

Academy medical officials monitor H1N1 flu outbreak

By Academy Public Affairs

With concern over the H1N1 flu, formerly known as the swine flu, outbreak around North America, Academy medical officials are closely monitoring the situation, prepared to protect the population if the outbreak spreads to the local area.

If the H1N1 flu continues to spread there may be further actions such as school and child daycare center closures.

"At this time there is no need for alarm, just due diligence," said Col. Alan Berg, 10th Medical Group commander.

The best and most current information is available at the Centers for Disease Control and Prevention at www.cdc.gov/ swineflu/

To date, approximately 94 human cases of H1N1 flu have occurred in California, New York, Kansas, Texas and Ohio. Mexico and Canada, Spain and the United Kingdom have also reported cases of the H1N1 flu.

H1N1 flu is a respiratory disease of pigs with outbreaks within the swine population happening regularly just as we have seasonal influenza among humans.

Although humans aren't normally infected, transmission from swine-tohumans can happen infrequently. Swine flu is not the same as Avian Influenza, but the concern is the same if the virus mutates to a form that can spread by human-tohuman contact making it harder to contain.

Transmission of most influenza viruses of concern in humans is by respiratory droplets (sneezing) that spread directly through the air or by contact with contaminated surfaces like doorknobs and telephones.

Although transmission through contact with swine could be the cause of current cases, the spread suggests that H1N1 flu might be transmitted by this human-to-human route - this is also being investigated by the CDC.

Swine flu is not transmitted through eating pork products.

Symptoms of H1N1 flu are similar to other seasonal flu viruses and include fever over 101 degrees, cough, sore throat, body aches, headache, chills and fatigue, and less commonly, diarrhea and vomiting.

"Not every head cold or 'crud' is the flu and not every flu is H1N1 flu, although we are obviously increasing our surveillance of flu-like illnesses to track the spread of seasonal influenza and the potential for H1N1 flu to spread around the country," Colonel Berg said.

Prevention of flu goes to the very basics of frequent hand washing with soap and water or using an alcohol-based hand sanitizer, avoid rubbing one's face until hands are washed, covering one's See FLU, Page 3



Cadet 1st Class Harvey White III escorts Tuskegee Airman retired Col. Fitzroy "Buck" Newsum.

Living legends walk among cadets

By Staff Sgt. Don Branum U.S. Air Force Academy Public Affairs

The Tuskegee Airmen secured their place in history more than 60 years ago by doing what few people thought they could. They overcame naysayers in the U.S. Army Air Corps before they overcame the Luftwaffe in the skies over Italy and Germany. Their legendary story has inspired numerous books and one movie ... and thousands of U.S. Air Force Academy cadets.

See TUSKEGEE, Page 10

Prep School inducts two into Hall of Fame

By Ann Patton Academy Spirit staff

The Preparatory School honored two of its graduates with induction into the school's Hall of Fame during ceremonies Monday in the Community Center theater.

Honorees were Thomas Boettcher, Prep School Class of 1962 and Academy Class of 1967, and Lt. Col Kevin Shea, Prep School Class of 1985 and Academy Class of 1989.

am also humbled to share the honor with Colonel Shea."

Colonel Shea was one of the highest ranking officers who made the ultimate sacrifice on his birthday Sept. 14, 2004, during Operation Iraqi Freedom.

The Prep School established the Hall of Fame in 2002, 31 years after its founding in May 1961. Hall of Fame members' photos hang in the High Country Inn as a daily reminder of the achievements of those cadet candidates who have gone before them.

veteran and earned a Bronze Star while assigned to the 834th Air Division. Also an author on the Vietnam-era, he has served as a writer, editor and publisher of three magazines and is a partner and president of the law firm Boettcher & Lobaugh in Tulsa, Okla.

During the ceremony, he reflected on his Prep School days.

"It was the best decision I made at that time in my fe," he said and told cadet candidates they, also, have

Academy Honor Code and the Air Force Core Values serving as a lasting legacy to the school's heritage.

"I can't describe what an honor it is to be here today," Mr. Boettcher told the audience of Prep School students, friends, faculty and Academy leadership. "I

The roll of Hall of Fame members include deco-The induction recognizes those who exemplify the rated combat veterans, astronauts, Rhodes scholars, all-American athletes, distinguished businessmen, judges, politicians and entrepreneurs. All Prep School graduates share in nominations and selections.

> Mr. Boettcher was the first Prep School graduate to serve as Cadet Wing commander. He is a Vietnam

made wise decisions. "It's a great opportunity. You represent the United States of America and wear the Air Force uniform of the greatest country in the world." Encouragement from the small Oklahoma town citizens where he grew up (including a Scoutmaster who was a former Marine Corps officer) and an affinity for military history attracted him to military service.

See HALL OF FAME, Page 6



Energy Savings Tip of the Week: Air dry dishes instead of using the dishwasher's drying cycle.



Poor listening skills lead to poor leadership

By Col. Alan Metzle 586th Air Expeditionary Group

SOUTHWEST ASIA (AFNS) — I went on a patrol at Camp Bucca in Iraq a while back. On this routine day in the squadron, the radio waves were filled with the requisite communications that prepare our Airmen for outside-the-wire missions.

Truck commanders and drivers were engaged in precombat checks and compulsory equipment inspections. The flight chief carefully briefed intelligence and operations at guardmount. Radio calls crackled in a rhythmic cadence that betrayed the frequency of these essential but repetitive communications. And, as in any crew operation, it was readily apparent that effective communication was an essential element to their success.

Still, despite the training, skill and experience of my hand-selected squad leader, on this day he failed. His mistake was elementary yet important, and one I'm sure most of us have made more than once.

The mistake of my team leader: poor listening. This is a story of one leader's lesson in listening. In telling it, I urge you to consider how you can improve your listening skills and how you can become a better leader by applying a few simple techniques.

As we moved outside the wire, our talk evolved from tactics and procedures to the more typical banter one hears among Airmen. The chatter was no different than any other day and included the usual repartee about family, sports scores, post-deployments plans and, as I recall, the dinner menu at the dining facility, always an important topic.

Still, the talk on this day, in this particular Humvee was different in one significant way. On this patrol, the group commander was riding along. So this day was the day a select group of Airmen had the "opportunity" to interact directly and for several hours be with the big boss. Unfortunately, that's not always the way our Airmen view these so-called opportunities. Too often, the unspoken reaction to being assigned to take the colonel out is, "How did we get stuck with him?!" A barrier to communication certainly, but not an atypical response.

Far too often, when the colonel — or any boss — walks into a room, the

conversation stops. Sometimes, people just turn and walk the other way. If they can't leave, they frequently apply the common rule for communicating with one's boss: they don't! Too often as subordinates, we avoid eye contact and hope the boss just goes away. Less risk, less trouble for all concerned. An unfortunate maxim, but one that we must overcome as leaders. And don't think that they don't do it to you, regardless of your rank.

Well, on this day, I wasn't going away, and I was riding in the same vehicle with my Airmen for several hours, so we were going to talk.

The leadership lesson was simple yet stunning. This three person — crew — a squad leader, a driver and a gunner had spent months together at Camp Bucca, driving outside-the-wire daily and putting their lives into each other's hands. I asked each of them how they were dealing with combat stress, and I asked them to rank their response on a scale from "one to 10." The driver, a senior airman on her second deployment, said quickly and enthusiastically: "I'm an 11.5."

Her enthusiasm was infectious. The squad leader was a stereotypical gung ho technical sergeant. He declared that he was a "10" and was "good to go."

Then it was the gunner's turn. I asked him how he was doing, expecting to hear what I had heard from the driver and the squad leader. The gunner said rather sheepishly, "I'm a one." The reaction from the front right seat was one of shock and surprise. The squad leader couldn't believe the story he heard; a marriage on its last legs, despair over the sense of loss and a severe lack of motivation with his job. Why didn't he tell his squad leader before? One, the squad leader never asked. Two, and more important, the gunner didn't think he'd listen.

Of all the communication skills we learn in our Air Force education and training — writing, briefing, speaking, directing, controlling, and instructing there are few lessons on listening. And of all those are vital communication skills. I submit that none is more important than listening. Here are a few guidelines you should consider to become a better listener, and in turn, a better leader:

Seek out listening opportunities. Your Airmen want you to know their dreams, goals, concerns, needs and sometimes, their fears. You must work to overcome the barriers that prevent communication. When your Airmen apply the "don't talk to the boss" rule, don't let them. Sometimes, you need to get aggressive and ask them directly what they think. Be prepared for the answers and don't shrink from the honest and direct feedback. If sought out with genuine concern, you will get genuine answers.

■ Be prepared to listen. Clear your mind about your issues and focus on theirs. When you aren't listening, your Airmen know. The more you have on your mind, the less you will be able to focus on them, so you must work at preparing to listen.

■ Listen to understand, not to respond. Too often, leaders want to get their messages out and spend their time waiting to talk instead of actively listening to what their people are saying. You will be more effective if you spend more time in receive mode vice transmit mode. Also, the more senior you become, the more time you should spend seeking out information and listening to what your people tell you. If they aren't talking to you then that might be a signal that you need to improve your listening.

■ Here's the most important tip about listening, and this one finally involves your message. When it is time to give your Airmen feedback, be direct and honest. There is nothing they want more than honesty and frankness. No doubletalk. No different stories to different groups. No hedging. They know when you are BSing them and they know when you are being straight. Honest, direct feedback will earn their respect and support, especially if you respect them enough to give them the straight scoop.

What's the payoff for all this listening? It's simple: you will become a better leader. Your Airmen will listen to you more when you demonstrate concern for them. And, in the end, each of you will be better equipped to get your mission done.

Finally, if you didn't get this far in the article, you weren't listening. Tell your friends and colleagues when they aren't listening well enough, and we'll all be better for it. Regardless of the roles we play in our units — gunner, squad leader



To responsibly inform and educate the Academy community and the public about the Air Force Academy Lt. Gen. John Regni Academy Superintendent Lt. Col. Brett Ashworth -Director of Public Affairs Tech. Sgt. Cortchie Welch -Chief of Internal Information Ken Carter — Editor kenneth.carter@usafa.af.mil Butch Wehry — Senior Staff Writer whalen.wehry@usafa.af.mil Ann Patton — Staff Writer elizabeth.patton.ctr@usafa.af.mil Denise Navoy — Production

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The Academy Spirit also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@ usafa.af.mil.

(719) 333-7876

Correction:

In the April 24 edition of the *Academy Spirit*, Page 12 story, "Air Force announces second hall of fame class" the photographs accompanying the text for Dee Dowis and Terry Isaacson were inadvertently switched during the production process.

or the big boss — we can all do a little better at listening.

Character Corner Interesting Quotes on Character From Historical Figures

By the Center for Character Development

"Character, in the long run, is the decisive factor in the life of an individual and of nations alike."

— Theodore Roosevelt person."

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambi— Helen Keller

tion inspired, and success achieved."

"Character, not circumstance, makes the

— Booker T. Washington

"The depth and strength of a human character are defined by its moral reserves. People reveal

themselves completely only when they are thrown out of the customary conditions of their life, for only then do they have to fall back on their reserves." — Leonardo da Vinci

"Nearly all can stand adversity, but if you want to test one's character, give them power." —Abraham Lincoln

Character Matters airs Wednesdays at 8 a.m. and 8 p.m. on KAFA radio, 97.7 FM or listen via www.usafa.org.



Military officials monitor H1N1 flu NEWS BRIEFS

By Donna Miles

American Forces Press Service

WASHINGTON (AFNS) — Defense Department officials are monitoring the H1N1 flu situation closely, with their primary focus on protecting the military population, a senior Pentagon official said Monday.

As officials with the Department of Health and Human Services lead the U.S. effort, the military is posturing itself to respond if required, Pentagon spokesman Bryan Whitman said.

"We certainly have a number of contingency plans for dealing with health incidences like this, because our primary goal is preservation of the fighting force," he said. "So we obviously have plans and take measures to ensure that we can preserve the fighting strength of the military in the event that there should be a greater crisis with respect to a health situation like this."

Two prescription anti-viral drugs, Relenza and Tamiflu, already are standard stock at U.S. military treatment facil-

Flu

From Page I

mouth and nose when coughing or sneezing, and minimizing contact with infected individuals. A caregiver in the home may not be able to avoid some exposure, but masks on the ill member can limit spread and again, frequent hand washing can reduce the risk of contracting the flu.

"Not every case of flu needs to see a doctor - self-care with over-the-counter medications are often sufficient," the colonel said. "Fever that does not come down with acetaminophen or ibuprofen, inability to drink and stay hydrated and a worsening productive cough are reasons to call for an acute appointment. To prevent the spread, ill individuals are encouraged to stay at home or if they must go out to wear a mask to

ities, and larger quantities are stockpiled at several sites in the United States and overseas, Mr. Whitman said.

President Barack Obama told the National Academy of Sciences the emerging incidence of H1N1 flu in the U.S. "is obviously a cause for concern and requires a heightened state of alert, but it's not a cause for alarm."

Representatives at the Centers for Disease Control have confirmed 94 cases of H1N1 flu virus infection in the United States in California, Kansas, Ohio and Texas as well as New York City. None have involved members of the military or their families.

Greater cases of infections have been reported internationally, particularly in Mexico.

Obama said HHS officials have declared a public health emergency only "as a precautionary tool to ensure that we have the resources we need at our disposal to respond quickly and effectively." Officials with HHS, the CDC and the Department of Homeland Security will provide the American people regular updates about steps being taken and precautions that may be required.

Staying healthy

There are everyday actions people can take to stay healthy.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

-Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.

 Avoid touching your eyes, nose or mouth. Germs spread that way. - Try to avoid close contact with

sick people.

Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

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New release dates for E-7, E-6

This week's Airman's Roll Call available through the Air Force Portal highlights the recent change in releasing promotion dates for master and technical sergeant. After 12 years of being announced on the same day, they each now will be released on separate dates.

Air Force officials say the new master sergeant promotion list will be released May 14 and the technical sergeant list will be released June 18. The dates will allow for individual recognition to promotion selectees from each respective rank and give Airmen on both promotion lists their day in the spotlight.

For more information about this change for promotion release dates, read this week's Airman's Roll Call.

Caselot sale

The Academy Commissary caselot sale is set for 9 a.m. to 6 p.m. May 13-15 in the commissary parking lot. Savings will be from 15 to more than 60 percent while quantities last. For more information, call Janice Davis at 333-2227, extension 3111.



minimize spreading the virus."

treat H1N1 flu, care must be given

to prevent the development of a

resistant strain. In other words we

should not treat all flu-like illnesses

with these medications but save

them for more ill individuals. There

is no basis for distributing these

medications to prevent contracting

H1N1 flu, call the Colorado

Department of Public Health and

Environment hotline between 7 a.m.

and 11 p.m., daily, at 1-877-462-

2911. Updated information is also

available on the Colorado Depart-

ment of Public Health and

Environment Web site at www.

Academy Public Health at 333-9443.

People may also contact

For more information about

the virus at this time.

cdphe.state.co.us.

While there are medications to



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Etiquette key to decorum and graciousness

By Ann Patton Academy Spirit staff

Everybody thinks it's all about rules, Shawna Schuh told cadets about during her visit here April 24 as part of the Academy's social decorum curriculum instituted this year.

Ms. Schuh is a certified public speaker and specialist in communication, human relation and business and social etiquette.

Etiquette is more than just a set of rules it's more about a philosophy.

"True etiquette, or graciousness, is not about you. It's about others," she said. "It doesn't matter where you stand. It's what you stand for."

As a prelude to two presentations for all cadets first class, Ms. Schuh spoke to the cadet Women's Forum at noon on the topic, "How to be powerful without being overpowering."

During that session she related with candor and humor her experiences in dance classes as a youth and how they had influenced her later life.

Ms. Schuh also gave practical tips to female cadets on how to put on and take off a coat and be seated with ease.

"I want to make everybody think beyond these four years," she said. "You need etiquette and finesse your whole life."

Ms. Schuh also stressed etiquette can also become irrelevant.

"It doesn't do you any good if you're the only one who knows it," she said.

However, for those who are well versed in decorum, it can be a strong advantage in many life and social situations and a deciding factor in an impression.



Shawna Schuh addresses cadets concerning etiquette during her recent visit as part of the Academy's cadet social decorum program.

"People make more mistakes with people skills than anything else," she said.

Ms. Schuh also addressed the issuing of compliments to others. "A compliment should be about the person and not a 'thing," she said and noted if a compliment does become about an object, it is wasted.

Donna Rosa, Academy consultant for cadet social decorum, said Ms. Schuh's visit served as both a conclusion to this year's news decorum program, and a gateway to next year's program.

"It gave them a big picture of the value of the

program and a baseline," she said.

This year's program has included, "Dining with the Stars" where groups of firsties dressed appropriately for, and were guided through ,proper dining etiquette during a five-course meal in Mitchell Hall.

The decorum program has also included a fashion show to better acquaint the graduating cadets with what to wear and when.

During the day Ms. Schuh shadowed and chatted with cadets to get a better idea of their social issues.

"It's interesting and prideful to be here," she said.

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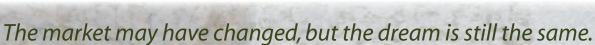
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Universal language of music unites

By Master Sgt. Steven Przyzycki U.S. Air Force Academy Band

U.S. EMBASSY DOHA, QATAR — The U.S. Air Forces Central Band Mirage performed recently to a host of dignitaries, and with famous Qatari musicians creating great diplomatic effect, proving that music is indeed the universal language

and the U.S. Embassy in Qatar, Mirage was asked to perform a special concert with world class Qatari musicians Abdulaziz Jasem Mohd, Al-Haidos and Aleaq Sahid. Mirage is comprised of eight musicians who are all members of the U.S. Air Force Academy Band located at Peterson Air Force Base in Colorado Springs.

They are deployed to Southwest Asia in support of troop morale and Air Force diplomatic relations. Mr. By special invitation from the Minister of Culture Haidos is a world famous Oud (similar to a lute) player,



Air Force Academy band members Tech. Sgts. Ken Soper and Alex Vieira perform at the U.S. Embassy, Doha, Qatar, during a presentation by the U.S. Air Forces Central Band Mirage.

and Mr. Sahid is world-renown as a percussionist throughout Southwest Asia.

Meeting for the first time the morning of April 8, 2009, Mirage and these two Qatari musicians began rehearsing for that evening's performance at the U.S. Embassy. In no time at all, smiles were predominant as the musicians collaborated to put together a concert.

The enthusiasm was infectious. Something surreal was happening here—a form of communication that goes beyond any traditional means.

"Mirage has elevated the status of my music school ... I am honored," said Mr. Haidos, who also serves as chairman for the Qatari Music Arts Center. "This is one of the best groups I have performed with. I am amazed at how fast and successful our collaboration took place."

Mahvash Siddiqui, Cultural Attache and Public Affairs for the U.S. Embassy in Qatar said, "The Mirage performance with Mr. Haidos was absolutely spellbinding. They are such great folks to work withsuperior professional artists."

Joseph LeBaron, Ambassador for the U.S. Embassy, Doha, State of Qatar, was most appreciative of the concert.

"You have really created a buzz here tonight," he told the musicians. "Music is a better form of communication than even the spoken word. The emotional impact of music provides a deeper meaning. You are fantastic ambassadors ... you transcend music, culture and nations to create valuable diplomatic effects."

Plans are under way for more performance in the coming weeks. Basking in the warm hospitality of the embassy, the musicians shook hands and smiled. The event helped deliver a strong message—all through the universal language of music.



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6



Thomas Boettcher, above, and Lt. Col. Austin Renforth visit with cadet candidates sharing both laughs and wisdom.

Hall of Fame_____

From Page I

He stressed the bonds of friendships he forged during his Prep School days have endured and remain as some of his fondest memories.

Colonel Shea cross commissioned into the U.S. Marine Corps following graduation from the Academy, where he played varsity football for the Falcons. During his career he deployed to Saudi Arabia in response to the Iraqi invasion of Kuwait, and he took part in the First Marine Expeditionary Force combat operations to retake Kuwait. In 2003 the Bronze Star with Valor and Purple Heart recipient deployed in support of Operation Iraqi Freedom II.

Academy classmate Lt. Col. Roger Reynolds recalled with fondness Colonel Shea's professionalism and friendship.

"He was a gentle giant," he said. "He had the ability to have compassion toward people he was serving. He was the kind of guy who would do anything for anyone."

Colonel Reynolds said choosing a hero often comes as a result of one extraordinary act. He stressed the focus would be better on those who strive to become better officers, spouses and parents and who ask themselves what they can do better tomorrow.

"That's what a real hero is," he said.

Accepting the honor for Colonel Shea was Marine Lt. Col. Austin Renforth with U.S. Northern Command who served with Colonel Shea. He read a letter from Colonel Shea's wife, Ami, who was unable to attend. "He truly believed the Prep School gave him a foundation for life," she wrote. "He was a leader and a consummate gentleman."

Speaking extemporaneously, Colonel Renforth recalled playing rugby with Colonel Shea when both were second lieutenants.

"He was mean as a snake," he joked, recalling past rugby matches, but he stressed off the field Colonel Shea had another dimension. "He made you better by just being around you."

Former Prep School commander retired Col. Jock C.H. Schwank, Academy Class of 1960, also attended the presentations. He recalled receiving dozens of e-mails after Colonel Shea's death in hostile fire to inform him.

"After 25 years his classmates remembered him extremely well. That speaks volumes," he said.

Following the presentations, guests and cadet candidates gathered for a reception.

"I was very impressed with the choice of inductees," said Cadet Candidate Derek Hale. "Future classes have excellent exemplars to look forward to."

Prep School exemplars are chosen from the ranks of the Hall of Fame.

"It was awesome," said Cadet Candidate Eduardo Aguilar. "After graduation we have different accomplishments to strive for."

Cadet Candidate Hannah Bergstrom was also impressed with the inductions.

"It is amazing we had such great inductees and inspiring to see those who have made such sacrifices," she said and added, "It made me think about why I am here."





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By Col. Thomas Yoder

Engineering and Technology Outcome Team Lead

"The academic discipline of engineering (or, perhaps, more broadly, technology) should be included in the liberal arts canon undergirding a 21st-century undergraduate education for all students." The Millennium Project.

The 1950 Stearns-Eisenhower Report, a founding document for the formation of the Air Force Academy, considered it "essential that a graduate of a Service Academy have a background of knowledge comparable to that possessed by graduates of our leading universities."

The report also stated that the graduates' "field of knowledge should include the arts and sciences in addition to professional military subjects."

Going on to say that "more attention be devoted at all service academies to science and engineering courses to continue the development of the student's ability to formulate physical problems," the U.S. Air Force Academy boasts 50 years of doing just that. We are teaching our cadets to apply basic knowledge of our physical world toward building capability and technology for our Air Force, one officer at a time.

The U.S. Air Force has prided itself as the nation's premier service in terms of leveraging high-tech and leading-edge engineering to accomplish its mission with remarkable effect. On the heels of graduation, our young officers will fully recognize the technical challenges of their service's mission and the physical capabilities and limits within their assigned

career fields and weapon systems.

The nation's trust is in these officers to not be only "operators," but to become experts in the technology and the principles that are at work and devise enhanced capability that is essential to the actual survival of the nation. In essence, we ask all officers to be architects of operational art and capability; that skill is founded in part on the application of scientific and technological principles.

Our officers will need to solve challenges such as prematurely failing aircraft, the implications of biosynthetic fuel use, increased demand on limited satellite communications capability, oversight of vendor-designed software that doesn't deliver the desired value added, new opponent capability that trumps stealth and cyber threats that attempt to disconnect us from our networks.

Those challenges demand a broad educational experience in both the underlying sciences and the application of those principles against challenges in a number of separate domains (air, space and cyber). We are creating decision-makers who leverage such understanding and skill toward enhancing the capabilities of complex systems; a foundation for "Excellence in all we do."

Understanding the Principles of Engineering and the Application of Technology means to exhibit knowledge of the following:

• The engineering disciplines as a foundation for leadership, problem-solving and decision making in our technology-rich Air Force.

 How engineering principles are applied to air, space, and cyberspace operations,.

• The systems approach as a basis for framing and resolving complex problems in operational environments.

Ethical implications and unintended effects associated with the application and methods of science and technology, and,

• Techniques and processes that cultivate innovation and the solving of illdefined problems.

While the curricula at the U.S. Air Force Academy addresses each and every one of the listed attributes, the largest number of courses and programs exist within accredited majors programs, allowing a cadet to tailor the USAFA educational experience to a personal emphasis on an air, space or cyberspace orientation.

However, every cadet experiences an intented sequence of instruction that addresses individual engineering disciplines as a foundation for leadership, problem-solving and decision making in our technology-rich Air Force, and the systems approach as a basis for framing and resolving complex problems in operational environments.

Over four years, cadets grow, practice and hone their Engineering & Technology understanding. During their first year at the Academy, cadets are introduced to their Air Force's technological demands with introductory Computer Science and Engineering courses. Common problemsolving tools are introduced early, directed toward problems growing more ill-defined over the cadets' four-year experience.

Additionally, components of an engineering or technology problem are introduced to four- and three-degree cadets at a subsystem level while increasing levels of



system complexity with interfaces and connectivity issues are introduced in later vears.

Development of this "systems understanding" is deliberately accomplished through a four-year progression of courses and projects that provide appreciation of algorithm and component knowledge through subsystem-level understanding and then to a system-of-systems perspective.

This provides each cadet the knowledge and skill to comprehend the capacity and limitations of complex systems by understanding the same at each level of the system and those inherent with the system's interfaces and interactions.

The content of each course and project intentionally parallels the ODS PITO model. Charles M. Vest, president of the National Academy of Engineering, recently said, "Engineering is critical to meeting the fundamental challenges facing the U.S. economy, environment, health, security, and way of life in the 21st century."

For graduates of the U.S. Air Force Academy, they will certainly experience these challenges during their time serving both Air Force and country. Our grads will enter their Air Force immersed in knowledge and application of science, technology and engineering principles, ready to answer the call to meet the challenge.



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School honors Colorado's last Vietnam MIA Airman

By Capt. Kristin Haley 140th Wing Public Affairs

GOODFELLOW AIR FORCE BASE, Texas (AFNS) Officials from the Air Force Intelligence School named its auditorium in honor of Colorado's last Missing In Action Air National Guard member from the Vietnam War April 10 here.

Colorado native Maj. Perry Jefferson was honored as members of the Colorado Air National Guard and Major Jefferson's brother, Mike Jefferson, traveled to Goodfellow Air Force Base for the ceremony.

"Today we say, 'Thank you,' to the family of Major Perry Jefferson and we honor him with the dedication of the Perry H. Jefferson Auditorium. We will never forget his sacrifice," said Brig. Gen. Trulan Eyre, the 140th Wing commander. He charged the intelligence school classes present at the ceremony to remember the story of Jefferson and continue to tell it, so that it will never be forgotten.

In April 1968, the 120th Tactical Fighter Squadron of the Colorado Air National Guard became the first intact Air National Guard unit to be called to active duty

for combat operations in Vietnam. The unit deployed with F-100 Super Sabre jets to Phan Rang Air Base, South Vietnam. During the wing's deployment, the Viet Cong had steadily increased its attacks on the base causing significant impact to flying operations.

Then Captain. Jefferson volunteered to fly a routine aerial observation mission in the Army's O-1G Bird Dog aircraft in an effort to locate and identify the enemy forces. On April 3, 1969, just one week before he was scheduled to return home, Major Jefferson and Army 1st Lt. Arthur Ecklund took off on an intelligence mission at 6:55 a.m. Vietnam time on call sign Seahorse 78, to the mountainous region of the Ninh Thuan Province.

They never returned.

An exhaustive three-day search ensued but hostile forces in the area prevented the discovery of the crash site. Major Jefferson and Lieutenant Ecklund were officially listed as missing in action April 6, 1969. In 1984, human remains were found near the location the O-1G was last seen and were later identified as Lieutenant Ecklund's.

In 2001, a Vietnamese national living in California

turned over what he believed were the remains of a U.S. serviceman found near a crashed aircraft. In October 2007, DNA and dental record analysis identified those remains as Jefferson's. On April 3, 2008, among family members and friends who served alongside him in Vietnam, Major Jefferson was interned with full military honors at Arlington National Cemetery in Virginia.

The ceremony included a 21-gun salute and an F-16 Fighting Falcon missing man formation flown by the 120th Fighter Squadron of the Colorado Air National Guard, Major Perry's squadron. General Eyre led the formation over Arlington.

"There are certain moments in our lives that define our careers," General Eyre said. "For me, it was flying over the Potomac, over the Pentagon, and over Arlington in honor of a fellow Colorado Guardsman. I'll never forget it".

Major Jefferson's name is etched on Panel 27W, Row 005 of the Vietnam Veterans Memorial Wall in Washington, D.C. For years, a cross was etched beside his name signifying his MIA status. In the weeks leading to Memorial Day in 2008, the cross was changed to a diamond, marking his belated repatriation.





DoD explains proposed post-9/11 GI Bill rules

By Donna Miles

American Forces Press Service

WASHINGTON – With the Department of Veterans Affairs ready to begin accepting sign-ups for the Post-9/11 GI Bill today, the Defense Department is working to get word out on its proposed policy regarding the bill's transferability provisions to help servicemembers decide if the new benefit is right for them.

Bob Clark, the Pentagon's assistant director for accessions policy, called the Post-9/11 GI Bill that takes effect Aug. 1 an important new benefit. In addition to providing broader educational benefits, it includes a provision that enables enrollees to transfer their benefits to immediate family members.

This long-sought-after provision is expected to be a boom for the military, Mr. Clark said, attracting and retaining the skilled force it needs.

"The Post-9/11 GI Bill is going to be an extremely good benefit to attract bright, young Americans to serve in the military," he said.

"The transferability is going to be a tool that will allow us to retain members who have earned that great benefit and share it with their family members and continue to serve," Clark said. "This gives them the opportunity to share those benefits that they have earned with those they love."

The rules for Post-9/11 GI Bill transferability are in the final stages, and Clark said the Defense Department expects few changes, if any.

In a nutshell, any enlisted or commissioned member of the armed forces serving on active duty or in the Selected Reserve on or after Aug. 1 will be eligible to transfer their benefits – as long as they qualify for the Post-9/11 GI Bill in the first place and meet specific service requirements, Mr. Clark explained.

He emphasized that, by law, anyone who has retired or separated from the service before that date – even if it's July 31 – won't be entitled to transfer their benefits. Also excluded will be members of the Individual Ready Reserve and Fleet Reserve.

Most servicemembers who have at least six years of military service as of Aug. 1 and agree to serve an additional four years qualify, he said. But the Defense Department has proposed measures to cover several categories of servicemembers whose circumstances don't fit neatly into this formula.

For example, those with at least 10 years of service – but who can't serve an

additional four years because of a service or Defense Department policy –also would qualify, Mr. Clark said. They must, however, serve the maximum time allowed before separating from the military, he said.

"What we did not want to do was to penalize those people who had a service policy or statute that would not permit them to commit for the full four years," Mr. Clark explained.

Another Pentagon proposal would cover servicemembers who will reach the 20-year service mark, making them retirement-eligible, between Aug. 1, 2009, and Aug. 1, 2013.

Mr. Clark explained the breakdown, which basically enables those affected to transfer benefits as long as they complete 20 years of service:

■ Those eligible for retirement on Aug. 1, 2009, would be eligible to transfer their benefits with no additional service requirement.

■ Those with an approved retirement date after Aug. 1, 2009, and before July 1, 2010, would qualify with no additional service.

■ Those eligible for retirement after Aug. 1, 2009, but before Aug. 1, 2010, would qualify with one additional year of service after approval to transfer their Post-9/11 GI Bill benefits. ■ Those eligible for retirement between Aug. 1, 2010, and July 31, 2011, would qualify with two additional years of service after approval to transfer.

■ Those eligible to retire between Aug. 1, 2011, and July 31, 2012, would qualify with three additional years of service after approval to transfer.

The servicemember's 36 months of benefits – the equivalent of four ninemonth academic years – could be transferred to a spouse, one or more children or any combination, Mr. Clark said. The family member must be enrolled in the Defense Eligibility Enrollment Reporting System to receive the benefits.

Servicemembers also have the option to use some benefits themselves and transfer what they haven't used to one or more family members.

Even after transferring the benefits, they remain the "property" of the servicemember who earned them, who can revoke them or redesignate who receives them at any time.

More details about the Post-9/11 GI Bill are posted on the Defense Department and Department of Veterans Affairs Web sites, and the Pentagon's proposed transferability policy is on the Defense Department site.

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Tuskegee

From Page I

Six Tuskegee Airmen visited the Air Force Academy April 24 to share their stories with the Air Force's next generation of leaders. Among them were three veterans of the original Tuskegee Airmen: Dr. Granville Coggs, retired Col. Fitzroy "Buck" Newsum and Samuel Hunter Jr.

Dr. Coggs, a resident of San Antonio, was the first Tuskegee Airman to arrive. He spoke to about a dozen cadets during a World War II history class. Born in 1925, Dr. Coggs first became interested in flying after he saw a plane fly low over his hometown of Little Rock, Ark.

"As soon as I saw that plane, I knew that's what I wanted to do," he said.

He volunteered to join the Army and sought an opportunity to fly. His dream abruptly met the Pentagon's conventional wisdom.

"The traditional wisdom was that blacks could not fly planes," Dr. Coggs said. "They didn't think we were smart enough to fly."

The Army established a training program for black Airmen at Tuskegee University, Ala., in 1940 as an experiment to see whether the conventional wisdom held any truth. More than 1,000 students, including Dr. Coggs, went through training there. Dr. Coggs was assigned to the 477th Bombardier Group and finished his pilot training in October 1945.

"When people asked me where I flew during the war, I told them, 'South America.' When they asked where in South America, I told them: Arkansas, Tennessee, Mississippi, Alabama and Texas," he joked.

Mr. Newsum, another of the guests, showed cadets items from his collection of Tuskegee Airmen memorabilia, including photos of Tuskegee Airmen. Visible in some of the black and white photos were P-51 Mustangs, their tails painted darker than the rest of the aircraft. Had the photos been in color, they would have shown the trademark "Red Tail" that let B-25 Mitchell bomber crews know they were in safe hands.

"That was part of the mystique surrounding the Tuskegee Airmen," Dr. Coggs said. "The Tuskegee Airmen pilots were damn good and damn dedicated. (Then Lt. Col.) Ben Davis Jr. knew that we had to be better than 'good.' We painted the tail fins red so the bombers would know who was escorting them."

Dr. Cobbs, along with Mr. Newsum and Mr.

Hunter, attended the Jan. 20 inauguration of Barack Obama as the United States' 44th president.

"He invited us because he knew that he had reached that office because of the Tuskegee Airmen," Dr. Coggs said. "That was one high point of my year. Another is being here today."

Cadets with the Academy's Way of Life Committee typically volunteer their time to make sure the Tuskegee Airmen's annual visit runs smoothly. Cadet 1st Class Harvey White III has twice escorted the Tuskegee Airmen, both for this visit and for one in 2007.

"The Tuskegee Airmen are part of my heritage," said Cadet White, who wants to become a fighter pilot after he graduates in a few weeks. "They were the first black pilots, and I came here with dreams of being a pilot. I knew about the Tuskegee Airmen before I came here, so I thought it would be cool to see the legends, the history."

The cadet said his first meeting with the Tuskegee Airmen during their 2007 visit was aweinspiring.

"I didn't ask too many questions," he said. "It was enough to be in their presence and let them interact with one another."

Cadet White said that meeting the Tuskegee Airmen reinforced his desire to serve his country.

"What they accomplished is a lot tougher than what I've gone through," he said. "They had to work with people who didn't want to work with them, and they did it with class."

The Tuskegee Airmen led the nation toward an era where, as Dr. Martin Luther King Jr. said, men would be judged "based not on the color of their skin, but on the content of their character." But, Dr. Coggs warned, the United States isn't there yet.

"But such great progress! If you asked me 10 years ago if a black man could be president, my answer would have been no. But I view the glass as half full rather than half empty."

Col. Mark Wells, head of the Academy's History Department, thanked the Tuskegee Airmen for their contributions to the Academy and to the Air Force.

"The words that come to my mind are remembering the past and embracing the future," Colonel Wells said. "These words resonate. The lessons of

patriotism and courage that the Tuskegee Airmen and other veterans of the second world war ... have taught us will never be forgotten."

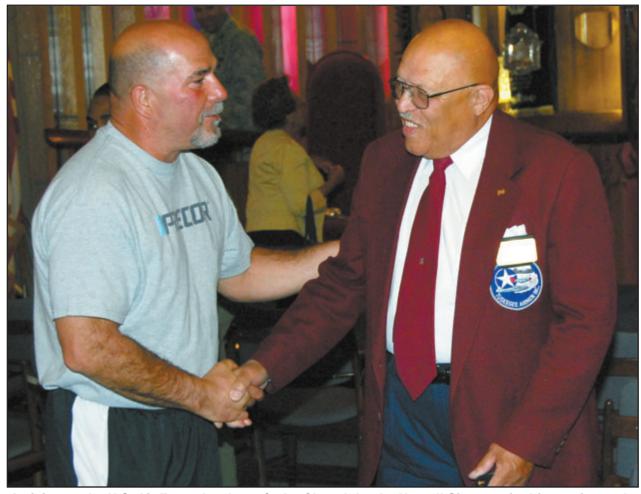


FEATURE

Tuskegee Airmen pay honors to the American flag during U.S. Air Force Academy cadets' noon formation. The Academy's History Department invites the Tuskegee Airmen annually to share their history and experiences with cadets.



Dr. Granville Coggs shows off a gold medal he won for the 400-meter run during the 2009 San Antonio Senior Games during a World War II history class. Dr. Coggs, one of the original Tuskegee Airmen, also wore the Congressional Gold Medal bestowed to all Tuskegee Airmen in a March 2007 ceremony.



A visitor to the U.S. Air Force Academy Cadet Chapel thanks Norvell Simpson for his service to the nation as a Tuskegee Airman.



Retired Col. Fitzroy "Buck" Newsum shows Tuskegee Airmen memorabilia to Cadets 3rd Class Bacher Satchell and Kyle Foley. Mr. Newsum, one of the original Tuskegee Airmen served under Brig. Gen. Benjamin O. Davis Sr. and then Col. Benjamin O. Davis Jr. He was assigned to the 617th Bombardment Group during World War II.

Air Force drops slugfest to UNLV, 20-13

By Nick Arseniak Athletic Communications

When the wind blows out at Falcon Field, it often turns into a home-run derby. In a game that featured nine home runs and 41 total hits, UNLV out-slugged Air Force 20-13 in Mountain West Conference baseball action Saturday.

The loss drops the Falcons to 14-25, 3-8, while the Rebels improved to 21-21, 6-8.

UNLV had 23 hits on the day, including six homers. Bryan Resnick, Jarred Frierson, Ryan Thornton, Rance Roundy, Kyle Kretchmer and Joe DiMaggio homered for the Rebels. Resnick had four hits and Frierson added four RBIs. Every starter for UNLV had at least two hits.

Air Force had 18 hits on the day with three homers. Ben Ausbun, Nathan Carter and Matt Alexander homered for the Falcons.

For Ausbun, it was his fourth homer in three games and Alexander hit his conference-leading 14th on the year. Alexander went 5-for-6 on the day with a pair of doubles and five RBIs.



Air Force shortstop K.J. Randhawa stops the ball as an UNLV baserunner steals second base during a 20-13 loss to the University of Nevada - Las Vegas at Falcon Field Apr 25. The loss dropped Air Force to 14-25 overall, with a Mountain West Conference record of 3-8

UNLV starter Andrew Beresford (3-2) picked up the win, pitching six innings and striking out seven.

Falcon starter Alex Truesdale (2-6) was tagged for nine runs in 5.1 innings, Ruvolo, Jason Griggs and Mike Kazakoff pitched in relief for AFA.

After a scoreless first, UNLV scored in every inning after, highlighted by

striking out four in the loss. Michael multiple runs in five-of-the-last-six innings.

Air Force recorded a base hit in every inning and scored multiple runs in five different innings.

First Air Force Indy car on the fast track

By Tech. Sgt. Jennifer Buzanowski Air Force Public Affairs Agency

WASHINGTON (AFNS) — The first Air Forcethemed Indy race car debuted April 19 at Long Beach, Calif., courtesy of Luczo Dragon Racing, owners of race car no. 2.

Luczo Dragon Racing, corporately-sponsored by Seagate Corporation, will display the Air Force symbol during the 2009 race season, including the Indy 500.

"The Air Force jumped on the opportunity to promote the service and gave permission to the race team to place the Air Force symbol on the Indy car, related team uniforms, pit equipment, team signage, T-shirts, hats and die-cast cars," said Jessica O'Haver, chief of the Air Force Trademark & Licensing Office.

"I see a lot of requests for Air Force-themed products cross my desk each week such as hats, T-Shirts and novelties; however, it's not every day I have the opportunity to license something as exciting as an Indy race car," said Ms. O'Haver.

Air Force Indy car schedule:



May 24 - Indianapolis Aug. I - Sparta, Ky. Aug. 29 - Chicago Sept. 19 - Motegi, Japan Oct. 10 - Miami

Luczo Dragon Racing team members prepare the Air Force-themed Indy race car April 16 for its debut at Long Beach, Calif. Luczo Dragon Racing is displaying the Air Force Symbol on race car no. 2 during the 2009 race season, including the Indy 500.

Track and Field

Air Force concludes its 2009 regular season Saturday at the 2nd Annual Front Range Invitational in Boulder, Colo. The men will look to defend their title against local foes from Colorado, Colorado State, Northern Colorado and Wyoming, while the women aim to improve on their third-place finish. Action begins at 10 a.m.

Kellen Curry picked up a first-place finish in the 110-meter hurdles, as select members of the Air Force track and field team concluded competition at the Brutus Hamilton Invitational in Berkeley, Calif., Saturday. Curry, who picked up his second regional-qualifying victory in as many days, was one of 11 Falcons to earn a top-10 finish at the national meet. He advanced to the finals of the 110-meter hurdles with a second-place time of 14.34, crossed the finish line of the final heat in 14.29 to win the race.

Women's gymnastics

Air Force gymnast Abbey Rogers was named a recipient of the NCAA Postgraduate Scholarship, the NCAA announced Monday. Rogers, the Falcons' captain during the 2009 season, becomes the first member of the women's gymnastics program to earn the prestigious award. A three-time academic all-conference selection and 2008 CoSIDA academic all-district team member, Rogers holds a 3.78 gradepoint-average. A two-time Mountain Pacific Sports Federation Gymnast of the Year, Rogers is a three-time conference champion and 10-time all-conference selection.

Photo courtesy of Luczo Dragon Racing





Mother's Day perk

Membership has its privileges: Club members may make reservations now for the Falcon Club's special Mother's Day Brunch. Cost is \$23.95 for members, \$28.95 for non-members and \$9.95 for ages 5 through 10.

Choir performance

The USAF Academy Cadet Chapel Music Department will present the 30voice Denver University Lamont Chamber Choir Ensemble in a concert of "Music by Maurice Duruflé" at 3 p.m. Sunday in the Protestant Cadet Chapel. The choir is directed by Catherine Sailer, and accompanied by Joseph Galema, Academy Organist.

Duruflé is a 20th-century French composer, known for his meticulously written compositions. Works featured on this concert will be Notre Père and Quatre

SCHEDDLE

CADET CHAPEL

Catholic Masses: Sunday Confession - 9:15 a.m. Mass - 10 a.m. Wednesday Adoration of the Blessed Sarcrament - 5:30 p.m. Confession - 5:30 p.m. Mass - 6:30 p.m. Weekday Mon., Tues. and Thurs. - 6:45 a.m.

Protestant Services: Sunday Traditional/Liturgical - 9 a.m. Contemporary - 11 a.m.

Jewish Services Friday Sabbath Service - 7 p.m.

Buddhist Worship Wednesday Traditional Mahyana Service -6:30 p.m.

Muslim Prayer Friday Salaat ul-Jumman - 12:30 p.m.

All Other Faiths Call 333-2636 for more information Motets sur le Thèmes Grégoriens for a cappella choir in addition to the composer's most famous work - Requiem for choir and organ. Dr. Galema will also perform Prélude et Fugue sur le nom d'Alain for solo organ.

The event is free and open to the public; no tickets are required. Parking is available in the Harmon Hall lots.

Douglass Valley's 50th

Douglass Valley Elementary celebrates its 50th anniversary May 15. The celebration at the school starts with a barbecue at 4:30 p.m. followed by a program and open house. Call 234-4200 or email Teresa Bland with any questions at: dveanniversary@yahoo.com.

Wine tasting and auction

The Gleneagle Sertoma Club will hold its 5th Annual charity Wine and Beer Tasting and Auction at Falcon Stadium press box from 5 to 8 p.m. May 9. Your driver's license allows you to enter either gate until 6 p.m. Highlights include specialties from local chefs, a professional auctioneer, an old-time soft drink and ice cream bar, and the beautiful Blue and Silver Room venue. All profits go to Tri-Lakes Cares and other charities. Buy tickets at the door (\$35 for one, \$60 for two). Call 488-1044 or 471-1088 for more information.

Construction update

There will be partial road closures at Tri-Intersection Bridge on the following dates and times: today from 8:30 a.m. to 5 p.m. daily, northbound (inbound), one lane; Monday through May 8 northbound (inbound), one lane closed for the entire week, reopening at 5 p.m. May 8. These closures are required to allow the new gas line to be installed under the Tri-Intersection bridge. Call Mo Malone at 333-5414 for more information.

AF&RC Offerings

The Airman and Family Readiness Center hosts the following classes during May.

Group pre-separation counseling

Held every Monday (except during TAP week); 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing assists in identifying benefits and services associated with transition and beyond.

Cadet smooth move briefing

Today; noon to 1 p.m.

This class helps prepare graduating cadets and lessens the stress of upcoming moves.

Medical records review

Monday and May 18; 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the DAV review medical records.

Career tracks

Tuesday and Wednesday; 9 a.m. to 2 p.m.

This comprehensive two-day course will assist military spouses with assessing and evaluating skills, values, and interests; building an effective 'toolkit' through a career plan, education, and volunteerism; conducting an efficient job search through research, networking, career fairs, interviewing, and resume writing; and, provide employer feedback on what organizations specifically look for in a candidate Those interested must register.

Civil service class

Thursday; 9 a.m. to noon

Learn how to submit a resume, search for positions, and apply for Air Force Federal Civil Service employment.

Military spouse appreciation day

Thursday; 10 a.m. to 2 p.m. Armed Services Southeast YMCA (2190 Jet Wing)

Get free haircuts, massages, lunch and more. Show military spouses your appreciation for all they do. Childcare will be available with prior reservation. Call 622-9622 for more information.

Mock interviewing

May 13; 9 a.m. to 1 p.m.

Sign up for the next best thing to the real thing. We'll offer mock interviews with real HR representatives.

Resume writing May 14; 9 to 11 a.m.



Learn different types of resume and cover-letter styles and how to improve yours.

TAP seminar

May 19- through 22; 7:30 a.m. to 4:30 p.m.

Separating in a year or retiring in two years or less? Call now to reserve your spot in the next available TAP class.

Newcomer's orientation and information fair

May 21; 9 a.m. to 4:30 p.m.

This is a mandatory orientation for all newly assigned Academy personnel. Spouses are welcomed to attend the event held at the Milazzo Center.

Newcomer's red carpet tour

May 22; 8:45 a.m. to 2:30 p.m. This tour gives insight into the Academy mission and reveals much of what there is to see and do here.

Veterans Affairs benefits briefing May 26; 8 a.m. to noon

This briefing provides valuable information on VA benefits for separating or retiring military members.

You're hired!

May 27; 8 to 11 a.m.

This 'how-to' e-networking course will cover online networking sites, netiquette, and making online connections. Popular networking sites such as Facebook, LinkedIn, Twitter, and others will also be featured.

Smooth move

May 27; 3 to 4 p.m.

Learn innovative ways to make your move a smooth one. This is a mandatory class for individuals departing the Academy.

Sponsorship training

May 28; 8 to 9 a.m.

This class is for those who have been assigned to sponsor a newcomer to the area. Contact your unit monitor for details.

Call 333-3444 for information and registration.



Helping families in need

The Dedication of the Healing Garden at the Ronald McDonald House at 311 North Logan Avenue, Colorado Springs recently served as a reminder to families who've lost children that faith, hope and love are alive and well. For more than 22 years, the Ronald McDonald House Charities has been providing families throughout Southern Colorado a supportive, familycentered place to stay while their seriously ill children receive medical treatment at Memorial Hospital for Children. However, the Ronald McDonald House is about so much more than just housing. While the house is incredibly healing on the inside, families will now find a respite outside with the creation of the Healing Garden. The Garden holds immense possibility as a place to find life, joy, healing, beauty, rest and desire. It also serves as a hallowed place of remembrance. For more information contact: Sam Rush-Walton at 719-471-1814 or e-mail: sam.ronhouse@ yahoo.com

COMMUNITY CENTER CHAPEL Catholic Masses:

Saturday Reconciliation - 3:30 p.m. Mass - 4 p.m. Sunday Mass - 9 a.m. Religious Formation - 10:15 a.m. (September - May) **Tuesday-Friday** Mass - 11:30 a.m.

Protestant Services: Wednesday Wednesday Night Live - 6 p.m. Dinner followed by Religious Education (September - May). Sunday

Evangelical - 10:15 a.m. Gospel - 11:30 a.m.

Paganism/Earth-centered Spirituality: Contact Tech. Sgt. Longcrier at 333-6178 Robert.Longcrier@usafa.edu

Each Squadron in the 10 ABW is Expected to Field a Team The teams have to have at least 7 members. Each team has to have a representative from . E1-E3 (AB-A1C); E4-E6 (SrA-TSgt); E7-E9 (MSgt-CMSgt); O1-O3 (2nd Lt-Capt); O4-O9, and a civilian Teams must be of mixed gender.

Events will include ... • Pull-ups



Crunches

Relay race

and a Tug-o-war to finish it off!

The Top 3 Teams will Win **Commander's Titan Trophies**

It all happens Friday, May 15

The Challenge kicks off at 8 a.m. at the Prep School Track Down the hill east of the Fitness Center (Park at the Milazzo Center or the Community Center lots)

Everyone is invited to cheer on their team and join the athletes at the BBQ afterward!



Call 333-3733 to register

All Appropriated fund (APE) and Nonsport and Fund (NAF) amployees are eligible to participate withind charge to leave, based on supervisory approval effer zone de filmess, montile and eapril de corps. Altendance at the Titer Challenge is considered duty time for collans. There is





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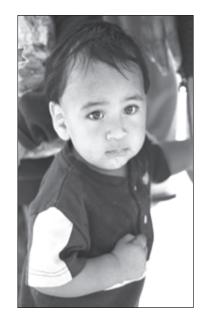
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