



# FLW & Community Events Information "WOODWORKS"

**SEPTEMBER 2012** 

The "Woodworks" link can be found on the Garrison Page and/or the Community Page for One-Stop access to events newsletter, calendar and archived data

http://www.wood.army.mil/wood\_cms/2258.shtml

Information contained in this handout is for informational purposes only. References to private organizations and their activities do not imply endorsement by the U.S. Government, Department of Army or Fort Leonard Wood.

<u>Woodworks Mission:</u> To serve as a forum for installation and community information sharing with attendance by community members, family, retirees, civilians and military. Everyone is welcomed.

#### Agenda:

Woodworks Information Forum, 26 SEPTEMBER 2012

Guest Speaker/Topic: Meramec Regional
 Location: Pershing Community Center

• Time: 10 - 11:00 am

**Upcoming Woodworks:** Attendance at last Woodworks (59)

Date	Location	FOCUS	Submission Deadline
31 Oct	Pershing Community Center	AFTB-Debra Griffin	24 Oct
21 Nov	Pershing Community Center	TBD	14 Nov

POC for submissions to the "Woodworks" Newsletter is Shena Suskin, Garrison Command Human Resources Assistant, 563-5967. Information submissions are preferred by E-mail to shena.l.suskin.civ@mail.mil

**Woodworks comment/question/suggestion box** — Fill out an ICE comment card with your comments, questions, or suggestions and place in the box on the handout table. The question, comment, or suggestion will be printed in the next Woodworks newsletter along with a response from the appropriate staff agency.

Or ICE welcomes your constructive feedback! Visit

http://ice.disa.mil/index.cfm?fa=card&service\_provider\_id=111542&site\_id=447

#### **TABLE OF CONTENTS**

MILITARY PERSONNEL OFFICE/DHRCHAPELS	
BRUCE C. CLARKE LIBRARYMORALE, WELFARE, AND RECREATION (MWR)	
ARMY COMMUNITY SERVICE (ACS)CHILD, YOUTH & SCHOOL (CYS) SERVICES	. 9/16 . 17/19
SCHOOL LIAISON (SLO)PUBLIC AFFAIRS OFFICE	
INSTALLATION CUSTOMER SERVICES (ICE)COMMISSARY	
GENERAL LEONARD WOOD ARMY HOSPITAL (GLWACH)AMERICAN RED CROSS	
USOBALFOUR BEATTY COMMUNITIES	25 . 21
ARMED SERVICES YMCA (ASYMCA)ST. ROBERT CHAMBER OF COMMERCE	. 30/33 . 25/28
ROLLA CHAMBER OF COMMERCELEBANON CHAMBER OF COMMERCE	
INTERNATIONAL FRIENDSHIP PROGRAMAUSA	
FORT LEONARD WOOD LION'S CLUB	
MSCoE SAFETYTHE EXCHANGE	
SPOUSES CLUBPARENTS AS TEACHERS	
WOODWORKS/EVENTS MASTER CALENDAR	Back

### MILITARY PERSONNEL OFFICE/DIRECTORATE OF HUMAN RESOURCES (MILPO/DHR)

POC: CINDI MCGUIRE, 596-0175



ARMY CAREER AND ALUMNI PROGRAM

MAKING YOUR TRANSITION A SUCCESS

Open to the public ACAP briefings and classes are in high demand and we want to maintain the highest quality of service to you, our valued customer. In order to ensure there is a seat saved for you, please always call ACAP at 573-596-0175 or go online to <a href="www.acapexpress.army.mil">www.acapexpress.army.mil</a> and register for the class or briefing you would like to attend. Otherwise all of the seats are quickly reserved and walk-ins cannot be easily accommodated. \*\* NOTE: room numbers subject to change due to availability. Contact the ACAP Center, 573-596-0175 to verify room numbers. Please help us serve you best by reserving your seat. Spouses are warmly welcome. We look forward to working with you!



POC: CH (COL) GARY BROWN 596-2127

SHELTER FROM THE STORM Shelter from the Storm will begin on 16 October @ 6 p.m., Main Post Chapel, Room 107. This is a support group to help any and all, regardless of age or gender, cope with the after effects of rape or sexual abuse, with confidential, Spiritual help. If you or someone you know has been traumatized by rape or sexual abuse, even as a child, this support group may be your answer to begin the healing process. Please call with any questions, or if child-care is needed call, POC Cindy T. Dack 573-596-0089

<u>KIDSZONE</u> meets Tuesdays from 4:30 – 6:30 p.m. at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. To sign-up (to attend or volunteer) contact Evangeline McKay at 573-433-9152. POC: Cindy Dack 596-0089 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

A.T.E.A.S.E. (Attending To Every Armed-Forces Spouse Exclusively) **Who**: Armed Forces Spouses of enlisted and officers. **What**: To support the Home front, our Front line champions, the Unsung heroes who work in the shadows, the Armed Forces Spouse and their family members. Food, friendship, fun and games and so much more. **When**: Saturday, Sep 22<sup>nd</sup> which is our one year anniversary, from 6:00-8:00 p.m. **Where**: Main Post Chapel. POC: Stacey Garee at (309) 824-5608, or CH (MAJ) David Cerutti, 596-2695 or find us on face book; ATEASE Fort Leonard Wood.

WORLDWIDE MARRIAGE ENCOUNTER The next Worldwide Marriage Encounter Weekend is in St. Louis, MO. Sep. 28-30, 2012 and Collinsville, IL Oct 19-21 2012. The weekends are open to many denominations and provide an atmosphere that allows the couple time to focus on their relationship and communication. Even if your marriage is great or just needs a little spice, this weekend is for all. The weekend does not provide Marriage counseling. For more information on Marriage Encounter you can visit this link: <a href="http://www.wwme.org/">http://www.wwme.org/</a> For more information and to sign up for a weekend, please contact Mike Johnson (1-573-528-3913) and or Pat Johnson (1-573-528-3912).

<u>CATHOLIC MENS GROUP</u> Who: Men (Catholic & non-Catholic) who are interested in learning and growing in faith. What: Learn about our Catholic faith, learn how to live our Catholic faith, and come to understand why knowing and living our Catholic faith is so important. When: Sundays, 1100 - 1220 hours (same calendar/schedule as CCD) Where: Main Post Chapel. POC: Paul Kelly 774-2797, email:pwks15@aol.com.

<u>PRE-CANA</u> The Catholic Church requirements for marriage stem from the belief that it is a very serious, holy, and permanent event - a sacrament. It is not only the union of two bodies, minds and hearts, but also two souls. This is a requirement for Catholic Marriage. POC: Pat Johnson, Catholic Director, 596-3913.

ANTICIPATED SUNDAY MASS is held at Soldier Memorial Chapel on Saturday at 6 p.m.

SUNDAY NIGHT LIVE (SNL) Sunday Night Live meets at the Main Post Chapel from 5:00-7:00 p.m. Sunday evenings. Childcare is provided and there are classes for everyone from kindergarten through adult. Financial Peace University is offered as well as other topical and Biblical studies. An informal, light meal is shared by everyone beginning at 5 and then everyone goes to class. David McKay leads the youth group in their own study time. Chaplain King, Chaplain Cerutti and Chaplain Kreider will be course teachers. Chaplain Jeff Smith and his wife, Carolyn, teach the children's curriculum. Call Cindy Dack, DRE with any questions at 596-0089.

CATHOLIC CONFRATERNITY OF CHRISTIAN DOCTRINE (CCD) Classes meet Sundays from 11:00 – 12:30 p.m. at the Main Post Chapel. Classes are for those going into Kindergarten through Confirmation class (the child must be 13 years of age or in the 8th grade). POC: Patricia Johnson, Catholic Director, 596-3913.

CATHOLIC Rite of Christian Initiation for Adults (RCIA) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for adults interested in learning more about the Catholic Faith and/or preparing to receive the Sacraments of Initiation (Baptism, Holy Communion, or Confirmation). Contact: Pat Johnson, Catholic Director, 596-3913.

CATHOLIC Rite of Christian Initiation for Children (RCIC) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for children (ages 12-17) who have yet to receive the Sacraments of Initiation (Baptism and/or Holy Communion). Contact: Pat Johnson, Catholic Director, 596-3913.

SACRED HEART WOMEN OF FAITH (MCCW) will be hosting a Thursday night study group and morning playgroups through the summer. Please visit our website or email us for more information at <a href="https://sites.google.com/site/fortleonardwoodmccw">https://sites.google.com/site/fortleonardwoodmccw</a>, or <a href="mailto:fwmccw@gmail.com">fwmccw@gmail.com</a>.

NATURAL FAMILY PLANNING Instruction offered by Trevor and Becky Needham, certified Natural Family Planning Instructors, for couples seeking the safest, most natural, low-cost means of family planning. Effective for both achieving and avoiding pregnancy. For more information please visit our website: <a href="https://sites.google.com/site/needhamnfp">https://sites.google.com/site/needhamnfp</a> Please contact Becky for more information: 215-206-8679 or needhamsnfp@gmail.com.

HOSPITAL CATHOLIC MASS is held weekdays at 11:35 a.m. in the Hospital Chapel. POC: Pat Johnson, Catholic Director, 596-3913.

KNIGHTS OF COLUMBUS (KofC) A Catholic men's organization that meets the second Tuesday of the month at Bldg 590 at 7 p.m. KofC offers Catholic Christian fellowship and opportunities to be of service to others in the FLW/ St Robert / Waynesville area. POC: Mike Johnson (573) 528-3913 or <a href="mailto:tazmaniandevil03@gmail.com">tazmaniandevil03@gmail.com</a>.

K of C (Four Chaplains Council 13901) will be conducting a Soccer challenge for boys and girls ages 10-14 on 29 Sep 2012- 1PM-Until Completion: FLW, MO-Fld #2: Open to all. Contact Mike Johnson above or Ray Koenig at (217)-316-1326.

PRE-MARITAL CLASS is held the first Friday of each month and is a prerequisite for wedding ceremonies held in our chapels; the next post-wide class will be Oct 5th at 8:30 a.m. at Main Post Chapel in Room 148. For more information and to sign-up, call PFC Kaitlyn Holloway, Family Life Chaplain's Office at 596-6033.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) PWOC meets on Tuesday mornings from 9:00 – 11:45 a.m., and evenings from 6:30 - 8:30 p.m. at the Main Post Chapel. PWOC offers ladies' Bible studies and fellowship time for women seeking to grow in their walk with the Lord. Free Watch Care is available on site on Tuesdays mornings. For more information, contact Michelle Helton at 315-405-5390 or email <a href="LeonardWood@PWOC.org">LeonardWood@PWOC.org</a> or CH (LTC) Michael King, 596-0131, ext. 6-6225.

PWOC International Conference will be in Nashville, TN from 1-4 Nov.

PROTESTANT YOUTH OF THE CHAPEL (PYOC) meet on Wednesdays from 6:00 - 8:30 p.m. for Sr. High School Students (9-12<sup>th</sup> grade). Jr. High School Students (6-8<sup>th</sup> grade) meet Tuesdays from 4:30 - 6:30 p.m. Both meet at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. POC: David McKay, 596-7400 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

CATHOLIC YOUTH OF THE CHAPEL (CYOC) meets every Sunday from 1 - 3:00 p.m. at Pershing Elementary School on Indiana Ave across from Leiber Heights Chapel. Open to Confirmation-aged teens and up (8-12<sup>th</sup> grade). Contact POC: Amy Migliara, Catholic Youth Group Director, 573-855-8272 or <a href="mailto:amy.migliara@us.army.mil">amy.migliara@us.army.mil</a> for more information. Please visit the website for more information at: <a href="https://sites.google.com/site/flwsacredheartyouthgroup/">https://sites.google.com/site/flwsacredheartyouthgroup/</a>

PROTESTANT MEN OF THE CHAPEL (PMOC) meets every Wednesday at Bldg 590 at 11:30 a.m. Lunch is provided. We are studying "1 Timothy". POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.

<u>OFFICER CHRISTIAN FELLOWSHIP (OCF)</u> Bible Studies are conducted off post and, occasionally, within specific courses, based on student interest. Current off-post studies are:

Sundays, 6:00 pm, 210 Lafayette Circle, Waynesville (contact Mark & Desiree Prugh, <a href="mailto:Prughlaw@aol.com">Prughlaw@aol.com</a>, 573-774-6290. Currently not meeting, may start up in the fall.

OCF is also seeking a permanent party active duty officer assigned to Ft. Leonard Wood to assist in leadership activities. For information regarding this, other studies, or questions on OCF at Ft. Leonard Wood, please call COL (Ret) Jerry Meyer, 1-845-596-8723, <a href="mailto:meyerj@ctc.com">meyerj@ctc.com</a>. POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.



#### BRUCE C. CLARKE LIBRARY POC: JOYCE A. WAYBRIGHT, 563-4113

#### **Regular Hours**

Library Hours – 1st Floor Community Services 573-563-4113

Monday – Thursday 10:00 am – 6:00 pm Saturday – Sunday 10:00 am – 5:00 pm Friday & Holidays Closed

Library Hours – 2nd Floor Academic Services (enter from Lincoln Hall on Fridays)

Monday – Thursday 7:15 am – 6:00 pm 573-563-4109

Fridays 7:15 am – 5:00 pm Sat, Sun & Holidays Closed

Training Holidays 8:00 am - 4:00 pm

**Children's Library Hours:** (temporary until vacancies are filled) Monday-Thursday 10:00 AM - 1:00 PM and 3:00 PM-5:00 PM

Saturday-Sunday 12:00 Noon- 4:00 PM

Media Zone Hours: (temporary until vacancies are filled)
Monday-Thursday 12:00-2:00 PM and 4:00 PM-5:45 PM

Saturday-Sunday 12:00 Noon-4:00 PM

The Library is located in the MSCoE Complex in Building 3202 (the East wing) --- just off Nebraska AVE & 1ST Street.

#### RECURRING LIBRARY PROGRAMS/EVENTS:

- ◆ Toddler Story Time Tuesdays 10:30 am, Ages @ 18 months-3 years.

  Stories and simple crafts by ASYMCA. Children's Library 563-5857
- Preschool Story Time Wednesdays 12:30 pm, Ages @ 2-6 years. Stories and crafts provided by ASYMCA. Children's Library 563-5857

LIBRARY website: www.wood.army.mil/library

Your may access our Library Catalog directly <a href="www-library.wood.army.mil">www-library.wood.army.mil</a> To view your own account to place holds or renew books you must know your user name/alternate ID and PIN/password that you created when you registered. You must come to the library and show you ID card if you have forgotten you information.

Remember the Clarke Library does provide access to many 24/7 Virtual services.

Research/reference databases that provide access to thousands of journals, newspapers and digital reference materials.

We also have access to a number of ebook and eaudio services that you can either use on your computer or download to a variety of media devices.

These services are paid for by DoD, DA and the Clarke Library for the use of authorized patrons. Some of these services are also available on MilitaryOneSource (<a href="www.militaryonesource.com">www.militaryonesource.com</a>), ArmyOneSource, and service portals such as AKO (<a href="www.us.army.mil">www.us.army.mil</a>). You have to register for FREE accounts for these services. In some cases you must also create a FREE account within the database or ebook service, such as Petersons, Ebsco, and Tutor.com for military families.

#### FREE e Audio Books



Listen and read-along for kids

www.tumblebooklibrary.com

Username: army password: libra



eAudio eBooks for 12 +

www.tumblereadables.com

Username: army password: login



eAudio for teens & adults

www.tumbletalkingbooks.com IS NOW

www.audiobookcloud.com

Username: army password: login

**FREE live personal tutors** in Math, Science, English, Social studies and more. K-12, College and adult learners. Plus online links to tests, worksheets and other study tools. **Sign-up for your account at www.tutor.com/military** 

It's never too early to plan for college or a first or even second career, so try the Peterson's database. To take the tests you need to register and create a free personal account.

<u>Peterson's DoD MWR Education Resource Center</u> (www.petersonsDoDlibrary.com)



Test prep and FREE practice tests for the GED, PSAT, ACT, SAT, CLEP, LSAT, GRE, GMAT, Nursing and Teaching certification and military qualification tests- ASVAB, AFAST, AFOQT, ASTB, Military Flight Aptitude, Officer Candidate and DSST/Dantes. See example below. The site also has searches for

Vocational-Technical, Nursing and Distance Learning schools, under-grad and grad colleges & universities and scholarship searches. Numerous eBooks provide other study opportunities. Please register and create your own account.

EXAMPLE: SAT Online Course (example of the type of study course/test prep available)

Our personalized online course for the SAT prepares you for test day with expert guidance that builds both skills and confidence in the areas where you most need help. Plus, it's stocked with essential subject-specific and general test-taking strategies. And the best part? Your course is built just for you, based on the results of a pretest.

Here's how it works:

- An initial diagnostic pretest determines your strengths and weaknesses
- Based on your results, lessons provide what you need and skip what you don't
- Short, medium, and full-length options enable you to get the most out of the course no matter how close it is to test day
- Interactive games and activities help you build Math, Critical Reading, and Writing skills the fun way
- 400 electronic vocabulary flashcards increase your SAT word power
- 3 full-length practice tests allow you to apply what you've learned and gauge your progress
- Automatic essay scoring helps you evaluate your practice essays

#### Peterson's Portable Practice Test Player

Take Peterson's practice tests anytime, even when you don't have internet access. It's easy:

- 1. Download the player.
- 2. Download the test you want to take.

Peterson's OASC Online Academic Skill Course (www.petersonsDoDlibrary.com)



Build your math and verbal skills to excel in your job, pass your exam, advance your career, or continue your education. Please register to create your own account at this resource.



#### PLEASE SEE ADDITIONAL SHEET FOR INFORMATION



### ARMY COMMUNITY SERVICE (ACS) POC: LYNN MORGAN, 596-0212

The Fort Leonard Wood ACS is fully accredited and provides numerous supportive, informational, educational, and networking opportunities. All activities are held at Building 486, the ACS Center unless otherwise indicated. ACS will reimburse childcare expenses incurred for class participation. Parents are responsible for making reservations and ensuring their children are registered at Child, Youth and School Services (CYSS) 596-0238.

#### **FAMILY ADVOCACY PROGRAM**

For more information or to register for the preceding Family Advocacy Classes please call Debra at 596-0212 or e-mail Debbie.l.ward@us.army.mil

**PARENTING FROM THE HEART**: This is a six-week parenting class held Mondays at ACS beginning on 22 October 2012 at 1130. Explore different parenting styles; learn age appropriate discipline strategies and effective communication techniques. Please call for information on the next class schedule.

**BUNDLES OF JOY**: A six-week class for new and expecting parents. Topics include; Bonding, Swaddling, Child Proofing, and Budgeting for the New Addition. Session 1 will begin on 22 October 2012 running through 3 December 2012. Classes are held from 1330-1530 at ACS.

**ANGER MANAGEMENT**: This is a six week class that focuses on understanding the dynamics of anger while learning anger management techniques. Please call for new class schedule.

**COUPLES IN ARMS**: ACS is offering a five-week couples workshop. Topics include: Talk Without Fighting, Support Your Relationship, and Build a Relationship That Lasts. Childcare is available. Session 1 begins 4 October 2012 at 1130-1300 here at ACS.

**FAMILY VIOLENCE PREVENTION CLASSES** are available for Family Readiness Groups. Topics include: Identifying and Reporting Suspected Abuse, Preventing and Responding to Family Abuse (spouse, intimate partner, child), and Stress and Anger Management. Please call for new class schedule.

**THE 7 HABITS OF A 24/7 DAD**: Available upon request. What kind of dad do you want to be? Identify the role you want to play in the lives of your children. Please call for more information.

**PLAY MORNING**: Held every Monday morning except holidays from 1000-1100 in the gym at Pippin Youth Center on Young Street. Children between the ages of newborn and five years are eligible. Parents and children interact with each other as well as other children and their parents.

**BRIGHT START (PLAY GROUP)**: Every Thursday morning from 0900-1000 and 1030-1130. Children between the ages of newborn and three years are eligible. The children will enjoy hands on activities and interaction with other children.

#### **EXCEPTIONAL FAMILY MEMBER PROGRAM**

**EFMP OPEN RECREATION** - For Families with a child enrolled in EFMP to come and enjoy different recreation activities in a non-traditional environment - 1st Saturday of the month, 1000-1200.

**MUSIC GROUP FOR CHILDREN WITH AUTISM** - weekly event for children/parents to learn social and communication skills through music. Occurs every **Thursday at 1730**.

**DOWN SYNDROME SUPPORT RECREATION GROUP** - For Families with a member who have Down Syndrome - **2nd Saturday of the month, 1000-1200, BLDG 486** 

**EFMP RECREATIONAL THERAPY** - 2 classes of special needs gymnastics/yoga and twice-monthly community recreation opportunities for the whole Family of an identified EFM.

#### October

- 2 October 30 October weekly sessions 1800-2030, BASICs (brain disorders in conjunction with NAMI).
- **18 October 1300-1500**, ScreamFree Parenting Resistance is Futile Practice Judo Parenting (in conjunction with New Parent Support Program and Health Promotions).

#### November

- 1 November 1600-1900 here at ACS Special Needs Resource Fair.
- **6 November 12 December -** weekly sessions **1800-2000**, Love and Logic for Special Needs (in conjunction with New Parent Support Program).
- **20 November 1300-1500**, ScreamFree Parenting Empty Threats Are Really Broken Promises (in conjunction with New Parent Support Program and Health Promotions).

EMPLOYMENT READINESS PROGRAM classes are offered to Family Members of active duty, retired military and Family Members of DOD civilian employees. If you are new to the area, and looking for something to pass your time, or seeking employment to bring in a second income; why not get a head start by attending a special workshop just for you? For more information on classes being offered, please email or call Karen Hall to reserve your seat at karen.s.hall2.civ@mail.mil or phone 573-596-0212.

**APPLICATIONS & COVER LETTERS:** Would you like to learn the correct way to complete an employment application and format a cover letter that will positively catch the attention of an employer? This class will provide proper training and instruction on these two subjects. The class will be offered on **Thursday October 4, 2012 from 0900-1100, Bldg 486.** 

**NETWORKING/CAREER EXPLORATION: (Family Members)** Networking contacts are one of the main tools successful job seekers utilize to identify and secure permanent employment. Learn how to use this valuable job seeking technique! The Career Exploration class allows participants the opportunity to engage in discussions to better understand the process of developing a career plan by assessing career goals, skills and abilities to make an ordinary job into a satisfying career. Come and explore your career options with us on **Thursday 18 October 2012 from 0900 - 1100, Bldg 486.** 

**USA JOBS:** Department of the Army now advertises their civilian jobs exclusively on the usajobs.gov website. Participants will have the opportunity to learn how to create a resume in the correct format and how to navigate usajobs.gov. This is the second class given in preparation for the new procedures on how to submit a Federal Resume. **Class will be held on Thursday October 25, 2012 from 0900-1200, Bldg 486.** 

**RESUME WRITING:** (Civilian style) Do you want to have a professional looking resume that will catch the eye of any employer? Please attend this necessary, informative and fun class! Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Thursday 1 November 2012 from 0900-1100**, **Bldg 486**.

**INTERVIEWING TECHNIQUES:** Do you have questions about the "do's and don'ts" of employment interviews? This session offers participants the opportunity to discuss interview strengths and weaknesses with the instructor and learn what to expect during a job interview session. This class will be held on **Thursday 15 November 2012 from 0900-1100, Bldg 486.** 

DUE TO THE UPCOMING HOLIDAY SEASON, NO CLASSES WILL BE OFFERED UNTIL JANUARY 2013.

#### **RELOCATION READINESS PROGRAM**

For more information or to register for any of the classes please contact CAROL PATTON at 596-0212 or carol.a.patton4.civ@mail.mil.

**NEWCOMER'S ORIENTATION**: Newcomer's provides information about the post and surrounding area on the **3**<sup>rd</sup> **Tuesday of every month**, January-November. Join us on 16 October for Newcomer's Orientation at Pershing Community Center, 0830-1230. Spouses are highly encouraged to attend. Free childcare is available. Please call 596-0212 for childcare information and further details.

**COUNTRY SPECIFIC OVERSEAS ORIENTATIONS**: Going overseas? ACS now offers weekly Country Specific Orientations for Alaska, Germany, Korea, and Hawaii. Please call for further details.

**TOUR DE FORT:** Provides an informational tour of Fort Leonard Wood. Reservations can be made by calling the Relocation Readiness Office.

**INDIVIDUAL PCS PLANNING:** One-on-one consultation for anyone needing assistance planning their move. Receive information on housing, budgeting, jobs, finance, moving with children, general moving preparation, and many other moving related topics.

**FOREIGN BORN SPOUSE SUPPORT:** Whether your question concerns immigration and naturalization or learning the English language, the Relocation Readiness Office provides assistance.

**SPONSORSHIP TRAINING:** Sponsorship training is offered to units upon request or online, <a href="https://apps.mhf.dod.mil/esat">https://apps.mhf.dod.mil/esat</a>. A good sponsor can make the difference between smooth transitions and bad experiences.

**HEARTS APART PROGRAM:** Offers support for waiting Families by linking Family members and children with other Families who are left behind due to the sponsor's mission requirements. Spouses have the opportunity to informally meet others in the same situation, share information and fun activities with each other, learn from experts on a wide range of topics how to more easily manage the time apart and cope with stress.

**OVERSEAS ORIENTATION:** Mandatory for AIT Service Members prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Speakers provide beneficial knowledge on necessary topics to decrease difficulties in adjusting to the overseas relocation. Upon completion of orientation all AIT Service Members are provided an AG Overseas Orientation Clearance form, FLW Form 1493. Service Members are required to have this form prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Overseas Orientations are every Thursday and can be scheduled by contacting the Relocation Readiness Office, 596-0212. AIT units should schedule an orientation no later than three weeks prior to graduation to preclude scheduling conflicts.

**WELCOME PACKETS:** We provide packets for any installation requested. Welcome Packets provide information about the installation along with important contact numbers.

**LOAN CLOSET**: For Soldiers with Family Members on PCS orders, basic household items are available to borrow while you are in transition. Typical items include pots and pans, dishes, silverware, irons, ironing boards, sleeping pads, port-a-cribs, high chairs, and infant/toddler car seats.

#### FINANCIAL READINESS PROGRAM

Please call 596-0212 to register for the following classes, to schedule an appointment with a financial counselor, or if you would like more information please ask for Jerry Patton or e-mail jerry.l.patton6.civ@mail.mil.

**BUDGET AND BANK ACCOUNT MANAGEMENT:** Designed for those interested in managing their finances in a more proactive way. Learn how to prepare and follow a monthly budget, develop a spending plan, manage a checking or debit card account, see how to handle basic debt and credit considerations, and participate in hands-on practices and scenarios. The next classes will be held on **2 October 2012 and 6 November 2012**, all classes are **1130-1330**.

**MONEY & THE MOVE:** Learn ways to plan and prepare to be financially ready for your PCS move. Information on developing spending plans, entitlements, travel costs, weight allowances, movers, etc. are all included in this presentation. The next classes will be held on **3 October 2012 and 7 November 2012**, all classes are held from **0830-0930**.

**FIRST TERMER'S FINANCIAL READINESS COURSE:** An experiential presentation about all aspects of money management including spending plans, credit/debt management, online banking, basic investing, and many other financial topics. First Termer's is a mandatory class for E-1 through E-4 upon entry into the Armed Services IAW AR 600-20 and AR 608-1. The next classes will be held on **9 October 2012 and 13 November 2012, all** classes are **0730-1600.** 

**CREDIT AND DEBT MANAGEMENT/ CONSUMER AFFAIRS:** Everything you want and need to know about credit management, debt reduction, credit reports, credit scores, and how to use credit. Consumer Affairs update is provided. The next class will be held **16 October 2012 and 20 November 2012**, All classes are **1130-1230**.

**SAVING AND INVESTING:** Designed for those interested in consistent saving and ways to invest their finances. Discussions about TSP, IRA's, saving plans, and other methods. The next classes will be held 1130-1300, Bldg 486, 23 October 2012 and 27 November 2012.

**CAR BUYING:** A class for those who are planning to buy a car, used or new. What to look for in price comparisons, CARFAX, negotiating, paying sales tax in Missouri, warranties, etc. The next class will be held at 1400-1500, Bldg 486, 9 October 2012 and 13 November 2012.

**HOME BUYING ISSUES:** For those thinking about buying a home, what to look for and ask for from prices, market trends, negotiations, inspections, warranties, foreclosures *and bank properties*, *to moving day and beyond*. *Contact ACS at 596-0212 for* reservations or information.

#### **SOLDIER AND FAMILY ASSISTANCE CENTER (SFAC)**

Soldier and Family Assistance Centers (SFACs) use a "one-stop shop" approach to ensure services and programs are conveniently co-located in a single facility for more efficient access by WT Soldiers, their Families and support personnel. SFACs staffs access a broad range of installation, community, and DOD, resources, social, and personal services to provide an individualized service program for each Soldier and Family.

The SFAC facility is set up to provide a comfortable "home away from home" where Soldiers and Families gather for Family and social reintegration, relationship renewal, support, and camaraderie to aid in holistic healing of mind, body, and spirit.

Some of the services SFACs connect Soldiers and Family Members with are: child care, financial management, transportation, military personnel services, chaplain counseling services, legal assistance, MWR activities, AW2 assistance, VA and VA Vocational Rehabilitation benefits, job search and employment services, educational planning, ACAP services, and all the services ACS offers.

We're moving into a wonderful new SFAC facility at the corner of Illinois and Third streets the end of September. We hope to have most of the boxes emptied and look presentable by end of November (you know what those PCS moves are like!) After that, we hope you'll stop by to share a gourmet cup, learn about the services and support offered our Warriors in Transition, and share your own ideas of activities your organization might invite WT Soldiers and their Families to share with you, or ways you may want to volunteer (e.g. teaching a class, helping with marketing, reception, etc.). Look forward to having you in!

#### **COMMUNITY READINESS OFFICE:**

ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM: Level I courses provide training on basic military concepts, introduction into Family Readiness Groups, financial readiness, problem solving, and much more! Level II expands on the skills developed from Level I training to include how to manage deployment stress, communicate effectively, and develop personal skills that will make you an asset to any organization. Level III focuses on professional growth, identifying strengths and weaknesses, and building on the positive attributes that will make you an effective leader.

Level I	2 Oct 12, 0830-1630, ACS
Level I	6 Nov 12, 0830-1630, ACS
Level II	13-15 Nov 12, 0830-1500, ACS
Level III	27-29 Nov 12, 0830-1500, ACS

Command Spouse Team Seminar, 11-12 OCT 12, 0900-1500, ACS

**ARMY FAMILY ACTION PLAN (AFAP)** is a process which allows Service members, Retirees, Civilians, and Family members to say what's working and what is not. AFAP is your opportunity to improve the well being of the local and global military community. Watch for the next AFAP conference in October 12. Issues are accepted all year long through <a href="https://www.ARMYONESOURCE.com">www.ARMYONESOURCE.com</a>. Issue forms are also available at the AFAP office or email debra.a.griffin.civ@mail.mil.

**MOBILIZATION AND DEPLOYMENT SUPPORT** offers support and assistance to Service members, Civilians, and their Families throughout the deployment cycle.

**FAMILY READINESS GROUP LEADER TRAINING** will be conducted at the Melvin Carnahan Army Community Service Center on the dates listed below. The training will cover FRG basics as well as regulations, communication, key callers, managing funds, volunteers, etc. If you are a new FRG Leader or feel as if you need a refresher course, please call 596-0212 to sign-up.

16 Oct 12	0900 - 1500, ACS Bldg 486
13 Nov 12	0900 - 1500, ACS Bldg 486

**RESILIENCY TRAINING** is designed to develop critical thinking, knowledge, and skills to overcome challenges, mature, and bounce back from adversity. Develop the ability to see that: Challenges are temporary – not permanent; Challenges are local - not global; Challenges can be changed by your own effort - you're not a helpless victim. The next Resiliency Training will be held at Army Community Service, Bldg 486 on the dates listed below.

2 - 4 Oct 12	0900 - 1530, ACS Bldg 486
26 - 28 Nov 12	0900 - 1530, ACS Bldg 486

**CARE TEAM TRAINING** will be conducted on **23 October 12**, **0900-1200**. The training will cover Care Team roles and responsibilities and understanding grief.

**REAR DETACHMENT COMMANDER TRAINING** focuses on Family readiness, specifically the leadership role and issues involved in taking care of Families in different circumstances. The next training will be held on **9 October 12**, **0900-1200 at ACS**.

<u>ARMY VOLUNTEER CORPS PROGRAM</u> promotes and strengthens volunteerism by uniting community volunteer efforts and supporting professional management; and is an umbrella that encompasses a multitude of organizations that support our military community. Volunteers share the purpose of improving the quality of life for our Service members, Families, and Civilians. For more information, please contact Rhonda Hutsell at <a href="mailto:rhonda.l.hutsell.civ@mail.mil">rhonda.l.hutsell.civ@mail.mil</a>.

Make a Difference Day is a national day for helping others. This annual event is a great opportunity for people to give back to their community and this year will be hosted on Saturday 27 October 12, from 0700 to 1200. The Army Volunteer Corps is looking for organizations with projects that volunteers can participate in. In addition, the ACS Family Advocacy Program and Army Volunteer Corps invite you to participate in the 5K Fun Run/Walk in support of Domestic Awareness Month. If you want to volunteer for a project or have a project that you are interested in having volunteers come out and help with, please call the Army Volunteer Corps at 573-596-0212, or e-mail <a href="mailto:rhonda.l.hutsell.civ@mail.mil">rhonda.l.hutsell.civ@mail.mil</a>.

SURVIVOR OUTREACH SERVICE PROGRAM: The intent of this comprehensive program is to ensure continued support as needed and desired by eligible Family members for the duration of their immediate and long term care requirements in the following areas: Army benefits, financial counseling, grief counseling and support services, estate planning, will preparation, probate planning, assistance in the preparation of estate related tax documents, and life skills education. We continuously strive to provide the highest quality of services to our Surviving Family members of fallen Warriors. As such, we want to provide information on the SOS program in your area. We stand ready to serve you and answer your questions. Please contact Jodeen Carmack or Mark Dunlop at jodeen.l.carmack.civ@mail.mil or mark.j.dunlop2.civ@mail.mil.

MILITARY & FAMILY LIFE CONSULTANT (MFLC) PROGRAM: This is a DOD program offering immediate support and short term situational problem solving counseling. Consultants address deployment/ mobilization and reintegration issues that affect Service members and their Families. They also address any other issues that include stress management, coping skills, relationship problems, parent/child concerns, conflict resolution, communication, and loss and grief. Consultations are free and confidential. No records are kept. After-hour and weekend appointments are available and group, on or off-site meetings can be arranged. Psycho-educational presentations are available. A list of these presentations is available upon request. Email: lwmflc@gmail.com . Phone numbers: 573-212-0739, 573-855-3283, 573-855-3269 or call ACS at 573-596-0212. Fort Leonard Wood has an embedded MFLC position in the 4th MEB. The phone number is 573-979-7838.

ARMY COMMUNITY SERVICE OUTREACH: The purpose of ACS Outreach is to enhance readiness and retention by helping Soldiers and Families develop a stronger sense of self-reliance and belonging in the military community. Outreach targets those Families who have the greatest level of need, but are least likely to seek out and take advantage of services until they have reached a state of crisis. Once individuals and their issues/needs are identified, they can then be referred to the appropriate public sector/private sector agency for assistance. Outreach seeks to accomplish this by participating in on post/off post Family community events, on post organizational day functions, providing Family day briefings to Soldiers and Family members, setting up information tables during basic training graduations, conducting information briefings for permanent party, AIT students, and FRGs, and by manning information tables at various locations in communities around Fort Leonard Wood. Other activities ACS Outreach is responsible for include:

**GOWNS GALORE:** Ball gowns and dresses of various styles and sizes are available for loan free of charge. Don't miss out on attending a function just because you think you don't have something to wear. Donations of gowns and dresses are always welcome. Call 596-6781 or 596-0212 for more information. **T** 

HE HOUSE NEXT DOOR (HND): The House Next Door is a place where spouses and Family members of Active Duty military, military Reserve Units, National Guard units, and military retirees can meet to learn new skills and make new friends. There are several services and classes available to participate in and enjoy. Classes include cooking, sewing, ceramics, embroidery, etc. Classes are FREE of charge and children are welcome. (\*) Star classes require registration one week prior to the beginning of class. All classes are held at the ACS center, Bldg 486, unless otherwise specified. To register please contact the House Next Door at (573) 596-6781, or Jody Carmack at (573) 596-0212. E-mail: Jodeen.l.carmack.civ@mail.mil

#### **House Next Door October 2012 Classes**

**Crochet:** Learn a new skill or challenge your mind with a new pattern or type of yarn. Teaching supplies are provided for in-house use only.

Chemo Caps: The group is making knitted/crocheted hats for patients going through chemotherapy.

**Cross stitch:** Ever wanted to learn how to make some beautiful cross stitch designs. Please come and learn along with us.

**Loom Knitting:** If knitting is something you have always wanted to try, then try Loom Knitting Class! You'll learn how to take something simple and make it a work of art.

**Unfinished Project/Potluck:** If you have a project that never seems to get finished or you're not sure how to complete it, today is the day for you. Bring a dish to share if you wish also.

**Embroidery:** If needlework is something you have always wanted to try, then try Embroidery class! You'll learn how to take something simple and make it work of art.

**Coffee and Crafts:** We'll provide the coffee/tea (or bring your own) and you provide the crafts. Come join us for this enjoyable session.

**Taste and Trade (Sides and Entrees)**: Bring your favorite prepared holiday foods to share with the group along with the recipe! Please register for this delicious class!

**Quilt Block of the Month:** We will be working with our block for October (10th out of series 12). Please call to register for this enjoyable class and for a supply list.

**Girls Day Out:** Road trip ladies! Heading up to Rolla. If you have any suggestions on places to go or want to see/find, come in ahead of time, so we plan our day.

**Basic Sewing Class AM/PM:** This will be a six (6) week class. We will begin with sewing machine knowledge going into a six-week project. Interested parties must be registered by the first class and have his/her own sewing machine. Class size is limited to six (6) students only. Please call for more information and to register.

**Christmas in October:** We will be showing you place settings for (Formal, Casual and Potluck) and a Table Decoration.



### CHILD, YOUTH & SCHOOL (CYS) SERVICES POC: NANCY B. STARNES, 596-0200

Children utilizing the Child Development Center (CDC) must be registered with CYS Services. The CDC is open Monday-Friday and is closed weekends and federal holidays. The full day program currently operates from 0530-1730 Monday thru Friday. The hourly care program operates from 0800-1700 Monday thru Friday. The part day preschool three-day program operates during the school year on Monday, Wednesday and Friday from 1230-1530 and Strong Beginnings operates during the school year on Monday thru Friday from 0830-1130.

Children participating in Family Child Care (FCC) activities must be enrolled at a certified FCC provider's home.

**Children participating in School Age Services (SAS) activities** must be enrolled at SAS with the exception of Open Recreation that is offered two Saturdays per month. Children wishing to participate in Open Recreation must be registered with CYS Services, but are not required to be enrolled at SAS. Open Recreation is open to children from 1st thru 5th grade. Open Recreation is a free program. **The phone number for the center is 596-0239.** 

Youth participating in Pippin Youth Center (PYC) activities must be registered with CYS Services. These activities are open to preteens and teens from 6th thru 12th grade. Youth interested in participating in any of these clubs or activities may contact the center for more information to find out about the wide variety of activities that are available and the procedures for signing up for any of the programs that they may be interested in. The phone number for the center is 596-0209.

Through our participation in the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP), the CDC offers Parent's Choice Infant Formula with Lipids and Iron; available for infants through 11 months old if parents choose to participate. The CDC also offers commercially prepared infant food or ground food prepared by our kitchen staff to all children who are not yet eating table food. Infant Feeding Plans are available at the CDC to be completed to inform the staff of the food your child has been introduced to. As always, children over the age of one year will also be supplied with all of their nutritional needs while they are at the center. For more information on these programs, please contact the center.

Deployment Discounts/Services: Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The CDC opens twice a month for this service. For the month of October the center will be open on the 7th from 1200-1600 and the 19th from 1800-2200. The normal cost of hourly care is \$4.00 per hour will apply; payment must be made in advance. A snack will be provided for the children. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks through the 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded.

**Family Readiness Group (FRG) childcare** is a partnering event between CYS Services and Army Community Service (ACS). There is free childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 1200 the week before the date of the opening. The **FRG childcare dates for October will be the 4**th **and the 16**th from **1800-2030**.

CYS Services are also giving deployment fee discounts to children registered with CYS Services whose parent/sponsor is deployed or a Service Member of the deployed unit. Offsets to fees may be given as follows:

- 1) Waiver of CYS Services registration fee
- 2) 20% discount reduction for regularly scheduled full/part day fees
- 3) \$2.00 per hour rate beyond the free respite care hours
- 4) \$100 for team or individual sports
- 5) \$300 for SKIES Instructional Programs

To receive the discount, deployment orders must be presented to Parent Central Services upon registration, or if your child or children are already registered, you must make an appointment to rewrite your present contract and present the deployment orders at this time; however, rewriting the contract does not extend the date of your contract (it will still expire on the original date). Call 573-596-0238/0421 to inquire about eligibility for benefits.

**Parent Participation Points (PPP):** For parents with children enrolled in the CDC, SAS, or an FCC home, there are a variety of ways to earn PPP. These points can add up to a monthly 10% discount on your childcare fees. Check with your program or provider for more information on this program.

**The Skate Park is open at PYC.** The hours of operation are the same as the center, but the Skate Park closes at dusk, or 1900, whichever comes sooner. The park is open to youth 1st thru 12th grade. 1st thru 5th graders must be accompanied by a parent. All youth using the park must be registered with CYS Services and must sign in at PYC prior to using the park. Safety equipment, i.e. helmet and kneepads, is required. Some safety equipment is available at the center.

PYC will open at 1430 on weekdays. On non-school days and Saturday, the center will open at 1200. Regular hours for the center when school is in session are Monday through Friday from 1430-1900, and on Saturday 1200-1900 for Open Recreation. The High School Lounge is open Monday thru Thursday from 1430-1900, Friday from 1430-2100, and Saturday from 1200-2200.

Information from the School Liaison Officer (SLO): Wavnesville School District (WSD) Information:

Carrie Bradke is our new CYS Specialist (School Liaison Officer). Carrie's contact information is as follows:

Office phone number: 573-596-0357

Email address: carrie.a.bradke.naf@mail.mil

Enrollment Information and School Calendar for the WSD can be found at:

http://waynesville.k12.mo.us

#### **SKIES***Unlimited*

#### New

**Preschool Music and Movement** - Preschool Music and Movement for ages 3-5 begins a new session Thursday, October 4 - November 29, from 1:30-2:30 p.m. at Audie Murphy's Community Center. Have fun with creative movement, finger play, and hands-on activities with child-sized instruments. Parent participation is required. Register at Parent Central Services Bldg 470 Room 1126. Children must be enrolled with CYS Services and have a current physical and be up to date on all shots. Call 573-596-0200 for more information.

#### **Ongoing**

**Gymnastics** Summer schedule: 55 minute gymnastics class once a week for two years and older; 45 minute classes for 18 months to two years. Lessons are \$42 per month. 1 ½ hour advanced class is \$58 per month. A one hour class held twice weekly is available for \$70 per month. Classes are available Monday –Thursday afternoons and Wednesday and Thursday mornings.

Children and youth may be eligible for free gymnastics instruction if they are enrolled in the Exceptional Family Member Program.

**Academic Support** SKIESUnlimited now offers academic tutoring for students 6-18 years in reading, writing, math, test prep, SAT, ACT and GED prep. Please call the SKIES office at 596-0200 for details.

**Piano, Guitar, Violin & Voice -** 30 Minute Private Lessons \$55, Hour Long Group Lessons \$43. Some time slots are still available. Contact Parent Central Services for dates and times at 596-0238/0421.

Martial Arts - Tae Kwon Do meets Monday and Wednesday evenings at Audie Murphy's Community Center. Classes offered are one time a week for \$35 per month or two times a week for \$65 per month. Start-up fee is now \$75 (regular price, \$159). Call Parent Central Services at 596-0238/0421 for more information.

**Dance** - Dance classes through the School of Performing Arts are held on Thursdays between 1600 – 1900 for ages Pre-K and up. Cost is \$35.00 per month. Starlighters School of Dance offers instruction on Fridays in preschool ballet, tap, and jazz, junior hip hop, and hip hop for school age children and youth. Cost is \$40 per month.

**Army Family Covenant** In support of the Army Family Covenant, dependents of a deployed service member, wounded warrior or fallen Soldier are eligible for up to \$300 per Child/Youth for SKIESUnlimited classes per deployment. For enrollment information, contact Child, Youth & School Services Parent Central Services at 573-596-0238.

SKIESUnlimited is recruiting community members like you! Share your knowledge and skills and earn extra money in your spare time. Expand the horizons of children and youth in the Fort Leonard Wood community. SKIESUnlimited is currently recruiting individuals with experience in academic tutoring, arts & crafts, drawing & painting, auto skills, robotics, engineering, scrap booking, foreign language instruction, and baby sign language. Please contact Nancy Maddy at 573-596-2050/563-3006 if you are interested in working as an independent contractor for SKIESUnlimited.

#### Parent and Outreach Services/Special Events:

PWIM Workshop "Bullying", 12 Oct 12, 1130-1230, Building 470, Room 1118. imAlone class is scheduled for 20 Oct 12, 0800-1230, SAS. Call Parent Central Services at 573-596-0238/0421 to sign up



### PUBLIC AFFAIRS OFFICE POC: Tiffany Wood, 563-4145

- Sept. 26 **Facebook Administrator classes** are scheduled to meet at 1 p.m., monthly on the last Wednesday of the month (except December), on the 2nd floor of the Clarke Library. This month's meeting takes place Sept. 26. Anyone that is an administrator for a FLW group fan page, FRG, organization, etc., is invited to come. Official FB pages should have at least 1 person in attendance. Please contact Cheryl at 573-563-8362 for more information.
- Sept. 26 <u>Cultural Presentation</u>. A presentation titled "Can Turkey be a model for Islamic democracy in the Middle East?" will be made from noon to 1 p.m., Sept. 26 in Lincoln Hall Auditorium. Open to the public. The MSCoE POC for this action is Dr. EL-Guindy, Cultural Language Advisor, at 563-6230 or <u>boshra.n.el-guindy.civ@mail.mil</u>.
- Sept. 27 <u>Suicide Prevention Stand-down Day</u>. U.S. Army Training and Doctrine Command plans to conduct a command-wide Suicide Prevention Stand-down Day on Sept. 27 for all Soldiers, Civilians, and interested Family members. The stand-down comes in response to an Army-wide strategy to preserve the strength of the Army; prevent further loss of life; enhance awareness of available support resources; improve the health and discipline of the force; reduce stigma; and increase resilience.
- Oct. 3 <u>A Hispanic Heritage Month Observance</u> is scheduled for 11:30 a.m.-1 p.m., Oct. 3 at the Pershing Community Center.
- Oct. 5 <u>Garrison/IMCOM Org Day</u>. Installation Management Command (IMCOM) Organization Day is scheduled for Oct. 5 at Colyer Park. Most IMCOM organizations will be closed or have reduced hours in order to participate. Please plan accordingly.
- Oct. 6 <u>The 2012 Combined College Graduation</u> is schedule for 1 p.m., Oct. 6 at Nutter Field House. Five of the seven on-post colleges will participate this year. Central Texas College, Columbia College, Drury University, Park University and Webster University. A reception will follow at the Pershing Community Center.
- Oct. 7-13 National Fire Prevention Week is set for Oct. 7-13. This year's theme is "Have 2 Ways Out!" and focuses on the importance of fire escape planning and practice. The Fort Leonard Wood Fire Department will host an Open House on Oct. 13 from 11 a.m. to 3 p.m. with family and child oriented games and activities. Visit the National fire Prevention Association website at <a href="http://www.nfpa.org/index.asp">http://www.nfpa.org/index.asp</a> for more information or contact the FLW Fire Department at 596-3284.
- Oct. 12 <u>Fun run</u>. The MSCoE and Fort Leonard Wood Civilian run/walk is set for 7:30 a.m., Oct. 12 on Gammon Field
- Range Safety Course. All persons who use the Privately Owned Weapons (POW) Range #6 must complete the Range Safety Course prior to use. For more information contact Range Operations at 596-5260 or 596-2525.

Register to Vote. The MSCoE Commanding General encourages all civilian and service members to register and vote in the 2012 elections. To register, request a ballot, and vote absentee go to <a href="https://www.FVAP.gov">www.FVAP.gov</a> to complete your Federal Post Card Application (FPCA). For local assistance, please contact Lea Ann Starmer, Fort Leonard Wood voting assistance officer, at 596-0741 or by email at <a href="https://example.com/leonard-wood-new-mail.mil">lea.a.starmer.civ@mail.mil</a>. The Voting Assistance Office is located in Bldg. 470, Room 2123.



#### INSTALLATION CUSTOMER RELATIONSHIP MANAGEMENT OFFICER

POC: BECKY GRIMM, 563-5114

"Voice of the Customer"

#### **NO SUBMISSION FOR SEPTEMBER 2012**



POC: ANGIE ASKINS LIFEWORKS COORDINATOR 329-1009 aaskins@bbcgrp.com

Saturday, September 29<sup>th</sup>- Fall Fest at the Stonegate Community Center from1-3pm. Apple bobbing, pumpkin bowling, soda bottle painting and a few other games activities and snacks. The Fall Fest is a free event for our on post military families!

The holidays are fast approaching! This year, we would like to take up a collection of hats, gloves and coats to be donated to the Gift of Warmth. All donations can be dropped off at your nearest neighborhood center until December 4<sup>th</sup>.

\*\*\*Mommy and Me Cardio is still being held every Monday, Wednesday and Friday at the Stonegate Community Center at 9:30am. We encourage spouses to take advantage of this wonderful and challenging class!

The Fort Leonard Wood Fire Department is holding a Home Fire Safety Contest during October. Residents need to have their inspections conducted before **October 5<sup>th</sup>**. 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners will be selected and receive a \$50 gift card.

#### October

11<sup>th</sup>- 3<sup>rd</sup> Annual Make n Take Caramel Apple Day at the Stonegate Community Center from 3:30-4:30pm.

18th- Recycled Halloween Trick or Treat Bags at the Stonegate Community Center from 3:30-4:30pm. Come decorate your own trick or treat bag!

23<sup>rd</sup>- Toddler/Preschool Movie Morning at the Stonegate Community Center at 10am. Today's showing will be "Hocus Pocus". Popcorn and candy will be served!

26th- Halloween Party at the Stonegate Community Center at 3:30. Don't forget to wear your best costume! Halloween activities and food will be served!

30<sup>th</sup>- Halloween Scrappin' at the Piney Hills Community Center at 10am. Bring your best pics of your favorite little boys and ghouls to this free event! All supplies and snacks provided!



Commissary Rewards Card: Introducing another way save. Commissary Rewards is a faster, simpler and more convenient way to shop. For more information on this card, please visit <a href="https://www.commissaries.com/faq">www.commissaries.com/faq</a> and click "Commissary Rewards Card." Assistance is also available through the customer service hotline at 855-829-6219 or through email at <a href="mailto:commissarysupport@inmar.com">commissarysupport@inmar.com</a>.



## GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL (GLWACH), MARKETING SPECIALIST POC: JOHN BROOKS, 596-0131, ext 6-9632

Please use the GLWACH main entrance on Saturdays.
GLWACH's north Primary Care Clinic (PCC) entrance is closed on Saturdays.

#### Provide type and quality input about healthcare delivery policies each month!

The Healthcare Consortium meeting serves as a consumer advocate board in which the unit and community representatives have direct feedback to the hospital Commander and her staff concerning the type and quality of care provided at the General Leonard Wood Army Community Hospital. This meeting is a forum for beneficiaries to provide input to healthcare delivery policy and to promote communication between the medical treatment facility and its beneficiaries. This is a forum for outside input into process improvements for the organization.

General Leonard Wood Army Community Hospital intends to foster an environment of engaged and committed healthcare providers who are actively engaged with our patients, and are committed to providing well-coordinated care that promotes and optimizes health. If you can provide input to healthcare delivery policy or process improvements, please consider attending this meeting.

This is not a session for individual patient complaints. For those we have our Patient Representatives who take care of individual issues. Please contact a Patient Representative at 573.596.0045 or 573.596.0681, or stop by the Customer Service Office in room 123 located next to the main bank of elevators.

Everyone is invited to attend the Healthcare Consortium meeting. Please check our Facebook page at facebook.com/GLWACH for monthly meeting times, dates and locations. Hope to see you there!

#### You can get your flu shot today, or anytime through spring!

This year's flu shots are available at the General Leonard Wood Army Community Hospital Allergy/Immunization Clinic, and the Ozark Family Centered Medical Home satellite clinic, for beneficiaries on a walk-in basis from 8:00 a.m. to 4:00 p.m., Monday through Friday, starting on TODAY through spring 2013!

Flu shots are for adults and children who are at least six months of age. For children 8 years and younger, if this is their first year getting the flu shot, they will receive two, 30 days apart. Adults over 50 years should receive the flu shot and not the flu mist.

The General Leonard Wood Army Community Hospital Allergy/Immunization Clinic is located in room 107 at the hospital, and the Ozark Family Centered Medical Home satellite clinic is located in the Saint Robert Municipal Center. For more information, please call the Allergy/Immunization Clinic at 573.596.1768.

Shots are no fun, but the flu is even less fun! :-D

#### **Main Pharmacy Operating Hours:**

- •Monday, Tuesday, Wednesday and Friday: 0700 to 1900
- •Thursday 0830 to 1900
- •Saturdays: 0800 1200 and 1300 1700 (closed for lunch 1200 1300)
- •Closed on Sundays and Federal Holidays, Reduced Staffing and Hours on Training Holidays

#### **PX Pharmacy Operating Hours:**

- •Starting 24 September 2012 Monday, Tuesday, Wednesday and Friday: 0900 to 1800
- •Thursday 0900 to 1800
- Closed on Sunday and Federal Holidays
- •Reduced Staffing and Hours on Training Holidays
- •Starting 24 September 2012, Self-care medications will be available to patients.

#### **Special Operating Hours for Main and PX Pharmacies:**

•Holiday Hours/Closures:

#### **Main Pharmacy Holiday Closure:**

- Oct 5, 2012 Open 0800 to 1700 (Training Day)

PX Pharmacy Holiday Closure:

- Oct 5, 2012 Closed (Training Day)

#### NEW:

The main Pharmacy will fill all prescriptions from GLWACH providers and civilian providers with hand written or faxed prescriptions. Faxed prescriptions will be held at the main Pharmacy for 120 days.

Please note that your wait time may increase from 1100 to 1400 during lunch.



General Leonard Wood Army Community Hospital's "Green Apple" mascot helps remind beneficiaries that "Very Good" or "Excellent" ratings ("Green APLSS") given on the Army Provider Level Satisfaction Survey increase our funding, which, in turn, increases the

care we're able to provide our beneficiaries.

#### If you receive "Very Good" or "Excellent" care, give us Green APLSS!

Did you know that the General Leonard Wood Army Community Hospital gets increased funding when beneficiaries answer Army Provider Level Satisfaction Surveys with "Very Good" or "Excellent" responses?

Increases in funding allow General Leonard Wood Army Community Hospital to increase its care and services.

APLSS surveys are received in the mail 7-10 days after an appointment at the General Leonard Wood Army Community Hospital.

If you have received "Very Good" or "Excellent" service at General Leonard Wood Army Community Hospital, please indicate this on APLSS surveys you receive in the mail, and send it in, or complete the APLSS survey online using the instructions provided.

If you need an immediate, personalized response to a complaint or concern, please contact clinic leadership for on-the-spot response.

You can also contact a Patient Representative in room 123 or at 573.596.0418, or make an Interactive Customer Evaluation comment. ICE comments can be made on an ICE card at our Information Desk, using the ICE machine behind the Information Desk, or online at www.wood.army.mil by clicking on the ICE link there.

So, if we have provided "Very Good" or "Excellent" service, please indicate so on your next APLSS survey. General Leonard Wood Army Community Hospital likes "Green APPLES" (positive responses on APLSS surveys)!

General Leonard Wood Army Community Hospital website: GLWACH.amedd.army.mil

General Leonard Wood Army Community Hospital facebook: facebook.com/GLWACH



AMERICAN RED CROSS POC: DENNIS MORAN, 596-0300

**NO SUBMISSION FOR SEPTEMBER 2012** 



POC: KELLY BROWNFIELD FACILITY MANAGER, 329-2039, kbrownfield@usomissouri.org

**NO SUBMISSION FOR SEPTEMBER 2012** 



CHAMBER OF COMMERCE
POC: CECILIA MURRAY, 336-5121

<u>Chamber Community Pride Night</u> - September 28th at 6:00 p.m. Join the Chamber at a tailgate party before the Homecoming Football Game of the Waynesville High School Tigers. Free hot dogs and soda handed out during the event. For more information contact our office at 573-336-5121.

PFAA Presents Frankenstein – September 28th and 29th at 7:00 p.m., October 5th and 6th at 7:00 p.m., October 7th at 2:30 p.m., and October 12th and 13th at 7:00 p.m. The Theater On The Square in Waynesville is proud to present Frankenstein directed by Steve Woolsey. The box office will open one hour prior to curtain time. Seating will begin thirty minutes prior to curtain time. Seating is on a first-come, first-served basis. Tickets may be purchased or reserved ahead by visiting or calling The Pulaski County Tourism Bureau in St. Robert (573-336-6355). Adult tickets are \$10.00 and children 12 years and under are \$5.00. This show will be appropriate for ages 13 and older.

<u>Pulaski County Humane Society Run for the Cause</u> - September 29th Registration begins at 7:45 a.m. and the run starts at 8:30 a.m. 100% of all proceeds help animals in need. For more information call 573-452-3862 or visit www.lovingpawsadoptioncenter.com.

3rd Annual Walk/Run for Life — September 29th from 9:00 a.m. to 12:00 p.m. As part of our annual fundraising activities, the Free Women's Center will host its 3rd Annual Walk/Run for Life on Saturday, 29 September 2012, in the Waynesville City Park. We will set up a registration area next to Gazebo #3. We will have a large activity area for the children attending which will include a large bounce house, clown station, free balloons, and face painting, we will have coffee and donuts. Registration begins at 9am with our walk (two round trips to the Roubidoux Spring and back) starting by 10:15am. The run is 5K around the City Park and Sporting Complex, starts at 10:30am. Registration costs \$20. All Walkers receive a free T-shirt, Runners receive T-shirts and medals, with trophies to the top three finishers (male and female). All participants will receive free food and drinks following the event at 11:15am. Both walkers and runners can solicit Walk/Run pledges and receive prizes for different levels. For more information contact Free Women's Center at 573-291-0093 or visit www.supportmyfwc.com.

<u>Travlers Square Dancers Try Square Dancing Event</u> - October 4th at 6:00 p.m. in the St. Robert Community Center. This is for everyone, single, couples, families, etc. Square Dancing full-fills physical education requirements for home schooled children of all ages. This is a family environment that promotes family togetherness as well as providing good physical/mental activities for all others. For information, call 573-528-9170.

**ZUMBA - Party in Pink** – October 5<sup>th</sup> from 6:00 to 8:00 p.m. at The ARK Community and Sports Center. Movin' to end Breast Cancer! Join us for a Party in Pink Zumbathon Charity Event Benefiting Susan G. Komen for the Cure! Cost is \$10 per person. 75% of your ticket fee is donated to fund breast cancer research, education, screening, and treatment programs! For more information contact Jennifer Colon at 262-720-3066.

<u>Frogtoberfest</u> – October 6<sup>th</sup> from 10:00 a.m. to 4:00 p.m. at Waynesville City Park. There will be a special opening ceremonies for W.H. Croaker's 15th birthday, Crafts, Foods, including frog legs, Children's games, storytelling, 5th Annual Chamber of Commerce Frog Races, Native American dance demonstration, Lapidary demonstrations, and Cake walks.

<u>Frog Races</u> - October 6th the 5th Annual Frog Races will be held by the Waynesville-St. Robert Chamber of Commerce in conjunction with Frogtober Fest at the Waynesville City Park. "Adopt" a frog for \$5 or a team of 3 for \$10. Frogs will race down the Roubidoux and the first heat will begin at 1 p.m. Sponsored by Sonic Drive In. For more information please contact the Chamber office at 573-336-5121 or <a href="mailto:chamber@wsrchamber.com">chamber@wsrchamber.com</a>.

Chamber Office Closed - October 8th in observance of Columbus Day.

American Red Cross Blood Drive – October 8th from 12:00 to 6:00 p.m. Waynesville First Baptist Church 202 North Benton Street Waynesville, MO 65583 Because blood has a 42-day shelf life, it is important to keep a continual blood supply on hand. The need for blood not only arises after a catastrophe, but is constantly needed for surgeries and accident victims (where a single vehicle accident can use up to 100 pints of blood), as well as for cancer patients and those undergoing dialysis. Under normal circumstances, every two seconds someone in America will need a blood transfusion. But, less than 5 percent of the eligible population actually donates blood. You or someone you know is likely to need blood at some point in your life. When you, your family member or your loved one has medical trouble, you want to know that there will be enough blood to treat them. We all know you can't schedule emergencies, so donating is a way to pay forward to give in advance. Even with all the worlds' sophisticated medical technology, there is still no substitute for human blood. So even though the number of donor's declines the need remains constant. You can donate blood every 56 days, which is 6 times a year. A single blood donation can save the lives of up to three people. For more information contact the American Red Cross at1-800-733-2767 or visit http://www.redcrossblood.org/.

<u>Hometown Harvest</u> – October 13<sup>th</sup> 9:00 a.m. to 2:00 p.m. Outdoor fall festival in downtown Richland. Come enjoy fall, visit our craft and food vendors, check out the antique cars, outdoor demonstrations and more! Free admission. For more information call Kandi Murphy at 573-774-0732.

Glow in the Dark Golf Tournament - October 13th at 8:00 p.m. at the Saint Robert Municipal Golf Course. Registration begins at 7:00 p.m. and will run until the tournament begins. Entry fees are \$12.00 per player at the time of registration, or you can pre-register by October 1st and play for only \$10.00. The tournament will be 18 holes and is estimated to last about two hours. Golf balls and glow sticks will be available for purchase at the clubhouse. Please reserve a spot by contacting the St. Robert Municipal Golf Course at 140 Duffer Drive in St. Robert or call 573-451-2000 ext. 1306.

<u>Chamber Annual Trivia Night</u> - October 18th at 7:00 p.m. at the St. Robert Community Center. Teams will be made up of no more than 10 players. The registration fee is \$100 per team and due to the Chamber office by October 12<sup>th</sup>. For more information contact the Chamber at 573-336-5121 or visit <a href="https://www.wsrchamber.com">www.wsrchamber.com</a>.

2nd Annual Downtown Oktoberfest – October 20th from 11:00 a.m. to 5:00 p.m. on the Square in downtown Waynesville. Fun for the while family! There will be Karaoke Contest, Games & Prizes, Super Savings, Local Vendors, Bouncy House, Live Music, and Food & More...Vendors Needed! Reserve your Place on the Square Today!! Contact Lone Oak Printing or Seda's Gift Shoppe at 573-774-3001 or 573-774-6910 or visit http://www.facebook.com/pages/Route-66-Fest/273478112678179.

Train a Dog, Save a Warrior 5K Family Fun Run & BBQ — October 27<sup>th</sup> at 9:00 a.m. Train A Dog, Save A Warrior (TADSAW) is a non-profit organization serving our warriors, families, and community by providing local warriors with canine (battle buddies) and providing the training and tools necessary for them to become a certified warrior service dog team. Please come out and join us for this exciting fundraiser to support our local heroes! BBQ to immediately follow. For more information contact Debby Crawford at 573-336-2000 ext 1130.

**St. Robert Halloween in the Park** - October 27th from 5:00 p.m. to 8:00 p.m. at the St. Robert Community Center. There will be a haunted hayrides, family hayrides, candy and games for the kids, and free food while it lasts. Costume party starts at 5:30 p.m. For more information call 573-451-2625.

**Spooktacular & Trail of Treats** – October 27<sup>th</sup> from 6:00 to 8:00 p.m. Free hot dogs, chips & drinks, costume and pumpkin carving contests, hay ride, games and activities. Shady Dell Park. For more information contact City of Richland at 573-765-4421.

**16th Annual Halloween Bash** - October 27<sup>th</sup> from 6:30 to 9:30 p.m. the 16th Annual Halloween bash at the Pulaski County Shrine Club in Buckhorn. Come enjoy a fun filled evening of trick or treating with games, toys, candy from numerous haunted houses, the haunted house of doom and a hay ride through the haunting of buckhorn forest. Donations of \$2 per person with all proceeds going to the Shriner's Hospital for Children for more information visit <a href="www.local28forr.com">www.local28forr.com</a>.





#### ROLLA AREA CHAMBER OF COMMERCE POC: AIMEE CAMPBELL, (573)364-3577, visitrolla.com

#### **NO SUBMISSION FOR SEPTEMBER 2012**



#### <u>LEBANON AREA CHAMBER OF COMMERCE</u> POC: JUDY FORTNER, 417-532-4642

Follow us on Facebook for events and happenings in Lebanon http://www.facebook.com/cityoflebanonmo

- Ozark Nightmares Haunted House opens September 28th. Open 7pm-11pm every Friday and Saturday and Halloween night. Every year it is a new layout. Tickets are \$7.50 and you can find information on facebook or visit their website <a href="www.ozarknightmare.com">www.ozarknightmare.com</a>. They also have an extensive costume shop open year round.
- September 29<sup>th</sup> The Lebanon Rotary Club presents the drive-in movie **Pirates of the Caribbean** at dusk. \$2 a person or \$5 for a car load at the Cowan Civic Center. <a href="www.lebanonmo.org">www.lebanonmo.org</a>.
- October 7<sup>th</sup> at 5:30 pm Cross Creek Church presents a free concert at Atchley Park by the Pans of Praise, touring from Trinidad and Tobago. For information call 417-650-0647.
- October 13th is the Community Fall Garage Sale at the Cowan Civic Center. Free admission to the public 8am to 2pm. Call 417-532-4642 for information.
- Saturday, October 20th the Knights of Columbus will sponsor a **Fall Festival** from 5 pm to 11 pm at the St. Francis De Sales Parish Center on 345 Grand Avenue, Lebanon. This event is for ages 21 and over. Tickets are \$15 in advance and \$20 at the door. Food and drinks provided. Music and casino games and an auction. For details contact 417-288-2596.
- November 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> is the 15<sup>th</sup> Annual Whirlwind Alpaca Ranch Open House. Visit
   <u>www.whirlwindranch.com</u> for information. They have a sale on all their merchandise made from
   Alpaca fiber. You have to check out the handmade scarves and rugs.
- November 9th, **Catch & Release Trout fishing** begins, make plans for your trip to Bennett Spring State Park this fall. Visit www.bennettspringstatepark.com.
- Saturday, November 10<sup>th</sup> is the 1<sup>st</sup> Annual Route 66 Rotary Run of Lebanon. Race time is 10am starting at the Mills Center; race day registration is 8:30 to 9:30. Contact Keith at 417-718-0200 or register at <a href="https://www.omrr.org">www.omrr.org</a>.



#### ASSOCIATION of the UNITED STATES of AMERICA

Donna Barkefelt at <a href="mailto:donnabarkefelt@gmail.com">donnabarkefelt@gmail.com</a>; 573-451-3202 Mike Gillen at <a href="mailto:Michael.Gillen@Mercy.Net">Michael.Gillen@Mercy.Net</a>; Rick Morris at rickmorris101@gmail.com

#### **NO SUBMISSION FOR SEPTEMBER 2012**



for Single Soldiers BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)

POC: SPC RONDA TUBERVILLE or WARREN BRITTON, 596-6912

Facebook: http://www.facebook.com/flwboss

Twitter: http://twitter.com/FLWBOSS

#### **NO SUBMISSION FOR SEPTEMBER 2012**



ARMED SERVICES YMCA OF MISSOURI (ASYMCA)

POC: LINDA BRIGHT, EXECUTIVE DIRECTOR, 329-4513, ymca@cablemo.net; www.asymcaMO.com

**Weekly Activities:** 

Mondays 10:00 Playgroup with New Parent Support Group

Tuesdays, 10:30 Story Hour at Clarke Library Wednesdays 12:30 Story Hour at Clarke Library

Thursdays 9:30 Mom & Me Craft Class at Woodlands Neighborhood

Center

ASYMCA C.A.R.E.S: New session starts October 10 for six weeks. Call to sign up

**Kid Comfort quilts**: Photo quilts for children with a deployed parent. Application available by emailing y office at ymca@cablemo.net



Armed Services YMCA

4th Annual Family Friendly

3K Fun Run/Walk & Trunk 'N Treat Event

Date: Saturday, October 20, 2012

Time: 10:00AM 3K Fun Run (9:30AM check in)

11:00 AM Trunk 'N Treat

Where: Iowa Ave., FLW

 $\textbf{Cost:} \hspace{0.2cm} \$10.00 \hspace{0.1cm} \text{per adult, } \$5.00 \hspace{0.1cm} \text{per child (ages 5-15 ), and } \$25.00 \hspace{0.1cm} \text{for a family of 3 or more.} \hspace{0.1cm} \text{Children under 5} \hspace{0.1cm} \text{cm} = 10.00 \hspace{0.1cm} \text{per adult, } \$5.00 \hspace{0.1cm} \text{per child (ages 5-15 ), and } \$25.00 \hspace{0.1cm} \text{for a family of 3 or more.} \hspace{0.1cm} \text{Children under 5} \hspace{0.1cm} \text{cm} = 10.00 \hspace{0.1cm} \text{per adult, } \$5.00 \hspace{0.1cm} \text{per child (ages 5-15 ), and } \$25.00 \hspace{0.1cm} \text{for a family of 3 or more.} \hspace{0.1cm} \text{Children under 5} \hspace{0.1cm} \text{cm} = 10.00 \hspace{0.1cm} \text{per adult, } \$5.00 \hspace{0.1cm} \text{per adult, } \$5.00 \hspace{0.1cm} \text{per child (ages 5-15 ), and } \$25.00 \hspace{0.1cm} \text{for a family of 3 or more.} \hspace{0.1cm} \text{Children under 5} \hspace{0.1cm} \text{cm} = 10.00 \hspace{$ 

FREE.

Registration: Begins September 1, 2012 to October 18, 2012

**Information**: First 100 **paid** participants receive a t-shirt. This is a **Halloween themed event** so come dressed in your best costume. Prizes will be given out for 1st place, 2nd place finishers, Best Dressed Costume, and 1st and 2nd place Best Decorated Trunk 'N Treat Vehicle. Only participants of the fun run may participate in the trunk 'n treat event. All participants must fill out the registration and liability form. Contact ASYMCA at 329-4513 or <a href="mailto:ymca@cablemo.net">ymca@cablemo.net</a> to sign up.



#### "Hail to Heroes-Serving Country, Serving Others"



Friday, Oct. 26, 2012

Pershing Community Center, FLW

Open to the Public – Reservations Required

#### Guest speaker: Astronaut Rick Searfoss

- Piloted two Space Shuttle missions and commanded a third
- Space flight in 1993 set record for the longest duration space shuttle mission
- Piloted Atlantis to Russian Space Station, Mir
- Distinguished graduate USAF Fighter Weapons
   (Topgun) School
- Speaks on space travel, achievement, leadership and teamwork

Time: 5:00-6:00 PM Meet and Greet (separate ticket)

6:00-6:30 Social with St. James Winery 6:30-9 PM Dinner/Awards/Speaker

Ticket prices:

General Admission: \$30 per person

Preferred Tickets: \$50 per person, includes
Meet and Greet with COL Searfoss

Dress: Civilians-Coat and tie

Military- ASU

#### Sponsorships available

Contact Linda Bright, 329-4513 or ymca@cablemo.net

### Family Camping Weekend Returns!!!! November 2-4, 2012

Currently have 48 on the list. Sign up soon!!!

The Armed Services YMCA of Missouri is again providing a camping weekend for military families. We have room for **100 people**, so we have to initiate the following selection process: All interested families (active duty only) may sign up beginning Sept. 4, 2012.

No deposits will be taken at this time.

Selection will take place Oct. 1st and all families will be notified of their status.

#### We will prioritize our selection process in the following way:

- We will divide applications into two groups: first time families and returning families
- New families will have first priority based on the following:
  - o Families recently deployed or returning from deployment
  - Families in the WTU
  - Junior enlisted families
  - All other first time families
- If spots remain, we will use a lottery system to choose from the returning families until we reach our maximum.

**Deposits will be due by October 15th to remain on the list.** After Oct. 15, we will move down the list of those waiting to attend until we reach our maximum.

After the families are notified, there will be a non-refundable fee to attend.

\$25.00 per family for E-1 to E-4 \$35.00 per family for E-5, E-6 \$50.00 per family for E-7 and above

Activities and meals are included for the weekend. Camp Lakewood, YMCA of the Ozarks, Potosi, MO.

Located 75 miles south of St. Louis between Potosi and Steelville, MO.

www.ymcaoftheozarks.org/camplakewood

Date: Friday, Nov. 2- Sunday, Nov. 4

**Time:** Check-in: 3:30-5:00 PM on Friday- (Dinner is at 6:00)

Check out: After lunch Sunday

Who: At least one parent must be attendance the entire weekend.
Accommodations: Bunk beds in cabins- Families accommodated together
Ages: All ages permitted, but certain activities may be age specific

Meals provided: Dinner Friday

Where:

Breakfast, lunch, dinner on Saturday

Breakfast, lunch on Sunday

**Transportation**: Provided by parents to and from camp

**Activities:** Likely activities to include:

Archery, geocaching, nature hikes, zip lines, riflery, horseback riding, pony rides, climbing, group games, camp fires, singing, arts and crafts, fishing clinic

**Special note**: This is a family camping experience. Parents will be expected to chaperone their children and participate in all camping experiences where applicable. At least one parent/chaperone must remain with their children at camp the entire weekend. Activities will be scheduled and everyone will have an opportunity to participate in several different activities. No alcohol or smoking permitted on Camp Lakewood property.



<u>Fire Safety:</u> More than 3,500 Americans die each year in fires and approximately 18,300 are injured. An overwhelming number of fires occur in the home due to negligent. Always follow basic fire safety tips to prevent and survive a fire.

- Unplug appliances when not in use. Never leave cooking unattended, turn burners off before leaving the area.
- Never smoke in bed or when you are sleepy. Carelessness in discarding cigarettes are the leading cause of fire deaths in the United States annually.
- Overloading circuits or extension cords can be dangerous.
- Inspect electrical equipment cords for damage and replace as needed to prevent a fire hazard.
- Never leave a burning candle unattended. Place candles in a safe location away from combustibles.
- Clean dryer lint filters and exhaust hoses periodically to prevent a fire hazard.
- ❖ Keep portable space heaters at lease 3 ft away from combustible materials.
- Keep flammable products stored outside the home within approved lockers!
- Supervise children and teach them not to play with matches, candles, lighters and flammable items.
- Test smoke detectors monthly and change batteries twice a year. Don't wait for and emergency to place your family at risk.
- Develop a fire evacuation plan and practice it twice a year.
- Contact the Fort Leonard Wood Fire Department at (573) 596-0886 for info.
- ❖ <u>Electrical Safety Tips</u>: Many electrical fires, shocks, and electrocution deaths happen each year. Electrical safety is easy if a few simple steps are followed to prevent a possible emergency.
- Your outlets should have ground fault interrupters, or GFIs, where you are likely to have standing water or dampness, such as the kitchen and bathrooms areas.
- Never force a three pronged electrical cord into a two prong outlet or try to cut off the third prong so that the cord will fit.
- Before decorating, read and follow the manufacturers' instructions concerning installation and maintenance of all decorative electrical products
- Check holiday lights and extension cords for operation if stored for long periods of time.
- Never staple or nail through electrical cords while installing at any time.
- Areas with small children ensure wall outlets have childproof caps in place.
- Never use electric lights on a metallic tree may become charged with electricity from faulty lights, and a person touching a branch could be electrocuted.

### INTERNATIONAL FRIENDSHIP PROGRAM POC: DEBBIE TRIGG, 563-8015

International Military Students (IMS) are officers and enlisted serving their country's military forces selected by their countries to attend training in the United States. The students are in the United States about six to nine months. The International Student Friendship Program is a hospitality program designed to provide the International Military Student and their families an opportunity to become acquainted with American life.

As a host sponsor, you agree to take a genuine interest in a student and help them know and understand the American people by giving them an opportunity to participate in home and community activities. The IMS do not live with you. They are housed on Fort Leonard Wood. You and your family will become an unofficial ambassador to the United States and will earn a lifelong friend. A friendly relationship can be far reaching in the effort toward international understanding and world peace. Invite the student to participate in some activity which could be shopping; a Boy or Girl Scout meeting; a school board meeting; a picnic; a community event; or an outing to a historical site. Through the eyes of your student, you will learn to see and appreciate the United States in a whole new light. Sincere, personal friendships and a new knowledge of other countries, customs, and people will be your reward.

To become an International Friendship program host sponsor or learn more about the program, contact Debbie Trigg at <a href="debbie.trigg@us.army.mil">debbie.trigg@us.army.mil</a> or 573-563-8015.



Next Luncheon - October 18th, PCC 11:30-1:00

Compass Caravan - October 19th, Lebanon 8:30-3:00

<u>Holiday Craft Fair - November 17th, Nutter Field House 9:00am-4:00pm</u>, Tickets-\$4.00 now available



#### Fort Leonard Wood Lions Club

POC: Casey R. Morris Jr. - Phone # 573-765 5423

Email - caseyjr45@yahoo.com

The FLW Lions Club was chartered 20 January of 1966 and has been a part of the worlds' largest service organization since that time. The FLW Lions Club was one of the first Lions Clubs formed on a military installation, and currently we are the only Lions Club that is still active on a military instillation. The motto of Lions Clubs International is <u>WE SERVE</u> and the FLW Lions Club tries to live up to this motto. Lions Clubs International has 1.3 million members and is located in 208 countries and geographical areas. This is more countries and geographical areas than the United Nations. We are just one club of 46,434 clubs worldwide. For additional information on Lions Clubs <u>International</u>, visit the website: <u>www.lionsclubs.org</u>. The FLW Lions Club is very active on the district and state level with four active Past District Governors and several members serving on district and state level committees.

The FLW Lions Club is planning for the 2012 St. Nick's Benefit. Mark your calendar now for 11 December 2012, for the St. Nick's Benefit. The upcoming <a href="meetings">meetings</a> have been scheduled for 3,17,31 October 2012, at Building 312, from 11:30am to 12:30pm. You are sincerely welcome to attend as many of these meetings as possible. Since the meetings will be conducted over the lunch hour, please feel free to bring and eat your lunch during the meeting.

The Fort Leonard Wood Lions Club will be at Colyer Park for Make A Difference Day on 27 October 2012 to collect gifts for the St. Nick's Benefit Program.

We continue to collect gently used eyeglasses. They are taken to a collection point, cleaned, and calibrated. They are given to eye doctors who go on missions to third-world countries and are given to those who need the eyeglasses. If you have used eyeglasses, feel free to give them to any of our Lions Club members.

For additional information, please do not hesitate to contact me or one of our FLW Lions Club members. The current officers of the club are: President – Windy Williams; 1<sup>st</sup> Vice President – Louise Bibbs; 2<sup>nd</sup> Vice President - Herbert Franklin; Secretary- Lisa Clinton; Treasurer - Bruce Simpson; Lion Tamer - Julia Erskine: Tail-Twister- Sam Steele: Directors - Dewell Reeves, John Morten, Jr. and Dawn Arden.