Assault Awareness Month.

Photo by Laura Kreider