



Parent-Teen Activity Series

Tip of the Month

No one enjoys the hassles and headaches of moving from one place to another, so include the whole family in making this a positive experience. Family meetings are the place to start. Discuss the move itself and how each family member can help with this upcoming event. Make detailed lists of all things that need to be done and assign each person to be in charge of specific aspects of the move. Don't forget that you are all experiencing the same feelings of stress, so be understanding of each other's needs.



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