



## Parent-Teen Activity Series

### Tip of the Month

In preparation for a deployment, make a special night of fun for you and your teen. Go out together for a special dinner, just the two of you. Be ready to talk about "tough" subjects and make sure to spend lots of time listening to one another's concerns. Make sure that neither of you dominates the activity, so do what's fun for both. Don't make promises you can't keep and be sure to keep the promises you make. Most of all, have fun and enjoy your time together.



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