

WELCOME HOME

Former permanent professors attend education assembly. **Page 3**

TRAVEL RESTRICTIONS

Budget cuts prompt cuts in official travel for Academy. **Page 4**

ALL AMERICAN

Academy rugger earns All American distinction. **Page 10**

ACADEMY SPIRIT

UNDER CONSTRUCTION

Community center construction project underway. **Page 6**



SENIOR AIRMAN GROVERT FUENTES-CONTRERAS

Eyes to the skies NYC: It's Air Force Week!!

U.S. Air Force Master Sgt. Whitfield Jack, U.S. Air Force Honor Guard Drill Team flight chief, performs during Air Force Week 2012 in New York City, Aug. 19. The drill team conducted several performances throughout the city during Air Force Week. For complete coverage please see **Page 8**.

Academy 'all in' at weekend airshow

By Don Branum
Academy Spirit staff writer

Cadets from the Academy's Science, Technology, Engineering and Math Outreach Club will join their flying and jumping classmates at the Rocky Mountain Airshow in north Denver today through Sunday.

The airshow, held by Colorado Sport Aviation at the Rocky Mountain Metropolitan Airport, will also include demonstrations by the Air Force parachute demonstration team Wings of Blue and the Academy's glider teams and an F-22 Raptor flight by a Class of 2000 Academy graduate.

The Cadet STEM club received its pass to the show

by way of Debby Standefer, Colorado Sport Aviation's public relations director. Standefer sent an invitation to Astronautics Department Head Col. Martin France, who extended it to Capt. Caitlin Thorn, the Aeronautics Department's deputy director.

"I asked the cadets if they were interested, and they said yes," Thorn said. "We're hoping that kids get a general idea of what STEM is and show them that science projects are cool."

The displays aim to focus children's interest, Thorn said.

"We've got a whole bunch of different ideas," she explained. "We're going to bring out our FalconSat

See Airshow **Page 5**



ELIZABETH ANDREWS

A TG-15A glider flies over the Air Force Academy. The Academy's soaring team will participate in the airshow.

Volunteers: Extending a helping hand, ear

By Capt Martha L. Petersante
376th Air Expeditionary Wing
Public Affairs

TRANSIT CENTER AT MANAS, KYRGYZSTAN — Volunteerism. All of the services define this word slightly different; some incorporate this concept into their core values, but all have this belief intertwined into their fundamental guiding principles. It's not uncommon to see service members exhibiting this trait in a myriad of ways, both at home station and in a deployed environment.

But what motivates a person to put something above them self, be it a cause, a belief or another person? Are we all driven to do this at some level?

I pondered those questions as I boarded our transportation to travel into Bishkek on a trip destined for a local women's crisis center and shelter. Here, I had the opportunity to see volunteers from the Transit Center at Manas out in full force, forging partnerships within the local community, one smile at a time.

Even though a language barrier existed, that didn't stop this excited group of Airmen from taking time out of their busy daily schedules to travel to the center and identify ways to help by volunteering.

The group, a melting pot of jobs, ranks and ages, first stopped at a local grocery store to purchase food and other basic supplies for the shelter residents. I learned this is just part of "the routine" and a standard practice when they visit. The group often calls ahead to see what the residents are in need of — today it was diapers, personal hygiene products, milk and rice.

“This drive to help doesn't stop at coordinating a group to remove weeds and underbrush, its providing an ear just to listen or a friendly smile to someone who needs it as well.”

Bags loaded, the group travels to the crisis center, which is currently under renovation. Experts in the fields of construction (specializing in plumbing and electrical) and contracting quickly take charge and begin to talk to the local contractor and ensure the project is moving along smoothly. Of course, the team identifies that there is more they can do, such as yard work to facilitate an area for children to play outside. When can we start? How quickly can we get a team together? — these common questions fly around the room as the group plans out its next visit not even half-way through this visit.

This drive to help doesn't stop at coordinating a group to remove weeds and underbrush, its providing an ear just



CAPT. MARTHA L. PETERSANTE

Volunteers from the Transit Center at Manas, Kyrgyzstan speak with the facility director for a local women's shelter during a recent outreach trip. The volunteers took time to meet with the shelter staff and residents to build and strengthen partnerships between the Transit Center and the local community.

to listen or a friendly smile to someone who needs it as well. The group members, some with degrees or experience in social work or counseling, sit down with residents at the shelter; the facility manager for the house, which is a temporary home to victims of human trafficking, domestic violence or sexual abuse, welcomes the group into the humble facility. Volunteers are given a tour and are immediately working to see how they can make a difference by either providing blankets, cots or other basic necessities to the residents.

They meet with John,* a victim of human trafficking. Though he does not speak any English, and the group relies on a translator to communicate, a simple nod or gestures allow them to communicate with him. The group proves that even if you only have a smile to offer, it really does open the door to trust and understanding. But what makes this group give up their time to work with someone who has been through such a horrific experience?

The ideal they are working with is to help him better himself and supporting a cause they believe deeply in. Some want to enter this type of work when they leave the military service, while others just want to find a way to make difference, if even for short amount of time. It was clear that no matter what the motivation; volunteerism is engrained in their guiding principles.

To say that volunteerism, something that all of us may do just a little differently, but in the end truly better everyone around us is an understatement. I have learned that it is the road to much more — to forming connections at the human level, to opening the door to learn about someone, and to improving one's self as well.

So, look around and find something that you are passionate about. Volunteer and get involved in your local community, at home or deployed. Yes, it may allow for your deployment to pass quicker, but perhaps more importantly, put a smile on the face of someone who may be facing an extremely tough time.

*Name has been withheld to protect the privacy of the individual.

ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould —
Academy Superintendent
Lt. Col. John Bryan —
Director of Public Affairs
Gino Mattorano —
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Don Branum — Staff Writer
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The Academy Spirit is published by The Gazette, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the U.S. Air Force Academy. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Academy Spirit are not necessarily the official views of, or endorsed by, the Department of Defense or the Department of the Air Force.

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The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.

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Heritage to Horizons Assembly beckons former permanent professors

Retired permanent professors and deans of the faculty returned to the Air Force Academy for the biennial "Heritage to Horizons" Education Assembly Thursday and today.

First held in 2006, Heritage to Horizons has grown through the years, with 2012 marking the largest gathering of retired permanent professors in the Academy's history. This year, attendees represented a combined 336 years of service to the Academy as permanent professors, including several professors who served during the Academy's formative years in the early 1960s.

The event provides a venue for current faculty to honor the attendees' service to the Academy and for the participants to reacquaint themselves with current Academy affairs. Most importantly, it provides a forum to acquire and employ the retired permanent professors' individual and collective wisdom.

"Every member of our faculty is striving to build on the incredibly rich legacy each of you has left," said Dean of the Faculty Brig. Gen. Dana Born in her opening remarks. "All of you will be long remembered at USAFA for what you have done for our institution and we thank you for your sustained service."

After an initial welcome by Academy Superintendent Lt. Gen. Mike Gould and other senior leaders from



each of the mission partners, the returning permanent professors gathered in Fairchild Hall for panel discussions concerning cadet programs that equip our future graduates to contend with the Air Force's core mission: "to fly, fight, and win..."

in air, space and cyberspace." The Academy offers programs to cadets in and across each of these emerging domains.

Between panels, the retired permanent professors visited their former classrooms and laboratories. They spoke with current faculty members and cadets to assess curricula, core requirements and the challenges facing future expeditionary Air Force officers.

The permanent professors caught up with former colleagues at a "back to school" reception hosted by the dean at the Heritage House Thursday. During the reception, retired Brig. Gen. Richard Hughes was recognized for his service as the Academy's transformation chair. A retired permanent professor and former department head in the Behavioral Sciences and Leadership Department, Dr. Hughes will retire from his post as transformation chair on Sept. 30, after serving in that position for more than five years.

Today, the educators will receive updates on the Academy's language and culture programs, its current research

PERMANENT PROFESSOR ATTENDEES

Name	Department and Tenure
Brig. Gen. (ret.) Philip Caine	Deputy Commandant Military Instruction, 1980-92
Brig. Gen. (ret.) Ruben Cubero	Foreign Languages, 1984-1991, and Dean, 1991-98
Brig. Gen. (ret.) Cary Fisher	Engineering Mechanics, 1977-2005
Brig. Gen. (ret.) Jesse Gatlin Jr.	English, 1966-77
Brig. Gen. (ret.) Robert Giffen	Astronautical Engineering, 1984-1995
Col. (ret.) Samuel Grier	Computer Science, 1995-2001
Brig. Gen. James Head	Physics, 1987-2006
Brig. Gen. (ret.) Richard Hughes	Behavioral Science and Leadership, 1987-95
Brig. Gen. (ret.) Alan Klayton	Electrical and Computer Engineering, 1988-2008
Brig. Gen. (ret.) Richard Lee	Law, 1988-97
Brig. Gen. (ret.) Daniel Litwhiler	Mathematics, 1986-2006
Brig. Gen. (ret.) Hans Mueh	Chemistry, 1987-2004, and current Athletic Director
Brig. Gen. (ret.) Gunther Mueller	Foreign Language, 1981-2008
Brig. Gen. (ret.) Douglas Murray	Political Science, 1984-2007
Col. (ret.) David Porter	Behavioral Sciences and Leadership, 1996-2001
Lt. Gen. (ret.) Ervin Rokke	Political Science, 1976-83, and dean, 1983-86
Brig. Gen. (ret.) Orwyn Sampson	Biology, 1980-92
Brig. Gen. (ret.) Jack Shuttleworth	English, 1977-99
Brig. Gen. (ret.) Michael Smith	Aeronautical Engineering, 1985-2000
Brig. Gen. (ret.) Malham Wakin	Philosophy and Fine Arts, 1964-95
Brig. Gen. (ret.) John Williams	Behavioral Science and Leadership, 1976-86
Brig. Gen. (ret.) James Woody	Management, 1982-97

initiatives and the Academy Scholars Program. They will also have the opportunity to offer their insight and expertise.

At the concluding session, the participants will be given the opportunity to discuss topics that were of interest to them, ranging from current class sizes and faculty composition, proposed curriculum changes, and the range of graduate scholarship opportunities available to graduates.

With their wealth of experience,

the former faculty often have unique insights into the Academy's current challenges and opportunities, according to DF officials.

The dean said this gathering of former and current Academy permanent professors fulfills the vision Academy leaders expressed four years ago: that the assembly become a recurring biennial gathering for the betterment of the cadets, the faculty, the Academy, and ultimately the Air Force and the United States.

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Superintendent aims to cut \$5.2 million from TDY budget

By Don Branum
Academy Spirit staff writer

Air Force Academy Superintendent Lt. Gen. Mike Gould has asked units on base to cut non-mission-essential travel from their Fiscal Year 2013 budgets toward a goal of reducing the Academy's Fiscal Year 2013 temporary duty travel costs by more than \$5 million.

Units' travel activities must be necessary for mission accomplishment, be the product of sound and comprehensive cost analysis and stand up to scrutiny, Gould wrote in a memorandum for all agencies July 27.

"We must recognize that in the current fiscal environment, our budget is more constrained, and the need for heightened stewardship is even greater," Gould wrote. "Continued Congressional support for national defense priorities will be predicated not only on military necessity but also on our ability to prove we are fiscally responsible."

The \$5 million goal represents about 45 percent of the Academy's travel budget for Fiscal Year 2012. "Reduc-

ing travel costs will help direct scarce dollars to areas that support the USAFA's mission of developing officers of character," said Al Seto, the Financial Management and Comptroller Directorate's senior budget analyst.

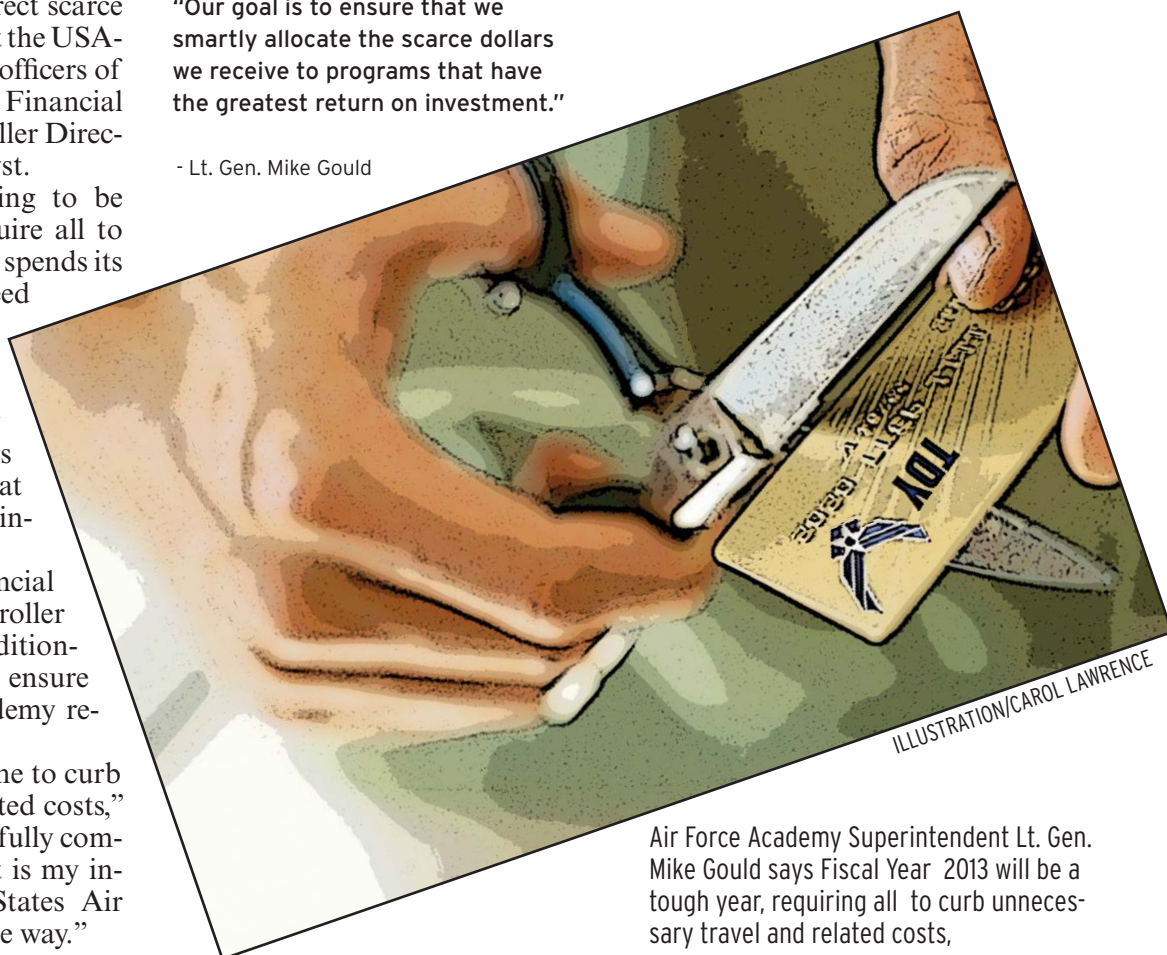
"Fiscal Year 2013 is going to be a tough year that will require all to scrutinize how the academy spends its money," Seto said. "We need to look at cost savings methods in accomplishing our mission. Our goal is to ensure that we smartly allocate the scarce dollars we receive to programs that have the greatest return on investment."

Gould wrote that the Financial Management and Comptroller Directorate will provide additional guidance and support to ensure full accountability of Academy resources.

"I am counting on everyone to curb unnecessary travel and related costs," he wrote. "The Air Force is fully committed to this effort, and it is my intention that the United States Air Force Academy will lead the way."

"Our goal is to ensure that we smartly allocate the scarce dollars we receive to programs that have the greatest return on investment."

- Lt. Gen. Mike Gould



Air Force Academy Superintendent Lt. Gen. Mike Gould says Fiscal Year 2013 will be a tough year, requiring all to curb unnecessary travel and related costs,

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Airshow

From Page 1

satellite and some rocket (displays) that we show on a regular basis. We also have an explosive ordnance disposal bot, and we're going to bring supplies so kids can make gliders."

Wings of Blue will kick off Sunday's airshow at 12:05 p.m. The glider team will perform at 1:25 p.m. on both days.

Maj. Henry Schantz, the F-22 Demonstration and Heritage Flight Team commander, will take off at 3:30 p.m. each day for the first airpower

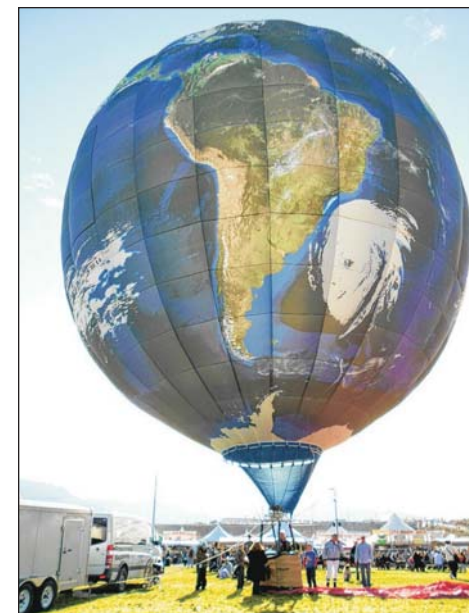
demonstrations of the team's 2012-2013 season, followed immediately by a heritage flight alongside a P-51 Mustang. Schantz graduated from the Academy with a bachelor's degree in management and flew F-15 Eagles before moving to F-22s in 2005.

Admission is \$20 per adult for one day or \$50 per adult for the entire weekend. Tickets for seniors and active-duty military are \$17 for one day, and kids' tickets are \$13 per day.

Gates open for the airshow at 4 p.m. on Friday

and at 8 a.m. on Saturday and Sunday. The Rocky Mountain Balloon Festival launch will take place at 6:30 a.m. Saturday and Sunday. Gates close at 9:30 p.m. Friday and at 5 p.m. Saturday and Sunday.

To reach the show from Colorado Springs, drive north on Interstate 25 to Exit 216 for U.S. Highway 36 West. Follow Highway 36 to Interlocken Loop. Turn left onto Interlocken, then turn right to stay on Interlocken. Take the second left, at Airport Way, to enter the airshow. For more information visit www.rmairshow.com.



COURTESY PHOTOS

ABOVE: The Planet Earth Balloon makes its debut in Denver. It is made of 436 individual sewn cloth panels containing digitally printed images of NASA's 'Blue Marble' photographs of the Earth.

LEFT: The Trojan Phlyers Air Race and Airshow Team, based in Fort Worth, Texas, will fly two fully restored T-28B aircraft in the airshow.

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Construction projects underway

Academy's roads and water systems are being upgraded

By Amber Baillie
Academy Spirit staff writer

Two major construction projects are in motion to repair and upgrade aging infrastructure in the Community Center area and will affect Academy travel through spring 2013.

The first project, to be completed in January 2013, will repair the entire stretch of Community Center Drive from Pine Drive to Stadium Boulevard and will include a major water line replacement adjacent to the Academy Shoppette.

Workers will replace a water line between Aspen and Cathedral drives and will remove and replace asphalt between Pine Drive and Stadium Boulevard.

"One-lane roadways with flagmen will be used to maintain two-way traffic throughout the project," said Sandee Miller, construction manager for CH2M Hill Academy Services. "As construction progresses, detour signs will direct traffic through the Academy's base exchange, commissary and Preparatory School access roads, as well as one-way traffic for work at specific locations during the project."

The second project, to be completed in April 2013, will reconstruct the BX and commissary parking lot, storm drains and access roads. The project will also relocate the recycling center between the BX and commissary south of its current location.

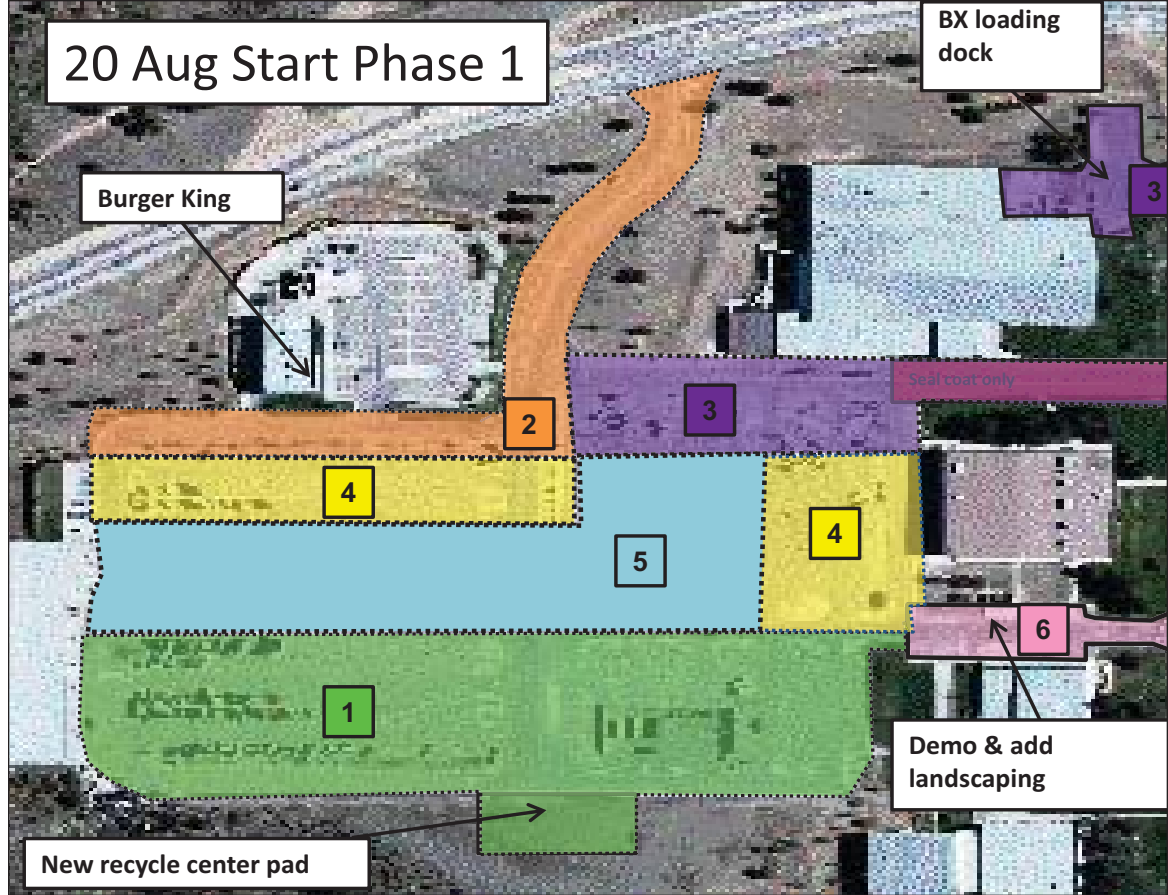
"The current parking and roadway configurations near the BX, commissary and communications building leave these areas vulnerable according to Anti-Terrorism Force Protection evaluations that have been conducted," Miller said. "ATFP measures to be constructed will reduce drive lanes in front of these facilities and move parking somewhat further away.

Planning for these projects has taken approximately five years. They will be completed in phases to allow continued customer access to the facilities and services in the Community Center area.

"We understand the projects will inconvenience patrons on a daily basis, and we will be working to mitigate the inconvenience as much as possible," Miller said.

Miller said to best avoid construction on Community Center Drive, traffic may approach from the west on Pine Drive when construction occurs east of the Community Center, and traffic may approach from the east on Stadium Boulevard when construction occurs west of the Community Center.

Miller asks patrons to remain attentive when driving, biking, or walking through the construction areas.



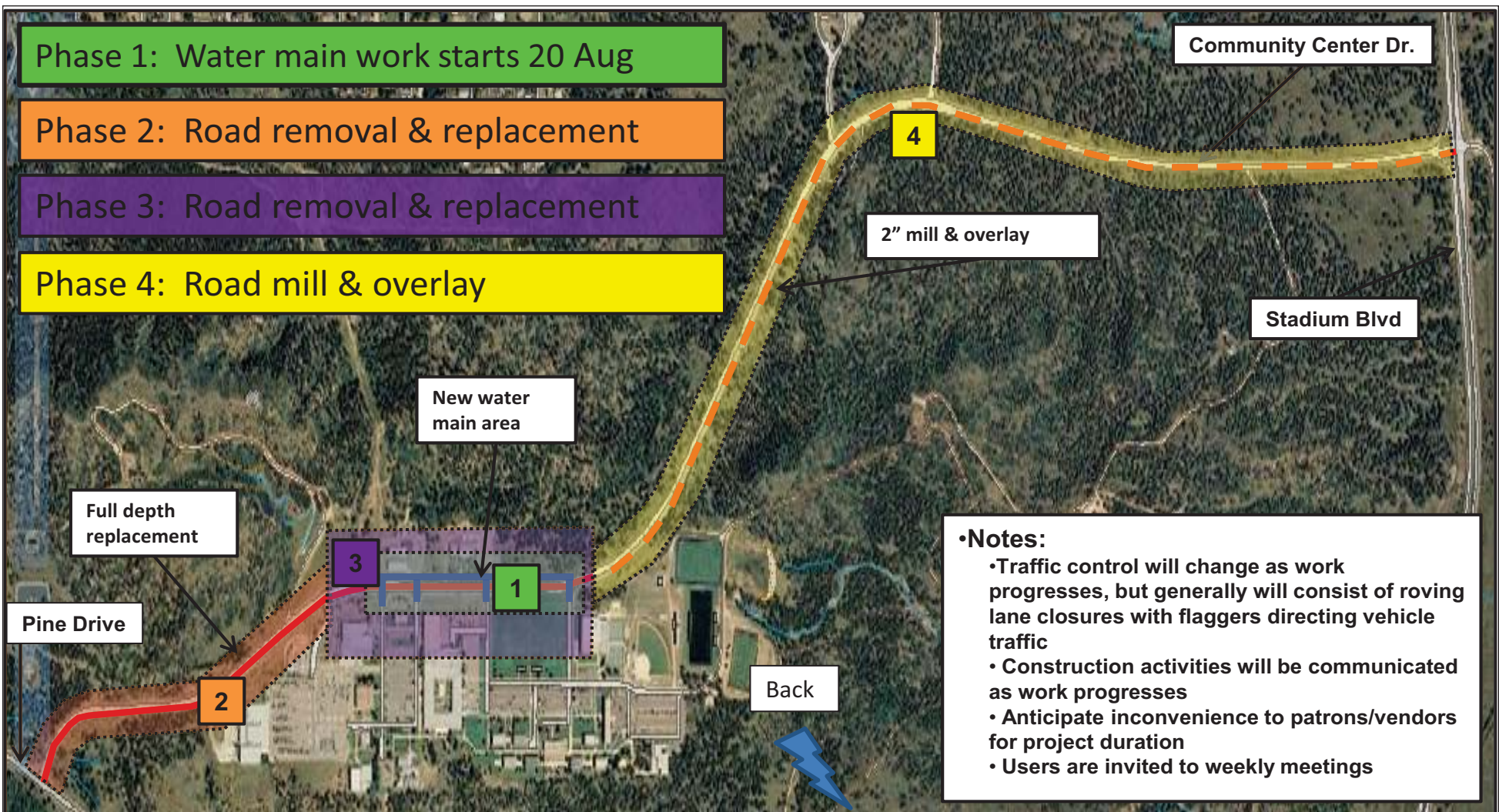
Parking and lights repair at the Base Exchange and Commissary

The Community Center Drive project begins with a water line replacement between Aspen and Cathedral Drives, followed by complete "reconstruction" (removal and replacement) of the roadway between Pine and Aspen Drives. From Aspen Drive to Stadium Boulevard, the contractor will remove the top layer of existing asphalt and place a layer of new asphalt to improve the roadway surface.

The Base Exchange/Commissary parking lot project is a complete reconstruction of the storm drains, pavements and lighting. Besides maintaining and improving the base infrastructure, the goal of the reconstruction is to incorporate appropriate Anti-Terrorism Force Protection (ATFP) measures, changing access drives into the area and the traffic flow patterns in front of the Base Exchange and the Commissary. The work is broken into six phases as shown on the site map. The final step, Phase 6, closes a portion of Eagle Drive south of the Bowling Alley (between the parking lot and Cathedral Drive) to conform with current ATFP requirements.

Both projects began on Monday, August 20, 2012. Expected construction completion dates are: Community Center Drive in January 2013 and the Base Exchange/Commissary Parking Lot in April 2013. The dates are subject to change based on unforeseen conditions encountered during excavations, weather and base events.

We appreciate your patience during these important infrastructure improvement projects and ask that you remain attentive when driving, biking, or walking through the construction areas.



Roadway and water main work along Community Center Drive



LIZ COPAN

Tech. Sgt. Gilda Alexander and her husband, Kirk, pass through the saber cordon during the Senior NCO induction ceremony Aug. 17 at the Falcon Club. Alexander is an Academy Military Training NCO assigned to the Commandant of Cadets staff.

Induction ceremony welcomes 31 into senior NCO corps

Inductees:

Gilda Alexander, Commandant of Cadets staff
Andrew Aultman, Preparatory School staff
Traci Aultman, 561st Network Operations Squadron
Lucas Bullen, North American Aerospace Defense Command
Ernest Dinolfo, Preparatory School staff
Christina Earhart, Commandant of Cadets staff
Brad Ericksen, 10th Communications Squadron
Lequary Farmer, Financial Management
Christopher Fisher, Commandant of Cadets staff

Steven Fisher, 3rd Weather Squadron, Det. 1
John Grijalva, II, Commandant of Cadets staff
Richard Gurganus, Commandant of Cadets staff
Susan Guthrie, 10th Medical Support Squadron
Andrew Hegwood, 98th Flying Training Squadron
Sandra Hummel, 10th Medical Operations Squadron
Mark Jenkins, 10th Communications Squadron
Michael Kline, Commandant of Cadets staff
Christopher Lanchoney, Commandant of Cadets staff
Brandon Longcrier, Astronautics Department
Sonia Lujano, NORAD

Cyril Luster, 10th MDOS
Adam McNeill, Commandant of Cadets staff
Bradley Morton, Commandant of Cadets staff
Annette Owens, 10th MDOS
Alok Padhi, Commandant of Cadets staff
Bret Parker, 10th Aerospace Medicine Squadron
Angie Prada, 10th CS
Nathaniel Pyle, 10th Civil Engineer Squadron
Daniel Sherer, NORAD
Nicholas Suppes, 10th Security Forces Squadron
Pamela Wilson, 10th Dental Squadron

Annual Air Force Academy blood drive is looking for donors

The Academy will host its annual three-day Armed Services Blood Program blood drive in Arnold Hall from 10 a.m. to 7 p.m. Sept. 10-12.

The Academy's goal is to raise 1,200 units over the three days. All blood donated goes directly to ill or injured service members, veterans and their families worldwide. From the time the blood is donated, the blood will be in theater within one week to help an injured soldier, sailor, Airman or Marine.

To make an appointment, visit www.militarydonor.com to register, and then search for the blood drive by using sponsor code **USAF1**, or entering **Colorado Springs, CO** in the city/state fields. Appointments are not required, but are encouraged.

To donate, you must:

- Weigh at least 110 pounds
- Be at least 17 years old
- Have been feeling well for at least three days
- Be well hydrated
- Have eaten prior to donating
- Have a state or federal form of photo identification

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The Air Force Thunderbirds fly across the New York skyline in preparation for Air Force Week.



STAFF SGT. HEATHER STANTON

Cadet 1st Class Danielle Cortez, a cadet falconer, and Destiny, a 19-year-old gyr falcon, are interviewed while in New York participating in Air Force Week.

Air Force Week: It's about what we do

Showcasing America's Airmen in New York City

by Desiree Palacios and Jacqueline McGinnis
Air Force News Service

NEW YORK (AFNS) — New York City was this year's stage for one of the Air Force's grandest outreach programs, Air Force Week.

The three-day showcase took place in locations throughout the city's five boroughs and included flyovers, interactive displays, Air Force band performances, meet and greets, a movie screening with Tuskegee Airmen, and tributes at professional sporting events.

The purpose of Air Force Week is to build relationships outside the local base community, reach out to those who are unfamiliar with the Air Force and to say thank you to those who lend their support.

The U.S. Air Force Aerial Demonstration Team, the "Thunderbirds," flew over during the opening ceremony at the Intrepid Sea, Air and Space Museum Sunday.

Senior leaders, and about 50 Airmen, toured the 9-11 memorial and Freedom Tower Monday, and members of the Science, Technology, Engineering and Mathematics organization, and the Air Force Research Laboratory visited the Boy and Girls Club of America.

At Pier 86, Air Force displays highlighted pilots and missileers from the Air Force Global Strike Command, along with Explosive Ordnance Disposal, military vehicles, and firefighting displays, and working dog demonstrations from Joint Base McGuire-Dix-Lakehurst, N.J.

Monday evening featured a screening of the movie, *Red Tails*, held aboard the Intrepid. Air Force officials, local residents and tourists waited for the movie to play at Pier 86. The movie represented Tuskegee Airman missions in World War II. More than five Tuskegee Airman were present for the event.

Gen Edward A. Rice, commander of the Air Education and Training Command, welcomed

the Tuskegee Airmen attending the screening.

"We are here to honor real heroes: Tuskegee Airmen," said Rice, introducing them to the crowd aboard the Intrepid.

"I know you are going to enjoy this movie," said Dr. Roscoe Brown, Tuskegee Airman. "One reason to enjoy it is because I helped to make it." Brown was one of 15 pilots to shoot down a German pilot.

"We have passed the baton. We helped to change the military with the expectations we overcame. We showed that excellence was our landmark...excellence helped to overcome the prejudice. The Tuskegee Airmen are very very proud of what we accomplished and we believe that we helped to change the society and we were the frontier of the civil rights movement because the civil rights movement showed that African Americans could do anything that anybody else could do and probably do it better. We did do it better!"

The Surgeon General's office also provided aeromedical evacuation and critical care displays, and the STEM organization had six interactive displays focusing on science and technology. Air Force Recruiting Service also brought out one of its newest mobile marketing exhibits, "command center alpha," an interactive 3-D tour that included computer graphics, videos, educational kiosks, digital downloads and a full-size F-16 Thunderbird display.

Sports played an important part of Air Force Week activities, beginning a day before the opening ceremony with the Major League Baseball matchup between the New York Yankees and the Boston Red Sox. The Air Force was also involved in activities with the area Major League Soccer team, the New York Red Bulls, as well as events with the New York Mets and the minor league baseball team, the Brooklyn Cyclones.



SENIOR AIRMAN CHRISTOPHER MUNCY

An HH-60 Pavehawk helicopter from the New York Air National Guard's 106th Rescue Wing conducts a mock water rescue in the Hudson River near the USS Intrepid Sea, Air and Space Museum, during an aerial demonstration as a part of Air Force Week in New York City on Sunday, August 19. The event kicked off the week-long celebration of the United States Air Force.

Welsh talks with NCOs

Perspectives on leadership,
personal stories shared

By Airman 1st Class Jarrod Grammel
23rd Wing Public Affairs



CIARA WYMBS

JACKSONVILLE, Fla. (AFNS) — Air Force Chief of Staff Gen. Mark A. Welsh III shared his perspective on leadership during the 2012 Air Force Sergeants Association Convention and Professional Airmen's Conference here Aug. 15.

Welsh spoke about what it takes to be a great leader and NCO, sharing insight and personal stories from his 36-year career.

"I'm a big believer that in this business, people plus pride equals performance," he said. "And performance is our bottom line. There is no other bottom line in this business. Nobody is going to care how well we treated our people if we lose the next war."

"But, we are smart enough to know that we are not going to get that performance unless we take care of our people," he added.

For leaders, part of taking care of people is knowing their stories. Welsh said he was once able to help a staff sergeant who worked for him keep custody of his daughter, simply by learning about the Airman and his family.

"You've got to learn the stories," the general said. "If you don't know the stories, you can't lead the Airmen. It's really that simple. Resiliency days, wingman days and big training events are all important, but they're not fixing it."

"I believe this is the answer: learn the stories,"

Air Force Chief of Staff Gen. Mark A. Welsh III talks with Chief Master Sgt. Denise Jelinski-Hall after speaking at a senior leaders' perspective during the Air Force Sergeants Association Professional Airmen's Conference in Jacksonville, Fla., Aug. 15. During his speech, Welsh emphasized the role leaders play in Airmen's lives, as well as the importance of leaders getting to know their Airmen

“I believe this is the answer: learn the stories, I am absolutely convinced that if we knew each other better, we would care for each other more ...”

- Gen. Mark A. Welsh III
Air Force Chief of Staff

Welsh said. "I am absolutely convinced that if we knew each other better, we would care for each other more. ... It all starts with great NCOs and great supervisors who understand every Airman does have a story."

The chief of staff told the audience of enlisted leaders there is always someone who is better at something than they are, and it is their job to recognize this.

"Everybody who has ever worked for you is better than you at something," he said. "Your job is to encourage that and develop it, and to give them free reign. Every now and then, step back and lead from behind. You become the cheerleader."

Welsh also emphasized the need for bold leadership, especially when it comes to meeting standards.

"People are going to criticize you if you're the one stepping up, making the calls, enforcing discipline, making sure people meet standards and making sure the mission gets done," he said. "Deal with it. Make the tough decisions. Make the hard calls. Make your NCOs make the hard calls, and make your Airmen make the hard calls."

The chief of staff concluded his remarks by reminding the audience that leadership is a gift.

"It's given to you by those who follow," Welsh said. "But, you have to be worthy of it. The question is, are we?"

FROM THE LEGAL FILES: Victims' voice



Your story doesn't have to fit the script of last night's Law and Order episode for you to be a victim of crime. You may find yourself calling a locksmith because your house was broken into, or realizing your purse was stolen from your shopping cart in the commissary, or you may be the experiencing something more emotional or physical.

Providing assistance to victims and witnesses throughout the military justice system is not a radical innovation because Air Force Security Forces and OSI investigators have generally assisted victims when an initial crime is reported, the Judge Advocate General's office keeps victims and witnesses informed as to the status of a cases, and family advocacy, mental

health, family services, and chaplains traditionally provide a wide array of services to victims. Nonetheless, these efforts are becoming more and more formalized and are here to give victims and witnesses, no matter the size of the crime, a voice.

After you've called 911 and you find yourself in need of help with insurance forms, police reports, state or federal reimbursement claims, or just someone to vent to, call the Air Force Academy legal office at 719-333-3940 and ask to speak to the Victim/Witness Assistance Program Coordinator. Unfortunately crime happens every day on every military installation and while we can't stop it 100 percent, we can offer help to those left in its wake.



COURTESY PHOTO

Cadet 2nd Class Jackson Bristol carries the ball in the Shield Final match against Virginia at the Rugby Sevens Collegiate National Championships in College Station, Texas.

Academy cadet selected as a USA Rugby All-American



COURTESY PHOTO

Cadet 2nd Class Jackson Bristol catches the ball in a lineout against Wyoming.

By Amber Baillie
Academy Spirit staff writer

Cadet 2nd Class Jackson Bristol has kept his passion for rugby alive through a simple approach: he never stops playing the game. January through December, every practice, every match and every tournament the Academy men's rugby team attends, Bristol is on the field, ready to play hard.

The USA Rugby Men's Collegiate All-American first-teamer is easy to notice with his blonde hair, six-foot six toned physique and relentless effort during games. Bristol was one of 46 selected from 20,000 collegiate players across the country to compete for a spot on the All-American traveling squad.

Bristol attended the All-American rugby 15s camp in June and All-American rugby seven's camp in July, where he was coached by staff from the national rugby team, the Eagles.

"The camp was vigorous and consisted of two-a-days," Bristol said. "It was tiring, but I would do it again and again because I met great guys, coaches and learned excellent rugby drills and techniques. When you're among the best, there is no way you can't get better."

According to the USA Rugby organization, the All-American program is designed to recognize on-field excellence at the high school and collegiate levels as well as develop future Eagles. Committees from the organization look for players based on coach nominations and footage from collegiate matches.

"Out of my seven years at the Academy as the men's rugby coach, we've never had a player selected for the All-American first team," said Joe Muehlbauer, the Academy's head coach of men's rugby. "Four years ago we had a player who received an honorable mention but never first team. Jack is a double All-American as he competed on the sevens and 15s team."

Bristol competed in the 45th-annual Denver

Sevens Rugby Tournament July 21, where the Academy took first out of five men's collegiate teams and Bristol was named the most valuable player.

"Jack studies the game and is the hardest working player on the team," Muehlbauer said. "He is well-known throughout the country, and I eventually see him playing on the national team or professional rugby in a country where it is offered."

Bristol has played rugby at the Academy for two years as a lock for rugby 15s and a prop for rugby sevens. Bristol said he watched his father play rugby as a kid and has been hooked on the sport ever since.

"Originally I was supposed to play football at the Academy but remembered how much I loved rugby and knew I wanted to get back into it," Bristol said.

Bristol said of the countless sports he has played, he has never found the camaraderie that he has in rugby.

"I participated in other competitive sports growing up but nothing comes close to the brotherhood you find in rugby," Bristol said. "In football, you can have a quarterback drive a team down a field, score and attribute it all to him. In rugby, it's really hard to have one person take over a match. You really need the whole team to contribute in order to make that happen."

Bristol said rugby is different at the Academy because cadets have a different lifestyle than most college students.

"We're only allowed a two-hour slot each day for team practice, we have to lift weights on our own and are at one of the hardest academic institutions," Bristol said. "I think the rigor of Academy life makes us stronger as a rugby team and is what propels us forward."

A native of Colorado, Bristol is in Cadet Squadron 17 and majoring in Political Science

See Rugby Page 11

Rugby

From Page 10

with a minor in French. He said he will most likely become a pilot in the Air Force but will continue to play rugby as long as he can.

"I think rugby has made this place a lot better for me and has taught me a lot of good lessons," Bristol said. "On the rugby pitch you learn dedication, hard work, loyalty and striving for one's excellence. That will help me throughout my life as well as in my Air Force career. There is an active-duty Air Force rugby team, and I'd love to be part of that in the future."

Bristol said he hopes one day the sport will become as popular in the U.S. as in New Zealand, South Africa, Australia, and Europe.

"I think people are afraid of the unknown," Bristol said. "They grow up in America with football, basketball and baseball, the sports played on television. I think a lot of people don't know what it's about and I urge people to find out because personally, I think it's the best sport on earth."

He said the key trait needed to be a good rugby player is to work hard with what you have.

"I'm not the strongest, buffest, fastest or tallest, believe it or not," Bristol said. "The reason I think I became an All-American was the hard work involved."



"The main reason I think I became an All-American was the hard work involved."

-Cadet 2nd Class Jackson Bristol

Bristol said he also became an All-American through the strong support of his community.

"I wouldn't have been able to get this All-American status without my teammates letting me compete at this high of level or my parents pushing me," Bristol said. "My coach, Joe, has been a big support as well. He is always giving me the opportunity to succeed. Even when I fail he has faith in me to let me do what I do."

The Academy offers men's rugby in the fall and spring. Seventy-five men participated this year, and the team ranked eighth in the country.

"This is the best the team has done since I started coaching here and since they last won the national championship in 2003," Muehlbauer said. "I believe they will only get better."

Competitive softball league finishes with all-star game

By Dave Castilla
Intramural sports director

All-star Team No. 1 beat Team No. 2 in a 13-12 thriller in the competitive intramural softball league all star game Aug. 16.

Team No. 1 was made up of players from the Cadet Wing, CES No. 1, DRU/FSS and MDG No. 1. Team No. 2 was composed of players from Retirees, SFS, AD/Prep and Radiology.

Team No. 1 scored five runs in the first inning and never lost the lead.

Team No. 2 was scoreless in both the first and second innings, and Roy Dalton opened up for Team No. 1 with his first homerun of the season. Team No. 1 added another run to close out the inning with a score of 7-0.

Team No. 2 got on the board in the top of the third with a Tommy Edwards homerun over the center field fence, and held Team No. 1 scoreless. But in the fourth inning, Team No. 1 came roaring back with a Tim Richardson three-run homer to increase their lead, 10-1.

Team No. 2 finally got it going in the top of the fifth scoring four runs. Mark Hartman led off with a double, and Edwards followed up with his second home run of the night. Tom Ziegler made it back to back jacks with a solo shot and cut the lead to 10-5. Another



Travis Perkins from CES No.1 pitches for team No. 2.

LISA STEWART

double and a Travis Perkins homerun closed the gap to 12-5.

Team No. 2 kept rolling in the sixth inning doubles, Mike Young, Matt Vrana and Fred Walker. At the close of the stanza, the score was 13-8.

Team No. 2 kept hope alive with four runs in the top of the seventh. Ken Zito hit a double, and Mike Young drove in a run with a sacrifice fly. Matt Vrana's drove in two with a double, and Anthony Mason singled home the fourth run. With Mason on base the potential winning run came to the plate, but a long fly to the warning track in centerfield ended the game, 13-12 for Team No. 1.



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Smooth move

The Airman and Family Readiness Center offers a smooth move seminar for relocating Air Force members and civilians from 3-4 p.m. Aug. 30 at the AFRC in Bldg. 6248.

The seminar will include specific information about destination bases, finance and allowances, and household goods movement.

For more information or to register, call the AFRC at 333-3444.

Parents Weekend Brunch

The Academy will host a Sunday Brunch Extravaganza for parents and cadets from 10 a.m.-1:30 p.m. Sept. 2 at the Falcon Club.

Cadets eat free with a parent. Brunch will feature breakfast and lunch items, desserts and a chocolate fountain.

To make a reservation call 333-4253.

Whitewater rafting

The Outdoor Recreation Center offers rafting trips to Browns Canyon, the Royal Gorge and Big Horn Sheep Canyon through August.

The trips depart from the Outdoor Recreation Center at 7 a.m. and return at 5 p.m.

Trips include transportation, a wet suit, personal flotation device, helmet, splash jacket and lunch.

Trips range from \$55-\$85 per person. For more information visit the Academy Support website at <http://usafasupport.com/the-great-outdoors/outdoor-adventure>.

Transition assistance

The Airman and Family Readiness Center will host a Transition Assistance Program seminar from 7:30 to 4:30 p.m. Monday-Friday at the AFRC in Bldg. 6248.

The seminar is suggested for both military and civilians preparing for retirement or separating.

For more information or to register, call the AFRC at 333-3444.

Pharmacy hours

The Academy Community Center Pharmacy will no longer be open on Saturdays beginning Aug. 26.

The last Saturday the pharmacy will provide services will be August 25.

The pharmacy will continue with its regular hours Monday through Friday from 8:30 a.m. to 5:30 p.m.

Child support services

The El Paso County Child Support Services will now be at the Academy the last Thursday of every month from 1-3 p.m. at the Airman and Family Readiness Center.

They will help establish, modify and assist child support orders, establish paternity, assist with visitation issues, provide a connection to other community resources and assist family members of active duty members stationed at another base.

There is a one-time \$20 fee. To make an appointment call 719-457-6331.

Horsemanship classes

The Academy Equestrian Center offers horsemanship classes, which include a one-hour trail-riding lesson plus instruction in grooming, saddling and etiquette, for \$30 per lesson.

For information, contact the Equestrian Center at 333-4607.

Summer bowling leagues

The Academy Lanes Bowling Center's summer bowling leagues are now in session.

Available leagues include a parent and youth league Tuesdays at 7 p.m. for \$14 per team, three-person youth leagues Thursdays at 10 a.m. for \$7 per person and four-person adult mixed leagues Thursdays at 7 p.m. for \$10 per person.

Children may receive free bowling lessons during youth league play on Thursdays.

For more information, call Academy Lanes at 333-4709.

Sergeants Association Meeting

The Air Force Sergeants Association Falcon Chapter 1180 meets every third Thursday of the month at 3:30 p.m. in the Casual Lounge at the Falcon Club.

Pottery studio available

The Arts and Crafts center offers a pottery studio available for use when a class is not in session.

The studio includes nine pottery wheels, glazes and five kilns. Clay is available for purchase.

For more information call 333-4579.

10th MDG Closure

The 10th Medical Group will close at 2:30 p.m. Sept. 10 for a commander's call.

Access to the on-call Primary Care Provider is available through the Patient Access Service at 524- Care (2273) Normal Operations will resume at 7:30 a.m. on Sept. 11.

Immunization awareness

August is National Immunizations Awareness Month. Although vaccines have been around for many years, people in the United States still die from vaccine-preventable diseases. Talk with your primary care manager to find out which immunizations you need and when to get them.

Got an IDEA?

The Innovative Development through Employee Awareness, or IDEA Program is designed reward individuals whose suggestions improve the efficiency, economy, and effectiveness of Air Force, Department of Defense, and government operations.

Anyone can submit an idea, but only Air Force military members, civilian employees, cadets, Preparatory School candidates, and contract personnel who are paid from appropriated funds are eligible for cash awards.

Monetary awards can be as high as \$10,000 for each idea that results in validated tangible savings, and \$200 for ideas resulting in intangible benefits.

To submit an idea, go to https://ipds.randolph.af.mil/ipds/web/page_edi (CAC login required) or contact

the IDEA office at 333-4332.

VA Stand Down Day

The local Veterans Administration office is requesting active-duty assistance for its VA Stand Down Day Oct. 18.

Volunteers are primarily needed to escort veterans around the stations on the day of the stand down. Volunteers are also needed to assist in prep work a few days leading up to the event, for set-up/tear-down, and also food and beverage serving on the day of the event.

To volunteer or for more information contact 1st Lt. James Franciere at 567-2162.

Softball Tournament

The Academy will host a softball tournament Sept. 21-22. Please register by Sept. 14 and contact David Castilla at 333-4078 for more information.

Flea Market

A flea market will be held Sept. 22 at 8 a.m. at the Community Center.

Vendors will set up at 7 a.m. and the event will take place on the west side parking lot.

For more information call 333-4522.

Tops in Blue

Academy concerts will host Tops In Blue at 2 p.m. Saturday at the Arnold Hall Theater.

Tops In Blue, is an all-active duty US Air Force special unit made up of talented amateur performers selected for their entertainment abilities. Their primary purpose is to perform for military personnel and their families throughout the world.

The event is free and open to the public.

Schedule of Worship



Cadet Chapel

BUDDHIST

Sundays, 10 a.m.

PROTESTANT WORSHIP

Combined Worship Service:
Sundays, 9 a.m.

CATHOLIC WORSHIP

Mass: Sundays, 10 a.m.

JEWISH WORSHIP

Normal schedule
Fridays, 7 p.m.

Community Center Chapel

CATHOLIC WORSHIP

Mass: Saturdays, 4 p.m.; Sundays,
9 a.m.; Tuesdays-Fridays, 11:30 a.m.

Reconciliation: Saturdays, 3:30 p.m.

Formation Classes: For students in
grades K-8. Sundays, 10:15-11:30 a.m.

PROTESTANT WORSHIP

Evangelical: Sunday, 10:15 a.m.

Gospel: Sunday, 11:30 a.m.

Women's Equality Day

August 26

I AM
where I am
BECAUSE OF
the
BRIDGES
that I
CROSSED.

Women's Equality Day Luncheon

11:30 a.m. Aug. 26

"Celebrating Women's Right to Vote"

Guest Speakers:

Lt Col Rachel VanLandingham

Todd Seelman

Cost: \$10 for club members/\$12 for non-members.

Contact the 10th Air Base Wing Equal Opportunity office at 333-4258 to purchase tickets.

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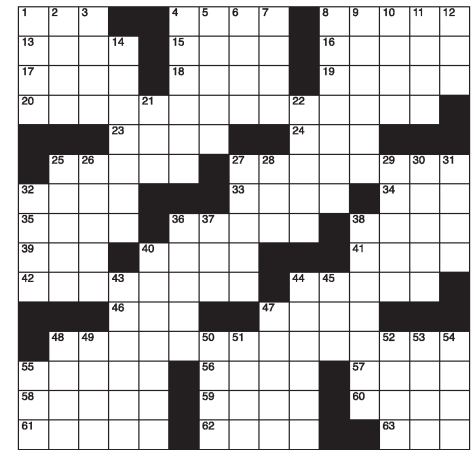
CLUES ACROSS

- Hyrax
- Considerateness
- Expressed pleasure
- 1896 Ethiopian battle
- Hawaiian dance
- Khaki colors
- Southern soldiers
- Musician Clapton
- 58703 ND
- Letterman's hometown
- Fr. Riviera resort
- Wrath
- Put up with

- something
- Divertimento
- Comportment
- Toward the mouth
- Take in marriage
- Composer of Rule Britania
- Central parts of fruits
- Ice hockey goal
- Lair
- A citizen of

- Denmark
- Algeria's 2nd largest city
- Buildings
- Extensive landed property
- Bravo! Bravo! Bravo!
- Cereal grass spikelet bristles
- Gives you instant

- long locks
- Umbrian industrial city
- Cheremis language
- Wm. the Conqueror's burial city
- Beach (French)
- 7th Hindu month
- Tightly curled hairstyle
- Niches
- Connects the keel & sternpost
- Take a seat



CLUES DOWN

- Persian dialect
- Yemen port & gulf
- Switchboard (abbr.)
- From that place
- Invisible emanations
- Shear
- Mexican tortilla dish
- Highly regarded
- Said of a city that "rose up"
- Turkish district
- Of a very dark black
- Fall back time
- Inanely foolish
- Furnish with help
- Former Italian monetary units
- Made public by radio or television

- Aka sesame
- Skin infections
- Before
- Being cognizant of
- Ballet dancer impressionist

- Eve's garden
- Produced
- Hiding place for storage
- A single unit
- Napoleon's

- birthplace
- Daily journals
- Hanging threads edging
- A canvas canopy
- Central nervous system
- Nest of an eagle
- Assist
- Father of Aethyrea
- Yuletide
- A piece of work
- Clods
- St. Philip, Patron of Rome
- Arrogant & annoying person
- Yearly tonnage (abbr.)

SUDOKU

				7		6		
					3			
8	5	6		2				
			2	5	8			
		9	4	1				5
		4			7			
1	9		5			2		
				1		8		
			2	3			7	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Solution on page 12

08-24-12

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FINE DINING
The Margarita at Pine Creek 7350 Pine Creek Rd. Colorado Springs, CO 80919 598-8667 www.margaritaatpinecreek.com
Hours: Lunch: Tuesday-Friday 11:30a.m.-2:00p.m. Dinner: Tuesday-Saturday 5:30p.m.-8:30p.m. Brunch on Sunday: 10:30a.m.-2:00p.m. Serving award winning, contemporary, seasonal cuisine-with a casual attitude for 37 years. Upstairs: fine dining (accompanied by our harpsichord on Saturday evenings). In the downstairs lounge: local music (from jazz to bluegrass) Wed-Fri. Enjoy appetizers to full course meals! Always affordable dining with a special occasion feel. Join us for lunch, dinner and Sunday brunch. Relax and take in the Colorado scenery on the patios soon! Perfect for private parties, rehearsal dinners, weddings and other events.

CARIBBEAN
Rasta Pasta 481-6888 405 N. Tejon rastapastacs.com
USAFA Grad Owned. Creative Caribbean Pasta, Fresh & Funky Salads, Ridiculously Good Desserts. Open seven days a week for affordable lunch and dinner. Voted Best New Restaurant by Gazette readers. Happy Hour Daily 4-6. Live Reggae Music the First Friday of every month.

GERMAN DINING
Edelweiss 34 E. Ramona Ave. 719-633-2220 www.edelweissrest.com
Family owned & operated, Best German Restaurant for over 10 years. Hours: Every day 11:30am-9:00pm. Dinner starts at 4:00pm. Authentic menu with a variety of Old World German dishes includes Schnitzel, Bratwurst, and Sauerbraten. Imported German Beers and Wines and our European-trained Swiss Pastry Chef Bakes all of the desserts from scratch. www.edelweissrest.com

CHINESE
Bamboo Court Restaurant 719-599-7383 4935 Centennial Blvd., Suite G
Mon-Fri Lunch: 11:00-3:00pm, Mon-Sat Dinner: 3:00-9:00pm, Sat Lunch: 12:00-3:00pm, Sun Dinner: 4:00-9:00pm Our single combination Dinner Specials come with any entree from the dinner entrees menu and soup of the day, fried or steamed rice, egg roll & crab ragoon. At Bamboo Court, our only goal is to make your expectations a reality!

IRISH
Jack Quinn's 385-0766 21 S. Tejon Street Open for Lunch & Dinner daily; Sunday Brunch served 12 pm-3 pm; Happy Hour 3-6 pm; & late night Sunday.
Owned by 4 USAFA Grads! Serving traditional Irish fare & American cuisine for lunch & dinner. Happy Hour daily 3-6pm & late night Sun. 10 pm-1 am., 15 delicious drafts & the best selection of Irish Whiskeys. Live Irish Music Tues., Thurs., Sat. & Sun. with County El Paso, Brian Clancy, Big Paddy & the Irish Session Musicians! Reader's Choice Voted Best Bar 2007 & 2010. www.jackquinnspub.com

DELI
Wooglin's Deli & Cafe 719-578-9443 823 N. Tejon Street
Mon. - Sat. 7am - 9pm, Closed Sun. A locally owned restaurant celebrating 24 years of award-winning sandwiches, soups, salads, burgers, and the best quiche in town. Full breakfast menu served with locally roasted coffees. Housebaked desserts, Bristol beers, and neighborhood art make Wooglin's an authentic and funky downtown getaway.

STEAKHOUSE
The Famous 719-227-7333 31 N. Tejon Street www.thefamoussteakhouse.net
Lunch Mon.-Fri * Dinner Nightly. Think that late night Chicago Steakhouse: polished booths that enclose years of secrets, big slabs of aromatic prime rib, sparkly cocktail glasses clinking at every table... Best Steak 2011, Best Fine Dining 2011, Best Martini 2011, The Gazette. facebook.com/FamousSteakHouse



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Always tender and flavorful...
...it tastes great or it's on us.

USDA CHOICE
Chuck or Cross Rib Steak
Boneless, Family Pack

2.98 lb.



U.S.D.A. CHOICE STEAKHOUSE CHOICE PREMIUM BEEF

USDA CHOICE
Tri-Tip Roast or Top Sirloin Steak
Boneless, Family Pack

3.98 lb.



Dole
Bananas

39¢ lb.

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Coupon Effective 8/22/12 - 8/28/12



Crystal Geysir Spring Water
24 pk., 16.9 oz.

2.47 ea.
With Coupon
Limit 4, Additional 2 for \$7

Limit 1 coupon per customer per transaction. No Cash Back. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.



Pepsi
12 pk., 12 oz. or 6 pk., 16.9 oz.
Select Varieties
Sale Price 3 for \$11
Final Price

4 for \$11
When you Buy 4
Limit 1 Reward per Transaction

Albertsons market COUPON
Coupon Effective 8/22/12 - 8/28/12



Homelife Soft Choice Bath Tissue
12 Double Rolls or Awesome! Paper Towels 8 Rolls
Select Varieties

3.88 ea.
With Coupon
Limit 4, Additional \$4.49

Limit 1 coupon per customer per transaction. No Cash Back. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.



Doritos Tortilla Chips
10.5-11.5 oz.
Select Varieties

BUY one GET one FREE
Save \$4.29 on 2

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People featured are not actual service members.

*Some Restrictions Apply, Military ID Required.



Kellogg's, General Mills or Quaker Cereal
14.7-21.7 oz., Select Varieties
Sale Price \$2.99 ea.
Final Price

2.49 ea.
When you Buy 4

Prices Effective 8/24-8/28/12

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