

## Moving Out, Moving Up, Moving On!

At Military Youth on the Move, you'll find advice on topics like relocation, deployment, and everyday issues faced by military teens like you. Visit the site, join the social network, check out the podcasts, and read through some great articles written just for you!



Let's Move it!



http://apps.mhf.dod.mil/myom

## Moving Out, Moving Up, Moving On!



Great advice, helpful tips, and resources are just a click away! Get the scoop on topics like staying fit and healthy, changing schools, and dealing with a parent's deployment.

## See what's happening at Military Youth on the Move:

- Check out the advice on moving, dating, friendship, and more
- Read helpful tips on issues that matter to you
- Check out the latest podcasts
- Share your own experiences
- Find answers to your questions
- Link to other sites designed for teens



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Connect with other military teens who understand what you are going through on the Military Youth on the Move teen social networking community!

