



Parent-Teen Activity Series

Tip of the Month

Here are some common issues that you might want to address with your teen as they prepare to live on their own. Cleaning means dishes, tubs, toilets, floors, sinks, and more to wash, scrub, mop, and polish. Laundry involves sorting, choosing wash & dry cycles, folding, and ironing. Try to show your teen how to budget and shop for food and prepare basic meals. Other mundane living skills such as changing air filters, unclogging drains and toilets, and hanging pictures are also very important.



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