

Train now, 'respond first' saves lives

Story and photo by Mindy Anderson
U.S. Army Africa PAO

Recently, the U.S. Army Africa Surgeon's Office and Headquarters Support Company medical section came together for a three-day First Responder's Course addressing some of the most important topics for travelers to Africa.

The course covered basic trauma and first aid topics including familiarization with field sanitation, tropical medicine, and American Heart Association CPR training.

This course, along with the USARAF travel medicine clinic, ensures all personnel traveling to Africa have the skills they need to respond to emergencies and care for themselves and fellow travelers.

"The difference in 'first aid' and 'first responder' is an emphasis on the care giver being able to do everything required to keep an injured person alive," said USARAF Command Sgt. Maj. Hu B. Rhodes. "When you are confident in your ability to perform the assessment, treat the injury, stabilize the patient, prepare for transportation and move the patient then you are prepared to not only save a life, but also to save the quality of life for a wounded comrade," he said.

The caregiver can be enlisted, officer or civilian.

"There is no way to predict every emergency situation or who will be the first responder when emergency care is required; the more people trained and competent to provide care, the better," Rhodes said. "We are blessed to have a great team of professionals that ensure our First Responder Course produces



Col. Kimberly Armstrong, center, U.S. Army Africa Surgeon's Office, discusses selection of an IV infusion site with Sgt. 1st Class Aric Brackeen, left, from Operations Protection Directorate, and Maj. Robert Blair from USARAF's Intelligence Directorate, during a recent First Responders Course on Caserma Ederle.

capable first responders. When we have people like Sgt. 1st Class (Roddy) Rieger, Sgt. Maj. (Bryan) Barren, Capt. (Sean) Donohue, Col. (Kimberly) Armstrong and Col. (Mark) McGrail on our team, we can all be confident USARAF is provided the best first responder training available," USARAF's senior enlisted officer said.

The intent is to conduct two rotations of this course quarterly and eventually

have all Soldiers attend.

"We have placed a high emphasis on hands-on training and practical application of skills during this course so that our Soldiers and civilians will be prepared to handle injuries and illnesses during their travels," said Capt. Sean Donohue, who works with the USARAF Surgeon's Office. "In addition, we involve our local subject matter experts on disease non-battle injuries topics like

field sanitation, malaria and diarrheal illness as so many battles have been won and lost due to preventable illnesses," he said.

Donahue said it's important for students to have the opportunity to have hands-on training on the principals of first aid, but just important is the ability to see, touch and apply the specific items of equipment that we will have available

See TRAINING, page 2

USARAF chaplains lead stress training in Burundi

U.S. Army Africa PAO

Soldiers worldwide are familiar with the rigors of conflict and the devastating effects it has on them and their families. Spending months, even years away from families in dangerous environments can wreak havoc on the morale and readiness of units.

Two U.S. Army Africa chaplains traveled to Bujumbura, Burundi, to lead a five-day training symposium in partnership with Burundi Ministry of Defense medical providers and chaplains to develop strategies to reduce adverse responses to combat-related stressors.

The first such USARAF-led seminar of its kind

conducted in Africa, U.S. Army Africa Command Chap. (Col.) Jonathon McGraw said the seminar showed Burundi chaplains and medical personnel how to help their leaders identify signs and symptoms associated with combat stress.

"We walked the participants through Combat and Operational Stress methods used in the U.S. military so that they would have the ability to train the trainers, as well as pull Soldiers off the line if they show signs of combat stress," McGraw said. "The chaplains and physicians are excited to work together for a purpose, and for their commanders."

Eight of Burundi's ten army chaplains along with six of the eight military psychiatrists and 16 army

nurses and officials attended the seminar and shared their combat and operational stress experiences with McGraw and Chap. (Maj.) Allen Staley.

U.S. Air Force Lt. Col. Thomas Miller, U.S. Embassy Burundi's Senior Official and Defense Attaché, said the chaplain symposium helped representatives from the five Burundi military regions learn how to identify issues before and after deployment so they could manage stress issues more effectively.

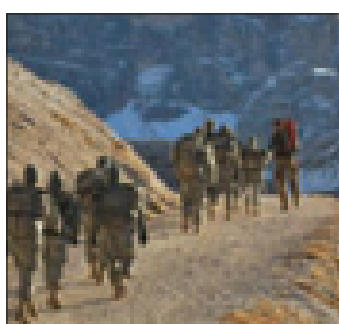
"Pulling together this small group of individuals has a huge impact for the (Burundi) military," Miller said. "Those who attended the training now have the capability to take that training and teach military units

See BURUNDI, page 2

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Garrison News pages 2 & 3

509th Sig. Bn. learns skills from locals; VCC holds video gaming tournament for men



Sports page 8

Mako Sharks swim team wins big at two tournaments; Volleyballers compete against Italian team



45/32
Friday



41/30
Saturday



37/28
Sunday

A Local National employee town hall will be held Friday at the post theater from 2-2:50 p.m.

TRAINING: First aid for many situations

Continued from page 1

as we travel to the continent. “For instance, we train IV fluid administration so travelers are prepared if needed, but it is just as important for travelers to know how to use Premetherin treatment kits, water-purification methods and proper methods to manage and prevent diarrheal illness and malaria,” Donahue said.

Col. Kimberly Armstrong, previous Vicenza U.S Army Health Clinic commander and current USARAF chief nurse, recommends all staff members traveling to the continent attend the course.

“Actually, the information on first aid and food/water safety is valuable for anyone,” Armstrong said. “But, it is especially critical for our USARAF staff as they usually travel in small teams and visit areas that may have limited medical resources; such as ambulances and emergency rooms,” she said.

The course is not intended to make participants “medics,” but it will provide them with the knowledge and confidence to thrive and survive in an austere environment.

“The information is essential to help keep them healthy and prevent illness while traveling, plus it gives them a foundation on how to respond to an emergency situation in the absence of any other medical assistance,” Armstrong said. “They may find that they are on their own for hours to days while waiting for assistance/evacuation and they must be prepared to do what is necessary to save a life,” she said.



Members of the Vicenza military community compete in the first-ever Call of Duty MW3 tournament Dec. 10, sponsored by the Vicenza Community Club. More tournaments will be held in the upcoming months.

VCC holds Call of Duty tourney

Story and photo by Kelli McCoy Williams
Vicenza Community Club

The Guys’ Stuff Mini-Club of the Vicenza Community Club hosted the first “Call of Duty Modern Warfare 3” tournament at the Arena Dec. 10. Forty people participated in the Battleship-style competition that night, bringing the action alive with a total of 10 dueling teams.

Standing tall in the end were the “Purple Hippos” (Scott Sauskoj and Greg Williams) claiming as their prize \$160 and the bragging rights as the first-ever VCC Call of Duty MW3 Champions. These two have vowed to defend their title next month, so if you think you have what it takes — bring your “A” game to battle.

The Guys’ Stuff Mini Club is a new addition to the VCC this year. In November, the club hosted a Cigar Auction & Scotch Tasting, and coming soon is the Guitar Hero competition to be held at the Post Theater. If you would like to receive more information on these upcoming events, contact them at guystuff-mc@vccitaly.org.

BURUNDI: Stress management training first of its kind in Africa

Continued from page 1

throughout the country.”

By the conclusion of the course, the chaplains and medical professionals were able to recognize and explain signs and symptoms of combat stress and apply this knowledge to help soldiers who are deployed. They also certified and practiced how to train others within their units.

Burundi supports peacekeeping efforts in Somalia as part of the African Union Mission to Somalia with five battalions of peacekeepers who rotate annually from Mogadishu, Somalia.

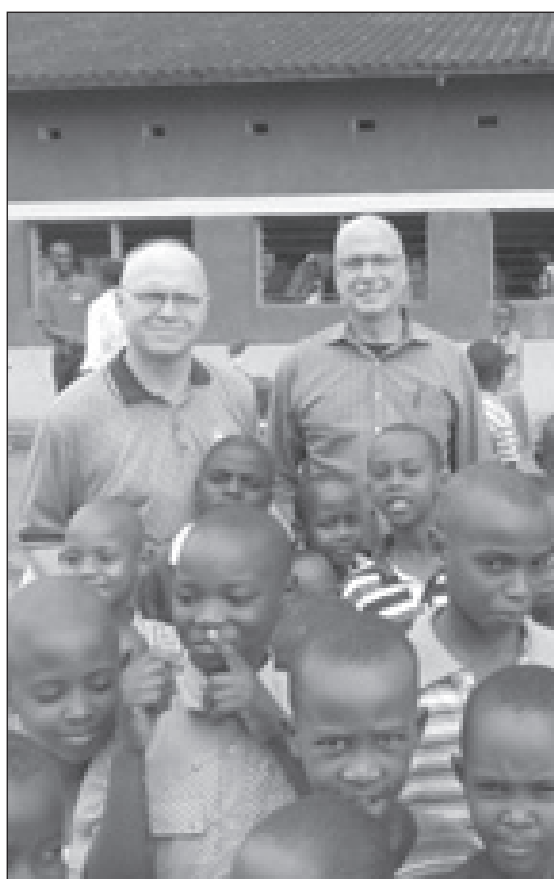
“It is important to assist with the soldiers and their families, (and) to prepare them and to reintegrate them when they return,” said Brig. Gen. Adelin Gacukuzi, chaplain general of Burundi Army. “It will be helpful to share the experience and benefit from the experience of those who have done this job (for) a long time.”

Gacukuzi also said a key take-

away from the symposium is sharing their new-found combat stress education with other partner nations in the region that do not have a chaplaincy corps. He said it is part of their duty to share their knowledge with other countries to help with regional peace, security and stability, and help them through the ramifications of decades of war.

McGraw said other militaries have expressed interest in learning how to manage stress within their military ranks. Now that the course is validated in Burundi, USARAF chaplains will use input from this interaction to better the course material for use with other partner militaries.

“This is our first module we can use across Africa wherever the need arises as a low-tech way to train leaders to identify symptoms, regardless of whether or not they are chaplains,” McGraw said. “We demonstrated a process that African militaries can adapt to their culture and needs.”



U.S. Army Africa photo

U.S. Army Africa chaplains Col. Jonathon McGraw and Maj. Allen Staley traveled to Bujumbura, Burundi to lead a five-day training symposium in partnership with Burundi Ministry of Defense medical providers and chaplains to develop strategies to reduce adverse responses to combat-related stressors and challenges of reintegration with families.

Speak Out

What is your
resolution
and are you
sticking with
it?



Denise Jolly
Family member

“To be kinder to those around me, trying to always remember everyone can have a bad day.”



Ricky Hamrick
DCMA-Italy

“I have been accepted and enrolled to my master degree in contracting field; I will keep studying and working on it.”



Spc. Felicity Osborn
173rd HHC BDE

“To stay better connected to my family. I will make planned out times to call my parents.”

By Laura Kreider

American, Italian Signaleers conduct training

Story and photo by Capt. Lucas Cottrell
Commander, HHD, 509th Signal Battalion

The 509th Signal Battalion recently had the opportunity to conduct a combined field training exercise with the 2nd Alpini Signal Regiment (Transmission) stationed at Bolzano. The Alpini are the elite mountain warfare Soldiers of the Italian Army. The training took place in the Dolomites and consisted of land navigation, mountaineering, communications and many other soldier tasks. Much of the training was led and instructed by the soldiers of the Alpini Regiment and focused on how to conduct basic soldier tasks in mountainous terrain.

This unique training opportunity provided the Soldiers from the 509th a unique opportunity to interact with soldiers from the Italian Army. For many Soldiers, this was their first experience

in training with a foreign military. The Soldiers in the 509th Sig. Bn. had nothing but positive things to say about the training with some stating that it was the best training they had received in the Army.

The mountaineering training was the highlight of the week with the Soldiers traversing 12 kilometers of mountain trails covered in snow and scaling a mountain later in the week. The training tested the resolve of the Soldiers as some of them had never trained in the snow previously. The successful completion of the hike was celebrated by all with view of the Dolomites and the Alps.

This field training exercise was the first between the units with plans to continue this relationship well into the future.

This relationship will provide the Soldiers of the 509th Sig. Bn. realistic military training and further foster the relationship with the 2nd Alpini Signal Regiment.



Members of the 509th Signal Battalion, learn mountaineering skills from the 2nd Alpini Signal Regiment. During the training, the soldiers traversed a 12-kilometer mountain trail covered in snow.



Photo by Laura Kreider

Bowling bankers: Staff members of the Caserma Ederle branches of Italian Banca Nazionale Del Lavoro, Community Bank and Global Credit Union bowl at the annual bank reunion held at the Arena Dec. 6.

509th Sig. Bn. celebrates 1 year alcohol incident free

509th Signal Battalion

Christmas Eve is a very special day for a number of Soldiers and civilians throughout 5th Signal Command. But, for the Soldiers and civilians of the 509th Signal Battalion headquartered at Caserma Ederle, Dec. 24 also marked one year of zero alcohol incidents in the unit.

The battalion's Headquarters and Headquarters Detachment Commander Capt. Lucas Cottrell, attributes the amazing record to leaders and Soldiers at all levels being proactive in taking care of Soldiers. Thorough and creative safety briefings developed by Cottrell have brought a new approach that has helped Soldiers think ahead so that if they are impaired they do not get behind the wheel of a vehicle.

"It's a testament to the Soldier's commitment to excellence that our unit go one year alcohol free," Cottrell said. "We are looking forward to staying drug and alcohol free in the new year."

The unit was formally recognized for this accomplishment during a recent Command Information Briefing. Besides accolades from the U.S. Army Garrison Vicenza Army Substance Abuse Prevent team, the unit received a streamer for the HHD guidon to show off the accomplishment.

"Reaching this goal is an outstanding accomplishment by a group of exceptionally mature and well disciplined Soldiers," said 1st Lt. Clayton Durden Jr., plans officer. "They deserve our praise and recognition for setting the standard and epitomizing what it means to live the Army Values."

The 509th Signal Battalion now has its sights set on going 18 months and eventually two years without an alcohol incident.

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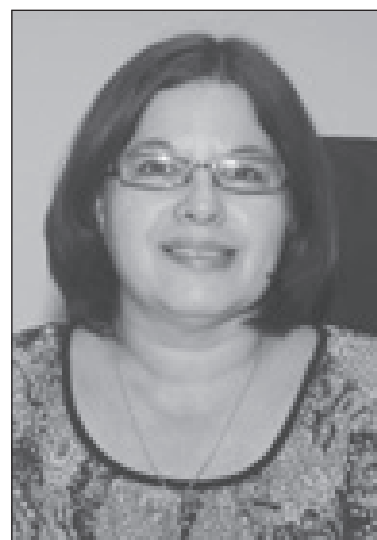
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The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,000 per week.

At Your Service



Civilian Human Resource Agency - Europe

Maxine Padia works as a human resources specialist for the Civilian Human Resources Agency — Europe delivering civilian personnel services for appropriated fund U.S. citizens in the Vicenza footprint.

"I strive to provide onsite advice and guidance to managers, supervisors, and employees on all aspects of civilian employment with Army and Department of Defense," Padia said. "I take incentive to proactively provide administrative and technical support to the program, and management. I am a multi-functional specialist with the ability to develop comprehensive recruitment strategies, and deliver classification services for the U.S. Army Garrison Vicenza."

To suggest a new staff member or volunteer to be featured in The Outlook, email us at editor@eur.army.mil.

Community Camera



Photo by Julie M. Lucas

2012 New babies: Above, Staff of the U.S. Army Health Center Vicenza give gifts to Capt. Jonathan and Sara Marshall, parents of the first baby born this year at the Benincaso Mother Infant Pavilion. Jackson Post Marshall was born Jan. 3 at 6:49 p.m. and weighed 8 lbs., 13 oz. and was 21 inches long. At right, the first Caserma Ederle baby born at Ospedale San Bortolo this year was Jack Grayson Ira Miller to Sgt. Adam and Mrs. Miller on Jan. 1 at 3:50 p.m. Jack weighed 8 lbs., 3 oz. and was 19 inches long.



Courtesy photo

Free historic WWI tunnel tour an hour drive from Vicenza

By Tom Hlavacek
Special to the Outlook

Personnel stationed or working at Caserma Ederle have an opportunity to make a day trip to a unique Italian World War I site called the Strada Delle Gallerie (path of the tunnels).

Head northwest by car on SP 46 thru Schio toward Rovereto and enter the Monte Pasubio area to discover this cultural gem. The trail was built by Italian Soldiers and miners to supply their army with supplies against the Austro-Hungarian Forces. The Italians began the trail in early 1917 and completed it by the end of the year. The trail that connects the 52 tunnels has a total length of 2,300 meters. A path of 4,000 meters is cut along the side of the Monte Pasubio should you want to continue further.

During this visit, photographer and trip initiator Joshua Butts, assigned to Headquarters and Headquarters Company, 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Combat Team, informed the group that they climbed a vertical height of 457 meters from the first to the 17th tunnel. The grade incline averaged 12 percent. Due to icy conditions and multiple photography pit stops they finally made it to the 17th tunnel after approximately three hours. However, the descent only took about an hour.

Schedule a trip thru Outdoor Recreation. ODR schedules this trip annually in late spring or summer. Call 634-7453 or stop by building 249 for more information and sign up for any of the upcoming trips.

Be sure to take a flash light because there is little light in the tunnels and the floor surface can be very uneven. These are not maintained by any groups, therefore there are no fee to pay. The final road off SP46 is narrow, curvy, and with only a few places to pull over, to stop or to let another car pass. The same narrow road must be driven back down to make it back to Vicenza. To find out more facts and information about this destination simply Google Italy's 52 tunnels.

Whether you are a military history buff, want to enjoy breath taking Dolomiti views, or add another fitness program to your schedule, the Pasubio Strada Delle Gallerie can combine all three goals.



Photo by Brooke Cardinalli



Photo by Andre Cardinalli

Above, Andre Cardinalli, Headquarters and Headquarters Company, 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Combat Team, stoops to walk through a tunnel used during World War I during a recent outing. There are 52 tunnels that are in Monte Pasubio. At left, signs mark the free trails to visit the historic tunnels. Trips are available through Outdoor Recreation.

Camp Darby 2011 Snapshots



February walks in historic footsteps: Camp Darby servicemembers visit historic battle site of Lt. Fox in Sommocolonia to pay tribute to those who served in World War II during African American Heritage Month.



March determines Best Warrior: USAG Livorno and the 598th Transportation Brigade conducted a combined Best Warrior Competition March 7-11 to select the NCO and Soldier of the Year and Best Warrior.



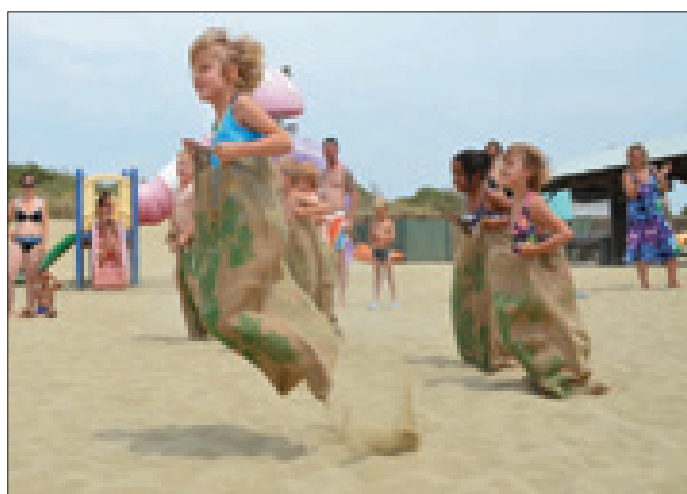
April sends relief to Libya: The 405th Army Field Support Battalion-Italy prepared a shipment of humanitarian aid supplies in support of a U.S. Agency for International Development Office of Foreign Disaster Assistance mission to Libya April 18.



May the best BOSS win: Camp Darby's Better Opportunities for Single Service members competed at the Department of Army level competition in San Antonio and brought home 2nd place in the U.S. Army for Best BOSS extra small installation.



June's special building dedication: June 24, a building on Leghorn Army Depot was named in honor of Alfredo Tomassini, a former employee, for his 40 years of distinguished service in support of Allied Operations during World War II and cooperation between the United States and Italy after the war.



July brings summer fun: Children enjoy a day filled with games at the American Beach during the Independence Day celebration. The beach is open from Memorial Day weekend to Labor Day weekend. Rent chairs and umbrellas or paddle boats and enjoy lunch under the covered dining area.



October is Operation Tuscan Sun 2011: Members of the Camp Darby military community in partnership with Italian emergency responders take part in Operation Tuscan Sun 2011 Oct. 19. The annual exercise tests the garrison's response capabilities along with host nation's.



December recognizes heroism: Spc. Shane Hoopinger receives a merit award for heroism by the Shield Saint Martin Institute in Florence. Hoopinger was recognized for his heroic act in assisting an elderly woman who passed out on a flight to Oklahoma while he was on emergency leave.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

Parent Advisory Council Meeting

Jan. 25 at noon your input is vital to all CYSS programs, don't miss the opportunity to participate. A light lunch will be served.

Vet visits Camp Darby

635-4841

Schedule your pet's appointment for Jan. 19 from 8 a.m. - 3 p.m.

Friends of Camp Darby

- ♦ Jan. 20 - deadline to register for the Women's Empowerment Award
 - ♦ Jan. 21 - Lari pasta factory trip
 - ♦ Jan. 23 - Book Club
- R S V P by contacting friendsofcampdarby@yahoo.com

Army Community Services

633-7084

Play group, Jan. 18

Fitness Center

633-7440

- ♦ Tuesdays: Pilates with Federica noon - 1 p.m. and Spin with Nicole (free class) 5-6 p.m.
- ♦ Wednesdays: Zumba Class 5:10 p.m. - 6:00 p.m.
- ♦ Thursdays: Pilates with Federica noon-1 p.m. and Step & Body Forming 5-6:30 p.m.

ITR

633-7589

- ♦ Venice, Jan. 21
- ♦ Rome Trip, Jan. 28

ODR

633-7775

Abetone or Monte Crimone Ski Trips every Saturday there is snow.

Bowling Alley

633-7458

- ♦ Dollar day bowling every Sunday from 5-9 p.m.
- ♦ Buy ten games and get next one free

Religious Activities

633-7267

9:40 a.m. Catholic reconciliation
10 a.m. Catholic Mass
11:15 a.m. Protestant worship
11:15 a.m. Catholic CCD

NAF Job openings

Applications are presently being accepted for: child & youth program assistant, hotel desk clerk, animal caretaker, bartender and custodial worker. For further information contact our office at 633-7032 or Livorno.NAF@eur.army.mil.

Torcolato wine fest:

Locals show the traditional way of making Torcolato wine during the fest in Breganze, Piazza Mazzini, about 15 miles north of Vicenza. A public pressing of the grapes will be at 2:30 p.m. with a tasting.



Courtesy photo

or <http://www.ticketone.it/EN/> or <http://www.zedlive.com>.

BOSS trips

Ski/Snowboard trips:

Jan. 21 Mystery trip
Jan. 28 in San Martino
Feb. 4 in Obereggen
Feb. 11 Mystery trip
Feb. 18 in Folgaria
Feb. 25 in Alta Badia
March 3 in Brixen
March 16-18 Dolomiti Superski

ODR trips

Mystery ski trip: Jan. 21

Milan and the Last Supper:

Jan. 21

Genova and the Aquarium:

Jan. 22

Tortellini, wine and olive oil tasting: Jan. 25

San Martino ski and snowboard trip: Jan. 28

Florence and the Accademia Gallery: Jan. 28

Obereggen ski and snowboard trip: Feb. 4

Pisa and Certosa of Calci: Feb. 4

San Marino: Feb. 5

Siena and Arezzo: Feb. 11

Ski and snowboard Folgaria: Feb. 11

Venice Carnival: Feb. 12

Basel, Comel, Strasbourg, Nancy (Switzerland and France): Feb. 17

Mystery ski/snowboarding trip: Feb. 18

Venice Carnival: Feb. 18

Ducati and Maserati tour: Feb. 20

Alta Badia ski/snowboard trip: Feb. 25

Piedmont wine country/western Italy: Feb. 25

Parma and Pavia: Feb. 25

Trips can be booked on WebTrac at <https://webtrac.mwr.army.mil/webtrac/Vicenzarectrac.html> or by following the WebTrac link on www.vicenzaMWR.com or at ODR.

Local events

Broccolo Fiolaro Festival:

Friday-Sunday and Jan. 19-22, in Creazzo, Sports center, Via Torino, about five miles west of Vicenza. The broccolo fiolaro is a typical cultivation of the Creazzo hillside area. The name is derived from the presence of several sprouts along the stalk of the plant, which in Venetian dialect are called "fioi" (offsprings). Food booths featuring the typical Creazzo dishes "gnocchi with broccoli" and the traditional fritola (doughnut).

♦ Friday: 6:30 p.m. food booths featuring local specialties; 9:30 p.m. live hip hop music with Herman Medrano and the Groovy Monkeys.

♦ Saturday: 6:30 p.m. food booths open; 9:30 p.m. live music with Kiss-Konfusion (Kiss Tribute band).

♦ Sunday: local products exhibit and sale; 6:30 p.m. food booths open; 9:30 p.m. live Smako Acoustic Cover.

Torcolato new wine Festival:

Sunday, in Breganze, Piazza Mazzini, about 15 miles north of Vicenza. The Torcolato is the gem of Breganze's winemaking tradition. It is produced from pressing dried Vespaiola grapes which are hung (torcolate, in the local dialect) on strings from the wooden beams of the attics of farmhouses. 2:30 p.m. public pressing for the 2011 grape harvest. Torcolato wine tasting. Local products exhibit and sale.

Nativity Sets Exhibit:

Bassano del Grappa, in Piazza Garibaldi, ongoing through Jan. 29, weekends and Italian holidays, 2:30-6:30 p.m.

Lugo di Vicenza, Madonna Pellegrina Church, Via Volpente, ongoing through Jan. 22, 9 a.m.-6 p.m.

Verona, ongoing through Jan. 22, daily at the Arena, 9 a.m.-8 p.m. It features more than 400 nativity scenes from around the world. Entrance fee: €7; reduced cost of €6 for children 6-12 and senior citizens older than 60.

Ice-skating rinks

Vicenza: open through Feb. 12, Campo Marzo, Saturdays-Sundays and holidays 9 a.m.-noon and 3-8 p.m.; weekdays 3-8 p.m. Entrance fee: Monday-Friday: €7 and €5 for children younger than 12 (fees include ice-skate rental); €3 entrance only; Saturdays-Sundays and holidays €9; €7 for children younger than 12 (fees include ice-skate rental); and €3 entrance only.

Padova: Ice-energy, Sports Center Plebiscito, Via Geremia Guglielmo, about 24 miles southeast of Vicenza. Open until May 5. Tuesdays, Wednesdays, and Fridays 5-7 p.m. and 9-11 p.m.; Saturdays and holidays 9 a.m.-1 p.m.; 2-8 p.m., and 9-12 p.m.; Sundays 9 a.m.-1 p.m. and 2-8 p.m. Entrance fee: €7 weekdays, reduced €5 for children up to 12 years old; €9 euro weekends and reduced €7. Skate rental is €4.

Palladio Sound Tour:

Visit the main works of Andrea Palladio by renting an MP3 at the Vicenza Tourist Information Office, Piazza Matteotti 12, next to the Olympic Theater. The cost is €3 per day. Leave your state driver's license there and return the MP3 by 6 p.m. Two routes are available: a blue route to visit Vicenza's historical center (Olympic Theater, Chiericati Palace, Casa Cogollo, Santa Corona Church, Garzadori Altar, Leoni Montanari Palace, Thiene Palace, Piazza dei Signori, Corso Palladio) and a yellow route to visit the Palladian villas and Bassano del Grappa (Villa Caldogno, Villa Godi Malinverni, Marostica, Alpini Bridge in Bassano del Grappa, La Rotonda, Villa Cordellina Lombardi).

FREE concerts, exhibits & events

Twentieth century painting exhibit:

Ongoing through Sunday, in Vicenza, Casa Cogollo, Corso Palladio 165. Thursday-Sunday 10:30 a.m.-1 p.m. and 3-7 p.m.

Wood for Africa - charity art exhibit:

Wednesday through Jan. 20,

noon-9 p.m. in Vicenza, Spazio Interiors by Enrico Zola, Contrà San Silvestro 34.

Caravaggio, Lippi, and Bronzino art exhibit:

Ongoing through Feb. 5, in Vicenza, Palazzo Thiene, Contrà San Gaetano. Tuesday-Friday 3-7 p.m.; Saturday and Sunday 10 a.m.-7 p.m.

Ceramics exhibition:

Ongoing through Feb. 19, in Vicenza, Casa Cogollo, Corso Palladio 165. Tuesday-Sunday 10:30 a.m.-1 p.m. and 3-7 p.m.

Argentine Tango - free demo lesson:

Thursday, 9 p.m., in Vicenza, Birreria Bier Stube Treff, Viale Verona 93.

Live concert with the conservatory students:

Saturday, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

Epiphany Concert:

Sunday, in Vicenza, S. Gaetano Church, Corso Palladio 14.

Yoga - free demo lesson:

Monday, in San Germano dei Berici, Mauna Center, Via Ghenzo.

Concerts

Johnny Winter: Feb. 26 in Padova

Simple Minds: Feb. 28 in Milan
Lorena McKennitt: April 16 in Padova

Allan Holdsworth Band: May 23 in Milan

Coldplay: May 24 in Torino
Bruce Springsteen and the E Street Band: June 7 in Milan - tickets already on sale.

Black Sabbath: June 24 in Rho (Milan)

Tom Petty and the Heartbreakers: June 29 in Lucca
Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/

Sporting events

American Wrestling: Feb. 18, in Grugliasco (Torino)

To buy or sell items, check out the classifieds at www.mwrmarketplace.com

Motocross Freestyle Night of the Jumps:

March 2-3, in Torino

Fim X Trial Indoor World Championship:

March 17, in Assago (Milan)

WWE Raw Wrestlemania - Revenge Tour:

April 18, in Assago (Milan)

Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/index.html?imposta_lingua=ing

Now Showing

Ederle Theater

Day	Movie	Time
Thursday	In Time (PG 13)	6 p.m.
Friday	Tower Heist (PG 13)	6 p.m.
	A Very Harold & Kumar Christmas (R)	9 p.m.
Saturday	Joyful Noise (PG 13)	3 p.m.
	Tower Heist (PG 13)	6 p.m.
Sunday	Joyful Noise (PG 13)	3 p.m.
	A Very Harold & Kumar Christmas (R)	6 p.m.
Wed.	Tower Heist (PG 13)	6 p.m.
Jan. 19	A Very Harold & Kumar Christmas (R)	6 p.m.
Jan. 20	Jack and Jill (PG)	6 p.m.
	Immortals (R)	9 p.m.

Camp Darby Theater

Day	Movie	Time
Jan. 20	Immortals (R)	6 p.m.
Jan. 21	War Horse (PG 13)	6 p.m.
Jan. 22	Jack and Jill (PG)	1 p.m.
Jan. 27	J. Edgar (R)	6 p.m.

Admission: Age 12 and older, \$4, younger than 12, \$2.

The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at www.shopmyexchange.com/ems/euro/vicenza.htm or www.aafes.com/ems/euro/livorno.htm

Special events

- ♦ The Veterinary Clinic will be open Jan. 21. Bring your pet for annual vaccines, micro chipping, or health certificates. Due to limited time, 8 a.m.-noon, there are no sick calls or emergencies seen. Call 635-4841.
- ♦ Willy Pete in Concert at the Arena Thursday, 6 p.m. Enjoy an evening of rock, country and pop music featuring Willy Pete, live in concert, presented by the USO.

Government Purchase card training

The next class will be held Friday at the Distributed Training Facility, building 128, from 9 a.m.-1 p.m. Reservations are not required to attend. For questions, contact Scheryl Forsythe-Bolling at 634-3968.

CYSS

♦ EDGE! is offering a new EDGE Framing program Friday-Feb. 10, Fridays 3:30-5 p.m. at the Arts and Crafts Center. Learn the basics of matting and framing so that you can frame your own artwork, photographs and more. For teens 16 and older. It's free but you must register and enroll with CYSS. Call 634-7502 for information.

♦ The Youth and Teen Centers are conducting a Pet Food Drive until Feb. 17. Bring dog or cat food to the Villaggio Youth Center or the Caserma Teen Center 2:45-6 p.m. or drop your donation at the bin in the commissary. All donated items benefit the local Animal Shelter Gogna. Call 634-7659 for more information.

♦ It's Lock-In for 6th graders Jan. 27-28. Fun includes, swimming, bowling snacks and games all night long. Call 634-7659 for information.

MLK Fun Run

A 5-kilometer fun run/walk will be held Saturday on the track. Registration begins at 8:15 a.m. with T-shirts for the first 40 people to register. Drawings will be held for 10 other shirts and cake served after the run.

Job openings

Vicenza Main Store is hiring a store associate, a warehouse worker and a warehouse foreman. To apply, go to www.applymyexchange.com. Positions close Saturday.

Soldiers' Theatre

Music Café celebrates its second anniversary Jan. 20 at 7:30 p.m. Enjoy a free evening relaxing with other music lovers and enjoy light snacks and refreshments while listening to local musicians. You can even join the fun on stage. Call 634-7281 to express your interest in performing.

Arts and Crafts Center

♦ Drop and give me 20 stitches! In Sewing Boot Camp Jan. 19, you will learn the basics of using a sewing machine, sewing on buttons and patches and making hems. Class meets four-consecutive

Thursdays at 6:15 p.m.

♦ Also Jan. 19, you can join in the tradition of Carnevale making a custom cape and mask. Learn basic machine and hand sewing skills in this two-part class on Thursdays 9:30-noon.

♦ Italian Cooking Classes are back beginning Jan. 20. Learn the secrets of pasta and sauces plus recipes for fish, meats and vegetables in the four-week class where you get to eat what you make. Call 634-7074 or register on online.

CTC registration

Come get registered for Term 3 at Central Texas College in our new location, building 113, room 6. This term CTS is offering two Early Childhood courses, including CDEC 1335: Early Childhood Development: 3 to 5 years from Feb. 4-25 on Saturdays 9 a.m.-5 p.m. They will also be offering CJSA 1322: Introduction to Criminal Justice from Jan. 23-March 14 on Mondays & Wednesdays from 5:30-8:45 p.m. For more information, call 634-6514, email vicenza@europe.ctcd.edu, or visit room 6 in the Education Center.

Italian school info meeting

Do you have kids in Italian school or on Italian sports teams?

Join a new group that is forming Tuesday at 9:30 a.m. in the ACS classroom to share your personal experiences /challenges so they can develop a packet for newly arrived parents who are considering these options, but don't know where to start the process or what to expect. If you are unable to attend the meeting, email your best advice on Italian schools and sports to bernadettehanley@me.com and they will include your lessons learned in the information packet.

VCC

The January luncheon of the Vicenza Community Club will be held Wednesday at the Arena from 11:30 a.m.-1 p.m. This month's theme is "Shoes in the City" and

the cost is \$15, due by Friday. For questions about the luncheon or joining the VCC go to www.vccitaly.org.

Post Office closure

The Postal Service Center will be closed Monday for the Martin Luther King Jr. holiday.

Library

Family Game Night comes to the Library January 11, 6 p.m. play your favorite board games. Refreshments and games are provided but if you have a favorite you are encouraged to bring it. Sign up at the Library before Jan 9, 634-8419.

Arena

♦ The Italian-American Friendship Bowling Challenge is a three-game, total pin knockdown, winner takes all competition Monday, 7 p.m. at the Arena. Trophies awarded for each member of the winning team. Call 634-8257 for information on competing.

♦ Head over to the Lion's Den Jan. 20 with your best costume representation of your hometown. Meet others from your home state and compete in a trivia game against the other states. Enjoy the fun and win prizes too!

♦ Wicked Wings Festival at the Arena weekends during the NFL Playoff Season. Americans consumed more than 13.5 billion wings last year, 1.25 million during Super Bowl Weekend. Enjoy the #1 appetizer served up at the Arena, wickedly, wacked, wicked wings. Wicked Wings Festival specials are available Saturday, Sunday, Jan. 22 and for the Feb. 5 Super bowl XLVI. If you can say "Wickedly, Wacked, Wicked Wings Weekend Combo" five-times fast, you'll be entered in the drawing to win one. Wicked wings are available on and off the bone. You just gotta come in and "Wing It"!

Personal finance course

The course, starting Jan. 31, is designed to remove the stress that

comes with financial problems by helping you put together a spending plan, get out of debt, secure an emergency fund, and confidently invest for the future.

Register for this free 13-week program by calling the chapel at 634-7519.

AFTB training

Army Family Team Building is offering Levels 1, 2, and 3 online. To access the classes, go to <https://www.myarmyonesource.com/FamilyProgramsandServices/FamilyPrograms/ArmyFamilyTeamBuilding/default.aspx>.

The next step in the program, the Instructors class will be offered quarterly in a classroom setting at ACS. The next Instructor's training is scheduled for March. Contact the AFTB Program Manager at 0444-71-7942 for details.

MOMS Club events

- ♦ Bunco, Jan. 19
- ♦ Walk the track, Jan. 20 at 10 a.m.
- ♦ Play group, Jan. 23 at 10 a.m.
- ♦ Monthly Meeting with clothing swap, Jan. 30 at 10 a.m. To participate in the swap you need to be a current member.

For further information about the events, contact MOMS Club at momsclubofvicenza@yahoo.com.

Ed Center move

The USAG Education Center has moved from building L958 to building 113 (the old clinic), located across the street from the new health center, on 9th Street. They are still in the process of setting up classrooms, so they may start class this term in the old building until all the work is complete. All other services (counselors, administration and school representatives are located in building 113. Hours of operation are 8 a.m.-5 p.m. For more information call 634-8933 or email at vicenza.edcenter@us.army.mil.



Photo by Julie M. Lucas

Multi-cultural luncheon: Members of the Vicenza military community sample cuisine from 18 different countries during the Multi-Cultural Spouse luncheon Dec. 20. An upcoming trip is being organized for the group. For more information about the group or trip, contact Julia Sibilla at 0444-71-8525.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273)

Sunday services

9 a.m.: Mass, Sacrament of Reconciliation following Mass, or during duty hours
11 a.m.: Protestant worship
1:30 p.m.: Full Gospel Pentecostal worship
5 p.m.: Contemporary Christian service

Tuesdays

9:15 a.m.: Protestant Women of the Chapel.

Wednesdays

3 p.m.: Praise dance practice
3:15 p.m.: Middle School Club Beyond meets in Villaggio Youth Center
5 p.m.: Contemporary Praise band practice
5:30 p.m.: PWOC Bible study. Dinner provided. No child care
5:30 p.m.: High School Club Beyond meets at the Teen Center for dinner; meeting starts at 6:30 p.m. Call 340-139-4073 for information
5:30 p.m.: Catholic choir practice
6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel
5:30 p.m.: Gospel service choir rehearsal
7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info
Jewish: Call Paul Levine at 345-907-2108
Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 1:30-4:30 p.m. at Viale Trento 246, Vicenza.
Bahá'í Faith: Call Russell Menard at 389-133-4627 or 349-708-2535.

Protestant Confirmation

– for young people ages 12-18 from liturgical Protestant backgrounds such as Episcopal, Lutheran, Methodist, Presbyterian and Reformed. The 9-week Confirmation experience is from February-April. For more information, contact Dr. Grace Yeuell at [grace.yeuell@eur.army.mil](mailto:yeuell@eur.army.mil) or call 634-7890 or 0444-71-7890.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m. Friday if Monday is a holiday.

Mako Sharks sizzle in winter meet

Mako Sharks Swim Team

More than 60 Vicenza Mako Sharks swimmers competed in two meets in the same weekend posting many European Championship qualifying times.

The Mako Sharks traveled to Aviano Dec. 10 to compete in a quadrangular meet against swimmers from the Aviano Sea Dragons, the Naples Tiger Sharks, and the Sigonella Swordfish. Vicenza placed second behind the 2010 Southern District Champion Tiger Sharks. Several swimmers qualified for the European Championships during the meet: Madison Whitworth (8) 50 Back, Jacob Heath (9) 50 Back and 100 Free, Jamie Casey (9) 100 Free, James Jones (14) 400 Free.

“Our swimmers just got better and better as the meet went on,” said Cassie Benjamin, Vicenza assistant coach. “We were trailing Aviano for much of the meet but the swimmers stepped up their game and won most of the relays at the end of the meet to secure second place.”

Less than 12 hours later, the Mako Sharks competed in their second meet of the weekend. Vicenza hosted a quadrangular Pentathlon meet in the Caserma Ederle Post Pool. The same teams (Aviano, Naples, and Sigonella) competed for the second day.

“The Pentathlon meet is extremely challenging for swimmers of all ages,” said Vicenza Head Coach Michelle Hughes.

Swimmers must compete in five different individual events. Their times for all five events are added together and the individuals with the three fastest times in each age group will medal. If



Photo by Anna Calabrese

Anuk Dayaprema shows off his butterfly skills during a swim meet, competing as a Mako Shark. Dayaprema brought home a gold medal in the boys 12 years old category at the Pentathlon meet held at Caserma Ederle.

a swimmer is disqualified in any of the five events they are no longer eligible to place in the pentathlon.

“Many parents were concerned their swimmers would be too tired to compete early in the morning after just finishing a meet at 8 p.m. on Saturday evening. But we had some really amazing performances from the youngest swimmers,” said Alex Hughes Vicenza assistant coach.

Swimmers who qualified for the European Championships on Sunday include: Ainsley Tally (7) 100 IM, Elizabeth Jackson (8) 50 Back, James Bonney (9) 50 Fly, Jamie Casey (9) 100 IM, and Elizabeth Pepper (11) 50 Back. This brings the total number of Vicenza swimmers who have qualified for the European Forces Swim League Championships being held in Eindhoven, Netherlands in February to 25 which is

double the number in 2010 and the most in Vicenza history.

The Mako Sharks won the Pentathlon Meet with Naples finishing second, Sigonella third and Aviano fourth. Sixteen Vicenza swimmers received medals during the meet with seven taking home Gold in their age categories.

First places winners were: Girls 8 and under - Anna Bonney, Girls 9 yrs - Jamie Casey, Girls 15-16 yrs - Rima Gasparini; Boys 9 yrs - James Bonney, Boys 10 yrs - Hayden Diaz, Boys 12 yrs - Anuk Dayaprema, and Boys 13-14 yrs - James Jones.

The team capped off the day by winning the coaches relay for the second year in a row.

Several swimmers also traveled to Lakenheath, England, last month to compete against swimmers from England, Germany, Belgium, and Italy.

Sports Shorts

Adult swim lessons

Adult advance beginner swim lessons meets Tuesdays and Thursdays until Feb 2. Adults with little or no swim experience can learn the front and back float, and the front and back crawl.

Adult Intermediate Lessons are available on Wednesdays and Fridays from 5:45-6:30 p.m. This class is for adults wishing to improve confidence in the water and develop front and back crawl strokes and begin learning the breast stroke and side crawl. Call 634-8642 for information.

Lunch hour fitness

Does your lunch hour need more excitement? Come join the Fitness Staff for the “Game of the Week” each Thursday afternoon at noon. Reminisce while you play old school recess games such as four square and kickball. The new game for each week will be posted at the Fitness Center on Tuesday.

Unit & rec play

New players are always welcome. Call 634-7009 or individual POCs.

Rugby: Tuesdays and Thursdays 6-7:30 p.m., North 40 field.

Basketball: 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for 10 or more, Fitness Center.

Racquetball: 6-7 p.m. Tuesdays and Thursdays for 16 participants, Fitness Center.

Men’s Soccer: 7-9 p.m. Tuesdays and Thursdays for 24 or more players at the turf field behind the Ederle Inn. Email shaun.nurse@amedd.army.mil or call 636-9648/9120/9632.

Women’s Soccer: (not currently meeting) 5:30-7 p.m. Tuesdays and Thursdays for 12 or more players at the turf field behind the Ederle Inn. Email sr_brasher@yahoo.com or call 634-8925.

Volleyball: 6:30 p.m. Tuesdays for eight or more, Fitness Center.

Frisbee golf: 6 p.m. Wednesdays, North 40 field.

Tennis: Open play Singles and Doubles on Mondays and Wednesdays, 6 p.m. and 7 p.m.

Volunteers needed

The Mako Sharks Swim Team is looking for adult volunteers to assist. Swimmers are elementary-high school ages and compete in the European Forces Swim League. For more info., contact John Casey at 0444-91-2612 or email john.j.casey@us.army.mil. Visit <http://mako-sharks.homestead.com/index.html>.

VMS, CYSS EDGE! volleyballers play Italian school during break



Photo by Margherita Frasson

A member of the Vicenza Middle School-Child, Youth and School Services volleyball team sets the ball during a game against Istituto Giuriolo. After the game the players enjoyed Italian Christmas treats together.

By Tom Hlavacek

Special to the Outlook

It was the second friendly volleyball match during the winter holiday break for Vicenza Middle School and Istituto Giuriolo and the results were the same. Both teams improved their volleyball skills and had a good time. During the three matches, VMS players got to test their serving, bumping, setting, communication and team work skills. Following the match, student-players from both teams enjoyed eating Italian Christmas food which included Panettone and other traditional delights.

VMS Coach Ashley Volmert said, “Our kids stepped up playing two different Italian teams and they played well. It was good to mingle with the kids to break down the international barrier.”

Michele Knapp, mother of setter Emma Knapp, said, “It is a great idea to have American and Italian middle schools meet up to play volleyball. My daughter was really looking forward to playing with local teens and spending some time with them. When you take away the language barrier, the youth are similar.”

Another indication the trip was a success was the team sang Christmas songs on the bus ride back to Villaggio.